

Start List

Event 811 Female 11/14 Yrs 200m Butterfly						Event 812 Open/Male 11/14 Yrs 50m Butterfly					
H-1	L 3	Martha More	12	West Norfolk	3:14.60	H-1	L 3	Alexander Irish	12	Newmarket	36.20
	L 4	Freya Crisp	11	Norwich Swan	3:11.90		L 4	Victor Dryankov	12	Thurrock	36.17
	L 5	Sophia White	12	Basildon Ph	3:14.41		L 5	Oliver Barrows	12	Hatfield	36.19
	L 6	Bronwyn Hill	12	Co St Albans	3:14.79						
H-2	L 1	Amelie Murray	12	Epping For't	3:09.23	H-2	L 2	Henry Hand	12	Hertford	36.00
	L 2	Scarlett Ye	12	Co St Albans	3:07.85		L 3	Edward Wilson	12	Co Norwich	35.90
	L 3	Bella Robertson	13	Stowmarket	3:04.15		L 4	Lucas Twyford	12	Leighton Buz	35.80
	L 4	Florence Law	12	Co Ely	3:02.59		L 5	Louis Santillo	12	Putteridge	35.82
	L 5	Naomi Muwangi	12	Bishop Stort	3:03.70	L 6	George Gosling	12	Berkhamsted	35.90	
	L 6	Cora Payne	12	Dunstable	3:06.25	L 7	Jack Alexander	12	teamipswich	36.00	
	L 7	Jemima Man	12	DunmowAtlant	3:09.17						
	L 8	Bethany Chapman	11	Bishop Stort	3:10.82						
H-3	L 1	Isla Hall	12	Basildon Ph	3:00.40	H-3	L 1	Jack Ellyard	12	Leighton Buz	35.80
	L 2	Niamh Tuson	12	Epping For't	2:59.69		L 2	Albert Saunders	12	Verulam	35.77
	L 3	Ellen Akerstone	13	Co Norwich	2:58.40		L 3	Harry Larham	11	Co Peterboro	35.70
	L 4	Florence Gill	12	Epping For't	2:57.47		L 4	Anthony Rowson	11	Putteridge	35.60
	L 5	Evie Spalding	12	Putteridge	2:58.20		L 5	Myles Burridge	12	St Ives	35.60
	L 6	Iona Parkes	12	Thurrock	2:59.50		L 6	Zachary Chambers	12	Thurrock	35.76
	L 7	Maisie Bishop	13	Wisbech	3:00.36		L 7	Wilfred Sole	12	Co Ely	35.77
	L 8	Amber Boeve	13	DunmowAtlant	3:00.49		L 8	Freddie Sargeant	12	teamipswich	35.80
H-4	L 1	Lyra Schultz	13	Co Cambridge	2:55.86	H-4	L 1	Kian Parsons	12	Thurrock	35.50
	L 2	Haylie Frew-Costa	13	Potters Bar	2:55.55		L 2	Oliver Atkinson	12	Colchester	35.20
	L 3	Blossom Smith	11	Basildon Ph	2:55.30		L 3	Oliver Bumbalo	12	Potters Bar	35.05
	L 4	Sophie Andrews	12	Flitwick	2:54.80		L 4	John Homan-Daly	12	Co St Albans	34.75
	L 5	Lucy Biscoe	11	Team Luton	2:55.19		L 5	David Hoara	12	Thurrock	35.00
	L 6	Chloe Bucktrout	13	Linslade	2:55.33		L 6	Nedum Nwabueze	12	Bo Southend	35.10
	L 7	Lillian Owens	12	Putteridge	2:55.71		L 7	Jonathan Ng	12	Chelmsford	35.41
	L 8	Lola Oakley	13	Norwich Swan	2:56.82		L 8	Joshua Lillistone	11	teamipswich	35.57
H-5	L 1	Ella Minnis	13	Colchester	2:53.49	H-5	L 1	Dominic Monovski	12	Hoddesdon	34.60
