

Start List

Event 821 Open/Male 11/14 Yrs 100m Backstroke						Event 822 Female 11/14 Yrs 200m Backstroke						
H-1	L 3	William Oxley	12	Co St Albans	1:20.49	H 10	L 1	Evan Harrison	14	teamipswich	1:10.92	
	L 4	Kian Moloney	12	teamipswich	1:20.20		L 2	Noah Conroy	14	Bishop Stort	1:10.53	
	L 5	Tadeusz Hill	12	Co Peterboro	1:20.45		L 3	Sebastian Mudge	14	Co Peterboro	1:09.72	
H-2	L 2	Jack Tooke	12	Thetford	1:20.10	L 4	Senan Brullo	13	New Hall	1:09.50		
	L 3	Finlay Stow-McBride	12	Co Cambridge	1:19.98	L 5	Harry Clarke	14	West Norfolk	1:09.70		
	L 4	Oliver Candler	12	Norwich Swan	1:19.90	L 6	Bogdan Yermakovich	14	Thurrock	1:10.40		
	L 5	Victor Dryankov	12	Thurrock	1:19.92	L 7	Braden Barnacle	14	Braintree	1:10.70		
	L 6	Maximillian Balsevics	11	Wisbech	1:20.00	L 8	Hayden Shaw	14	Co Cambridge	1:11.02		
	L 7	Milosz Bonkowski	12	Co Peterboro	1:20.13	H 11	L 1	Lawrence Taylor	14	Co Norwich	1:09.00	
H-3	L 1	Charlie Searle	12	Co Norwich	1:19.81		L 2	Taras Boiko	13	Bishop Stort	1:08.35	
	L 2	Kian Parsons	12	Thurrock	1:19.23		L 3	Christopher Engle	14	teamipswich	1:07.34	
	L 3	Freddie Sargeant	12	teamipswich	1:19.15		L 4	Jesse Knight	13	Leiston	1:04.30	
	L 4	Joshua Lillistone	11	teamipswich	1:18.81		L 5	Haiyang Shi	13	Basildon Ph	1:06.60	
	L 5	Theo Rawnsley	11	Harpenden	1:19.06		L 6	Ashton Hunter	14	Co Peterboro	1:07.77	
	L 6	Benjamin Lewis	12	teamipswich	1:19.19		L 7	Huxley Phillips	13	Co Cambridge	1:08.71	
	L 7	Matthew Bear	12	Basildon Ph	1:19.60		L 8	Thomas Riley	14	Colchester	1:09.50	
	L 8	Ronnie Lamble	12	teamipswich	1:19.89	H 12	L 1	Oscar Chau	14	Co St Albans	1:08.93	
H-4	L 1	Alexander Irish	12	Newmarket	1:18.70		L 2	Bobby Bennett	14	Basildon Ph	1:08.35	
	L 2	Harry Larham	11	Co Peterboro	1:18.52		L 3	Benjamin Piscopo	13	Co Peterboro	1:07.17	
	L 3	Jack Baxter	12	West Norfolk	1:18.09		L 4	Rafe Lawson	14	Berkhamsted	1:04.08	
	L 4	Daniel Cara	12	Bishop Stort	1:17.77		L 5	Charles Hodgson	14	Co St Albans	1:06.10	
	L 5	Seth Auger	12	Norwich Swan	1:18.00		L 6	Harry Baucutt	14	Harwich DP	1:07.40	
	L 6	Stefan Sorcinelli	11	Co St Albans	1:18.09		L 7	David Kandelaki	14	Linslade	1:08.60	
	L 7	John Homan-Daly	12	Co St Albans	1:18.59		L 8	Ben Cameron-Waller	14	Co Peterboro	1:09.40	
	L 8	Patrick Iancu	12	Bo Southend	1:18.70	H 13	L 1	Marcus Xu	14	Linslade	1:08.90	
H-5	L 1	Kianpal Binning	12	Rick'worth	1:17.16		L 2	Robert Stoica	14	Co Cambridge	1:08.09	
	L 2	Jeremy Cox	12	Bishop Stort	1:16.82		L 3	Thomas Mutton	13	Deben	1:07.11	
	L 3	Charlie Robinson	13	Tring	1:15.45		L 4	Tobias Anderson	14	Co Norwich	1:03.90	
	L 4	Harry Edwards	13	Team Waveney	1:15.23		L 5	Jake Atkinson	14	Basildon Ph	1:05.00	
	L 5	Freddie Pritchard	13	Stowmarket	1:15.34		L 6	Jacob Ure	14	Co Peterboro	1:07.38	
	L 6	Sebastian Rama	12	Co St Albans	1:16.68		L 7	Hugo Harley	14	Watford SC	1:08.49	
