

Start List

Event 231 Female 15 Yrs 200m Butterfly				
Final				
L 1	Sophie Kelly	15	Flitwick	2:40.82
L 2	Ayla Zolfaghari	15	Epping For't	2:39.61
L 3	Lexie Sandiford	15	Putteridge	2:35.53
L 4	Kitty Lamb	15	Co Peterboro	2:30.90
L 5	Megan Barnicoat	15	Co Peterboro	2:31.13
L 6	Jasmine Scott	15	Co St Albans	2:38.31
L 7	Freya Hill	15	New Hall	2:40.60
L 8	Chloe Cranny	15	Epping For't	2:41.47

Event 232 Female 16 Yrs 200m Butterfly				
Final				
L 1	Florence Whittaker	16	Biggleswade	2:48.44
L 2	Claudia Barp	16	Co Cambridge	2:39.68
L 3	Lily Mae Ware	16	Basildon Ph	2:38.28
L 4	Amelia Fenner	16	Basildon Ph	2:25.48
L 5	E Barth-Wehrenalp	16	Chelmsford	2:30.45
L 6	Amber Lyne	16	Co Cambridge	2:39.48
L 7	Freya May	16	Team Waveney	2:42.61
L 8	Mia Edwards	16	Norwich Swan	2:48.93

Event 233 Female 17 Yrs/Over 200m Butterfly				
Final				
L 1	Lily Murrell	17	Norwich Swan	2:28.23
L 2	Summer Evason	17	Watford SC	2:26.36
L 3	Olivia Greenall	17	Co Norwich	2:25.16
L 4	Sadie Hunter	18	Co Peterboro	2:21.05
L 5	Chloe Barnard	17	Basildon Ph	2:22.56
L 6	Alice Weston	20	Watford SC	2:25.75
L 7	Rebecca Howell	23	Basildon Ph	2:26.68
L 8	Poppy Magill	18	Putteridge	2:28.94

Event 234 Open/Male 15 Yrs 100m Butterfly				
Final				
L 1	Xavier Zerban	15	Biggleswade	1:03.69
L 2	Zachary Piscopo	15	Co Peterboro	1:03.18
L 3	Jacob Wild	15	Newmarket	1:01.94
L 4	Ivan Ijmoni	15	Thurrock	1:01.32
L 5	Zak Walker	15	Thurrock	1:01.85
L 6	Benjamin Palmer	15	Bishop Stort	1:02.66
L 7	Kameron Baker	15	Co Peterboro	1:03.29
L 8	Rejus Mazeika	15	West Norfolk	1:03.89

Event 235 Open/Male 16 Yrs 100m Butterfly				
Final				
L 1	Corben Gibson	16	Basildon Ph	1:01.09
L 2	Oliver Fuller	16	Co Cambridge	1:00.45
L 3	Alexander Pattison	16	West Norfolk	59.12
L 4	Jacob Bacon	16	Co Peterboro	57.75
L 5	Archie Tebbutt	16	Colchester	58.82
L 6	Luke Owens	16	Putteridge	1:00.07
L 7	Rafael Corliano	16	Co Cambridge	1:00.95
L 8	George Heather	16	Co Peterboro	1:01.29

Event 236 Open/Male 17 /Over 100m Butterfly				
Final				
L 1	Frank Lamb	17	Co Peterboro	59.06
L 2	Jamie Wilson	17	West Norfolk	58.58
L 3	Jack Pallant	22	Team Waveney	58.39
L 4	Joshua Shepherd	18	Thurrock	55.12
L 5	Henry Dean	20	Thurrock	56.93
L 6	Oscar Winterburn	18	teamipswich	58.54
L 7	Jack Abram	21	Co Norwich	58.84
L 8	Ellis McQuade	20	DunmowAtlant	59.29

Event 237 Female 15 Yrs 50m Backstroke				
Final				
L 1	Rebecca Olaru	15	Chelmsford	32.80
L 2	Kitty Lamb	15	Co Peterboro	32.55
L 3	Mia Nelson	15	Cheshunt	32.42
L 4	Tia Sammut	15	Bedford SS	30.78
L 5	Lexie Sandiford	15	Putteridge	31.88
L 6	Anna Zapisetskaya	15	Co St Albans	32.52
L 7	Jorja Atkinson	15	Co Cambridge	32.66
L 8	Lola Mitchinson	15	Thetford	33.15

