

Start List

Event 321 Female 100m Breaststroke

H-1	L 3	Charlotte Ryan	26	SB5	Runnymede	2:59.68
	L 4	Florence Richbell	12	SB12	Flitwick	1:49.10
	L 5	Ida Corcoran	17	SB9	Flitwick	1:54.98
H-2	L 2	Imogen Brown	18	SB14	Potters Bar	1:41.27
	L 3	Freya Hill	15		New Hall	1:21.28
	L 4	Holly Bawden	15		Brentwood	1:20.90
	L 5	Emily Bridges	15		Co Peterboro	1:21.01
	L 6	Elizabeth Grey	16	SB9	Chelmsford	1:38.32
	L 7	Ava-Valentina Aspinell	14	SB8	Chelmsford	1:43.41
H-3	L 1	Siobhan Schneider	16		Bedford SS	1:19.88
	L 2	Orlagh Quarrell	16		Watford SC	1:19.69
	L 3	Tyra Sajudeen	16		Co Cambridge	1:18.98
	L 4	Mollie Bird	15		Colchester	1:18.65
	L 5	Abi Perry	15		Dunstable	1:18.80
	L 6	Genna Lee	15		DunmowAtlant	1:19.63
	L 7	Mimi Clinch	16		Co St Albans	1:19.77
	L 8	Ashleigh Fall	15		Diss Otters	1:20.40
H-4	L 1	Kiera Broad	18		Newmarket	1:18.31
	L 2	Isabella Helliwell	15		Basildon Ph	1:17.99
	L 3	Amy Boreham	20		Watford SC	1:17.68
	L 4	Caitlin Stockwell	16		Co Cambridge	1:16.80
	L 5	Mia Gray	18		Norwich Swan	1:17.13
	L 6	Holly Larbey	19		Biggleswade	1:17.85
	L 7	Sofia Cirdei	16		Basildon Ph	1:18.30
	L 8	Mercy Adeoye	17		Hatfield	1:18.33
H-5	L 1	Devon O'Neil	16		Co Peterboro	1:16.40
	L 2	Jeslene Sandhu	15		Epping For't	1:16.20
	L 3	Esme Stringer	18		Bishop Stort	1:15.85
	L 4	Nicole Peddely	16		teamipswich	1:15.13
	L 5	Freya Cox	15		Norwich Swan	1:15.63
	L 6	Isla Hamilton	18		Norwich Swan	1:16.08
	L 7	Ella Fanning	15		Flitwick	1:16.30
	L 8	Evie Greenhalf	16		Co Norwich	1:16.43
H-6	L 1	Nina Allen	15		Newmarket	1:14.80
	L 2	Victoria Allchorne	18		Rochford	1:13.80
	L 3	Charlissee Harding	17		Norwich Swan	1:12.40
	L 4	Georgina Hamilton	18		Co St Albans	1:11.30
	L 5	Ellen Eccleston	19		Co Norwich	1:12.10
	L 6	Isabella Porzio	22		Putteridge	1:13.51
	L 7	Daisy-Mai Doel	15		Basildon Ph	1:14.36
	L 8	Emily Turner	17		Harwich DP	1:15.10
H-7	L 1	Amelia Murphy	19		Witham Dolph	1:14.70
	L 2	Eloise Minto	15		Chelmsford	1:13.65
	L 3	Sarah O'Brien	30		West Norfolk	1:12.25
	L 4	Caitlin Hartley	22		Hatfield	1:09.70
	L 5	Yan Ting Emily Pak	17		Co Cambridge	1:12.00
	L 6	Isla Stewart	16		Co Peterboro	1:13.00
	L 7	Summer Evason	17		Watford SC	1:14.30
	L 8	Alexis Johnson	16		Co Peterboro	1:14.98
H-8	L 1	Isabel White	17		Biggleswade	1:14.50
	L 2	Alice Watts	18		Co Cambridge	1:13.61
	L 3	Jorja Atkinson	15		Co Cambridge	1:12.20
	L 4	Ashley Ransome	31		Hatfield	1:08.77
	L 5	Lilly Davis	19		Co Peterboro	1:11.54
	L 6	Chloe Butler	22		Norwich Swan	1:12.66
	L 7	Sophie Payne	24		Putteridge	1:14.21
	L 8	Tessa Quayle	18		St Ives	1:14.92

