

EVENT 521 Mixed 11/14 Yrs 1500m Freestyle

OPEN/MALE 11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts				
1.	Jack Lees	12	Epping For't	19:22.47	420				
	50m 33.46	100m 1:10.98	150m 1:48.83	200m 2:27.53	250m 3:05.24	300m 3:43.45	350m 4:21.57	400m 5:00.42	
	450m 5:38.47	500m 6:17.60	550m 6:56.10	600m 7:34.82	650m 8:13.65	700m 8:53.39	750m 9:32.21	800m 10:11.44	
	850m 10:49.70	900m 11:29.32	950m 12:08.69	1000m 12:49.17	1050m 13:29.21	1100m 14:09.65	1150m 14:49.35	1200m 15:28.84	
	1250m 16:08.46	1300m 16:48.85	1350m 17:28.69	1400m 18:08.68	1450m 18:45.19	1500m 19:22.47			
2.	Benjamin Piscopo	12	Co Peterboro	19:43.98	397				
	50m 34.18	100m 1:13.11	150m 1:52.82	200m 2:33.47	250m 3:14.23	300m 3:54.92	350m 4:35.15	400m 5:15.63	
	450m 5:56.32	500m 6:36.60	550m 7:16.91	600m 7:56.98	650m 8:37.10	700m 9:17.17	750m 9:57.66	800m 10:38.31	
	850m 11:19.14	900m 11:59.79	950m 12:40.50	1000m 13:20.38	1050m 13:59.69	1100m 14:39.55	1150m 15:17.41	1200m 15:54.70	
	1250m 16:33.48	1300m 17:11.75	1350m 17:50.79	1400m 18:29.42	1450m 19:07.45	1500m 19:43.98			
3.	George Connor	12	Colchester	20:20.38	363				
	50m 33.37	100m 1:12.47	150m 1:51.54	200m 2:30.18	250m 3:10.34	300m 3:51.30	350m 4:32.52	400m 5:13.81	
	450m 5:54.90	500m 6:35.74	550m 7:17.02	600m 7:58.85	650m 8:41.04	700m 9:22.35	750m 10:03.53	800m 10:44.58	
	850m 11:26.22	900m 12:06.98	950m 12:48.55	1000m 13:30.46	1050m 14:12.34	1100m 14:52.58	1150m 15:33.95	1200m 16:16.57	
	1250m 16:58.52	1300m 17:40.09	1350m 18:20.97	1400m 19:02.34	1450m 19:42.59	1500m 20:20.38			
4.	Apollo Pop	12	Chelmsford	20:31.21	353				
	50m 35.46	100m 1:15.12	150m 1:55.90	200m 2:36.19	250m 3:17.28	300m 3:57.88	350m 4:38.59	400m 5:19.50	
	450m 6:01.06	500m 6:41.69	550m 7:24.83	600m 8:05.83	650m 8:46.29	700m 9:27.34	750m 10:09.66	800m 10:51.58	
	850m 11:32.32	900m 12:13.86	950m 12:55.18	1000m 13:36.13	1050m 14:17.93	1100m 15:00.97	1150m 15:41.96	1200m 16:24.80	
	1250m 17:05.48	1300m 17:47.61	1350m 18:28.54	1400m 19:11.04	1450m 19:52.00	1500m 20:31.21			
5.	Tobias Watson	12	Bo Southend	20:31.28	353				
	50m 34.58	100m 1:12.77	150m 1:52.96	200m 2:33.03	250m 3:13.43	300m 3:54.48	350m 4:35.92	400m 5:16.73	
	450m 5:58.26	500m 6:39.78	550m 7:21.72	600m 8:03.14	650m 8:44.88	700m 9:26.07	750m 10:07.74	800m 10:48.95	
	850m 11:31.26	900m 12:13.15	950m 12:54.65	1000m 13:36.67	1050m 14:18.89	1100m 15:00.70	1150m 15:41.95	1200m 16:23.18	
	1250m 17:04.79	1300m 17:46.99	1350m 18:28.81	1400m 19:10.26	1450m 19:51.59	1500m 20:31.28			
6.	Leo Sims	12	Hatfield	20:45.80	341				
	50m 35.64	100m 1:14.53	150m 1:54.89	200m 2:35.48	250m 3:16.65	300m 3:57.91	350m 4:39.20	400m 5:20.45	
	450m 6:02.14	500m 6:43.93	550m 7:26.50	600m 8:08.53	650m 8:50.50	700m 9:32.30	750m 10:14.33	800m 10:55.98	
	850m 11:38.27	900m 12:20.53	950m 13:02.97	1000m 13:44.81	1050m 14:27.01	1100m 15:08.74	1150m 15:51.22	1200m 16:33.34	
	1250m 17:15.63	1300m 17:57.55	1350m 18:39.91	1400m 19:22.24	1450m 20:04.21	1500m 20:45.80			
7.	George Sims	12	Hatfield	20:51.41	336				
	50m 35.57	100m 1:13.93	150m 1:53.52	200m 2:34.06	250m 3:15.06	300m 3:56.11	350m 4:37.64	400m 5:19.48	
	450m 6:01.87	500m 6:43.70	550m 7:26.32	600m 8:08.09	650m 8:50.49	700m 9:32.35	750m 10:15.15	800m 10:57.49	
	850m 11:40.78	900m 12:23.10	950m 13:05.81	1000m 13:48.16	1050m 14:30.39	1100m 15:13.13	1150m 15:56.53	1200m 16:39.10	
	1250m 17:23.44	1300m 18:06.43	1350m 18:48.91	1400m 19:30.67	1450m 20:13.04	1500m 20:51.41			
8.	Charles Hallam	12	Harpenden	21:00.46	329				
	50m 36.00	100m 1:16.44	150m 1:57.39	200m 2:39.40	250m 3:21.66	300m 4:04.19	350m 4:46.50	400m 5:28.99	
	450m 6:11.27	500m 6:53.54	550m 7:35.34	600m 8:17.57	650m 8:59.72	700m 9:42.50	750m 10:24.69	800m 11:07.46	
	850m 11:49.84	900m 12:32.62	950m 13:14.34	1000m 13:56.80	1050m 14:39.58	1100m 15:22.18	1150m 16:03.96	1200m 16:46.29	
	1250m 17:29.16	1300m 18:11.91	1350m 18:54.72	1400m 19:38.06	1450m 20:20.37	1500m 21:00.46			
9.	Lewis Scott	12	Team Waveney	22:19.40	274				
	50m 36.82	100m 1:20.21	150m 2:04.50	200m 2:49.00	250m 3:33.47	300m 4:19.02	350m 5:04.14	400m 5:49.74	
	450m 6:34.25	500m 7:20.63	550m 8:05.50	600m 8:51.88	650m 9:36.77	700m 10:22.17	750m 11:07.91	800m 11:54.06	
	850m 12:39.98	900m 13:26.78	950m 14:11.35	1000m 14:55.47	1050m 15:38.81	1100m 16:24.26	1150m 17:08.47	1200m 17:53.58	
	1250m 18:38.50	1300m 19:23.31	1350m 20:06.17	1400m 20:52.15	1450m 21:36.40	1500m 22:19.40			

