

EVENT 601 Open/Male 400m IM

Full Results

Place	Name	AaD	Club	Time	WA Pts				
1.	Frank Lamb	16	Co Peterboro	4:31.58	646				
	50m 28.52	100m 1:01.62	150m 1:36.73	200m 2:11.00	250m 2:49.09	300m 3:28.22	350m 4:01.17	400m 4:31.58	
2.	Oscar Winterburn	17	teamipswich	4:33.98	629				
	50m 28.22	100m 1:02.26	150m 1:37.74	200m 2:12.60	250m 2:52.79	300m 3:33.18	350m 4:05.03	400m 4:33.98	
3.	Edward Ormsby	18	Co Cambridge	4:34.05	629				
	50m 29.22	100m 1:02.50	150m 1:38.49	200m 2:14.63	250m 2:53.19	300m 3:32.73	350m 4:03.92	400m 4:34.05	
4.	Harrison Shaw	18	Flitwick	4:36.15	614				
	50m 28.65	100m 1:02.33	150m 1:37.36	200m 2:12.50	250m 2:52.25	300m 3:33.51	350m 4:05.79	400m 4:36.15	
5.	Tyler Stone	15	Co Norwich	4:37.88	603				
	50m 28.49	100m 1:01.68	150m 1:39.98	200m 2:17.55	250m 2:54.71	300m 3:33.54	350m 4:06.07	400m 4:37.88	
6.	Robert Fenner	17	Basildon Ph	4:40.05	589				
	50m 30.13	100m 1:04.99	150m 1:39.75	200m 2:14.17	250m 2:55.74	300m 3:37.03	350m 4:09.08	400m 4:40.05	
7.	Daniel Moyses	19	Co Peterboro	4:40.84	584				
	50m 28.99	100m 1:03.02	150m 1:38.83	200m 2:14.55	250m 2:54.09	300m 3:34.88	350m 4:08.02	400m 4:40.84	
8.	Lewis Jarrett	19	Co Norwich	4:41.28	581				
	50m 29.14	100m 1:02.62	150m 1:39.73	200m 2:16.03	250m 2:55.56	300m 3:35.94	350m 4:09.43	400m 4:41.28	
9.	Samuel Jeffrey	18	Hatfield	4:43.03	571				
	50m 29.09	100m 1:03.18	150m 1:39.97	200m 2:16.26	250m 2:56.61	300m 3:38.28	350m 4:10.89	400m 4:43.03	
10.	Kian Lee	17	Co Peterboro	4:44.52	562				
	50m 28.27	100m 1:01.43	150m 1:38.94	200m 2:14.79	250m 2:57.03	300m 3:39.09	350m 4:12.47	400m 4:44.52	
11.	Csanad Rehus	16	Co Peterboro	4:45.26	557				
	50m 29.89	100m 1:05.08	150m 1:41.90	200m 2:17.75	250m 2:59.16	300m 3:41.40	350m 4:14.72	400m 4:45.26	
12.	Luke Owens	15	Putteridge	4:47.02	547				
	50m 29.64	100m 1:03.79	150m 1:41.44	200m 2:18.58	250m 3:00.61	300m 3:42.34	350m 4:15.58	400m 4:47.02	
13.	George Prince	17	Putteridge	4:47.25	546				
	50m 30.53	100m 1:05.48	150m 1:44.20	200m 2:21.30	250m 3:00.49	300m 3:40.43	350m 4:14.32	400m 4:47.25	
14.	George Heather	15	Co Peterboro	4:50.32	529				
	50m 30.37	100m 1:06.10	150m 1:43.50	200m 2:20.56	250m 3:02.86	300m 3:43.58	350m 4:17.62	400m 4:50.32	
15.	Jamie Wilson	16	West Norfolk	4:50.37	528				
	50m 29.13	100m 1:03.09	150m 1:42.12	200m 2:19.52	250m 3:02.79	300m 3:45.75	350m 4:18.83	400m 4:50.37	
16.	Philip Spalding	15	Putteridge	4:51.02	525				
	50m 30.16	100m 1:04.55	150m 1:41.63	200m 2:17.55	250m 2:59.77	300m 3:42.76	350m 4:17.66	400m 4:51.02	
17.	Joshua Jones	16	West Norfolk	4:52.43	517				
	50m 31.76	100m 1:07.48	150m 1:46.11	200m 2:24.08	250m 3:04.18	300m 3:44.83	350m 4:18.87	400m 4:52.43	
18.	Luke Martell	19	Watford SC	4:54.77	505				
	50m 30.33	100m 1:05.74	150m 1:43.42	200m 2:20.21	250m 3:03.70	300m 3:48.16	350m 4:21.85	400m 4:54.77	
19.	Kian Ptolomey	15	Putteridge	4:57.07	493				
	50m 31.31	100m 1:07.72	150m 1:46.35	200m 2:25.27	250m 3:07.34	300m 3:50.48	350m 4:24.00	400m 4:57.07	
20.	Ivan Ijomoni	14	Thurrock	4:58.60	486				
	50m 30.91	100m 1:05.71	150m 1:42.98	200m 2:21.51	250m 3:04.89	300m 3:49.39	350m 4:24.32	400m 4:58.60	
21.	Janos Csepely	14	teamipswich	4:58.96	484				
	50m 31.00	100m 1:07.94	150m 1:46.06	200m 2:23.90	250m 3:05.45	300m 3:49.14	350m 4:25.78	400m 4:58.96	
22.	Kameron Baker	14	Co Peterboro	4:59.20	483				
	50m 32.55	100m 1:08.28	150m 1:47.47	200m 2:25.63	250m 3:07.59	300m 3:49.59	350m 4:24.49	400m 4:59.20	
23.	Finlay German	16	Co Cambridge	5:02.02	469				
	50m 29.96	100m 1:04.74	150m 1:41.78	200m 2:18.65	250m 3:02.73	300m 3:46.79	350m 4:24.04	400m 5:02.02	
24.	Zachary Piscopo	14	Co Peterboro	5:03.28	464				
	50m 30.49	100m 1:05.90	150m 1:44.49	200m 2:22.79	250m 3:06.62	300m 3:50.58	350m 4:27.46	400m 5:03.28	
25.	Alexander Ball	18	Potters Bar	5:04.34	459				
	50m 31.58	100m 1:09.89	150m 1:50.64	200m 2:30.12	250m 3:11.89	300m 3:54.16	350m 4:30.35	400m 5:04.34	
26.	Theodore Monk	17	Co Cambridge	5:05.12	455				
	50m 30.03	100m 1:04.88	150m 1:44.37	200m 2:23.87	250m 3:09.38	300m 3:55.19	350m 4:30.16	400m 5:05.12	
	Daniel Meier	18	Biggleswade	DNC					
	Alexander Pattison	15	West Norfolk	DQ					

