

Start List

Event 321 Open/Male 200m Breaststroke						Event 322 Female 100m Butterfly						
H-1	L 2	Sebastian Brown	15	Verulam	2:46.82	H-1	L 2	Ida Corcoran	16	S9	Flitwick	1:42.00
	L 3	Thomas Hale	15	DunmowAtlant	2:44.67		L 3	Amber Lyne	15		Co Cambridge	1:11.32
	L 4	Jesse Howard	15	Hoddesdon	2:44.23		L 4	Isla Stewart	15		Co Peterboro	1:10.92
	L 5	Lucas Moxon-Booth	16	Flitwick	2:44.39		L 5	Florence Whittaker	15		Biggleswade	1:11.07
	L 6	Joshua Meyer	15	DunmowAtlant	2:44.89		L 6	Elena Buckley	15		Basildon Ph	1:11.80
H-2	L 1	Thomas-Arthur Jagger	16	West Norfolk	2:42.49	H-2	L 1	Niamh Bunker	15		Flitwick	1:10.77
	L 2	Aidan Scott	16	Norwich Swan	2:41.88		L 2	Alicia Morton	16		Basildon Ph	1:10.47
	L 3	Finlay German	16	Co Cambridge	2:41.41		L 3	Naomi Rose Conday	15		Bishop Stort	1:10.20
	L 4	Maximus Atkin	16	Linslade	2:41.10		L 4	Freya May	15		Leiston	1:09.96
	L 5	Noah Bielby	15	Co Peterboro	2:41.34		L 5	Anastasia Wall	15		Co Norwich	1:10.00
	L 6	Csanad Rehus	16	Co Peterboro	2:41.67		L 6	Charlotte Pound	16		Putteridge	1:10.40
	L 7	Jack Peters	16	Basildon Ph	2:42.10		L 7	Valentina Tinnirello	15		Potters Bar	1:10.62
	L 8	Anirudh Prabhu	15	Watford SC	2:43.74		L 8	Ava Turner	16		Basildon Ph	1:10.80
H-3	L 1	Teilo Ruffles-Francis	17	Stowmarket	2:40.87	H-3	L 1	Claudia Barp	15		Co Cambridge	1:09.94
	L 2	Oscar Chaplin	17	Co St Albans	2:40.51		L 2	Eloise Conway	25		Halstead	1:09.73
	L 3	Daniel Boboye	18	DunmowAtlant	2:40.25		L 3	Francesca Barber	16		Co Norwich	1:09.50
	L 4	George Heather	15	Co Peterboro	2:39.47		L 4	Amber Flitton	16		Dunstable	1:09.44
	L 5	Luca Baumslag-Grisi	15	Basildon Ph	2:39.73		L 5	Lydia Newell	15		Chelmsford	1:09.49
	L 6	Luke Owens	15	Putteridge	2:40.30		L 6	Mia Gray	17		Norwich Swan	1:09.59
	L 7	Thomas Baxter	16	West Norfolk	2:40.65		L 7	Amerie Njawayaya	15		Putteridge	1:09.88
	L 8	Jack Webb	17	Witham Dolph	2:41.00		L 8	Scarlett Joslin	18		Bishop Stort	1:09.94
H-4	L 1	Josh Black	15	Co Cambridge	2:38.47	H-4	L 1	Bethany Rumsby	16		Norwich Swan	1:09.30
	L 2	Thomas Spelman	18	Stowmarket	2:37.65		L 2	Charlotte Jenkinson	15		Co Peterboro	1:08.81
	L 3	Kai Patel	15	Thurrock	2:36.90		L 3	Amelia Porzio	17		Putteridge	1:08.63
	L 4	Samuel Everett	18	West Suffolk	2:36.75		L 4	Milly Johnson	15		West Norfolk	1:08.56
	L 5	Samuel Howard	18	Hoddesdon	2:36.80		L 5	Louise Webster	18		Thurrock	1:08.60
	L 6	Christopher Howe	20	Co Cambridge	2:37.40		L 6	Teah Gregory	17		Stevenage	1:08.80
	L 7	Cillian O'Brien	17	Co Ely	2:37.81		L 7	Lily Mae Ware	15		Basildon Ph	1:09.00
	L 8	Ewan Coackley	17	teamipswich	2:39.06		L 8	Emma Cushion	15		Co Peterboro	1:09.32
H-5	L 1	Rafael Corliano	15	Co Cambridge	2:36.28	H-5	L 1	Isabella Porzio	21		Putteridge	1:08.53
	L 2	Robert Elliston	19	Braintree	2:35.44		L 2	Antonia Elias	16		Hatfield	1:08.32