	L 2	Sakura Yamada-Orr	13	Co St Albans	2:53.30		L 2	Tyler McLaughlin-Bell	12	Newmarket	34.57
	L 3	Arabella Beevers	14	Bo Southend	2:52.20		L 3	Theo Rawnsley	11	Harpenden	34.40
	L 4	Mia Copping	14	West Suffolk	2:51.82		L 4	Jack Baxter	12	West Norfolk	34.24
	L 5	Elissa Neo	13	Linslade	2:52.17		L 5	Jack Tooke	12	Thetford	34.30
	L 6	Lara Kelly	12	New Hall	2:53.20		L 6	Max Battle	12	Deben	34.41
	L 7	Esme Parkes	13	Thurrock	2:53.40		L 7	Cian Millsom	12	Bishop Stort	34.60
	L 8	Eleni Karakoidas	13	Co Norwich	2:54.47		L 8	William Howard	12	Tring	34.68
H-6	L 1	Hollie Featherstone	12	Epping For't	2:50.21	H-6	L 1	Ted Collins	13	Rochford	33.70
	L 2	Leila Kokas	11	Co Peterboro	2:50.00		L 2	Oscar Neale	13	Maldon Shark	33.70
	L 3	Elise Dotchin	14	Co St Albans	2:49.84		L 3	James Nelson	12	Co St Albans	33.65
	L 4	Charlotte Carter	14	Epping For't	2:49.80		L 4	Bradley Forder	13	Co Norwich	33.60
	L 5	Sophie Pert	14	Norwich Swan	2:49.82		L 5	Harry Edwards	13	Team Waveney	33.60
	L 6	Charlotte Gilbert	14	Norwich Swan	2:49.93		L 6	Matthew Jarratt	13	DunmowAtlant	33.69
	L 7	Isla Tate	13	Co Peterboro	2:50.10		L 7	Alex Long	13	Stowmarket	33.70
	L 8	Martha Mellors	13	Verulam	2:51.77		L 8	William Oxley	12	Co St Albans	33.74
H-7	L 1	Libby Flitton	14	Dunstable	2:46.20	H-7	L 1	Ethan Zhang	13	Brentwood	33.50
	L 2	Eloise Palfree	12	Colchester	2:42.70		L 2	Jake Fox	13	Stowmarket	33.31
	L 3	Charlotte Stocks	14	Linslade	2:36.20		L 3	Freddie Pritchard	13	Stowmarket	33.29
	L 4	Anna Mason	14	Co Peterboro	2:25.70		L 4	Taveleri Katandula	13	Co St Albans	33.11
	L 5	Summer Lewis	14	Colchester	2:32.50		L 5	Kuba Kopec	13	Bedford SS	33.20
	L 6	Elizabeth Litvinenko	13	West Norfolk	2:40.30		L 6	Harrison Burridge	13	Co Cambridge	33.31
	L 7	Olivia Piaskowska	14	Dunstable	2:44.43		L 7	Sonny Dean	13	Thetford	33.40
	L 8	Olivia Bryant	13	Stowmarket	2:49.10		L 8	George Connor	13	Colchester	33.50
H-8	L 1	Skye Freeman	14	Norwich Swan	2:45.70	H-8	L 1	Alfie McClure	13	March	33.00
	L 2	Sophia Aziz	14	Co Peterboro	2:41.30		L 2	Lukas Liebenberg	12	Newmarket	32.88
	L 3	Imogen Laws	13	Co Norwich	2:35.50		L 3	Cody Brigden	13	Watford SC	32.63
	L 4	Aimee Sanders	14	Dunstable	2:24.50		L 4	Jeremy Cox	12	Bishop Stort	32.40
	L 5	Valeria Soldatikhina	13	West Norfolk	2:31.50		L 5	Marco Soto-Toth	12	Co Peterboro	32.40
	L 6	Maisy Sadler	14	Norwich Swan	2:38.70		L 6	Rupert Kirtland	13	Halstead	32.80
	L 7	Lilly Franks	14	Thurrock	2:42.83		L 7	Sebian Sutton	12	Colchester	32.90
