

### **EVENT 221 Open/Male 100m Breaststroke**

#### **15 Yrs Age Group - Full Results**

| Place | Name                | AaD | Club         | Class | Time    | WA Pts |
|-------|---------------------|-----|--------------|-------|---------|--------|
| 1.    | Josh Reed           | 15  | Co Norwich   |       | 1:10.80 | 518    |
| 2.    | Zak Walker          | 15  | Thurrock     |       | 1:12.96 | 473    |
| 3.    | Kameron Baker       | 15  | Co Peterboro |       | 1:13.10 | 471    |
| 4.    | Luke Toland         | 15  | Flitwick     |       | 1:13.33 | 466    |
| 5.    | Tahir Hendricks     | 15  | Colchester   |       | 1:13.38 | 465    |
| 6.    | James Peters        | 15  | Basildon Ph  |       | 1:13.79 | 458    |
| 7.    | George Cawley       | 15  | teamipswich  |       | 1:14.53 | 444    |
| 8.    | Janos Csepely       | 15  | teamipswich  |       | 1:14.73 | 440    |
| 9.    | Adam Hele           | 15  | Verulam      |       | 1:15.35 | 430    |
| 10.   | Ethan Woolsey       | 15  | St Neot Swan |       | 1:15.92 | 420    |
| 11.   | Nursultan Pimazarov | 15  | Rick'worth   |       | 1:16.16 | 416    |
| 12.   | Charlie Ibbotson    | 15  | West Suffolk |       | 1:16.22 | 415    |
| 13.   | Brandon Crees       | 15  | New Hall     |       | 1:16.61 | 409    |
| 14.   | Angus Cheng         | 15  | Co St Albans |       | 1:17.12 | 401    |
| 15.   | Alexander Pashley   | 15  | Co Ely       |       | 1:17.38 | 397    |
| 16.   | Harry Rowson        | 15  | Putteridge   |       | 1:18.12 | 386    |
| 17.   | James Everett       | 15  | West Suffolk |       | 1:18.59 | 379    |
| 18.   | Zachary Piscopo     | 15  | Co Peterboro |       | 1:19.63 | 364    |
| 19.   | Rejus Mazeika       | 15  | West Norfolk |       | 1:20.39 | 354    |

#### **16 Yrs Age Group - Full Results**

| Place | Name                | AaD | Club         | Class | Time    | WA Pts |
|-------|---------------------|-----|--------------|-------|---------|--------|
| 1.    | Tyler Stone         | 16  | Co Norwich   |       | 1:06.83 | 616    |
| 2.    | Noah Bielby         | 16  | Co Peterboro |       | 1:09.96 | 537    |
| 3.    | George Heather      | 16  | Co Peterboro |       | 1:10.08 | 534    |
| 4.    | Edward Sun          | 16  | Verulam      |       | 1:11.22 | 509    |
| 5.    | Stewart Butler      | 16  | Dunstable    |       | 1:11.63 | 500    |
| 6.    | Oliver Shayle       | 16  | Co Cambridge |       | 1:11.90 | 495    |
| 7.    | Rafael Corliano     | 16  | Co Cambridge |       | 1:12.91 | 474    |
| 8.    | Joshua Meyer        | 16  | Witham Dolph |       | 1:13.46 | 464    |
| 9.    | Gabriel Taggart     | 16  | Watford SC   |       | 1:14.19 | 450    |
| 10.   | Haideen Hall        | 16  | Deben        |       | 1:14.27 | 449    |
| 11.   | Harry Brunton       | 16  | Hoddesdon    |       | 1:14.37 | 447    |
| 12.   | George Pike         | 16  | Co Norwich   |       | 1:15.48 | 427    |
| 13.   | Alexander Pattison  | 16  | West Norfolk |       | 1:15.53 | 427    |
| 14.   | Luca Baumslag-Grisi | 16  | Basildon Ph  |       | 1:15.76 | 423    |
| 15.   | Kai Patel           | 16  | Thurrock     |       | 1:16.13 | 417    |
| 16.   | Jesse Howard        | 16  | Hoddesdon    |       | 1:16.28 | 414    |
| 17.   | Veljko Zivko        | 16  | Bedford SS   |       | 1:16.31 | 414    |
| 18.   | Josh Black          | 16  | Co Cambridge |       | 1:16.70 | 407    |
| 19.   | Riley Cuthbert      | 16  | Stevenage    |       | 1:17.26 | 399    |
| 20.   | Zachary Fraser      | 16  | Co Peterboro |       | 1:19.09 | 371    |

#### **17 Yrs/Over Age Group - Full Results**

| Place | Name                 | AaD | Club         | Class | Time    | WA Pts |
|-------|----------------------|-----|--------------|-------|---------|--------|
| 1.    | Charlie Rogers       | 19  | Basildon Ph  |       | 1:06.97 | 612    |
| 2.    | Charlie Ruddell      | 17  | teamipswich  |       | 1:07.21 | 606    |
| 3.    | James McGettigan     | 17  | Thurrock     |       | 1:07.65 | 594    |
| 4.    | Cub Maddison         | 20  | Putteridge   |       | 1:07.92 | 587    |
| 5.    | Reece Burns          | 18  | Chelmsford   |       | 1:08.04 | 584    |
| 6.    | Harvey Durham        | 18  | Co Norwich   |       | 1:08.90 | 562    |
| 7.    | Chun Ho Chan         | 17  | Watford SC   |       | 1:08.94 | 561    |
| 8.    | George Prince        | 18  | Putteridge   |       | 1:10.13 | 533    |
| 9.    | Joshua Jones         | 17  | West Norfolk |       | 1:10.22 | 531    |
| 10.   | Lewis Jarrett        | 20  | Co Norwich   |       | 1:10.36 | 528    |
| 11.   | Szymon Pierzecki     | 17  | Witham Dolph |       | 1:10.83 | 517    |
| 12.   | Alexander Ball       | 19  | Potters Bar  |       | 1:11.21 | 509    |
| 13.   | Thomas Baxter        | 17  | West Norfolk |       | 1:11.22 | 509    |
| 14.   | Jack Peters          | 17  | Basildon Ph  |       | 1:11.34 | 506    |
| 15.   | Lewis Chapman        | 25  | Stowmarket   |       | 1:11.47 | 504    |
| 16.   | Maximus Atkin        | 17  | Linslade     |       | 1:11.72 | 498    |
| 17.   | Cillian O'Brien      | 18  | Co Ely       |       | 1:11.96 | 493    |
| 18.   | Luke Payne           | 22  | Hatfield     |       | 1:12.02 | 492    |
| 19.   | Dougie Parsons       | 18  | Rochford     |       | 1:12.13 | 490    |
| 20.   | Adam Hazlewood       | 22  | Putteridge   |       | 1:12.16 | 489    |
| 21.   | Jeremy Godwin        | 17  | Thurrock     |       | 1:12.58 | 481    |
| 22.   | Robert Elliston      | 20  | Braintree    |       | 1:12.64 | 480    |
| 23.   | George Little        | 18  | Bedford SS   |       | 1:12.89 | 475    |
| 24.   | Daniel De Filippo    | 17  | Flitwick     |       | 1:13.34 | 466    |
| 24.   | Rhys Burrell         | 19  | West Norfolk |       | 1:13.34 | 466    |
| 26.   | Matthew Debenham     | 22  | Stowmarket   |       | 1:13.38 | 465    |
| 27.   | Matthew McLaughlin   | 33  | Bishop Stort |       | 1:13.58 | 461    |
| 28.   | James Clay           | 21  | Stowmarket   |       | 1:13.79 | 458    |
| 29.   | William Presland     | 21  | Watford SC   |       | 1:14.14 | 451    |
| 30.   | Dmitrijs Gracovs     | 17  | DunmowAtlant |       | 1:14.22 | 450    |
| 31.   | Thomas-Arthur Jagger | 17  | West Norfolk |       | 1:14.44 | 446    |
| 32.   | Sebastian Reynolds   | 18  | teamipswich  |       | 1:14.57 | 443    |

