

EVENT 511 Mixed 15 Yrs/Over 1500m Freestyle

OPEN/MALE 15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts				
1.	Jacob Bacon	15	Co Peterboro	17:24.75	578				
	50m 29.75	100m 1:02.93	150m 1:37.49	200m 2:11.83	250m 2:46.65	300m 3:21.64	350m 3:56.64	400m 4:31.99	
	450m 5:06.74	500m 5:42.15	550m 6:17.48	600m 6:52.90	650m 7:28.13	700m 8:03.68	750m 8:38.52	800m 9:13.82	
	850m 9:48.88	900m 10:24.40	950m 10:59.51	1000m 11:35.21	1050m 12:09.98	1100m 12:45.35	1150m 13:20.65	1200m 13:56.05	
	1250m 14:30.97	1300m 15:06.34	1350m 15:41.16	1400m 16:16.49	1450m 16:51.37	1500m 17:24.75			
2.	Luke Owens	15	Putteridge	17:32.50	566				
	50m 32.09	100m 1:07.60	150m 1:43.55	200m 2:19.60	250m 2:55.63	300m 3:31.72	350m 4:07.26	400m 4:42.89	
	450m 5:18.51	500m 5:54.18	550m 6:29.54	600m 7:05.20	650m 7:40.53	700m 8:15.99	750m 8:51.15	800m 9:26.32	
	850m 10:01.43	900m 10:36.32	950m 11:11.35	1000m 11:46.44	1050m 12:21.45	1100m 12:56.69	1150m 13:31.85	1200m 14:06.65	
	1250m 14:41.88	1300m 15:16.45	1350m 15:51.32	1400m 16:25.85	1450m 17:00.27	1500m 17:32.50			
3.	Tyler Stone	15	Co Norwich	17:44.44	547				
	50m 31.33	100m 1:05.64	150m 1:41.29	200m 2:16.95	250m 2:52.80	300m 3:28.65	350m 4:05.18	400m 4:41.56	
	450m 5:18.02	500m 5:53.49	550m 6:29.41	600m 7:05.11	650m 7:40.88	700m 8:16.35	750m 8:52.37	800m 9:27.70	
	850m 10:03.42	900m 10:39.47	950m 11:15.04	1000m 11:50.58	1050m 12:25.72	1100m 13:01.30	1150m 13:37.09	1200m 14:12.76	
	1250m 14:48.00	1300m 15:24.12	1350m 15:59.20	1400m 16:35.12	1450m 17:09.76	1500m 17:44.44			
4.	Ryan Wimpenny	15	Cheshunt	17:45.65	545				
	50m 31.01	100m 1:05.79	150m 1:40.45	200m 2:15.98	250m 2:51.02	300m 3:26.59	350m 4:01.72	400m 4:37.50	
	450m 5:12.89	500m 5:48.52	550m 6:24.05	600m 6:59.98	650m 7:35.74	700m 8:11.67	750m 8:47.49	800m 9:23.49	
	850m 9:59.16	900m 10:34.90	950m 11:10.70	1000m 11:46.85	1050m 12:22.48	1100m 12:58.53	1150m 13:34.65	1200m 14:10.97	
	1250m 14:46.57	1300m 15:22.88	1350m 15:58.29	1400m 16:34.38	1450m 17:09.80	1500m 17:45.65			
5.	Kian Ptolomey	15	Putteridge	18:07.96	512				
	50m 32.31	100m 1:07.74	150m 1:43.78	200m 2:20.07	250m 2:56.74	300m 3:32.96	350m 4:09.69	400m 4:46.40	
	450m 5:23.15	500m 5:59.99	550m 6:37.23	600m 7:13.21	650m 7:50.18	700m 8:27.29	750m 9:03.51	800m 9:39.86	
	850m 10:16.77	900m 10:52.97	950m 11:29.59	1000m 12:06.06	1050m 12:42.43	1100m 13:18.73	1150m 13:55.64	1200m 14:32.23	
	1250m 15:08.48	1300m 15:44.86	1350m 16:20.90	1400m 16:57.37	1450m 17:33.52	1500m 18:07.96			
6.	Lochlan Shaw	15	Flitwick	18:25.09	489				
	50m 32.24	100m 1:08.14	150m 1:44.50	200m 2:20.93	250m 2:57.55	300m 3:34.64	350m 4:11.32	400m 4:48.40	