Event 238 Female 16 Yrs 50m Backstroke				
Final				
L 1	Jasmine Hall	16	Basildon Ph	31.69
L 2	Naomi Rose Conday	16	Bishop Stort	31.39
L 3	Amerie Njawayaya	16	Putteridge	30.80
L 4	Emma Cushion	16	Co Peterboro	30.43
L 5	Abigail Davis	16	Bedford SS	30.73
L 6	Emily-Grace Bentley	16	Basildon Ph	31.29
L 7	Kenzie Bradshaw	16	Hertford	31.48
L 8	Lois Smith	16	Basildon Ph	31.82

Event 239 Female 17 Yrs/Over 50m Backstroke				
Final				
L 1	Grace Robinson	17	Norwich Swan	31.77
L 2	Erin Currie	18	Hatfield	31.38
L 3	Camille Vannier	19	Hatfield	31.24
L 4	Nicole Maynard	17	Basildon Ph	30.70
L 5	Chloe Armstrong	19	teamipswich	30.99
L 6	Lauren Stott	24	Co St Albans	31.28
L 7	Summer Boswell	18	Hatfield	31.55
L 8	Sophie Roberts	17	teamipswich	32.00

Event 240 Open/Male 15 Yrs 100m Breaststroke				
Final				
L 1	George Cawley	15	teamipswich	1:14.53
L 2	Tahir Hendricks	15	Colchester	1:13.38
L 3	Kameron Baker	15	Co Peterboro	1:13.10
L 4	Josh Reed	15	Co Norwich	1:10.80
L 5	Zak Walker	15	Thurrock	1:12.96
L 6	Luke Toland	15	Flitwick	1:13.33
L 7	James Peters	15	Basildon Ph	1:13.79
L 8	Janos Csepely	15	teamipswich	1:14.73

Event 241 Open/Male 16 Yrs 100m Breaststroke				
Final				
L 1	Rafael Corliano	16	Co Cambridge	1:12.91
L 2	Stewart Butler	16	Dunstable	1:11.63
L 3	George Heather	16	Co Peterboro	1:10.08
L 4	Tyler Stone	16	Co Norwich	1:06.83
L 5	Noah Bielby	16	Co Peterboro	1:09.96
L 6	Edward Sun	16	Verulam	1:11.22
L 7	Oliver Shayle	16	Co Cambridge	1:11.90
L 8	Joshua Meyer	16	Witham Dolph	1:13.46

Event 242 Open/Male 17 /Over 100m Breaststroke				
Final				
L 1	Chun Ho Chan	17	Watford SC	1:08.94
L 2	Reece Burns	18	Chelmsford	1:08.04
L 3	James McGettigan	17	Thurrock	1:07.65
L 4	Charlie Rogers	19	Basildon Ph	1:06.97
L 5	Charlie Ruddell	17	teamipswich	1:07.21
L 6	Cub Maddison	20	Putteridge	1:07.92
L 7	Harvey Durham	18	Co Norwich	1:08.90
L 8	George Prince	18	Putteridge	1:10.13

Event 243 Female 15 Yrs 200m Breaststroke				
Final				
L 1	Abi Perry	15	Dunstable	3:01.31
L 2	Isabella Helliwell	15	Basildon Ph	2:56.40
L 3	Daisy-Mai Doel	15	Basildon Ph	2:49.88
L 4	Jorja Atkinson	15	Co Cambridge	2:44.89
L 5	Nina Allen	15	Newmarket	2:45.65
L 6	Jeslene Sandhu	15	Epping For't	2:54.57
L 7	Mollie Bird	15	Colchester	3:00.03
L 8	Poppy Ryan	15	Wisbech	3:01.67

Event 244 Female 16 Yrs 200m Breaststroke				
Final				
L 1	Elizabeth Feld	16	Chelmsford	2:58.95
L 2	Tyra Sajudeen	16	Co Cambridge	2:57.15
L 3	Caitlin Stockwell	16	Co Cambridge	2:50.14
L 4	Isla Stewart	16	Co Peterboro	2:42.16
L 5	Alexis Johnson	16	Co Peterboro	2:47.73
L 6	Devon O'Neil	16	Co Peterboro	2:55.06
L 7	Evie Greenhalf	16	Co Norwich	2:57.87
L 8	Orlagh Quarrell	16	Watford SC	2:59.38