EVENT 602 Female 100m Backstroke
Full Results

Place	Name	AaD	Club	Class	Time	WA Pts	50
1.	Isobel Mather	18	Co Cambridge		1:02.86	665	30.53
2.	Erin Barber	15	Norwich Swan		1:03.28	652	30.64
3.	Emily Pitcher	17	Norwich Swan		1:03.79	637	31.00
4.	Nicole Maynard	16	Basildon Ph		1:04.00	630	31.22
5.	Lois Smith	15	Basildon Ph		1:04.42	618	31.29
6.	Grace Robinson	16	Norwich Swan		1:04.86	606	31.29
7.	Camille Vannier	18	Hatfield		1:04.95	603	31.54
8.	Alexandra Nurney	15	Hatfield		1:04.98	602	31.81
9.	Tia Sammut	14	Bedford SS		1:04.99	602	32.11
10.	Emily-Grace Bentley	15	Basildon Ph		1:05.16	597	31.26
11.	Erin Currie	17	Hatfield		1:05.18	597	31.37
12.	Amy Meyer	16	Biggleswade		1:05.36	592	31.81
13.	Chloe Armstrong	18	teamipswich		1:05.78	581	31.85
14.	Charlotte Pound	16	Putteridge		1:06.28	567	31.93
15.	Emma Cushion	15	Co Peterboro		1:06.48	562	31.96
16.	E Barth-Wehrenalp	15	Chelmsford		1:06.52	561	31.93
17.	Megan Pye	23	Co Norwich		1:06.64	558	32.13
18.	Aimee Sanders	13	Dunstable		1:06.68	557	32.57
19.	Sophie Green	18	Hatfield		1:06.88	552	31.43
20.	Summer Evason	16	Watford SC		1:06.89	552	32.59
21.	Naomi Rose Conday	15	Bishop Stort		1:07.05	548	31.87
22.	Freya Hadnutt	17	Bishop Stort		1:07.10	547	32.34
23.	Matilda Sharpe	13	Co Norwich		1:07.23	544	32.42
24.	Kitty Lamb	14	Co Peterboro		1:07.27	543	33.00
25.	Summer Boswell	17	Hatfield		1:07.45	538	32.37
26.	Mia Nelson	14	Cheshunt		1:07.48	538	32.70
27.	Victoria Edghill	13	Basildon Ph		1:07.51	537	33.62
28.	Sophie Holliss	17	Co St Albans		1:07.58	535	31.98
29.	Orlagh Quarrell	15	Watford SC		1:07.66	533	33.01
30.	Olivia Wicks	13	Norwich Swan		1:07.80	530	32.88
31.	Alice Watts	17	Co Cambridge		1:07.90	528	32.39
32.	Evie Butterworth	15	Watford SC		1:07.98	526	32.21
33.	Sophie Roberts	16	teamipswich		1:08.03	525	32.91
34.	Peggy Cartmell	17	Flitwick		1:08.13	522	32.60
35.	Meghan Howarth Owen	16	Chelmsford		1:08.14	522	32.85
36.	Lily Steel	15	teamipswich		1:08.15	522	33.22
37.	Amerie Njaway	15	Putteridge		1:08.64	511	32.96
38.	Chloe Knight	16	Hadleigh		1:08.67	510	32.24
39.	Anna Zapisetskaya	14	Co St Albans		1:08.70	510	32.96
40.	Lola Mitchinson	14	Thetford		1:08.71	509	33.03
41.	Erin Woodrow	18	West Norfolk		1:08.83	507	32.89
42.	Grace Manning	13	Basildon Ph		1:08.84	506	33.46
43.	Lexie Sandiford	14	Putteridge		1:09.16	499	33.61
44.	Aria Sabado	13	Basildon Ph		1:09.26	497	34.01
45.	Olivia Mendham	17	DunmowAtlant		1:09.45	493	32.73
46.	Cerys Wall	13	Co Cambridge		1:09.83	485	34.22
46.	Jasmine Coleman	19	Co Cambridge		1:09.83	485	33.60
48.	Charlotte Belcher	15	Bedford SS		1:09.85	485	33.41
49.	Alexandra Hurley	15	Co Cambridge		1:09.86	485	33.17
49.	Matilda Stokes	14	Co Peterboro		1:09.86	485	33.93
51.	Emilia Rayner	16	Halstead		1:09.98	482	33.07
51.	Yan Ting Emily Pak	16	Co Cambridge		1:09.98	482	32.73
53.	Anastasja Wall	15	Dereham		1:09.99	482	33.52
54.	Florence Davies	17	Deben		1:10.05	481	33.83
55.	Poppy Garrod	16	Co Peterboro		1:10.11	479	33.86
56.	Ruby Baxter	14	West Norfolk		1:10.71	467	34.25
57.	Libby Whiting	16	Putteridge		1:10.81	465	33.62
58.	Olive Bailey	12	Colchester		1:11.50	452	34.66
59.	Lily Murrell	16	Norwich Swan		1:11.60	450	34.67
60.	Amber Flitton	16	Dunstable		1:11.78	447	34.58
61.	Olivia Lydon	20	Co Cambridge		1:11.82	446	34.31
62.	Eden Meanti	14	Putteridge		1:12.05	442	35.12
63.	Valeria Soldatikhina	12	West Norfolk		1:12.19	439	34.27
64.	Cassandra Pereira	15	Watford SC		1:15.00	392	35.46
65.	Lena Crisp	12	Norwich Swan	14	1:18.90	336	38.84
66.	Ida Corcoran	16	Flitwick	9	1:34.30	197	-
67.	Florence Richbell	11	Flitwick	12	1:36.86	181	47.00
	Georgia Holgate	18	Co Cambridge		DNC		
	Abigail Davis	15	Bedford SS		DNC		

