

EVENT 521 Mixed 11/14 Yrs 1500m Freestyle

OPEN/MALE 11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts				
1.	Lewis Gardner	12	Basildon Ph	18:21.16	494				
	50m 31.19	100m 1:06.36	150m 1:42.55	200m 2:18.75	250m 2:55.40	300m 3:32.14	350m 4:09.35	400m 4:46.29	
	31.19	35.17	36.19	36.20	36.65	36.74	37.21	36.94	
	450m 5:23.42	500m 6:00.40	550m 6:37.60	600m 7:15.32	650m 7:52.82	700m 8:30.05	750m 9:07.32	800m 9:45.14	
	37.13	36.98	37.20	37.72	37.50	37.23	37.27	37.82	
	850m 10:22.87	900m 10:59.99	950m 11:37.24	1000m 12:14.60	1050m 12:52.03	1100m 13:29.27	1150m 14:06.20	1200m 14:43.12	
	37.73	37.12	37.25	37.36	37.43	37.24	36.93	36.92	
	1250m 15:20.30	1300m 15:56.96	1350m 16:34.01	1400m 17:10.90	1450m 17:47.15	1500m 18:21.16			
	37.18	36.66	37.05	36.89	36.25	34.01			
2.	Joseph Payne	12	Colchester	20:11.74	370				
	50m 35.29	100m 1:13.83	150m 1:54.06	200m 2:33.73	250m 3:13.95	300m 3:54.29	350m 4:34.88	400m 5:15.44	
	35.29	38.54	40.23	39.67	40.22	40.34	40.59	40.56	
	450m 5:56.08	500m 6:36.65	550m 7:17.42	600m 7:58.41	650m 8:38.73	700m 9:18.84	750m 9:59.24	800m 10:39.44	
	40.64	40.57	40.77	40.99	40.32	40.11	40.40	40.20	
	850m 11:19.69	900m 12:01.00	950m 12:41.24	1000m 13:22.75	1050m 14:03.42	1100m 14:44.41	1150m 15:25.47	1200m 16:06.60	
	40.25	41.31	40.24	41.51	40.67	40.99	41.06	41.13	
	1250m 16:47.86	1300m 17:29.25	1350m 18:11.23	1400m 18:52.92	1450m 19:33.37	1500m 20:11.74			
	41.26	41.39	41.98	41.69	40.45	38.37			
3.	David Hoara	12	Thurrock	20:12.38	370				
	50m 34.12	100m 1:12.54	150m 1:51.52	200m 2:31.36	250m 3:10.53	300m 3:50.72	350m 4:30.27	400m 5:10.72	
	34.12	38.42	38.98	39.84	39.17	40.19	39.55	40.45	
	450m 5:50.85	500m 6:31.35	550m 7:11.38	600m 7:51.87	650m 8:32.22	700m 9:13.27	750m 9:54.67	800m 10:35.45	
	40.13	40.50	40.03	40.49	40.35	41.05	41.40	40.78	
	850m 11:14.82	900m 11:56.27	950m 12:37.08	1000m 13:18.18	1050m 13:59.09	1100m 14:40.49	1150m 15:22.34	1200m 16:04.35	
	39.37	41.45	40.81	41.10	40.91	41.40	41.85	42.01	
	1250m 16:46.34	1300m 17:27.65	1350m 18:10.32	1400m 18:51.30	1450m 19:32.79	1500m 20:12.38			
	41.99	41.31	42.67	40.98	41.49	39.59			
4.	James Nelson	12	Co St Albans	20:29.38	355				
	50m 35.62	100m 1:16.52	150m 1:57.52	200m 2:38.06	250m 3:19.88	300m 4:00.63	350m 4:42.20	400m 5:23.76	
	35.62	40.90	41.00	40.54	41.82	40.75	41.57	41.56	
	450m 6:05.54	500m 6:46.44	550m 7:28.45	600m 8:08.55	650m 8:50.90	700m 9:31.46	750m 10:13.44	800m 10:54.27	
	41.78	40.90	42.01	40.10	42.35	40.56	41.98	40.83	
	850m 11:35.45	900m 12:16.71	950m 12:57.99	1000m 13:39.21	1050m 14:20.40	1100m 15:01.24	1150m 15:42.54	1200m 16:24.38	
	41.18	41.26	41.28	41.22	41.19	40.84	41.30	41.84	
	1250m 17:06.87	1300m 17:48.77	1350m 18:30.26	1400m 19:11.72	1450m 19:52.84	1500m 20:29.38			
	42.49	41.90	41.49	41.46	41.12	36.54			
5.	Alexander Irish	12	Newmarket	20:49.79	338				
	50m 35.05	100m 1:14.32	150m 1:55.04	200m 2:35.97	250m 3:16.93	300m 3:58.27	350m 4:39.54	400m 5:21.58	
	35.05	39.27	40.72	40.93	40.96	41.34	41.27	42.04	
	450m 6:03.32	500m 6:45.19	550m 7:26.99	600m 8:09.43	650m 8:51.31	700m 9:34.32	750m 10:16.70	800m 10:59.41	
	41.74	41.87	41.80	42.44	41.88	43.01	42.38	42.71	
	850m 11:41.61	900m 12:24.12	950m 13:05.68	1000m 13:48.84	1050m 14:30.69	1100m 15:13.38	1150m 15:55.35	1200m 16:37.52	
	42.20	42.51	41.56	43.16	41.85	42.69	41.97	42.17	
	1250m 17:20.30	1300m 18:03.04	1350m 18:45.12	1400m 19:27.44	1450m 20:09.11	1500m 20:49.79			
	42.78	42.74	42.08	42.32	41.67	40.68			
6.	Victor Dryankov	12	Thurrock	20:54.54	334				
	50m 34.02	100m -	150m 1:55.33	200m 3:04.42	250m 3:19.07	300m -	350m 4:44.13	400m 5:53.09	
	34.02	-	1:21.31	1:09.09	14.65	-	1:25.06	1:08.96	
	450m 6:07.65	500m 6:50.12	550m 7:31.85	600m 8:13.38	650m 8:54.30	700m 9:35.88	750m 10:17.72	800m 10:59.94	
	14.56	42.47	41.73	41.53	40.92	41.58	41.84	42.22	
	850m 11:41.62	900m 12:23.91	950m 13:05.54	1000m 13:47.37	1050m 14:29.12	1100m 15:11.57	1150m 15:54.34	1200m -	
	41.68	42.29	41.63	41.83	41.75	42.45	42.77	-	
	1250m 17:20.16	1300m 18:03.98	1350m 18:47.50	1400m 19:30.43	1450m 20:13.77	1500m 20:54.54			
	1:25.82	43.82	43.52	42.93	43.34	40.77			
7.	Tyler McLaughlin-Bell	12	Newmarket	21:11.82	320				
	50m 34.55	100m 1:14.17	150m 1:54.74	200m 2:36.94	250m 3:17.74	300m 4:01.68	350m 4:43.52	400m 5:26.28	
	34.55	39.62	40.57	42.20	40.80	43.94	41.84	42.76	
	450m 6:10.15	500m 6:52.58	550m 7:34.23	600m 8:17.26	650m 8:59.43	700m 9:43.74	750m 10:26.97	800m 11:10.73	
	43.87	42.43	41.65	43.03	42.17	44.31	43.23	43.76	
	850m 11:53.22	900m 12:37.83	950m 13:20.87	1000m 14:04.62	1050m 14:47.50	1100m 15:31.77	1150m 16:15.51	1200m 16:58.79	
	42.49	44.61	43.04	43.75	42.88	44.27	43.74	43.28	
	1250m 17:41.69	1300m 18:25.99	1350m 19:08.67	1400m 19:52.37	1450m 20:33.03	1500m 21:11.82			
	42.90	44.30	42.68	43.70	40.66	38.79			
8.	Sebastian Fraser	12	Flitwick	21:36.31	302				
	50m 37.56	100m 1:19.69	150m 2:01.57	200m 2:43.55	250m 3:26.18	300m 4:09.17	350m 4:52.53	400m 5:36.10	
	37.56	42.13	41.88	41.98	42.63	42.99	43.36	43.57	
	450m 6:20.13	500m 7:03.65	550m 7:48.14	600m 8:31.92	650m 9:15.51	700m 9:58.35	750m 10:43.08	800m 11:27.42	
	44.03	43.52	44.49	43.78	43.59	42.84	44.73	44.34	
	850m 12:11.74	900m 12:55.33	950m 13:38.62	1000m 14:22.81	1050m 15:06.37	1100m 15:50.60	1150m 16:34.99	1200m 17:19.12	
	44.32	43.59	43.29	44.19	43.56	44.23	44.39	44.13	
	1250m 18:04.24	1300m 18:48.15	1350m 19:31.30	1400m 20:13.64	1450m 20:56.54	1500m 21:36.31			
	45.12	43.91	43.15	42.34	42.90	39.77			
9.	Jacob Wadley	12	Colchester	21:58.28	288				
	50m 37.15	100m 1:18.88	150m 2:02.05	200m 2:45.68	250m 3:29.11	300m 4:13.81	350m 4:57.64	400m 5:42.32	
	37.15	41.73	43.17	43.63	43.43	44.70	43.83	44.68	
	450m 6:26.55	500m 7:11.01	550m 7:55.40	600m 8:40.13	650m 9:24.37	700m 10:09.48	750m 10:53.98	800m 11:38.35	
	44.23	44.46	44.39	44.73	44.24	45.11	44.50	44.37	
	850m 12:22.58	900m 13:07.27	950m 13:51.20	1000m 14:34.89	1050m 15:18.55	1100m 16:02.89	1150m 16:46.97	1200m 17:31.17	
	44.23	44.69	43.93	43.69	43.66	44.34	44.08	44.20	
	1250m 18:15.44	1300m 18:59.53	1350m 19:43.45	1400m 20:27.26	1450m 21:13.04	1500m 21:58.28			
	44.27	44.09	43.92	43.81	45.78	45.24			
	John Homan-Daly	12	Co St Albans	DNC					