	450m 5:25.29	500m 6:02.26	550m 6:39.28	600m 7:16.52	650m 7:53.20	700m 8:30.08	750m 9:06.55	800m 9:43.48	
	850m 10:20.31	900m 10:58.03	950m 11:35.39	1000m 12:13.04	1050m 12:50.06	1100m 13:27.49	1150m 14:05.42	1200m 14:43.42	
	1250m 15:20.70	1300m 15:58.77	1350m 16:35.37	1400m 17:12.73	1450m 17:49.38	1500m 18:25.09			
7.	Oliver Fuller	15	Co Cambridge	18:26.27	487				
	50m 32.40	100m 1:08.35	150m 1:44.81	200m 2:21.49	250m 2:58.59	300m 3:35.86	350m 4:12.89	400m 4:50.59	
	450m 5:27.94	500m 6:06.11	550m 6:42.86	600m 7:20.08	650m 7:56.82	700m 8:35.09	750m 9:12.45	800m 9:50.02	
	850m 10:27.25	900m 11:04.08	950m 11:41.08	1000m 12:19.17	1050m 12:56.23	1100m 13:33.33	1150m 14:11.25	1200m 14:48.64	
	1250m 15:25.95	1300m 16:03.28	1350m 16:40.45	1400m 17:16.03	1450m 17:52.07	1500m 18:26.27			
8.	Charlie Birdsall	15	Co Cambridge	18:30.50	481				
	50m 33.09	100m 1:09.92	150m 1:46.95	200m 2:24.47	250m 3:01.82	300m 3:38.84	350m 4:16.02	400m 4:53.41	
	450m 5:30.06	500m 6:07.06	550m 6:43.63	600m 7:20.80	650m 7:57.42	700m 8:34.45	750m 9:11.33	800m 9:47.64	
	850m 10:24.41	900m 11:02.05	950m 11:39.73	1000m 12:17.38	1050m 12:55.13	1100m 13:33.63	1150m 14:11.17	1200m 14:48.92	
	1250m 15:26.31	1300m 16:04.69	1350m 16:42.53	1400m 17:19.70	1450m 17:56.34	1500m 18:30.50			
9.	Oliver Meier	15	Biggleswade	18:43.75	465				
	50m 31.14	100m 1:05.83	150m 1:42.02	200m 2:18.38	250m 2:55.39	300m 3:32.74	350m 4:10.23	400m 4:47.81	
	450m 5:25.26	500m 6:02.91	550m 6:40.05	600m 7:17.58	650m 7:54.97	700m 8:32.89	750m 9:10.84	800m 9:48.69	
	850m 10:26.84	900m 11:05.09	950m 11:43.14	1000m 12:21.42	1050m 12:59.75	1100m 13:38.13	1150m 14:16.70	1200m 14:55.41	
	1250m 15:34.12	1300m 16:12.84	1350m 16:51.38	1400m 17:29.91	1450m 18:07.87	1500m 18:43.75			
10.	Ethan Wallis	15	Norwich Swan	18:46.22	462				
	50m 31.86	100m 1:07.66	150m 1:44.53	200m 2:21.06	250m 2:58.16	300m 3:34.82	350m 4:11.92	400m 4:48.95	
	450m 5:25.90	500m 6:04.98	550m 6:42.48	600m 7:19.98	650m 7:57.74	700m 8:35.39	750m 9:12.88	800m 9:50.88	
	850m 10:28.59	900m 11:06.69	950m 11:44.76	1000m 12:23.68	1050m 13:02.79	1100m 13:41.76	1150m 14:20.48	1200m 14:58.89	
	1250m 15:37.20	1300m 16:16.14	1350m 16:54.08	1400m 17:32.61	1450m 18:09.75	1500m 18:46.22			

OPEN/MALE 16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Conor Mint	16	Basildon Ph	16:50.93	638
	50m 29.24	100m 1:02.02	150m 1:35.87	200m 2:09.57	250m 2:43.25
	450m 4:59.16	500m 5:33.22	550m 6:07.46	600m 6:41.41	650m 7:15.54
	850m 9:31.67	900m 10:05.99	950m 10:40.55	1000m 11:14.72	1050m 11:48.71
	1250m 14:04.37	1300m 14:38.05	1350m 15:11.77	1400m 15:45.17	1450m 16:18.31