Withdrawals
by 14:00

Multi-Classification by British Para-Swimming Points

Place	Name	AaD	Club	Class	Time	BDPoints	50
1.	Lena Crisp	12	Norwich Swan	14	1:18.90	576	38.84
2.	Ida Corcoran	16	Flitwick	9	1:34.30	364	-
3.	Florence Richbell	11	Flitwick	12	1:36.86	313	47.00

EVENT 603 Open/Male 100m Freestyle
Full Results

Place	Name	AaD	Club	Class	Time	WA Pts	50
1.	Evan McQuade	17	DunmowAtlant		51.11	675	24.58
2.	Samuel Rose	22	Norwich Swan		51.30	667	24.71
3.	Joshua Parker	16	Braintree		51.41	663	24.64
4.	Matthew Wright	27	Team Luton		51.75	650	24.65
5.	Alexander Volkovoy	20	Co Cambridge		51.77	649	24.99
6.	Dylan Davenport	16	Bishop Stort		51.84	647	25.11
7.	Freddie Gardner	19	Rochford		51.99	641	24.93
8.	Luke Tunstal	20	Co Peterboro		52.12	636	25.08
9.	Joshua Shepherd	17	Thurrock		52.47	624	24.51
10.	Ben Davison	20	Hatfield		52.74	614	25.18
11.	Oscar Hunter	16	Norwich Swan		52.88	609	25.15
12.	Kai Adams	29	Halstead		52.92	608	25.54
13.	Lloyd Battisson	20	Team Waveney		53.20	598	25.46
14.	Maxwell Hozier	16	Hoddesdon		53.21	598	25.50
15.	Nathan Birchenough	18	Norwich Swan		53.23	597	25.56
16.	Daniel Williams	17	Hatfield		53.24	597	25.56
17.	Frank Lamb	16	Co Peterboro		53.28	596	25.77
18.	Benjamin Every	17	Team Waveney		53.29	595	25.37
19.	Jack Abram	20	Co Norwich		53.30	595	24.73
20.	Jack Osborne	18	Deben		53.39	592	25.61
21.	Adam O'Neal	17	Bedford SS		53.55	587	25.97
22.	Billy Mead	20	Linslade		53.62	584	25.71
23.	Luke Bumard	16	Co St Albans		53.67	583	25.51
24.	Ryan Close	17	Bedford SS		53.88	576	25.84
25.	Oliver Davey	16	Co Ely		53.97	573	26.22
26.	K-Ets Yah-Khai	16	Hatfield		54.01	572	25.93
26.	Max Walters	16	Watford SC		54.01	572	25.94
28.	Razvan Vasile Lembac	18	Watford SC		54.10	569	25.66
29.	Joshua Sackree	17	Co Peterboro		54.23	565	25.44
30.	Marton Molnar	16	Co Cambridge		54.48	557	25.99
31.	Haiden Hall	15	Deben		54.60	553	26.24
32.	Kian Lee	17	Co Peterboro		54.72	550	26.15
33.	Harvey Durham	17	Co Norwich		54.73	549	26.45
34.	Charlie Payne	18	Newmarket		54.96	543	26.29
35.	Jude Gunner	16	Norwich Swan	14	55.05	540	26.68
36.	Finlay Neve	17	Co Norwich		55.07	539	26.14
37.	Ethan Knights	14	teamipswich		55.16	537	26.78
38.	Elliot Hall	15	Bishop Stort		55.20	536	26.68
39.	Nonso Nwabueze	16	Basildon Ph		55.21	535	25.76
40.	Naim Harvey	17	Basildon Ph		55.30	533	26.21
41.	Cheuk-Kin Lau	15	Co St Albans		55.31	532	26.23
42.	Rafael Corliano	15	Co Cambridge		55.39	530	26.90
43.	Norbert Kadar	16	Co Cambridge		55.51	527	26.73
44.	Oliver Fuller	15	Co Cambridge		55.61	524	26.91
