

Start List

Event 431 Female 50m Breaststroke					Event 432 Open/Male 50m Breaststroke						
H-1	L 2	Caitlin Stockwell	15	Co Cambridge	37.40	H-1	L 3	Richard Levell	15	Newmarket	34.63
	L 3	Samantha Martelino	15	Newmarket	37.35		L 4	Mikhail Zharinov	15	Hitchin	34.56
	L 4	Tyra Sajudeen	15	Co Cambridge	37.08		L 5	Jericho Mercado	15	Norwich Swan	34.60
	L 5	Annabelle Smith	15	Co Ely	37.10						
	L 6	Siobhan Schneider	15	Bedford SS	37.40						
H-2	L 7	Abigail Davis	15	Bedford SS	37.40	H-2	L 2	Luke Owens	15	Putteridge	34.00
					L 3		Alfie Rowland	16	Stowmarket	33.84	
					L 4		Harry Reville	16	Ware	33.80	
					L 5		Gabriel Taggart	15	Watford SC	33.80	
					L 6		Veljko Zivko	15	Bedford SS	33.90	
H-3	L 1	Bryony Murfitt	15	Biggleswade	36.90	H-3	L 7	Finley Gullis	15	Chelmsford	34.49
	L 2	Lily Mae Ware	15	Basildon Ph	36.70						
	L 3	Grace Mutton	15	Deben	35.90						
	L 4	Anya Waterman	15	Colchester	35.50						
	L 5	Sofia Cirdei	15	Basildon Ph	35.70						
H-4	L 6	Kornelia Jagodzinska	15	Runnymede	35.92	H-4	L 1	Alexander Nimalathasan	16	Linslade	33.60
	L 7	Mimi Clinch	15	Co St Albans	36.80		L 2	Stewart Butler	15	Dunstable	33.50
	L 8	Sophie Knevet	15	Colchester	36.90		L 3	Alex Bradburn	16	Chelmsford	33.39
					L 4		George Heather	15	Co Peterboro	33.30	
					L 5		Haiden Hall	15	Deben	33.39	
H-5	L 1	Alice Watts	17	Co Cambridge	35.43	H-5	L 6	Harry Griffiths	16	Colchester	33.50
	L 2	Amy Boreham	19	Watford SC	35.40		L 7	Harry Harragan	15	Basildon Ph	33.60
	L 3	Hollie Heighes	17	Braintree	35.30		L 8	Alexander Pattison	15	West Norfolk	33.80
	L 4	Mercy Adeoye	16	Hatfield	35.20						
	L 5	Isla Hamilton	17	Norwich Swan	35.30						
H-6	L 6	Katie Holmes	41	Harwich DP	35.30	H-6	L 1	Thomas-Arthur Jagger	16	West Norfolk	33.30
	L 7	Daisy Russell	17	DunmowAtlant	35.40		L 2	Noah Bielby	15	Co Peterboro	33.20
	L 8	Isabella Porzio	21	Putteridge	35.50		L 3	Lucas Moxon-Booth	16	Flitwick	33.10
					L 4		Elliot Hall	15	Bishop Stort	33.04	
					L 5		Josh Black	15	Co Cambridge	33.06	
H-7	L 1	Evie Greenhalf	15	Co Norwich	35.10	H-7	L 6	Joseph Elliott	16	Flitwick	33.20
	L 2	Georgina Munday	21	Co Norwich	34.90		L 7	Bradley Humphries	15	Woodham F SC	33.20
	L 3	Nicole Peddelty	15	teamipswich	34.85		L 8	Kai Patel	15	Thurrock	33.30
	L 4	Gigi Raubitschek-Smith	15	Co St Albans	34.70						
	L 5	Imola Jozsa	19	Hatfield	34.78						