Swim England East Region

2026 Long Course Championships

Results Session Thirteen

OPEN/MALE 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Benjamin Piscopo	13	Co Peterboro	17:48.28	541
	50m 29.98	100m 1:03.99	150m 1:39.53	200m 2:15.17	250m 2:50.72
	29.98	34.01	35.54	35.64	35.55
	450m 5:15.11	500m 5:51.21	550m 6:27.56	600m 7:03.93	650m 7:38.32
	35.86	36.10	36.35	36.37	34.39
	850m 10:01.34	900m 10:37.15	950m 11:13.14	1000m 11:49.25	1050m 12:24.96
	35.60	35.81	35.99	36.11	35.71
	1250m 14:49.01	1300m 15:25.11	1350m 16:01.40	1400m 16:37.50	1450m 17:13.38
	36.19	36.10	36.29	36.10	35.88
2.	Jack Lees	13	Epping Fort	17:58.44	526
	50m 29.61	100m 1:03.64	150m 1:39.39	200m 2:15.06	250m 2:50.59
	29.61	34.03	35.75	35.67	35.53
	450m 5:14.89	500m 5:50.92	550m 6:27.46	600m 7:03.96	650m 7:38.90
	36.33	36.03	36.54	36.50	34.94
	850m 10:03.23	900m 10:39.95	950m 11:16.60	1000m 11:53.79	1050m 12:29.81
	35.65	36.72	36.65	37.19	36.02
	1250m 14:57.32	1300m 15:34.75	1350m 16:11.50	1400m 16:48.85	1450m 17:23.86
	36.81	37.43	36.75	37.35	35.01
3.	George Connor	13	Colchester	18:53.81	452
	50m 33.37	100m 1:09.82	150m 1:46.50	200m 2:23.54	250m 3:01.15
	33.37	36.45	36.68	37.04	37.61
	450m 5:33.36	500m 6:11.21	550m 6:48.96	600m 7:26.34	650m 8:03.78
	38.35	37.85	37.75	37.38	37.44
	850m 10:34.06	900m 11:12.63	950m 11:51.06	1000m 12:30.15	1050m 13:09.23
	38.37	38.57	38.43	39.09	39.08
	1250m 15:45.55	1300m 16:23.51	1350m 17:01.81	1400m 17:39.85	1450m 18:17.27
	38.75	37.96	38.30	38.04	37.42
4.	Jude Wankowski	13	teamipswich	18:57.88	447
	50m 32.42	100m 1:08.34	150m 1:45.10	200m 2:22.25	250m 2:59.71
	32.42	35.92	36.76	37.15	37.46
	450m 5:31.52	500m 6:10.46	550m 6:47.56	600m 7:25.95	650m 8:04.40
	37.94	38.94	37.10	38.39	38.45
	850m 10:38.13	900m 11:17.19	950m 11:55.61	1000m 12:34.63	1050m 13:12.65
	38.57	39.06	38.42	39.02	38.02
	1250m 15:46.71	1300m 16:25.89	1350m 17:03.66	1400m 17:42.71	1450m 18:19.98
	38.03	39.18	37.77	39.05	37.27
5.	Apollo Pop	13	Chelmsford	19:04.56	440
	50m 32.07	100m 1:08.90	150m 1:46.30	200m 2:24.72	250m 3:02.40
	32.07	36.83	37.40	38.42	37.68
	450m 5:33.99	500m 6:12.34	550m 6:51.12	600m 7:29.47	650m 8:08.30
	38.71	38.35	38.78	38.35	38.83
	850m 10:43.50	900m 11:22.66	950m 12:01.18	1000m 12:40.19	1050m 13:19.80
	38.63	39.16	38.52	39.01	39.61
	1250m 15:56.17	1300m 16:35.06	1350m 17:13.52	1400m 17:52.04	1450m 18:30.57
	39.07	38.89	38.46	38.52	38.53
6.	Elijah Wilson	13	teamipswich	19:24.02	418
	50m 33.01	100m 1:10.27	150m 1:48.08	200m 2:26.61	250m 3:05.11
	33.01	37.26	37.81	38.53	38.50
	450m 5:40.25	500m 6:19.62	550m 6:58.40	600m 7:38.33	650m 8:17.85
	38.76	39.37	38.78	39.93	39.52
	850m 10:55.53	900m 11:35.69	950m 12:14.66	1000m 12:54.69	1050m 13:33.95
	39.28	40.16	38.97	40.03	39.26
	1250m 16:11.22	1300m 16:50.24	1350m 17:29.11	1400m 18:08.59	1450m 18:46.71
	38.60	39.02	38.87	39.48	38.12
7.	Thomas Mutton	13	Deben	19:25.20	417
	50m 32.38	100m 1:09.28	150m 1:47.43	200m 2:25.88	250m 3:04.62
	32.38	36.90	38.15	38.45	38.74
	450m 5:40.64	500m 6:19.90	550m 6:58.69	600m 7:38.07	650m 8:17.24
	39.15	39.26	38.79	39.38	39.17
	850m 10:54.93	900m 11:34.27	950m 12:14.38	1000m 12:54.08	1050m 13:33.74
	39.43	39.34	40.11	39.70	39.66
	1250m 16:12.22	1300m 16:51.89	1350m 17:31.74	1400m 18:11.19	1450m 18:49.80
	39.57	39.67	39.85	39.45	38.61
8.	Leo Sims	13	Hatfield	19:28.24	413
	50m 33.32	100m 1:10.10	150m 1:47.62	200m 2:25.95	250m 3:04.07
	33.32	36.78	37.52	38.33	38.12
	450m 5:38.93	500m 6:17.70	550m 6:57.09	600m 7:35.99	650m 8:15.68
	39.15	38.77	39.39	38.90	39.69
	850m 10:54.69	900m 11:34.28	950m 12:13.72	1000m 12:53.24	1050m 13:33.50
	40.09	39.59	39.44	39.52	40.26
	1250m 16:12.36	1300m 16:51.67	1350m 17:31.03	1400m 18:09.93	1450m 18:49.39
	39.04	39.31	39.36	38.90	39.46
9.	Tobias Watson	13	Bo Southend	19:39.32	402
	50m 33.08	100m 1:09.68	150m 1:48.25	200m 2:26.78	250m 3:06.03
	33.08	36.60	38.57	38.53	39.25
	450m 5:43.65	500m 6:23.93	550m 7:03.55	600m 7:43.11	650m 8:22.85
	39.62	40.28	39.62	39.56	39.74
	850m 11:01.28	900m 11:41.28	950m 12:21.75	1000m 13:01.38	1050m 13:41.70
	39.61	40.00	40.47	39.63	40.32
	1250m 16:21.37	1300m 17:01.64	1350m 17:42.01	1400m 18:21.95	1450m 19:00.83
	39.40	40.27	40.37	39.94	38.88
10.	Archie Georgakis	13	Basildon Ph	19:45.29	396
	50m 34.76	100m 1:13.09	150m 1:52.53	200m 2:32.76	250m 3:12.61
	34.76	38.33	39.44	40.23	39.85
	450m 5:51.00	500m 6:31.08	550m 7:10.75	600m 7:51.03	650m 8:31.30
	38.91	40.08	39.67	40.28	40.27
	850m 11:10.12	900m 11:49.42	950m 12:29.25	1000m 13:09.91	1050m 13:48.86
	39.19	39.30	39.83	40.66	38.95
	1250m 16:28.78	1300m 17:08.98	1350m 17:48.25	1400m 18:28.15	1450m 19:06.85
	39.54	40.20	39.27	39.90	38.70