Start List

Event 245 Female 17 /Over 200m Breaststroke

Final	L 1	Georgina Hamilton	18	Co St Albans	2:44.99
	L 2	Summer Evason	17	Watford SC	2:41.98
	L 3	Ellen Eccleston	19	Co Norwich	2:40.04
	L 4	Caitlin Hartley	22	Hatfield	2:37.83
	L 5	Chloe Butler	22	Norwich Swan	2:39.95
	L 6	Lexie O'Connor	19	Basildon Ph	2:40.96
	L 7	Rebecca Keetley	22	Co Cambridge	2:43.41
	L 8	Charlisie Harding	17	Norwich Swan	2:45.82

Event 246 Open/Male 15 Yrs 200m Backstroke

Final	L 1	Byron Miller	15	Colchester	2:21.50
	L 2	Joseph Emms	15	Biggleswade	2:20.47
	L 3	Ricards Korotkihs	15	teamipswich	2:16.96
	L 4	Isaac Mendham	15	DunmowAtlant	2:14.53
	L 5	Xavier Zerban	15	Biggleswade	2:16.09
	L 6	Jacopo Agosti	15	Co Cambridge	2:19.88
	L 7	Jakub Cincio	15	Chelmsford	2:20.65
	L 8	Harry Rowson	15	Putteridge	2:21.92

Event 247 Open/Male 16 Yrs 200m Backstroke

Final	L 1	Oliver Shayle	16	Co Cambridge	2:24.95
	L 2	George Saunders	16	Co St Albans	2:20.25
	L 3	Philip Spalding	16	Putteridge	2:17.28
	L 4	Jacob Bacon	16	Co Peterboro	2:13.55
	L 5	Archie Harris-Joy	16	Co Norwich	2:15.78
	L 6	Zach Montgomery	16	Norwich Swan	2:17.44
	L 7	Kieran Ng	16	Co Peterboro	2:21.10
	L 8	Donald Perrin	16	Co Norwich	2:26.60

Event 248 Open/Male 17 /Over 200m Backstroke

Final	L 1	Oscar Hunter	17	Norwich Swan	2:13.27
	L 2	Zak Fellows	17	Co St Albans	2:12.69
	L 3	William East	18	Basildon Ph	2:12.55
	L 4	Oliver Baskerville	18	Hatfield	2:07.40
	L 5	Marton Molnar	17	Co Cambridge	2:11.05
	L 6	Ryan Close	18	Bedford SS	2:12.62
	L 7	Frank Lamb	17	Co Peterboro	2:13.04
	L 8	Oliver Smith	19	Co Norwich	2:13.40

Event 249 Female 15 Yrs 50m Freestyle

Final	L 1	Defne Ece Sakarya	15	Norwich Swan	28.64
	L 2	Freya Cox	15	Norwich Swan	28.33
	L 3	Kitty Lamb	15	Co Peterboro	27.73
	L 4	Eddie Foster	15	Bishop Stort	27.48
	L 5	Tia Sammut	15	Bedford SS	27.68
	L 6	Olivia Bradford	15	West Norfolk	28.06
	L 7	Lexie Sandiford	15	Putteridge	28.35
	L 8	Heidi King	15	Hemel Hemp	28.75

Event 250 Female 16 Yrs 50m Freestyle

Final	L 1	Amelia Fenner	16	Basildon Ph	28.09
	L 2	Kenzie Bradshaw	16	Hertford	27.89
	L 3	Erin Barber	16	Norwich Swan	27.76
	L 4	Naomi Rose Conday	16	Bishop Stort	27.24
	L 5	Jasmine Hall	16	Basildon Ph	27.65
	L 6	Emily-Grace Bentley	16	Basildon Ph	27.83
	L 7	Amerie Njaway	16	Putteridge	27.95
	L 8	Valentina Tinnirello	16	Potters Bar	28.64

Event 251 Female 17 Yrs/Over 50m Freestyle

Final	L 1	Freya Hadnutt	18	Bishop Stort	27.83
	L 2	Sophie Palmer	17	Basildon Ph	27.79
	L 3	Katerina Di Maria	18	Co Norwich	27.36
	L 4	Millie Harris	18	West Norfolk	26.87
	L 5	Grace Greenhalf	19	Co Norwich	27.27
	L 6	Daisy Russell	18	DunmowAtlant	27.72
	L 7	Summer Evason	17	Watford SC	27.80
	L 8	Olivia Greenall	17	Co Norwich	27.94

