

EVENT 811 Female 11/14 Yrs 200m Butterfly

11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	100
1.	Eloise Palfree	12	Colchester	2:49.46	371	1:16.10
2.	Evie Spalding	12	Putteridge	2:52.52	351	1:22.89
3.	Leila Kokas	11	Co Peterboro	2:52.65	351	1:20.72
4.	Lara Kelly	12	New Hall	2:53.12	348	1:22.52
5.	Hollie Featherstone	12	Epping For't	2:53.54	345	1:21.34
6.	Blossom Smith	11	Basildon Ph	2:53.78	344	1:23.59
7.	Iona Parkes	12	Thurrock	2:54.10	342	1:19.53
8.	Lillian Owens	12	Putteridge	2:54.81	338	1:23.18
9.	Naomi Muwangi	12	Bishop Stort	2:56.47	328	1:22.10
10.	Sophie Andrews	12	Flitwick	2:58.21	319	1:25.24
11.	Lucy Biscoe	11	Team Luton	3:00.96	305	1:26.07
12.	Florence Gill	12	Epping For't	3:01.68	301	1:25.02
13.	Isla Hall	12	Basildon Ph	3:02.50	297	1:28.21
14.	Cora Payne	12	Dunstable	3:03.24	293	1:27.83
15.	Jemima Man	12	DunmowAtlant	3:10.40	261	1:26.58
16.	Bethany Chapman	11	Bishop Stort	3:10.57	261	1:30.06
17.	Martha More	12	West Norfolk	3:14.62	245	1:28.83
18.	Sophia White	12	Basildon Ph	3:15.46	242	1:32.68
19.	Amelie Murray	12	Epping For't	3:16.69	237	1:31.63
20.	Niamh Tuson	12	Epping For't	3:18.23	232	1:31.42
21.	Florence Law	12	Co Ely	3:18.90	229	1:32.89
22.	Bronwyn Hill	12	Co St Albans	3:24.92	210	1:33.89
23.	Freya Crisp	11	Norwich Swan	3:25.14	209	1:37.38
	Scarlett Ye	12	Co St Albans	DQ		

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	100
1.	Valeria Soldatikhina	13	West Norfolk	2:33.69	497	1:10.99
2.	Elizabeth Litvinenko	13	West Norfolk	2:36.35	472	1:13.67
3.	Imogen Laws	13	Co Norwich	2:40.77	434	1:12.61
4.	Isla Tate	13	Co Peterboro	2:50.57	364	1:20.30
5.	Olivia Bryant	13	Stowmarket	2:52.41	352	1:19.35
6.	Esme Parkes	13	Thurrock	2:54.77	338	1:21.05
7.	Martha Mellors	13	Verulam	2:54.80	338	1:21.06
8.	Lyra Schultz	13	Co Cambridge	2:55.13	336	1:22.20
9.	Chloe Bucktrout	13	Linslade	2:56.45	328	1:23.82
10.	Sakura Yamada-Orr	13	Co St Albans	2:58.03	320	1:21.99
11.	Ella Minnis	13	Colchester	2:59.32	313	1:21.51
12.	Lola Oakley	13	Norwich Swan	3:00.37	308	1:21.20
13.	Eleni Karakoidas	13	Co Norwich	3:02.89	295	1:25.33
14.	Elissa Neo	13	Linslade	3:06.18	280	1:23.94
15.	Ellen Akerstone	13	Co Norwich	3:06.74	277	1:24.09
16.	Bella Robertson	13	Stowmarket	3:07.73	273	1:26.36
17.	Maisie Bishop	13	Wisbech	3:10.05	263	1:26.48
18.	Amber Boeve	13	DunmowAtlant	3:13.05	251	1:32.45
	Haylie Frew-Costa	13	Potters Bar	DQ		

