

Start List

Event 231 Open/Male 100m Freestyle

H-1	L 3	Jacob Dessoy	17	S8	Runnymede	1:23.99
	L 4	Harry Arnold-Pepper	17	S9	Co Cambridge	1:08.00
	L 5	Mark Evens	29	S14	Hitchin	1:10.67
H-2	L 2	Corey Hare	19	S14	teamipswich	59.10
	L 3	Frankie Francis	15		Harpenden	57.81
	L 4	Luca Baumslag-Grisi	15		Basildon Ph	57.80
	L 5	Stewart Butler	15		Dunstable	57.80
	L 6	Rufus Kellie	15		Hatfield	58.26
	L 7	Ryan Crouch	31	S10	Deben	1:00.33
H-3	L 1	Orlando Whiting	15		Norwich Swan	57.70
	L 2	Bradley Humphries	15		Woodham F SC	57.70
	L 3	Corben Gibson	15		Basildon Ph	57.60
	L 4	Niccolo Camilotti	15		Hatfield	57.27
	L 5	Cheuk-Kin Lau	15		Co St Albans	57.45
	L 6	Charlie Birdsall	15		Co Cambridge	57.70
	L 7	Kai Patel	15		Thurrock	57.70
	L 8	George Heather	15		Co Peterboro	57.72
H-4	L 1	Daniel Humphreys	16		Putteridge	57.10
	L 2	Kieran Ng	15		Co Peterboro	56.91
	L 3	Finlay Blagg	16		Stowmarket	56.90
	L 4	Jamie Wilson	16		West Norfolk	56.70
	L 5	K-Ets Yah-Khai	16		Hatfield	56.77
	L 6	Ethan Wallis	15		Norwich Swan	56.90
	L 7	Kabir Patel	16		Potters Bar	56.95
	L 8	Alfie Rowland	16		Stowmarket	57.16
H-5	L 1	George Jones	16		Basildon Ph	56.60
	L 2	Finlay Roberts	16		Witham Dolph	56.30
	L 3	Norbert Kadar	16		Co Cambridge	56.30
	L 4	Elliot Hall	15		Bishop Stort	55.75
	L 5	Oscar McKern	16		Verulam	56.03
	L 6	Josh Black	15		Co Cambridge	56.30
	L 7	Oliver Fuller	15		Co Cambridge	56.37
	L 8	Isaac Buchan	16		Co Norwich	56.60
H-6	L 1	Rafael Cortiano	15		Co Cambridge	55.60
	L 2	Haiden Hall	15		Deben	55.45
	L 3	Frank Jacob	16		Co Cambridge	55.30
	L 4	Billy Cyl	17		Hoddesdon	55.19
	L 5	Robert Fenner	17		Basildon Ph	55.20
	L 6	Frank Lamb	16		Co Peterboro	55.30
	L 7	James McGettigan	16		Thurrock	55.50
	L 8	Tyler Stone	15		Co Norwich	55.70
H-7	L 1	Rio Rogers	21	S14	Basildon Ph	55.00
	L 2	Sean Connolly	17		Epping For't	54.90
	L 3	Danylo Kravchenko	16		New Hall	54.60
	L 4	Lee-Koppany Boka	17		Basildon Ph	54.57
	L 5	Kian Lee	17		Co Peterboro	54.59
	L 6	Roan Brennan	19	S10	Basildon Ph	54.70
	L 7	Harry Hudson	20		Norwich Swan	54.93
	L 8	Hayden Thornhill	19		Norwich Swan	55.19
H-8	L 1	Billy Mead	20		Linslade	54.41
	L 2	Joshua Ellis	19		Hatfield	54.18
	L 3	Hugo Raubitschek-Smith	17		Co St Albans	54.08
	L 4	Stuart Clarke	41		Bishop Stort	54.00
	L 5	Adam O'Neal	17		Bedford SS	54.00
	L 6	Ashley Coombs	24		Watford SC	54.10
	L 7	Benjamin Every	17		Team Waveney	54.40
	L 8	Max Arnold	19		DunmowAtlant	54.41
H-9	L 1	Oscar Hunter	16		Norwich Swan	53.90
	L 2	Daniel Williams	17		Hatfield	53.60
	L 3	Henry Dean	19		Thurrock	53.53
	L 4	Danylo Snitko	17		Watford SC	53.47
	L 5	Luke Burnard	16		Co St Albans	53.50
	L 6	Ryan Close	17		Bedford SS	53.55
	L 7	Maxwell Hozier	16		Hoddesdon	53.87
	L 8	Zach Townend	22		Co Norwich	53.90

