

Swim England East Region

2025 Long Course Championships

Session Twenty Two

Start List

Event 821 Open/Male 11/14 Yrs 100m Backstroke

H-1	L 1	Tom Greening	12	Norwich Swan	1:20.69
	L 2	Jack Lees	12	Epping For't	1:20.64
	L 3	Lewis Hallam	12	Harpندن	1:20.45
	L 4	Elijah Wilson	12	teamipswich	1:20.35
	L 5	Sebian Sutton	11	Colchester	1:20.40
	L 6	Charles Pritchard	11	Stevenage	1:20.55
	L 7	Cody Bridgen	12	Watford SC	1:20.68
H-2	L 1	Charlie Robinson	12	Tring	1:20.02
	L 2	Julien Vannier	11	Hatfield	1:19.73
	L 3	Stanley Taylor	12	Colchester	1:19.33
	L 4	George Sims	12	Hatfield	1:19.28
	L 5	Fletcher Waugh	11	Colchester	1:19.33
	L 6	George Headford	11	Basildon Ph	1:19.50
	L 7	Toby Benson	12	Harpندن	1:20.00
	L 8	Michael Rozhko	12	Co Cambridge	1:20.16
H-3	L 1	Dexter Hill	11	Saffron Wald	1:19.10
	L 2	George Connor	12	Colchester	1:18.58
	L 3	Veer Takher	12	Watford SC	1:18.43
	L 4	Jasper Dearden	12	Chelmsford	1:17.47
	L 5	Oliver Hammond	12	Team Waveney	1:17.60
	L 6	Lukas Liebenberg	11	Newmarket	1:18.47
	L 7	Max Hart	12	Verulam	1:19.00
	L 8	Harry Thurlow	12	Norwich Swan	1:19.13
H-4	L 1	Leo Sims	12	Hatfield	1:16.77
	L 2	Senan Brullo	12	New Hall	1:16.20
	L 3	Lawrence Taylor	13	Co Norwich	1:15.50
	L 4	Max Perry	13	Watford SC	1:15.30
	L 5	Harry Baucutt	13	Clacton SC	1:15.40
	L 6	Taras Boiko	12	Bishop Stort	1:15.80
	L 7	Johnny McAuley	12	Huntingdon	1:16.55
	L 8	Daniel McGrath	12	Norwich Swan	1:17.10
H-5	L 1	Spencer Gore	13	Southend	1:15.21
	L 2	Oscar Chau	13	Co St Albans	1:14.96
	L 3	Adam Zarhloul	13	Thurrock	1:14.64
	L 4	Jake Whittaker	13	Basildon Ph	1:14.37
	L 5	Luca Capozzi	12	Hemel Hemp	1:14.60
	L 6	Benjamin Piscopo	12	Co Peterboro	1:14.70
	L 7	Patrikas Garalevicius	13	Norwich Swan	1:15.19
	L 8	David Kandelaki	13	Linslade	1:15.30
H-6	L 1	Kuba Pociot	13	teamipswich	1:14.10
	L 2	Hugo Harley	13	Watford SC	1:13.21
	L 3	Jesse Knight	12	Leiston	1:12.90
	L 4	Robert Stoica	13	Co Cambridge	1:12.30
	L 5	Robert James	13	Epping For't	1:12.65
	L 6	Aiden Wright	13	Thurrock	1:13.10
	L 7	Ashton Hunter	13	Co Peterboro	1:13.46
	L 8	Huxley Phillips	12	Co Cambridge	1:14.17
H-7	L 1	Bobby Bennett	13	Basildon Ph	1:12.20
	L 2	Todd Leung	13	Hatfield	1:11.82
	L 3	Haiyang Shi	12	Basildon Ph	1:11.70
	L 4	Nicholas Mitroi	14	Thurrock	1:11.39
	L 5	Jason Dalope	14	West Suffolk	1:11.48
	L 6	Jacob Ure	13	March	1:11.76
	L 7	Charles Hodgson	13	Co St Albans	1:12.02
	L 8	Lewis Gardner	11	Basildon Ph	1:12.20
H-8	L 1	Rafe Lawson	13	Berkhamsted	1:10.31
	L 2	Jake Maguire	14	Co Norwich	1:08.87
	L 3	Jacob Schultz	14	Co Cambridge	1:07.40
	L 4	Xavier Zerban	14	Biggleswade	1:04.90
	L 5	Ricards Korotkihs	14	teamipswich	1:06.07
	L 6	Kameron Baker	14	Co Peterboro	1:07.98
	L 7	Harry Rowson	14	Putteridge	1:09.63
	L 8	Reuben Walters	14	Runnymede	1:11.07