45.	Ben Howlett	18	Deben		55.67	522	26.62
46.	Alfie Page	16	Co Cambridge		55.79	519	26.64
47.	Harry Cooper	17	Rochford		55.81	518	26.55
47.	George Carter	17	Co Cambridge		55.81	518	26.85
49.	Billy Cyl	17	Hoddesdon		55.85	517	26.88
50.	Marcus King	17	Putteridge		55.87	516	27.21
51.	Harry Phelan	16	Basildon Ph		55.98	513	26.81
52.	Joe Hammond	18	Co Norwich		56.03	512	26.83
52.	Jack Pallant	21	Team Waveney		56.03	512	26.42
54.	Thomas Garnett	18	West Norfolk		56.10	510	26.47
55.	Ethan Wallis	15	Norwich Swan		56.13	509	27.08
56.	Jude Staton	17	Co Peterboro		56.14	509	27.68
57.	Finlay Roberts	16	Witham Dolph		56.18	508	27.07
58.	Richard Farrar	17	Team Waveney		56.20	507	26.82
59.	Stewart Butler	15	Dunstable		56.26	506	27.20
60.	George Heather	15	Co Peterboro		56.29	505	27.43
61.	Xavier Zerban	14	Biggleswade		56.32	504	27.15
62.	Alfie Murdoch	17	Rochford		56.36	503	26.67
63.	Cameron Jones	19	Bedford SS		56.41	502	27.01
64.	Samuel Chamberlain	16	Stowmarket		56.47	500	27.27
65.	Isaac Buchan	16	Co Norwich		56.48	500	26.71
66.	Will Presland	20	Watford SC		56.63	496	27.14
67.	Charlie Cropley	19	Hitchin		56.65	495	27.12
68.	Jacob Schultz	14	Co Cambridge		56.68	495	27.24
69.	Dougie Parsons	17	Rochford		56.77	492	27.01
70.	Oscar McKern	16	Verulam		56.82	491	27.14
71.	B Macdonald-Williams	17	Bishop Stort		56.88	489	27.05
72.	Thomas Lloyd	17	Rochford		57.13	483	27.43
73.	Daniel Grimmer	19	West Norfolk		57.28	479	27.88
74.	Benjamin Watley	18	Witham Dolph		57.40	476	28.06
75.	Ivan Ijmoni	14	Thurrock		57.55	472	26.79
76.	Benjamin Taggart	18	Watford SC		57.73	468	27.28
77.	Josh Black	15	Co Cambridge		57.82	466	27.14
78.	Ashton Blake	16	Basildon Ph		58.50	450	27.77
79.	Corey Hare	19	teamipswich	14	58.64	447	28.07
80.	Samuel Black	18	Co Norwich	14	59.55	426	27.96
81.	Ryan Crouch	31	Deben	10	1:00.74	402	28.53
82.	Harry Arnold-Pepper	17	Co Cambridge	9	1:08.52	280	32.42
83.	Cameron Connelly	20	Flitwick	8	1:18.71	184	37.57
84.	Jacob Dessoy	17	Thurrock	8	1:25.42	144	41.50

EVENT 603 Open/Male 100m Freestyle**Full Results**

Luke Morley	18	Hitchin	DNC
Nathan Broadwater	14	teamipswich	DNC

Multi-Classification by British Para-Swimming Points

Place	Name	AaD	Club	Class	Time	BDPoints	50
1.	Jude Gunner	16	Norwich Swan	14	55.05	795	26.68
2.	Corey Hare	19	teamipswich	14	58.64	658	28.07
3.	Samuel Black	18	Co Norwich	14	59.55	628	27.96
4.	Ryan Crouch	31	Deben	10	1:00.74	515	28.53
5.	Harry Arnold-Pepper	17	Co Cambridge	9	1:08.52	456	32.42
6.	Cameron Connelly	20	Flitwick	8	1:18.71	383	37.57
7.	Jacob Dessoy	17	Thurrock	8	1:25.42	300	41.50