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	100
1.	Summer Miller	14	Bishop Stort	2:26.29	577	1:13.52
2.	Aimee Sanders	14	Dunstable	2:28.94	547	1:08.48
3.	Anna Mason	14	Co Peterboro	2:30.11	534	1:08.69
4.	Evie Armstrong	14	Dunstable	2:32.20	512	1:11.40
5.	Charlotte Stocks	14	Linslade	2:34.15	493	1:12.10
6.	Charlotte Douglas	14	Co St Albans	2:35.48	480	1:15.54
7.	India Clement	14	West Suffolk	2:37.98	458	1:12.99
8.	Summer Lewis	14	Colchester	2:38.00	458	1:13.41
9.	Emily Joyce	14	Biggleswade	2:44.22	408	1:18.45
10.	Lilly Franks	14	Thurrock	2:45.24	400	1:16.64
11.	Sophia Aziz	14	Co Peterboro	2:46.35	392	1:15.68
12.	Skye Freeman	14	Norwich Swan	2:49.19	373	1:20.37
13.	Emmy Dearden	14	Chelmsford	2:49.39	371	1:23.17
14.	Libby Flitton	14	Dunstable	2:54.66	339	1:18.18
15.	Charlotte Carter	14	Epping For't	2:54.97	337	1:17.68
16.	Obianuju Nsoedo	14	Chelmsford	2:55.52	334	1:19.52
17.	Elise Dotchin	14	Co St Albans	2:57.14	325	1:22.72
18.	Mia Copping	14	West Suffolk	2:58.07	320	1:22.56
19.	Emily Murrell	14	Norwich Swan	2:59.38	313	1:23.21
20.	Sara Onobrauche	14	Hatfield	2:59.96	310	1:21.75
21.	Sophie Pert	14	Norwich Swan	3:00.03	309	1:22.48
22.	Arabella Beevers	14	Bo Southend	3:04.10	289	1:26.61
23.	Charlotte Gilbert	14	Norwich Swan	3:19.18	228	1:29.87
	Olivia Paskowska	14	Dunstable	DQ		
	Maisy Sadler	14	Norwich Swan	DQ		

WITHDRAWALS BY 10:00

EVENT 812 Open/Male 11/14 Yrs 50m Butterfly
11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Lewis Gardner	12	Basildon Ph	30.25	399
2.	Charles Pritchard	12	Stevenage	31.29	360
3.	Finlay Stow-McBride	12	Co Cambridge	31.39	357
4.	Marcel Finta	12	Bedford SS	31.89	340
5.	Fletcher Waugh	12	Colchester	32.44	323
6.	Lukas Liebenberg	12	Newmarket	32.64	317
7.	Jeremy Cox	12	Bishop Stort	32.87	311
8.	Sebian Sutton	12	Colchester	32.93	309
9.	Marco Soto-Toth	12	Co Peterboro	33.44	295
10.	William Howard	12	Tring	33.45	295
11.	James Nelson	12	Co St Albans	33.89	283
12.	Tyler McLaughlin-Bell	12	Newmarket	34.12	278
13.	Theo Rawnsley	11	Harpden	34.22	275
14.	Jack Tooke	12	Thetford	34.36	272
15.	John Homan-Daly	12	Co St Albans	34.64	265
16.	David Hoara	12	Thurrock	34.75	263
17.	Dominic Monovski	12	Hoddesdon	34.83	261
18.	Oliver Atkinson	12	Colchester	35.13	254
19.	Louis Santillo	12	Putteridge	35.15	254
20.	Nedum Nwabueze	12	Bo Southend	35.22	252
21.	Harry Larham	11	Co Peterboro	35.37	249
22.	Max Battle	12	Deben	35.44	248
23.	Edward Wilson	12	Co Norwich	35.46	247
24.	George Gosling	12	Berkhamsted	35.48	247
24.	Freddie Sargeant	12	teamipswich	35.48	247
26.	Kian Parsons	12	Thurrock	35.50	246
27.	Zachary Chambers	12	Thurrock	35.54	246
28.	Oliver Bumbalo	12	Potters Bar	35.55	245
29.	Jack Baxter	12	West Norfolk	35.58	245
30.	Wilfred Sole	12	Co Ely	35.60	244
31.	Myles Burridge	12	St Ives	35.69	242
32.	Anthony Rowson	11	Putteridge	35.88	239
33.	William Oxley	12	Co St Albans	35.91	238
34.	Jack Ellyard	12	Leighton Buz	36.00	236
35.	Cian Millsom	12	Bishop Stort	36.05	235
36.	Joshua Lillistone	11	teamipswich	36.09	234
37.	Lucas Twyford	12	Leighton Buz	36.72	223
37.	Henry Hand	12	Hertford	36.72	223
39.	Oliver Barrows	12	Hatfield	36.73	222
40.	Albert Saunders	12	Verulam	37.00	218
41.	Victor Dryankov	12	Thurrock	37.07	216
42.	Alexander Irish	12	Newmarket	37.08	216
43.	Jonathan Ng	12	Chelmsford	37.24	213
44.	Jack Alexander	12	teamipswich	38.06	200