Swim England East Region

2025 Long Course Championships

Results Session Fifteen

OPEN/MALE 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Finley Burford	13	Basildon Ph	18:57.73	448
	50m 32.54	100m 1:09.13	150m 1:46.21	200m 2:24.13	250m 3:01.19
	450m 5:33.54	500m 6:11.75	550m 6:49.55	600m 7:28.11	300m 3:39.49
	850m 10:39.56	900m 11:18.61	950m 11:56.83	1000m 12:35.58	650m 8:06.25
	1250m 15:47.25	1300m 16:25.64	1350m 17:03.66	1400m 17:42.61	700m 8:45.26
				1450m 18:19.74	1100m 13:52.41
					1500m 18:57.73
2.	Montgomery Brewster	13	Watford SC	19:42.10	399
	50m 33.00	100m 1:10.98	150m 1:49.83	200m 2:29.34	250m 3:09.18
	450m 5:50.50	500m 6:30.76	550m 7:11.17	600m 7:51.16	300m 3:49.24
	850m 11:10.81	900m 11:50.19	950m 12:29.61	1000m 13:09.24	650m 8:31.33
	1250m 16:27.26	1300m 17:06.95	1350m 17:46.50	1400m 18:25.90	700m 9:11.94
				1450m 19:04.55	1100m 14:28.15
					1500m 19:42.10
3.	Aaron Rawnsley	13	Harpenden	19:42.60	399
	50m 34.85	100m 1:14.08	150m 1:53.68	200m 2:33.93	250m 3:14.23
	450m 5:55.57	500m 6:36.46	550m 7:16.18	600m 7:56.59	300m 3:54.58
	850m 11:13.62	900m 11:52.84	950m 12:31.87	1000m 13:11.07	650m 8:36.39
	1250m 16:27.39	1300m 17:07.89	1350m 17:47.24	1400m 18:27.26	700m 9:16.15
				1450m 19:06.43	1100m 14:29.85
					1500m 19:42.60
4.	Ruslan Shiraz	13	Epping For't	19:58.36	383
	50m 34.97	100m 1:13.24	150m 1:52.52	200m 2:31.82	250m 3:11.24
	450m 5:51.24	500m 6:31.85	550m 7:11.85	600m 7:52.32	300m 3:51.42
	850m 11:14.23	900m 11:54.51	950m 12:35.19	1000m 13:15.49	650m 8:32.65
	1250m 16:37.11	1300m 17:17.78	1350m 17:58.99	1400m 18:39.93	700m 9:13.09
				1450m 19:19.80	1100m 14:36.23
					1500m 19:58.36
5.	Alfie Larham	13	Co Peterboro	20:06.60	375
	50m 34.16	100m 1:11.96	150m 1:50.56	200m 2:29.15	250m 3:09.36
	450m 5:50.24	500m 6:29.84	550m 7:10.72	600m 7:50.96	300m 3:49.07
	850m 11:16.46	900m 11:58.46	950m 12:39.24	1000m 13:20.26	650m 8:32.63
	1250m 16:46.74	1300m 17:27.73	1350m 18:08.89	1400m 18:49.79	700m 9:12.98
				1450m 19:28.86	1100m 14:42.39
					1500m 20:06.60
6.	Lawrence Taylor	13	Co Norwich	20:22.36	361
	50m 35.58	100m 1:15.64	150m 1:56.48	200m 2:37.74	250m 3:18.54
	450m 6:04.86	500m 6:46.41	550m 7:27.83	600m 8:09.95	300m 4:00.35
	850m 11:36.17	900m 12:17.64	950m 12:57.88	1000m 13:38.80	650m 8:50.82
	1250m 17:03.03	1300m 17:44.76	1350m 18:25.49	1400m 19:06.73	700m 9:32.67
				1450m 19:46.12	1100m 14:59.18
					1500m 20:22.36
7.	Oscar Langston	13	Epping For't	20:31.72	353
	50m 34.32	100m 1:13.23	150m 1:53.72	200m 2:33.85	250m 3:15.13
	450m 6:01.42	500m 6:43.27	550m 7:24.97	600m 8:06.84	300m 3:56.62
	850m 11:34.54	900m 12:15.51	950m 12:56.92	1000m 13:37.93	650m 8:47.91
	1250m 17:07.01	1300m 17:48.54	1350m 18:29.37	1400m 19:11.48	700m 9:29.75
				1450m 19:51.81	1100m 15:01.84
					1500m 20:31.72
8.	Mylo Molloy	13	Co St Albans	20:36.76	348
	50m 35.04	100m 1:15.46	150m 1:57.17	200m 2:39.77	250m 3:21.33
	450m 6:09.39	500m 6:50.94	550m 7:32.83	600m 8:14.08	300m 4:03.76
	850m 11:40.23	900m 12:22.55	950m 13:03.71	1000m 13:45.32	650m 8:55.27
	1250m 17:13.12	1300m 17:54.94	1350m 18:35.63	1400m 19:17.04	700m 9:36.64
				1450m 19:57.88	1100m 15:08.77
					1500m 20:36.76
9.	Adam Thompson	13	Thurrock	20:45.64	341
	50m 35.24	100m 1:14.93	150m 1:55.55	200m 2:36.95	250m 3:18.96
	450m 6:09.09	500m 6:51.22	550m 7:32.47	600m 8:14.30	300m 4:01.42
	850m 11:45.33	900m 12:28.22	950m 13:10.71	1000m 13:53.02	650m 8:56.49
	1250m 17:22.43	1300m 18:03.71	1350m 18:44.95	1400m 19:26.58	700m 9:38.58
				1450m 20:06.39	1100m 15:16.96
					1500m 20:45.64
10.	Todd Leung	13	Hatfield	20:57.26	332
	50m 36.31	100m 1:18.10	150m 2:00.13	200m 2:42.08	250m 3:22.92
	450m 6:09.17	500m 6:50.74	550m 7:33.30	600m -	300m 4:04.95
	850m 11:50.04	900m -	950m 13:17.84	1000m 14:02.02	650m 8:58.27
	1250m 17:34.93	1300m 18:18.38	1350m 18:57.89	1400m 19:41.76	700m 9:41.91
				1450m 20:19.78	1100m 16:08.61
					1500m 20:57.26
11.	Sebastian Mudge	13	Co Peterboro	21:21.48	313
	50m 36.21	100m 1:17.16	150m 1:58.36	200m 2:40.69	250m 3:22.47
	450m 6:16.58	500m 6:59.21	550m 7:42.68	600m 8:25.71	300m 4:05.79
	850m 12:02.99	900m 12:46.69	950m 13:29.99	1000m 14:13.71	650m 9:09.30
	1250m 17:50.51	1300m 18:34.10	1350m 19:17.93	1400m 20:00.59	700m 9:52.12
				1450m 20:42.62	1100m 15:39.46
					1500m 21:21.48
	Riccardo Di Maria	13	Co Norwich	DQ	