Event 322 Open/Male 200m Breaststroke

H-1	L 3	Charlie Ibbotson	15		West Suffolk	2:46.95
	L 4	Harry Brunton	16		Hoddesdon	2:43.59
	L 5	James Everett	15		West Suffolk	2:46.10

H-2	L 1	Zachary Fraser	16		Co Peterboro	2:43.10
	L 2	Nursultan Pimazarov	15		Rick'worth	2:42.31
	L 3	Jacob Wild	15		Newmarket	2:41.90
	L 4	Thomas-Arthur Jagger	17		West Norfolk	2:40.69
	L 5	Zachary Piscopo	15		Co Peterboro	2:40.73
	L 6	George Cawley	15		teamipswich	2:42.20
	L 7	Adam Hele	15		Verulam	2:42.40
	L 8	Stewart Butler	16		Dunstable	2:43.20
H-3	L 1	Jesse Howard	16		Hoddesdon	2:40.22
	L 2	Tahir Hendricks	15		Colchester	2:40.03
	L 3	Sebastian Brown	16		Verulam	2:39.77
	L 4	George Pike	16		Co Norwich	2:39.60
	L 5	Solomon Dent	17		Bedford SS	2:39.77
	L 6	Oliver Norris	17		West Norfolk	2:39.83
	L 7	George Everett	17		West Suffolk	2:40.08
	L 8	Gabriel Taggart	16		Watford SC	2:40.51
H-4	L 1	Ethan Woolsey	15		St Neot Swan	2:39.07
	L 2	Jack Thompson	19		teamipswich	2:38.63
	L 3	William Wratten	17		Co Cambridge	2:37.39
	L 4	Josh Reed	15		Co Norwich	2:37.00
	L 5	Edward Sun	16		Verulam	2:37.03
	L 6	Oscar McKern	17		Verulam	2:37.73
	L 7	Jack Peters	17		Basildon Ph	2:38.70
	L 8	Josh Black	16		Co Cambridge	2:39.37
H-5	L 1	Daniel De Filippo	17		Flitwick	2:36.70
	L 2	Csanad Rehus	17		Co Peterboro	2:35.80
	L 3	Thomas Baxter	17		West Norfolk	2:35.54
	L 4	Adam Hazlewood	22		Putteridge	2:34.02
	L 5	Joshua Meyer	16		Witham Dolph	2:34.70
	L 6	Oliver Shaylor	16		Co Cambridge	2:35.64
	L 7	James Peters	15		Basildon Ph	2:36.60
	L 8	Janos Csepely	15		teamipswich	2:36.78
H-6	L 1	George Little	18		Bedford SS	2:33.31
	L 2	Noah Bielby	16		Co Peterboro	2:30.60
	L 3	Lewis Jarrett	20		Co Norwich	2:25.47
	L 4	Charlie Rogers	19		Basildon Ph	2:15.80
	L 5	Reece Burns	18		Chelmsford	2:23.20
	L 6	Chun Ho Chan	17		Watford SC	2:28.71
	L 7	Seth Pollard-Lau	17		Watford SC	2:32.30
	L 8	James Clay	21		Stowmarket	2:33.79
H-7	L 1	Kameron Baker	15		Co Peterboro	2:33.20
	L 2	Alexander Ball	19		Potters Bar	2:29.04
	L 3	George Prince	18		Putteridge	2:25.37
	L 4	Tyler Stone	16		Co Norwich	2:15.75
	L 5	Cub Maddison	20		Putteridge	2:20.89
	L 6	James McGettigan	17		Thurrock	2:26.51
	L 7	George Heather	16		Co Peterboro	2:32.09
	L 8	Thomas Lloyd	18		Rochford	2:33.39
H-8	L 1	Alexander Pattison	16		West Norfolk	2:32.50
	L 2	Szymon Pierzecki	17		Witham Dolph	2:29.01
	L 3	Joshua Jones	17		West Norfolk	2:24.64
	L 4	Joshua Sackree	18		Co Peterboro	2:15.69
	L 5	Charlie Ruddell	17		teamipswich	2:20.02
	L 6	Harvey Durham	18		Co Norwich	2:26.14
	L 7	Luke Toland	15		Flitwick	2:31.70
	L 8	Matthew Debenham	22		Stowmarket	2:33.39