Swim England East Region

2026 Long Course Championships

Results Session Thirteen

11. Matthew Jarratt	13 Dunmow	Atlant	19:55.37	386				
50m 33.92	100m 1:11.91	150m 1:51.64	200m 2:31.16	250m 3:11.25	300m 3:50.85	350m 4:30.69	400m 5:10.22	
33.92	37.99	39.73	39.52	40.09	39.60	39.84	39.53	
450m 5:51.00	500m 6:30.95	550m 7:10.71	600m 7:50.26	650m 8:30.23	700m 9:10.29	750m 9:50.54	800m 10:30.82	
40.78	39.95	39.76	39.55	39.97	40.06	40.25	40.28	
850m 11:11.16	900m 11:51.36	950m 12:30.94	1000m 13:11.92	1050m 13:51.73	1100m 14:33.37	1150m 15:12.49	1200m 15:54.81	
40.34	40.20	39.58	40.98	39.81	41.64	39.12	42.32	
1250m 16:36.89	1300m 17:17.79	1350m 17:58.48	1400m 18:39.01	1450m 19:17.49	1500m 19:55.37			
42.08	40.90	40.69	40.53	38.48	37.88			
12. Aiden Gale	13 Leiston		20:01.08	380				
50m 33.97	100m 1:12.49	150m 1:51.58	200m 2:31.10	250m 3:10.06	300m 3:49.95	350m 4:29.77	400m 5:09.46	
33.97	38.52	39.09	39.52	38.96	39.89	39.82	39.69	
450m 5:49.17	500m 6:30.14	550m 7:10.59	600m 7:50.95	650m 8:31.36	700m 9:12.00	750m 9:52.73	800m 10:33.69	
39.71	40.97	40.45	40.36	40.41	40.64	40.73	40.96	
850m 11:14.22	900m 11:55.39	950m 12:36.59	1000m 13:18.04	1050m 14:00.28	1100m 14:42.90	1150m 15:24.66	1200m -	
40.53	41.17	41.20	41.45	42.24	42.62	41.76	-	
1250m 16:47.19	1300m 17:27.87	1350m 18:07.90	1400m 18:48.19	1450m 19:26.25	1500m 20:01.08			
1:22.53	40.68	40.03	40.29	38.06	34.83			
13. Samuel Fallahnia	13 Epping	Fort	20:02.65	379				
50m 35.51	100m 1:15.02	150m 1:55.29	200m 2:36.25	250m 3:16.24	300m 3:57.50	350m 4:37.85	400m 5:20.04	
35.51	39.51	40.27	40.96	39.99	41.26	40.35	42.19	
450m 5:59.78	500m 6:41.37	550m 7:23.20	600m 8:05.40	650m 8:46.65	700m 9:28.61	750m 10:10.16	800m 10:51.42	
39.74	41.59	41.83	42.20	41.25	41.96	41.55	41.26	
850m 11:31.94	900m 12:13.18	950m 12:53.54	1000m 13:34.36	1050m 14:14.10	1100m 14:54.50	1150m 15:33.79	1200m 16:13.14	
40.52	41.24	40.36	40.82	39.74	40.40	39.29	39.35	
1250m 16:51.46	1300m 17:30.38	1350m 18:09.22	1400m 18:47.55	1450m 19:25.77	1500m 20:02.65			
38.32	38.92	38.84	38.33	38.22	36.88			
14. George Sims	13 Hatfield		20:09.50	373				
50m 34.12	100m 1:11.83	150m 1:50.49	200m 2:30.50	250m 3:10.37	300m 3:51.10	350m 4:32.03	400m 5:13.61	
34.12	37.71	38.66	40.01	39.87	40.73	40.93	41.58	
450m 5:53.94	500m 6:34.99	550m 7:15.59	600m 7:56.98	650m 8:37.87	700m 9:19.21	750m 10:00.18	800m 10:41.40	
40.33	41.05	40.60	41.39	40.89	41.34	40.97	41.22	
850m 11:22.83	900m 12:03.71	950m 12:44.24	1000m 13:24.82	1050m 14:05.53	1100m 14:46.30	1150m 15:26.28	1200m 16:07.28	
41.43	40.88	40.53	40.58	40.71	40.77	39.98	41.00	
1250m 16:47.82	1300m 17:28.56	1350m 18:09.21	1400m 18:49.93	1450m 19:30.14	1500m 20:09.50			
40.54	40.74	40.65	40.72	40.21	39.36			
15. Harrison Dodwell	13 Bishop	Stort	20:09.52	373				
50m 32.75	100m 1:12.00	150m 1:52.34	200m 2:32.75	250m 3:12.88	300m 3:54.28	350m 4:34.52	400m 5:15.11	
32.75	39.25	40.34	40.41	40.13	41.40	40.24	40.59	
450m 5:55.84	500m 6:36.75	550m 7:17.75	600m 7:58.83	650m 8:39.67	700m 9:20.95	750m 10:01.86	800m 10:42.84	
40.73	40.91	41.00	41.08	40.84	41.28	40.91	40.98	
850m 11:23.33	900m 12:04.27	950m 12:45.29	1000m 13:26.81	1050m 14:07.09	1100m 14:47.64	1150m 15:28.60	1200m 16:09.55	
40.49	40.94	41.02	41.52	40.28	40.55	40.96	40.95	
1250m 16:50.79	1300m 17:31.96	1350m 18:11.58	1400m 18:51.63	1450m 19:30.47	1500m 20:09.52			
41.24	41.17	39.62	40.05	38.84	39.05			
16. Cody Bridgen	13 Watford	SC	20:17.46	365				
50m 35.54	100m 1:14.53	150m 1:54.86	200m 2:35.48	250m 3:16.30	300m 3:57.45	350m 4:38.49	400m 5:19.35	
35.54	38.99	40.33	40.62	40.82	41.15	41.04	40.86	
450m 6:01.32	500m 6:42.64	550m 7:24.08	600m 8:05.32	650m 8:46.36	700m 9:26.19	750m 10:06.56	800m 10:46.99	
41.97	41.32	41.44	41.24	41.04	39.83	40.37	40.43	
850m 11:27.83	900m 12:09.10	950m 12:50.63	1000m 13:31.22	1050m 14:12.12	1100m 14:52.88	1150m 15:33.49	1200m 16:14.40	
40.84	41.27	41.53	40.59	40.90	40.76	40.61	40.91	
1250m 16:55.83	1300m 17:37.02	1350m 18:17.99	1400m 18:58.65	1450m 19:39.92	1500m 20:17.46			
41.43	41.19	40.97	40.66	41.27	37.54			
17. Hugo Redel	13 Verulam		20:41.83	344				
50m 36.08	100m 1:15.61	150m 1:56.02	200m 2:36.62	250m 3:17.01	300m 3:58.19	350m 4:39.20	400m 5:20.52	
36.08	39.53	40.41	40.60	40.39	41.18	41.01	41.32	
450m 6:02.27	500m 6:43.99	550m 7:25.91	600m 8:07.77	650m 8:49.96	700m 9:31.94	750m 10:14.04	800m 10:56.85	
41.75	41.72	41.92	41.86	42.19	41.98	42.10	42.81	
850m 11:38.92	900m 12:21.46	950m 13:03.42	1000m 13:46.00	1050m 14:27.53	1100m 15:10.24	1150m 15:52.20	1200m 16:33.63	
42.07	42.54	41.96	42.58	41.53	42.71	41.96	41.43	
1250m 17:15.42	1300m 17:57.44	1350m 18:39.36	1400m 19:20.67	1450m 20:01.82	1500m 20:41.83			
41.79	42.02	41.92	41.31	41.15	40.01			
18. Kuba Kopec	13 Bedford	SS	20:43.52	343				
50m 34.71	100m 1:14.73	150m 1:55.25	200m 2:35.89	250m 3:16.62	300m 3:57.68	350m 4:37.61	400m 5:20.09	
34.71	40.02	40.52	40.64	40.73	41.06	39.93	42.48	
450m 6:00.98	500m 6:42.72	550m 7:24.74	600m 8:06.87	650m 8:48.12	700m 9:30.65	750m 10:12.24	800m 10:54.33	
40.89	41.74	42.02	42.13	41.25	42.53	41.59	42.09	
850m 11:35.42	900m 12:17.82	950m 12:58.22	1000m 13:41.15	1050m 14:24.25	1100m 15:07.13	1150m 15:48.93	1200m 16:31.46	
41.09	42.40	40.40	42.93	43.10	42.88	41.80	42.53	
1250m 17:13.73	1300m 17:56.37	1350m 18:39.30	1400m 19:21.80	1450m 20:02.02	1500m 20:43.52			
42.27	42.64	42.93	42.50	40.22	41.50			
19. Cameron Thackrah	13 Linslade		20:48.63	339				
50m 34.77	100m 1:14.87	150m 1:55.68	200m 2:36.14	250m 3:17.07	300m 3:58.20	350m 4:39.96	400m 5:20.62	
34.77	40.10	40.81	40.46	40.93	41.13	41.76	40.66	
450m 6:02.84	500m 6:43.94	550m 7:26.33	600m 8:07.67	650m 8:50.56	700m 9:31.84	750m 10:13.55	800m 10:55.30	
42.22	41.10	42.39	41.34	42.89	41.28	41.71	41.75	
850m 11:38.14	900m 12:20.39	950m 13:01.90	1000m 13:43.67	1050m 14:25.80	1100m 15:07.48	1150m 15:49.18	1200m 16:31.13	
42.84	42.25	41.51	41.77	42.13	41.68	41.70	41.95	
1250m 17:14.67	1300m 17:58.35	1350m 18:40.75	1400m 19:23.86	1450m 20:06.41	1500m 20:48.63			
43.54	43.68	42.40	43.11	42.55	42.22			
20. Harvey Peacock	13 Bo	Southend	21:27.93	308				
50m 35.62	100m 1:16.24	150m 1:58.17	200m 2:40.58	250m 3:23.10	300m 4:06.39	350m 4:49.30	400m 5:32.00	
35.62	40.62	41.93	42.41	42.52	43.29	42.91	42.70	
450m 6:15.13	500m 6:57.77	550m 7:41.22	600m 8:24.41	650m 9:07.78	700m 9:51.70	750m 10:35.29	800m 11:18.29	
43.13	42.64	43.45	43.19	43.37	43.92	43.59	43.00	
850m 12:01.52	900m 12:45.60	950m 13:29.89	1000m 14:13.99	1050m 14:57.04	1100m 15:40.17	1150m 16:23.92	1200m 17:08.48	
43.23	44.08	44.29	44.10	43.05	43.13	43.75	44.56	
1250m 17:52.02	1300m 18:36.03	1350m 19:19.72	1400m 20:03.77	1450m 20:46.27	1500m 21:27.93			
43.54	44.01	43.69	44.05	42.50	41.66			