	L 7	Lukas Liebenberg	12	Newmarket	1:16.84		L 8	Lewis Gardner	12	Basildon Ph	1:09.19	
	L 8	Thomas Edwards	12	Colchester	1:17.32							
H-6	L 1	Oliver Hammond	13	Team Waveney	1:15.16	H-1	L 2	Aurelia Court	12	Bishop Stort	2:52.87	
	L 2	Tobias Watson	13	Bo Southend	1:15.10		L 3	Nancy Corke	12	Co Norwich	2:52.40	
	L 3	Michael Rozhko	13	Co Cambridge	1:14.91		L 4	Hollie Smith	12	Co Peterboro	2:52.18	
	L 4	George Headford	12	Basildon Ph	1:14.80		L 5	Darcie O'Connor	12	Basildon Ph	2:52.26	
	L 5	Cody Brigden	13	Watford SC	1:14.90		L 6	Izumi Matsutani	12	Co Peterboro	2:52.51	
	L 6	Zachary Chambers	12	Thurrock	1:15.09		L 7	Felicity Huggins	11	Co Peterboro	2:52.99	
	L 7	Noah Gorham	13	Rochford	1:15.10		H-2	L 1	Selena Maria Spaho	12	Hatfield	2:51.50
	L 8	Samuel Fallahnia	13	Epping For't	1:15.20			L 2	Blossom Smith	11	Basildon Ph	2:50.10
H-7	L 1	Archie Georgakis	13	Basildon Ph	1:14.57	L 3		Ruth Biscoe	12	Team Luton	2:49.00	
	L 2	Marco Soto-Toth	12	Co Peterboro	1:14.43	L 4		Martha More	12	West Norfolk	2:48.54	
	L 3	Jude Wankowski	13	teamipswich	1:14.22	L 5		Emma Remenyi	12	Verulam	2:48.80	
	L 4	Arthur Juviler-Bacon	12	Linslade	1:13.92	L 6		Hollie Featherstone	12	Epping For't	2:49.82	
	L 5	Veer Takher	13	Watford SC	1:14.20	L 7		Sophie Andrews	12	Flitwick	2:51.30	
	L 6	Carl Manuel Bendanillo	13	Norwich Swan	1:14.41	L 8		Scarlett Ye	12	Co St Albans	2:52.10	
	L 7	Felix Fazakerley	13	Co Cambridge	1:14.51	H-3	L 1	Jemima Man	12	DunmowAtlant	2:48.24	
	L 8	George Outtram	13	Flitwick	1:14.71		L 2	Kira Norman	12	Bishop Stort	2:47.56	
H-8	L 1	Bradley Forder	13	Co Norwich	1:13.60		L 3	Catherine Hatherly	12	Hatfield	2:46.87	
	L 2	Fletcher Waugh	12	Colchester	1:13.45		L 4	Cassie Bonner	12	Epping For't	2:45.27	
	L 3	Harrison Burridge	13	Co Cambridge	1:13.38		L 5	Iona Parkes	12	Thurrock	2:45.80	
	L 4	Luca Capozzi	13	Hemel Hemp	1:12.27		L 6	Melissa Kratz	12	Rochford	2:47.40	
	L 5	Toby Benson	13	Harpenden	1:12.70		L 7	Niamh Tuson	12	Epping For't	2:47.83	
	L 6	Julien Vannier	12	Hatfield	1:13.42		L 8	Evie Spalding	12	Putteridge	2:48.27	
	L 7	Jasper Dearden	13	Chelmsford	1:13.60	H-4	L 1	Mabelle Chadderton	12	West Norfolk	2:43.40	
	L 8	Dexter Hill	12	Saffron Wald	1:13.90		L 2	Isabelle Wicks	13	Norwich Swan	2:42.94	
H-9	L 1	Ethan Lau	13	Colchester	1:12.16		L 3	Ellen Akerstone	13	Co Norwich	2:42.34	
	L 2	Daniel McGrath	13	Norwich Swan	1:11.90		L 4	Lyra Schultz	13	Co Cambridge	2:42.09	
	L 3	Johnny McAuley	13	Co Peterboro	1:11.53		L 5	Bella Robertson	13	Stowmarket	2:42.32	
	L 4	Joshua Liebenberg	14	Newmarket	1:11.13		L 6	Lena Crisp	13	Norwich Swan	2:42.90	
	L 5	James Jones	14	Thetford	1:11.50		L 7	Aine Coackley	12	teamipswich	2:43.22	
	L 6	Jaedyn Ovbiagele	13	Chelmsford	1:11.74		L 8	Morgan Arthur	12	West Norfolk	2:43.85	
	L 7	Harry Thurlow	13	Norwich Swan	1:12.09							
	L 8	Sebian Sutton	12	Colchester	1:12.20							