Swim England East Region

2025 Long Course Championships

Results Session Fifteen

OPEN/MALE 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Perrin Ma	14	Hatfield	17:49.90	538
	50m 32.16	100m 1:06.96	150m 1:42.21	200m 2:17.39	250m 2:52.55
	450m 5:14.86	500m 5:50.60	550m 6:26.46	600m 7:02.11	300m 3:28.00
	850m 10:02.73	900m 10:38.68	950m 11:14.70	1000m 11:50.55	650m 7:38.37
	1250m 14:51.94	1300m 15:27.70	1350m 16:03.62	1400m 16:40.24	700m 8:14.56
				1450m 17:15.84	1100m 13:03.78
					1500m 17:49.90
2.	Janos Csepely	14	teamipswich	17:55.25	530
	50m 31.60	100m 1:06.03	150m 1:41.22	200m 2:16.76	250m 2:51.92
	450m 5:14.82	500m 5:50.97	550m 6:26.80	600m 7:03.05	300m 3:27.99
	850m 10:03.13	900m 10:39.39	950m 11:15.77	1000m 11:52.24	650m 7:39.03
	1250m 14:55.51	1300m 15:31.94	1350m 16:08.35	1400m 16:45.24	700m 8:15.16
				1450m 17:20.84	1100m 13:05.25
					1500m 17:55.25
3.	Thomas Fenwick	14	Hatfield	18:13.05	505
	50m 31.03	100m 1:06.16	150m 1:41.97	200m 2:17.69	250m 2:53.98
	450m 5:20.33	500m 5:57.07	550m 6:33.44	600m 7:09.99	300m 3:30.41
	850m 10:16.17	900m 10:53.13	950m 11:30.11	1000m 12:07.14	650m 7:47.17
	1250m 15:11.62	1300m 15:48.66	1350m 16:24.76	1400m 17:01.49	700m 8:24.41
				1450m 17:37.86	1100m 13:21.12
					1500m 18:13.05
4.	Ethan Knights	14	teamipswich	18:19.50	496
	50m 31.26	100m 1:05.29	150m 1:40.10	200m 2:15.18	250m 2:50.47
	450m 5:11.83	500m 5:47.44	550m 6:22.48	600m 6:58.06	300m 3:26.01
	850m 9:54.94	900m 10:30.64	950m 11:06.08	1000m 11:41.34	650m 7:33.78
	1250m 15:17.37	1300m 15:54.46	1350m 16:29.70	1400m 17:06.37	700m 8:09.43
				1450m 17:42.54	1100m 12:52.51
					1500m 18:19.50
5.	Rex Harrison	14	Stowmarket	18:36.07	474
	50m 31.82	100m 1:07.91	150m 1:43.63	200m 2:20.31	250m 2:57.19
	450m 5:27.82	500m 6:06.18	550m 6:44.18	600m 7:21.80	300m 3:34.99
	850m 10:29.93	900m 11:07.77	950m 11:45.03	1000m 12:23.00	650m 7:59.78
	1250m 15:32.32	1300m 16:09.84	1350m 16:47.30	1400m 17:24.40	700m 8:37.12
				1450m 17:59.41	1100m 13:39.23
					1500m 18:36.07
6.	Jacob Wild	14	Newmarket	18:38.30	471
	50m 32.88	100m 1:07.43	150m 1:43.88	200m 2:20.36	250m 2:57.74
	450m 5:28.06	500m 6:06.01	550m 6:43.62	600m 7:21.72	300m 3:34.80
	850m 10:32.44	900m 11:10.61	950m 11:47.93	1000m 12:25.96	650m 7:59.58
	1250m 15:36.15	1300m 16:13.11	1350m 16:50.03	1400m 17:27.95	700m 8:37.37
				1450m 18:03.19	1100m 13:41.88
					1500m 18:38.30
7.	Joseph Subba	14	Co St Albans	18:50.73	456
	50m 32.64	100m 1:09.32	150m 1:46.75	200m 2:23.87	250m 3:01.50
	450m 5:32.68	500m 6:10.62	550m 6:48.52	600m 7:26.97	300m 3:39.40
	850m 10:37.35	900m 11:15.43	950m 11:53.85	1000m 12:32.49	650m 8:04.74
	1250m 15:45.28	1300m 16:23.58	1350m 17:01.12	1400m 17:38.88	700m 8:42.85