H 10	L 1	Jack Osborne	18		Deben	53.34
	L 2	Ben Davison	20		Hatfield	52.92
	L 3	Evan McQuade	17		DunmowAtlant	52.30
	L 4	Jack Abram	20		Co Norwich	51.40
	L 5	Ethan Martin	20		Thurrock	52.13
	L 6	Archie Tebbutt	15		New Hall	52.60
	L 7	Joe Power	18		Basildon Ph	53.20
	L 8	Marton Molnar	16		Co Cambridge	53.40
H 11	L 1	Daniel Belsey	17		Hatfield	53.30
	L 2	Freddie Gardner	19		Thurrock	52.91
	L 3	Damon Elliott	21		DunmowAtlant	52.30
	L 4	Lucas Hartley	18		Hatfield	51.31
	L 5	Joshua Shepherd	17		Thurrock	51.80
	L 6	Nathan Birchenough	18		Norwich Swan	52.46
	L 7	Janos Kadar	18		Co Cambridge	53.19
	L 8	Ronnie Edwards	17		Rochford	53.40
H 12	L 1	Finlay Amup	18		Norwich Swan	53.22
	L 2	Liam Rumball	20		Hatfield	52.91
	L 3	Tobias Oglesby	21		West Norfolk	52.16
	L 4	Olivier Vedrenne	20		Co Norwich	50.90
	L 5	Joshua Parker	16		Braintree	51.40
	L 6	Jack Swindale	17		Co Peterboro	52.40
	L 7	Dylan Davenport	16		Bishop Stort	53.06
	L 8	Joshua Sackree	17		Co Peterboro	53.38

Event 232 Female 50m Freestyle

H-1	L 3	Charlotte Ryan	25	S6	Runnymede	53.20
	L 4	Abigail Wickens	18	S8	Flitwick	37.40
	L 5	Florence Richbell	11	S12	Flitwick	42.70
H-2	L 1	Ida Corcoran	16	S9	Flitwick	35.77
	L 2	Sophie Knevett	15		Colchester	29.10
	L 3	Isla Stewart	15		Co Peterboro	29.10
	L 4	Holly Shepherd	15		Canvey Isl	28.96
	L 5	Sophia Dixon	15		Hoddesdon	29.02
	L 6	Lois Smith	15		Basildon Ph	29.10
	L 7	Lily Herring	17	S10	Co Norwich	35.46
H-3	L 1	Gigi Raubitschek-Smith	15		Co St Albans	28.90
	L 2	Kenzie Bradshaw	15		Hertford	28.80
	L 3	Elena Buckley	15		Basildon Ph	28.72
	L 4	Ella Deaton	16		Newmarket	28.70
	L 5	Nicole Peddelt	15		teamipswich	28.70
	L 6	Lyla Ffello	16		Co Norwich	28.75
	L 7	Anastasja Wall	15		Co Norwich	28.90
	L 8	Annabelle Smith	15		Co Ely	28.90
H-4	L 1	Lily Steel	15		teamipswich	28.70
	L 2	Amy Wermerling	15		Hemel Hemp	28.60
	L 3	Mimi Clinch	15		Co St Albans	28.58
	L 4	Lucy Peterson	16		Stevenage	28.52
	L 5	Antonia Elias	16		Hatfield	28.52
	L 6	Holly Underdown	16		Braintree	28.60
	L 7	Freya May	15		Leiston	28.62
	L 8	Francesca Barber	16		Co Norwich	28.70
H-5	L 1	Gabriella Meyer	16		DunmowAtlant	28.50
	L 2	Alexandra Hurley	15		Co Cambridge	28.50
	L 3	Lilley Dring	16		Deben	28.45
	L 4	Abigail Davis	15		Bedford SS	28.30
	L 5	Elizabeth Pert	15		Norwich Swan	28.37
	L 6	Honor Beverstock	16		Hatfield	28.45
	L 7	Melike Dagdelen	16		Putteridge	28.50
	L 8	Milly Johnson	15		West Norfolk	28.51
H-6	L 1	Sophie Stelmach	16		Stevenage	28.30
	L 2	Niamh Chambers	16		DunmowAtlant	28.20
	L 3	Ruby Chapman	19		Norwich Swan	28.10
	L 4	Charlotte Pound	16		Putteridge	28.10
	L 5	Freya Hadnutt	17		Bishop Stort	28.10
	L 6	Chloe Armstrong	18		teamipswich	28.10
	L 7	Olivia Palmer	15		Co Norwich	28.30
	L 8	Alicia Morton	16		Basildon Ph	28.30

