

Start List

Event 441 Female 15 Yrs 200m IM

Final				
L 1	Freya Hill	15	New Hall	2:40.57
L 2	Jeslene Sandhu	15	Epping For't	2:35.77
L 3	Freya Cox	15	Norwich Swan	2:33.40
L 4	Nina Allen	15	Newmarket	2:29.76
L 5	Jorja Atkinson	15	Co Cambridge	2:30.49
L 6	Heidi King	15	Hemel Hemp	2:34.43
L 7	Daisy-Mai Doel	15	Basildon Ph	2:40.09
L 8	Ruby Baxter	15	West Norfolk	2:42.58

Event 442 Female 16 Yrs 200m IM

Final				
L 1	Caitlin Stockwell	16	Co Cambridge	2:35.40
L 2	Lois Smith	16	Basildon Ph	2:33.80
L 3	Isla Stewart	16	Co Peterboro	2:30.29
L 4	Jasmine Hall	16	Basildon Ph	2:23.96
L 5	Amelia Fenner	16	Basildon Ph	2:27.76
L 6	Emma Cushion	16	Co Peterboro	2:32.59
L 7	Nicole Peddely	16	teamipswich	2:35.29
L 8	Orlagh Quarrell	16	Watford SC	2:35.86

Event 443 Female 17 Yrs/Over 200m IM

Final				
L 1	Amelia Saunders	18	Norwich Swan	2:30.04
L 2	Chloe Barnard	17	Basildon Ph	2:27.26
L 3	Jessica Medicott	19	Dunstable	2:26.36
L 4	Summer Evason	17	Watford SC	2:22.53
L 5	Lexie O'Connor	19	Basildon Ph	2:25.59
L 6	Chloe Butler	22	Norwich Swan	2:26.92
L 7	Amy Boreham	20	Watford SC	2:27.84
L 8	Poppy Magill	18	Putteridge	2:31.07

Event 444 Open/Male 15 Yrs 200m IM

Final				
L 1	Zachary Piscopo	15	Co Peterboro	2:25.53
L 2	Kameron Baker	15	Co Peterboro	2:22.83
L 3	Isaac Mendham	15	DunmowAtlant	2:20.49
L 4	Ivan Ijomoni	15	Thurrock	2:20.01
L 5	Xavier Zerban	15	Biggleswade	2:20.39
L 6	Janos Csepely	15	teamipswich	2:20.56
L 7	George Cawley	15	teamipswich	2:24.24
L 8	Ethan Woolsey	15	St Neot Swan	2:29.26

Event 445 Open/Male 16 Yrs 200m IM

Final				
L 1	Oliver Shayle	16	Co Cambridge	2:24.84
L 2	William Hughes	16	Chelmsford	2:20.94
L 3	Philip Spalding	16	Putteridge	2:20.10
L 4	Tyler Stone	16	Co Norwich	2:13.84
L 5	Stewart Butler	16	Dunstable	2:18.75
L 6	George Heather	16	Co Peterboro	2:20.45
L 7	Alexander Pattison	16	West Norfolk	2:22.17
L 8	Noah Bielby	16	Co Peterboro	2:27.37

Event 446 Open/Male 17 Yrs/Over 200m IM

Final				
L 1	Joshua Sackree	18	Co Peterboro	2:17.36
L 2	Lewis Jarrett	20	Co Norwich	2:15.61
L 3	Robert Fenner	18	Basildon Ph	2:13.85
L 4	Daniel Thompson	19	Thurrock	2:12.92
L 5	Harrison Shaw	19	Flitwick	2:13.10
L 6	Oscar Winterburn	18	teamipswich	2:15.00
L 7	Finlay German	17	Co Cambridge	2:16.51
L 8	Samuel Jeffrey	19	Hatfield	2:17.45

Event 447 Female 15 Yrs 50m Butterfly

Final				
L 1	Ayla Zolfaghari	15	Epping For't	31.04
L 2	Matilda Stokes	15	Co Peterboro	30.70
L 3	Lexie Sandiford	15	Putteridge	30.35
L 4	Olivia Bradford	15	West Norfolk	29.15
L 5	Eddie Foster	15	Bishop Stort	29.21
L 6	Jasmine Scott	15	Co St Albans	30.50
L 7	Jorja Atkinson	15	Co Cambridge	31.02
L 8	Ruby Baxter	15	West Norfolk	31.14