H-9	L 1	Tobias Anderson	13	Co Norwich	1:10.10
	L 2	Oliver Coombes	14	Basildon Ph	1:08.85
	L 3	James O'Toole	14	Co Norwich	1:07.03
	L 4	Jacopo Agosti	14	Co Cambridge	1:04.55
	L 5	Thomas Fenwick	14	Hatfield	1:05.98
	L 6	Alexander Pashley	14	Co Ely	1:07.73
	L 7	Michael Sayer	14	Co Norwich	1:09.10
	L 8	Sebastian Wheldon	14	Basildon Ph	1:10.47

H 10	L 1	Thomas Mutton	12	Deben	1:09.78
	L 2	Jake Atkinson	13	Basildon Ph	1:08.40
	L 3	Jakub Cincio	14	Chelmsford	1:06.30
	L 4	Isaac Mendham	14	DunmowAtlant	1:02.66
	L 5	Constantine Calliafas	14	Watford SC	1:05.83
	L 6	Edward Page	14	Co Cambridge	1:07.57
	L 7	Joseph Emms	14	Biggleswade	1:08.90
	L 8	Byron Miller	14	Colchester	1:10.40

Event 822 Female 11/14 Yrs 200m Backstroke

H-1	L 1	Martha More	11	West Norfolk	2:56.60
	L 2	Emily Lynch	12	Potters Bar	2:56.46
	L 3	Maisie Bishop	12	Wisbech	2:55.97
	L 4	Cassie Wopling	12	Halstead	2:55.66
	L 5	Imogen Stow-Hazell	12	Harpندن	2:55.91
	L 6	Summer-Violet Wynne	12	Canvey Isl	2:56.11
	L 7	Bella Robertson	12	Stowmarket	2:56.50

H-2	L 1	Evie Spalding	11	Putteridge	2:55.23
	L 2	Sophie Andrews	11	Flitwick	2:54.79
	L 3	Niamh Tuson	11	Epping For't	2:54.37
	L 4	Lilly Wright	12	Wisbech	2:53.40
	L 5	Tia Elsey	12	Linslade	2:54.31
	L 6	Phoebe Phillpot	12	teamipswich	2:54.68
	L 7	Jessie Barber	12	Newmarket	2:55.10
	L 8	Maisie Cooper	12	Braintree	2:55.58

H-3	L 1	Isla Tate	12	Co Peterboro	2:52.91
	L 2	Phoebe Thompson	12	Basildon Ph	2:52.90
	L 3	Shuhan Yang	12	Colchester	2:52.78
	L 4	Imogen Laws	12	Co Norwich	2:52.40
	L 5	Lauren Ibbotson	12	Linslade	2:52.78
	L 6	Lara Kelly	11	Colchester	2:52.84
	L 7	Mabelle Chadderton	11	West Norfolk	2:52.91
	L 8	Layla Harley	11	Watford SC	2:53.20

H-4	L 1	Eloise Welsford	12	Deben	2:52.00
	L 2	Chloe Bucktrout	12	Linslade	2:51.88
	L 3	Annabelle Garnham	11	teamipswich	2:50.91
	L 4	Grace Mann	12	teamipswich	2:50.62
	L 5	Isabelle Wicks	12	Norwich Swan	2:50.74
	L 6	Ella O'Sullivan	12	Norwich Swan	2:51.74
	L 7	Lena Crisp	12	Norwich Swan	2:51.93
	L 8	Imogen Parnell	12	Dereham	2:52.01