# Swim England East Region 2026 Long Course Championships Results Session Three

|                         |    |              |            |     |
|-------------------------|----|--------------|------------|-----|
| 33. George Everett      | 17 | West Suffolk | 1:15.17    | 433 |
| 34. Lewis Perry         | 17 | Watford SC   | 1:15.21    | 432 |
| 35. Oscar McKern        | 17 | Verulam      | 1:15.24    | 432 |
| 36. Thomas Lloyd        | 18 | Rochford     | 1:15.40    | 429 |
| 37. Alexander Gregory   | 18 | Stevenage    | 1:15.93    | 420 |
| 38. Seth Pollard-Lau    | 17 | Watford SC   | 1:16.24    | 415 |
| 39. Joshua Marshall     | 21 | St Ives      | 1:16.26    | 414 |
| 40. Solomon Dent        | 17 | Bedford SS   | 1:16.60    | 409 |
| 41. Oliver Fenwick      | 17 | Hatfield     | 1:16.86    | 405 |
| 42. Corey Hare          | 20 | Deben        | 14 1:23.26 | 318 |
| 43. Harry Arnold-Pepper | 18 | Co Cambridge | 8 1:27.98  | 270 |

Combined Result - Multi-Classification by AGB Para Swimming Points

| Place | Name                | AaD | Club         | Class | Time    | BDPoints |
|-------|---------------------|-----|--------------|-------|---------|----------|
| 1.    | Corey Hare          | 20  | Deben        | 14    | 1:23.26 | 448      |
| 2.    | Harry Arnold-Pepper | 18  | Co Cambridge | 8     | 1:27.98 | 446      |

## Withdrawals by 13:40

### ***EVENT 222 Female 200m Breaststroke***

#### **15 Yrs Age Group - Full Results**

| Place | Name               | AaD | Club         | Time    | WA Pts | 100     |
|-------|--------------------|-----|--------------|---------|--------|---------|
| 1.    | Jorja Atkinson     | 15  | Co Cambridge | 2:44.89 | 580    | 1:18.58 |
| 2.    | Nina Allen         | 15  | Newmarket    | 2:45.65 | 572    | 1:19.06 |
| 3.    | Daisy-Mai Doel     | 15  | Basildon Ph  | 2:49.88 | 530    | 1:21.00 |
| 4.    | Jeslene Sandhu     | 15  | Epping For't | 2:54.57 | 489    | 1:24.96 |
| 5.    | Isabella Helliwell | 15  | Basildon Ph  | 2:56.40 | 474    | 1:23.87 |
| 6.    | Mollie Bird        | 15  | Colchester   | 3:00.03 | 446    | 1:25.28 |
| 7.    | Abi Perry          | 15  | Dunstable    | 3:01.31 | 436    | 1:25.51 |
| 8.    | Poppy Ryan         | 15  | Wisbech      | 3:01.67 | 434    | 1:27.61 |
| 9.    | Freya Hill         | 15  | New Hall     | 3:01.91 | 432    | 1:28.65 |
| 10.   | Emily Bridges      | 15  | Co Peterboro | 3:03.92 | 418    | 1:29.05 |
| 11.   | Myla Xia           | 15  | Royston      | 3:04.31 | 415    | 1:26.74 |
| 12.   | Chloe Lee          | 15  | Basildon Ph  | 3:05.87 | 405    | 1:30.65 |
| 13.   | Tali Froome        | 15  | Harpندن      | 3:07.13 | 397    | 1:30.96 |
| 14.   | Ashleigh Fall      | 15  | Diss Otters  | 3:07.46 | 395    | 1:28.42 |
| 15.   | Genna Lee          | 15  | DunmowAtlant | 3:08.25 | 390    | 1:30.27 |

#### **16 Yrs Age Group - Full Results**

| Place | Name              | AaD | Club         | Time    | WA Pts | 100     |
|-------|-------------------|-----|--------------|---------|--------|---------|
| 1.    | Isla Stewart      | 16  | Co Peterboro | 2:42.16 | 610    | 1:17.87 |
| 2.    | Alexis Johnson    | 16  | Co Peterboro | 2:47.73 | 551    | 1:20.42 |
| 3.    | Caitlin Stockwell | 16  | Co Cambridge | 2:50.14 | 528    | 1:20.91 |
| 4.    | Devon O'Neil      | 16  | Co Peterboro | 2:55.06 | 485    | 1:22.44 |
| 5.    | Nicole Peddelty   | 16  | teamipswich  | 2:56.38 | 474    | 1:23.52 |
| 6.    | Tyra Sajudeen     | 16  | Co Cambridge | 2:57.15 | 468    | 1:26.44 |
| 7.    | Evie Greenhalf    | 16  | Co Norwich   | 2:57.87 | 462    | 1:23.03 |
| 8.    | Elizabeth Feld    | 16  | Chelmsford   | 2:58.95 | 454    | 1:25.29 |
| 9.    | Orlagh Quarrell   | 16  | Watford SC   | 2:59.38 | 450    | 1:26.68 |
| 10.   | Mimi Clinch       | 16  | Co St Albans | 3:07.05 | 397    | 1:26.17 |
| 11.   | Molly Greatbatch  | 16  | Bishop Stort | 3:09.04 | 385    | 1:30.77 |
| 12.   | Amy Thomsit       | 16  | Hemel Hemp   | 3:10.36 | 377    | 1:30.61 |