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Jesse Knight	13	Leiston	28.79	462
2.	Benjamin Piscopo	13	Co Peterboro	29.35	436
3.	Taras Boiko	13	Bishop Stort	30.19	401
4.	Johnny McAuley	13	Co Peterboro	30.47	390
5.	Haiyang Shi	13	Basildon Ph	30.59	385
6.	Jake Nell	13	Tring	30.78	378
7.	Samuel Childs	13	Berkhamsted	31.33	359
8.	Noah Rumsby	13	Bo Southend	31.70	346
9.	Jaedyn Ovbiagele	13	Chelmsford	31.83	342
10.	Jack Williams-Welch	13	Hadleigh	31.88	340
11.	Leon Humphries	13	Woodham F SC	32.00	337
12.	Murad Makhkamov	13	Potters Bar	32.13	332
13.	Clark Meanti	13	Putteridge	32.23	329
14.	Oliver Hammond	13	Team Waveney	32.44	323
15.	George Connor	13	Colchester	32.56	319
16.	Rupert Kirtland	13	Halstead	32.70	315
17.	Izaak Wilsher	13	Hertford	32.81	312
18.	Charles Hallam	13	Harpden	32.93	309
19.	Cody Brigden	13	Watford SC	33.15	303
20.	Freddie Pritchard	13	Stowmarket	33.17	302
21.	Matthew Jarratt	13	DunmowAtlant	33.21	301
21.	Harry Thurlow	13	Norwich Swan	33.21	301
23.	Bradley Forder	13	Co Norwich	33.23	301
24.	Harrison Burridge	13	Co Cambridge	33.30	299
25.	Harry Edwards	13	Team Waveney	33.47	294
26.	Kuba Kopec	13	Bedford SS	33.67	289
27.	Oscar Neale	13	Maldon Shark	33.73	287
28.	Sonny Dean	13	Thetford	33.76	287
29.	Jake Fox	13	Stowmarket	33.94	282
30.	Ethan Zhang	13	Brentwood	33.99	281
31.	Alex Long	13	Stowmarket	34.17	276
32.	Jasper Dearden	13	Chelmsford	34.22	275
33.	Luca Tse	13	Bishop Stort	34.31	273
34.	Taveleri Katandula	13	Co St Albans	34.51	268
35.	Alfie McClure	13	March	35.22	252
36.	Ted Collins	13	Rochford	35.78	241

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Jake Atkinson	14	Basildon Ph	27.63	523
2.	Rafe Lawson	14	Berkhamsted	28.33	485
3.	Robert James	14	Epping For't	28.67	468
4.	Riley Allen	14	Thurrock	29.45	432
5.	Noah Conroy	14	Bishop Stort	29.56	427
6.	Ben Cameron-Waller	14	Co Peterboro	29.63	424
7.	Jacob Ure	14	Co Peterboro	29.94	411
8.	Robert Stoica	14	Co Cambridge	29.96	410
9.	Charles Hodgson	14	Co St Albans	29.97	410
10.	Fevzi Kocaman	14	Co St Albans	30.04	407
11.	Kuba Pociot	14	teamipswich	30.13	403
12.	Henry Chaloner	14	Biggleswade	30.27	398
13.	Junru Cai	14	West Norfolk	30.37	394
13.	Joshua Liebenberg	14	Newmarket	30.37	394
15.	Noah Goodson	14	West Norfolk	30.67	382
16.	Alfie Larham	14	Co Peterboro	30.72	380
17.	Aaron Rawnsley	14	Harpenden	30.82	377
17.	Hugo Harley	14	Watford SC	30.82	377
19.	Adam Balazs	14	Co Peterboro	30.84	376
20.	Bogdan Yermakovich	14	Thurrock	30.92	373
21.	Theo Stacey	14	Hoddesdon	30.94	372
22.	Max Johnson	14	Halstead	30.95	372
23.	Lawrence Taylor	14	Co Norwich	31.03	369
24.	Luke Trull	14	Dunstable	31.16	365
24.	Tobias Anderson	14	Co Norwich	31.16	365
26.	Nathan Rojee	14	Co Cambridge	31.25	361
27.	Reuben Cope	14	Newmarket	31.28	360
28.	Ethan Bailey	14	Co Norwich	31.32	359
29.	James Winter	14	Stevenage	31.40	356
30.	Fumfum Nwabueze	14	Basildon Ph	31.56	351
31.	Oscar Rush	14	Diss Otters	31.63	349
32.	Reuben Giles	14	Stowmarket	31.73	345
33.	Spencer Gore	14	Southend	31.91	339
34.	Edward Osborne	14	Saffron Wald	31.96	338
35.	Mikolaj Jagodzinski	14	Runnymede	32.00	337
36.	Sebastian Mudge	14	Co Peterboro	32.06	335
37.	Connor Hooper	14	Witham Dolph	32.09	334
38.	Danraj Dhillon	14	Thurrock	32.27	328
39.	Miles Copping	14	Co Cambridge	32.81	312
40.	Vivaan Soni	14	Hemel Hemp	34.47	269
	Callum Doran	14	DunmowAtlant	DNC	