Swim England East Region

2026 Long Course Championships

Results Session Thirteen

OPEN/MALE 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Ashton Hunter	14	Co Peterboro	17:54.43	532
	50m 31.56	100m 1:06.02	150m 1:41.06	200m 2:16.75	250m 2:52.47
	31.56	34.46	35.04	35.69	35.72
	450m 5:15.76	500m 5:51.93	550m 6:28.10	600m 7:04.25	650m 7:40.21
	36.06	36.17	36.17	36.15	35.96
	850m 10:04.28	900m 10:40.29	950m 11:16.67	1000m 11:53.21	1050m 12:29.64
	35.98	36.01	36.38	36.54	36.43
	1250m 14:55.30	1300m 15:31.30	1350m 16:07.32	1400m 16:44.00	1450m 17:19.69
	36.14	36.00	36.02	36.68	35.69
2.	Aaron Rawnsley	14	Harpenden	18:14.65	503
	50m 31.87	100m 1:07.81	150m 1:43.92	200m 2:20.54	250m 2:56.63
	31.87	35.94	36.11	36.62	36.09
	450m 5:22.53	500m 5:59.37	550m 6:35.55	600m 7:12.32	650m 7:48.84
	36.33	36.84	36.18	36.77	36.52
	850m 10:15.55	900m 10:51.87	950m 11:28.02	1000m 12:05.36	1050m 12:42.18
	36.86	36.32	36.15	37.34	36.82
	1250m 15:11.18	1300m 15:48.61	1350m 16:25.42	1400m 17:03.10	1450m 17:39.66
	36.98	37.43	36.81	37.68	36.56
3.	Finley Burford	14	Basildon Ph	18:18.47	497
	50m 30.55	100m 1:05.29	150m 1:40.95	200m 2:17.34	250m 2:53.72
	30.55	34.74	35.66	36.39	36.38
	450m 5:20.82	500m 5:57.28	550m 6:34.74	600m 7:11.31	650m 7:48.90
	37.41	36.46	37.46	36.57	37.59
	850m 10:17.10	900m 10:54.33	950m 11:31.58	1000m 12:08.94	1050m 12:46.49
	37.58	37.23	37.25	37.36	37.55
	1250m 15:14.93	1300m 15:52.66	1350m 16:29.87	1400m 17:06.68	1450m 17:42.20
	36.87	37.73	37.21	36.81	35.52
4.	Jack Munday	14	teamipswich	18:32.22	479
	50m 32.60	100m 1:09.88	150m 1:46.83	200m 2:24.82	250m 3:02.07
	32.60	37.28	36.95	37.99	37.25
	450m 5:30.56	500m 6:08.67	550m 6:46.16	600m 7:24.01	650m 8:00.77
	36.63	38.11	37.49	37.85	36.76
	850m 10:28.68	900m 11:06.30	950m 11:43.97	1000m 12:22.03	1050m 12:58.85
	36.64	37.62	37.67	38.06	36.82
	1250m 15:28.71	1300m 16:05.93	1350m 16:44.06	1400m 17:21.96	1450m 17:57.90
	37.34	37.22	38.13	37.90	35.94
5.	Noah Goodson	14	West Norfolk	18:47.97	459
	50m 32.06	100m 1:07.57	150m 1:43.79	200m 2:20.37	250m 2:56.79
	32.06	35.51	36.22	36.58	36.42
	450m 5:25.77	500m 6:03.43	550m 6:41.17	600m 7:18.93	650m 7:57.07
	37.80	37.66	37.74	37.76	38.14
	850m 10:30.29	900m 11:08.64	950m 11:46.73	1000m 12:25.37	1050m 13:03.92
	38.30	38.35	38.09	38.64	38.55
	1250m 15:38.15	1300m 16:17.14	1350m 16:55.65	1400m 17:34.12	1450m 18:11.43
	37.84	38.99	38.51	38.47	37.31
6.	Alfie Larham	14	Co Peterboro	18:54.96	451
	50m 31.33	100m 1:06.65	150m 1:42.75	200m 2:19.38	250m 2:56.27
	31.33	35.32	36.10	36.63	36.89
	450m 5:27.69	500m 6:06.11	550m 6:44.38	600m 7:22.17	650m 8:00.10
	37.57	38.42	38.27	37.79	37.93
	850m 10:34.21	900m 11:13.43	950m 11:51.86	1000m 12:31.33	1050m 13:09.38
	38.52	39.22	38.43	39.47	38.05
	1250m 15:44.07	1300m 16:23.34	1350m 17:01.13	1400m 17:40.02	1450m 18:18.55
	38.86	39.27	37.79	38.89	38.53
7.	Noah Conroy	14	Bishop Stort	19:07.40	436
	50m 32.02	100m 1:09.04	150m 1:46.93	200m 2:25.09	250m 3:03.07
	32.02	37.02	37.89	38.16	37.98
	450m 5:36.31	500m 6:15.46	550m 6:53.62	600m 7:32.92	650m 8:11.70
	38.71	39.15	38.16	39.30	38.78
	850m 10:46.83	900m 11:25.92	950m 12:04.93	1000m 12:43.73	1050m 13:22.97
	39.02	39.09	39.01	38.80	39.24
	1250m 15:58.62	1300m 16:38.11	1350m 17:16.39	1400m 17:55.19	1450m 18:31.99
	38.44	39.49	38.28	38.80	36.80
8.	Henry Chaloner	14	Biggleswade	19:09.53	434
	50m 32.04	100m 1:06.84	150m 1:43.41	200m 2:20.56	250m 2:58.06
	32.04	34.80	36.57	37.15	37.50
	450m 5:30.51	500m 6:08.65	550m 6:47.15	600m 7:25.69	650m 8:04.61
	38.30	38.14	38.50	38.54	38.92
	850m 10:41.41	900m 11:20.62	950m 11:59.86	1000m 12:39.07	1050m 13:18.39
	39.56	39.21	39.24	39.21	39.32
	1250m 15:56.60	1300m 16:35.89	1350m 17:15.01	1400m 17:54.18	1450m 18:32.82
	39.86	39.29	39.12	39.17	38.64
9.	Guy Spearman-Baines	14	Bishop Stort	19:14.28	429
	50m 32.57	100m 1:09.80	150m 1:48.12	200m -	250m 3:05.18
	32.57	37.23	38.32	-	1:17.06
	450m 5:40.92	500m -	550m 6:58.67	600m -	650m 8:16.87
	1:18.24	-	1:17.75	-	1:18.20
	850m 10:52.98	900m 11:32.08	950m 12:11.83	1000m 12:51.09	1050m 13:30.18
	38.92	39.10	39.75	39.26	39.09
	1250m 16:06.60	1300m -	1350m 17:25.94	1400m -	1450m 18:39.51
	38.66	-	1:19.34	-	1:13.57
10.	Adam Thompson	14	Thurrock	19:25.43	416
	50m 33.75	100m 1:11.68	150m 1:50.23	200m 2:29.14	250m 3:07.21
	33.75	37.93	38.55	38.91	38.07
	450m 5:43.30	500m 6:22.78	550m 7:02.43	600m 7:41.87	650m 8:21.21
	38.90	39.48	39.65	39.44	39.34
	850m 10:58.43	900m 11:37.91	950m 12:17.05	1000m 12:57.19	1050m 13:35.93
	38.90	39.48	39.14	40.14	38.74
	1250m 16:13.04	1300m 16:52.20	1350m 17:30.85	1400m 18:10.02	1450m 18:48.10
	38.60	39.16	38.65	39.17	38.08

Swim England East Region 2026 Long Course Championships Results Session Thirteen

11. Mylo Molloy	14 Co St Albans	20:03.95	378						
50m 34.86	100m 1:13.88	150m 1:54.19	200m 2:34.62	250m 3:14.81	300m 3:54.96	350m 4:34.71	400m 5:14.99		
34.86	39.02	40.31	40.43	40.19	40.15	39.75	40.28		
450m 5:55.34	500m 6:36.04	550m 7:16.63	600m 7:56.35	650m 8:36.01	700m 9:16.73	750m 9:57.54	800m 10:37.90		
40.35	40.70	40.59	39.72	39.66	40.72	40.81	40.36		
850m 11:17.95	900m 11:58.24	950m 12:38.51	1000m 13:19.13	1050m 13:59.53	1100m 14:40.12	1150m 15:20.65	1200m 16:01.80		
40.05	40.29	40.27	40.62	40.40	40.59	40.53	41.15		
1250m 16:42.35	1300m 17:23.40	1350m 18:04.32	1400m 18:44.27	1450m 19:24.94	1500m 20:03.95				
40.55	41.05	40.92	39.95	40.67	39.01				

