

Start List

Event 411 Female 200m IM

H-1	L 3	Florence Richbell	12	SM12	Flitwick	3:18.98
	L 4	Ruby Baxter	15		West Norfolk	2:34.71
	L 5	Megan Randall	15		Royston	2:34.97
	L 6	Ida Corcoran	17	SM9	Flitwick	3:19.40
H-2	L 1	Abi Perry	15		Dunstable	2:34.10
	L 2	Alexis Johnson	16		Co Peterboro	2:33.61
	L 3	Matilda Stokes	15		Co Peterboro	2:32.84
	L 4	Freya May	16		Team Waveney	2:32.47
	L 5	Jeslene Sandhu	15		Epping For't	2:32.80
	L 6	Devon O'Neil	16		Co Peterboro	2:33.52
	L 7	Imogen Bygrave	16		Co Cambridge	2:33.79
	L 8	Freya Hill	15		New Hall	2:34.30
H-3	L 1	Isabella Helliwell	15		Basildon Ph	2:29.99
	L 2	Alice Watts	18		Co Cambridge	2:29.71
	L 3	Orlagh Quarrell	16		Watford SC	2:29.47
	L 4	Mia Nelson	15		Cheshunt	2:28.89
	L 5	Nicole Peddely	16		teamipswich	2:29.27
	L 6	Heidi King	15		Hemel Hemp	2:29.68
	L 7	Caitlin Stockwell	16		Co Cambridge	2:29.85
	L 8	Daisy-Mai Doel	15		Basildon Ph	2:30.10
H-4	L 1	Erin Uttridge	17		teamipswich	2:28.29
	L 2	Amelia Porzio	18		Putteridge	2:26.72
	L 3	Amelia Fenner	16		Basildon Ph	2:23.40
	L 4	Jessica Medlicott	19		Dunstable	2:17.33
	L 5	Lexie O'Connor	19		Basildon Ph	2:20.50
	L 6	Jorja Atkinson	15		Co Cambridge	2:25.43
	L 7	Lois Smith	16		Basildon Ph	2:27.51
	L 8	Evie Greenhalf	16		Co Norwich	2:28.40
H-5	L 1	Isla Stewart	16		Co Peterboro	2:28.10
	L 2	Amelia Saunders	18		Norwich Swan	2:26.60
	L 3	Sadie Hunter	18		Co Peterboro	2:21.74
	L 4	Jasmine Hall	16		Basildon Ph	2:16.86
	L 5	Chloe Butler	22		Norwich Swan	2:20.30
	L 6	Isabella Porzio	22		Putteridge	2:25.20
	L 7	Freya Cox	15		Norwich Swan	2:27.40
	L 8	Yan Ting Emily Pak	17		Co Cambridge	2:28.39
H-6	L 1	Emma Cushion	16		Co Peterboro	2:27.90
	L 2	Nina Allen	15		Newmarket	2:26.25
	L 3	Chloe Barnard	17		Basildon Ph	2:21.40
	L 4	Sophie Moore	21		Co Cambridge	2:14.81
	L 5	Summer Evason	17		Watford SC	2:20.09
	L 6	Amy Boreham	20		Watford SC	2:23.80
	L 7	Poppy Magill	18		Putteridge	2:26.85
	L 8	Jasmine Scott	15		Co St Albans	2:28.36

Event 412 Open/Male 200m IM

H-1	L 2	Thomas Fenwick	15		Hatfield	2:25.37
	L 3	Jacob Wild	15		Newmarket	2:24.12
	L 4	Ethan Woolsey	15		St Neot Swan	2:23.40
	L 5	Christian Ludwig	15		Basildon Ph	2:24.02
	L 6	Jake Maguire	15		Co Norwich	2:24.82
H-2	L 1	Oliver Shayle	16		Co Cambridge	2:22.47
	L 2	Zachary Piscopo	15		Co Peterboro	2:21.90
	L 3	Jacob Schultz	15		Co Cambridge	2:20.95
	L 4	George Cawley	15		teamipswich	2:20.00
	L 5	Xavier Zerban	15		Biggleswade	2:20.80
	L 6	William Hughes	16		Chelmsford	2:21.50
	L 7	Noah Bielby	16		Co Peterboro	2:21.93
	L 8	Corey Hare	20	SM14	Deben	2:22.73
H-3	L 1	Kai Patel	16		Thurrock	2:19.41
	L 2	Ethan Knights	15		teamipswich	2:18.17
	L 3	Alexander Pattison	16		West Norfolk	2:17.50
	L 4	Ivan Ijmoni	15		Thurrock	2:17.10
	L 5	Janos Csepely	15		teamipswich	2:17.20
	L 6	Isaac Mendham	15		DunmowAtlant	2:17.60
	L 7	Kameron Baker	15		Co Peterboro	2:18.20
	L 8	Jacopo Agosti	15		Co Cambridge	2:19.95