	L 8	Emily Murrell	14	Norwich Swan	2:48.62		L 8	Jasper Dearden	13	Chelmsford	33.07
H-9	L 1	Obianuju Nsoedo	14	Chelmsford	2:45.02	H-9	L 1	Luca Tse	13	Bishop Stort	32.38
	L 2	Sara Onobrauche	14	Hatfield	2:41.01		L 2	Marcel Finta	12	Bedford SS	32.10
	L 3	Charlotte Douglas	14	Co St Albans	2:32.53		L 3	Finlay Stow-McBride	12	Co Cambridge	31.80
	L 4	Summer Miller	14	Bishop Stort	2:24.00		L 4	Murad Makhkamov	13	Potters Bar	31.69
	L 5	Evie Armstrong	14	Dunstable	2:28.96		L 5	Mikolaj Jagodzinski	14	Runnymede	31.73
	L 6	Emily Joyce	14	Biggleswade	2:38.38		L 6	Clark Meanti	13	Putteridge	32.00
	L 7	Emmy Dearden	14	Chelmsford	2:42.80		L 7	Izaak Wilsher	13	Hertford	32.30
	L 8	India Clement	14	West Suffolk	2:46.57		L 8	Oliver Hammond	13	Team Waveney	32.39

Start List

Start List					Event 813 Female 11/14 Yrs 100m Breaststroke						
H 10	L 1	Ethan Bailey	14	Co Norwich	31.60	H-1	L 1	Charlize Church	12	Co Cambridge	1:33.49
	L 2	Nathan Rojee	14	Co Cambridge	31.56		L 2	Jessica Setchell	12	Co Peterboro	1:33.31
	L 3	Danraj Dhillon	14	Thurrock	31.50		L 3	Mya Valencia	12	Hoddesdon	1:33.08
	L 4	Reuben Cope	14	Newmarket	31.50		L 4	Layla Caton	12	Basildon Ph	1:32.50
	L 5	Adam Balazs	14	Co Peterboro	31.50		L 5	Darcie O'Connor	12	Basildon Ph	1:33.00
	L 6	Leon Humphries	13	Woodham F SC	31.50		L 6	Thea James-Falla	12	Colchester	1:33.30
	L 7	Spencer Gore	14	Southend	31.60		L 7	Charlotte Borella	12	Chelmsford	1:33.40
	L 8	Lawrence Taylor	14	Co Norwich	31.60						
H 11	L 1	Charles Hallam	13	Harpenden	31.50	H-2	L 1	Morgan Arthur	12	West Norfolk	1:31.90
	L 2	Charles Pritchard	12	Stevenage	31.30		L 2	Sienna Roberts	12	Witham Dolph	1:31.82
	L 3	Haiyang Shi	13	Basildon Ph	31.21		L 3	Izumi Matsutani	12	Co Peterboro	1:31.40
	L 4	Callum Doran	14	DunmowAtlant	31.20		L 4	Niamh Tuson	12	Epping For't	1:30.75
	L 5	Max Johnson	14	Halstead	31.20		L 5	Ivy Kernohan	11	Brentwood	1:30.90
	L 6	Reuben Giles	14	Stowmarket	31.28		L 6	Alexa Linden-Ball	12	Co Norwich	1:31.60
	L 7	Fletcher Waugh	12	Colchester	31.30		L 7	Sophia Zhou	12	Co St Albans	1:31.87
	L 8	Luke Trull	14	Dunstable	31.50		L 8	Dorothy Gooda	12	Team Luton	1:32.20
H 12	L 1	Vivaan Soni	14	Hemel Hemp	31.12	H-3	L 1	Harmony Smith	11	Team Waveney	1:29.89
	L 2	Sebastian Mudge	14	Co Peterboro	31.04		L 2	Elizabeth Burczyk	11	Stevenage	1:29.60
	L 3	Connor Hooper	14	Witham Dolph	31.00		L 3	Phoebe Rayner	12	Colchester	1:29.40