WITHDRAWALS BY 10:20

EVENT 813 Female 11/14 Yrs 100m Breaststroke
11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Teddi-May Thurman	12	Colchester	1:27.52	393
2.	Adrienn Kovacs	12	DunmowAtlant	1:27.81	389
3.	Dorothy Gooda	12	Team Luton	1:28.37	382
4.	Selena Maria Spaho	12	Hatfield	1:28.64	378
5.	Arabella Tysterman	12	Wisbech	1:28.87	375
6.	Cassie Bonner	12	Epping For't	1:29.68	365
7.	Annabelle Garnham	12	teamipswich	1:29.74	364
8.	Sophie Lapucha	12	Team Luton	1:30.41	356
9.	Mabelle Chadderton	12	West Norfolk	1:30.46	356
10.	Lara Kelly	12	New Hall	1:30.48	356
11.	Izumi Matsutani	12	Co Peterboro	1:30.56	355
12.	Anna Semiginovska	12	Bo Southend	1:30.66	353
13.	Erin Smith	11	Berkhamsted	1:31.22	347
14.	Charlotte Borella	12	Chelmsford	1:31.55	343
14.	Ivy Kernohan	11	Brentwood	1:31.55	343
16.	Kira Norman	12	Bishop Stort	1:31.73	341
17.	Florence Law	12	Co Ely	1:31.96	339
17.	Tsz-Wing Lai	12	Watford SC	1:31.96	339
19.	Niamh Tuson	12	Epping For't	1:31.99	338
20.	Darcie O'Connor	12	Basildon Ph	1:32.17	336
21.	Harmony Smith	11	Team Waveney	1:32.25	335
22.	Layla Caton	12	Basildon Ph	1:32.36	334
23.	Elizabeth Burczyk	11	Stevenage	1:32.63	331
24.	Sienna Roberts	12	Witham Dolph	1:32.71	330
25.	Sophia Zhou	12	Co St Albans	1:33.34	324
26.	Morgan Arthur	12	West Norfolk	1:33.88	318
27.	Mya Valencia	12	Hoddesdon	1:35.29	304
28.	Charlize Church	12	Co Cambridge	1:35.66	301
29.	Phoebe Rayner	12	Colchester	1:35.81	299
30.	Jessica Setchell	12	Co Peterboro	1:36.02	297
31.	Thea James-Falla	12	Colchester	1:36.17	296
32.	Layla Harley	12	Watford SC	1:37.05	288
33.	Alexa Linden-Ball	12	Co Norwich	1:37.97	280
	Florence Bretman	12	DunmowAtlant	DQ	

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Amy Brightwell	13	Norwich Swan	1:20.55	504
2.	Olivia Daniel	13	Verulam	1:21.77	482
3.	Alice Buckingham	13	Verulam	1:22.06	477
4.	Kaitlyn Hoffman	13	Basildon Ph	1:23.92	446
5.	Elsie Cole	13	Epping For't	1:24.93	430
6.	Freya Keeling	13	Hoddesdon	1:25.09	428
7.	Mia Jones	13	March	1:25.45	422
8.	Lily Walsby	13	Co Cambridge	1:25.98	414
9.	Anna Turner	13	Co Norwich	1:26.09	413
10.	Olivia Page	13	Co Cambridge	1:26.14	412
11.	Morrigan Cooper	13	Bo Southend	1:26.31	410
12.	Alania Wignall	13	Colchester	1:26.75	403
13.	Lena Crisp	13	Norwich Swan	1:27.27	396
14.	Jessica Gilpin	13	Hoddesdon	1:28.05	386
15.	Ella Minnis	13	Colchester	1:28.19	384
16.	Tilly Howells	13	Verulam	1:28.39	381
17.	Jorgie Bhasvi	13	Hatfield	1:28.56	379
18.	Ruby Barratt	13	Harwich DP	1:28.67	378
19.	Phoebe Thompson	13	Basildon Ph	1:28.79	376
20.	Elizabeth Litvinenko	13	West Norfolk	1:28.83	376
21.	Lauren Ibbotson	13	Linslade	1:28.90	375
22.	Sophia Sood	13	Watford SC	1:29.50	367
23.	Elsie Preston	13	Tring	1:29.92	362
24.	Linke Groenewald	13	Bishop Stort	1:30.80	352
25.	Maisie Cooper	13	Braintree	1:30.98	350
26.	Savannah Barratt	13	Harwich DP	1:31.25	347
27.	Jessica Bedford	13	Co St Albans	1:31.48	344
28.	Olivia Bird	13	Rick'worth	1:32.37	334
29.	Aoife Blessing	13	Hatfield	1:33.14	326
30.	Livia Zecchini	13	Co Cambridge	1:33.27	325
31.	Bella Robertson	13	Stowmarket	1:34.27	314