H-5	L 1	Ashleigh Worth	11	Ware	2:50.00
	L 2	Aine Coackley	11	teamipswich	2:48.39
	L 3	Amélie Desmeules	12	Verulam	2:45.56
	L 4	Lara Shiers	12	Rick'worth	2:44.40
	L 5	Lily Walsby	12	Co Peterboro	2:45.31
	L 6	Summer Woodside	12	Co Peterboro	2:47.11
	L 7	Lyra Schultz	12	Co Cambridge	2:48.59
	L 8	Peony Jackson	12	Co Ely	2:50.43

H-6	L 1	Nellie Chadderton	13	West Norfolk	2:42.81
	L 2	Skye Freeman	13	Norwich Swan	2:41.90
	L 3	Layla Drake	13	Norwich Swan	2:41.19
	L 4	Tayla Goodswen	13	Co Norwich	2:40.88
	L 5	Eva Jackson	13	Flitwick	2:41.03
	L 6	Sofia Sacoto	13	Co St Albans	2:41.73
	L 7	Mia Hayes	12	Linslade	2:41.93
	L 8	Tahlia Sunshine	13	DunmowAtlant	2:43.49

Start List

H-7	L 1	Olivia Pais	13	Co Peterboro	2:40.55	H-5	L 1	Riccardo Di Maria	13	Co Norwich	30.00
	L 2	Kitty McNaughton	13	Hoddesdon	2:40.06		L 2	Johnny McAuley	12	Huntingdon	29.89
	L 3	Eloise Palfree	11	Colchester	2:39.70		L 3	Guy Spearman-Baines	13	Bishop Stort	29.80
	L 4	Polly Anderson	13	West Norfolk	2:39.66		L 4	Robert Stoica	13	Co Cambridge	29.80
	L 5	Emilia Butt	13	Deben	2:39.66		L 5	Jake Whittaker	13	Basildon Ph	29.80
	L 6	Eliza Jennings	13	Biggleswade	2:40.00		L 6	Junru Cai	13	West Norfolk	29.89
	L 7	Alice Buckingham	12	Team Luton	2:40.12		L 7	Huxley Phillips	12	Co Cambridge	29.95
	L 8	Chloe Barber	13	Stevenage	2:40.83		L 8	Nikita Diadko	13	West Norfolk	30.04
H-8	L 1	Elija Mickaite	13	Co Peterboro	2:38.41	H-6	L 1	Todd Leung	13	Hatfield	29.50
	L 2	Amira Khelfa	14	Basildon Ph	2:37.99		L 2	Thomas Mutton	12	Deben	29.36
	L 3	Alison Loo	14	Watford SC	2:37.37		L 3	Oscar Rush	13	Diss Otters	29.30
	L 4	Jorja Atkinson	14	Co Cambridge	2:36.02		L 4	Alfie Larham	13	Co Peterboro	29.20
	L 5	Lily Chappell	13	Royston	2:37.36		L 5	Jesse Knight	12	Leiston	29.30
	L 6	Matilda Sharpe	13	Co Norwich	2:37.40		L 6	Danraj Dhillon	13	Thurrock	29.34
	L 7	Valeria Soldatikhina	12	West Norfolk	2:38.32		L 7	Kevinas Simukauskas	13	Basildon Ph	29.40
	L 8	Isla Stockwell	13	Co Cambridge	2:39.05		L 8	Charles Hallam	12	Harpenden	29.56
H-9	L 1	Lexie Sandiford	14	Putteridge	2:35.10	H-7	L 1	Thomas Riley	13	Colchester	28.90
	L 2	Aria Sabado	13	Basildon Ph	2:33.60		L 2	Fumfum Nwabueze	13	Basildon Ph	28.70
	L 3	Olivia Wicks	13	Norwich Swan	2:31.39		L 3	Robert James	13	Epping For't	28.66
	L 4	Mia Nelson	14	Cheshunt	2:26.36		L 4	George Letts	13	Deben	28.40
	L 5	Matilda Stokes	14	Co Peterboro	2:31.19		L 5	Henry Chaloner	13	Biggleswade	28.60
	L 6	Cerys Wall	13	Co Cambridge	2:33.23		L 6	Kuba Pociot	13	teamipswich	28.70
	L 7	Lola Mitchinson	14	Thetford	2:34.11		L 7	Jacob Ure	13	March	28.80
	L 8	Elizabeth Gore	14	Epping For't	2:35.88		L 8	Lewis Gardner	11	Basildon Ph	28.96
H 10	L 1	Olive Bailey	12	Colchester	2:34.90	H-8	L 1	Bertie Titheridge	14	St Ives	28.20
	L 2	Eva-May Bowie	14	Bedford SS	2:33.58		L 2	Jason Dalope	14	West Suffolk	28.17
	L 3	Heidi King	14	Hemel Hemp	2:31.23		L 3	Noah Buchan	14	Co Norwich	28.10