				1450m 18:15.43	1100m 13:49.70
					1500m 18:50.73
8.	Zachary Piscopo	14	Co Peterboro	18:58.92	446
	50m 32.90	100m 1:10.24	150m 1:47.54	200m 2:24.99	250m 3:02.77
	450m 5:34.92	500m 6:13.18	550m 6:51.22	600m 7:29.18	300m 3:40.29
	850m 10:42.18	900m 11:20.35	950m 11:59.07	1000m 12:37.62	650m 8:08.18
	1250m 15:49.32	1300m 16:27.62	1350m 17:06.73	1400m 17:45.37	700m 8:46.45
				1450m 18:23.65	1100m 13:53.91
					1500m 18:58.92
9.	Constantine Calliafas	14	Watford SC	19:03.94	440
	50m 31.57	100m 1:07.13	150m 1:43.30	200m 2:19.83	250m 2:57.33
	450m 5:28.71	500m 6:07.41	550m 6:46.26	600m 7:25.57	300m 3:34.25
	850m 10:41.90	900m 11:21.17	950m 12:01.14	1000m 12:40.22	650m 8:04.01
	1250m 15:56.03	1300m 16:36.09	1350m 17:15.16	1400m 17:52.83	700m 8:43.01
				1450m 18:30.30	1100m 13:58.60
					1500m 19:03.94
10.	Kameron Baker	14	Co Peterboro	19:03.95	440
	50m 32.28	100m 1:08.50	150m 1:45.92	200m 2:23.20	250m 3:00.95
	450m 5:33.27	500m 6:11.86	550m 6:49.84	600m 7:28.14	300m 3:38.60
	850m 10:40.14	900m 11:18.48	950m 11:56.95	1000m 12:35.72	650m 8:06.47
	1250m 15:50.15	1300m 16:29.68	1350m 17:08.81	1400m 17:47.77	700m 8:44.89
				1450m 18:26.63	1100m 13:53.23
					1500m 19:03.95
11.	Byron Miller	14	Colchester	19:32.03	409
	50m 33.67	100m 1:10.50	150m 1:48.57	200m 2:26.39	250m 3:05.06
	450m 5:42.61	500m 6:22.84	550m 7:01.92	600m 7:40.80	300m 3:43.65
	850m 10:57.14	900m 11:37.51	950m 12:19.13	1000m 13:00.49	650m 8:19.52
	1250m 16:20.92	1300m 16:59.83	1350m 17:39.11	1400m 18:18.18	700m 8:58.82
				1450m 18:56.22	1100m 14:21.95
					1500m 19:32.03
12.	Heath Harrison	14	Stowmarket	19:38.63	403
	50m 33.26	100m 1:09.74	150m 1:46.98	200m 2:25.23	250m 3:03.86
	450m 5:38.81	500m 6:18.00	550m 6:58.31	600m 7:37.11	300m 3:42.55
	850m 10:57.52	900m 11:38.15	950m 12:19.99	1000m 12:58.48	650m 8:17.53
	1250m 16:26.33	1300m 17:07.67	1350m 17:45.25	1400m 18:25.84	700m 8:55.23
				1450m 19:02.40	1100m 14:24.41
					1500m 19:38.63
13.	Adam Hart	14	Witham Dolph	19:39.55	402
	50m 33.83	100m 1:11.79	150m 1:50.33	200m 2:29.16	250m 3:08.01
	450m 5:44.52	500m 6:23.69	550m 7:03.13	600m 7:42.38	300m 3:47.16
	850m 10:59.30	900m 11:39.13	950m 12:19.35	1000m 12:59.63	650m 8:21.92
	1250m 16:21.46	1300m 17:02.04	1350m 17:42.11	1400m 18:22.35	700m 9:01.06
				1450m 19:01.58	1100m 14:20.07
					1500m 19:39.55
14.	Ethan Woolsey	14	St Neot Swan	20:05.61	376
	50m 33.44	100m 1:11.40	150m 1:50.21	200m 2:29.69	250m 3:09.29
	450m 5:49.66	500m 6:30.59	550m 7:11.14	600m 7:51.56	300m 3:49.46
	850m 11:14.70	900m 11:55.78	950m 12:36.45	1000m 13:18.02	650m 8:32.07
	1250m 16:46.00	1300m 17:27.01	1350m 18:07.95	1400m 18:48.68	700m 9:12.98
				1450m 19:28.71	1100m 14:41.04
					1500m 20:05.61