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Elija Mickaite	14	Co Peterboro	1:16.72	584
2.	Mia Wilson	14	Basildon Ph	1:19.05	533
3.	Nieve Ives	14	Hatfield	1:19.30	528
4.	Cerys Wall	14	Co Cambridge	1:20.45	506
5.	Emily Byrne	14	Hitchin	1:20.62	503
6.	Annabel Morden	14	Basildon Ph	1:20.75	500
7.	Olivia Pais	14	Co Peterboro	1:20.81	499
8.	Esther Luton	14	Rochford	1:22.02	477
9.	Sophie Harvey	14	Co Cambridge	1:22.13	476
10.	Olivia Wicks	14	Norwich Swan	1:22.31	472
11.	Eliza Jennings	14	Biggleswade	1:23.01	461
12.	Polly Anderson	14	West Norfolk	1:23.11	459
13.	Layla Drake	14	Norwich Swan	1:23.24	457
14.	Catherine Lyall	14	Putteridge	1:24.60	435
15.	Amie Roberts	14	Hemel Hemp	1:24.69	434
16.	Daniella Gomez Bolivar	14	Hoddesdon	1:25.04	428
17.	Evelyn Gadsby	14	Harwich DP	1:25.21	426
18.	India Clement	14	West Suffolk	1:27.15	398
19.	Jessica Ryan	14	Colchester	1:27.28	396
20.	Ava Read	14	Runnymede	1:27.68	391
21.	Isabella Clogg	14	Stanway	1:27.72	390
22.	Harlie Gardner	14	Basildon Ph	1:27.91	388
23.	Margarida Furtado	14	Co Cambridge	1:27.93	387
24.	Katie Brazil	14	Potters Bar	1:28.09	385
25.	Esmee Hui	14	Watford SC	1:28.30	383
26.	Tahlia Sunshine	14	DunmowAtlant	1:29.19	371
27.	Aria Waters	14	Hatfield	1:29.23	371
28.	Elinor McTaggart	14	Deben	1:30.34	357
	Zoe Thompson	14	Co Ely	DNC	
	Lilly Franks	14	Thurrock	DNC	

WITHDRAWALS BY 10:40

EVENT 814 Open/Male 11/14 Yrs 200m Breaststro

11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	100
1.	Joseph Payne	12	Colchester	2:59.42	342	1:26.88
2.	Kian Parsons	12	Thurrock	3:01.40	330	1:27.82
3.	Marco Soto-Toth	12	Co Peterboro	3:02.81	323	1:29.04
4.	James McKinley	12	Bo Southend	3:06.13	306	1:30.53
5.	Charles Pritchard	12	Stevenage	3:06.16	306	1:29.14
6.	Otis Mastin	12	Bishop Stort	3:07.82	298	1:33.47
7.	Stanley Hood-Karrer	12	Basildon Ph	3:08.39	295	1:33.48
8.	James Nelson	12	Co St Albans	3:08.95	292	1:33.13
9.	Theodore Gamby	12	Southend	3:08.96	292	1:31.80
10.	Benji Perry	12	Dunstable	3:10.14	287	1:32.24
11.	Oliver Candler	12	Norwich Swan	3:11.37	281	1:33.44
12.	Jack Wilson	12	Newmarket	3:11.87	279	1:35.43
13.	Marley Aldwinckle	12	Stevenage	3:12.12	278	1:30.74
14.	Jack Gulliford	12	DunmowAtlant	3:13.15	274	1:33.72
15.	Edward Roberts	12	Hemel Hemp	3:13.91	270	1:35.44
16.	Jamie Warner	12	Newmarket	3:15.11	266	1:37.49
17.	William Minty	12	Thetford	3:15.13	265	1:34.64
18.	Finlay Stow-McBride	12	Co Cambridge	3:15.23	265	1:32.85
19.	Oliver Barrows	12	Hatfield	3:16.16	261	1:35.82
20.	Kaloyan Manolchev	12	Basildon Ph	3:16.55	260	1:38.01
21.	Patrick Iancu	12	Bo Southend	3:18.69	251	1:36.42
22.	Sebastian Rama	12	Co St Albans	3:19.32	249	1:36.73
23.	George Abram	12	Co Norwich	3:19.51	248	1:34.54
24.	Jack Dalton	11	Stevenage	3:20.36	245	1:36.90
25.	Jonas Chor Hang Ting	11	Verulam	3:22.15	239	1:36.89
26.	Elijah Unsworth	11	Team Luton	3:23.12	235	1:37.62
27.	Isaac Chan	12	Co St Albans	3:27.90	219	1:40.99
28.	Adam Chuchra	11	Wisbech	3:31.16	209	1:45.25
29.	George Gosling	12	Berkhamsted	3:31.21	209	1:41.48
30.	Dylan Haylock	12	March	3:31.54	208	1:42.84

