

#### Start List

#### Event 311 Open/Male 200m Butterfly

|     |     |                    |    |              |         |
|-----|-----|--------------------|----|--------------|---------|
| H-1 | L 2 | Jacob Jenkins      | 15 | Norwich Swan | 2:32.30 |
|     | L 3 | Lochlan Shaw       | 15 | Flitwick     | 2:30.47 |
|     | L 4 | Filip Pop          | 15 | Chelmsford   | 2:28.15 |
|     | L 5 | Kian Ptolomey      | 15 | Putteridge   | 2:29.90 |
|     | L 6 | Stewart Butler     | 15 | Dunstable    | 2:32.16 |
| H-2 | L 1 | Philip Spalding    | 15 | Putteridge   | 2:27.44 |
|     | L 2 | Jeremy Brailsford  | 16 | Witham Dolph | 2:24.30 |
|     | L 3 | Corben Gibson      | 15 | Basildon Ph  | 2:23.40 |
|     | L 4 | Oliver Green       | 16 | Co St Albans | 2:20.57 |
|     | L 5 | Csanad Rehus       | 16 | Co Peterboro | 2:22.57 |
|     | L 6 | Evan Larthe        | 16 | Basildon Ph  | 2:24.00 |
|     | L 7 | Oliver Warren      | 16 | Norwich Swan | 2:24.98 |
|     | L 8 | Aaron Sadler       | 15 | Co Peterboro | 2:27.78 |
| H-3 | L 1 | Daniel Clayton     | 19 | Deben        | 2:19.18 |
|     | L 2 | Conor Mint         | 16 | Basildon Ph  | 2:16.20 |
|     | L 3 | Jake Lloyd         | 30 | Bishop Stort | 2:10.97 |
|     | L 4 | Ryan Wall          | 18 | Co Cambridge | 2:08.80 |
|     | L 5 | Oscar Winterburn   | 17 | teamipswich  | 2:09.40 |
|     | L 6 | Marcus King        | 17 | Putteridge   | 2:13.12 |
|     | L 7 | Oliver Pike        | 18 | Co Norwich   | 2:17.07 |
|     | L 8 | Alexander Pattison | 15 | West Norfolk | 2:20.46 |
| H-4 | L 1 | Harry Cooper       | 17 | Rochford     | 2:18.09 |
|     | L 2 | Jamie Wilson       | 16 | West Norfolk | 2:16.20 |
|     | L 3 | Harrison Shaw      | 18 | Flitwick     | 2:09.50 |
|     | L 4 | Daniel McGuinness  | 19 | Basildon Ph  | 2:08.20 |
|     | L 5 | Joshua Shepherd    | 17 | Thurrock     | 2:09.11 |
|     | L 6 | Patryk Nowak       | 15 | Co Peterboro | 2:12.58 |
|     | L 7 | Harry Bird         | 16 | Putteridge   | 2:16.70 |
|     | L 8 | Finlay German      | 16 | Co Cambridge | 2:20.16 |
| H-5 | L 1 | Daniel De Filippo  | 16 | Flitwick     | 2:17.23 |
|     | L 2 | Daniel Williams    | 17 | Hatfield     | 2:13.80 |
|     | L 3 | Jacob Bacon        | 15 | Co Peterboro | 2:09.50 |
|     | L 4 | Henry Dean         | 19 | Thurrock     | 2:06.60 |
|     | L 5 | Kian Lee           | 17 | Co Peterboro | 2:09.04 |
|     | L 6 | Ashton Blake       | 16 | Basildon Ph  | 2:11.90 |
|     | L 7 | Frank Lamb         | 16 | Co Peterboro | 2:16.35 |
|     | L 8 | Luke Owens         | 15 | Putteridge   | 2:19.59 |