	L 4	Tia Sammut	14	Bedford SS	2:26.16		L 4	Kyren Williams	14	teamipswich	27.95
	L 5	Megan Barnicoat	14	Co Peterboro	2:29.78		L 5	Lachlan Cotgrove	14	Canvey Isl	28.02
	L 6	Lois Fields	14	Bishop Stort	2:32.21		L 6	Oliver Coombes	14	Basildon Ph	28.16
	L 7	Ava Sims	14	Chelmsford	2:34.04		L 7	Christian Ludwig	14	Basildon Ph	28.20
	L 8	Nieve Ives	13	Hatfield	2:35.32		L 8	Jacob Halliday	14	Team Waveney	28.23
H 11	L 1	Chloe Cranny	14	Epping For't	2:34.35	H-9	L 1	George Cawley	14	teamipswich	27.89
	L 2	Megan Randall	14	Royston	2:33.37		L 2	Haiyang Shi	12	Basildon Ph	27.50
	L 3	Kitty Lamb	14	Co Peterboro	2:31.22		L 3	Benjamin Palmer	14	Bishop Stort	26.98
	L 4	Summer Smith	14	Basildon Ph	2:22.31		L 4	Jacob Schultz	14	Co Cambridge	26.30
	L 5	Grace Manning	13	Basildon Ph	2:29.44		L 5	Ricards Korotkihs	14	teamipswich	26.60
	L 6	Aimee Sanders	13	Dunstable	2:31.81		L 6	Ivan Ijomoni	14	Thurrock	27.20
	L 7	Abi Perry	14	Linslade	2:33.78		L 7	Thomas Fenwick	14	Hatfield	27.61
	L 8	Alexa Ramirez	14	Basildon Ph	2:35.22		L 8	Archie McClure	14	March	27.93
Event 823 Open/Male 11/14 Yrs 50m Freestyle						H 10	L 1	Jake Maguire	14	Co Norwich	27.80
H-1	L 3	Oscar Beaton	12	Colchester	31.90		L 2	Reuben Walters	14	Runnymede	27.40
	L 4	Carl Manuel Bendanillo	12	Norwich Swan	31.77		L 3	Constantine Calliafas	14	Watford SC	26.90
	L 5	Harrison Burridge	12	Huntingdon	31.86		L 4	Xavier Zerban	14	Biggleswade	26.20
H-2	L 1	Luca Tse	12	Bishop Stort	31.70		L 5	Angus Cheng	14	Co St Albans	26.51
	L 2	Leo Sims	12	Hatfield	31.54		L 6	Rejus Mazeika	14	West Norfolk	27.20
	L 3	Julien Vannier	11	Hatfield	31.40		L 7	David Petre	14	Brentwood	27.60
	L 4	Jake Fox	12	Stowmarket	31.37		L 8	Hugo Harley	13	Watford SC	27.90
	L 5	Lukas Liebenberg	11	Newmarket	31.40	H 11	L 1	Samuel Liddell	14	West Norfolk	27.80
	L 6	Jasper Dearden	12	Chelmsford	31.50		L 2	Jake Atkinson	13	Basildon Ph	27.30
	L 7	Lewis Hallam	12	Harpenden	31.69		L 3	Ethan Knights	14	teamipswich	26.68
H-3	L 1	Harry Edwards	12	Team Waveney	31.27		L 4	Jayden Carter	14	Basildon Ph	24.80
	L 2	Apollo Pop	12	Chelmsford	31.10		L 5	Isaac Mendham	14	DunmowAtlant	26.30
	L 3	Noah Rumsby	12	Bo Southend	30.80		L 6	Edward Page	14	Co Cambridge	27.10
	L 4	Clark Meanti	12	Putteridge	30.80		L 7	Alexander Pashley	14	Co Ely	27.53
	L 5	Oscar Muller	12	Wisbech	30.80		L 8	Rafe Lawson	13	Berkhamsted	27.90
	L 6	Jaedyn Ovbiagele	12	Chelmsford	31.00						
	L 7	Toby Benson	12	Harpenden	31.21						
	L 8	Thomas Agnew	12	St Neot Swan	31.28						
H-4	L 1	George Sims	12	Hatfield	30.70						
	L 2	Daniel McGrath	12	Norwich Swan	30.40						
	L 3	Jake Nell	12	Tring	30.34						
	L 4	Harrison Dodwell	12	Bishop Stort	30.10						
	L 5	Samuel Childs	12	Berkhamsted	30.33						
	L 6	George Connor	12	Colchester	30.39						
	L 7	Luca Capozzi	12	Hemel Hemp	30.51						
	L 8	Oliver Hammond	12	Team Waveney	30.76						