					1500m 16:50.93
2.	Frank Lamb	16	Co Peterboro	17:21.87	583
	50m 29.17	100m 1:02.49	150m 1:37.08	200m 2:13.22	250m 2:47.63
	450m 5:07.68	500m 5:43.97	550m 6:19.77	600m 6:55.52	650m 7:30.06
	850m 9:55.34	900m 10:30.35	950m 11:04.05	1000m 11:38.99	1050m 12:13.52
	1250m 14:32.70	1300m 15:07.63	1350m 15:41.97	1400m 16:17.02	1450m 16:51.21
					1500m 17:21.87
3.	Csanad Rehus	16	Co Peterboro	17:21.95	583
	50m 30.16	100m 1:03.75	150m 1:38.07	200m 2:12.80	250m 2:47.55
	450m 5:07.69	500m 5:43.68	550m 6:18.46	600m 6:53.64	650m 7:28.69
	850m 9:48.67	900m 10:23.87	950m 11:00.34	1000m 11:35.83	1050m 12:11.47
	1250m 14:32.13	1300m 15:07.94	1350m 15:42.31	1400m 16:17.36	1450m 16:51.03
					1500m 17:21.95
4.	Jamie Wilson	16	West Norfolk	17:25.51	577
	50m 30.68	100m 1:03.76	150m 1:37.04	200m 2:11.42	250m 2:46.07
	450m 5:06.58	500m 5:41.96	550m 6:17.24	600m 6:52.45	650m 7:27.36
	850m 9:48.59	900m 10:24.54	950m 10:59.84	1000m 11:35.59	1050m 12:10.54
	1250m 14:31.07	1300m 15:06.49	1350m 15:41.45	1400m 16:17.04	1450m 16:52.11
					1500m 17:25.51
5.	Will Riley	16	teamipswich	17:41.19	552
	50m 31.74	100m 1:07.12	150m 1:43.12	200m 2:18.97	250m 2:54.77
	450m 5:18.65	500m 5:55.30	550m 6:30.42	600m 7:06.19	650m 7:41.66
	850m 10:04.88	900m 10:40.51	950m 11:16.38	1000m 11:52.39	1050m 12:26.97
	1250m 14:48.78	1300m 15:24.34	1350m 15:59.17	1400m 16:34.90	1450m 17:08.43
					1500m 17:41.19
6.	Oliver Fenwick	16	Hatfield	17:47.47	542
	50m 29.71	100m 1:03.23	150m 1:37.74	200m 2:12.81	250m 2:48.09
	450m 5:11.42	500m 5:47.29	550m 6:23.22	600m 6:59.23	650m 7:35.26
	850m 9:59.06	900m 10:34.78	950m 11:10.17	1000m 11:46.26	1050m 12:21.77
	1250m 14:46.16	1300m 15:22.58	1350m 15:58.77	1400m 16:35.29	1450m 17:11.60
					1500m 17:47.47
7.	Lucas Day	16	Rochford	17:59.66	524
	50m 31.75	100m 1:06.90	150m 1:42.75	200m 2:18.87	250m 2:54.23
	450m 5:18.74	500m 5:55.34	550m 6:31.89	600m 7:08.07	650m 7:44.06
	850m 10:10.43	900m 10:47.10	950m 11:23.65	1000m 11:59.99	1050m 12:36.05
	1250m 15:01.23	1300m 15:37.32	1350m 16:13.35	1400m 16:49.76	1450m 17:25.14
					1500m 17:59.66
8.	Max Lesner	16	Potters Bar	18:59.45	446
	50m 31.67	100m 1:07.18	150m 1:44.36	200m 2:22.20	250m 3:00.25
	450m 5:32.30	500m 6:10.80	550m 6:49.61	600m 7:28.18	650m 8:06.58
	850m 10:42.72	900m 11:21.40	950m 12:00.53	1000m 12:39.48	1050m 13:17.88
	1250m 15:52.44	1300m 16:30.61	1350m 17:08.26	1400m 17:45.97	1450m 18:23.67
					1500m 18:59.45

Swim England East Region

2025 Long Course Championships

Results Session Fourteen

OPEN/MALE 17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Patch Robinson	18	teamipswich	16:56.37	628