	L 3	Austin Harrop	19	Co Norwich	2:34.87		L 3	Ruby Greenhalf	20		Co Norwich	1:08.12
	L 4	George Lovelock	20	Hitchin	2:34.49		L 4	E Barth-Wehrenalp	15		Chelmsford	1:07.90
	L 5	Adam Hazlewood	21	Putteridge	2:34.50		L 5	Amelia Saunders	17		Norwich Swan	1:08.00
	L 6	Alexander Pattison	15	West Norfolk	2:35.39		L 6	I Stratton-Thomsett	16		Colchester	1:08.30
	L 7	Alban Gill	17	Co St Albans	2:36.01		L 7	Anabelle Kett	16		Co Peterboro	1:08.44
	L 8	Berkley Barnicoat	16	Co Peterboro	2:36.39		L 8	Honor Beverstock	16		Hatfield	1:08.53
H-6	L 1	Oliver Fuller	15	Co Cambridge	2:32.77	H-6	L 1	Tierney Rooney	19		Thurrock	1:07.80
	L 2	Chun Ho Chan	16	Watford SC	2:28.71		L 2	Lexie Goodman	18		Basildon Ph	1:07.70
	L 3	Kieran Ng	15	Co Peterboro	2:24.94		L 3	Abigail Rogers	16		Basildon Ph	1:07.60
	L 4	Tyler Stone	15	Co Norwich	2:21.00		L 4	Lily Murrell	16		Norwich Swan	1:07.50
	L 5	Ben Buckley	18	Co Norwich	2:21.74		L 5	Yan Ting Emily Pak	16		Co Cambridge	1:07.56
	L 6	Samuel Jeffrey	18	Hatfield	2:27.26		L 6	Lucy Clarke	15		Chelmsford	1:07.60
	L 7	Daniel De Filippo	16	Flitwick	2:30.94		L 7	Melike Dagdelen	16		Putteridge	1:07.80
	L 8	George Little	17	Bedford SS	2:34.05		L 8	Hollie Gilbertson	16		Co Norwich	1:07.85
H-7	L 1	Henry Mann	17	Norwich Swan	2:31.50	H-7	L 1	Eleanor McLeod	17		Putteridge	1:07.46
	L 2	James McGettigan	16	Thurrock	2:27.80		L 2	Chloe Barnard	16		Basildon Ph	1:06.80
	L 3	James Noble	23	Norwich Swan	2:24.00		L 3	Chloe Armstrong	18		teamipswich	1:06.40
	L 4	Charlie Rogers	18	Basildon Ph	2:17.71		L 4	Isobel Mather	18		Co Cambridge	1:06.20
	L 5	Charlie Ruddell	16	teamipswich	2:21.30		L 5	Amy Boreham	19		Watford SC	1:06.22
	L 6	Charlie McKinnon	18	Norwich Swan	2:27.20		L 6	Emily Pitcher	17		Norwich Swan	1:06.66
	L 7	Szymon Pierzecki	16	Witham Dolph	2:30.05		L 7	Ruby-May Ciaburro	15		Watford SC	1:07.36
	L 8	Harvey Durham	17	Co Norwich	2:33.60		L 8	Evie Greenhalf	15		Co Norwich	1:07.47
H-8	L 1	Cub Maddison	19	Putteridge	2:31.20	H-8	L 1	Sophie Dowding	18		teamipswich	1:05.57
	L 2	Lewis Jarrett	19	Thurrock	2:27.74		L 2	Alexa Mann	19		DunmowAtlant	1:04.79
	L 3	Joshua Sackree	17	Co Peterboro	2:21.88		L 3	Sadie Hunter	17		Co Peterboro	1:03.07
	L 4	Olivier Vedrenne	20	Co Norwich	2:16.30		L 4	Charlotte Smith	18		Norwich Swan	1:01.80
	L 5	Reece Burns	17	Chelmsford	2:21.17		L 5	Jasmine Carter	16		Basildon Ph	1:02.71
	L 6	Joshua Jones	16	West Norfolk	2:26.89		L 6	Sophie Palmer	16		Basildon Ph	1:03.80
	L 7	Frank Lamb	16	Co Peterboro	2:29.73		L 7	Summer Evason	16		Watford SC	1:05.30
	L 8	Alexander Ball	18	Potters Bar	2:33.43		L 8	Rebecca Keetley	21		Co Cambridge	1:06.04

Start List

Event 322 Female 100m Butterfly					Event 323 Open/Male 400m Freestyle						