Swim England East Region

2026 Long Course Championships

Results Session Thirteen

FEMALE 11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Aine Coackley	12	teampiswch	19:46.05	467
	50m 34.36	100m 1:12.57	150m 1:51.74	200m 2:31.81	250m 3:11.84
	34.36	38.21	39.17	40.07	300m 3:51.91
	450m 5:51.42	500m 6:31.62	550m 7:10.70	600m 7:50.40	650m 8:29.72
	39.78	40.20	39.08	39.70	700m 9:09.33
	850m 11:08.54	900m 11:48.72	950m 12:28.44	1000m 13:08.74	1050m 13:48.29
	39.45	40.18	39.72	40.30	1100m 14:28.42
	1250m 16:28.95	1300m 17:09.10	1350m 17:48.69	1400m 18:28.55	1450m 19:07.47
	39.64	40.15	39.59	39.86	1500m 19:46.05
2.	Lara Kelly	12	New Hall	20:10.04	440
	50m 34.61	100m 1:13.64	150m 1:53.48	200m 2:34.50	250m 3:14.81
	34.61	39.03	39.84	41.02	300m 3:55.42
	450m 5:57.56	500m 6:38.52	550m 7:19.37	600m 8:00.24	650m 8:41.17
	41.30	40.96	40.85	40.87	700m 9:22.13
	850m 11:25.06	900m 12:05.96	950m 12:47.00	1000m 13:28.55	1050m 14:09.60
	40.43	40.90	41.04	41.55	1100m 14:50.25
	1250m 16:51.21	1300m 17:30.88	1350m 18:11.31	1400m 18:51.19	1450m 19:31.20
	40.16	39.67	40.43	39.88	1500m 20:10.04
3.	Nora Hughes	12	Colchester	20:13.24	436
	50m 34.40	100m 1:12.58	150m 1:52.01	200m 2:31.56	250m 3:11.29
	34.40	38.18	39.43	39.55	300m 3:51.73
	450m 5:52.93	500m 6:33.93	550m 7:14.55	600m 7:55.73	650m 8:36.31
	40.56	41.00	40.62	41.18	700m 9:17.66
	850m 11:19.94	900m 12:01.65	950m 12:42.71	1000m 13:23.50	1050m 14:05.18
	40.69	41.71	41.06	40.79	1100m 14:47.16
	1250m 16:51.03	1300m 17:33.90	1350m 18:14.58	1400m 18:56.21	1450m 19:35.89
	41.32	42.87	40.68	41.63	1500m 20:13.24
4.	Hollie Featherstone	12	Epping For't	20:23.30	426
	50m 34.95	100m 1:14.02	150m 1:54.64	200m 2:34.61	250m 3:15.86
	34.95	39.07	40.62	39.97	300m 3:57.18
	450m 6:01.64	500m 6:43.20	550m 7:24.66	600m 8:05.75	650m 8:47.50
	41.49	41.56	41.46	41.09	700m 9:28.80
	850m 11:33.55	900m 12:13.86	950m 12:54.83	1000m 13:36.19	1050m 14:17.46
	42.00	40.31	40.97	41.36	1100m 14:58.25
	1250m 17:02.16	1300m 17:43.13	1350m 18:24.48	1400m 19:05.59	1450m 19:45.25
	41.37	40.97	41.35	41.11	1500m 20:23.30
5.	Catherine Hatherly	12	Hatfield	20:29.14	419
	50m 35.48	100m 1:15.07	150m 1:56.78	200m 2:38.31	250m 3:19.90
	35.48	39.59	41.71	41.53	300m 4:01.74
	450m 6:07.43	500m 6:48.57	550m 7:30.99	600m 8:11.19	650m 8:51.96
	42.16	41.14	42.42	40.20	700m 9:33.84
	850m 11:37.45	900m 12:17.84	950m 12:58.18	1000m 13:37.67	1050m 14:18.75
	40.91	40.39	40.34	39.49	1100m 15:01.01
	1250m 17:05.28	1300m 17:46.83	1350m 18:28.95	1400m 19:10.27	1450m 19:50.60
	41.89	41.55	42.12	41.32	1500m 20:29.14
6.	Cassie Bonner	12	Epping For't	20:31.87	417
	50m 34.34	100m 1:13.15	150m 1:52.96	200m 2:32.96	250m 3:13.25
	34.34	38.81	39.81	40.00	300m 3:53.54
	450m 5:55.38	500m 6:37.50	550m 7:19.13	600m 8:00.85	650m 8:42.45
	40.79	42.12	41.63	41.72	700m 9:24.11
	850m 11:28.64	900m 12:11.17	950m 12:53.89	1000m 13:36.13	1050m 14:19.07
	41.49	42.53	42.72	42.24	1100m 15:00.90
	1250m 17:07.11	1300m 17:49.64	1350m 18:31.17	1400m 19:13.08	1450m 19:52.18
	41.61	42.53	41.53	41.91	1500m 20:31.87
7.	Florence Gill	12	Epping For't	21:02.40	387
	50m 35.67	100m 1:15.60	150m 1:57.64	200m 2:38.72	250m 3:19.14
	35.67	39.93	42.04	41.08	300m 4:01.34
	450m 6:09.36	500m 6:50.88	550m 7:34.21	600m 8:17.61	650m 9:00.89
	43.48	41.52	43.33	43.40	700m 9:41.89
	850m 11:49.10	900m 12:33.00	950m 13:16.04	1000m 13:58.75	1050m 14:41.13
	42.70	43.90	43.04	42.71	1100m 15:24.47
	1250m 17:34.21	1300m 18:17.22	1350m 19:00.05	1400m 19:42.23	1450m 20:24.47
	43.93	43.01	42.83	42.18	1500m 21:02.40
8.	Niamh Tuson	12	Epping For't	21:18.12	373
	50m 36.01	100m 1:17.11	150m 1:59.76	200m 2:43.08	250m 3:25.29
	36.01	41.10	42.65	43.32	300m 4:07.92
	450m 6:14.60	500m 6:57.34	550m 7:40.30	600m 8:23.25	650m 9:05.58
	42.11	42.74	42.96	42.95	700m 9:48.67
	850m 11:57.02	900m 12:40.21	950m 13:23.24	1000m 14:06.83	1050m 14:49.89
	41.93	43.19	43.03	43.59	1100m 15:33.53
	1250m 17:42.97	1300m 18:26.66	1350m 19:09.73	1400m 19:53.28	1450m 20:35.46
	42.86	43.69	43.07	43.55	1500m 21:18.12
9.	Iona Parkes	12	Thurrock	21:28.08	364
	50m 37.11	100m 1:18.36	150m 1:59.71	200m 2:41.95	250m 3:24.22
	37.11	41.25	41.35	42.24	300m 4:06.52
	450m 6:15.51	500m 6:58.32	550m 7:40.91	600m 8:23.86	650m 9:06.71
	43.00	42.81	42.59	42.95	700m 9:49.78
	850m 12:01.56	900m 12:45.45	950m 13:28.53	1000m 14:12.26	1050m 14:56.08
	44.42	43.89	43.08	43.73	1100m 15:40.55
	1250m 17:52.60	1300m 18:36.84	1350m 19:21.26	1400m 20:05.40	1450m 20:47.99
	43.57	44.24	44.42	44.14	1500m 21:28.08
10.	Isla Hall	12	Basildon Ph	21:50.62	346
	50m 39.25	100m 1:21.59	150m 2:05.28	200m 2:49.16	250m 3:33.63
	39.25	42.34	43.69	43.88	300m 4:18.20
	450m 6:31.13	500m 7:15.85	550m 7:59.65	600m 8:43.69	650m 9:27.91
	43.83	44.72	43.80	44.04	700m 10:12.10
	850m 12:24.37	900m 13:08.59	950m 13:51.82	1000m 14:36.40	1050m 15:20.46
	44.24	44.22	43.23	44.58	1100m 16:04.76
	1250m 18:16.24	1300m 19:00.25	1350m 19:42.79	1400m 20:26.14	1450m 21:08.63
	42.94	44.01	42.54	43.35	1500m 21:50.62

Swim England East Region 2026 Long Course Championships Results Session Thirteen

11. Molly Nowell	12 Stowmarket	21:51.32	345					
50m 36.52	100m 1:18.82	150m 2:01.31	200m 2:43.87	250m 3:27.13	300m 4:11.42	350m 4:54.77	400m 5:37.25	
36.52	42.30	42.49	42.56	43.26	44.29	43.35	42.48	
450m 6:21.73	500m 7:06.37	550m 7:50.02	600m 8:33.78	650m 9:18.39	700m 10:01.95	750m 10:46.75	800m 11:30.26	
44.48	44.64	43.65	43.76	44.61	43.56	44.80	43.51	
850m 12:15.93	900m 12:59.54	950m 13:45.02	1000m 14:29.48	1050m 15:13.78	1100m 15:58.48	1150m 16:42.85	1200m 17:27.18	
45.67	43.61	45.48	44.46	44.30	44.70	44.37	44.33	
1250m 18:12.86	1300m 18:58.21	1350m 19:43.36	1400m 20:26.53	1450m 21:10.60	1500m 21:51.32			
45.68	45.35	45.15	43.17	44.07	40.72			
12. Nancy Corke	12 Co Norwich	21:52.00	345					
50m 39.15	100m 1:22.72	150m 2:07.46	200m 2:51.56	250m 3:35.83	300m 4:20.12	350m 5:04.89	400m 5:49.45	
39.15	43.57	44.74	44.10	44.27	44.29	44.77	44.56	
450m 6:34.16	500m 7:18.69	550m 8:03.30	600m 8:46.69	650m 9:30.92	700m 10:15.42	750m 10:59.52	800m 11:42.72	
44.71	44.53	44.61	43.39	44.23	44.50	44.10	43.20	
850m 12:26.68	900m 13:10.39	950m 13:54.43	1000m 14:38.23	1050m 15:22.78	1100m 16:06.11	1150m 16:50.81	1200m 17:34.66	
43.96	43.71	44.04	43.80	44.55	43.33	44.70	43.85	
1250m 18:18.62	1300m 19:02.46	1350m 19:46.61	1400m 20:29.94	1450m 21:12.86	1500m 21:52.00			
43.96	43.84	44.15	43.33	42.92	39.14			
Amelie Murray	12 Epping Fort	DNC						