	50m 29.45	100m 1:02.40	150m 1:36.16	200m 2:10.49	250m 2:44.42
	450m 5:00.67	500m 5:35.09	550m 6:08.89	600m 6:43.14	650m 7:16.97
	850m 9:33.40	900m 10:07.59	950m 10:41.92	1000m 11:16.49	1050m 11:50.31
	1250m 14:07.38	1300m 14:42.04	1350m 15:15.65	1400m 15:50.29	1450m 16:23.59
					1500m 16:56.37
2.	Adam O'Neal	17	Bedford SS	17:01.12	619
	50m 28.33	100m 1:00.26	150m 1:33.63	200m 2:07.67	250m 2:41.82
	450m 5:00.36	500m 5:34.79	550m 6:09.34	600m 6:43.46	650m 7:18.16
	850m 9:36.06	900m 10:10.33	950m 10:44.85	1000m 11:19.33	1050m 11:53.85
	1250m 14:11.32	1300m 14:45.90	1350m 15:20.64	1400m 15:55.13	1450m 16:28.72
					1500m 17:01.12
3.	Robert Fenner	17	Basildon Ph	17:07.61	608
	50m 29.61	100m 1:02.05	150m 1:35.64	200m 2:09.68	250m 2:44.05
	450m 5:00.52	500m 5:35.00	550m 6:09.83	600m 6:44.54	650m 7:19.15
	850m 9:38.83	900m 10:13.84	950m 10:47.89	1000m 11:22.30	1050m 11:57.25
	1250m 14:16.82	1300m 14:51.37	1350m 15:26.10	1400m 16:00.06	1450m 16:34.61
					1500m 17:07.61
4.	George Hooper	18	Co St Albans	17:10.90	602
	50m 29.05	100m 1:01.24	150m 1:34.29	200m 2:08.04	250m 2:41.95
	450m 4:59.75	500m 5:34.11	550m 6:08.94	600m 6:43.69	650m 7:18.18
	850m 9:38.13	900m 10:13.37	950m 10:48.28	1000m 11:23.30	1050m 11:58.30
	1250m 14:17.84	1300m 14:53.27	1350m 15:28.63	1400m 16:03.92	1450m 16:38.59
					1500m 17:10.90
5.	Daniel Belsey	17	Hatfield	17:12.06	600
	50m 29.42	100m 1:02.28	150m 1:35.44	200m 2:09.38	250m 2:43.16
	450m 5:00.11	500m 5:34.64	550m 6:08.66	600m 6:43.15	650m 7:17.31
	850m 9:35.40	900m 10:09.74	950m 10:44.03	1000m 11:18.25	1050m 11:52.28
	1250m 14:12.41	1300m 14:48.51	1350m 15:24.66	1400m 16:00.85	1450m 16:36.95
					1500m 17:12.06
6.	Luke Martell	19	Watford SC	17:20.31	586
	50m 30.17	100m 1:03.35	150m 1:37.35	200m 2:11.89	250m 2:46.34
	450m 5:04.28	500m 5:39.09	550m 6:13.82	600m 6:48.88	650m 7:23.82
	850m 9:44.32	900m 10:19.47	950m 10:54.35	1000m 11:30.03	1050m 12:05.15
	1250m 14:26.27	1300m 15:01.92	1350m 15:37.15	1400m 16:12.19	1450m 16:46.26
					1500m 17:20.31
7.	Ryan Wall	18	Co Cambridge	17:21.93	583
	50m 29.34	100m 1:01.81	150m 1:35.12	200m 2:08.78	250m 2:42.69
	450m 5:00.56	500m 5:34.98	550m 6:08.86	600m 6:43.35	650m 7:17.70
	850m 9:36.64	900m 10:11.72	950m 10:47.07	1000m 11:23.26	1050m 11:59.54
	1250m 14:24.00	1300m 15:00.28	1350m 15:36.58	1400m 16:12.29	1450m 16:48.17
					1500m 17:21.93
8.	Daniel Moyes	19	Co Peterboro	17:22.04	583
	50m 30.17	100m 1:03.21	150m 1:36.96	200m 2:11.56	250m 2:46.18
	450m 5:06.13	500m 5:41.55	550m 6:16.89	600m 6:52.30	650m 7:26.89
	850m 9:47.69	900m 10:23.16	950m 10:57.99	1000m 11:33.05	1050m 12:08.00