Event 323 Female 100m Freestyle

H-1	L 3	Charlotte Ryan	26	S6	Runnymede	2:00.70
	L 4	Ava-Valentina Aspinell	14	S9	Chelmsford	1:23.17
	L 5	Jessica Gooden	16	S14	Co Cambridge	1:24.70
H-2	L 1	Florence Richbell	12	S12	Flitwick	1:19.20
	L 2	Imogen Brown	18	S14	Potters Bar	1:16.65
	L 3	Connie Flitton	15		Dunstable	1:03.30
	L 4	Lola Mitchinson	15		Thetford	1:03.22
	L 5	Maelys Jacquet	15		Deben	1:03.28
	L 6	Charlotte Rooke	15		Co Norwich	1:03.50
	L 7	Elizabeth Grey	16	S9	Chelmsford	1:17.42
	L 8	Ida Corcoran	17	S9	Flitwick	1:19.97

Start List

H-3	L 1	Lola-Rose Curtin	15	Halesworth	1:03.16	H 11	L 1	Emily Pitcher	18	Norwich Swan	59.06	
	L 2	Sara Kelly	15	Colchester	1:03.00		L 2	Katerina Di Maria	18	Co Norwich	58.30	
	L 3	Beau Waterhouse	15	Newmarket	1:02.70		L 3	Summer Evason	17	Watford SC	57.79	
	L 4	Hermione Harvey	15	Norwich Swan	1:02.20		L 4	Grace Greenhalf	19	Co Norwich	55.72	
	L 5	Rebecca Olaru	15	Chelmsford	1:02.25		L 5	Erin Barber	16	Norwich Swan	57.40	
	L 6	Anna Regan	15	Bo Southend	1:02.80		L 6	Sophie Siong	21	Co Norwich	58.18	
	L 7	Emilia Cass	15	Bishop Stort	1:03.03		L 7	Daisy Russell	18	DunmowAtlant	58.60	
	L 8	Megan Randall	15	Royston	1:03.22		L 8	Valentina Tinnirello	16	Potters Bar	59.45	
Event 324 Open/Male 50m Freestyle												
H-4	L 1	Ruby Baxter	15	West Norfolk	1:01.90	H-1	L 1	Stephane Rouyer-Brown	29	S14	Runnymede	40.20
	L 2	Isabella Da Silva	15	Basildon Ph	1:01.73		L 2	Cameron Connelly	21	S8	Flitwick	35.77
	L 3	Matilda Stokes	15	Co Peterboro	1:01.67		L 3	Corey Hare	20	S14	Deben	27.53
	L 4	Catherine Mitchell	15	Co Norwich	1:01.20		L 4	Nursultan Pimazarov	15		Rick'worth	26.64
	L 5	Maggie Marshall	16	teamipswich	1:01.20		L 5	Janos Csepely	15		teamipswich	26.66
	L 6	Summer Smith	15	Basildon Ph	1:01.70		L 6	Harry Arnold-Pepper	18	S9	Co Cambridge	29.85
	L 7	Olivia Croft	15	Cheshunt	1:01.73		L 7	Jacob Dessoy	18	S8	Thurrock	38.62
	L 8	Elizabeth Pert	16	Norwich Swan	1:02.00							
H-5	L 1	Leni Ward	16	Hitchin	1:01.20	H-2	L 1	Christian Ludwig	15		Basildon Ph	26.53
	L 2	Lauren Stott	24	Co St Albans	1:00.87		L 2	Alexander Pashley	15		Co Ely	26.41
	L 3	Efa Fuller	17	Colchester	1:00.80		L 3	Rejus Mazeika	15		West Norfolk	26.20
	L 4	Ruby Chapman	20	Norwich Swan	1:00.73		L 4	Daniel Bear	16		Basildon Ph	26.10
	L 5	Amy Thomsit	16	Hemel Hemp	1:00.73		L 5	George Cawley	15		teamipswich	26.20
	L 6	Alicia Morton	17	Basildon Ph	1:00.82		L 6	Harry Harragan	16		Basildon Ph	26.20
	L 7	Lexie Goodman	19	Basildon Ph	1:01.00		L 7	Harrison Race	15		Flitwick	26.53
	L 8	Kenzie Bradshaw	16	Hertford	1:01.20		L 8	Thomas Fenwick	15		Hatfield	26.60
H-6	L 1	Erin Woodrow	19	West Norfolk	1:00.70	H-3	L 1	Albert Crotty	15		Royston	26.10
	L 2	Honor Beverstock	17	Hatfield	1:00.70		L 2	Harry Brunton	16		Hoddesdon	26.10
	L 3	Erin Uttridge	17	teamipswich	1:00.54		L 3	Jacob Wild	15		Newmarket	26.01
	L 4	Imola Jozsa	20	Hatfield	1:00.34		L 4	Ricards Korotkihs	15		teamipswich	25.94