	L 4	James Winter	14	Stevenage	30.99		L 4	Mabelle Chadderton	12	West Norfolk	1:29.00
	L 5	Harry Thurlow	13	Norwich Swan	31.00		L 5	Sophie Lapucha	12	Team Luton	1:29.10
	L 6	Edward Osborne	14	Saffron Wald	31.00		L 6	Layla Harley	12	Watford SC	1:29.43
	L 7	Jack Williams-Welch	13	Hadleigh	31.10		L 7	Erin Smith	11	Berkhamsted	1:29.66
	L 8	Miles Copping	14	Co Cambridge	31.20		L 8	Kira Norman	12	Bishop Stort	1:30.70
H 13	L 1	Jaedyn Ovbiagele	13	Chelmsford	30.90	H-4	L 1	Tsz-Wing Lai	12	Watford SC	1:28.55
	L 2	Noah Rumsby	13	Bo Southend	30.50		L 2	Adrienn Kovacs	12	DunmowAtlant	1:28.20
	L 3	Jake Nell	13	Tring	30.48		L 3	Florence Law	12	Co Ely	1:27.62
	L 4	Johnny McAuley	13	Co Peterboro	30.41		L 4	Sophia Sood	13	Watford SC	1:27.17
	L 5	Samuel Childs	13	Berkhamsted	30.47		L 5	Olivia Bird	13	Rick'worth	1:27.24
	L 6	Ben Cameron-Waller	14	Co Peterboro	30.50		L 6	Anna Semiginovska	12	Bo Southend	1:28.16
	L 7	Theo Stacey	14	Hoddesdon	30.60		L 7	Arabella Tysterman	12	Wisbech	1:28.47
	L 8	Alfie Larham	14	Co Peterboro	30.95		L 8	Annabelle Garnham	12	teamipswich	1:28.73
H 14	L 1	Joshua Liebenberg	14	Newmarket	30.20	H-5	L 1	Linke Groenewald	13	Bishop Stort	1:27.13
	L 2	Charles Hodgson	14	Co St Albans	30.02		L 2	Phoebe Thompson	13	Basildon Ph	1:26.80
	L 3	Taras Boiko	13	Bishop Stort	29.50		L 3	Jessica Gilpin	13	Hoddesdon	1:26.80
	L 4	Jesse Knight	13	Leiston	28.00		L 4	Elsie Preston	13	Tring	1:26.70
	L 5	Fevzi Kocaman	14	Co St Albans	29.28		L 5	Selena Maria Spaho	12	Hatfield	1:26.75
	L 6	Riley Allen	14	Thurrock	29.70		L 6	Lara Kelly	12	New Hall	1:26.80
	L 7	Aaron Rawnsley	14	Harpenden	30.17		L 7	Savannah Barratt	13	Harwich DP	1:27.00
	L 8	Junru Cai	14	West Norfolk	30.40		L 8	Jessica Bedford	13	Co St Albans	1:27.16
H 15	L 1	Oscar Rush	14	Diss Otters	30.20	H-6	L 1	Florence Bretman	12	DunmowAtlant	1:26.50
	L 2	Tobias Anderson	14	Co Norwich	30.00		L 2	Ruby Barratt	13	Harwich DP	1:26.06
	L 3	Henry Chaloner	14	Biggleswade	29.40		L 3	Lauren Ibbotson	13	Linslade	1:25.80
	L 4	Rafe Lawson	14	Berkhamsted	26.90		L 4	Lena Crisp	13	Norwich Swan	1:25.27
	L 5	Lewis Gardner	12	Basildon Ph	29.10		L 5	Teddi-May Thurman	12	Colchester	1:25.30
	L 6	Jacob Ure	14	Co Peterboro	29.67		L 6	Aoife Blessing	13	Hatfield	1:25.97
	L 7	Hugo Harley	14	Watford SC	30.10		L 7	Bella Robertson	13	Stowmarket	1:26.35
	L 8	Noah Goodson	14	West Norfolk	30.30		L 8	Livia Zecchini	13	Co Cambridge	1:26.55