#### Event 312 Female 200m Backstroke

|     |     |                     |    |              |         |
|-----|-----|---------------------|----|--------------|---------|
| H-1 | L 3 | Devon O'Neil        | 15 | Co Peterboro | 2:34.75 |
|     | L 4 | Esme Langley        | 15 | Co Norwich   | 2:34.33 |
|     | L 5 | Emily Calvert       | 15 | Putteridge   | 2:34.61 |
|     | L 6 | Amber Lyne          | 15 | Co Cambridge | 2:35.07 |
| H-2 | L 1 | Selina Green        | 16 | New Hall     | 2:33.65 |
|     | L 2 | Caelia Randall      | 16 | Watford SC   | 2:33.32 |
|     | L 3 | Daisy Jubb          | 15 | Co St Albans | 2:33.13 |
|     | L 4 | Lucy Peterson       | 16 | Stevenage    | 2:32.92 |
|     | L 5 | Isabella Savage     | 16 | Potters Bar  | 2:32.98 |
|     | L 6 | Elizabeth Feld      | 15 | Chelmsford   | 2:33.24 |
|     | L 7 | Evie Butterworth    | 15 | Tring        | 2:33.61 |
|     | L 8 | Lola Wonfor         | 16 | New Hall     | 2:33.70 |
| H-3 | L 1 | Charlotte Belcher   | 15 | Bedford SS   | 2:32.83 |
|     | L 2 | Meghan Howarth Owen | 16 | Chelmsford   | 2:32.27 |
|     | L 3 | Cassandra Pereira   | 15 | Watford SC   | 2:32.22 |
|     | L 4 | Summer Boswell      | 17 | Hatfield     | 2:31.36 |
|     | L 5 | Alexandra Hurley    | 15 | Co Cambridge | 2:31.67 |
|     | L 6 | Poppy Garrod        | 16 | Co Peterboro | 2:32.25 |
|     | L 7 | Belle Ringwood      | 15 | West Norfolk | 2:32.35 |
|     | L 8 | Caitlin Stockwell   | 15 | Co Cambridge | 2:32.86 |
| H-4 | L 1 | Maia Thompson       | 17 | Team Waveney | 2:30.60 |
|     | L 2 | Emilia Rayner       | 16 | Halstead     | 2:30.31 |
|     | L 3 | Sophie Roberts      | 16 | teamipswich  | 2:29.94 |
|     | L 4 | Isabelle Talbot     | 18 | Braintree    | 2:29.52 |
|     | L 5 | Talia Williams      | 18 | Tring        | 2:29.83 |
|     | L 6 | Amelia Lewis        | 16 | teamipswich  | 2:30.23 |
|     | L 7 | Libby Whiting       | 16 | Putteridge   | 2:30.46 |
|     | L 8 | Rosie Wenn          | 17 | Co St Albans | 2:31.22 |