	L 5	Defne Ece Sakarya	15	Norwich Swan	1:00.40		L 5	Barlow Assenheim-Keith	15		Basildon Ph	26.00
	L 6	Freya May	16	Team Waveney	1:00.70		L 6	Hughey Sullivan	16		DunmowAtlant	26.04
	L 7	Francesca Barber	17	Co Norwich	1:00.70		L 7	James Allberry	16		Stowmarket	26.10
	L 8	Alexandra Hurley	16	Co Cambridge	1:00.73		L 8	Fin Carey	16		Stevenage	26.10
H-7	L 1	Lexie Sandiford	15	Putteridge	1:00.23	H-4	L 1	Stewart Butler	16		Dunstable	25.90
	L 2	Anabelle Kett	17	Co Peterboro	1:00.10		L 2	Oliver Meier	16		Biggleswade	25.90
	L 3	Gabriela Allchorne	18	Rochford	1:00.00		L 3	Tyler Stone	16		Co Norwich	25.80
	L 4	Genevieve White	18	Co Cambridge	59.86		L 4	Casey Ndlovu	16		Bo Southend	25.80
	L 5	Bethany Rumsby	17	Norwich Swan	59.90		L 5	Mikhail Zharinov	16		Hitchin	25.80
	L 6	Erin Currie	18	Hatfield	1:00.09		L 6	Josh Black	16		Co Cambridge	25.87
	L 7	Nina Allen	15	Newmarket	1:00.19		L 7	Niccolo Camilotti	16		Hatfield	25.90
	L 8	Alice Weston	20	Watford SC	1:00.25		L 8	Jacob Sugden	15		New Hall	25.90
H-8	L 1	Olivia Mendham	18	DunmowAtlant	59.85	H-5	L 1	Ethan Wallis	16		Norwich Swan	25.70
	L 2	Katie Jeffrey	22	Hatfield	59.78		L 2	Takomerwa Katandula	15		Co St Albans	25.60
	L 3	Amelia Porzio	18	Putteridge	59.72		L 3	Jacob Schultz	15		Co Cambridge	25.50
	L 4	Heidi King	15	Hemel Hemp	59.64		L 4	Kai Patel	16		Thurrock	25.40
	L 5	Amerie Njawaya	16	Putteridge	59.70		L 5	Henry Cottingham	16		Hadleigh	25.48
	L 6	Nicole Maynard	17	Basildon Ph	59.77		L 6	Joseph Bagshaw	16		Stevenage	25.53
	L 7	Freya Hadnutt	18	Bishop Stort	59.83		L 7	Angus Cheng	15		Co St Albans	25.62
	L 8	Jasmine Scott	15	Co St Albans	59.85		L 8	Mykhailo Vasyliiev	16		Bedford SS	25.70
H-9	L 1	Jorja Atkinson	15	Co Cambridge	59.30	H-6	L 1	Ivan Ijmoni	15		Thurrock	25.30
	L 2	Isabel Thomas	18	Newmarket	58.50		L 2	Archie Harris-Joy	16		Co Norwich	25.28
	L 3	Amelia Fenner	16	Basildon Ph	58.10		L 3	Isaac Buchan	17		Co Norwich	25.24
	L 4	Millie Harris	18	West Norfolk	57.13		L 4	Rhys Thomas	18		Linslade	25.20
	L 5	Naomi Rose Conday	16	Bishop Stort	57.60		L 5	Kets Yah-Khai	17		Hatfield	25.21
	L 6	Olivia Greenall	17	Co Norwich	58.20		L 6	Kieran Ng	16		Co Peterboro	25.25
	L 7	Freya Cox	15	Norwich Swan	58.90		L 7	Xavier Zerban	15		Biggleswade	25.30
	L 8	Anastasja Wall	16	Co Norwich	59.58		L 8	Otto Wathen	16		Co Norwich	25.40
H 10	L 1	Olivia Bradford	15	West Norfolk	59.10	H-7	L 1	Rafael Corliano	16		Co Cambridge	25.20
	L 2	Eddie Foster	15	Bishop Stort	58.35		L 2	Cheuk-Kin Lau	16		Co St Albans	25.20
	L 3	Rebecca Coogan	18	Thurrock	58.00		L 3	Oliver Warren	17		Norwich Swan	25.10
	L 4	Jasmine Hall	16	Basildon Ph	56.80		L 4	Frankie Francis	16		Harpenden	25.10
	L 5	Jessica Medicott	19	Dunstable	57.58		L 5	Reece Burns	18		Chelmsford	25.10
	L 6	Sophie Palmer	17	Basildon Ph	58.20		L 6	William Presland	21		Watford SC	25.16
	L 7	Emily-Grace Bentley	16	Basildon Ph	58.60		L 7	Samuel Jeffrey	19		Hatfield	25.20
	L 8	Genna Lee	15	DunmowAtlant	59.50		L 8	Parker Brewster	17		Harpenden	25.20