Start List

H-7	L 1	Yan Ting Emily Pak	16	Co Cambridge	28.07	H-2	L 1	Lochlan Shaw	15	Flitwick	5:08.73
	L 2	Olivia Mendham	17	DunmowAtlant	27.95		L 2	Ryan Wimpenny	15	Cheshunt	5:08.15
	L 3	Evie Greenhalf	15	Co Norwich	27.90		L 3	Stewart Butler	15	Dunstable	5:05.90
	L 4	Genevieve White	17	Co Cambridge	27.81		L 4	Riley Bashford	19	Deben	5:04.53
	L 5	Vanesa Cimermanova	17	Co Peterboro	27.86		L 5	Harry Bird	16	Putteridge	5:05.01
	L 6	Verity Fuge	15	Co St Albans	27.90		L 6	Alexander Pattison	15	West Norfolk	5:07.50
	L 7	Ruby Greenhalf	20	Co Norwich	28.00		L 7	Philip Spalding	15	Putteridge	5:08.47
	L 8	E Barth-Wehrenalp	15	Chelmsford	28.10		L 8	Jeremy Brailsford	16	Witham Dolph	5:10.04
H-8	L 1	Elizabeth Wright	18	West Suffolk	27.80	H-3	L 1	Harvey Isle	20	West Norfolk	5:02.92
	L 2	Megan Gray	18	Hatfield	27.80		L 2	Luke Owens	15	Putteridge	5:01.00
	L 3	Amy Boreham	19	Watford SC	27.70		L 3	Ashton Blake	16	Basildon Ph	4:56.44
	L 4	Anabelle Kett	16	Co Peterboro	27.70		L 4	Theodore Monk	17	Co Cambridge	4:55.70
	L 5	Amelia Fenner	15	Basildon Ph	27.70		L 5	B Macdonald-Williams	17	Bishop Stort	4:56.06
	L 6	Amerie Njaway	15	Putteridge	27.70		L 6	George Heather	15	Co Peterboro	4:58.74
	L 7	Erin Woodrow	18	West Norfolk	27.80		L 7	Daniel Meier	18	Biggleswade	5:01.56
	L 8	Isobel Mather	18	Co Cambridge	27.80		L 8	Alexander Ball	18	Potters Bar	5:03.30
H-9	L 1	Amelia Lewis	16	teamipswich	27.70	H-4	L 1	Oliver Fuller	15	Co Cambridge	4:54.91
	L 2	Imola Jozsa	19	Hatfield	27.63		L 2	Daniel Thompson	18	Thurrock	4:53.00
	L 3	Bethany Rumsby	16	Norwich Swan	27.60		L 3	Rafael Corliano	15	Co Cambridge	4:51.87
	L 4	Erin Currie	17	Hatfield	27.59		L 4	Daniel Williams	17	Hatfield	4:50.29
	L 5	Evelyn Clarke	17	Witham Dolph	27.60		L 5	Joshua Jones	16	West Norfolk	4:51.28
	L 6	Valentina Tinnirello	15	Potters Bar	27.60		L 6	Danylo Kravchenko	16	New Hall	4:52.84
	L 7	Katie Jeffrey	21	Hatfield	27.69		L 7	Finlay German	16	Co Cambridge	4:54.71
	L 8	Elizabeth Swaby	16	Basildon Ph	27.70		L 8	Tyler Stone	15	Co Norwich	4:55.20
H 10	L 1	Mia Lowe	18	Basildon Ph	27.50	H-5	L 1	Daniel De Filippo	16	Flitwick	4:49.42
	L 2	Olivia Greenall	16	Co Norwich	27.49		L 2	Csanad Rehus	16	Co Peterboro	4:48.20
	L 3	Lexie O'Connor	18	Basildon Ph	27.40		L 3	Kian Lee	17	Co Peterboro	4:46.52
	L 4	Jessica-Jane Applegate	29	S14 Co Norwich	27.30		L 4	Kieran Ng	15	Co Peterboro	4:42.96
	L 5	Rebecca Coogan	17	Thurrock	27.30		L 5	Robert Fenner	17	Basildon Ph	4:45.02
	L 6	Gracie Parker	17	Basildon Ph	27.40		L 6	Patryk Nowak	15	Co Peterboro	4:48.20