**Withdrawals
by 14:15**

EVENT 604 Female 200m Freestyle

Full Results

Place	Name	AaD	Club	Class	Time	WA Pts	50	100	150
1.	Grace Greenhalf	18	Co Norwich		2:03.92	705	28.62	59.42	1:31.32
2.	Jessica Medlicott	18	Dunstable		2:05.70	675	28.97	1:01.16	1:33.93
3.	Amelia Fenner	15	Basildon Ph		2:06.45	663	29.18	1:01.24	1:34.23
4.	Lexie O'Connor	18	Basildon Ph		2:06.69	660	29.10	1:01.06	1:33.86
5.	Ever Ives	16	Hatfield		2:06.86	657	29.47	1:01.71	1:34.25
6.	Rebecca Coogan	17	Thurrock		2:07.27	651	29.26	1:01.45	1:34.38
7.	Erin Barber	15	Norwich Swan		2:08.02	639	29.66	1:02.48	1:35.31
8.	Anabelle Kett	16	Co Peterboro		2:09.07	624	30.24	1:03.15	1:36.25
9.	Katerina Di Maria	17	Co Norwich		2:09.31	620	28.90	1:01.43	1:35.09
10.	Francesca Barber	16	Co Norwich		2:09.77	614	30.70	1:03.37	1:36.88
11.	Genevieve White	17	Co Cambridge		2:10.14	608	30.13	1:03.27	1:36.79
12.	Sadie Hunter	17	Co Peterboro		2:10.20	608	30.05	1:03.00	1:36.79
13.	Alice Weston	19	Watford SC		2:11.04	596	30.41	1:03.12	1:36.82
14.	Olivia Greenall	16	Co Norwich		2:11.42	591	31.13	1:04.24	1:37.76
15.	Valentina Tinnirello	15	Potters Bar		2:11.51	590	29.80	1:03.15	1:37.97
16.	Cailin Hehir	17	Watford SC		2:11.83	585	30.21	1:03.29	1:37.23
17.	Amelia Porzio	17	Putteridge		2:11.87	585	30.57	1:04.07	1:38.37
18.	Ruby Chapman	19	Norwich Swan		2:11.93	584	30.50	1:03.91	1:37.78
19.	Nina Allen	14	Newmarket		2:11.95	584	30.09	1:03.32	1:37.76
20.	Summer Smith	24	Basildon Ph		2:12.05	582	30.82	1:04.69	1:38.84
21.	Sophie Siong	20	Co Norwich		2:12.25	580	29.35	1:01.78	1:35.92
22.	Georgina Hamilton	17	Co St Albans		2:12.42	578	30.95	1:04.77	1:38.59
23.	Freya Cox	14	Norwich Swan		2:12.62	575	30.90	1:04.49	1:38.59
24.	Isabel Thomas	17	Newmarket		2:12.90	571	30.23	1:04.22	1:39.11
25.	Erin Uttridge	16	teamipswich		2:13.25	567	30.41	1:03.35	1:37.89
26.	Jasmine Scott	14	Co St Albans		2:13.74	561	30.87	1:04.56	1:39.14
27.	Amy Meyer	16	Biggleswade		2:14.30	554	29.99	1:03.41	1:38.10
28.	Ella Deaton	16	Newmarket		2:15.06	544	31.11	1:05.16	1:40.22
29.	Summer Evason	16	Watford SC		2:15.15	543	29.96	1:03.82	1:39.19
30.	Lexie Goodman	18	Basildon Ph		2:16.03	533	31.06	1:04.87	1:40.19
31.	Amelia Lewis	16	teamipswich		2:16.18	531	30.00	1:04.44	1:41.08
32.	Edie Foster	14	Bishop Stort		2:16.30	530	29.64	1:03.87	1:40.12
33.	Erin Woodrow	18	West Norfolk		2:17.93	511	31.10	1:05.75	1:41.51
34.	Orlagh Quarrell	15	Watford SC		2:23.24	456	31.59	1:07.69	1:45.39
35.	Lena Crisp	12	Norwich Swan	14	2:31.97	382	33.50	1:13.13	1:53.35
36.	Imogen Brown	17	Potters Bar	14	2:57.22	241	38.25	1:22.32	2:09.87
	Isobel Mather	18	Co Cambridge		DNC				

Multi-Classification by British Para-Swimming Points

Place	Name	AaD	Club	Class	Time	BDPoints	50	100	150
1.	Lena Crisp	12	Norwich Swan	14	2:31.97	539	33.50	1:13.13	1:53.35
2.	Imogen Brown	17	Potters Bar	14	2:57.22	340	38.25	1:22.32	2:09.87