	1250m 14:28.72	1300m 15:04.12	1350m 15:38.63	1400m 16:13.95	1450m 16:48.46
					1500m 17:22.04
9.	Samuel Jeffrey	18	Hatfield	17:37.09	558
	50m 29.74	100m 1:02.00	150m 1:35.40	200m 2:09.09	250m 2:43.00
	450m 5:01.28	500m 5:37.28	550m 6:13.32	600m 6:49.79	650m 7:26.32
	850m 9:51.25	900m 10:27.20	950m 11:03.14	1000m 11:39.29	1050m 12:15.38
	1250m 14:39.90	1300m 15:15.96	1350m 15:52.10	1400m 16:28.39	1450m 17:04.00
					1500m 17:37.09
10.	B Macdonald-Williams	17	Bishop Stort	17:43.56	548
	50m 28.88	100m 1:00.42	150m 1:33.17	200m 2:07.54	250m 2:42.06
	450m 5:03.39	500m 5:39.12	550m 6:14.82	600m 6:50.94	650m 7:27.16
	850m 9:53.33	900m 10:30.51	950m 11:07.46	1000m 11:44.73	1050m 12:21.46
	1250m 14:46.44	1300m 15:23.44	1350m 15:59.34	1400m 16:36.11	1450m 17:11.07
					1500m 17:43.56
11.	George Carter	17	Co Cambridge	17:44.32	547
	50m 29.86	100m 1:02.61	150m 1:36.43	200m 2:10.55	250m 2:45.19
	450m 5:06.50	500m 5:42.66	550m 6:18.68	600m 6:55.32	650m 7:31.70
	850m 9:57.83	900m 10:34.15	950m 11:10.71	1000m 11:46.95	1050m 12:23.25
	1250m 14:48.74	1300m 15:24.83	1350m 16:00.79	1400m 16:36.50	1450m 17:11.43
					1500m 17:44.32
12.	Daniel Williams	17	Hatfield	17:53.26	533
	50m 30.10	100m 1:03.27	150m 1:37.77	200m 2:12.72	250m 2:47.89
	450m 5:11.25	500m 5:48.03	550m 6:24.62	600m 7:01.36	650m 7:38.19
	850m 10:04.87	900m 10:41.34	950m 11:18.30	1000m 11:55.15	1050m 12:31.42
	1250m 14:57.40	1300m 15:33.38	1350m 16:09.33	1400m 16:45.45	1450m 17:19.27
					1500m 17:53.26
13.	Daniel Thompson	18	Thurrock	17:57.69	527
	50m 30.25	100m 1:03.12	150m 1:36.60	200m 2:11.03	250m 2:45.82
	450m 5:08.07	500m 5:44.45	550m 6:20.53	600m 6:57.14	650m 7:33.30
	850m 9:57.42	900m 10:33.98	950m 11:11.03	1000m 11:47.64	1050m 12:24.69
	1250m 14:52.43	1300m 15:29.98	1350m 16:06.74	1400m 16:44.02	1450m 17:20.70
					1500m 17:57.69
14.	Oliver Tom	18	Bishop Stort	19:14.15	429
	50m 32.22	100m 1:08.02	150m 1:43.85	200m 2:20.29	250m 2:56.04
	450m 5:27.04	500m 6:06.40	550m 6:45.02	600m 7:24.00	650m 8:02.86
	850m 10:40.93	900m 11:20.67	950m 12:00.12	1000m 12:39.58	1050m 13:18.94
	1250m 15:58.09	1300m 16:37.81	1350m 17:17.04	1400m 17:56.37	1450m 18:35.67
					1500m 19:14.15

Swim England East Region

2025 Long Course Championships

Results Session Fourteen

FEMALE 15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Jasmine Hall	15	Basildon Ph	17:36.72	660
	50m 30.91	100m 1:04.19	150m 1:38.46	200m 2:13.30	250m 2:48.04
	450m 5:08.66	500m 5:44.03	550m 6:19.58	600m 6:54.91	650m 7:30.80
	850m 9:54.14	900m 10:30.12	950m 11:06.06	1000m 11:41.33	1050m 12:17.08
	1250m 14:39.99	1300m 15:15.85	1350m 15:51.44	1400m 16:27.37	1450m 17:02.67