H-8	L 6	Isabel White	16	Biggleswade	34.87	H-8	L 1	Finlay Blagg	16	Stowmarket	32.94
	L 7	Pemberley Hornigold	18	West Norfolk	34.98		L 2	Harry Brunton	15	Hertford	32.90
	L 8	Adrija Raudonyte	17	Newmarket	35.14		L 3	Edward Sun	15	Verulam	32.74
					L 4		Theo Smith	16	Hitchin	32.50	
					L 5		Oliver Shayle	15	Co Cambridge	32.60	
H-9	L 1	Molly Greatbatch	15	Bishop Stort	34.60	H-9	L 6	Alfie Walshe	16	Flitwick	32.80
	L 2	Devon O'Neil	15	Co Peterboro	34.50		L 7	Jesse Howard	15	Hoddesdon	32.90
	L 3	Tessa Quayle	17	St Ives	34.39		L 8	Thomas Hale	15	DunmowAtlant	33.00
	L 4	Elizabeth Wright	18	West Suffolk	34.24						
	L 5	Esme Stringer	17	Bishop Stort	34.30						
H-10	L 6	Victoria Allchorne	17	Rochford	34.40	H-10	L 1	Alexander Ball	18	Potters Bar	32.41
	L 7	Verity Hamilton	15	Norwich Swan	34.50		L 2	Dylan Nutt	26	DunmowAtlant	32.40
	L 8	Rachael Carpenter	18	Ware	34.70		L 3	Oliver Soloman	19	Tring	32.30
					L 4		Joshua Marshall	20	St Ives	32.20	
					L 5		Jack Peters	16	Basildon Ph	32.20	
H-11	L 1	Chloe Butler	21	Norwich Swan	34.07	H-11	L 6	Luca Baumslag-Grisi	15	Basildon Ph	32.30
	L 2	Amelia Murphy	18	Witham Dolph	33.30		L 7	Jack Read	19	Runnymede	32.40
	L 3	Ellen Duffield	18	teamipswich	32.46		L 8	Jeremy Godwin	16	Thurrock	32.50
	L 4	Isabelle Cameron	18	Co Peterboro	31.87						
	L 5	Yan Ting Emily Pak	16	Co Cambridge	32.30						
H-12	L 6	Lilly Davis	18	Co Peterboro	33.10	H-12	L 1	Finlay German	16	Co Cambridge	32.20
	L 7	Sarah O'Brien	29	West Norfolk	33.76		L 2	Berkley Barnicoat	16	Co Peterboro	32.08
	L 8	Sophie Payne	23	Putteridge	34.21		L 3	Benjamin Taggart	18	Watford SC	31.90
					L 4		Joshua Jones	16	West Norfolk	31.90	
					L 5		Nathaniel Coburn	17	Braintree	31.90	
H-13	L 1	Charlissee Harding	16	Norwich Swan	34.00	H-13	L 6	Dougie Parsons	17	Rochford	31.90
	L 2	Ellen Eccleston	18	Co Norwich	33.17		L 7	Vaughn Ruffles-Francis	20	Stowmarket	32.15
	L 3	Mia Lowe	18	Basildon Ph	32.40		L 8	Daniel De Filippo	16	Flitwick	32.20
	L 4	Ashley Ransome	30	Hatfield	31.70						
	L 5	Phoebe Howard	18	Norwich Swan	32.30						
H-14	L 6	Ellie-Rose Lyon	18	Co Norwich	32.90	H-14	L 1	Riley Hall	18	Co Cambridge	31.70
	L 7	Emily Turner	16	Clacton SC	33.60		L 2	Sebastian Reynolds	17	teamipswich	31.60
	L 8	Alexis Johnson	15	Co Peterboro	34.20		L 3	Henry Dean	19	Thurrock	31.60
					L 4		Finley Pawle	23	Leiston	31.40	
					L 5		Samuel Howard	18	Hoddesdon	31.50	