Withdrawals
by 14:30

EVENT 605 Open/Male 50m Breaststroke
Full Results

Place	Name	AaD	Club	Class	Time	WA Pts
1.	Joshua Sackree	17	Co Peterboro		29.08	631
2.	James McGettigan	16	Thurrock		29.20	623
3.	Finlay Ryan	26	West Norfolk		29.30	617
4.	James Noble	23	Norwich Swan		29.41	610
5.	Tyler Stone	15	Co Norwich		29.80	586
6.	Austin Lillywhite	22	Biggleswade		29.87	582
7.	Timon Chapman	23	Norwich Swan		29.94	578
8.	Charlie Rogers	18	Basildon Ph		30.01	574
9.	Cub Maddison	19	Putteridge		30.50	547
10.	Edward Ormsby	18	Co Cambridge		30.53	545
11.	Chun Ho Chan	16	Watford SC		30.59	542
12.	Thomas Baxter	16	West Norfolk		30.60	542
13.	Robert Elliston	19	Braintree		30.61	541
14.	Will Presland	20	Watford SC		30.62	540
15.	Storm Heggenhougen	17	Basildon Ph		30.68	537
16.	Szymon Pierzecki	16	Witham Dolph		30.73	535
17.	Harvey Durham	17	Co Norwich		30.85	528
18.	Charlie Ruddell	16	teamipswich		30.94	524
19.	Lewis Chapman	24	Stowmarket		31.06	518
20.	Edward Sun	15	Verulam		31.08	517
20.	Lewis Jarrett	19	Co Norwich		31.08	517
22.	Benjamin Every	17	Team Waveney		31.12	515
23.	Samuel Rose	22	Norwich Swan		31.13	514
24.	George Prince	17	Putteridge		31.24	509
25.	Luke Holman	23	Thurrock		31.30	506
26.	Jack Webb	17	Witham Dolph		31.42	500
27.	Billy Mead	20	Linslade		31.51	496
28.	Jeffrey Gill	18	Watford SC		31.52	495
29.	Matthew McLaughlin	32	Bishop Stort		31.53	495
30.	Sebastian Reynolds	17	teamipswich		31.64	490
31.	Luke Payne	21	Hatfield		31.66	489
32.	Cillian O'Brien	17	Co Ely		31.70	487
32.	Jack Renouf	19	Hoddesdon		31.70	487
34.	Jeremy Godwin	16	Thurrock		31.72	486
35.	Matthew Debenham	21	Stowmarket		31.73	486
36.	Rafael Corliano	15	Co Cambridge		31.81	482
37.	Finlay German	16	Co Cambridge		31.86	480
38.	Dougie Parsons	17	Rochford		31.89	478
39.	Adam Hazlewood	21	Putteridge		31.92	477
40.	Dylan Nutt	26	DunmowAtlant		32.20	465
41.	Jude Gunner	16	Norwich Swan	14	32.28	461
41.	Benjamin Taggart	18	Watford SC		32.28	461
43.	Noah Bielby	15	Co Peterboro		32.30	460
43.	Alexander Ball	18	Potters Bar		32.30	460
45.	Finley Pawle	23	Leiston		32.36	458
46.	Finlay Roberts	16	Witham Dolph		32.38	457
47.	Rhys Burrell	18	West Norfolk		32.39	457
48.	Harry Brunton	15	Hertford		32.43	455
49.	Joshua Jones	16	West Norfolk		32.44	454
50.	Theo Smith	16	Hitchin		32.49	452
51.	Matthew Chambers	17	Rochford		32.52	451
52.	Alexander Gregory	17	Stevenage		32.54	450
53.	Nathaniel Coburn	17	Braintree		32.57	449
54.	Elliot Hall	15	Bishop Stort		32.58	449
55.	George Little	17	Bedford SS		32.59	448
56.	Rafe Lawson	13	Berkhamsted		32.70	444
57.	Thomas Lloyd	17	Rochford		32.76	441
58.	Lewis Perry	16	Watford SC		32.80	440
59.	Teilo Ruffles-Francis	17	Stowmarket		32.81	439
60.	Joshua Jeffrey	18	Hatfield		32.83	438
61.	Jack Thompson	18	teamipswich		32.84	438
61.	Joshua Marshall	20	St Ives		32.84	438
63.	George Heather	15	Co Peterboro		32.87	437
64.	Lucas Moxon-Booth	16	Flitwick		32.91	435
65.	Haiden Hall	15	Deben		32.95	434
66.	Samuel Heraty	17	Stevenage		33.04	430
67.	Jesse Howard	15	Hoddesdon		33.08	429
68.	Josh Black	15	Co Cambridge		33.11	427
69.	Alfie Walshe	16	Flitwick		33.14	426
70.	Harry Harragan	15	Basildon Ph		33.35	418
70.	Oliver Shayle	15	Co Cambridge		33.35	418
72.	Josh Reed	14	Co Norwich		33.47	414
72.	Vaughn Ruffles-Francis	20	Stowmarket		33.47	414
74.	Joseph Elliott	16	Flitwick		33.52	412
75.	Oliver Fuller	15	Co Cambridge		33.99	395
76.	Solomon Dent	16	Bedford SS		34.02	394
77.	Jeremy Brailsford	16	Witham Dolph		34.12	391
78.	Bradley Humphries	15	Woodham F SC		35.19	356