Event 448 Female 16 Yrs 50m Butterfly

Final				
L 1	Abigail Davis	16	Bedford SS	30.37
L 2	Amerie Njaway	16	Putteridge	30.16
L 3	Evie Greenhalf	16	Co Norwich	29.86
L 4	Amelia Fenner	16	Basildon Ph	29.00
L 5	Jasmine Hall	16	Basildon Ph	29.41
L 6	Anastasia Wall	16	Co Norwich	30.01
L 7	Naomi Rose Conday	16	Bishop Stort	30.25
L 8	Isla Stewart	16	Co Peterboro	30.52

Event 449 Female 17 Yrs/Over 50m Butterfly

Final				
L 1	Amy Boreham	20	Watford SC	30.00
L 2	Summer Evason	17	Watford SC	29.73
L 3	Sophie Palmer	17	Basildon Ph	29.30
L 4	Millie Harris	18	West Norfolk	28.10
L 5	Olivia Greenall	17	Co Norwich	28.82
L 6	Megan Pye	24	Co Norwich	29.59
L 7	Genevieve White	18	Co Cambridge	29.83
L 8	Rebecca Keetley	22	Co Cambridge	30.19

Event 450 Open/Male 15 Yrs 50m Butterfly

Final				
L 1	George Cawley	15	teamipswich	28.83
L 2	Jacob Wild	15	Newmarket	28.72
L 3	Kameron Baker	15	Co Peterboro	28.51
L 4	Zak Walker	15	Thurrock	26.83
L 5	Ivan Ijomoni	15	Thurrock	28.44
L 6	Barlow Assenheim-Keith	15	Basildon Ph	28.70
L 7	Max Duggan	15	Bishop Stort	28.74
L 8	Christian Ludwig	15	Basildon Ph	28.91

Event 451 Open/Male 16 Yrs 50m Butterfly

Final				
L 1	Harvey Atkinson	16	Colchester	28.00
L 2	George Heather	16	Co Peterboro	27.73
L 3	Haiden Hall	16	Deben	27.45
L 4	Jacob Bacon	16	Co Peterboro	26.62
L 5	Alexander Pattison	16	West Norfolk	27.30
L 6	Elliot Hall	16	Bishop Stort	27.64
L 7	Corben Gibson	16	Basildon Ph	27.84
L 8	Oliver Howard	16	Bishop Stort	28.19

Event 452 Open/Male 17 Yrs/Over 50m Butterfly

Final				
L 1	Danylo Kravchenko	17	New Hall	26.54
L 2	Oliver Pike	19	Co Norwich	26.45
L 3	Jack Abram	21	Co Norwich	26.18
L 4	Henry Dean	20	Thurrock	25.28
L 5	Oscar Winterburn	18	teamipswich	26.03
L 6	Ben Every	18	Co Norwich	26.32
L 7	Lewis Chapman	25	Stowmarket	26.51
L 8	Ronnie Edwards	18	Rochford	26.68

Event 453 Female 15 Yrs 100m Backstroke

Final				
L 1	Ava Sims	15	Chelmsford	1:12.07
L 2	Anna Zapisetskaya	15	Co St Albans	1:11.69
L 3	Rebecca Oлару	15	Chelmsford	1:10.31
L 4	Lexie Sandiford	15	Putteridge	1:07.37
L 5	Mia Nelson	15	Cheshunt	1:09.78
L 6	Lola Mitchinson	15	Thetford	1:10.42
L 7	Senudi Ratnayake	15	Norwich Swan	1:12.05
L 8	Sara Kelly	15	Colchester	1:13.05

Event 454 Female 16 Yrs 100m Backstroke

Final				
L 1	Lily Steel	16	teamipswich	1:08.66
L 2	Amerie Njaway	16	Putteridge	1:08.40
L 3	Lois Smith	16	Basildon Ph	1:07.73
L 4	Erin Barber	16	Norwich Swan	1:06.04
L 5	Emma Cushion	16	Co Peterboro	1:07.08
L 6	Emily-Grace Bentley	16	Basildon Ph	1:07.95
L 7	E Barth-Wehrenalp	16	Chelmsford	1:08.60
L 8	Naomi Rose Conday	16	Bishop Stort	1:08.92

Start List

Event 455 Female 17 Yrs/Over 100m Backstroke

Final	L 1	Erin Currie	18	Hatfield	1:08.80
	L 2	Emily Pitcher	18	Norwich Swan	1:07.66
	L 3	Nicole Maynard	17	Basildon Ph	1:07.03
	L 4	Chloe Armstrong	19	teamipswich	1:06.28
	L 5	Grace Robinson	17	Norwich Swan	1:06.94
	L 6	Amy Meyer	17	Biggleswade	1:07.50
	L 7	Isobel Mather	19	Co Cambridge	1:08.06
	L 8	Meghan Howarth Owen	17	Chelmsford	1:09.43