					1500m 17:36.72
2.	Amelia Fenner	15	Basildon Ph	18:03.42	613
	50m 32.10	100m 1:08.08	150m 1:44.25	200m 2:20.42	250m 2:56.31
	450m 5:19.90	500m 5:56.09	550m 6:32.19	600m 7:08.67	650m 7:45.30
	850m 10:11.39	900m 10:47.86	950m 11:24.49	1000m 12:01.49	1050m 12:37.80
	1250m 15:04.31	1300m 15:40.79	1350m 16:17.00	1400m 16:53.47	1450m 17:29.53
					1500m 18:03.42
3.	E Barth-Wehrenalp	15	Chelmsford	18:22.73	581
	50m 32.09	100m 1:07.65	150m 1:44.87	200m 2:21.84	250m 2:58.74
	450m 5:27.21	500m 6:04.32	550m 6:41.76	600m 7:18.87	650m 7:55.45
	850m 10:23.27	900m 11:00.08	950m 11:37.12	1000m 12:14.28	1050m 12:50.95
	1250m 15:19.26	1300m 15:56.51	1350m 16:33.95	1400m 17:11.21	1450m 17:47.98
					1500m 18:22.73
4.	Emma Cushion	15	Co Peterboro	18:39.92	555
	50m 33.01	100m 1:09.73	150m 1:46.79	200m 2:24.17	250m 3:01.54
	450m 5:31.98	500m 6:09.68	550m 6:47.01	600m 7:24.82	650m 8:02.04
	850m 10:32.82	900m 11:10.40	950m 11:47.58	1000m 12:24.86	1050m 13:02.08
	1250m 15:32.24	1300m 16:09.83	1350m 16:47.63	1400m 17:25.46	1450m 18:03.06
					1500m 18:39.92
5.	Milly Johnson	15	West Norfolk	19:31.39	485
	50m 32.95	100m 1:09.85	150m 1:48.11	200m 2:26.24	250m 3:04.95
	450m 5:41.45	500m 6:21.09	550m 7:00.44	600m 7:39.80	650m 8:19.61
	850m 10:58.33	900m 11:38.36	950m 12:17.90	1000m 12:57.60	1050m 13:36.85
	1250m 16:15.25	1300m 16:55.10	1350m 17:34.38	1400m 18:13.82	1450m 18:52.60
					1500m 19:31.39
6.	Daisy Jubb	15	Co St Albans	19:46.23	467
	50m 35.78	100m 1:14.45	150m 1:53.67	200m 2:33.41	250m 3:13.24
	450m 5:51.41	500m 6:31.23	550m 7:10.80	600m 7:50.53	650m 8:30.19
	850m 11:09.20	900m 11:49.22	950m 12:28.83	1000m 13:08.85	1050m 13:48.69
	1250m 16:29.37	1300m 17:09.72	1350m 17:49.51	1400m 18:29.59	1450m 19:08.63
					1500m 19:46.23
7.	Cassandra Pereira	15	Watford SC	19:48.87	464
	50m 34.88	100m 1:13.54	150m 1:52.60	200m 2:31.74	250m 3:11.02
	450m 5:49.33	500m 6:28.75	550m 7:07.77	600m 7:47.23	650m 8:26.56
	850m 11:05.70	900m 11:45.57	950m 12:26.48	1000m 13:07.47	1050m 13:48.51
	1250m 16:30.90	1300m 17:11.49	1350m 17:50.71	1400m 18:30.67	1450m 19:10.18
					1500m 19:48.87
8.	Hoi Ching Kong	15	Co St Albans	20:16.18	433
	50m 35.84	100m 1:16.40	150m 1:56.23	200m 2:36.61	250m 3:16.03
	450m 5:57.83	500m 6:38.47	550m 7:18.33	600m 7:59.23	650m 8:39.43
	850m 11:23.29	900m 12:04.27	950m 12:45.45	1000m 13:27.42	1050m 14:08.54
	1250m 16:53.20	1300m 17:35.09	1350m 18:15.92	1400m 18:57.65	1450m 19:37.92
					1500m 20:16.18

Swim England East Region 2025 Long Course Championships Results Session Fourteen

FEMALE 16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts				