Swim England East Region

2025 Long Course Championships

Results Session Fifteen

FEMALE 11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Alice Buckingham	12	Team Luton	19:54.75	457
	50m 34.72	100m 1:13.40	150m 1:53.08	200m 2:32.80	250m 3:12.44
	450m 5:51.88	500m 6:31.95	550m 7:12.37	600m 7:53.06	300m 3:52.05
	850m 11:14.50	900m 11:55.04	950m 12:35.45	1000m 13:16.15	650m 8:33.23
	1250m 16:38.74	1300m 17:19.24	1350m 17:59.06	1400m 18:39.21	700m 9:13.78
				1450m 19:17.81	750m 9:53.76
					800m 10:34.56
					850m 11:14.50
					900m 11:55.04
					950m 12:35.45
					1000m 13:16.15
					1050m 13:56.70
					1100m 14:37.17
					1150m 15:17.66
					1200m 15:58.15
2.	Olivia Daniel	12	Verulam	20:18.72	430
	50m 34.14	100m 1:12.13	150m 1:51.96	200m 2:32.77	250m 3:13.64
	450m 5:59.05	500m 6:40.70	550m 7:22.37	600m 8:04.15	300m 3:54.75
	850m 11:31.09	900m 12:12.53	950m 12:53.45	1000m 13:34.43	650m 8:45.51
	1250m 17:00.79	1300m 17:42.15	1350m 18:22.65	1400m 19:03.58	700m 9:26.91
				1450m 19:42.12	750m 10:08.39
					800m 10:49.66
					850m 11:31.09
					900m 12:12.53
					950m 12:53.45
					1000m 13:34.43
					1050m 14:14.95
					1100m 14:56.07
					1150m 15:37.30
					1200m 16:19.38
3.	Olive Bailey	12	Colchester	20:20.74	428
	50m 35.09	100m 1:14.29	150m 1:54.94	200m 2:35.38	250m 3:16.62
	450m 5:59.81	500m 6:40.83	550m 7:21.00	600m 8:02.31	300m 3:57.48
	850m 11:30.70	900m 12:12.79	950m 12:54.20	1000m 13:35.81	650m 8:43.62
	1250m 17:03.96	1300m 17:45.57	1350m 18:25.96	1400m 19:06.81	700m 9:26.43
				1450m 19:45.92	750m 10:07.78
					800m 10:48.89
					850m 11:30.70
					900m 12:12.79
					950m 12:54.20
					1000m 13:35.81
					1050m 14:17.02
					1100m 14:59.24
					1150m 15:40.69
					1200m 16:22.76
4.	Charlotte Dixon	12	Hitchin	20:56.57	393
	50m 35.25	100m 1:15.31	150m 1:56.39	200m 2:37.98	250m 3:18.43
	450m 6:05.81	500m 6:47.92	550m 7:30.34	600m 8:13.23	300m 4:00.20
	850m 11:48.48	900m 12:31.33	950m 13:14.03	1000m 13:56.47	650m 8:55.78
	1250m 17:29.11	1300m 18:11.91	1350m 18:53.96	1400m 19:36.36	700m 9:39.39
				1450m 20:17.17	750m 10:22.44
					800m 11:05.71
					850m 11:48.48
					900m 12:31.33
					950m 13:14.03
					1000m 13:56.47
					1050m 14:38.67
					1100m 15:20.67
					1150m 16:03.41
					1200m 16:46.68
5.	Aine Coackley	11	teamipswich	21:20.97	371
	50m 36.41	100m 1:17.13	150m 1:58.42	200m 2:41.30	250m 3:23.63
	450m 6:17.19	500m 7:00.98	550m 7:42.89	600m 8:25.27	300m 4:06.80
	850m 12:00.11	900m 12:43.08	950m 13:26.18	1000m 14:09.85	650m 9:08.20
	1250m 17:47.96	1300m 18:31.77	1350m 19:14.60	1400m 19:58.63	700m 9:51.29
				1450m 20:40.26	750m 10:34.59
					800m 11:17.66
					850m 12:00.11
					900m 12:43.08
					950m 13:26.18
					1000m 14:09.85
					1050m 14:52.56
					1100m 15:36.27
					1150m 16:19.66
					1200m 17:03.80
6.	Elissa Neo	12	Linslade	21:26.93	365
	50m 36.29	100m 1:16.43	150m 1:57.40	200m 2:38.64	250m 3:20.56
	450m 6:11.70	500m 6:54.22	550m 7:37.91	600m 8:21.60	300m 4:02.43
	850m 12:00.30	900m 12:43.97	950m 13:27.59	1000m 14:11.65	650m 9:05.21
	1250m 17:52.97	1300m 18:37.24	1350m 19:22.63	1400m 20:06.45	700m 9:48.80
				1450m 20:47.00	750m 10:33.01
					800m 11:16.63
					850m 12:00.30
					900m 12:43.97
					950m 13:27.59
					1000m 14:11.65
					1050m 14:56.34
					1100m 15:40.27
					1150m 16:24.45
					1200m 17:08.73
7.	Poppy Ellingford	12	Thurrock	21:43.95	351
	50m 35.63	100m 1:14.78	150m 1:55.88	200m 2:37.19	250m 3:19.22
	450m 6:13.11	500m 6:56.64	550m 7:41.28	600m 8:25.39	300m 4:01.66
	850m 12:08.21	900m 12:53.01	950m 13:37.65	1000m 14:22.79	650m 9:09.68
	1250m 18:06.73	1300m 18:06.44	1350m 19:35.30	1400m 20:20.36	700m 9:54.10
				1450m 21:03.36	750m 10:39.42
					800m 11:23.94
					850m 12:08.21
					900m 12:53.01
					950m 13:37.65
					1000m 14:22.79
					1050m 15:06.18
					1100m 15:50.59
					1150m 16:35.89
					1200m 17:21.58
8.	Amélie Desmeules	12	Verulam	21:46.21	349
	50m 37.30	100m 1:19.06	150m 2:03.56	200m 2:45.80	250m 3:29.20
	450m 6:23.43	500m 7:06.64	550m 7:50.39	600m 8:33.92	300m 4:12.75
	850m 12:14.10	900m 12:57.97	950m 13:42.37	1000m 14:26.91	650m 9:18.04
	1250m 18:11.40	1300m 18:55.71	1350m 19:39.62	1400m 20:22.85	700m 10:01.78
				1450m 21:05.79	750m 10:46.34
					800m 11:29.59
					850m 12:14.10
					900m 12:57.97
					950m 13:42.37
					1000m 14:26.91
					1050m 15:12.07
					1100m 15:56.47
					1150m 16:40.98
					1200m 17:26.23
9.	Sakura Yamada-Orr	12	Co St Albans	22:02.29	337
	50m 37.17	100m 1:18.23	150m 2:01.46	200m 2:45.26	250m 3:30.05
	450m 6:28.54	500m 7:12.39	550m 7:57.11	600m 8:42.13	300m 4:14.22
	850m 12:24.54	900m 13:08.47	950m 13:54.02	1000m 14:38.09	650m 9:26.65
	1250m 18:21.77	1300m 19:06.85	1350m 19:51.53	1400m 20:36.15	700m 10:10.75
				1450m 21:20.66	750m 10:55.46
					800m 11:39.58
					850m 12:24.54
					900m 13:08.47
					950m 13:54.02
					1000m 14:38.09
					1050m 15:22.63
					1100m 16:07.89
					1150m 16:52.27
					1200m 17:37.34