H 16	L 1	Bogdan Yermakovich	14	Thurrock	30.20	H-7	L 1	Elsie Cole	13	Epping For't	1:25.10
	L 2	Robert Stoica	14	Co Cambridge	29.83		L 2	Ella Minnis	13	Colchester	1:24.84
	L 3	Benjamin Piscopo	13	Co Peterboro	29.29		L 3	Harlie Gardner	14	Basildon Ph	1:24.10
	L 4	Jake Atkinson	14	Basildon Ph	26.70		L 4	Freya Keeling	13	Hoddesdon	1:24.06
	L 5	Robert James	14	Epping For't	28.20		L 5	Elizabeth Litvinenko	13	West Norfolk	1:24.10
	L 6	Kuba Pociot	14	teamipswich	29.60		L 6	Tilly Howells	13	Verulam	1:24.15
	L 7	Noah Conroy	14	Bishop Stort	30.10		L 7	Cassie Bonner	12	Epping For't	1:25.00
	L 8	Fumfum Nwabueze	14	Basildon Ph	30.30		L 8	Maisie Cooper	13	Braintree	1:25.20
						H-8	L 1	Isabella Clogg	14	Stanway	1:23.90
							L 2	Olivia Page	13	Co Cambridge	1:23.79
							L 3	Morrigan Cooper	13	Bo Southend	1:23.70
							L 4	Anna Turner	13	Co Norwich	1:23.40
							L 5	Evelyn Gadsby	14	Harwich DP	1:23.60
							L 6	Elinor McTaggart	14	Deben	1:23.71
							L 7	Aria Waters	14	Hatfield	1:23.84
							L 8	Daniella Gomez Bolivar	14	Hoddesdon	1:23.92

Start List

H-9	L 1	Jorgie Bhasvi	13	Hatfield	1:23.15	H-6	L 1	Tobias Watson	13	Bo Southend	3:05.20
	L 2	Ava Read	14	Runnymede	1:22.79		L 2	Harry Ellard	13	Hoddesdon	3:04.73
	L 3	Tahlia Sunshine	14	DunmowAtlant	1:22.34		L 3	Joseph Henderson	13	Bedford SS	3:04.60
	L 4	Alania Wignall	13	Colchester	1:22.10		L 4	Atticus Frost	13	DunmowAtlant	3:02.87
	L 5	Amie Roberts	14	Hemel Hemp	1:22.33		L 5	Charles Pritchard	12	Stevenage	3:03.21
	L 6	Esther Luton	14	Rochford	1:22.50		L 6	Thomas Scrivener	13	Leiston	3:04.70
	L 7	Margarida Furtado	14	Co Cambridge	1:23.10		L 7	Marco Soto-Toth	12	Co Peterboro	3:05.00
	L 8	Katie Brazil	14	Potters Bar	1:23.34		L 8	Kian Parsons	12	Thurrock	3:05.20
H 10	L 1	Jessica Ryan	14	Colchester	1:21.39	H-7	L 1	Euan Karaikos	13	Basildon Ph	3:02.47
	L 2	Layla Drake	14	Norwich Swan	1:20.10		L 2	Maximilian Petravich	13	Team Luton	3:00.20
	L 3	Emily Byrne	14	Hitchin	1:18.57		L 3	Jude Wankowski	13	teamipswich	2:58.32
	L 4	Nieve Ives	14	Hatfield	1:17.30		L 4	Oliver Veale	14	West Norfolk	2:57.88
	L 5	Annabel Morden	14	Basildon Ph	1:17.80		L 5	Thomas Sloper	14	Basildon Ph	2:58.00
	L 6	Amy Brightwell	13	Norwich Swan	1:19.50		L 6	Tom Greening	13	Norwich Swan	2:59.54
	L 7	India Clement	14	West Suffolk	1:20.89		L 7	Joseph Payne	12	Colchester	3:02.10
	L 8	Mia Jones	13	March	1:22.02		L 8	Jacob Hutchinson	13	Tring	3:02.60