10 Minute Break

Event 456 Open/Male 15 Yrs 100m Backstroke

Final	L 1	Thomas Fenwick	15	Hatfield	1:06.07
	L 2	Harry Rowson	15	Putteridge	1:04.59
	L 3	Xavier Zerban	15	Biggleswade	1:02.90
	L 4	Jacopo Agosti	15	Co Cambridge	1:01.92
	L 5	Isaac Mendham	15	DunmowAtlant	1:02.80
	L 6	Jakub Cincio	15	Chelmsford	1:03.65
	L 7	Joseph Emms	15	Biggleswade	1:05.17
	L 8	Kameron Baker	15	Co Peterboro	1:06.77

Event 457 Open/Male 16 Yrs 100m Backstroke

Final	L 1	William Hughes	16	Chelmsford	1:05.62
	L 2	Kieran Ng	16	Co Peterboro	1:04.88
	L 3	Philip Spalding	16	Putteridge	1:03.75
	L 4	Jacob Bacon	16	Co Peterboro	1:00.99
	L 5	Archie Harris-Joy	16	Co Norwich	1:03.06
	L 6	Zach Montgomery	16	Norwich Swan	1:04.02
	L 7	Theo Ryan	16	West Norfolk	1:05.03
	L 8	Thomas Hale	16	DunmowAtlant	1:05.69

Event 458 Open/Male 17 /Over 100m Backstroke

Final	L 1	Joshua Parker	17	Braintree	1:00.56
	L 2	Ronnie Edwards	18	Rochford	1:00.25
	L 3	Marton Molnar	17	Co Cambridge	59.24
	L 4	Ryan Close	18	Bedford SS	58.40
	L 5	Jacob Ray	19	Basildon Ph	59.03
	L 6	Oliver Baskerville	18	Hatfield	59.64
	L 7	Freddie Gardner	20	Rochford	1:00.47
	L 8	Timon Chapman	24	Norwich Swan	1:00.67

Event 459 Female 15 Yrs 50m Breaststroke

Final	L 1	Ashleigh Fall	15	Diss Otters	36.96
	L 2	Eloise Minto	15	Chelmsford	36.81
	L 3	Freya Cox	15	Norwich Swan	35.89
	L 4	Jorja Atkinson	15	Co Cambridge	35.45
	L 5	Daisy-Mai Doel	15	Basildon Ph	35.87
	L 6	Nina Allen	15	Newmarket	36.19
	L 7	Ella Fanning	15	Flitwick	36.94
	L 8	Jeslene Sandhu	15	Epping For't	37.44

Event 460 Female 16 Yrs 50m Breaststroke

Final	L 1	Sofia Cirdei	16	Basildon Ph	38.22
	L 2	Nicole Peddelt	16	teamipswich	36.89
	L 3	Isla Stewart	16	Co Peterboro	36.03
	L 4	Alexis Johnson	16	Co Peterboro	34.71
	L 5	Devon O'Neil	16	Co Peterboro	35.52
	L 6	Evie Greenhalf	16	Co Norwich	36.61
	L 7	Caitlin Stockwell	16	Co Cambridge	37.07

Event 461 Female 17 Yrs/Over 50m Breaststroke

Final	L 1	Yan Ting Emily Pak	17	Co Cambridge	34.42
	L 2	Millie Harris	18	West Norfolk	34.02
	L 3	Caitlin Hartley	22	Hatfield	33.04
	L 4	Ashley Ransome	31	Hatfield	32.93
	L 5	Beth Young	20	Felixstowe	32.95
	L 6	Rebecca Keetley	22	Co Cambridge	33.33
	L 7	Victoria Allchome	18	Rochford	34.12
	L 8	Emily Turner	17	Harwich DP	34.96

Event 462 Open/Male 15 Yrs 50m Breaststroke

Final	L 1	Tahir Hendricks	15	Colchester	33.89
	L 2	James Peters	15	Basildon Ph	33.60
	L 3	Isaac Mendham	15	DunmowAtlant	32.33
	L 4	Josh Reed	15	Co Norwich	31.04
	L 5	Zak Walker	15	Thurrock	31.83
	L 6	Kameron Baker	15	Co Peterboro	33.16
	L 7	Charlie Ibbotson	15	West Suffolk	33.68
	L 8	Alexander Pashley	15	Co Ely	33.98

Event 463 Open/Male 16 Yrs 50m Breaststroke

Final	L 1	Oliver Shayle	16	Co Cambridge	33.33
	L 2	Alexander Pattison	16	West Norfolk	33.02
	L 3	Haiden Hall	16	Deben	32.69
	L 4	Tyler Stone	16	Co Norwich	30.56
	L 5	Edward Sun	16	Verulam	31.63
	L 6	Harry Brunton	16	Hoddesdon	32.89
	L 7	Noah Bielby	16	Co Peterboro	33.07
	L 8	Stewart Butler	16	Dunstable	33.36