Swim England East Region

2026 Long Course Championships

Results Session Thirteen

FEMALE 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Alice Buckingham	13	Verulam	19:35.69	479
	50m 32.49	100m 1:09.68	150m 1:47.63	200m 2:26.29	250m 3:04.74
	32.49	37.19	37.95	38.66	38.45
	450m 5:41.57	500m 6:20.96	550m 7:00.41	600m 7:39.91	650m 8:19.12
	39.20	39.39	39.45	39.50	39.21
	850m 10:56.79	900m 11:36.99	950m 12:16.88	1000m 12:57.13	1050m 13:36.87
	39.32	40.20	39.89	40.25	39.74
	1250m 16:17.93	1300m 16:58.39	1350m 17:38.91	1400m 18:18.74	1450m 18:57.59
	39.92	40.46	40.52	39.83	38.85
2.	Charlotte Dixon	13	Hitchin	19:39.39	475
	50m 34.04	100m 1:11.55	150m 1:49.92	200m 2:28.77	250m 3:07.62
	34.04	37.51	38.37	38.85	38.85
	450m 5:45.46	500m 6:25.38	550m 7:05.61	600m 7:45.39	650m 8:24.84
	39.93	39.92	40.23	39.78	39.45
	850m 11:05.09	900m 11:45.21	950m 12:26.14	1000m 13:05.94	1050m 13:45.71
	40.21	40.12	40.93	39.80	39.77
	1250m 16:23.48	1300m 17:03.09	1350m 17:42.43	1400m 18:22.59	1450m 19:00.75
	39.21	39.61	39.34	40.16	38.16
3.	Elsie Cole	13	Epping For't	19:42.44	471
	50m 33.01	100m 1:10.30	150m 1:49.02	200m 2:27.89	250m 3:06.70
	33.01	37.29	38.72	38.87	38.81
	450m 5:43.55	500m 6:23.07	550m 7:03.17	600m 7:43.18	650m 8:23.11
	39.45	39.52	40.10	40.01	39.93
	850m 11:03.59	900m 11:44.24	950m 12:24.04	1000m 13:04.73	1050m 13:45.06
	39.84	40.65	39.80	40.69	40.33
	1250m 16:25.83	1300m 17:06.40	1350m 17:46.56	1400m 18:25.44	1450m 19:05.12
	39.71	40.57	40.16	38.88	39.68
4.	Olivia Bryant	13	Stowmarket	19:48.23	464
	50m 33.25	100m 1:11.03	150m 1:49.29	200m 2:27.57	250m 3:07.10
	33.25	37.78	38.26	38.28	39.53
	450m 5:46.01	500m 6:26.07	550m 7:06.89	600m 7:46.83	650m 8:27.35
	39.77	40.06	40.82	39.94	40.52
	850m 11:08.92	900m 11:49.11	950m 12:29.64	1000m 13:09.86	1050m 13:50.86
	40.57	40.19	40.53	40.22	41.00
	1250m 16:31.29	1300m 17:10.92	1350m 17:51.05	1400m 18:31.64	1450m 19:10.87
	40.51	39.63	40.13	40.59	39.23
5.	Olive Bailey	13	Colchester	19:50.07	462
	50m 33.15	100m 1:10.10	150m 1:47.71	200m 2:26.00	250m 3:05.00
	33.15	36.95	37.61	38.29	39.00
	450m 5:43.67	500m 6:23.55	550m 7:02.91	600m 7:43.40	650m 8:23.46
	39.92	39.88	39.36	40.49	40.06
	850m 11:04.12	900m 11:44.52	950m 12:23.98	1000m 13:04.31	1050m 13:44.40
	40.21	40.40	39.46	40.33	40.09
	1250m 16:27.37	1300m 17:09.62	1350m 17:50.60	1400m 18:32.47	1450m 19:12.46
	41.43	42.25	40.98	41.87	39.99
6.	Shuhan Yang	13	Colchester	19:52.43	459
	50m 34.57	100m 1:12.90	150m 1:52.24	200m 2:32.23	250m 3:12.10
	34.57	38.33	39.34	39.99	39.87
	450m 5:51.94	500m 6:31.72	550m 7:11.57	600m 7:51.71	650m 8:32.12
	40.00	39.78	39.85	40.14	40.41
	850m 11:14.29	900m 11:54.77	950m 12:34.87	1000m 13:14.60	1050m 13:55.35
	40.67	40.48	40.10	39.73	40.75
	1250m 16:36.67	1300m 17:16.64	1350m 17:56.58	1400m 18:36.79	1450m 19:16.09
	40.04	39.97	39.94	40.21	39.30
7.	Katherine Love	13	Chelmsford	19:54.45	457
	50m 32.93	100m 1:09.69	150m 1:47.90	200m 2:27.00	250m 3:06.16
	32.93	36.76	38.21	39.10	39.16
	450m 5:44.81	500m 6:25.28	550m 7:05.80	600m 7:46.59	650m 8:27.19
	40.13	40.47	40.52	40.79	40.60
	850m 11:08.42	900m 11:49.10	950m 12:29.74	1000m 13:10.43	1050m 13:51.43
	39.48	40.68	40.64	40.69	41.00
	1250m 16:35.91	1300m 17:16.81	1350m 17:56.80	1400m 18:37.27	1450m 19:17.14
	41.03	40.90	39.99	40.47	39.87
8.	Elizabeth Litvinenko	13	West Norfolk	20:15.13	434
	50m 34.40	100m 1:12.35	150m 1:51.22	200m 2:30.88	250m 3:10.92
	34.40	37.95	38.87	39.66	40.04
	450m 5:51.35	500m 6:31.46	550m 7:11.95	600m 7:51.99	650m 8:32.43
	40.42	40.11	40.49	40.04	40.44
	850m 11:16.44	900m 11:58.08	950m 12:39.31	1000m 13:21.16	1050m 14:02.91
	41.33	41.64	41.23	41.85	41.75
	1250m 16:51.63	1300m 17:33.90	1350m 18:15.01	1400m 18:56.13	1450m 19:36.57
	41.54	42.27	41.11	41.12	40.44
9.	Poppy Ellingford	13	Thurrock	20:17.45	432
	50m 34.56	100m 1:12.70	150m 1:51.87	200m 2:31.77	250m 3:12.24
	34.56	38.14	39.17	39.90	40.47
	450m 5:54.25	500m 6:35.22	550m 7:16.17	600m 7:57.24	650m 8:38.71
	40.58	40.97	40.95	41.07	41.47
	850m 11:25.15	900m 12:07.18	950m 12:49.30	1000m 13:30.40	1050m 14:11.67
	41.68	42.03	42.12	41.10	41.27
	1250m 16:55.99	1300m 17:37.16	1350m 18:18.02	1400m 18:58.51	1450m 19:39.06
	41.64	41.17	40.86	40.49	40.55
10.	Lyra Schultz	13	Co Cambridge	20:23.30	426
	50m 35.67	100m 1:15.49	150m 1:56.09	200m 2:36.90	250m 3:17.83
	35.67	39.82	40.60	40.81	40.93
	450m 6:02.85	500m 6:43.86	550m 7:25.03	600m 8:06.26	650m 8:47.66
	41.39	41.01	41.17	41.23	41.40
	850m 11:33.14	900m 12:14.31	950m 12:55.94	1000m 13:36.34	1050m 14:17.80
	41.72	41.17	41.63	40.40	41.46
	1250m 17:03.12	1300m 17:43.64	1350m 18:25.27	1400m 19:06.13	1450m 19:46.71
	41.58	40.52	41.63	40.86	40.58