Start List

H-5	L 1	Tia Elsey	13	Linslade	2:41.68	H-5	L 1	Jack Tooke	12	Thetford	30.30
	L 2	Eloise Welsford	13	Deben	2:41.60		L 2	Filip Pilat	13	Co Peterboro	30.00
	L 3	Amélie Desmeules	13	Verulam	2:40.80		L 3	Freddie Pritchard	13	Stowmarket	29.93
	L 4	Grace Mann	13	teamipswich	2:40.63		L 4	Noah Rumsby	13	Bo Southend	29.80
	L 5	Annabelle Garnham	12	teamipswich	2:40.80		L 5	Clark Meanti	13	Putteridge	29.90
	L 6	Leila Kokas	11	Co Peterboro	2:41.21		L 6	Harry Edwards	13	Team Waveney	29.98
	L 7	Shuhan Yang	13	Colchester	2:41.60		L 7	Dominic Monovski	12	Hoddesdon	30.20
	L 8	Ella O'Sullivan	13	Co Norwich	2:41.97		L 8	James Nelson	12	Co St Albans	30.31
H-6	L 1	Aoife Blessing	13	Hatfield	2:39.92	H-6	L 1	Henry Gibson	13	Rochford	29.70
	L 2	Phoebe Thompson	13	Basildon Ph	2:37.80		L 2	Oscar Neale	13	Maldon Shark	29.70
	L 3	Lily Chappell	14	Royston	2:35.69		L 3	Victor Dryankov	12	Thurrock	29.50
	L 4	Chloe Bucktrout	13	Linslade	2:35.37		L 4	Taveleri Katandula	13	Co St Albans	29.50
	L 5	Nellie Chadderton	14	West Norfolk	2:35.44		L 5	Julien Vannier	12	Hatfield	29.50
	L 6	Eden Hender	14	Team Waveney	2:36.25		L 6	George Sims	13	Hatfield	29.66
	L 7	Layla Harley	12	Watford SC	2:39.49		L 7	Bradley Forder	13	Co Norwich	29.70
	L 8	Maisie Cooper	13	Braintree	2:40.22		L 8	George Connor	13	Colchester	29.75
H-7	L 1	Eloise Palfree	12	Colchester	2:34.38	H-7	L 1	Harry Thurlow	13	Norwich Swan	29.48
	L 2	Eva Jackson	14	Flitwick	2:31.14		L 2	Marcel Finta	12	Bedford SS	29.40
	L 3	Alice Buckingham	13	Verulam	2:29.07		L 3	Jeremy Cox	12	Bishop Stort	29.20
	L 4	Matilda Sharpe	14	Co Norwich	2:25.71		L 4	Apollo Pop	13	Chelmsford	29.13
	L 5	Anna Mason	14	Co Peterboro	2:27.50		L 5	Luca Capozzi	13	Hemel Hemp	29.14
	L 6	Cerys Wall	14	Co Cambridge	2:30.63		L 6	Toby Benson	13	Harpenden	29.26
	L 7	Valeria Soldatikhina	13	West Norfolk	2:32.03		L 7	Leon Humphries	13	Woodham F SC	29.40
	L 8	Sofia Sacoto	14	Co St Albans	2:35.34		L 8	Jake Nell	13	Tring	29.48
H-8	L 1	Olivia Stroud	14	teamipswich	2:34.04	H-8	L 1	Senan Brullo	13	New Hall	29.10
	L 2	Skye Freeman	14	Norwich Swan	2:31.10		L 2	Thomas Mutton	13	Deben	28.90
	L 3	Polly Anderson	14	West Norfolk	2:28.70		L 3	Leo Sims	13	Hatfield	28.70
	L 4	Mia Hayes	13	Linslade	2:24.60		L 4	Harrison Burrige	13	Co Cambridge	28.60
	L 5	Olivia Wicks	14	Norwich Swan	2:26.68		L 5	Jake Fox	13	Stowmarket	28.62
	L 6	Eliza Jennings	14	Biggleswade	2:30.14		L 6	Lukas Liebenberg	12	Newmarket	28.80
	L 7	Addison Summers	14	Co St Albans	2:31.30		L 7	Oliver Hammond	13	Team Waveney	29.00
	L 8	Victoria Edghill	14	Basildon Ph	2:34.52		L 8	Luca Tse	13	Bishop Stort	29.10
H-9	L 1	Olive Bailey	13	Colchester	2:33.76	H-9	L 1	Carl Manuel Bendanillo	13	Norwich Swan	28.50
	L 2	Emilia Butt	14	Deben	2:30.82		L 2	Tobias Anderson	14	Co Norwich	28.12
	L 3	Aria Sabado	14	Basildon Ph	2:27.87		L 3	Theo Stacey	14	Hoddesdon	28.10