Event 464 Open/Male 17 /Over 50m Breaststroke

Final	L 1	Harvey Durham	18	Co Norwich	31.19
	L 2	James Noble	24	Norwich Swan	30.71
	L 3	Reece Burns	18	Chelmsford	30.70
	L 4	James McGettigan	17	Thurrock	30.39
	L 5	Joshua Sackree	18	Co Peterboro	30.61
	L 6	Ronnie Edwards	18	Rochford	30.70
	L 7	Charlie Rogers	19	Basildon Ph	31.09
	L 8	Chun Ho Chan	17	Watford SC	31.19

Event 465 Female 15 Yrs 200m Freestyle

Final	L 1	Heidi King	15	Hemel Hemp	2:15.07
	L 2	Nina Allen	15	Newmarket	2:14.96
	L 3	Edie Foster	15	Bishop Stort	2:13.53
	L 4	Summer Smith	15	Basildon Ph	2:11.81
	L 5	Jasmine Scott	15	Co St Albans	2:12.33
	L 6	Freya Cox	15	Norwich Swan	2:14.61
	L 7	Lexie Sandiford	15	Putteridge	2:15.01
	L 8	Jorja Atkinson	15	Co Cambridge	2:15.20

Event 466 Female 16 Yrs 200m Freestyle

Final	L 1	Anastasia Wall	16	Co Norwich	2:17.16
	L 2	E Barth-Wehrenalp	16	Chelmsford	2:13.89
	L 3	Valentina Tinnirello	16	Potters Bar	2:11.62
	L 4	Amelia Fenner	16	Basildon Ph	2:08.34
	L 5	Jasmine Hall	16	Basildon Ph	2:09.04
	L 6	Naomi Rose Conday	16	Bishop Stort	2:11.81
	L 7	Freya May	16	Team Waveney	2:15.42
	L 8	Maggie Marshall	16	teamipswich	2:17.43

Event 467 Female 17 Yrs/Over 200m Freestyle

Final	L 1	Olivia Greenall	17	Co Norwich	2:11.22
	L 2	Lexie O'Connor	19	Basildon Ph	2:10.18
	L 3	Anabelle Kett	17	Co Peterboro	2:09.67
	L 4	Amy Meyer	17	Biggleswade	2:08.39
	L 5	Grace Greenhalf	19	Co Norwich	2:08.67
	L 6	Rebecca Coogan	18	Thurrock	2:09.87
	L 7	Chloe Barnard	17	Basildon Ph	2:10.37
	L 8	Amelia Porzio	18	Putteridge	2:11.24

Start List

Event 468 Open/Male 15 Yrs 200m Freestyle

Final

L 1	Jacob Wild	15	Newmarket	2:07.55
L 2	Perrin Ma	15	Hatfield	2:05.44
L 3	Xavier Zerban	15	Biggleswade	2:02.81
L 4	Ethan Knights	15	teamipswich	2:00.79
L 5	Benjamin Palmer	15	Bishop Stort	2:01.05
L 6	Janos Csepely	15	teamipswich	2:05.06
L 7	Jacob Schultz	15	Co Cambridge	2:06.52
L 8	Joseph Subba	15	Co St Albans	2:07.67

Event 469 Open/Male 16 Yrs 200m Freestyle

Final

L 1	Harvey Atkinson	16	Colchester	2:08.37
L 2	Oliver Fuller	16	Co Cambridge	2:06.32
L 3	William Hughes	16	Chelmsford	2:05.99
L 4	Tyler Stone	16	Co Norwich	2:02.47
L 5	Ethan Wallis	16	Norwich Swan	2:02.59
L 6	Stewart Butler	16	Dunstable	2:06.21
L 7	Valentino Sanders	16	DunmowAtlant	2:08.28
L 8	George Saunders	16	Co St Albans	2:08.68

Event 470 Open/Male 17 /Over 200m Freestyle

Final

L 1	Samuel Rose	23	Norwich Swan	2:00.29
L 2	Adam O'Neal	18	Bedford SS	1:59.01
L 3	Daniel Belsey	18	Hatfield	1:58.50
L 4	Oscar Hunter	17	Norwich Swan	1:56.60
L 5	Alexander Volkovoy	21	Co Cambridge	1:57.51
L 6	Zak Fellows	17	Co St Albans	1:58.84
L 7	Ryan Wall	19	Co Cambridge	1:59.35
L 8	Robert Fenner	18	Basildon Ph	2:00.36