Start List

H-8	L 1	Maximus Atkin	17	Linslade	25.00	H-3	L 1	Devon O'Neil	16	Co Peterboro	5:24.62
	L 2	Alexander Gregory	18	Stevenage	25.00		L 2	Freya Hill	15	New Hall	5:23.72
	L 3	Oliver Pike	19	Co Norwich	24.92		L 3	Melike Dagdelen	17	Putteridge	5:21.00
	L 4	George Heather	16	Co Peterboro	24.90		L 4	Alice Watts	18	Co Cambridge	5:17.98
	L 5	Kian Lee	18	Co Peterboro	24.90		L 5	Chloe Cranny	15	Epping For't	5:20.95
	L 6	Ethan Knights	15	teamipswich	24.98		L 6	Megan Barnicoat	15	Co Peterboro	5:22.70
	L 7	Matthew Chambers	18	Rochford	25.00		L 7	Hannah Lovelock	18	Hitchin	5:24.58
	L 8	Samuel Pertwee	18	DunmowAtlant	25.10		L 8	Caitlin Stockwell	16	Co Cambridge	5:25.24
H-9	L 1	Matthew Brown	21	Stowmarket	24.85	H-4	L 1	Jasmine Scott	15	Co St Albans	5:16.17
	L 2	Daniel De Filippo	17	Flitwick	24.80		L 2	Bethany Crawley	18	teamipswich	5:14.93
	L 3	Haiden Hall	16	Deben	24.70		L 3	Orlagh Quarrell	16	Watford SC	5:12.30
	L 4	Thomas Garnett	19	West Norfolk	24.70		L 4	Daisy-Mai Doel	15	Basildon Ph	5:12.04
	L 5	Zak Walker	15	Thurrock	24.70		L 5	Georgina Hamilton	18	Co St Albans	5:12.30
	L 6	William Ward	17	Hoddesdon	24.79		L 6	Summer Smith	15	Basildon Ph	5:12.90
	L 7	Elliot Hall	16	Bishop Stort	24.83		L 7	Isabella Helliwell	15	Basildon Ph	5:16.10
	L 8	Frank Jacob	17	Co Cambridge	24.90		L 8	Heidi King	15	Hemel Hemp	5:16.23
H 10	L 1	Lewis Jarrett	20	Co Norwich	24.70	H-5	L 1	Emma Cushion	16	Co Peterboro	5:10.30
	L 2	Harry Phelan	17	Basildon Ph	24.70		L 2	Amelia Saunders	18	Norwich Swan	5:09.70
	L 3	Luke Burnard	17	Co St Albans	24.53		L 3	Poppy Magill	18	Putteridge	5:07.38
	L 4	Lewis Chapman	25	Stowmarket	24.52		L 4	Lois Smith	16	Basildon Ph	5:03.08
	L 5	Lucas Dyson-Diaz	26	Hatfield	24.52		L 5	Isla Stewart	16	Co Peterboro	5:07.00
	L 6	Jack Pallant	22	Team Waveney	24.60		L 6	Isabella Porzio	22	Putteridge	5:08.92
	L 7	Luke Morley	19	Hitchin	24.70		L 7	Amelia Porzio	18	Putteridge	5:09.70
	L 8	Benjamin Palmer	15	Bishop Stort	24.70		L 8	Nina Allen	15	Newmarket	5:11.46