	L 4	Grace Manning	14	Basildon Ph	2:24.50		L 4	Lewis Hallam	13	Harpenden	28.00
	L 5	Aimee Sanders	14	Dunstable	2:25.94		L 5	Marcus Xu	14	Linslade	28.10
	L 6	Elija Mickaite	14	Co Peterboro	2:29.16		L 6	Luke Trull	14	Dunstable	28.12
	L 7	Isla Stockwell	14	Co Cambridge	2:31.19		L 7	Adam Balazs	14	Co Peterboro	28.20
	L 8	Summer Woodside	13	Co Peterboro	2:34.51		L 8	Harrison Dodwell	13	Bishop Stort	28.60
Event 823 Open/Male 11/14 Yrs 50m Freestyle						H 10	L 1	Robert Stoica	14	Co Cambridge	28.00
H-1	L 3	Fletcher Waugh	12	Colchester	31.70		L 2	George Wang	14	Norwich Swan	28.00
	L 4	Harry Larham	11	Co Peterboro	31.70		L 3	Cruze Joseph	14	Thetford	27.90
	L 5	Milosz Bonkowski	12	Co Peterboro	31.70		L 4	Jaedyn Ovbiagele	13	Chelmsford	27.80
	L 6	Zachary Chambers	12	Thurrock	31.73		L 5	George Letts	14	Deben	27.80
							L 6	Samuel Childs	13	Berkhamsted	27.92
H-2	L 1	Noah Race	12	Felixstowe	31.60		L 7	Guy Spearman-Baines	14	Bishop Stort	28.00
	L 2	Myles Burrige	12	St Ives	31.58		L 8	Edward Osborne	14	Saffron Wald	28.00
	L 3	Joshua Lillistone	11	teamipswich	31.55	H 11	L 1	Felix Hubbard	14	Norwich Swan	27.70
	L 4	Kian Parsons	12	Thurrock	31.50		L 2	Kuba Pociot	14	teamipswich	27.40
	L 5	Jack Dalton	11	Stevenage	31.50		L 3	Thomas Riley	14	Colchester	27.00
	L 6	Patrick Iancu	12	Bo Southend	31.56		L 4	Robert James	14	Epping For't	26.20
	L 7	Sebastian Rama	12	Co St Albans	31.58		L 5	Hugo Harley	14	Watford SC	26.80
	L 8	Marley Aldwinckle	12	Stevenage	31.68		L 6	Jenson Richards	14	Bishop Stort	27.10
H-3	L 1	Edward Roberts	12	Hemel Hemp	31.50		L 7	Braden Barnacle	14	Braintree	27.50
	L 2	David Hoara	12	Thurrock	31.40		L 8	Johnny McAuley	13	Co Peterboro	27.80
	L 3	Kian Moloney	12	teamipswich	31.40	H 12	L 1	Alfie Larham	14	Co Peterboro	27.70
	L 4	Dexter Hill	12	Saffron Wald	31.30		L 2	Fevzi Kocaman	14	Co St Albans	27.35
	L 5	Jack Alexander	12	teamipswich	31.40		L 3	Jesse Knight	13	Leiston	26.90
	L 6	Fraser Rush	12	Diss Otters	31.40		L 4	Fumfum Nwabueze	14	Basildon Ph	25.80
	L 7	William Oxley	12	Co St Albans	31.41		L 5	Joshua Liebenberg	14	Newmarket	26.60
	L 8	Jonas Chor Hang Ting	11	Verulam	31.50		L 6	Oscar Rush	14	Diss Otters	27.10
H-4	L 1	Sebian Sutton	12	Colchester	31.06		L 7	Oscar Chau	14	Co St Albans	27.50
	L 2	Tyatt Cole	12	Bo Southend	30.80		L 8	Huxley Phillips	13	Co Cambridge	27.78
	L 3	Marco Soto-Toth	12	Co Peterboro	30.50	H 13	L 1	Junru Cai	14	West Norfolk	27.60
	L 4	Finlay Stow-McBride	12	Co Cambridge	30.40		L 2	Henry Chaloner	14	Biggleswade	27.20
	L 5	Alexander Irish	12	Newmarket	30.40		L 3	Jacob Ure	14	Co Peterboro	26.90
	L 6	Tyler McLaughlin-Bell	12	Newmarket	30.60		L 4	Rafe Lawson	14	Berkhamsted	25.70
	L 7	Edward Wilson	12	Co Norwich	30.90		L 5	Haiyang Shi	13	Basildon Ph	26.40
	L 8	Freddie Sargeant	12	teamipswich	31.14		L 6	Benjamin Piscopo	13	Co Peterboro	27.10
							L 7	Aaron Rawnsley	14	Harpenden	27.40
							L 8	Alex Reeves	14	Basildon Ph	27.73