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	100
1.	Kenny Millsom	13	Bishop Stort	2:46.19	430	1:21.80
2.	Dewi Fordyce	13	Berkhamsted	2:46.98	424	1:20.64
3.	Daniel McGrath	13	Norwich Swan	2:51.70	390	1:24.14
4.	Veer Takher	13	Watford SC	2:52.39	385	1:24.25
5.	Izaak Wilsher	13	Hertford	2:56.53	359	1:24.80
6.	Johnny McAuley	13	Co Peterboro	2:58.24	348	1:25.84
7.	Tom Greening	13	Norwich Swan	2:59.68	340	1:25.91
8.	Jude Wankowski	13	teamipswich	2:59.75	340	1:27.91
9.	Harrison Dodwell	13	Bishop Stort	3:00.80	334	1:27.50
10.	Charles Hallam	13	Harpenden	3:02.73	323	1:27.17
11.	Maximilian Petravich	13	Team Luton	3:03.59	319	1:28.13
12.	Leo Sims	13	Hatfield	3:03.85	317	1:27.78
13.	Joseph Henderson	13	Bedford SS	3:03.93	317	1:30.49
14.	Elijah Wilson	13	teamipswich	3:04.31	315	1:28.83
15.	Harry Ellard	13	Hoddesdon	3:05.43	309	1:28.52
16.	Alex Long	13	Stowmarket	3:05.96	307	1:29.05
17.	Tobias Watson	13	Bo Southend	3:06.31	305	1:30.73
18.	Thomas Scrivener	13	Leiston	3:08.45	295	1:28.95
19.	Ethan Harragan	13	Basildon Ph	3:09.38	290	1:34.26
20.	Luke Thickers	13	Linslade	3:10.69	284	1:30.47
21.	Atticus Frost	13	DunmowAtlant	3:10.71	284	1:31.72
22.	Christian Giroto	13	Co St Albans	3:11.55	281	1:34.08
23.	Arthur Huntley	13	Co St Albans	3:13.36	273	1:34.53
24.	Jacob Hutchinson	13	Tring	3:14.08	270	1:32.52
25.	Clark Meanti	13	Putteridge	3:14.23	269	1:33.47
26.	Euan Karaiskos	13	Basildon Ph	3:14.57	268	1:34.69
27.	William Xia	13	Royston	3:15.59	264	1:33.56

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	100
1.	Hugo Koyanagi	14	Co St Albans	2:41.04	473	1:16.85
2.	Miles Copping	14	Co Cambridge	2:43.96	448	1:18.68
3.	Callum Doran	14	DunmowAtlant	2:44.89	440	1:19.83
4.	Rafe Lawson	14	Berkhamsted	2:45.09	439	1:19.11
5.	Robert James	14	Epping For't	2:46.94	424	1:20.94
6.	Marcus Xu	14	Linslade	2:51.60	390	1:22.42
7.	Riley Allen	14	Thurrock	2:52.60	384	1:22.63
8.	Granth Karmacharya	14	Watford SC	2:53.63	377	1:24.99
9.	Harry Clarke	14	West Norfolk	2:54.90	369	1:22.59
10.	Max Perry	14	Watford SC	2:55.06	368	1:25.91
11.	Sebastian Mudge	14	Co Peterboro	2:55.09	368	1:22.54
12.	Ching Yau	14	Hatfield	2:55.70	364	1:24.71
13.	Maxim Collinson	14	Team Luton	2:56.32	360	1:24.53
14.	Oscar Wilson	14	Potters Bar	2:56.51	359	1:22.38
15.	Miles Thomas	14	Flitwick	2:57.23	354	1:26.12
16.	Oliver Veale	14	West Norfolk	2:58.37	348	1:25.65
17.	Finley Burford	14	Basildon Ph	2:59.03	344	1:24.71
18.	Guy Spearman-Baines	14	Bishop Stort	2:59.81	339	1:25.75
19.	Thomas Sloper	14	Basildon Ph	3:00.61	335	1:25.38
20.	Finlay Bauckham	14	Colchester	3:00.75	334	1:26.96
21.	Josh Bett	14	Flitwick	3:00.76	334	1:22.49
22.	James Challis	14	Potters Bar	3:02.84	323	1:25.09
23.	Reuben Giles	14	Stowmarket	3:05.68	308	1:30.34
24.	Augustus Murray	14	Co Cambridge	3:06.08	306	1:29.85