H-9	L 1	Poppy Magill	17	Putteridge	1:05.53	H-1	L 2	Kian Ptolomey	15	Putteridge	4:34.87
	L 2	Lara Treharne	18	Co Peterboro	1:04.65		L 3	Lochlan Shaw	15	Flitwick	4:32.98
	L 3	Olivia Greenall	16	Co Norwich	1:02.80		L 4	Haiden Hall	15	Deben	4:31.12
	L 4	Georgia Holgate	18	Co Cambridge	1:01.11		L 5	Corey Hare	19	S14 teamipswich	4:31.63
	L 5	Amelia Fenner	15	Basildon Ph	1:02.60		L 6	Philip Spalding	15	Putteridge	4:33.63
	L 6	Cait Cotter	18	Chelmsford	1:03.70		L 7	Jacob Dessoy	17	S8 Runnymede	6:25.99
	L 7	Kate Hopper	18	Watford SC	1:05.29	H-2	L 1	Tyler Stone	15	Co Norwich	4:29.10
	L 8	Rebecca Coogan	17	Thurrock	1:05.90		L 2	Ryan Wimpenny	15	Cheshunt	4:27.27
H 10	L 1	Jessica Medlicott	18	Dunstable	1:05.31		L 3	Jamie Wilson	16	West Norfolk	4:25.68
	L 2	Ever Ives	16	Hatfield	1:04.23		L 4	Daniel De Filippo	16	Flitwick	4:24.97
	L 3	Millie Harris	17	West Norfolk	1:02.79		L 5	Csanad Rehus	16	Co Peterboro	4:24.99
	L 4	Skye Carter	18	Basildon Ph	59.23		L 6	Charlie Birdsall	15	Co Cambridge	4:26.25
	L 5	Grace Greenhalf	18	Co Norwich	1:02.54		L 7	Stewart Butler	15	Dunstable	4:28.99
	L 6	Chloe Butler	21	Norwich Swan	1:03.50		L 8	Ethan Wallis	15	Norwich Swan	4:30.88
	L 7	Megan Donovan	18	Co Peterboro	1:04.90	H-3	L 1	Roan Brennan	19	S10 Basildon Ph	4:24.90
	L 8	Genevieve White	17	Co Cambridge	1:05.60		L 2	Oliver Fuller	15	Co Cambridge	4:23.61
							L 3	Archie Tebbutt	15	New Hall	4:22.64
							L 4	Thomas Ford	19	Basildon Ph	4:21.90
							L 5	Thomas Spelman	18	Stowmarket	4:22.10
							L 6	Danylo Kravchenko	16	New Hall	4:23.01
							L 7	Patryk Nowak	15	Co Peterboro	4:24.17
							L 8	Luke Owens	15	Putteridge	4:24.93
						H-4	L 1	Oliver Fenwick	16	Hatfield	4:21.08
							L 2	Ben Davison	20	Hatfield	4:19.48
L 3	Jake Lloyd	30	Bishop Stort	4:19.14							
L 4	Ben Howlett	18	teamipswich	4:18.75							
L 5	Will Riley	16	teamipswich	4:18.98							
L 6	George Carter	17	Co Cambridge	4:19.30							
L 7	K-Ets Yah-Khai	16	Hatfield	4:20.96							
L 8	Daniel Williams	17	Hatfield	4:21.29							
H-5	L 1	Zak Fellows	16	Co St Albans	4:18.50						
	L 2	Jacob Bacon	15	Co Peterboro	4:16.15						
	L 3	Kian Lee	17	Co Peterboro	4:14.96						
	L 4	George Hooper	18	Co St Albans	4:11.61						
	L 5	Conor Mint	16	Basildon Ph	4:12.02						
	L 6	Oscar Hunter	16	Norwich Swan	4:15.65						
	L 7	Daniel Thompson	18	Thurrock	4:17.40						
	L 8	B Macdonald-Williams	17	Bishop Stort	4:18.65						
H-6	L 1	Harrison Shaw	18	Flitwick	4:10.40						
	L 2	Robert Fenner	17	Basildon Ph	4:09.33						
	L 3	Daniel McGuinness	19	Basildon Ph	4:07.70						
	L 4	Daniel Belsey	17	Hatfield	4:01.08						
	L 5	Ryan Wall	18	Co Cambridge	4:03.90						
	L 6	Patch Robinson	18	teamipswich	4:07.80						
	L 7	Adam O'Neal	17	Bedford SS	4:10.02						
	L 8	Luke Martell	19	Watford SC	4:11.15						