Swim England East Region

2025 Long Course Championships

Session Twenty Two

Start List

Event 824 Female 11/14 Yrs 100m Freestyle

H-1	L 1	Jessie Barber	12	Newmarket	1:11.32	H-9	L 1	Betsie Saville	12	Canvey Isl	1:04.96
	L 2	Cassie Bonner	11	Epping For't	1:11.30		L 2	Beau Waterhouse	14	Newmarket	1:04.62
	L 3	Aine Coackley	11	teamipswich	1:11.20		L 3	Isabella Helliwell	14	Basildon Ph	1:04.44
	L 4	Tilly Howells	12	Verulam	1:11.14		L 4	Maelys Jacquet	14	Deben	1:04.30
	L 5	Haylie Frew-Costa	12	Potters Bar	1:11.16		L 5	Ruby Baxter	14	West Norfolk	1:04.30
	L 6	Ella Minnis	12	Colchester	1:11.21		L 6	Victoria Edghill	13	Basildon Ph	1:04.60
	L 7	Isabelle Wicks	12	Norwich Swan	1:11.30		L 7	Tayla Goodswen	13	Co Norwich	1:04.70
	L 8	Morrigan Cooper	12	Bo Southend	1:11.50		L 8	Tsvetina Sinapova	13	Thetford	1:05.00
H-2	L 1	Annabelle Garnham	11	teamipswich	1:11.03	H 10	L 1	Summer Lewis	13	Colchester	1:04.20
	L 2	Summer Woodside	12	Co Peterboro	1:11.00		L 2	Eden Meanti	14	Putteridge	1:04.10
	L 3	Scarlett Omand	12	Cheshunt	1:10.80		L 3	Millie Tomlin	14	Basildon Ph	1:04.05
	L 4	Amy Brightwell	12	Norwich Swan	1:10.60		L 4	Amelia Garnham	14	teamipswich	1:03.92
	L 5	Kaitlyn Hoffman	12	Basildon Ph	1:10.77		L 5	Connie Flitton	14	Dunstable	1:04.00
	L 6	Elsie Cole	12	Epping For't	1:10.92		L 6	Lola Mitchinson	14	Thetford	1:04.06
	L 7	Freya Keeling	12	Hoddesdon	1:11.02		L 7	Summer Miller	13	Bishop Stort	1:04.15
	L 8	Molly Beattie	12	St Neot Swan	1:11.09		L 8	Anna Mason	13	Co Peterboro	1:04.20
H-3	L 1	Imogen Laws	12	Co Norwich	1:10.40	H 11	L 1	Summer Smith	14	Basildon Ph	1:03.50
	L 2	Aoife Blessing	12	Hatfield	1:09.90		L 2	Amelia Tucke	14	Basildon Ph	1:02.74
	L 3	Eloise Palfree	11	Colchester	1:09.61		L 3	Nina Allen	14	Newmarket	1:01.30
	L 4	Mariella Thorne	12	Ware	1:09.53		L 4	Edie Foster	14	Bishop Stort	1:00.07
	L 5	Dolcie Underwood	12	Dereham	1:09.60		L 5	Aimee Sanders	13	Dunstable	1:00.90
	L 6	Lena Crisp	12	Norwich Swan	1:09.80		L 6	Lexie Sandiford	14	Putteridge	1:01.70
	L 7	Ashleigh Worth	11	Ware	1:09.90		L 7	Eva Jackson	13	Flitwick	1:03.00
	L 8	Alania Wignall	12	Colchester	1:10.40		L 8	Rebecca Olaru	14	Chelmsford	1:03.86
H-4	L 1	Olivia Bryant	12	Stowmarket	1:09.45	H 12	L 1	Lola-Rose Curtin	14	Team Waveney	1:03.16
	L 2	Jorgie Bhasvi	12	Hatfield	1:09.40		L 2	Catherine Mitchell	14	Co Norwich	1:02.70