WITHDRAWALS BY 11:25

EVENT 815 Female 11/14 Yrs 400m Freestyle

11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	100	200	300
1.	Cassie Bonner	12	Epping For't	5:02.83	462	1:10.10	2:27.57	3:45.95
2.	Aine Coackley	12	teamipswich	5:04.08	456	1:11.19	2:29.50	3:47.75
3.	Lara Kelly	12	New Hall	5:05.49	450	1:12.58	2:30.88	3:49.93
4.	Nora Hughes	12	Colchester	5:08.89	435	1:11.46	2:31.29	3:51.56
5.	Catherine Hatherly	12	Hatfield	5:10.51	428	1:12.49	2:31.44	3:51.68
6.	Imogen Coote	12	Co Cambridge	5:11.69	424	1:13.63	2:34.35	3:56.07
7.	Mabelle Chadderton	12	West Norfolk	5:13.99	414	1:13.96	2:34.43	3:55.10
8.	Hollie Featherstone	12	Epping For't	5:14.15	414	1:14.63	2:35.31	3:56.30
9.	Blossom Smith	11	Basildon Ph	5:16.02	406	1:17.28	2:37.73	3:58.21
10.	Ruth Biscoe	12	Team Luton	5:17.74	400	1:15.22	2:37.06	3:59.23
11.	Tilly Conlon	12	Stowmarket	5:18.33	398	1:14.57	2:36.60	3:58.76
12.	Martha More	12	West Norfolk	5:20.43	390	1:15.72	2:39.07	4:01.32
13.	Charlotte Rich	12	Stevenage	5:20.52	390	1:14.40	2:37.54	4:00.98
14.	Leila Kokas	11	Co Peterboro	5:20.65	389	1:16.73	2:39.53	4:02.36
15.	Florence Gill	12	Epping For't	5:21.53	386	1:15.80	2:38.80	4:02.14
16.	Morgan Arthur	12	West Norfolk	5:22.97	381	1:16.91	2:38.66	4:01.44
17.	Lucy Biscoe	11	Team Luton	5:24.42	376	1:16.66	2:40.23	4:03.19
18.	Molly Nowell	12	Stowmarket	5:26.70	368	1:17.02	2:41.36	4:06.52
19.	Iona Parkes	12	Thurrock	5:26.86	367	1:18.03	2:41.10	4:05.02
20.	Emma Todd	12	Potters Bar	5:27.72	364	1:16.88	2:41.42	4:06.49
21.	Freya Crisp	11	Norwich Swan	5:33.95	344	1:21.96	2:47.56	4:14.61
22.	Isla Hall	12	Basildon Ph	5:35.32	340	1:19.45	2:44.12	4:10.10
23.	Selena Maria Spaho	12	Hatfield	5:37.56	333	1:16.48	2:41.50	4:08.53