Withdrawals by
14:40

EVENT 606 Female 50m Breaststroke
Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Ashley Ransome	30	Hatfield	32.57	660
2.	Rebecca Keetley	21	Co Cambridge	32.80	647
3.	Caitlin Hartley	21	Hatfield	33.01	634
4.	Yan Ting Emily Pak	16	Co Cambridge	33.02	634
5.	Sarah O'Brien	29	West Norfolk	33.77	592
6.	Victoria Allchorne	17	Rochford	33.83	589
7.	Tessa Quayle	17	St Ives	34.08	576
8.	Emily Turner	16	Harwich DP	34.20	570
9.	Amelia Murphy	18	Witham Dolph	34.22	569
10.	Alexis Johnson	15	Co Peterboro	34.24	568
11.	Megan Pye	23	Co Norwich	34.25	568
12.	Olivia Pais	13	Co Peterboro	34.36	562
13.	Lexie O'Connor	18	Basildon Ph	34.44	558
14.	Isla Stewart	15	Co Peterboro	34.48	557
15.	Isabel White	16	Biggleswade	34.50	556
15.	Lilly Davis	18	Co Peterboro	34.50	556
17.	Molly Greatbatch	15	Bishop Stort	34.52	555
18.	Isla Hamilton	17	Norwich Swan	34.60	551
19.	Georgina Hamilton	17	Co St Albans	34.64	549
20.	Katie Holmes	41	Harwich DP	34.74	544
21.	Devon O'Neil	15	Co Peterboro	34.81	541
22.	Esme Stringer	17	Bishop Stort	34.82	540
23.	Ella Fanning	14	Flitwick	34.86	539
24.	Nicole Peddelty	15	teamipswich	34.95	534
25.	Sophie Payne	23	Putteridge	34.97	533
26.	Isabella Porzio	21	Putteridge	35.02	531
27.	Rachael Carpenter	18	Ware	35.03	531
28.	Daisy-Mai Doel	14	Basildon Ph	35.08	528
29.	Amelia Porzio	17	Putteridge	35.12	527
30.	Freya Cox	14	Norwich Swan	35.13	526
31.	Alice Watts	17	Co Cambridge	35.27	520
32.	Nieve Ives	13	Hatfield	35.33	517
33.	Evie Greenhalf	15	Co Norwich	35.43	513
34.	Verity Hamilton	15	Norwich Swan	35.49	510
35.	Katie Jeffrey	21	Hatfield	35.60	506
36.	Olivia Daniel	12	Verulam	35.63	504
37.	Ruby Brace	17	Co Peterboro	35.67	503
38.	Alice Buckingham	12	Team Luton	35.84	495
39.	Pemberley Hornigold	18	West Norfolk	35.86	495
40.	Annabel Morden	13	Braintree	36.08	486
41.	Daisy Russell	17	DunmowAtlant	36.14	483
42.	Hailey Hong Yuen Leung	14	Harpenden	36.15	483
43.	Amy Boreham	19	Watford SC	36.26	478
44.	Ellie Catchpole	19	Leiston	36.37	474
45.	Nina Allen	14	Newmarket	36.40	473
46.	Jeslene Sandhu	14	Epping For't	36.51	469
47.	Anyia Waterman	15	Colchester	36.56	467
48.	Hannah Lovelock	17	Hitchin	36.57	466
49.	Sophie Holliss	17	Co St Albans	36.59	466
49.	Evie Armstrong	13	Dunstable	36.59	466
51.	Holly Larbey	18	Biggleswade	36.65	463
52.	Mercy Adeoye	16	Hatfield	36.70	461
53.	Gigi Raubitschek-Smith	15	Co St Albans	36.71	461
54.	Bethany Crawley	17	teamipswich	36.83	457
55.	Mollie Bird	14	Colchester	36.87	455
56.	Lexie Sandiford	14	Putteridge	36.94	452
57.	Jessica Ryan	13	Colchester	36.96	452
57.	Lyla Fiello	16	Co Norwich	36.96	452
59.	Lily Mae Ware	15	Basildon Ph	36.97	451
60.	Hollie Cuthbert	17	Stevenage	36.99	451
61.	Bryony Murfitt	15	Biggleswade	37.00	450
62.	Mimi Clinch	15	Co St Albans	37.04	449
63.	Chloe Sanders	16	Bishop Stort	37.05	448
63.	Holly Underdown	16	Braintree	37.05	448
63.	Abigail Perry	14	Dunstable	37.05	448
63.	Olivia Wicks	13	Norwich Swan	37.05	448
67.	Ruby Chapman	19	Norwich Swan	37.09	447
68.	Isabelle Howlett	13	Norwich Swan	37.23	442
69.	Lucy King	22	Hitchin	37.31	439
70.	Jodie Thompson	17	DunmowAtlant	37.47	434
71.	Ashleigh Fall	14	Co Norwich	37.49	433
72.	Kitty Lamb	14	Co Peterboro	37.53	431
73.	Emily Lowe	17	Bedford SS	37.55	431
74.	Tyra Sajudeen	15	Co Cambridge	37.63	428
75.	Olivia Mendham	17	DunmowAtlant	37.68	426
76.	Mia Nelson	14	Cheshunt	37.76	424
77.	Jemima Kimber	17	Linslade	37.77	423
78.	Cerys Wall	13	Co Cambridge	37.86	420
79.	Abigail Davis	15	Bedford SS	37.88	420
80.	Chloe Simpson	19	Watford SC	37.89	419
81.	Victoria Hunt	15	Colchester	38.00	416
82.	Molly Bartup	17	Cheshunt	38.20	409
83.	Sophie Knevet	15	Colchester	38.40	403
	Hollie Higgs	17	Braintree	DNC	