Swim England East Region

2025 Long Course Championships

Results Session Fifteen

FEMALE 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Mia Wilson	13	Basildon Ph	19:18.26	501
	50m 32.60	100m 1:10.35	150m 1:48.76	200m 2:27.28	250m 3:05.73
	450m 5:39.99	500m 6:18.43	550m 6:57.28	600m 7:36.32	300m 3:44.45
	850m 10:51.25	900m -	950m 12:10.09	1000m 12:49.34	650m 8:15.32
	1250m 16:06.29	1300m 16:45.47	1350m 17:24.67	1400m 18:03.41	700m 8:54.73
				1450m 18:41.49	750m 9:33.39
				1500m 19:18.26	800m 10:12.57
					850m 10:51.25
					900m 11:35.30
					950m 12:10.09
					1000m 12:49.34
					1050m 13:28.81
					1100m 14:08.68
					1150m 14:47.60
					1200m 15:26.48
2.	Sydney Lewis	13	Colchester	19:28.31	489
	50m 33.40	100m 1:11.03	150m 1:49.69	200m 2:27.97	250m 3:06.20
	450m 5:40.85	500m 6:19.92	550m 6:59.12	600m 7:38.49	300m 3:44.56
	850m 10:55.54	900m 11:35.30	950m 12:15.11	1000m 12:54.93	650m 8:17.71
	1250m 16:14.69	1300m 16:54.77	1350m 17:34.62	1400m 18:14.22	700m 8:57.58
				1450m 18:52.76	750m 9:36.52
					800m 10:16.21
					850m 10:55.54
					900m 11:35.30
					950m 12:15.11
					1000m 12:54.93
					1050m 13:34.96
					1100m 14:15.44
					1150m 14:54.46
					1200m 15:34.35
3.	Addison Summers	13	Co St Albans	19:38.63	476
	50m 34.91	100m 1:13.87	150m 1:53.79	200m 2:32.93	250m 3:12.88
	450m 5:51.90	500m 6:31.94	550m 7:11.80	600m 7:51.51	300m 3:52.42
	850m 11:10.95	900m 11:50.85	950m 12:30.35	1000m 13:09.95	650m 8:31.07
	1250m 16:26.65	1300m 17:06.31	1350m 17:45.31	1400m 18:24.18	700m 9:10.94
				1450m 19:01.97	750m 9:51.18
					800m 10:30.78
					850m 11:10.95
					900m 11:50.85
					950m 12:30.35
					1000m 13:09.95
					1050m 13:50.06
					1100m 14:29.40
					1150m 15:08.68
					1200m 15:47.96
4.	Skye Freeman	13	Norwich Swan	19:47.22	466
	50m 33.55	100m 1:11.88	150m 1:50.77	200m 2:30.24	250m 3:09.60
	450m 5:49.17	500m 6:29.55	550m 7:08.98	600m 7:49.13	300m 3:48.96
	850m 11:09.76	900m 11:50.28	950m 12:30.14	1000m 13:10.73	650m 8:29.54
	1250m 16:30.40	1300m 17:10.83	1350m 17:50.17	1400m 18:30.46	700m 9:09.47
				1450m 19:09.64	750m 9:49.62
					800m 10:29.47
					850m 11:09.76
					900m 11:50.28
					950m 12:30.14
					1000m 13:10.73
					1050m 13:50.34
					1100m 14:30.90
					1150m 15:10.60
					1200m 15:50.68
5.	Cerys Wall	13	Co Cambridge	19:53.20	459
	50m 34.59	100m 1:12.48	150m 1:52.30	200m 2:32.03	250m 3:12.31
	450m 5:52.54	500m 6:32.33	550m 7:12.23	600m 7:51.95	300m 3:52.16
	850m 11:13.02	900m 11:53.64	950m 12:34.27	1000m 13:14.57	650m 8:32.06
	1250m 16:34.83	1300m 17:14.44	1350m 17:55.18	1400m 18:34.93	700m 9:12.11
				1450m 19:15.03	750m 9:52.80
					800m 10:32.67
					850m 11:13.02
					900m 11:53.64
					950m 12:34.27
					1000m 13:14.57
					1050m 13:55.05
					1100m 14:35.17
					1150m 15:14.83
					1200m 15:54.16
6.	Violet Freezer	13	teamipswich	19:56.36	455
	50m 34.94	100m 1:13.93	150m 1:53.25	200m 2:33.20	250m 3:12.52
	450m 5:52.10	500m 6:32.64	550m 7:12.85	600m 7:53.29	300m 3:52.10
	850m 11:14.33	900m 11:55.21	950m 12:35.31	1000m 13:16.52	650m 8:33.36
	1250m 16:38.81	1300m 17:19.38	1350m 17:59.69	1400m 18:40.10	700m 9:14.14
				1450m 19:19.47	750m 9:54.12
					800m 10:34.56
					850m 11:14.33
					900m 11:55.21
					950m 12:35.31
					1000m 13:16.52
					1050m 13:56.83
					1100m 14:37.13
					1150m 15:18.20
					1200m 15:58.70
7.	Poppy Cunningham	13	Co Peterboro	20:10.91	439
	50m 35.08	100m 1:14.19	150m 1:54.25	200m 2:34.45	250m 3:14.74
	450m 5:57.59	500m 6:38.82	550m 7:19.95	600m 8:00.58	300m 3:55.49