#### Event 312 Female 200m Backstroke

|     |     |                      |    |              |         |
|-----|-----|----------------------|----|--------------|---------|
| H-5 | L 1 | Hollie Gilbertson    | 16 | Co Norwich   | 2:28.35 |
|     | L 2 | Erin Woodrow         | 18 | West Norfolk | 2:27.46 |
|     | L 3 | Charlotte Low        | 16 | Chelmsford   | 2:27.19 |
|     | L 4 | Lily Steel           | 15 | teamipswich  | 2:26.44 |
|     | L 5 | Phoebe Matthews      | 18 | Hatfield     | 2:27.13 |
|     | L 6 | Olivia Mendham       | 17 | DunmowAtlant | 2:27.19 |
|     | L 7 | Charlotte Pound      | 16 | Putteridge   | 2:28.30 |
|     | L 8 | Florence Davies      | 17 | Deben        | 2:28.35 |
| H-6 | L 1 | Poppy Magill         | 17 | Putteridge   | 2:26.08 |
|     | L 2 | Sophie Green         | 18 | Hatfield     | 2:26.00 |
|     | L 3 | Camille Vannier      | 18 | Hatfield     | 2:24.83 |
|     | L 4 | Georgina Munday      | 21 | Co Norwich   | 2:24.77 |
|     | L 5 | Lucy Clarke          | 15 | Chelmsford   | 2:24.79 |
|     | L 6 | Sophie Holliss       | 17 | Co St Albans | 2:25.07 |
|     | L 7 | Ella Dawson          | 17 | Chelmsford   | 2:26.06 |
|     | L 8 | Bethany Hamer        | 18 | Linslade     | 2:26.23 |
| H-7 | L 1 | E Barth-Wehrenalp    | 15 | Chelmsford   | 2:24.20 |
|     | L 2 | Amy Harper           | 18 | Watford SC   | 2:21.95 |
|     | L 3 | Francesca Howell     | 17 | New Hall     | 2:18.80 |
|     | L 4 | Isobel Mather        | 18 | Co Cambridge | 2:15.84 |
|     | L 5 | Lois Smith           | 15 | Basildon Ph  | 2:17.24 |
|     | L 6 | Summer Evason        | 16 | Watford SC   | 2:19.87 |
|     | L 7 | Adrija Raudonyte     | 17 | Newmarket    | 2:23.65 |
|     | L 8 | Erin Currie          | 17 | Hatfield     | 2:24.52 |
| H-8 | L 1 | Sadie Hunter         | 17 | Co Peterboro | 2:23.95 |
|     | L 2 | Megan Donovan        | 18 | Co Peterboro | 2:21.80 |
|     | L 3 | Lexie O'Connor       | 18 | Basildon Ph  | 2:18.36 |
|     | L 4 | Evangelina Pierce    | 18 | Basildon Ph  | 2:15.54 |
|     | L 5 | Erin Barber          | 15 | Norwich Swan | 2:16.76 |
|     | L 6 | Jessica Medlicott    | 18 | Dunstable    | 2:19.15 |
|     | L 7 | Emma Cushion         | 15 | Co Peterboro | 2:23.55 |
|     | L 8 | Gabriella Meyer      | 16 | DunmowAtlant | 2:24.51 |
| H-9 | L 1 | Gabriella Troman     | 16 | teamipswich  | 2:23.91 |
|     | L 2 | Alexandra Nurney     | 15 | Hatfield     | 2:21.78 |
|     | L 3 | Megan Pye            | 23 | Co Norwich   | 2:17.84 |
|     | L 4 | Amara Addison        | 18 | Norwich Swan | 2:15.42 |
|     | L 5 | Niamh James          | 24 | Bishop Stort | 2:16.72 |
|     | L 6 | Emily Pitcher        | 17 | Norwich Swan | 2:19.12 |
|     | L 7 | Nicole Maynard       | 16 | Basildon Ph  | 2:23.00 |
|     | L 8 | Z Jaramillo Obcowska | 18 | Epping For't | 2:24.32 |

#### Event 313 Open/Male 50m Backstroke

|     |     |                   |    |              |       |
|-----|-----|-------------------|----|--------------|-------|
| H-1 | L 2 | Oliver Warren     | 16 | Norwich Swan | 30.22 |
|     | L 3 | Finlay Roberts    | 16 | Witham Dolph | 30.20 |
|     | L 4 | Charlie Birdsall  | 15 | Co Cambridge | 30.16 |
|     | L 5 | Thomas Baxter     | 16 | West Norfolk | 30.19 |
|     | L 6 | Hugo Arthey       | 16 | Harwich DP   | 30.20 |
|     | L 7 | Oliver Chadwick   | 15 | Bedford SS   | 30.74 |
| H-2 | L 1 | Maximus Atkin     | 16 | Linslade     | 29.95 |
|     | L 2 | Evan Larthe       | 16 | Basildon Ph  | 29.79 |
|     | L 3 | Ben Hunwick       | 16 | Tring        | 29.70 |
|     | L 4 | Wilfred Warwick   | 15 | Co Cambridge | 29.59 |
|     | L 5 | Parker Brewster   | 16 | Harpenden    | 29.60 |
|     | L 6 | Rufus Kellie      | 15 | Hatfield     | 29.78 |
|     | L 7 | Toby Flood        | 16 | Thetford     | 29.80 |
|     | L 8 | George Heather    | 15 | Co Peterboro | 29.99 |
| H-3 | L 1 | Zach Montgomery   | 15 | Norwich Swan | 29.54 |
|     | L 2 | Jan Beblot        | 16 | Norwich Swan | 29.30 |
|     | L 3 | Archie Harris-Joy | 15 | Co Norwich   | 29.19 |
|     | L 4 | Joshua Hutchinson | 18 | Harlow Pen   | 29.04 |
|     | L 5 | Dylan Davenport   | 16 | Bishop Stort | 29.11 |
|     | L 6 | Jude Staton       | 17 | March        | 29.24 |
|     | L 7 | Maxim Szarvadi    | 16 | Harlow Pen   | 29.53 |
|     | L 8 | Finlay German     | 16 | Co Cambridge | 29.56 |