Withdrawals by
14:55

EVENT 607 Open/Male 200m Backstroke

Full Results

Place	Name	AaD	Club	Class	Time	WA Pts	50	100	150
1.	Oliver Smith	18	Co Norwich		2:05.43	597	28.75	1:00.30	1:32.85
2.	Oliver Baskerville	17	Hatfield		2:07.37	570	28.23	59.57	1:34.74
3.	Zak Fellows	16	Co St Albans		2:07.76	565	28.93	1:01.64	1:34.69
4.	Oscar Hunter	16	Norwich Swan		2:07.98	562	29.02	1:01.49	1:34.14
5.	William East	17	Basildon Ph		2:08.25	558	29.43	1:01.28	1:34.62
6.	Jan Beblot	16	Norwich Swan		2:08.78	551	30.14	1:02.37	1:36.05
7.	Ben Howlett	18	Deben		2:09.15	547	29.63	1:02.32	1:35.82
8.	Marton Molnar	16	Co Cambridge		2:09.26	545	29.20	1:01.19	1:35.72
9.	Jacob Bacon	15	Co Peterboro		2:09.70	540	30.15	1:03.86	1:37.41
10.	Robert Fenner	17	Basildon Ph		2:09.91	537	29.84	1:02.44	1:36.51
11.	Harrison Shaw	18	Flitwick		2:09.96	536	29.42	1:02.91	1:36.97
12.	Hugo Arthey	16	Harwich DP		2:10.36	532	31.21	1:03.93	1:37.40
13.	Archie Harris-Joy	15	Co Norwich		2:11.31	520	30.31	1:04.05	1:38.27
14.	Norbert Kadar	16	Co Cambridge		2:11.55	517	30.88	1:04.61	1:37.73
15.	Isaac Mendham	14	DunmowAtlant		2:11.94	513	29.73	1:03.04	1:37.86
16.	Xavier Zerban	14	Biggleswade		2:11.96	512	30.94	1:04.06	1:38.37
17.	William Leese	17	Co Cambridge		2:12.18	510	30.45	1:03.81	1:37.75
18.	Zach Montgomery	15	Norwich Swan		2:12.58	505	-	1:04.49	1:39.57
19.	Ricards Korotkihs	14	teamipswich		2:13.69	493	31.85	1:06.83	1:40.85
20.	Philip Spalding	15	Putteridge		2:13.72	492	31.39	1:05.00	1:39.50
21.	Evan Larthe	16	Basildon Ph		2:13.96	490	30.80	1:04.87	1:39.51
22.	Nathan Yeaman	18	West Norfolk		2:14.30	486	31.08	1:04.31	1:38.64
23.	Finlay German	16	Co Cambridge		2:14.64	482	30.87	1:05.31	1:40.14
24.	Jamie Wilson	16	West Norfolk		2:15.38	475	31.04	1:05.24	1:40.38
25.	Daniel Moyses	19	Co Peterboro		2:15.57	473	-	-	-
26.	Ewan Nobes	17	Norwich Swan		2:15.82	470	31.98	1:06.56	1:41.22
27.	Jude Staton	17	Co Peterboro		2:15.83	470	32.20	1:07.36	1:42.22
28.	Kieran Ng	15	Co Peterboro		2:17.11	457	32.16	1:07.74	1:43.48
29.	Jakub Cincio	14	Chelmsford		2:17.27	455	31.71	1:06.44	1:42.10
30.	Liam Bautista	16	Epping For't		2:17.81	450	32.70	1:07.10	1:42.39
31.	Maxim Szarvadi	16	Harlow Pen		2:18.19	446	31.04	1:05.59	1:42.43
32.	Csanad Rehus	16	Co Peterboro		2:18.66	442	32.61	1:07.43	1:43.45
33.	Joseph Emms	14	Biggleswade		2:19.48	434	31.58	1:06.76	1:43.30
34.	Parker Brewster	16	Harpenden		2:19.61	433	32.01	1:07.15	1:43.17
35.	George Saunders	15	Co St Albans		2:20.38	426	31.61	1:07.29	1:43.81
36.	Kabir Patel	16	Potters Bar		2:20.60	424	32.62	1:08.01	1:43.70
37.	Daniel Grimmer	19	West Norfolk		2:21.19	418	-	1:09.29	1:45.24
38.	Harry Bird	16	Putteridge		2:21.59	415	32.36	1:08.96	1:45.77
39.	Razvan Vasile Lembac	18	Watford SC		2:23.22	401	32.04	-	1:43.62
40.	Thomas Fenwick	14	Hatfield		2:23.38	399	32.22	1:08.68	1:46.07
41.	Corey Hare	19	teamipswich	14	2:23.99	394	32.68	1:08.39	1:45.73
42.	Finley Barber	16	Potters Bar		2:25.18	385	32.83	1:09.40	1:47.30
43.	Charlie Birdsall	15	Co Cambridge		2:26.63	373	34.09	1:11.19	1:49.33
	Timon Chapman	23	Norwich Swan		DNC				

Withdrawals by
15:20

EVENT 608 Mixed 200m Medley Team**Full Results**

Place	Name	Club	Time	WA Pts	50	100	150
1.	Co Peterboro A	Op/n Co Peterboro	1:49.77		30.43	58.65	1:27.27
2.	Hatfield	Op/n Hatfield	1:50.91		27.22	59.51	1:24.35
3.	Basildon Ph	Op/n Basildon Ph	1:51.42		26.34	55.82	1:25.20
4.	Co Cambridge	Op/n Co Cambridge	1:51.98		29.95	59.38	1:28.83
5.	Co Peterboro B	Op/n Co Peterboro	1:54.04		27.29	1:01.32	1:27.28
6.	Thurrock	Op/n Thurrock	1:54.75		26.76	55.77	1:27.47
7.	Rochford	Op/n Rochford	1:54.78		26.92	1:01.33	1:26.83
8.	Bishop Stort	Op/n Bishop Stort	1:55.56		30.93	1:01.51	1:28.18
9.	Co St Albans	Op/n Co St Albans	1:56.45		31.17	1:05.48	1:31.93
10.	Watford SC B	Op/n Watford SC	1:56.89		31.76	1:02.20	1:32.46
11.	Bedford SS	Op/n Bedford SS	1:57.31		30.66	1:02.69	1:29.22
12.	DunmowAtlant	Op/n DunmowAtlant	1:59.14		31.75	1:03.53	1:31.65
13.	Watford SC A	Op/n Watford SC	1:59.20		32.34	1:03.01	1:34.09
14.	Watford SC C	Op/n Watford SC	2:00.59		32.32	1:03.70	1:35.62