H 11	L 1	Alfie Murdoch	18	Rochford	24.50	H-6	L 1	Chloe Butler	22	Norwich Swan	4:58.70
	L 2	Naim Harvey	18	Basildon Ph	24.44		L 2	Lilly Davis	19	Co Peterboro	4:57.12
	L 3	Ryan Close	18	Bedford SS	24.40		L 3	Amelia Fenner	16	Basildon Ph	4:54.40
	L 4	Finlay Roberts	17	Witham Dolph	24.30		L 4	Jasmine Hall	16	Basildon Ph	4:49.01
	L 5	Corben Gibson	16	Basildon Ph	24.40		L 5	Sadie Hunter	18	Co Peterboro	4:52.28
	L 6	Callum Cox	20	Co Norwich	24.40		L 6	Summer Evason	17	Watford SC	4:55.41
	L 7	Lee Boka	18	Basildon Ph	24.50		L 7	Chloe Barnard	17	Basildon Ph	4:57.80
	L 8	Danylo Kravchenko	17	New Hall	24.50		L 8	Annie McLeod	18	Putteridge	5:00.13
H 12	L 1	Daniel Thompson	19	Thurrock	24.20	H 13	L 1	Maxwell Hozier	17	Hoddesdon	24.16
	L 2	Ellis McQuade	20	DunmowAtlant	23.80		L 2	Ben Every	18	Co Norwich	23.71
	L 3	Evan McQuade	18	DunmowAtlant	23.40		L 3	Oliver Clapp	36	Stowmarket	23.40
	L 4	Jacob Ray	19	Basildon Ph	23.00		L 4	Joshua Parker	17	Braintree	22.90
	L 5	Oscar Hunter	17	Norwich Swan	23.30		L 5	Ronnie Edwards	18	Rochford	23.10
	L 6	Liam Rumball	21	Hatfield	23.60		L 6	Theo Bari	18	Saffron Wald	23.50
	L 7	Nathan Birchenough	19	Norwich Swan	23.91		L 7	Dylan Davenport	17	Bishop Stort	23.89
	L 8	Nonso Nwabueze	17	Basildon Ph	24.30		L 8	Ben Davison	21	Hatfield	24.26
H 14	L 1	Oscar Winterburn	18	teamipswich	24.09	H 14	L 1	Oscar Winterburn	18	teamipswich	24.09
	L 2	Harrison Shaw	19	Flitwick	23.70		L 2	Harrison Shaw	19	Flitwick	23.70
	L 3	Jack Abram	21	Co Norwich	23.30		L 3	Jack Abram	21	Co Norwich	23.30
	L 4	Luke Tunstal	21	Co Peterboro	22.30		L 4	Luke Tunstal	21	Co Peterboro	22.30
	L 5	Adam O'Neal	18	Bedford SS	23.10		L 5	Adam O'Neal	18	Bedford SS	23.10
	L 6	Freddie Gardner	20	Rochford	23.40		L 6	Freddie Gardner	20	Rochford	23.40
	L 7	Alexander Volkovoy	21	Co Cambridge	23.80		L 7	Alexander Volkovoy	21	Co Cambridge	23.80
	L 8	Joshua Sackree	18	Co Peterboro	24.20		L 8	Joshua Sackree	18	Co Peterboro	24.20