Swim England East Region 2026 Long Course Championships Results Session Thirteen

11. Lena Crisp	13 Norwich Swan	20:23.81	425				
50m 32.97	100m 1:11.39	150m 1:51.92	200m 2:32.61	250m 3:12.84	300m 3:53.44	350m 4:35.74	400m 5:16.48
32.97	38.42	40.53	40.69	40.23	40.60	42.30	40.74
450m 5:58.28	500m 6:40.18	550m 7:21.47	600m 8:03.67	650m 8:45.14	700m 9:27.04	750m 10:10.22	800m 10:51.93
41.80	41.90	41.29	42.20	41.47	41.90	43.18	41.71
850m 11:33.07	900m 12:13.67	950m 12:55.82	1000m 13:35.94	1050m 14:17.70	1100m 14:59.55	1150m 15:40.60	1200m 16:21.97
41.14	40.60	42.15	40.12	41.76	41.85	41.05	41.37
1250m 17:03.70	1300m 17:45.35	1350m 18:26.50	1400m 19:08.49	1450m 19:48.22	1500m 20:23.81		
41.73	41.65	41.15	41.99	39.73	35.59		
12. Dorothy Thorby	13 Co Norwich	20:26.29	422				
50m 34.52	100m 1:14.39	150m 1:55.38	200m 2:36.39	250m 3:17.82	300m 3:58.28	350m 4:40.09	400m 5:20.04
34.52	39.87	40.99	41.01	41.43	40.46	41.81	39.95
450m 6:01.56	500m 6:42.87	550m 7:23.87	600m 8:06.19	650m 8:46.58	700m 9:28.53	750m 10:11.45	800m 10:52.44
41.52	41.31	41.00	42.32	40.39	41.95	42.92	40.99
850m 11:34.72	900m 12:16.74	950m 12:59.13	1000m 13:41.64	1050m 14:21.11	1100m 15:03.23	1150m 15:44.80	1200m 16:27.05
42.28	42.02	42.39	42.51	39.47	42.12	41.57	42.25
1250m 17:08.64	1300m 17:49.50	1350m 18:29.95	1400m 19:11.63	1450m 19:50.96	1500m 20:26.29		
41.59	40.86	40.45	41.68	39.33	35.33		
13. Chloe Bucktrout	13 Linslade	20:36.96	412				
50m 35.06	100m 1:15.12	150m 1:55.99	200m 2:37.02	250m 3:18.30	300m 3:59.13	350m 4:40.13	400m 5:21.15
35.06	40.06	40.87	41.03	41.28	40.83	41.00	41.02
450m 6:03.06	500m 6:44.59	550m 7:26.55	600m 8:08.34	650m 8:50.23	700m 9:31.45	750m 10:13.00	800m 10:54.51
41.91	41.53	41.96	41.79	41.89	41.22	41.55	41.51
850m 11:35.85	900m 12:17.91	950m 12:59.83	1000m 13:41.09	1050m 14:23.47	1100m 15:05.18	1150m 15:46.85	1200m 16:28.59
41.34	42.06	41.92	41.26	42.38	41.71	41.67	41.74
1250m 17:10.52	1300m 17:51.99	1350m 18:34.52	1400m 19:16.44	1450m 19:58.05	1500m 20:36.96		
41.93	41.47	42.53	41.92	41.61	38.91		
14. Esme Parkes	13 Thurrock	20:46.82	402				
50m 34.66	100m 1:14.17	150m 1:54.57	200m 2:35.38	250m 3:17.02	300m 3:58.55	350m 4:40.45	400m 5:22.04
34.66	39.51	40.40	40.81	41.64	41.53	41.90	41.59
450m 6:04.38	500m 6:46.58	550m 7:28.46	600m 8:10.76	650m 8:52.61	700m 9:34.91	750m 10:16.82	800m 10:59.50
42.34	42.20	41.88	42.30	41.85	42.30	41.91	42.68
850m 11:41.21	900m 12:23.34	950m 13:05.74	1000m 13:48.29	1050m 14:31.13	1100m 15:14.09	1150m 15:55.38	1200m 16:37.83
41.71	42.13	42.40	42.55	42.84	42.96	41.29	42.45
1250m 17:19.74	1300m 18:01.71	1350m 18:44.51	1400m 19:27.84	1450m 20:07.49	1500m 20:46.82		
41.91	41.97	42.80	43.33	39.65	39.33		
15. Lola Oakley	13 Norwich Swan	20:56.81	392				
50m 35.51	100m 1:14.42	150m 1:54.75	200m 2:35.57	250m 3:16.61	300m 3:57.95	350m 4:39.53	400m 5:21.79
35.51	38.91	40.33	40.82	41.04	41.34	41.58	42.26
450m 6:04.03	500m 6:46.93	550m 7:29.04	600m 8:10.96	650m 8:53.46	700m 9:35.42	750m 10:17.68	800m 10:59.94
42.24	42.90	42.11	41.92	42.50	41.96	42.26	42.26
850m 11:42.03	900m 12:24.51	950m 13:07.08	1000m 13:49.77	1050m 14:32.29	1100m 15:14.93	1150m 15:57.82	1200m 16:41.08
42.09	42.48	42.57	42.69	42.52	42.64	42.89	43.26
1250m 17:23.77	1300m 18:07.05	1350m 18:49.84	1400m 19:32.50	1450m 20:15.24	1500m 20:56.81		
42.69	43.28	42.79	42.66	42.74	41.57		
16. Sakura Yamada-Orr	13 Co St Albans	21:02.25	387				
50m 36.37	100m 1:17.17	150m 1:58.04	200m 2:39.80	250m 3:21.09	300m 4:03.42	350m 4:45.15	400m 5:26.17
36.37	40.80	40.87	41.76	41.29	42.33	41.73	41.02
450m 6:08.15	500m 6:49.78	550m 7:31.59	600m 8:13.77	650m 8:55.73	700m 9:38.30	750m 10:21.05	800m 11:03.64
41.98	41.63	41.81	42.18	41.96	42.57	42.75	42.59
850m 11:46.07	900m 12:28.93	950m 13:11.18	1000m 13:53.66	1050m 14:36.67	1100m 15:20.57	1150m 16:03.91	1200m 16:47.10
42.43	42.86	42.25	42.48	43.01	43.90	43.34	43.19
1250m 17:31.26	1300m 18:14.75	1350m 18:57.04	1400m 19:40.19	1450m 20:22.65	1500m 21:02.25		
44.16	43.49	42.29	43.15	42.46	39.60		
17. Sophie Garland	13 Harpenden	21:07.99	382				
50m 35.86	100m 1:16.68	150m 1:57.38	200m 2:39.01	250m 3:21.58	300m 4:04.80	350m 4:47.65	400m 5:31.37
35.86	40.82	40.70	41.63	42.57	43.22	42.85	43.72
450m 6:13.74	500m 6:55.40	550m 7:37.51	600m 8:21.13	650m 9:03.70	700m 9:46.72	750m 10:30.98	800m 11:13.84
42.37	41.66	42.11	43.62	42.57	43.02	44.26	42.86
850m 11:56.40	900m 12:39.88	950m 13:21.95	1000m 14:05.81	1050m 14:48.01	1100m 15:31.20	1150m 16:13.62	1200m 16:56.94
42.56	43.48	42.07	43.86	42.20	43.19	42.42	43.32
1250m 17:41.52	1300m 18:24.42	1350m 19:06.28	1400m 19:48.54	1450m 20:28.86	1500m 21:07.99		
44.58	42.90	41.86	42.26	40.32	39.13		
18. Elissa Neo	13 Linslade	21:38.83	355				
50m 36.89	100m 1:18.22	150m 1:59.92	200m 2:42.72	250m 3:25.33	300m 4:08.09	350m 4:50.99	400m 5:34.65
36.89	41.33	41.70	42.80	42.61	42.76	42.90	43.66
450m 6:18.18	500m 7:01.97	550m 7:45.67	600m 8:29.10	650m 9:12.35	700m 9:54.64	750m 10:39.46	800m 11:23.97
43.53	43.79	43.70	43.43	43.25	42.29	44.82	44.51
850m 12:08.10	900m 12:52.33	950m 13:36.27	1000m 14:20.63	1050m 15:05.48	1100m 15:50.33	1150m 16:35.22	1200m 17:20.40
44.13	44.23	43.94	44.36	44.85	44.85	44.89	45.18
1250m 18:04.94	1300m 18:49.50	1350m 19:33.17	1400m 20:17.38	1450m 21:00.95	1500m 21:38.83		
44.54	44.56	43.67	44.21	43.57	37.88		