	L 3	Yvette Boka	12	Basildon Ph	1:09.26		L 3	Anna Zapisetskaya	14	Co St Albans	1:01.24
	L 4	Martha Mellors	12	Verulam	1:09.01		L 4	Freya Cox	14	Norwich Swan	1:00.00
	L 5	Elizabeth Litvinenko	12	West Norfolk	1:09.10		L 5	Olivia Bradford	14	West Norfolk	1:00.80
	L 6	Poppy Ellingford	12	Thurrock	1:09.28		L 6	Jorja Atkinson	14	Co Cambridge	1:01.60
	L 7	Charlotte Dixon	12	Hitchin	1:09.40		L 7	Jasmine Scott	14	Co St Albans	1:02.90
	L 8	Lyra Schultz	12	Co Cambridge	1:09.46		L 8	Eliza Jennings	13	Biggleswade	1:03.80
H-5	L 1	Elissa Neo	12	Linslade	1:08.80	H 13	L 1	Heidi King	14	Hemel Hemp	1:03.00
	L 2	Imogen Parnell	12	Dereham	1:08.32		L 2	Ayla Zolfaghari	14	Epping For't	1:01.90
	L 3	Shuhan Yang	12	Colchester	1:08.13		L 3	Genna Lee	14	Harlow Pen	1:01.20
	L 4	Lily Walsby	12	Co Peterboro	1:07.20		L 4	Tia Sammut	14	Bedford SS	59.60
	L 5	Olivia Page	12	Co Cambridge	1:07.60		L 5	Kitty Lamb	14	Co Peterboro	1:00.30
	L 6	Amélie Desmeules	12	Verulam	1:08.20		L 6	Defne Ece Sakarya	14	Norwich Swan	1:01.60
	L 7	Charlotte Abrahams	12	Putteridge	1:08.70		L 7	Mia Wilson	13	Basildon Ph	1:02.75
	L 8	Dorothy Thorby	12	Co Norwich	1:08.90		L 8	Sydney Lewis	13	Colchester	1:03.70
H-6	L 1	Emily Joyce	13	Biggleswade	1:06.92						
	L 2	Olivia Piaskowska	13	Team Luton	1:06.90						
	L 3	Olivia Pais	13	Co Peterboro	1:06.87						
	L 4	Grace Manning	13	Basildon Ph	1:06.70						
	L 5	Meadow Lynn	13	Southend	1:06.80						
	L 6	India Clement	13	West Suffolk	1:06.88						
	L 7	Evie Dixon	13	Gt Yarmouth	1:06.90						
	L 8	Macey Towns	13	Bo Southend	1:07.00						
H-7	L 1	Isla Caley	13	Watford SC	1:06.42						
	L 2	Amelia Bail	13	Hitchin	1:06.34						
	L 3	Valeria Soldatikhina	12	West Norfolk	1:06.17						
	L 4	Sofia Sacoto	13	Co St Albans	1:06.06						
	L 5	Indie Horton	13	Team Waveney	1:06.13						
	L 6	Charlotte Stocks	13	Linslade	1:06.30						
	L 7	Lily Chappell	13	Royston	1:06.42						
	L 8	Sophie Harvey	13	Co Cambridge	1:06.60						
H-8	L 1	Jessica Ryan	13	Colchester	1:05.85						
	L 2	Polly Anderson	13	West Norfolk	1:05.50						
	L 3	Tahlia Sunshine	13	DunmowAtlant	1:05.27						
	L 4	Matilda Sharpe	13	Co Norwich	1:05.10						
	L 5	Nieve Ives	13	Hatfield	1:05.10						
	L 6	Olivia Daniel	12	Verulam	1:05.39						
	L 7	Violet Freezer	13	teamipswich	1:05.69						
	L 8	Isabelle Bazely	13	New Hall	1:05.97						