#### **17 Yrs/Over Age Group - Full Results**

| Place | Name                | AaD | Club         | Time    | WA Pts | 100     |
|-------|---------------------|-----|--------------|---------|--------|---------|
| 1.    | Caitlin Hartley     | 22  | Hatfield     | 2:37.83 | 661    | 1:15.28 |
| 2.    | Chloe Butler        | 22  | Norwich Swan | 2:39.95 | 635    | 1:16.12 |
| 3.    | Ellen Eccleston     | 19  | Co Norwich   | 2:40.04 | 634    | 1:17.17 |
| 4.    | Lexie O'Connor      | 19  | Basildon Ph  | 2:40.96 | 624    | 1:18.70 |
| 5.    | Summer Evason       | 17  | Watford SC   | 2:41.98 | 612    | 1:18.84 |
| 6.    | Rebecca Keetley     | 22  | Co Cambridge | 2:43.41 | 596    | 1:18.15 |
| 7.    | Georgina Hamilton   | 18  | Co St Albans | 2:44.99 | 579    | 1:20.08 |
| 8.    | Charlisie Harding   | 17  | Norwich Swan | 2:45.82 | 570    | 1:21.38 |
| 9.    | Isabella Porzio     | 22  | Putteridge   | 2:46.22 | 566    | 1:19.11 |
| 10.   | Sophie Payne        | 24  | Putteridge   | 2:48.78 | 541    | 1:20.91 |
| 11.   | Sarah O'Brien       | 30  | West Norfolk | 2:49.24 | 536    | 1:20.03 |
| 12.   | Alice Watts         | 18  | Co Cambridge | 2:49.34 | 535    | 1:23.41 |
| 13.   | Isabel White        | 17  | Biggleswade  | 2:50.68 | 523    | 1:23.75 |
| 14.   | Poppy Magill        | 18  | Putteridge   | 2:53.72 | 496    | 1:24.23 |
| 15.   | Amelia Murphy       | 19  | Witham Dolph | 2:56.79 | 470    | 1:24.70 |
| 16.   | Bethany Crawley     | 18  | teamipswich  | 2:57.18 | 467    | 1:24.58 |
| 17.   | Mia Gray            | 18  | Norwich Swan | 2:57.58 | 464    | 1:25.09 |
| 18.   | Yan Ting Emily Pak  | 17  | Co Cambridge | 2:57.84 | 462    | 1:22.24 |
| 19.   | Chloe Sanders       | 17  | Bishop Stort | 3:00.23 | 444    | 1:24.48 |
| 20.   | Kiera Broad         | 18  | Newmarket    | 3:01.40 | 435    | 1:24.23 |
| 21.   | Hannah Lovelock     | 18  | Hitchin      | 3:02.05 | 431    | 1:25.50 |
| 22.   | I Stratton-Thomsett | 17  | Chelmsford   | 3:04.48 | 414    | 1:29.28 |
| 23.   | Holly Larbey        | 19  | Biggleswade  | 3:07.70 | 393    | 1:27.59 |

# Withdrawals by 14:15

### ***EVENT 223 Open/Male 100m Freestyle***

#### **15 Yrs Age Group - Full Results**

| Place | Name              | AaD | Club         | Class   | Time  | WA Pts |
|-------|-------------------|-----|--------------|---------|-------|--------|
| 1.    | Ethan Knights     | 15  | teamipswich  |         | 55.83 | 574    |
| 2.    | Benjamin Palmer   | 15  | Bishop Stort |         | 56.35 | 558    |
| 3.    | Ivan Ijmoni       | 15  | Thurrock     |         | 56.38 | 557    |
| 4.    | Xavier Zerban     | 15  | Biggleswade  |         | 56.50 | 553    |
| 5.    | Jacob Wild        | 15  | Newmarket    |         | 56.92 | 541    |
| 6.    | Jacob Schultz     | 15  | Co Cambridge |         | 57.13 | 535    |
| 7.    | Zak Walker        | 15  | Thurrock     |         | 57.59 | 523    |
| 8.    | George Cawley     | 15  | teamipswich  |         | 58.28 | 504    |
| 9.    | Albert Crotty     | 15  | Royston      |         | 58.33 | 503    |
| 10.   | Ricards Korotkihs | 15  | teamipswich  |         | 58.72 | 493    |
| 11.   | Angus Cheng       | 15  | Co St Albans |         | 58.78 | 491    |
| 12.   | Perrin Ma         | 15  | Hatfield     |         | 58.83 | 490    |
| 13.   | Chiu Ki Cheng     | 15  | Co St Albans |         | 58.85 | 490    |
| 14.   | Christian Ludwig  | 15  | Basildon Ph  |         | 58.87 | 489    |
| 15.   | Brandon Crees     | 15  | New Hall     | 1:01.15 |       | 436    |
|       | Jacob Sugden      | 15  | New Hall     | DNC     |       |        |