## Start List

### Event 313 Open/Male 50m Backstroke

|     |     |                        |    |              |       |
|-----|-----|------------------------|----|--------------|-------|
| H-4 | L 1 | Harrison Odie          | 18 | Hoddesdon    | 28.98 |
|     | L 2 | Oliver Pike            | 18 | Co Norwich   | 28.91 |
|     | L 3 | Saric Lewington        | 22 | Hatfield     | 28.84 |
|     | L 4 | Lucas Deans            | 16 | Maldon Shark | 28.80 |
|     | L 5 | Adrien Storck-Wihlidal | 18 | Bishop Stort | 28.82 |
|     | L 6 | Nathan Yeaman          | 18 | West Norfolk | 28.84 |
|     | L 7 | Robert Fenner          | 17 | Basildon Ph  | 28.92 |
|     | L 8 | Ben Davison            | 20 | Hatfield     | 29.03 |
| H-5 | L 1 | Orlando Whiting        | 15 | Norwich Swan | 28.80 |
|     | L 2 | Naim Harvey            | 17 | Basildon Ph  | 28.71 |
|     | L 3 | Joe Hammond            | 18 | Co Norwich   | 28.69 |
|     | L 4 | Norbert Kadar          | 16 | Co Cambridge | 28.60 |
|     | L 5 | Oliver Frame           | 20 | Norwich Swan | 28.67 |
|     | L 6 | Tyler Baxter           | 18 | Mildenhall   | 28.70 |
|     | L 7 | Albert Orley           | 17 | Braintree    | 28.78 |
|     | L 8 | William Leese          | 17 | Co Cambridge | 28.80 |
| H-6 | L 1 | Henry Dean             | 19 | Thurrock     | 28.52 |
|     | L 2 | Kabir Patel            | 16 | Potters Bar  | 28.49 |
|     | L 3 | Ben Howlett            | 18 | teamipswich  | 28.42 |
|     | L 4 | Jake Moore             | 19 | Watford SC   | 28.39 |
|     | L 5 | Kieran Ng              | 15 | Co Peterboro | 28.40 |
|     | L 6 | Nathan Birchenough     | 18 | Norwich Swan | 28.47 |
|     | L 7 | George Pilcher         | 18 | Co Peterboro | 28.50 |
|     | L 8 | Sean Connolly          | 17 | Epping For't | 28.59 |
| H-7 | L 1 | Ashley Coombs          | 24 | Watford SC   | 27.97 |
|     | L 2 | Oliver Baskerville     | 17 | Hatfield     | 27.39 |
|     | L 3 | Danylo Kravchenko      | 16 | New Hall     | 27.09 |
|     | L 4 | Tobias Oglesby         | 21 | West Norfolk | 26.28 |
|     | L 5 | Jacob Ray              | 18 | Basildon Ph  | 26.90 |
|     | L 6 | Jack Osborne           | 18 | Deben        | 27.16 |
|     | L 7 | Zak Fellows            | 16 | Co St Albans | 27.84 |
|     | L 8 | Jacob Bacon            | 15 | Co Peterboro | 28.30 |
| H-8 | L 1 | Zane Day               | 19 | Co Norwich   | 27.93 |
|     | L 2 | Timon Chapman          | 23 | Norwich Swan | 27.30 |
|     | L 3 | Archie Tebbutt         | 15 | New Hall     | 27.00 |
|     | L 4 | Aaron Fox              | 24 | Co Norwich   | 25.87 |
|     | L 5 | Ryan Close             | 17 | Bedford SS   | 26.82 |
|     | L 6 | Ronnie Edwards         | 17 | Rochford     | 27.11 |
|     | L 7 | Marton Molnar          | 16 | Co Cambridge | 27.72 |
|     | L 8 | Oliver Smith           | 18 | Basildon Ph  | 28.05 |
| H-9 | L 1 | Edward Ormsby          | 18 | Co Cambridge | 27.90 |
|     | L 2 | Janos Kadar            | 18 | Co Cambridge | 27.27 |
|     | L 3 | Joshua Parker          | 16 | Braintree    | 27.00 |
|     | L 4 | Joshua Shepherd        | 17 | Thurrock     | 25.30 |
|     | L 5 | Oscar Winterburn       | 17 | teamipswich  | 26.73 |
|     | L 6 | Thomas Dean            | 16 | Felixstowe   | 27.10 |
|     | L 7 | Freddie Gardner        | 19 | Thurrock     | 27.50 |
|     | L 8 | William East           | 17 | Basildon Ph  | 28.00 |