	850m 11:23.91	900m 12:04.61	950m 12:45.54	1000m 13:25.87	650m 8:41.46
	1250m 16:49.66	1300m 17:29.70	1350m 18:10.98	1400m 18:51.41	700m 9:21.84
				1450m 19:31.90	750m 10:02.57
					800m 10:42.99
					850m 11:23.91
					900m 12:04.61
					950m 12:45.54
					1000m 13:25.87
					1050m 14:06.65
					1100m 14:47.27
					1150m 15:28.50
					1200m 16:08.76
8.	Lois Alderton-Jode	13	Co Norwich	20:38.65	410
	50m 35.94	100m 1:16.51	150m 1:58.12	200m 2:39.92	250m 3:22.34
	450m 6:11.38	500m 6:53.11	550m 7:34.55	600m 8:15.60	300m 4:04.97
	850m 11:46.97	900m 12:28.66	950m 13:09.90	1000m 13:51.53	650m 8:57.79
	1250m 17:18.40	1300m 18:00.11	1350m 18:39.99	1400m 19:20.67	700m 9:39.51
				1450m 20:00.25	750m 10:21.91
					800m 11:04.45
					850m 11:46.97
					900m 12:28.66
					950m 13:09.90
					1000m 13:51.53
					1050m 14:33.15
					1100m 15:14.16
					1150m 15:55.45
					1200m 16:37.14
9.	Lilly Franks	13	Thurrock	20:53.64	395
	50m 35.87	100m 1:15.90	150m 1:57.21	200m 2:39.50	250m 3:21.36
	450m 6:09.32	500m 6:51.97	550m 7:33.82	600m 8:16.31	300m 4:03.42
	850m 11:46.24	900m 12:28.47	950m 13:10.03	1000m 13:51.23	650m 8:57.70
	1250m 17:21.09	1300m 18:04.23	1350m 18:47.41	1400m 19:30.68	700m 9:39.76
				1450m 20:12.74	750m 10:21.41
					800m 11:03.63
					850m 11:46.24
					900m 12:28.47
					950m 13:10.03
					1000m 13:51.23
					1050m 14:32.84
					1100m 15:14.94
					1150m 15:56.37
					1200m 16:38.75
10.	Charlotte Stocks	13	Linslade	20:54.26	395
	50m 35.79	100m 1:15.25	150m 1:56.25	200m 2:37.07	250m 3:18.03
	450m 6:06.79	500m 6:48.87	550m 7:31.43	600m 8:13.71	300m 3:59.69
	850m 11:47.54	900m 12:30.46	950m 13:13.56	1000m 13:56.49	650m 8:56.66
	1250m 17:30.92	1300m 18:13.11	1350m 18:54.94	1400m 19:36.81	700m 9:39.46
				1450m 20:18.01	750m 10:22.28
					800m 11:04.64
					850m 11:47.54
					900m 12:30.46
					950m 13:13.56
					1000m 13:56.49
					1050m 14:40.23
					1100m 15:22.63
					1150m 16:05.85
					1200m 16:49.36
11.	Elija Mickaite	13	Co Peterboro	20:57.82	391
	50m 34.51	100m 1:12.59	150m 1:52.43	200m 2:33.12	250m 3:14.69
	450m 6:03.43	500m 6:45.54	550m 7:28.55	600m 8:10.81	300m 3:55.75
	850m 11:45.88	900m 12:29.21	950m 13:12.55	1000m 13:55.24	650m 8:53.88
	1250m 17:31.07	1300m 18:13.33	1350m 18:56.07	1400m 19:37.72	700m 9:36.82
				1450m 20:19.14	750m 10:19.72
					800m 11:02.22
					850m 11:45.88
					900m 12:29.21
					950m 13:12.55
					1000m 13:55.24
					1050m 14:39.37
					1100m 15:21.64
					1150m 16:05.10
					1200m 16:47.98
12.	Isla Mason	13	Stowmarket	21:16.45	375
	50m 36.04	100m 1:16.39	150m 1:57.51	200m 2:40.03	250m 3:21.77
	450m 6:12.04	500m 6:55.43	550m 7:37.60	600m 8:21.14	300m 4:04.73
	850m 11:57.68	900m -	950m 13:24.46	1000m 14:08.28	650m 9:03.97
	1250m 17:45.33	1300m -	1350m 19:12.29	1400m -	700m 9:47.48
				1450m 20:37.32	750m 10:30.57
					800m 11:14.95
					850m 11:57.68
					900m 12:30.46
					950m 13:13.56
					1000m 13:56.49
					1050m 14:40.23
					1100m 15:22.63
					1150m 16:05.85
					1200m 16:49.36
13.	Savannah Smith	13	Potters Bar	21:39.81	355
	50m 36.10	100m 1:16.61	150m 1:58.04	200m 2:40.53	250m 3:23.49
	450m 6:17.91	500m 7:01.65	550m 7:45.23	600m 8:29.23	300m 4:06.94
	850m 12:03.79	900m -	950m 13:30.81	1000m -	650m 9:12.86
	1250m 17:58.19	1300m 19:17.84	1350m 19:27.65	1400m 20:12.74	700m 9:50.14
				1450m 20:57.12	750m 10:37.67
					800m 11:21.30
					850m 12:03.79
					900m 12:30.46
					950m 13:13.56
					1000m 13:56.49
					1050m 14:39.37
					1100m 15:21.64
					1150m 16:05.10
					1200m 16:47.98