Event 325 Female 400m IM

H-1	L 3	Lola-Rose Curtin	15	Halesworth	5:37.40
	L 4	Myla Xia	15	Royston	5:36.22
	L 5	Emilia Armstrong	15	Stowmarket	5:37.16
H-2	L 2	Alice Wilson	15	New Hall	5:35.00
	L 3	Megan Randall	15	Royston	5:33.23
	L 4	Ava Sims	15	Chelmsford	5:27.14
	L 5	Amber Lyne	16	Co Cambridge	5:27.17
	L 6	Isla Staton	15	March	5:34.54
	L 7	Madison Hicks	15	West Norfolk	5:35.11

Start List

Event 326 Open/Male 14/16 Yrs 800m Free Team					Event 327 Open/Male 17 /Over 800m Free Team				
H-1	L 2	Co Peterboro B Noah Bielby Ashton Hunter Jacob Ure Alfie Larham	--	Co Peterboro 8:56.00	H-1	L 2	Co Peterboro Kian Lee Jude Staton Joshua Sackree Charlie Rehus	--	Co Peterboro 8:12.00
	L 3	Co St Albans Joseph Subba Chiu Ki Cheng George Saunders Cheuk-kin Lau	--	Co St Albans 8:30.00		L 3	Basildon Ph Robert Fenner Ashton Blake Evan Larthe Conor Mint	--	Basildon Ph 7:54.50
	L 4	Co Cambridge Rafael Corliano Jacopo Agosti Jacob Schlutz Oliver Fuller	--	Co Cambridge 8:18.00		L 4	Norwich Swan Samuel Rose Jude Gunner Timon Chapman Oscar Hunter	--	Norwich Swan 7:45.00
	L 5	Co Peterboro A George Heather Kieran Ng Kameron Baker Jacob Bacon	--	Co Peterboro 8:20.00		L 5	Co Cambridge Edward Ormsby Ryan Wall Marton Molnar Alex Volkovoy	--	Co Cambridge 7:47.00
	L 6	Basildon Ph Christian Ludwig Jake Atkinson Harry Harragan Finley Burford	--	Basildon Ph 8:36.75		L 6	Hatfield Oliver Baskerville Oliver Fenwick Kets Yah Khai Daniel Belsey	--	Hatfield 8:02.50