#### **16 Yrs Age Group - Full Results**

| Place | Name                | AaD | Club         | Class | Time    | WA Pts |
|-------|---------------------|-----|--------------|-------|---------|--------|
| 1.    | Archie Tebbutt      | 16  | Colchester   |       | 53.11   | 666    |
| 2.    | Tyler Stone         | 16  | Co Norwich   |       | 54.99   | 600    |
| 3.    | Haiden Hall         | 16  | Deben        |       | 55.47   | 585    |
| 4.    | Elliot Hall         | 16  | Bishop Stort |       | 55.51   | 584    |
| 5.    | Ethan Wallis        | 16  | Norwich Swan |       | 56.53   | 552    |
| 6.    | Frankie Francis     | 16  | Harpenden    |       | 56.62   | 550    |
| 7.    | Cheuk-Kin Lau       | 16  | Co St Albans |       | 56.65   | 549    |
| 8.    | George Heather      | 16  | Co Peterboro |       | 56.75   | 546    |
| 9.    | Rafael Corliano     | 16  | Co Cambridge |       | 56.78   | 545    |
| 10.   | Oliver Fuller       | 16  | Co Cambridge |       | 57.08   | 537    |
| 11.   | Corben Gibson       | 16  | Basildon Ph  |       | 57.33   | 530    |
| 12.   | Otto Wathen         | 16  | Co Norwich   |       | 57.43   | 527    |
| 13.   | Joseph Bagshaw      | 16  | Stevenage    |       | 57.48   | 526    |
| 14.   | Mikhail Zharinov    | 16  | Hitchin      |       | 57.58   | 523    |
| 15.   | Luca Baumslag-Grisi | 16  | Basildon Ph  |       | 57.67   | 520    |
| 16.   | Stewart Butler      | 16  | Dunstable    |       | 57.76   | 518    |
| 17.   | Oliver Meier        | 16  | Biggleswade  |       | 58.66   | 494    |
| 18.   | Kieran Ng           | 16  | Co Peterboro |       | 59.08   | 484    |
| 19.   | Hughey Sullivan     | 16  | DunmowAtlant |       | 59.74   | 468    |
| 20.   | Niccolo Camilotti   | 16  | Hatfield     |       | 59.75   | 468    |
| 21.   | Kai Patel           | 16  | Thurrock     |       | 59.81   | 466    |
| 21.   | Charlie Birdsall    | 16  | Co Cambridge |       | 59.81   | 466    |
| 23.   | Julian Aldred       | 16  | Co Cambridge | 5     | 2:07.00 | 48     |

#### **17 Yrs/Over Age Group - Full Results**

| Place | Name               | AaD | Club         | Class | Time  | WA Pts |
|-------|--------------------|-----|--------------|-------|-------|--------|
| 1.    | Alexander Volkovoy | 21  | Co Cambridge |       | 52.54 | 688    |
| 2.    | Freddie Gardner    | 20  | Rochford     |       | 52.74 | 680    |
| 3.    | Jacob Ray          | 19  | Basildon Ph  |       | 52.76 | 680    |
| 4.    | Joshua Parker      | 17  | Braintree    |       | 52.77 | 679    |
| 5.    | Ben Every          | 18  | Co Norwich   |       | 52.83 | 677    |
| 6.    | Matthew Wright     | 28  | Team Luton   |       | 52.89 | 675    |
| 7.    | Oscar Hunter       | 17  | Norwich Swan |       | 53.13 | 666    |
| 8.    | Ronnie Edwards     | 18  | Rochford     |       | 53.17 | 664    |
| 9.    | Luke Tunstal       | 21  | Co Peterboro |       | 53.19 | 663    |
| 10.   | Evan McQuade       | 18  | DunmowAtlant |       | 53.52 | 651    |
| 11.   | Samuel Rose        | 23  | Norwich Swan |       | 53.66 | 646    |
| 12.   | Daniel Belsey      | 18  | Hatfield     |       | 53.69 | 645    |
| 13.   | Adam O'Neal        | 18  | Bedford SS   |       | 53.81 | 641    |
| 14.   | Jack Abram         | 21  | Co Norwich   |       | 53.90 | 637    |
| 15.   | Oliver Baskerville | 18  | Hatfield     |       | 54.29 | 624    |
| 16.   | Frank Lamb         | 17  | Co Peterboro |       | 54.33 | 622    |
| 17.   | Dylan Davenport    | 17  | Bishop Stort |       | 54.55 | 615    |
| 18.   | Ellis McQuade      | 20  | DunmowAtlant |       | 54.74 | 609    |
| 19.   | Maxwell Hozier     | 17  | Hoddesdon    |       | 54.83 | 606    |
| 20.   | Ben Davison        | 21  | Hatfield     |       | 54.94 | 602    |
| 21.   | Danylo Kravchenko  | 17  | New Hall     |       | 55.26 | 591    |
| 22.   | Callum Cox         | 20  | Co Norwich   |       | 55.51 | 584    |
| 23.   | Billy Cyl          | 18  | Hoddesdon    |       | 55.59 | 581    |
| 24.   | Jack Pallant       | 22  | Team Waveney |       | 55.62 | 580    |
| 25.   | Erik Enslin        | 20  | Basildon Ph  |       | 55.69 | 578    |
| 26.   | Alfie Murdoch      | 18  | Rochford     |       | 55.92 | 571    |
| 26.   | Kian Lee           | 18  | Co Peterboro |       | 55.92 | 571    |
| 28.   | Luke Burnard       | 17  | Co St Albans |       | 55.97 | 569    |
| 29.   | Jude Staton        | 18  | Co Peterboro |       | 56.10 | 565    |
| 30.   | Emilio Knock       | 21  | Norwich Swan |       | 56.20 | 562    |
| 31.   | Kets Yah-Khai      | 17  | Hatfield     |       | 56.21 | 562    |
| 32.   | Jude Gunner        | 17  | Norwich Swan | 14    | 56.23 | 561    |

# Swim England East Region 2026 Long Course Championships Results Session Three

|                         |                 |            |     |
|-------------------------|-----------------|------------|-----|
| 33. Luke Morley         | 19 Hitchin      | 56.24      | 561 |
| 34. Thomas Garnett      | 19 West Norfolk | 56.26      | 560 |
| 35. Daniel Grimmer      | 20 West Norfolk | 56.28      | 560 |
| 36. Alfie Page          | 17 Co Cambridge | 56.38      | 557 |
| 37. Norbert Kadar       | 17 Co Cambridge | 56.50      | 553 |
| 38. Frank Jacob         | 17 Co Cambridge | 56.78      | 545 |
| 39. Finlay Neve         | 18 Co Norwich   | 56.79      | 545 |
| 40. Harry Phelan        | 17 Basildon Ph  | 56.81      | 544 |
| 41. Alfie Bullock       | 18 Cheshunt     | 56.86      | 543 |
| 42. Marcus King         | 18 Putteridge   | 56.92      | 541 |
| 43. Naim Harvey         | 18 Basildon Ph  | 57.12      | 536 |
| 44. Finlay Roberts      | 17 Witham Dolph | 57.13      | 535 |
| 45. Lucas Dyson-Diaz    | 26 Hatfield     | 57.25      | 532 |
| 46. William Ward        | 17 Hoddesdon    | 57.40      | 528 |
| 47. Oscar McKern        | 17 Verulam      | 57.43      | 527 |
| 48. Hugo Arthey         | 17 Deben        | 57.44      | 527 |
| 49. Daniel De Filippo   | 17 Flitwick     | 57.46      | 526 |
| 50. George Pilcher      | 19 Co Peterboro | 57.84      | 516 |
| 51. Nonso Nwabueze      | 17 Basildon Ph  | 58.05      | 510 |
| 52. Reece Burns         | 18 Chelmsford   | 58.19      | 507 |
| 53. Robert Addis        | 22 West Norfolk | 59.70      | 469 |
| 54. Roan Brennan        | 20 Basildon Ph  | 10 1:00.59 | 449 |
| 55. Corey Hare          | 20 Deben        | 14 1:01.37 | 432 |
| 56. Harry Arnold-Pepper | 18 Co Cambridge | 9 1:13.05  | 256 |
| 57. Mark Evens          | 30 Hitchin      | 14 1:13.41 | 252 |
| 58. Cameron Connelly    | 21 Flitwick     | 8 1:20.38  | 192 |
| 59. Jacob Dessoy        | 18 Thurrock     | 8 1:27.71  | 148 |
| Nathan Birchenough      | 19 Norwich Swan | DQ         |     |