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	100	200	300
1.	Alice Buckingham	13	Verulam	4:49.49	529	1:07.98	2:21.82	3:36.80
2.	Olivia Daniel	13	Verulam	4:51.62	517	1:07.38	2:22.14	3:37.80
3.	Elsie Cole	13	Epping For't	4:54.80	501	1:08.23	2:23.26	3:40.26
4.	Olive Bailey	13	Colchester	4:55.06	499	1:09.64	2:25.51	3:42.27
5.	Shuhan Yang	13	Colchester	4:57.16	489	1:08.70	2:24.47	3:42.16
6.	Charlotte Dixon	13	Hitchin	5:01.33	469	1:10.38	2:28.51	3:46.74
7.	Olivia Bryant	13	Stowmarket	5:02.38	464	1:10.39	2:28.33	3:47.23
8.	Tilly Howells	13	Verulam	5:03.62	458	1:10.31	2:28.41	3:48.64
9.	Summer Woodside	13	Co Peterboro	5:05.00	452	1:11.50	2:30.60	3:48.44
10.	Lena Crisp	13	Norwich Swan	5:05.59	450	1:11.10	2:29.19	3:49.17
11.	Katherine Love	13	Chelmsford	5:06.45	446	1:10.91	2:29.49	3:49.54
12.	Jorgie Bhasvi	13	Hatfield	5:07.15	443	1:11.90	2:30.79	3:51.11
13.	Dolcie Underwood	13	Dereham	5:08.14	438	1:11.56	2:31.22	3:51.51
14.	Poppy Ellingford	13	Thurrock	5:08.20	438	1:11.00	2:28.22	3:48.37
15.	Freya Keeling	13	Hoddesdon	5:08.95	435	1:11.89	2:31.27	3:51.29
16.	Amélie Desmeules	13	Verulam	5:09.32	433	1:12.01	2:31.78	3:52.42
17.	Poppy Porter	13	teamipswich	5:09.67	432	1:12.15	2:31.72	3:51.24
18.	Elizabeth Litvinenko	13	West Norfolk	5:12.84	419	1:14.61	2:34.11	3:54.59
19.	Lyra Schultz	13	Co Cambridge	5:13.08	418	1:14.95	2:35.42	3:55.25
20.	Dorothy Thorby	13	Co Norwich	5:13.91	415	1:12.00	2:32.70	3:53.82
21.	Lola Oakley	13	Norwich Swan	5:17.24	402	1:14.77	2:35.35	3:57.36
22.	Haylie Frew-Costa	13	Potters Bar	5:29.21	359	1:15.55	2:39.91	4:05.56
23.	Elissa Neo	13	Linslade	5:31.51	352	1:17.76	2:42.25	4:08.10

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	100	200	300
1.	Evie Armstrong	14	Dunstable	4:38.30	595	1:05.34	2:15.61	3:27.40
2.	Sofia Sacoto	14	Co St Albans	4:41.76	574	1:06.83	2:18.80	3:30.76
3.	Addison Summers	14	Co St Albans	4:45.50	551	1:08.80	2:22.13	3:34.62
4.	Mia Wilson	14	Basildon Ph	4:48.42	535	1:08.69	2:22.90	3:36.78
5.	Kitty McNaughton	14	Hoddesdon	4:50.59	523	1:08.11	2:22.87	3:38.23
6.	Sydney Lewis	14	Colchester	4:52.80	511	1:08.09	2:21.24	3:36.85
7.	Eliza Jennings	14	Biggleswade	4:55.31	498	1:08.68	2:23.64	3:39.82
8.	Eva Jackson	14	Flitwick	4:55.33	498	1:06.75	2:22.19	3:39.90
9.	Tayla Goodswen	14	Co Norwich	4:55.81	496	1:07.89	2:23.74	3:40.54
10.	Charlotte Stocks	14	Linslade	4:56.68	491	1:09.91	2:26.41	3:43.45
11.	Skye Freeman	14	Norwich Swan	4:59.39	478	1:11.15	2:28.29	3:45.24
12.	Violet Freezer	14	teamipswich	5:00.13	475	1:09.74	2:26.99	3:44.05
13.	Tsvetina Sinapova	14	Co Norwich	5:00.32	474	1:09.28	2:25.94	3:43.95
14.	India Clement	14	West Suffolk	5:02.90	462	1:07.68	2:25.56	3:45.65
15.	Isla Caley	14	Watford SC	5:03.02	461	1:10.31	2:27.49	3:46.33
16.	Nellie Chadderton	14	West Norfolk	5:03.20	460	1:10.93	2:27.64	3:46.13
17.	Olivia Stroud	14	teamipswich	5:03.49	459	1:11.54	2:30.17	3:47.99
18.	Libby Flitton	14	Dunstable	5:03.94	457	1:11.87	2:29.92	3:48.16
19.	Emily Joyce	14	Biggleswade	5:04.84	453	1:10.14	2:27.84	3:47.56
20.	Charley Taylor	14	Dereham	5:05.32	451	1:10.83	2:29.47	3:48.35
21.	Olivia Piaskowska	14	Dunstable	5:05.64	449	1:10.16	2:26.84	3:46.83
22.	Poppy Cunningham	14	Co Peterboro	5:06.49	446	1:10.44	2:27.52	3:47.23
23.	Lily Chappell	14	Royston	5:07.86	440	1:12.77	2:31.11	3:50.38
24.	Elija Mickaite	14	Co Peterboro	5:12.69	420	1:10.59	2:30.20	3:50.98
25.	Lois Alderton-Jode	14	Co Norwich	5:14.40	413	1:12.94	2:33.19	3:54.67
26.	Sara Onobrauche	14	Hatfield	5:19.30	394	1:12.05	2:32.69	3:57.60