### Event 314 Female 100m Breaststroke

|     |     |                        |    |      |              |         |
|-----|-----|------------------------|----|------|--------------|---------|
| H-1 | L 1 | Charlotte Ryan         | 25 | SB5  | Runnymede    | 2:58.35 |
|     | L 2 | Ida Corcoran           | 16 | SB9  | Flitwick     | 1:58.28 |
|     | L 3 | Annabelle Smith        | 15 |      | Co Ely       | 1:21.14 |
|     | L 4 | Caitlin Stockwell      | 15 |      | Co Cambridge | 1:20.60 |
|     | L 5 | Mimi Clinch            | 15 |      | Co St Albans | 1:20.88 |
|     | L 6 | Libby Nurse            | 15 |      | Basildon Ph  | 1:21.43 |
|     | L 7 | Florence Richbell      | 11 | SB12 | Flitwick     | 2:02.80 |
| H-2 | L 1 | Tyra Sajudeen          | 15 |      | Co Cambridge | 1:19.87 |
|     | L 2 | Anyia Waterman         | 15 |      | Colchester   | 1:19.08 |
|     | L 3 | Molly Bartup           | 17 |      | Cheshunt     | 1:18.43 |
|     | L 4 | Grace Mutton           | 15 |      | Deben        | 1:18.40 |
|     | L 5 | Hannah Lovelock        | 17 |      | Hitchin      | 1:18.42 |
|     | L 6 | Kornelia Jagodzinska   | 15 |      | Runnymede    | 1:18.79 |
|     | L 7 | Elena Buckley          | 15 |      | Basildon Ph  | 1:19.13 |
|     | L 8 | Elizabeth Field        | 15 |      | Chelmsford   | 1:19.96 |
| H-3 | L 1 | Imola Jozsa            | 19 |      | Hatfield     | 1:18.30 |
|     | L 2 | Mia Gray               | 17 |      | Norwich Swan | 1:17.72 |
|     | L 3 | Devon O'Neil           | 15 |      | Co Peterboro | 1:17.40 |
|     | L 4 | Evie Greenhalf         | 15 |      | Co Norwich   | 1:16.90 |
|     | L 5 | Victoria Allchorne     | 17 |      | Rochford     | 1:17.00 |
|     | L 6 | Adrija Raudonyte       | 17 |      | Newmarket    | 1:17.60 |
|     | L 7 | Pemberley Hornigold    | 18 |      | West Norfolk | 1:18.07 |
|     | L 8 | Zoe Land               | 19 |      | Team Waveney | 1:18.37 |
| H-4 | L 1 | Rachael Carpenter      | 18 |      | Ware         | 1:16.70 |
|     | L 2 | Alexis Johnson         | 15 |      | Co Peterboro | 1:16.27 |
|     | L 3 | Niamh James            | 24 |      | Bishop Stort | 1:16.07 |
|     | L 4 | Esme Stringer          | 17 |      | Bishop Stort | 1:15.95 |
|     | L 5 | Isabel White           | 16 |      | Biggleswade  | 1:16.00 |
|     | L 6 | Tessa Quayle           | 17 |      | St Ives      | 1:16.20 |
|     | L 7 | Gigi Raubitschek-Smith | 15 |      | Co St Albans | 1:16.59 |