Combined Result - Multi-Classification by AGB Para Swimming Points

| Place | Name                | AaD | Club         | Class | Time    | BDPoints |
|-------|---------------------|-----|--------------|-------|---------|----------|
| 1.    | Jude Gunner         | 17  | Norwich Swan | 14    | 56.23   | 769      |
| 2.    | Corey Hare          | 20  | Deben        | 14    | 1:01.37 | 591      |
| 3.    | Roan Brennan        | 20  | Basildon Ph  | 10    | 1:00.59 | 583      |
| 4.    | Cameron Connelly    | 21  | Flitwick     | 8     | 1:20.38 | 369      |
| 5.    | Harry Arnold-Pepper | 18  | Co Cambridge | 9     | 1:13.05 | 365      |
| 6.    | Mark Evens          | 30  | Hitchin      | 14    | 1:13.41 | 345      |
| 7.    | Jacob Dessoy        | 18  | Thurrock     | 8     | 1:27.71 | 284      |
| 8.    | Julian Aldred       | 16  | Co Cambridge | 5     | 2:07.00 | 160      |

## Withdrawals by 14:55

### ***EVENT 224 Female 50m Freestyle***

#### **15 Yrs Age Group - Full Results**

| Place | Name               | AaD | Club         | Class | Time  | WA Pts |
|-------|--------------------|-----|--------------|-------|-------|--------|
| 1.    | Edie Foster        | 15  | Bishop Stort |       | 27.48 | 634    |
| 2.    | Tia Sammut         | 15  | Bedford SS   |       | 27.68 | 620    |
| 3.    | Kitty Lamb         | 15  | Co Peterboro |       | 27.73 | 617    |
| 4.    | Olivia Bradford    | 15  | West Norfolk |       | 28.06 | 595    |
| 5.    | Freya Cox          | 15  | Norwich Swan |       | 28.33 | 578    |
| 6.    | Lexie Sandiford    | 15  | Putteridge   |       | 28.35 | 577    |
| 7.    | Defne Ece Sakarya  | 15  | Norwich Swan |       | 28.64 | 560    |
| 8.    | Heidi King         | 15  | Hemel Hemp   |       | 28.75 | 553    |
| 9.    | Jorja Atkinson     | 15  | Co Cambridge |       | 28.79 | 551    |
| 10.   | Genna Lee          | 15  | DunmowAtlant |       | 28.90 | 545    |
| 11.   | Ruby Baxter        | 15  | West Norfolk |       | 28.92 | 544    |
| 11.   | Nina Allen         | 15  | Newmarket    |       | 28.92 | 544    |
| 13.   | Beau Waterhouse    | 15  | Newmarket    |       | 28.98 | 540    |
| 14.   | Catherine Mitchell | 15  | Co Norwich   |       | 29.02 | 538    |
| 15.   | Isabella Da Silva  | 15  | Basildon Ph  |       | 29.04 | 537    |
| 16.   | Esmay Smith        | 15  | Wisbech      |       | 29.07 | 535    |
| 17.   | Hermione Harvey    | 15  | Norwich Swan |       | 29.24 | 526    |
| 18.   | Amelia Matthews    | 15  | DunmowAtlant |       | 29.38 | 518    |
| 19.   | Rebecca Oлару      | 15  | Chelmsford   |       | 29.40 | 517    |
| 20.   | Senudi Ratnayake   | 15  | Norwich Swan |       | 29.44 | 515    |
| 21.   | Lola Mitchinson    | 15  | Thetford     |       | 29.45 | 515    |
| 21.   | Anna Zapisetskaya  | 15  | Co St Albans |       | 29.45 | 515    |
| 23.   | Ayla Zolfaghari    | 15  | Epping For't |       | 29.54 | 510    |
| 24.   | Ella Fanning       | 15  | Flitwick     |       | 29.56 | 509    |
| 25.   | Emilia Cass        | 15  | Bishop Stort |       | 29.61 | 506    |
| 26.   | Anna Regan         | 15  | Bo Southend  |       | 29.65 | 504    |
| 27.   | Matilda Stokes     | 15  | Co Peterboro |       | 29.69 | 502    |
| 28.   | Sara Kelly         | 15  | Colchester   |       | 29.84 | 495    |
| 29.   | Amelia Garnham     | 15  | teamipswich  |       | 29.86 | 494    |
| 30.   | Maelys Jacquet     | 15  | Deben        |       | 30.00 | 487    |