H-15	L 1	Georgina Hamilton	17	Co St Albans	33.80	H-15	L 6	George Little	17	Bedford SS	31.60
	L 2	Millie Harris	17	West Norfolk	33.15		L 7	Finlay Roberts	16	Witham Dolph	31.61
	L 3	Ella Greatbatch	17	Bishop Stort	32.40		L 8	Rafael Corliano	15	Co Cambridge	31.80
	L 4	Jasmine Carter	16	Basildon Ph	30.40						
	L 5	Rebecca Keetley	21	Co Cambridge	32.10						
H-16	L 6	Megan Pye	23	Co Norwich	32.57	H-16	L 1	Thomas Baxter	16	West Norfolk	31.30
	L 7	Megan Gray	18	Hatfield	33.40		L 2	Charlie Ruddell	16	teamipswich	31.30
	L 8	Isla Stewart	15	Co Peterboro	34.20		L 3	Tyler Stone	15	Co Norwich	30.90
					L 4		Harvey Durham	17	Co Norwich	30.80	
					L 5		Jeffrey Gill	18	Watford SC	30.80	
H-17					H-17	L 6	Cub Maddison	19	Putteridge	31.20	
						L 7	Frank Lamb	16	Co Peterboro	31.30	
						L 8	Matthew McLaughlin	32	Bishop Stort	31.38	

Start List

Start List					Event 433 Female 200m Freestyle						
H 10	L 1	Jack Renouf	19	Hoddesdon	30.70	H-1	L 3	Grace Mutton	15	Deben	2:16.69
	L 2	Lewis Jarrett	19	Thurrock	30.40		L 4	Lois Smith	15	Basildon Ph	2:15.30
	L 3	Lewis Andrews	18	Norwich Swan	29.80		L 5	Anastasja Wall	15	Co Norwich	2:15.30
	L 4	Austin Lillywhite	22	Biggleswade	28.70	H-2	L 1	Elizabeth Pert	15	Norwich Swan	2:14.69
	L 5	Timon Chapman	23	Norwich Swan	29.70		L 2	Antonia Elias	16	Hatfield	2:13.98
	L 6	Lewis Chapman	24	Stowmarket	30.16		L 3	Emily-Grace Bentley	15	Basildon Ph	2:13.50
	L 7	Szymon Pierzecki	16	Witham Dolph	30.60		L 4	Francesca Barber	16	Co Norwich	2:12.80
	L 8	Adrien Storck-Wihlidal	18	Bishop Stort	30.73		L 5	Abigail Rogers	16	Basildon Ph	2:13.40
H 11	L 1	Joshua Shepherd	17	Thurrock	30.70	L 6	Milly Johnson	15	West Norfolk	2:13.56	
	L 2	Daniel Boboye	18	DunmowAtlant	30.20	L 7	Honor Beverstock	16	Hatfield	2:14.63	
	L 3	Lucas Hartley	18	Hatfield	29.80	L 8	Cassandra Pereira	15	Watford SC	2:15.03	
	L 4	Joshua Sackree	17	Co Peterboro	28.48	H-3	L 1	Ella Deaton	16	Newmarket	2:12.60
	L 5	Edward Ormsby	18	Co Cambridge	29.50		L 2	Katerina Di Maria	17	Co Norwich	2:12.10
	L 6	James Noble	23	Norwich Swan	30.10		L 3	Erin Currie	17	Hatfield	2:11.76
	L 7	George Lovelock	20	Hitchin	30.50		L 4	Evangelina Pierce	18	Basildon Ph	2:11.00
	L 8	Robert Elliston	19	Braintree	30.70		L 5	Millie Richardson	19	Hatfield	2:11.00
H 12	L 1	Maximus Atkin	16	Linslade	30.60		L 6	Olivia Greenall	16	Co Norwich	2:11.80