Swim England East Region

2026 Long Course Championships

Session Twenty

Start List

Event 824 Female 11/14 Yrs 100m Freestyle

H-1	L 3	Nimi Kopec	11	Bedford SS	1:10.70	H 10	L 1	Isla Caley	14	Watford SC	1:03.49
	L 4	Freya Sewell	11	Rochford	1:10.60		L 2	Shuhan Yang	13	Colchester	1:03.22
	L 5	Jemima Man	12	DunmowAtlant	1:10.68		L 3	Valeria Soldatikhina	13	West Norfolk	1:03.20
H-2	L 1	Catherine Hatherly	12	Hatfield	1:10.37		L 4	Sophia Aziz	14	Co Peterboro	1:03.03
	L 2	Lucy Biscoe	11	Team Luton	1:10.20		L 5	Layla Drake	14	Norwich Swan	1:03.10
	L 3	Morgan Arthur	12	West Norfolk	1:10.00		L 6	Addison Summers	14	Co St Albans	1:03.21
	L 4	Darcie O'Connor	12	Basildon Ph	1:09.90		L 7	Amelia Bail	14	Hitchin	1:03.27
	L 5	Aine Coackley	12	teamipswich	1:09.99		L 8	Evie Dixon	14	Gt Yarmouth	1:03.60
	L 6	Mya Valencia	12	Hoddesdon	1:10.10	H 11	L 1	Olivia Page	13	Co Cambridge	1:02.76
	L 7	Melissa Kratz	12	Rochford	1:10.30		L 2	Charlotte Stewart	14	Co St Albans	1:02.30
	L 8	Elizabeth Dooley	12	Norwich Swan	1:10.37		L 3	Olivia Wicks	14	Norwich Swan	1:01.10
H-3	L 1	Leila Kokas	11	Co Peterboro	1:09.87		L 4	Olivia Daniel	13	Verulam	1:00.20
	L 2	Martha More	12	West Norfolk	1:09.70		L 5	Tayla Goodswen	14	Co Norwich	1:00.50
	L 3	Hollie Featherstone	12	Epping For't	1:09.28		L 6	Kitty McNaughton	14	Hoddesdon	1:01.70
	L 4	Charlotte Rich	12	Stevenage	1:09.00		L 7	Olivia Piaskowska	14	Dunstable	1:02.40
	L 5	Sienna Roberts	12	Witham Dolph	1:09.10		L 8	Dolcie Underwood	13	Dereham	1:03.00
	L 6	Arabella Tysterman	12	Wisbech	1:09.33	H 12	L 1	Lily Walsby	13	Co Cambridge	1:02.63
	L 7	Niamh Tuson	12	Epping For't	1:09.70		L 2	Victoria Edghill	14	Basildon Ph	1:02.28
	L 8	Tilly Conlon	12	Stowmarket	1:09.90		L 3	Summer Lewis	14	Colchester	1:00.90
H-4	L 1	Mabelle Chadderton	12	West Norfolk	1:08.70		L 4	Mia Wilson	14	Basildon Ph	59.98
	L 2	Harmony Smith	11	Team Waveney	1:07.30		L 5	Eva Jackson	14	Flitwick	1:00.50
	L 3	Poppy Porter	13	teamipswich	1:06.90		L 6	Betsie Saville	13	Canvey Isl	1:01.40
	L 4	Amy Brightwell	13	Norwich Swan	1:06.80		L 7	Polly Anderson	14	West Norfolk	1:02.33
	L 5	Isla Linton	13	Potters Bar	1:06.80		L 8	Sofia Sacoto	14	Co St Albans	1:02.83
	L 6	Elissa Neo	13	Linslade	1:07.00	H 13	L 1	Indie Horton	14	Co Norwich	1:02.46