H-4	L 1	George Heather	16		Co Peterboro	2:15.76
	L 2	Harvey Durham	18		Co Norwich	2:13.78
	L 3	Joshua Sackree	18		Co Peterboro	2:12.08
	L 4	Tyler Stone	16		Co Norwich	2:07.35
	L 5	Reece Burns	18		Chelmsford	2:09.56
	L 6	Joshua Jones	17		West Norfolk	2:13.63
	L 7	Jamie Wilson	17		West Norfolk	2:14.52
	L 8	Elliot Hall	16		Bishop Stort	2:16.78
H-5	L 1	Stewart Butler	16		Dunstable	2:15.55
	L 2	Daniel Thompson	19		Thurrock	2:13.70
	L 3	Robert Fenner	18		Basildon Ph	2:10.80
	L 4	Oscar Winterburn	18		teamipswich	2:06.92
	L 5	Lewis Jarrett	20		Co Norwich	2:08.69
	L 6	Csanad Rehus	17		Co Peterboro	2:13.53
	L 7	Chun Ho Chan	17		Watford SC	2:14.47
	L 8	Philip Spalding	16		Putteridge	2:16.22
H-6	L 1	Ellis McQuade	20		DunmowAtlant	2:14.80
	L 2	Conor Mint	17		Basildon Ph	2:13.70
	L 3	Samuel Jeffrey	19		Hatfield	2:10.16
	L 4	Harrison Shaw	19		Flitwick	2:05.95
	L 5	Alexander Volkovoy	21		Co Cambridge	2:07.38
	L 6	Finlay German	17		Co Cambridge	2:12.63
	L 7	George Prince	18		Putteridge	2:14.43
	L 8	Daniel De Filippo	17		Flitwick	2:16.00

Event 413 Female 100m Backstroke

H-1	L 3	Florence Richbell	12	S12	Flitwick	1:30.03
	L 4	Isabella Helliwell	15		Basildon Ph	1:10.84
	L 5	Sara Kelly	15		Colchester	1:11.00
	L 6	Ida Corcoran	17	S9	Flitwick	1:34.30
H-2	L 1	Ruby Baxter	15		West Norfolk	1:10.45
	L 2	Amber Lyne	16		Co Cambridge	1:10.32
	L 3	Senudi Ratnayake	15		Norwich Swan	1:10.00
	L 4	Imogen Bygrave	16		Co Cambridge	1:09.92
	L 5	Lois Fields	15		Bishop Stort	1:10.00
	L 6	Poppy Garrod	17		Co Peterboro	1:10.11
	L 7	Eden Meanti	15		Putteridge	1:10.43
	L 8	Belle Ringwood	16		West Norfolk	1:10.48
H-3	L 1	Charlotte Belcher	16		Bedford SS	1:09.77
	L 2	Dayna Arbon	20		Co Norwich	1:09.67
	L 3	Alexandra Hurley	16		Co Cambridge	1:09.09
	L 4	Alice Robinson	17		Co Cambridge	1:08.74
	L 5	Jessica Pugh	16		Norwich Swan	1:08.99
	L 6	Ava Sims	15		Chelmsford	1:09.28
	L 7	Anudi Ratnayake	15		Norwich Swan	1:09.69
	L 8	Isabelle King	16		Bishop Stort	1:09.88
H-4	L 1	Matilda Stokes	15		Co Peterboro	1:08.44
	L 2	Anna Zapisetskaya	15		Co St Albans	1:08.30
	L 3	Rebecca Oлару	15		Chelmsford	1:08.27
	L 4	Talia Williams	19		Tring	1:07.92
	L 5	Lola Mitchinson	15		Thetford	1:07.95
	L 6	Charlie Duce	17		Bedford SS	1:08.30
	L 7	Amber Flitton	17		Dunstable	1:08.40
	L 8	Lexie Sandiford	15		Putteridge	1:08.60
H-5	L 1	Anastasija Wall	16		Co Norwich	1:07.51
	L 2	Heidi King	15		Hemel Hemp	1:07.35
	L 3	Kenzie Bradshaw	16		Hertford	1:07.24
	L 4	Abigail Davis	16		Bedford SS	1:07.20
	L 5	Gabriella Meyer	17		Witham Dolph	1:07.20
	L 6	Amerie Njawaye	16		Putteridge	1:07.30
	L 7	Summer Boswell	18		Hatfield	1:07.45
	L 8	Orlagh Quarrell	16		Watford SC	1:07.66
H-6	L 1	Meghan Howarth Owen	17		Chelmsford	1:06.78
	L 2	Emily-Grace Bentley	16		Basildon Ph	1:05.16
	L 3	Lois Smith	16		Basildon Ph	1:03.83
	L 4	Erin Barber	16		Norwich Swan	1:02.00
	L 5	Nicole Maynard	17		Basildon Ph	1:03.69
	L 6	Erin Currie	18		Hatfield	1:04.64
	L 7	Mia Nelson	15		Cheshunt	1:06.27
	L 8	Freya Hadnutt	18		Bishop Stort	1:07.10

H-7	L 1	Lily Steel	16	teamipswich	1:06.50
	L 2	Amy Meyer	17	Biggleswade	1:04.80
	L 3	Chloe Armstrong	19	teamipswich	1:03.82
	L 4	Isobel Mather	19	Co Cambridge	1:01.95
	L 5	Emily Pitcher	18	Norwich Swan	1:03.55
	L 6	Grace Robinson	17	Norwich Swan	1:04.40
	L 7	E Barth-Wehrenalp	16	Chelmsford	1:06.13
	L 8	Sophie Roberts	17	teamipswich	1:07.10
H-8	L 1	Olivia Mendham	18	DunmowAtlant	1:06.44
	L 2	Naomi Rose Conday	16	Bishop Stort	1:04.68
	L 3	Tia Sammut	15	Bedford SS	1:03.82
	L 4	Sophie Moore	21	Co Cambridge	1:00.62
	L 5	Emma Cushion	16	Co Peterboro	1:03.51
	L 6	Lauren Stott	24	Co St Albans	1:04.34
	L 7	Megan Pye	24	Co Norwich	1:05.32
	L 8	Erin Woodrow	19	West Norfolk	1:06.94