#### **16 Yrs Age Group - Full Results**

| Place | Name                 | AaD | Club         | Class | Time  | WA Pts |
|-------|----------------------|-----|--------------|-------|-------|--------|
| 1.    | Naomi Rose Conday    | 16  | Bishop Stort |       | 27.24 | 651    |
| 2.    | Jasmine Hall         | 16  | Basildon Ph  |       | 27.65 | 622    |
| 3.    | Erin Barber          | 16  | Norwich Swan |       | 27.76 | 615    |
| 4.    | Emily-Grace Bentley  | 16  | Basildon Ph  |       | 27.83 | 610    |
| 5.    | Kenzie Bradshaw      | 16  | Hertford     |       | 27.89 | 606    |
| 6.    | Amerie Njaway        | 16  | Putteridge   |       | 27.95 | 602    |
| 7.    | Amelia Fenner        | 16  | Basildon Ph  |       | 28.09 | 593    |
| 8.    | Valentina Tinnirello | 16  | Potters Bar  |       | 28.64 | 560    |
| 9.    | Evie Greenhalf       | 16  | Co Norwich   |       | 28.65 | 559    |
| 10.   | Anastasja Wall       | 16  | Co Norwich   |       | 28.73 | 554    |
| 11.   | Leni Ward            | 16  | Hitchin      |       | 29.04 | 537    |
| 12.   | Annabelle Smith      | 16  | Co Ely       |       | 29.06 | 536    |
| 13.   | Sophie Wilson        | 16  | Rochford     |       | 29.13 | 532    |
| 14.   | Orlagh Quarrell      | 16  | Watford SC   |       | 29.25 | 525    |
| 15.   | Charlotte Jenkinson  | 16  | Co Peterboro |       | 29.26 | 525    |
| 16.   | Maggie Marshall      | 16  | teamipswich  |       | 29.31 | 522    |
| 17.   | Freya May            | 16  | Team Waveney |       | 29.41 | 517    |
| 18.   | Alexandra Hurley     | 16  | Co Cambridge |       | 29.46 | 514    |
| 19.   | Lilia Thorne         | 16  | Ware         |       | 29.47 | 514    |
| 19.   | Olivia Dsouza        | 16  | Co Ely       |       | 29.47 | 514    |
| 21.   | Tehya Robertson      | 16  | Co St Albans |       | 29.52 | 511    |
| 22.   | Charlotte Belcher    | 16  | Bedford SS   |       | 29.55 | 510    |
| 23.   | E Barth-Wehrenalp    | 16  | Chelmsford   |       | 29.57 | 509    |
| 24.   | Amy Thomsit          | 16  | Hemel Hemp   |       | 29.62 | 506    |
| 25.   | Mimi Clinch          | 16  | Co St Albans |       | 29.65 | 504    |
| 26.   | Holly Shepherd       | 16  | Canvey Isl   |       | 29.82 | 496    |
| 27.   | Florence Whittaker   | 16  | Biggleswade  |       | 30.16 | 479    |
| 28.   | Lily Steel           | 16  | teamipswich  |       | 30.47 | 465    |
| 29.   | Elizabeth Pert       | 16  | Norwich Swan |       | 30.79 | 450    |
| 30.   | Jessica Gooden       | 16  | Co Cambridge | 14    | 36.33 | 274    |

**17 Yrs/Over Age Group - Full Results**

| Place | Name                  | AaD | Club         | Class | Time  | WA Pts |
|-------|-----------------------|-----|--------------|-------|-------|--------|
| 1.    | Millie Harris         | 18  | West Norfolk |       | 26.87 | 678    |
| 2.    | Grace Greenhalf       | 19  | Co Norwich   |       | 27.27 | 648    |
| 3.    | Katerina Di Maria     | 18  | Co Norwich   |       | 27.36 | 642    |
| 4.    | Daisy Russell         | 18  | DunmowAtlant |       | 27.72 | 617    |
| 5.    | Sophie Palmer         | 17  | Basildon Ph  |       | 27.79 | 613    |
| 6.    | Summer Evason         | 17  | Watford SC   |       | 27.80 | 612    |
| 7.    | Freya Hadnutt         | 18  | Bishop Stort |       | 27.83 | 610    |
| 8.    | Olivia Greenall       | 17  | Co Norwich   |       | 27.94 | 603    |
|       |                       |     |              |       |       |        |
| 9.    | Genevieve White       | 18  | Co Cambridge |       | 28.03 | 597    |
| 10.   | Bethany Rumsby        | 17  | Norwich Swan |       | 28.07 | 595    |
|       |                       |     |              |       |       |        |
| 11.   | Emily Pitcher         | 18  | Norwich Swan |       | 28.26 | 583    |
| 12.   | Nicole Maynard        | 17  | Basildon Ph  |       | 28.28 | 581    |
| 13.   | Chloe Armstrong       | 19  | teamipswich  |       | 28.29 | 581    |
| 14.   | Sophie Siong          | 21  | Co Norwich   |       | 28.35 | 577    |
| 15.   | Isabel Thomas         | 18  | Newmarket    |       | 28.36 | 576    |
| 16.   | Rebecca Coogan        | 18  | Thurrock     |       | 28.41 | 573    |
| 17.   | Amy Boreham           | 20  | Watford SC   |       | 28.48 | 569    |
| 17.   | Katie Jeffrey         | 22  | Hatfield     |       | 28.48 | 569    |
| 19.   | Erin Woodrow          | 19  | West Norfolk |       | 28.55 | 565    |
| 20.   | Georgina Munday       | 22  | Biggleswade  |       | 28.69 | 557    |
| 21.   | Lucy Peterson         | 17  | Stevenage    |       | 28.70 | 556    |
| 22.   | Ellie Catchpole       | 20  | Leiston      |       | 28.75 | 553    |
| 23.   | Erin Currie           | 18  | Hatfield     |       | 28.78 | 552    |
| 24.   | Lauren Stott          | 24  | Co St Albans |       | 28.80 | 550    |
| 25.   | Teah Gregory          | 18  | Stevenage    |       | 28.81 | 550    |
| 26.   | Lyla Ffello           | 17  | Co Norwich   |       | 28.86 | 547    |
| 27.   | Alice Watts           | 18  | Co Cambridge |       | 28.95 | 542    |
| 28.   | Gabriela Allchome     | 18  | Rochford     |       | 28.96 | 541    |
| 29.   | Katie Holmes          | 42  | Harwich DP   |       | 29.11 | 533    |
| 30.   | Imola Jozsa           | 20  | Hatfield     |       | 29.12 | 532    |
| 31.   | Amelia Porzio         | 18  | Putteridge   |       | 29.14 | 531    |
| 32.   | Anabelle Kett         | 17  | Co Peterboro |       | 29.20 | 528    |
| 33.   | Efa Fuller            | 17  | Colchester   |       | 29.25 | 525    |
| 33.   | Emily Turner          | 17  | Harwich DP   |       | 29.25 | 525    |
| 35.   | Ruby Chapman          | 20  | Norwich Swan |       | 29.28 | 524    |
| 35.   | Yan Ting Emily Pak    | 17  | Co Cambridge |       | 29.28 | 524    |
| 37.   | Olivia Sheasby        | 18  | Newmarket    |       | 29.33 | 521    |
| 38.   | Olivia Mendham        | 18  | DunmowAtlant |       | 29.42 | 516    |
| 39.   | Aleksandra Czerwinska | 17  | Potters Bar  |       | 29.44 | 515    |
| 40.   | Summer Boswell        | 18  | Hatfield     |       | 29.49 | 513    |
| 41.   | Niamh Chambers        | 17  | DunmowAtlant |       | 29.62 | 506    |
| 42.   | Amalie Bird           | 17  | Colchester   |       | 29.64 | 505    |
| 43.   | Meghan Howarth Owen   | 17  | Chelmsford   |       | 29.69 | 502    |
| 44.   | Antonia Elias         | 17  | Watford SC   |       | 29.72 | 501    |
| 45.   | Casey Cleaver         | 20  | Co Norwich   |       | 29.82 | 496    |
| 46.   | Erin Ultridge         | 17  | teamipswich  |       | 29.85 | 494    |
| 47.   | Alicia Morton         | 17  | Basildon Ph  |       | 29.94 | 490    |
| 48.   | Honor Beverstock      | 17  | Hatfield     |       | 30.10 | 482    |
| 49.   | Caitlin Hartley       | 22  | Hatfield     |       | 30.22 | 476    |
| 50.   | Imogen Brown          | 18  | Potters Bar  | 14    | 36.47 | 271    |
| 51.   | Ida Corcoran          | 17  | Flitwick     | 9     | 37.44 | 250    |
| 52.   | Charlotte Ryan        | 26  | Runnymede    | 6     | 58.06 | 67     |