	L 7	Teddi-May Thurman	12	Colchester	1:07.80		L 2	Evie Armstrong	14	Dunstable	1:01.76
	L 8	Ruth Biscoe	12	Team Luton	1:08.70		L 3	Anna Mason	14	Co Peterboro	1:00.60
H-5	L 1	Katherine Love	13	Chelmsford	1:06.70		L 4	Aimee Sanders	14	Dunstable	58.30
	L 2	Freya Keeling	13	Hoddesdon	1:06.60		L 5	Summer Miller	14	Bishop Stort	1:00.50
	L 3	Tumaris Raupova	13	Rick'worth	1:06.43		L 6	Sydney Lewis	14	Colchester	1:01.30
	L 4	Aoife Blessing	13	Hatfield	1:06.32		L 7	Tahlia Sunshine	14	DunmowAtlant	1:02.30
	L 5	Emily Besent	13	Berkhamsted	1:06.41		L 8	Emily Joyce	14	Biggleswade	1:02.80
	L 6	Haylie Frew-Costa	13	Potters Bar	1:06.59						
	L 7	Martha Mellors	13	Verulam	1:06.70						
	L 8	Layla Harley	12	Watford SC	1:06.79						
H-6	L 1	Charlotte Moss	13	St Ives	1:06.10						
	L 2	Imogen Parnell	13	Dereham	1:05.97						
	L 3	Annabelle Garnham	12	teamipswich	1:05.94						
	L 4	Amélie Desmeules	13	Verulam	1:05.79						
	L 5	Olive Bailey	13	Colchester	1:05.80						
	L 6	Millie Hunter	13	Norwich Swan	1:05.95						
	L 7	Jessica Gilpin	13	Hoddesdon	1:06.00						
	L 8	Scarlett Omand	13	Cheshunt	1:06.14						
H-7	L 1	Cassie Bonner	12	Epping For't	1:05.70						
	L 2	Lauren Ibbotson	13	Linslade	1:05.70						
	L 3	Lara Shiers	13	Rick'worth	1:05.58						
	L 4	Alania Wignall	13	Colchester	1:05.40						
	L 5	Mariella Thorne	13	Ware	1:05.40						
	L 6	Charlotte Dixon	13	Hitchin	1:05.60						
	L 7	Poppy Ellingford	13	Thurrock	1:05.70						
	L 8	Molly Beattie	13	St Neot Swan	1:05.76						
H-8	L 1	Dorothy Thorby	13	Co Norwich	1:05.20						
	L 2	Imogen Coote	12	Co Cambridge	1:04.98						
	L 3	Elsie Cole	13	Epping For't	1:04.90						
	L 4	Macey Towns	14	Bo Southend	1:04.20						
	L 5	Tilly Howells	13	Verulam	1:04.34						
	L 6	Yvette Boka	13	Basildon Ph	1:04.90						
	L 7	Olivia Bryant	13	Stowmarket	1:05.00						
	L 8	Lena Crisp	13	Norwich Swan	1:05.28						
H-9	L 1	Eloise Palfree	12	Colchester	1:04.10						
	L 2	Tsvetina Sinapova	14	Co Norwich	1:04.02						
	L 3	Grace Manning	14	Basildon Ph	1:03.90						
	L 4	Charley Taylor	14	Dereham	1:03.60						
	L 5	Lilly Franks	14	Thurrock	1:03.70						
	L 6	Olivia Stroud	14	teamipswich	1:04.01						
	L 7	Sophie Harvey	14	Co Cambridge	1:04.05						
	L 8	Jorgie Bhasvi	13	Hatfield	1:04.20						