	L 2	Dominic McCarthy	23	Hoddesdon	30.20		L 7	Georgina Hamilton	17	Co St Albans	2:12.15
	L 3	Reece Burns	17	Chelmsford	29.70		L 8	Olivia Mendham	17	DunmowAtlant	2:12.75
	L 4	Olivier Vedrenne	20	Co Norwich	28.00	H-4	L 1	E Barth-Wehrenalp	15	Chelmsford	2:10.90
	L 5	Charlie Rogers	18	Basildon Ph	29.20		L 2	Lexie Goodman	18	Basildon Ph	2:10.40
	L 6	James McGettigan	16	Thurrock	30.00		L 3	Amy Meyer	16	Biggleswade	2:09.60
	L 7	Kieran Ng	15	Co Peterboro	30.45		L 4	Genevieve White	17	Co Cambridge	2:09.26
	L 8	Chun Ho Chan	16	Watford SC	30.70		L 5	Sadie Hunter	17	Co Peterboro	2:09.28
							L 6	Isabel Thomas	17	Newmarket	2:10.24
							L 7	Katie Jeffrey	21	Hatfield	2:10.83
							L 8	Amelia Porzio	17	Putteridge	2:10.99
						H-5	L 1	Anabelle Kett	16	Co Peterboro	2:09.10
							L 2	Chloe Barnard	16	Basildon Ph	2:07.70
							L 3	Lexie O'Connor	18	Basildon Ph	2:06.20
							L 4	Cait Cotter	18	Chelmsford	2:03.56
							L 5	Rebecca Coogan	17	Thurrock	2:04.30
					L 6		Sophie Dowding	18	teamipswich	2:06.67	
					L 7		Erin Uttridge	16	teamipswich	2:08.20	
					L 8		Erin Younger	18	Co St Albans	2:09.25	
						H-6	L 1	Valentina Tinnirello	15	Potters Bar	2:08.70
							L 2	Cailin Hehir	17	Watford SC	2:07.67
							L 3	Amelia Fenner	15	Basildon Ph	2:05.73
							L 4	Grace Greenhalf	18	Co Norwich	2:02.60
							L 5	Alexa Mann	19	DunmowAtlant	2:04.00
							L 6	Alexandra Nurney	15	Hatfield	2:06.30
							L 7	Erin Barber	15	Norwich Swan	2:07.91
							L 8	Ruby Chapman	19	Norwich Swan	2:09.22
						H-7	L 1	Sophie Palmer	16	Basildon Ph	2:08.70
							L 2	Annie McLeod	17	Putteridge	2:07.60
							L 3	Jessica Medicott	18	Dunstable	2:05.00
							L 4	Skye Carter	18	Basildon Ph	2:02.19
							L 5	Jasmine Hall	15	Basildon Ph	2:03.83
							L 6	Ever Ives	16	Hatfield	2:06.20
							L 7	Millie Harris	17	West Norfolk	2:07.78
							L 8	Summer Evason	16	Watford SC	2:09.20

Start List

Event 434 Open/Male 200m Freestyle

H-1	L 3	Mikhail Zharinov	15	Hitchin	2:08.06
	L 4	Bradley Humphries	15	Woodham F SC	2:07.07
	L 5	Ryan Wimpenny	15	Cheshunt	2:07.15
	L 6	Corey Hare	19 S14	teamipswich	2:10.10
H-2	L 1	Elliot Hall	15	Bishop Stort	2:06.13
	L 2	Tyler Stone	15	Co Norwich	2:06.10
	L 3	Oliver Fenwick	16	Hatfield	2:05.45
	L 4	Csanad Rehus	16	Co Peterboro	2:05.11
	L 5	Alfie Page	16	Co Cambridge	2:05.40
	L 6	Patryk Nowak	15	Co Peterboro	2:05.49
	L 7	Luke Owens	15	Putteridge	2:06.10