H 11	L 1	Esmee Hui	14	Watford SC	1:20.97	H-8	L 1	James Challis	14	Potters Bar	2:57.34
	L 2	Eliza Jennings	14	Biggleswade	1:20.08		L 2	Finlay Bauckham	14	Colchester	2:56.64
	L 3	Olivia Wicks	14	Norwich Swan	1:18.34		L 3	Daniel McGrath	13	Norwich Swan	2:56.23
	L 4	Elija Mickaite	14	Co Peterboro	1:17.20		L 4	Josh Bett	14	Flitwick	2:56.00
	L 5	Olivia Pais	14	Co Peterboro	1:17.55		L 5	Johnny McAuley	13	Co Peterboro	2:56.14
	L 6	Zoe Thompson	14	Co Ely	1:19.17		L 6	Maxim Collinson	14	Team Luton	2:56.60
	L 7	Kaitlyn Hoffman	13	Basildon Ph	1:20.80		L 7	Veer Takher	13	Watford SC	2:56.70
	L 8	Catherine Lyall	14	Putteridge	1:22.00		L 8	Alex Long	13	Stowmarket	2:57.80
H 12	L 1	Sophie Harvey	14	Co Cambridge	1:20.92	H-9	L 1	Miles Thomas	14	Flitwick	2:54.46
	L 2	Polly Anderson	14	West Norfolk	1:19.90		L 2	Ching Yau	14	Hatfield	2:52.20
	L 3	Alice Buckingham	13	Verulam	1:17.82		L 3	Marcus Xu	14	Linslade	2:47.05
	L 4	Mia Wilson	14	Basildon Ph	1:15.38		L 4	Hugo Koyanagi	14	Co St Albans	2:42.24
	L 5	Cerys Wall	14	Co Cambridge	1:17.54		L 5	Sebastian Mudge	14	Co Peterboro	2:46.16
	L 6	Olivia Daniel	13	Verulam	1:19.10		L 6	Riley Allen	14	Thurrock	2:49.90
	L 7	Lily Walsby	13	Co Cambridge	1:20.78		L 7	Guy Spearman-Baines	14	Bishop Stort	2:53.30
	L 8	Lilly Franks	14	Thurrock	1:21.80		L 8	Augustus Murray	14	Co Cambridge	2:55.91
Event 814 Open/Male 11/14 Yrs 200m Breaststroke						H 10	L 1	Reuben Giles	14	Stowmarket	2:54.19
H-1	L 3	Elijah Unsworth	11	Team Luton	3:20.80		L 2	Oscar Wilson	14	Potters Bar	2:50.88
	L 4	Jack Dalton	11	Stevenage	3:20.54		L 3	Max Perry	14	Watford SC	2:46.48
	L 5	George Abram	12	Co Norwich	3:20.70		L 4	Robert James	14	Epping For't	2:40.00
H-2	L 2	George Gosling	12	Berkhamsted	3:20.22		L 5	Callum Doran	14	DunmowAtlant	2:45.90
	L 3	William Minty	12	Thetford	3:19.06		L 6	Kenny Millsom	13	Bishop Stort	2:49.80
	L 4	Jonas Chor Hang Ting	11	Verulam	3:17.18		L 7	Granth Karmacharya	14	Watford SC	2:52.99
	L 5	Isaac Chan	12	Co St Albans	3:18.45		L 8	Charles Hallam	13	Harpenden	2:55.52
	L 6	Adam Chuchra	11	Wisbech	3:19.13	H 11	L 1	Finley Burford	14	Basildon Ph	2:54.10
	L 7	Dylan Haylock	12	March	3:20.39		L 2	Harry Clarke	14	West Norfolk	2:50.45
H-3	L 1	Benji Perry	12	Dunstable	3:14.80		L 3	Miles Copping	14	Co Cambridge	2:46.23
	L 2	Kaloyan Manolchev	12	Basildon Ph	3:13.80		L 4	Rafe Lawson	14	Berkhamsted	2:37.76
	L 3	Finlay Stow-McBride	12	Co Cambridge	3:13.06		L 5	Dewi Fordyce	13	Berkhamsted	2:44.30