1.	Gabriella Troman	16	teamipswich	18:23.79	579				
	50m 32.53	100m 1:08.09	150m 1:44.06	200m 2:20.71	250m 2:57.40	300m 3:34.44	350m 4:10.80	400m 4:47.51	
	450m 5:24.21	500m 6:00.50	550m 6:36.62	600m 7:13.57	650m 7:50.54	700m 8:28.22	750m 9:05.75	800m 9:43.56	
	850m 10:20.59	900m 10:58.33	950m 11:35.35	1000m 12:12.98	1050m 12:50.33	1100m 13:27.85	1150m 14:05.65	1200m 14:43.49	
	1250m 15:20.86	1300m 15:58.69	1350m 16:34.79	1400m 17:12.52	1450m 17:49.01	1500m 18:23.79			
2.	Francesca Barber	16	Co Norwich	18:47.49	544				
	50m 33.89	100m 1:10.53	150m 1:47.33	200m 2:24.47	250m 3:02.11	300m 3:39.51	350m 4:17.38	400m 4:55.52	
	450m 5:33.03	500m 6:10.81	550m 6:49.17	600m 7:27.16	650m 8:04.68	700m 8:42.79	750m 9:21.35	800m 9:59.53	
	850m 10:37.60	900m 11:15.69	950m 11:53.45	1000m 12:31.46	1050m 13:09.72	1100m 13:47.70	1150m 14:26.10	1200m 15:04.08	
	1250m 15:41.98	1300m 16:19.96	1350m 16:57.71	1400m 17:35.60	1450m 18:12.59	1500m 18:47.49			
3.	Anabelle Kett	16	Co Peterboro	18:56.51	531				
	50m 33.01	100m 1:09.78	150m 1:46.45	200m 2:23.56	250m 3:00.00	300m 3:37.15	350m 4:13.74	400m 4:51.00	
	450m 5:28.38	500m 6:06.38	550m 6:43.72	600m 7:21.87	650m 7:59.61	700m 8:37.85	750m 9:15.82	800m 9:54.43	
	850m 10:32.50	900m 11:11.26	950m 11:49.54	1000m 12:28.55	1050m 13:07.22	1100m 13:46.37	1150m 14:24.83	1200m 15:04.10	
	1250m 15:42.85	1300m 16:22.28	1350m 17:00.98	1400m 17:40.29	1450m 18:18.74	1500m 18:56.51			
4.	Summer Evason	16	Watford SC	19:13.09	508				
	50m 32.16	100m 1:09.36	150m 1:47.23	200m 2:25.55	250m 3:04.64	300m 3:43.64	350m 4:22.84	400m 5:02.22	
	450m 5:40.77	500m 6:20.14	550m 6:59.00	600m 7:38.20	650m 8:17.25	700m 8:56.37	750m 9:35.07	800m 10:14.26	
	850m 10:53.29	900m 11:32.33	950m 12:11.85	1000m 12:51.22	1050m 13:30.26	1100m 14:09.38	1150m 14:48.35	1200m 15:27.37	
	1250m 16:05.73	1300m 16:44.72	1350m 17:22.20	1400m 18:00.31	1450m 18:37.23	1500m 19:13.09			

FEMALE 17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Sophie Dowding	18	teamipswich	17:46.46	642
	50m 31.43	100m 1:05.82	150m 1:41.17	200m 2:16.62	250m 2:52.34
	450m 5:15.29	500m 5:51.02	550m 6:26.66	600m 7:02.22	650m 7:37.98
	850m 10:00.93	900m 10:36.93	950m 11:12.85	1000m 11:48.56	1050m 12:24.22
	1250m 14:48.72	1300m 15:25.51	1350m 16:01.12	1400m 16:36.59	1450m 17:11.96
2.	Millie Richardson	19	Hatfield	18:38.36	557
	50m 32.68	100m 1:08.76	150m 1:45.74	200m 2:23.47	250m 3:00.92
	450m 5:29.46	500m 6:06.67	550m 6:43.62	600m 7:21.31	650m 7:58.68
	850m 10:28.72	900m 11:07.00	950m 11:44.82	1000m 12:22.99	1050m 13:00.65
	1250m 15:32.17	1300m 16:10.07	1350m 16:47.39	1400m 17:25.21	1450m 18:02.16