|     | L 8 | Sofia Cirdei           | 15 |      | Basildon Ph  | 1:16.88 |
| H-5 | L 1 | Isabella Porzio        | 21 |      | Putteridge   | 1:15.71 |
|     | L 2 | Alice Watts            | 17 |      | Co Cambridge | 1:15.68 |
|     | L 3 | Jasmine Hall           | 15 |      | Basildon Ph  | 1:15.18 |
|     | L 4 | Phoebe Howard          | 18 |      | Norwich Swan | 1:14.60 |
|     | L 5 | Summer Evason          | 16 |      | Watford SC   | 1:14.80 |
|     | L 6 | Nicole Peddeltly       | 15 |      | teamipswich  | 1:15.41 |
|     | L 7 | Isla Stewart           | 15 |      | Co Peterboro | 1:15.70 |
|     | L 8 | Molly Greatbatch       | 15 |      | Bishop Stort | 1:15.80 |
| H-6 | L 1 | Louise Fiddes          | 24 | SB14 | Hatfield     | 1:13.80 |
|     | L 2 | Gracie Parker          | 17 |      | Basildon Ph  | 1:13.10 |
|     | L 3 | Sarah O'Brien          | 29 |      | West Norfolk | 1:12.19 |
|     | L 4 | Isabelle Cameron       | 18 |      | Co Peterboro | 1:09.90 |
|     | L 5 | Rebecca Keetley        | 21 |      | Co Cambridge | 1:10.81 |
|     | L 6 | Millie Harris          | 17 |      | West Norfolk | 1:12.67 |
|     | L 7 | Chloe Butler           | 21 |      | Norwich Swan | 1:13.20 |
|     | L 8 | Verity Hamilton        | 15 |      | Norwich Swan | 1:14.50 |
| H-7 | L 1 | Ellen Duffield         | 18 |      | teamipswich  | 1:13.59 |
|     | L 2 | Sophie Payne           | 23 |      | Putteridge   | 1:12.99 |
|     | L 3 | Lilly Davis            | 18 |      | Co Peterboro | 1:11.76 |
|     | L 4 | Ellen Eccleston        | 18 |      | Co Norwich   | 1:09.69 |
|     | L 5 | Caitlin Hartley        | 21 |      | Hatfield     | 1:10.40 |
|     | L 6 | Mia Lowe               | 18 |      | Basildon Ph  | 1:12.50 |
|     | L 7 | Georgina Hamilton      | 17 |      | Co St Albans | 1:13.12 |
|     | L 8 | Amelia Murphy          | 18 |      | Witham Dolph | 1:14.20 |
| H-8 | L 1 | Charlisse Harding      | 16 |      | Norwich Swan | 1:13.46 |
|     | L 2 | Elizabeth Wright       | 18 |      | West Suffolk | 1:12.94 |
|     | L 3 | Yan Ting Emily Pak     | 16 |      | Co Cambridge | 1:11.54 |
|     | L 4 | Jasmine Carter         | 16 |      | Basildon Ph  | 1:06.90 |
|     | L 5 | Ashley Ransome         | 30 |      | Hatfield     | 1:10.27 |
|     | L 6 | Ella Greatbatch        | 17 |      | Bishop Stort | 1:12.37 |
|     | L 7 | Ellie-Rose Lyon        | 18 |      | Co Norwich   | 1:13.10 |
|     | L 8 | Megan Gray             | 18 |      | Hatfield     | 1:13.95 |