	L 4	Jack Gulliford	12	DunmowAtlant	3:12.61		L 6	Harrison Dodwell	13	Bishop Stort	2:49.80
	L 5	Edward Roberts	12	Hemel Hemp	3:12.99		L 7	Izaak Wilsher	13	Hertford	2:52.54
	L 6	Patrick Iancu	12	Bo Southend	3:13.50		L 8	Leo Sims	13	Hatfield	2:54.60
	L 7	Jamie Warner	12	Newmarket	3:13.92	H-4	L 1	Sebastian Rama	12	Co St Albans	3:09.62
	L 8	Oliver Barrows	12	Hatfield	3:14.84		L 2	Oliver Candler	12	Norwich Swan	3:08.83
H-4	L 1	Sebastian Rama	12	Co St Albans	3:09.62		L 3	James Nelson	12	Co St Albans	3:08.33
	L 2	Oliver Candler	12	Norwich Swan	3:08.83		L 4	William Xia	13	Royston	3:08.21
	L 3	James Nelson	12	Co St Albans	3:08.33		L 5	Luke Thickens	13	Linslade	3:08.24
	L 4	William Xia	13	Royston	3:08.21		L 6	Marley Aldwinckle	12	Stevenage	3:08.34
	L 5	Luke Thickens	13	Linslade	3:08.24		L 7	Theodore Gamby	12	Southend	3:09.13
	L 6	Marley Aldwinckle	12	Stevenage	3:08.34		L 8	James McKinley	12	Bo Southend	3:11.81
	L 7	Theodore Gamby	12	Southend	3:09.13	H-5	L 1	Otis Mastin	12	Bishop Stort	3:07.44
	L 8	James McKinley	12	Bo Southend	3:11.81		L 2	Christian Giroto	13	Co St Albans	3:06.76
H-5	L 1	Otis Mastin	12	Bishop Stort	3:07.44		L 3	Arthur Huntley	13	Co St Albans	3:05.88
	L 2	Christian Giroto	13	Co St Albans	3:06.76		L 4	Stanley Hood-Karrer	12	Basildon Ph	3:05.46
	L 3	Arthur Huntley	13	Co St Albans	3:05.88		L 5	Ethan Harragan	13	Basildon Ph	3:05.65
	L 4	Stanley Hood-Karrer	12	Basildon Ph	3:05.46		L 6	Clark Meanti	13	Putteridge	3:06.55
	L 5	Ethan Harragan	13	Basildon Ph	3:05.65		L 7	Elijah Wilson	13	teamipswich	3:06.98
	L 6	Clark Meanti	13	Putteridge	3:06.55		L 8	Jack Wilson	12	Newmarket	3:07.80
	L 7	Elijah Wilson	13	teamipswich	3:06.98						
	L 8	Jack Wilson	12	Newmarket	3:07.80						

Start List

Event 815 Female 11/14 Yrs 400m Freestyle

H-1	L 1	Imogen Coote	12	Co Cambridge	5:25.21
	L 2	Charlotte Rich	12	Stevenage	5:24.50
	L 3	Martha More	12	West Norfolk	5:24.00
	L 4	Molly Nowell	12	Stowmarket	5:23.30
	L 5	Emma Todd	12	Potters Bar	5:23.69
	L 6	Iona Parkes	12	Thurrock	5:24.30
	L 7	Isla Hall	12	Basildon Ph	5:25.03
	L 8	Freya Crisp	11	Norwich Swan	5:26.85
H-2	L 1	Ruth Biscoe	12	Team Luton	5:21.70
	L 2	Selena Maria Spaho	12	Hatfield	5:19.84
	L 3	Tilly Conlon	12	Stowmarket	5:19.00
	L 4	Lucy Biscoe	11	Team Luton	5:15.30
	L 5	Hollie Featherstone	12	Epping For't	5:17.70
	L 6	Leila Kokas	11	Co Peterboro	5:19.30
	L 7	Blossom Smith	11	Basildon Ph	5:20.40