	L 8	Stewart Butler	15	Dunstable	2:06.80
H-3	L 1	Lucas Day	16	Rochford	2:05.00
	L 2	Will Riley	16	teamipswich	2:04.41
	L 3	Evan Larthe	16	Basildon Ph	2:04.10
	L 4	K-Ets Yah-Khai	16	Hatfield	2:03.62
	L 5	Luke Burnard	16	Co St Albans	2:03.70
	L 6	William Hughes	15	Basildon Ph	2:04.20
	L 7	Ethan Wallis	15	Norwich Swan	2:04.80
	L 8	Charlie Birdsall	15	Co Cambridge	2:05.07
H-4	L 1	Rafael Corliano	15	Co Cambridge	2:03.20
	L 2	Benjamin Taggart	18	Watford SC	2:02.96
	L 3	Oliver Clark	17	Witham Dolph	2:02.72
	L 4	Riley Bashford	19	Deben	2:02.43
	L 5	Norbert Kadar	16	Co Cambridge	2:02.60
	L 6	Rio Rogers	21 S14	Basildon Ph	2:02.90
	L 7	Haiden Hall	15	Deben	2:03.12
	L 8	George Jones	16	Basildon Ph	2:03.36
H-5	L 1	Jamie Wilson	16	West Norfolk	2:02.08
	L 2	Ashton Blake	16	Basildon Ph	2:01.84
	L 3	Marcus King	17	Putteridge	2:01.50
	L 4	Lewis Jarrett	19	Thurrock	2:01.33
	L 5	Daniel De Filippo	16	Flitwick	2:01.40
	L 6	Oliver Fuller	15	Co Cambridge	2:01.57
	L 7	Jack Barnard	20	Watford SC	2:01.86
	L 8	Finlay Neve	17	Co Norwich	2:02.20
H-6	L 1	Dylan Davenport	16	Bishop Stort	2:00.82
	L 2	Frank Lamb	16	Co Peterboro	2:00.60
	L 3	George Carter	17	Co Cambridge	2:00.48
	L 4	Jacob Ray	18	Basildon Ph	2:00.36
	L 5	Daniel Thompson	18	Thurrock	2:00.40
	L 6	Billy Mead	20	Linslade	2:00.51
	L 7	Danylo Kravchenko	16	New Hall	2:00.80
	L 8	Archie Tebbutt	15	New Hall	2:01.30
H-7	L 1	Thomas Ford	19	Basildon Ph	1:59.73
	L 2	George Hooper	18	Co St Albans	1:58.98
	L 3	Harrison Shaw	18	Flitwick	1:57.00
	L 4	Ryan Wall	18	Co Cambridge	1:55.40
	L 5	Ben Davison	20	Hatfield	1:56.00
	L 6	Patch Robinson	18	teamipswich	1:57.40
	L 7	Freddie Gardner	19	Thurrock	1:59.41
	L 8	Billy Cyl	17	Hoddesdon	2:00.27
H-8	L 1	Frank Jacob	16	Co Cambridge	1:59.70
	L 2	Daniel Williams	17	Hatfield	1:58.44
	L 3	Oscar Hunter	16	Norwich Swan	1:56.86
	L 4	Daniel Belsey	17	Hatfield	1:53.13
	L 5	Damon Elliott	21	DunmowAtlant	1:55.94
	L 6	Adam O'Neal	17	Bedford SS	1:57.30
	L 7	Jake Lloyd	30	Bishop Stort	1:59.38
	L 8	Jacob Bacon	15	Co Peterboro	2:00.16
H-9	L 1	Robert Fenner	17	Basildon Ph	1:59.43
	L 2	Ethan Martin	20	Thurrock	1:58.42
	L 3	Max Arnold	19	DunmowAtlant	1:56.30
	L 4	Alexander Volkovoy	20	Co Cambridge	1:51.02
	L 5	Evan McQuade	17	DunmowAtlant	1:55.43
	L 6	Conor Mint	16	Basildon Ph	1:57.21
	L 7	Kian Lee	17	Co Peterboro	1:59.30
	L 8	Luke Martell	19	Watford SC	1:59.91