Combined Result - Multi-Classification by AGB Para Swimming Points

| Place | Name                   | AaD | Club         | Class | Time  | BDPoints |
|-------|------------------------|-----|--------------|-------|-------|----------|
| 1.    | Ava-Valentina Aspinell | 14  | Chelmsford   | 9     | 36.01 | 436      |
| 2.    | Florence Richbell      | 12  | Flitwick     | 12    | 35.64 | 421      |
| 3.    | Ida Corcoran           | 17  | Flitwick     | 9     | 37.44 | 388      |
|       |                        |     |              |       |       |          |
| 4.    | Jessica Gooden         | 16  | Co Cambridge | 14    | 36.33 | 379      |
| 5.    | Imogen Brown           | 18  | Potters Bar  | 14    | 36.47 | 375      |
| 6.    | Charlotte Ryan         | 26  | Runnymede    | 6     | 58.06 | 179      |

**Withdrawals by 14:55**

### **EVENT 225 Open/Male 400m IM**

#### **15 Yrs Age Group - Full Results**

| Place | Name               | AaD | Club         | Time    | WA Pts | 100     | 200     | 300     |
|-------|--------------------|-----|--------------|---------|--------|---------|---------|---------|
| 1.    | Janos Csepely      | 15  | teamipswich  | 5:01.65 | 519    | 1:07.78 | 2:26.15 | 3:53.18 |
| 2.    | Zachary Piscopo    | 15  | Co Peterboro | 5:02.73 | 514    | 1:05.41 | 2:23.50 | 3:50.93 |
| 3.    | Kameron Baker      | 15  | Co Peterboro | 5:05.39 | 500    | 1:06.03 | 2:25.38 | 3:53.19 |
| 4.    | Ivan Ijmoni        | 15  | Thurrock     | 5:12.30 | 468    | 1:06.80 | 2:27.87 | 3:58.10 |
| 5.    | Thomas Fenwick     | 15  | Hatfield     | 5:13.30 | 463    | 1:12.47 | 2:33.89 | 4:04.13 |
| 6.    | Sebastian Turculet | 15  | Hemel Hemp   | 5:15.21 | 455    | 1:11.42 | 2:31.47 | 4:06.85 |
| 7.    | Harry Rowson       | 15  | Putteridge   | 5:17.49 | 445    | 1:13.75 | 2:32.99 | 4:03.26 |
| 8.    | Chiu Ki Cheng      | 15  | Co St Albans | 5:19.96 | 435    | 1:09.16 | 2:33.97 | 4:09.25 |
| 9.    | Byron Miller       | 15  | Colchester   | 5:21.83 | 427    | 1:14.30 | 2:32.27 | 4:10.01 |
| 10.   | Heath Harrison     | 15  | Stowmarket   | 5:22.80 | 423    | 1:10.16 | 2:35.31 | 4:10.60 |
| 11.   | Luke Toland        | 15  | Flitwick     | 5:27.70 | 405    | 1:15.20 | 2:46.17 | 4:09.35 |
|       | Joseph Subba       | 15  | Co St Albans | DQ      |        |         |         |         |

#### **16 Yrs Age Group - Full Results**

| Place | Name               | AaD | Club         | Time    | WA Pts | 100     | 200     | 300     |
|-------|--------------------|-----|--------------|---------|--------|---------|---------|---------|
| 1.    | Jacob Bacon        | 16  | Co Peterboro | 4:46.58 | 605    | 1:01.08 | 2:16.11 | 3:40.57 |
| 2.    | Tyler Stone        | 16  | Co Norwich   | 4:47.25 | 601    | 1:03.80 | 2:26.99 | 3:42.16 |
| 3.    | Luke Owens         | 16  | Putteridge   | 4:53.16 | 566    | 1:03.34 | 2:21.76 | 3:47.64 |
| 4.    | Philip Spalding    | 16  | Putteridge   | 4:57.09 | 543    | 1:04.61 | 2:20.11 | 3:46.53 |
| 5.    | George Heather     | 16  | Co Peterboro | 4:59.15 | 532    | 1:04.27 | 2:22.56 | 3:48.90 |
| 6.    | William Hughes     | 16  | Chelmsford   | 5:02.47 | 515    | 1:05.71 | 2:23.06 | 3:55.95 |
| 7.    | Alexander Pattison | 16  | West Norfolk | 5:06.63 | 494    | 1:04.06 | 2:26.91 | 3:53.90 |
| 8.    | Lochlan Shaw       | 16  | Flitwick     | 5:16.73 | 448    | 1:10.42 | 2:32.77 | 4:05.59 |
| 9.    | Harvey Atkinson    | 16  | Colchester   | 5:18.25 | 442    | 1:05.84 | 2:30.98 | 4:08.28 |
| 10.   | Oliver Butt        | 16  | Deben        | 5:22.07 | 426    | 1:12.78 | 2:33.76 | 4:08.93 |
| 11.   | Zachary Fraser     | 16  | Co Peterboro | 5:24.30 | 418    | 1:18.62 | 2:39.28 | 4:11.80 |
| 12.   | Hughey Sullivan    | 16  | DunmowAtlant | 5:27.96 | 404    | 1:13.36 | 2:35.70 | 4:14.39 |
| 13.   | Jacob Jenkins      | 16  | Norwich Swan | 5:31.73 | 390    | 1:09.53 | 2:32.12 | 4:13.45 |