	L 8	Morgan Arthur	12	West Norfolk	5:23.19
H-3	L 1	Mabelle Chadderton	12	West Norfolk	5:13.34
	L 2	Amélie Desmeules	13	Verulam	5:09.83
	L 3	Poppy Porter	13	teamipswich	5:07.90
	L 4	Lara Kelly	12	New Hall	5:07.10
	L 5	Lola Oakley	13	Norwich Swan	5:07.84
	L 6	Elissa Neo	13	Linslade	5:09.23
	L 7	Florence Gill	12	Epping For't	5:10.60
	L 8	Catherine Hatherly	12	Hatfield	5:13.46
H-4	L 1	Haylie Frew-Costa	13	Potters Bar	5:06.20
	L 2	Dorothy Thorby	13	Co Norwich	5:05.80
	L 3	Aine Coackley	12	teamipswich	5:05.60
	L 4	Dolcie Underwood	13	Dereham	5:04.69
	L 5	Freya Keeling	13	Hoddesdon	5:04.69
	L 6	Elizabeth Litvinenko	13	West Norfolk	5:05.65
	L 7	Summer Woodside	13	Co Peterboro	5:05.85
	L 8	Poppy Ellingford	13	Thurrock	5:07.00
H-5	L 1	Lyra Schultz	13	Co Cambridge	5:03.14
	L 2	Elsie Cole	13	Epping For't	5:00.50
	L 3	Tilly Howells	13	Verulam	4:59.70
	L 4	Emily Joyce	14	Biggleswade	4:58.70
	L 5	Nellie Chadderton	14	West Norfolk	4:59.18
	L 6	Katherine Love	13	Chelmsford	5:00.40
	L 7	Lena Crisp	13	Norwich Swan	5:00.51
	L 8	Nora Hughes	12	Colchester	5:03.60
H-6	L 1	Lily Chappell	14	Royston	4:58.28
	L 2	Poppy Cunningham	14	Co Peterboro	4:57.92
	L 3	Jorgie Bhasvi	13	Hatfield	4:57.54
	L 4	Charlotte Dixon	13	Hitchin	4:57.06
	L 5	Lois Alderton-Jode	14	Co Norwich	4:57.27
	L 6	Cassie Bonner	12	Epping For't	4:57.90
	L 7	Charley Taylor	14	Dereham	4:58.20
	L 8	Olivia Piaskowska	14	Dunstable	4:58.52
H-7	L 1	Sara Onobrauche	14	Hatfield	4:56.80
	L 2	Olivia Bryant	13	Stowmarket	4:56.16
	L 3	Isla Caley	14	Watford SC	4:55.90
	L 4	India Clement	14	West Suffolk	4:54.40
	L 5	Eva Jackson	14	Flitwick	4:55.23
	L 6	Olive Bailey	13	Colchester	4:56.08
	L 7	Libby Flitton	14	Dunstable	4:56.41
	L 8	Charlotte Stocks	14	Linslade	4:57.00
H-8	L 1	Olivia Stroud	14	teamipswich	4:53.89
	L 2	Elija Mickaite	14	Co Peterboro	4:52.96
	L 3	Kitty McNaughton	14	Hoddesdon	4:51.11
	L 4	Tayla Goodswen	14	Co Norwich	4:47.60
	L 5	Olivia Daniel	13	Verulam	4:48.48
	L 6	Violet Freezer	14	teamipswich	4:52.18
	L 7	Shuhan Yang	13	Colchester	4:53.20
	L 8	Tsvetina Sinapova	14	Co Norwich	4:54.10

H-9	L 1	Sydney Lewis	14	Colchester	4:45.60
	L 2	Sofia Sacoto	14	Co St Albans	4:44.06
	L 3	Alice Buckingham	13	Verulam	4:42.53
	L 4	Evie Armstrong	14	Dunstable	4:37.20
	L 5	Mia Wilson	14	Basildon Ph	4:40.12
	L 6	Addison Summers	14	Co St Albans	4:43.92
	L 7	Eliza Jennings	14	Biggleswade	4:44.70
	L 8	Skye Freeman	14	Norwich Swan	4:46.61