Swim England East Region

2025 Long Course Championships

Results Session Fifteen

FEMALE 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Summer Smith	14	Basildon Ph	17:59.20	620
	50m 31.56	100m 1:06.24	150m 1:41.07	200m 2:16.49	250m 2:51.94
	450m 5:15.70	500m 5:51.91	550m 6:27.95	600m 7:04.35	650m 7:40.56
	850m 10:06.61	900m 10:43.34	950m 11:19.80	1000m 11:56.47	1050m 12:32.88
	1250m 14:59.36	1300m 15:35.97	1350m 16:12.39	1400m 16:49.07	1450m 17:24.99
					1500m 17:59.20
2.	Chloe Cranny	14	Epping For't	18:39.93	555
	50m 32.05	100m 1:08.10	150m 1:44.62	200m 2:21.65	250m 2:58.62
	450m 5:27.65	500m 6:05.39	550m 6:42.93	600m 7:20.96	650m 7:58.16
	850m 10:28.68	900m 11:06.50	950m 11:44.29	1000m 12:22.73	1050m 13:00.22
	1250m 15:31.47	1300m 16:09.54	1350m 16:47.83	1400m 17:26.02	1450m 18:02.65
					1500m 18:39.93
3.	Mia Nelson	14	Cheshunt	19:23.23	495
	50m 32.42	100m 1:07.85	150m 1:45.11	200m 2:22.52	250m 3:00.29
	450m 5:35.99	500m 6:15.40	550m 6:55.02	600m 7:35.38	650m 8:15.53
	850m 10:54.43	900m 11:35.08	950m 12:15.45	1000m 12:55.67	1050m 13:35.32
	1250m 16:10.81	1300m 16:49.79	1350m 17:28.05	1400m 18:07.19	1450m 18:45.48
					1500m 19:23.23
4.	Ayla Zolfaghari	14	Epping For't	19:29.39	487
	50m 33.69	100m 1:11.18	150m 1:49.48	200m 2:28.08	250m 3:06.45
	450m 5:41.82	500m 6:20.78	550m 6:59.56	600m 7:38.38	650m 8:17.33
	850m 10:53.60	900m 11:33.24	950m 12:13.01	1000m 12:52.91	1050m 13:32.80
	1250m 16:12.40	1300m 16:52.04	1350m 17:32.05	1400m 18:11.53	1450m 18:50.64
					1500m 19:29.39
5.	Millie Tomlin	14	Basildon Ph	19:29.61	487
	50m 33.22	100m 1:10.62	150m 1:49.37	200m 2:28.78	250m 3:07.78
	450m 5:46.00	500m 6:25.88	550m 7:05.28	600m 7:44.93	650m 8:24.59
	850m 11:02.00	900m 11:41.31	950m 12:20.24	1000m 12:59.46	1050m 13:38.01
	1250m 16:15.34	1300m 16:54.84	1350m 17:33.91	1400m 18:13.69	1450m 18:52.24
					1500m 19:29.61
6.	Connie Flitton	14	Dunstable	19:32.98	483
	50m 35.69	100m 1:14.25	150m 1:53.11	200m 2:32.79	250m 3:12.25
	450m 5:49.94	500m 6:29.69	550m 7:08.72	600m 7:47.89	650m 8:27.01
	850m 11:02.10	900m 11:41.66	950m 12:20.83	1000m 13:00.30	1050m 13:40.01
	1250m 16:18.51	1300m 16:58.08	1350m 17:37.97	1400m 18:17.18	1450m 18:55.69
					1500m 19:32.98
7.	Megan Barnicoat	14	Co Peterboro	19:34.03	481
	50m 33.35	100m 1:10.40	150m 1:48.13	200m 2:26.18	250m 3:04.20
	450m 5:41.22	500m 6:21.17	550m 7:01.05	600m 7:41.44	650m 8:21.25
	850m 10:59.29	900m 11:39.01	950m 12:18.30	1000m 12:58.69	1050m 13:38.03
	1250m 16:17.05	1300m 16:57.10	1350m 17:36.79	1400m 18:16.77	1450m 18:55.66
					1500m 19:34.03
8.	Olivia Croft	14	Cheshunt	19:35.23	480
	50m 33.39	100m 1:11.02	150m 1:49.51	200m 2:28.61	250m 3:07.07
	450m 5:46.07	500m 6:26.76	550m 7:06.97	600m 7:46.83	650m 8:26.27
	850m 11:04.83	900m 11:44.11	950m 12:23.16	1000m 13:02.53	1050m 13:42.05
	1250m 16:20.91	1300m 16:59.96	1350m 17:39.39	1400m 18:18.88	1450m 18:57.88
					1500m 19:35.23
9.	Kitty Lamb	14	Co Peterboro	19:37.05	478
	50m 33.46	100m 1:12.17	150m 1:51.01	200m 2:30.73	250m 3:10.64
	450m 5:50.63	500m 6:30.73	550m 7:09.54	600m 7:48.67	650m 8:28.27
	850m 11:06.23	900m 11:45.80	950m 12:25.26	1000m 13:05.09	1050m 13:43.98
	1250m 16:23.27	1300m 17:02.92	1350m 17:42.29	1400m 18:21.79	1450m 19:00.46
					1500m 19:37.05
10.	Amelie Stevenson	14	Co Peterboro	19:40.41	474
	50m 33.50	100m 1:10.50	150m 1:49.06	200m 2:28.16	250m 3:06.87
	450m 5:45.98	500m 6:25.19	550m 7:05.07	600m 7:45.46	650m 8:25.32
	850m 11:04.52	900m 11:45.04	950m 12:24.79	1000m 13:05.67	1050m 13:44.64
	1250m 16:25.54	1300m 17:05.84	1350m 17:45.23	1400m 18:25.42	1450m 19:03.90
					1500m 19:40.41
11.	Jasmine Scott	14	Co St Albans	19:57.58	454
	50m 33.61	100m 1:10.54	150m 1:48.61	200m 2:27.59	250m 3:06.00
	450m 5:41.68	500m 6:21.87	550m 7:01.77	600m 7:42.63	650m 8:22.97
	850m 11:06.41	900m 11:47.90	950m 12:28.73	1000m 13:10.11	1050m 13:50.88
	1250m 16:35.66	1300m 17:16.78	1350m 17:57.40	1400m 18:38.39	1450m 19:18.77
					1500m 19:57.58
12.	Amelia Garnham	14	teamipswich	19:58.29	453
	50m 34.90	100m 1:13.83	150m 1:53.24	200m 2:33.25	250m 3:13.19
	450m 5:53.01	500m 6:33.64	550m 7:13.23	600m 7:53.38	650m 8:33.09
	850m 11:13.84	900m 11:53.85	950m 12:33.78	1000m 13:14.79	1050m 13:54.80
	1250m 16:37.33	1300m 17:18.37	1350m 17:58.27	1400m 18:38.83	1450m 19:19.01
					1500m 19:58.29
13.	Anna Regan	14	Bo Southend	21:07.20	383
	50m 34.00	100m 1:13.10	150m 1:53.71	200m 2:34.50	250m 3:16.57
	450m 6:06.61	500m 6:49.47	550m 7:32.65	600m 8:15.71	650m 8:58.71
	850m 11:52.12	900m 12:35.24	950m 13:17.84	1000m 14:01.44	1050m 14:44.56
	1250m 17:37.64	1300m 18:19.81	1350m 19:03.13	1400m 19:45.62	1450m 20:27.04
					1500m 21:07.20