Swim England East Region

2026 Long Course Championships

Results Session Thirteen

FEMALE 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Addison Summers	14	Co St Albans	18:36.92	559
	50m 33.46	100m 1:11.03	150m 1:48.87	200m 2:26.52	250m 3:03.80
	33.46	37.57	37.84	37.65	37.28
	450m 5:34.80	500m 6:12.60	550m 6:49.97	600m 7:27.72	650m 8:05.02
	37.64	37.80	37.37	37.75	37.30
	850m 10:33.86	900m 11:11.17	950m 11:48.41	1000m 12:25.40	1050m 13:02.69
	37.10	37.31	37.24	36.99	37.29
	1250m 15:32.37	1300m 16:09.74	1350m 16:47.18	1400m 17:24.35	1450m 18:01.37
	37.40	37.37	37.44	37.17	37.02
2.	Mia Wilson	14	Basildon Ph	19:11.10	511
	50m 32.27	100m 1:09.08	150m 1:46.51	200m 2:24.15	250m 3:01.46
	32.27	36.81	37.43	37.64	37.31
	450m 5:32.76	500m 6:11.22	550m 6:49.26	600m 7:27.91	650m 8:06.22
	37.88	38.46	38.04	38.65	38.31
	850m 10:41.66	900m 11:20.89	950m 12:00.07	1000m 12:39.30	1050m 13:18.53
	38.78	39.23	39.18	39.23	39.23
	1250m 15:56.19	1300m 16:35.91	1350m 17:15.43	1400m 17:54.59	1450m 18:33.68
	39.51	39.72	39.52	39.16	39.09
3.	Cerys Wall	14	Co Cambridge	19:18.18	502
	50m 33.69	100m 1:10.95	150m 1:49.31	200m 2:26.88	250m 3:05.11
	33.69	37.26	38.36	37.57	38.23
	450m 5:38.96	500m 6:18.48	550m 6:57.19	600m 7:35.92	650m 8:15.07
	38.83	39.52	38.71	38.73	39.15
	850m 10:53.57	900m 11:32.17	950m 12:11.30	1000m 12:50.66	1050m 13:29.91
	40.38	38.60	39.13	39.36	39.25
	1250m 16:05.78	1300m 16:44.94	1350m 17:24.52	1400m 18:02.87	1450m 18:41.26
	38.84	39.16	39.58	38.35	38.39
4.	Sydney Lewis	14	Colchester	19:18.78	501
	50m 32.35	100m 1:08.85	150m 1:46.08	200m 2:23.22	250m 3:00.52
	32.35	36.50	37.23	37.14	37.30
	450m 5:32.60	500m 6:11.17	550m 6:49.36	600m 7:28.04	650m 8:06.49
	38.09	38.57	38.19	38.68	38.45
	850m 10:43.19	900m 11:22.63	950m 12:01.66	1000m 12:41.32	1050m 13:21.39
	39.30	39.44	39.03	39.66	40.07
	1250m 16:00.69	1300m 16:40.77	1350m 17:21.07	1400m 18:00.98	1450m 18:40.62
	40.13	40.08	40.30	39.91	39.64
5.	Eliza Jennings	14	Biggleswade	19:32.95	483
	50m 33.76	100m 1:11.35	150m 1:49.66	200m 2:28.32	250m 3:06.98
	33.76	37.59	38.31	38.66	38.66
	450m 5:43.18	500m 6:22.72	550m 7:02.29	600m 7:41.86	650m 8:21.03
	39.15	39.54	39.57	39.57	39.17
	850m 10:58.14	900m 11:37.82	950m 12:17.34	1000m 12:57.21	1050m 13:36.34
	38.95	39.68	39.52	39.87	39.13
	1250m 16:14.93	1300m 16:54.73	1350m 17:34.47	1400m 18:14.77	1450m 18:54.18
	39.80	39.80	39.74	40.30	39.41
6.	Nieve Ives	14	Hatfield	19:38.70	476
	50m 33.46	100m 1:10.07	150m 1:46.99	200m 2:25.53	250m 3:03.16
	33.46	36.61	36.92	38.54	37.63
	450m 5:38.87	500m 6:19.41	550m 6:58.21	600m 7:38.68	650m 8:17.35
	38.38	40.54	38.80	40.47	38.67
	850m 10:57.22	900m 11:37.77	950m 12:17.39	1000m 12:58.24	1050m 13:37.79
	39.45	40.55	39.62	40.85	39.55
	1250m 16:18.56	1300m 16:59.56	1350m 17:39.51	1400m 18:20.41	1450m 18:59.14
	39.30	41.00	39.95	40.90	38.73
7.	Skye Freeman	14	Norwich Swan	19:45.73	467
	50m 33.04	100m 1:10.62	150m 1:49.91	200m 2:29.78	250m 3:09.56
	33.04	37.58	39.29	39.87	39.78
	450m 5:49.90	500m 6:29.52	550m 7:09.14	600m 7:48.27	650m 8:28.05
	40.03	39.62	39.62	39.13	39.78
	850m 11:06.80	900m 11:47.40	950m 12:27.35	1000m 13:07.76	1050m 13:48.40
	40.12	40.60	39.95	40.41	40.64
	1250m 16:29.88	1300m 17:10.51	1350m 17:50.47	1400m 18:30.64	1450m 19:09.74
	39.98	40.63	39.96	40.17	39.10
8.	Charlotte Stocks	14	Linslade	19:51.11	461
	50m 34.79	100m 1:13.94	150m 1:53.49	200m 2:33.11	250m 3:12.99
	34.79	39.15	39.55	39.62	39.88
	450m 5:54.40	500m 6:34.54	550m 7:15.43	600m 7:55.09	650m 8:35.57
	40.71	40.14	40.89	39.66	40.48
	850m 11:17.19	900m 11:58.01	950m 12:37.94	1000m 13:18.02	1050m 13:58.23
	40.37	40.82	39.93	40.08	40.21
	1250m 16:38.50	1300m 17:18.55	1350m 17:58.11	1400m 18:38.03	1450m 19:16.39
	39.88	40.05	39.56	39.92	38.36
9.	Lilly Franks	14	Thurrock	19:52.05	460
	50m 33.87	100m 1:12.47	150m 1:52.11	200m 2:32.60	250m 3:12.61
	33.87	38.60	39.64	40.49	40.01
	450m 5:53.47	500m 6:33.40	550m 7:13.90	600m 7:54.42	650m 8:34.83
	40.05	39.93	40.50	40.52	40.41
	850m 11:16.27	900m 11:56.52	950m 12:36.52	1000m 13:16.12	1050m 13:55.99
	40.54	40.25	40.00	39.60	39.87
	1250m 16:37.47	1300m 17:17.19	1350m 17:56.95	1400m 18:36.77	1450m 19:15.59
	40.27	39.72	39.76	39.82	38.82
10.	Violet Freezer	14	teamipswich	19:54.11	458
	50m 34.36	100m 1:12.03	150m 1:50.73	200m 2:29.18	250m 3:08.22
	34.36	37.67	38.70	38.45	39.04
	450m 5:47.04	500m 6:27.22	550m 7:07.29	600m 7:47.21	650m 8:27.58
	40.01	40.18	40.07	39.92	40.37
	850m 11:08.98	900m 11:49.54	950m 12:30.43	1000m 13:11.40	1050m 13:51.62
	40.59	40.56	40.89	40.97	40.22
	1250m 16:34.93	1300m 17:16.60	1350m 17:56.57	1400m 18:36.50	1450m 19:16.19
	40.79	41.67	39.97	39.93	39.69

Swim England East Region

2026 Long Course Championships

Results Session Thirteen

11. Poppy Cunningham	14 Co Peterboro	19:56.76	455					
50m 33.70	100m 1:11.36	150m 1:50.81	200m 2:30.46	250m 3:10.10	300m 3:50.70	350m 4:30.36	400m 5:10.71	
33.70	37.66	39.45	39.65	39.64	40.60	39.66	40.35	
450m 5:50.54	500m -	550m 7:10.64	600m -	650m 8:31.64	700m 9:12.18	750m 9:52.54	800m 10:33.00	
39.83	-	1:20.10	-	1:21.00	40.54	40.36	40.46	
850m 11:12.95	900m 11:53.90	950m 12:34.26	1000m 13:14.53	1050m 13:54.92	1100m 14:35.87	1150m 15:15.72	1200m 15:56.51	
39.95	40.95	40.36	40.27	40.39	40.95	39.85	40.79	
1250m 16:36.74	1300m 17:17.10	1350m 17:57.24	1400m 18:37.55	1450m 19:16.92	1500m 19:56.76			
40.23	40.36	40.14	40.31	39.37	39.84			
12. Nellie Chadderton	14 West Norfolk	20:22.34	427					
50m 35.46	100m 1:14.33	150m 1:54.45	200m 2:34.32	250m 3:14.38	300m 3:53.60	350m 4:34.04	400m 5:13.48	
35.46	38.87	40.12	39.87	40.06	39.22	40.44	39.44	
450m 5:54.10	500m 6:34.08	550m 7:14.87	600m 7:55.79	650m 8:36.46	700m 9:17.24	750m 9:58.74	800m 10:39.87	
40.62	39.98	40.79	40.92	40.67	40.78	41.50	41.13	
850m 11:21.74	900m 12:03.07	950m 12:45.46	1000m 13:27.66	1050m 14:08.77	1100m 14:50.32	1150m 15:33.04	1200m 16:15.51	
41.87	41.33	42.39	42.20	41.11	41.55	42.72	42.47	
1250m 16:58.14	1300m 17:39.64	1350m 18:21.05	1400m 19:01.85	1450m 19:42.86	1500m 20:22.34			
42.63	41.50	41.41	40.80	41.01	39.48			
13. Libby Flitton	14 Dunstable	20:34.34	414					
50m 36.04	100m 1:15.49	150m 1:55.05	200m 2:35.48	250m 3:15.60	300m 3:55.77	350m 4:35.89	400m 5:16.23	
36.04	39.45	39.56	40.43	40.12	40.17	40.12	40.34	
450m 5:56.85	500m 6:37.46	550m 7:18.27	600m 7:59.56	650m 8:40.31	700m 9:21.33	750m 10:02.26	800m 10:43.74	
40.62	40.61	40.81	41.29	40.75	41.02	40.93	41.48	
850m 11:25.17	900m 12:06.77	950m 12:48.56	1000m 13:30.72	1050m 14:12.43	1100m 14:54.98	1150m 15:37.10	1200m 16:19.65	
41.43	41.60	41.79	42.16	41.71	42.55	42.12	42.55	
1250m 17:02.00	1300m -	1350m 18:27.47	1400m 19:10.42	1450m 19:52.98	1500m 20:34.34			
42.35	-	1:25.47	42.95	42.56	41.36			
Abigail Tilley	14 Chelmsford	DNC						
Isla Mason	14 Stowmarket	DNC						