Start List

Event 825 Open/Male 11/14 Yrs 400m IM

H-1	L 3	Tom Greening	12	Norwich Swan	6:13.86
	L 4	David Hoara	11	Thurrock	6:09.32
	L 5	Clark Meanti	12	Putteridge	6:10.67
H-2	L 1	Cody Brigden	12	Watford SC	6:07.48
	L 2	Johnny McAuley	12	Huntingdon	6:01.82
	L 3	Tobias Watson	12	Bo Southend	6:01.70
	L 4	Oscar Muller	12	Wisbech	6:00.30
	L 5	Leo Sims	12	Hatfield	6:01.01
	L 6	George Sims	12	Hatfield	6:01.74
	L 7	George Headford	11	Basildon Ph	6:04.54
H-3	L 1	Oscar Langston	13	Epping For't	5:52.47
	L 2	Todd Leung	13	Hatfield	5:51.01
	L 3	Noah Conroy	13	Bishop Stort	5:49.96
	L 4	Benjamin Piscopo	12	Co Peterboro	5:47.80
	L 5	Casper Whittaker	13	Biggleswade	5:49.12
	L 6	Ruslan Shiraz	13	Epping For't	5:50.30
	L 7	Aaron Rawnsley	13	Harpenden	5:52.21
	L 8	Fletcher Waugh	11	Colchester	5:53.30
H-4	L 1	Riley Allen	13	Thurrock	5:45.59
	L 2	Adam Zarhloul	13	Thurrock	5:44.30
	L 3	Jude Wankowski	12	teamipswich	5:44.08
	L 4	Hardy Shipton	13	Hatfield	5:38.47
	L 5	Taras Boiko	12	Bishop Stort	5:39.50
	L 6	Samuel Childs	12	Berkhamsted	5:44.19
	L 7	Harry Clarke	13	West Norfolk	5:44.90
	L 8	Jack Munday	13	teamipswich	5:47.55
H-5	L 1	Montgomery Brewster	13	Watford SC	5:35.48
	L 2	Ashton Hunter	13	Co Peterboro	5:31.13
	L 3	Noah Buchan	14	Co Norwich	5:29.30
	L 4	Finley Burford	13	Basildon Ph	5:25.20
	L 5	Alfie Larham	13	Co Peterboro	5:26.36
	L 6	Lewis Borgognoni	14	Co Peterboro	5:30.21
	L 7	Lewis Gardner	11	Basildon Ph	5:31.68
	L 8	Jack Lees	12	Epping For't	5:37.30
H-6	L 1	Jacob Wild	14	Newmarket	5:17.36
	L 2	Ivan Ijomoni	14	Thurrock	5:12.20
	L 3	Janos Csepely	14	teamipswich	5:11.20
	L 4	Zachary Piscopo	14	Co Peterboro	5:09.70
	L 5	Kameron Baker	14	Co Peterboro	5:10.10
	L 6	Ethan Knights	14	teamipswich	5:12.04
	L 7	Xavier Zerban	14	Biggleswade	5:13.20
	L 8	James Peters	14	Basildon Ph	5:21.99