#### **17 Yrs/Over Age Group - Full Results**

| Place | Name            | AaD | Club         | Time    | WA Pts | 100     | 200     | 300     |
|-------|-----------------|-----|--------------|---------|--------|---------|---------|---------|
| 1.    | Frank Lamb      | 17  | Co Peterboro | 4:39.19 | 655    | 1:00.69 | 2:13.25 | 3:33.24 |
| 2.    | Robert Fenner   | 18  | Basildon Ph  | 4:41.85 | 636    | 1:04.56 | 2:15.88 | 3:39.56 |
| 3.    | Harrison Shaw   | 19  | Flitwick     | 4:44.72 | 617    | 1:04.13 | 2:18.00 | 3:41.56 |
| 4.    | Csanad Rehus    | 17  | Co Peterboro | 4:47.20 | 601    | 1:04.13 | 2:18.30 | 3:43.97 |
| 5.    | Daniel Moyses   | 20  | Co Peterboro | 4:50.33 | 582    | 1:05.42 | 2:20.02 | 3:43.69 |
| 6.    | Jamie Wilson    | 17  | West Norfolk | 4:52.85 | 567    | 1:03.46 | 2:18.49 | 3:47.51 |
| 7.    | Lewis Jarrett   | 20  | Co Norwich   | 4:54.71 | 557    | 1:04.52 | 2:21.85 | 3:46.71 |
| 8.    | Daniel Thompson | 19  | Thurrock     | 4:55.21 | 554    | 1:01.04 | 2:15.54 | 3:42.36 |
| 9.    | Finlay German   | 17  | Co Cambridge | 4:57.49 | 541    | 1:05.42 | 2:19.69 | 3:47.86 |
| 10.   | Kian Lee        | 18  | Co Peterboro | 4:58.82 | 534    | 1:02.45 | 2:20.11 | 3:50.76 |
| 11.   | Joshua Jones    | 17  | West Norfolk | 5:01.87 | 518    | 1:07.12 | 2:28.24 | 3:51.05 |
| 12.   | Ashton Blake    | 17  | Basildon Ph  | 5:04.61 | 504    | 1:05.02 | 2:24.42 | 3:56.99 |
| 13.   | Jude Staton     | 18  | Co Peterboro | 5:09.94 | 478    | 1:05.25 | 2:22.03 | 4:00.21 |
| 14.   | Oliver Fenwick  | 17  | Hatfield     | 5:10.31 | 477    | 1:08.47 | 2:32.65 | 4:04.33 |
| 15.   | Ben Howlett     | 19  | Deben        | 5:14.33 | 459    | 1:08.98 | 2:29.04 | 3:59.59 |
| 16.   | George Everett  | 17  | West Suffolk | 5:16.24 | 450    | 1:11.96 | 2:34.20 | 4:04.97 |
| 17.   | Jed Millin      | 18  | Stowmarket   | 5:23.54 | 421    | 1:09.73 | 2:30.43 | 4:13.42 |

### **EVENT 226 Female 800m Freestyle Team**

#### **14/16 Yrs Age Group - Full Results**

| Place | Name           | Club               | Time         | WA Pts                                                       |
|-------|----------------|--------------------|--------------|--------------------------------------------------------------|
| 1.    | Basildon Ph    | 14/16 Basildon Ph  | 8:44.10      | 665                                                          |
|       | 100m 1:05.34   | 200m 2:14.49       | 300m 3:17.71 | 400m 4:24.17500m 5:28.09600m 6:35.85700m 7:37.85800m 8:44.10 |
| 2.    | Norwich Swan   | 14/16 Norwich Swan | 8:58.37      | 613                                                          |
|       | 100m 1:04.78   | 200m 2:12.07       | 300m 3:18.52 | 400m 4:30.00500m 5:34.92600m 6:46.70700m 7:49.50800m 8:58.37 |
| 3.    | Co St Albans   | 14/16 Co St Albans | 9:01.84      | 601                                                          |
|       | 100m 1:04.57   | 200m 2:12.75       | 300m 3:18.24 | 400m 4:30.71500m 5:35.55600m 6:46.46700m 7:51.59800m 9:01.84 |
| 4.    | Colchester A   | 14/16 Colchester   | 9:21.42      | 541                                                          |
|       | 100m 1:06.11   | 200m 2:17.95       | 300m 3:26.07 | 400m 4:42.36500m 5:49.28600m 7:05.46700m 8:11.45800m 9:21.42 |
| 5.    | Co Peterboro A | 14/16 Co Peterboro | 9:27.50      | 523                                                          |
|       | 100m 1:07.61   | 200m 2:22.88       | 300m 3:30.73 | 400m 4:45.85500m 5:53.49600m 7:10.18700m 8:14.68800m 9:27.50 |

#### **17 Yrs/Over Age Group - Full Results**

| Place | Name         | Club               | Time         | WA Pts                                                       |
|-------|--------------|--------------------|--------------|--------------------------------------------------------------|
| 1.    | Basildon Ph  | 17/OV Basildon Ph  | 8:46.00      | 657                                                          |
|       | 100m 1:02.65 | 200m 2:09.61       | 300m 3:14.51 | 400m 4:23.09500m 5:25.79600m 6:36.68700m 7:38.59800m 8:46.00 |
| 2.    | Norwich Swan | 17/OV Norwich Swan | 8:57.06      | 618                                                          |
|       | 100m 1:04.80 | 200m 2:14.25       | 300m 3:21.04 | 400m 4:33.85500m 5:36.19600m 6:47.27700m 7:49.77800m 8:57.06 |
| 3.    | Watford SC   | 17/OV Watford SC   | 9:03.22      | 597                                                          |
|       | 100m 1:05.59 | 200m 2:16.75       | 300m 3:22.18 | 400m 4:33.14500m 5:39.69600m 6:51.35700m 7:53.56800m 9:03.22 |