Start List

Event 825 Open/Male 11/14 Yrs 400m IM

H-1	L 3	Alexander Irish	12	Newmarket	6:07.63
	L 4	Freddie Sargeant	12	teamipswich	6:03.23
	L 5	Harry Larham	11	Co Peterboro	6:06.49
	L 6	John Homan-Daly	12	Co St Albans	6:08.96
H-2	L 1	James Nelson	12	Co St Albans	5:55.58
	L 2	Max Hart	13	Verulam	5:49.87
	L 3	Joseph Payne	12	Colchester	5:49.74
	L 4	David Hoara	12	Thurrock	5:47.81
	L 5	George Connor	13	Colchester	5:48.38
	L 6	Arthur Juviler-Bacon	12	Linslade	5:49.80
	L 7	George Headford	12	Basildon Ph	5:54.00
	L 8	Victor Dryankov	12	Thurrock	5:56.90
H-3	L 1	Marco Soto-Toth	12	Co Peterboro	5:41.63
	L 2	Tobias Watson	13	Bo Southend	5:41.00
	L 3	George Sims	13	Hatfield	5:37.68
	L 4	Apollo Pop	13	Chelmsford	5:36.80
	L 5	Elijah Wilson	13	teamipswich	5:37.30
	L 6	Cody Brigden	13	Watford SC	5:39.73
	L 7	Clark Meanti	13	Putteridge	5:41.14
	L 8	Archie Georgakis	13	Basildon Ph	5:43.03
H-4	L 1	Senan Brullo	13	New Hall	5:34.00
	L 2	Jack Munday	14	teamipswich	5:28.39
	L 3	Leo Sims	13	Hatfield	5:26.08
	L 4	Jude Wankowski	13	teamipswich	5:22.90
	L 5	Noah Conroy	14	Bishop Stort	5:25.80
	L 6	Miles Copping	14	Co Cambridge	5:28.06
	L 7	Fletcher Waugh	12	Colchester	5:29.80
	L 8	Luca Capozzi	13	Hemel Hemp	5:35.06
H-5	L 1	Henry Chaloner	14	Biggleswade	5:21.50
	L 2	Lawrence Taylor	14	Co Norwich	5:19.00
	L 3	Alfie Larham	14	Co Peterboro	5:18.12
	L 4	Finley Burford	14	Basildon Ph	5:15.90
	L 5	Jacob Ure	14	Co Peterboro	5:16.40
	L 6	Harry Clarke	14	West Norfolk	5:18.78
	L 7	Jack Lees	13	Epping For't	5:19.30
	L 8	Johnny McAuley	13	Co Peterboro	5:22.63
H-6	L 1	Taras Boiko	13	Bishop Stort	5:14.70
	L 2	Sebastian Mudge	14	Co Peterboro	5:11.69
	L 3	Riley Allen	14	Thurrock	5:11.40
	L 4	Ashton Hunter	14	Co Peterboro	5:04.80
	L 5	Hugo Koyanagi	14	Co St Albans	5:10.21
	L 6	Aaron Rawnsley	14	Harpenden	5:11.64
	L 7	Benjamin Piscopo	13	Co Peterboro	5:13.40
	L 8	Jesse Knight	13	Leiston	5:14.80