3.	Cailin Hehir	17	Watford SC	18:43.30	550
	50m 33.12	100m 1:09.66	150m 1:46.98	200m 2:24.83	250m 3:02.51
	450m 5:33.52	500m 6:11.33	550m 6:48.94	600m 7:26.43	650m 8:03.93
	850m 10:34.35	900m 11:12.02	950m 11:49.83	1000m 12:27.51	1050m 13:05.43
	1250m 15:36.20	1300m 16:13.93	1350m 16:51.86	1400m 17:29.43	1450m 18:06.69
4.	Amelie Crabb	18	teamipswich	18:45.06	547
	50m 32.67	100m 1:08.94	150m 1:45.78	200m 2:22.78	250m 3:00.19
	450m 5:30.14	500m 6:07.68	550m 6:44.68	600m 7:22.00	650m 7:59.42
	850m 10:30.45	900m 11:08.36	950m 11:46.38	1000m 12:24.35	1050m 13:02.37
	1250m 15:35.22	1300m 16:13.61	1350m 16:52.13	1400m 17:30.11	1450m 18:08.12
5.	Isabel Thomas	17	Newmarket	18:47.58	544
	50m 32.65	100m 1:09.48	150m 1:47.29	200m 2:25.19	250m 3:02.98
	450m 5:33.82	500m 6:11.88	550m 6:49.49	600m 7:27.59	650m 8:05.55
	850m 10:37.39	900m 11:15.03	950m 11:52.86	1000m 12:31.11	1050m 13:08.86
	1250m 15:40.67	1300m 16:18.78	1350m 16:56.66	1400m 17:34.83	1450m 18:11.97
6.	Lily Hayward	17	Epping Fort	18:48.97	541
	50m 33.47	100m 1:09.46	150m 1:46.34	200m 2:23.24	250m 3:00.29
	450m 5:29.95	500m 6:07.74	550m 6:45.68	600m 7:23.67	650m 8:02.15
	850m 10:34.84	900m 11:13.11	950m 11:51.46	1000m 12:29.61	1050m 13:07.69
	1250m 15:40.28	1300m 16:18.31	1350m 16:56.27	1400m 17:34.60	1450m 18:12.90
7.	Amelia Saunders	17	Norwich Swan	18:56.39	531
	50m 32.32	100m 1:08.66	150m 1:46.18	200m 2:23.32	250m 3:00.47
	450m 5:29.42	500m 6:06.93	550m 6:44.09	600m 7:21.31	650m 7:59.37
	850m 10:32.81	900m 11:10.62	950m 11:49.82	1000m 12:27.97	1050m 13:07.02
	1250m 15:43.08	1300m 16:22.33	1350m 17:01.32	1400m 17:40.29	1450m 18:19.26
8.	Esmie Kidman	19	West Norfolk	19:39.58	475
	50m 33.54	100m 1:12.37	150m 1:50.70	200m 2:29.51	250m 3:08.75
	450m 5:46.98	500m 6:26.94	550m 7:05.49	600m 7:44.51	650m 8:23.40
	850m 11:02.17	900m 11:41.76	950m 12:21.03	1000m 13:01.19	1050m 13:40.53
	1250m 16:21.07	1300m 17:01.89	1350m 17:42.04	1400m 18:22.10	1450m 19:01.83
9.	Hannah Lovelock	17	Hitchin	19:46.73	466
	50m 34.16	100m 1:12.29	150m 1:50.54	200m 2:29.87	250m 3:08.98
	450m 5:47.15	500m 6:27.36	550m 7:07.32	600m 7:47.43	650m 8:27.52
	850m 11:10.40	900m 11:50.59	950m 12:31.31	1000m 13:12.08	1050m 13:52.47
	1250m 16:32.33	1300m 17:12.04	1350m 17:51.01	1400m 18:30.52	1450m 19:08.82
10.	Ava Black	18	Co St Albans	19:55.12	456
	50m 34.34	100m 1:11.41	150m 1:50.06	200m 2:29.16	250m 3:08.99
	450m 5:47.22	500m 6:27.10	550m 7:06.64	600m 7:47.04	650m 8:27.50
	850m 11:08.68	900m 11:49.38	950m 12:30.22	1000m 13:11.18	1050m 13:51.65
	1250m 16:34.18	1300m 17:14.99	1350m 17:55.78	1400m 18:36.60	1450m 19:16.17