	L 7	Emily-Grace Bentley	15	Basildon Ph	27.50		L 7	Conor Mint	16	Basildon Ph	4:48.80
	L 8	Georgina Munday	21	Co Norwich	27.50		L 8	Jake Lloyd	30	Bishop Stort	4:50.07
H 11	L 1	Isabelle Cameron	18	Co Peterboro	27.16	H-6	L 1	Jacob Bacon	15	Co Peterboro	4:42.46
	L 2	Sophie Palmer	16	Basildon Ph	26.70		L 2	Samuel Jeffrey	18	Hatfield	4:40.27
	L 3	Sophie Siong	20	Co Norwich	26.57		L 3	Daniel McGuinness	19	Basildon Ph	4:35.90
	L 4	Millie Harris	17	West Norfolk	25.97		L 4	Patch Robinson	18	teamipswich	4:32.50
	L 5	Alexa Mann	19	DunmowAtlant	26.20		L 5	Harrison Shaw	18	Flitwick	4:35.44
	L 6	Phoebe Howard	18	Norwich Swan	26.70		L 6	Reece Burns	17	Chelmsford	4:37.79
	L 7	Jasmine Hall	15	Basildon Ph	26.98		L 7	Lewis Jarrett	19	Thurrock	4:40.61
	L 8	Nicole Maynard	16	Basildon Ph	27.30		L 8	Frank Lamb	16	Co Peterboro	4:42.81
H 12	L 1	Charlotte Smith	18	Norwich Swan	27.10	Event 234 Female 800m Freestyle Team					
	L 2	Ever Ives	16	Hatfield	26.70	H-1	L 1	Norwich Swan	14/16	Norwich Swan	9:20.00
	L 3	Shahd Mohamed	18	Co Peterboro	26.42		Freya Cox Elizabeth Pert Bethany Rumsby Erin Barber				
	L 4	Ellen Duffield	18	teamipswich	25.80		L 2	Co St Albans	14/16	Co St Albans	9:20.00
	L 5	Jasmine Carter	16	Basildon Ph	26.10		Gigi Raubitschek-Smith Anna Zapisetskaya Daisy Jubb Jasmine Scott				
	L 6	Amara Addison	18	Norwich Swan	26.60		L 3	Co Peterboro A	14/16	Co Peterboro	9:03.00
	L 7	Erin Barber	15	Norwich Swan	26.97		Anabelle Kett Kitty Lamb Emma Cushion Megan Barnicoat				
	L 8	Alexandra Nurney	15	Hatfield	27.20		L 4	Basildon Ph	14/16	Basildon Ph	8:30.00
H 13	L 1	Isabel Thomas	17	Newmarket	27.10		Jasmine Carter Amelia Fenner Sophie Palmer Jasmine Hall				
	L 2	Katerina Di Maria	17	Co Norwich	26.70	L 6	Basildon Ph	17/OV	Basildon Ph	8:28.00	
	L 3	Olivia Minett	17	Co Peterboro	26.40		Evangeline Pierce Lexie O'Connor Lexie Goodman Skye Carter				
	L 4	Skye Carter	18	Basildon Ph	24.40						
	L 5	Grace Greenhalf	18	Co Norwich	26.02						
	L 6	Daisy Russell	17	DunmowAtlant	26.60						
	L 7	Naomi Rose Conday	15	Bishop Stort	26.95						
	L 8	Georgia Holgate	18	Co Cambridge	27.20						
Event 233 Open/Male 400m IM											
H-1	L 1	Noah Bielby	15	Co Peterboro	5:13.00						
	L 2	Kian Ptolomey	15	Putteridge	5:12.30						
	L 3	Oliver Green	16	Co St Albans	5:11.70						
	L 4	Oliver Fenwick	16	Hatfield	5:10.91						
	L 5	Ramsey Gill	16	Co St Albans	5:11.61						
	L 6	George Everett	16	West Suffolk	5:12.14						
	L 7	Luca Baumslag-Grisi	15	Basildon Ph	5:12.70						