Event 252 Open/Male 15 Yrs 100m Freestyle

Final	L 1	George Cawley	15	teamipswich	58.28
	L 2	Jacob Wild	15	Newmarket	56.92
	L 3	Ivan Ijomoni	15	Thurrock	56.38
	L 4	Ethan Knights	15	teamipswich	55.83
	L 5	Benjamin Palmer	15	Bishop Stort	56.35
	L 6	Xavier Zerban	15	Biggleswade	56.50
	L 7	Jacob Schultz	15	Co Cambridge	57.13
	L 8	Albert Crotty	15	Royston	58.33

Event 253 Open/Male 16 Yrs 100m Freestyle

Final	L 1	George Heather	16	Co Peterboro	56.75
	L 2	Frankie Francis	16	Harpenden	56.62
	L 3	Elliot Hall	16	Bishop Stort	55.51
	L 4	Tyler Stone	16	Co Norwich	54.99
	L 5	Haiden Hall	16	Deben	55.47
	L 6	Ethan Wallis	16	Norwich Swan	56.53
	L 7	Cheuk-Kin Lau	16	Co St Albans	56.65
	L 8	Rafael Coriano	16	Co Cambridge	56.78

Event 254 Open/Male 17 /Over 100m Freestyle

Final	L 1	Oscar Hunter	17	Norwich Swan	53.13
	L 2	Ben Every	18	Co Norwich	52.83
	L 3	Jacob Ray	19	Basildon Ph	52.76
	L 4	Alexander Volkovoy	21	Co Cambridge	52.54
	L 5	Freddie Gardner	20	Rochford	52.74
	L 6	Joshua Parker	17	Braintree	52.77
	L 7	Matthew Wright	28	Team Luton	52.89
	L 8	Ronnie Edwards	18	Rochford	53.17

10 Minute Break

Event 255 Female 14/16 Yrs 400m Medley Team

H-1	L 3	Colchester B	14/16	Colchester	4:56.96
	L 4	Co Peterboro B	14/16	Co Peterboro	4:47.00
	L 5	DunmowAtlant	14/16	DunmowAtlant	4:55.00

H-2	L 1	Colchester A	14/16	Colchester	4:44.57
	L 2	Co St Albans	14/16	Co St Albans	4:38.00
	L 3	Co Norwich	14/16	Co Norwich	4:36.00
	L 4	Basildon Ph	14/16	Basildon Ph	4:18.75
	L 5	Co Peterboro A	14/16	Co Peterboro	4:31.00
	L 6	Co Cambridge	14/16	Co Cambridge	4:36.00
	L 7	Bishop Stort	14/16	Bishop Stort	4:40.00
	L 8	Norwich Swan	14/16	Norwich Swan	4:45.00

Event 256 Female 17 Yrs/Over 400m Medley Team

H-1	L 1	Harwich DP	17/OV	Harwich DP	4:55.00
	L 2	Norwich Swan	17/OV	Norwich Swan	4:25.00
	L 3	Co Cambridge	17/OV	Co Cambridge	4:21.00
	L 4	Co Norwich	17/OV	Co Norwich	4:18.00
	L 5	Basildon Ph	17/OV	Basildon Ph	4:18.25
	L 6	Hatfield	17/OV	Hatfield	4:24.00
	L 7	Watford SC	17/OV	Watford SC	4:27.00

Start List

Event 257 Open/Male 14/16 Yrs 400m Free Team

H-1	L 3	Co Peterboro C	--	Co Peterboro	4:11.00
	L 4	Bishop Stort	--	Bishop Stort	3:52.00
	L 5	Co Peterboro B	--	Co Peterboro	4:04.00
H-2	L 2	Co Cambridge	--	Co Cambridge	3:49.00
	L 3	Basildon Ph	--	Basildon Ph	3:47.50
	L 4	Co Norwich	--	Co Norwich	3:47.00
	L 5	Thurrock	--	Thurrock	3:47.00
	L 6	Co Peterboro A	--	Co Peterboro	3:49.00
	L 7	Co St Albans	--	Co St Albans	3:50.00

Event 258 Open/Male 17 /Over 400m Free Team

H-1	L 2	Thurrock	--	Thurrock	3:38.00
	L 3	Norwich Swan	--	Norwich Swan	3:36.00
	L 4	Basildon Ph	--	Basildon Ph	3:33.75
	L 5	Co Norwich	--	Co Norwich	3:34.00
	L 6	Co Cambridge	--	Co Cambridge	3:38.00
	L 7	Co Peterboro	--	Co Peterboro	3:40.00