

Start List

Event 401 Open/Male 200m IM					
Final	L 1	Samuel Winslow	17	Co Cambridge	2:13.22
	L 2	Oscar Winterburn	16	teamipswich	2:12.38
	L 3	Kai Adams	28	Halstead	2:09.80
	L 4	Edward Ormsby	17	Co Cambridge	2:07.24
	L 5	Samuel Rose	21	West Norfolk	2:09.01
	L 6	Samuel Jeffrey	17	Hatfield	2:11.41
	L 7	Patch Robinson	17	teamipswich	2:13.09
	L 8	Frank Lamb	15	Co Peterboro	2:14.51
R1	Lewis Andrews	17	Norwich Swan		
R2	Daniel McGuinness	18	Basildon Ph		
Event 402 Female 50m Backstroke					
Final	L 1	Isabelle Cameron	17	Co Peterboro	30.05
	L 2	Sophie Moore	19	Co Cambridge	29.46
	L 3	Georgia Holgate	17	Co Cambridge	29.13
	L 4	Vanesa Cimermanova	16	Co Peterboro	28.92
	L 5	Amara Addison	17	Norwich Swan	28.93
	L 6	Charley Joyce	19	Epping For't	29.34
	L 7	Eloise Cole	16	Bedford SS	29.91
	L 8	Erin Barber	14	Newmarket	30.08
R1	Isobel Mather	17	Co Cambridge		
Event 403 Open/Male 50m Freestyle					
Final	L 1	Jack Abram	19	Co Norwich	23.93
	L 2	Liam Rumball	19	Hatfield	23.87
	L 3	Samuel Rose	21	West Norfolk	23.70
	L 4	Matthew Wright	26	Team Luton	23.00
	L 5	William Ellard	18	S14 Norwich Swan	23.63
	L 6	Joshua Shepherd	16	Thurrock	23.77
	L 7	Lucas Hartley	17	Hatfield	23.92
	L 8	Ashley Coombs	23	Watford SC	23.99
R1	Ronnie Edwards	16	Rochford		
Event 404 Female 200m Butterfly					
Final	L 1	Hollie Hawkins	17	Basildon Ph	2:24.38
	L 2	Annie McLeod	16	Putteridge	2:22.57
	L 3	Cait Cotter	17	Chelmsford	2:20.26
	L 4	Sadie Hunter	16	Co Peterboro	2:17.72
	L 5	Amelia Fenner	14	Basildon Ph	2:18.50
	L 6	Chloe Butler	20	Co Norwich	2:21.96
	L 7	Olivia Greenall	15	Co Norwich	2:23.95
	L 8	Lexie O'Connor	17	Basildon Ph	2:25.04
R1	Lara Treharne	17	Co Peterboro		
Event 405 Open/Male 200m Butterfly					
Final	L 1	Kian Lee	16	Co Peterboro	2:13.49
	L 2	Jake Lloyd	29	Bishop Stort	2:12.19
	L 3	Ryan Wall	17	Co Cambridge	2:11.11
	L 4	Jake Thomas-Mansfield	24	West Suffolk	2:07.32
	L 5	Henry Dean	18	Thurrock	2:10.05
	L 6	Jacob Bacon	14	Co Peterboro	2:11.67
	L 7	Patryk Nowak	14	Co Peterboro	2:12.58
	L 8	Marcus King	16	Putteridge	2:14.63
R1	Joshua Shepherd	16	Thurrock		
R2	Ashton Blake	15	Basildon Ph		

Event 406 Female 100m Breaststroke					
Final	L 1	Caitlin Hartley	20	Hatfield	1:12.80
	L 2	Ashley Ransome	29	Hatfield	1:11.94
	L 3	Isabelle Cameron	17	Co Peterboro	1:11.48
	L 4	Jasmine Carter	15	Basildon Ph	1:09.35
	L 5	Rebecca Keetley	20	Co Cambridge	1:10.81
	L 6	Ellen Eccleston	17	Co Norwich	1:11.87
	L 7	Sarah O'Brien	28	West Norfolk	1:12.19
	L 8	Sophie Payne	22	Putteridge	1:12.99
R1	Ellie-Rose Lyon	17	Co Norwich		
Event 407 Open/Male 100m Breaststroke					
Final	L 1	Edward Ormsby	17	Co Cambridge	1:06.57
	L 2	Timon Chapman	23	Norwich Swan	1:06.28
	L 3	Lewis Andrews	17	Norwich Swan	1:05.97
	L 4	Thomas Hamilton	23	Co Cambridge	1:03.55
	L 5	Joshua Sackree	16	Co Peterboro	1:03.94
	L 6	Ben Buckley	17	Co Norwich	1:06.13
	L 7	Dominic McCarthy	22	Hoddesdon	1:06.48
	L 8	James Noble	22	Norwich Swan	1:06.81
R1	Chun Ho Chan	15	Watford SC		
R2	Charlie Ruddell	15	teamipswich		
Event 408 Female 100m IM					
Final	L 1	Jasmine Carter	15	Basildon Ph	1:06.07
	L 2	Isabelle Cameron	17	Co Peterboro	1:05.83
	L 3	Jessica Medicott	17	Dunstable	1:05.43
	L 4	Megan Pye	22	Co Norwich	1:04.97
	L 5	Grace Greenhalf	17	Co Norwich	1:05.11
	L 6	Jasmine Hall	14	Basildon Ph	1:05.59
	L 7	Sophie Moore	19	Co Cambridge	1:05.89
	L 8	Niamh James	23	Bishop Stort	1:06.47
R1	Eva Lawson	16	Berkhamsted		
Event 409 Open/Male 100m Backstroke					
Final	L 1	Timon Chapman	23	Norwich Swan	58.97
	L 2	Janos Kadar	17	Co Cambridge	58.67
	L 3	Ryan Close	16	Bedford SS	58.23
	L 4	Matthew Wright	26	Team Luton	56.58
	L 5	Oliver Baskerville	16	Hatfield	58.00
	L 6	Ronnie Edwards	16	Rochford	58.48
	L 7	Joshua Shepherd	16	Thurrock	58.79
	L 8	Oscar Winterburn	16	teamipswich	59.01
R1	Freddie Gardner	18	Thurrock		
Event 410 Female 100m Freestyle					
Final	L 1	Olivia Minett	16	Co Peterboro	58.55
	L 2	Alexa Mann	18	DunmowAtlant	57.90
	L 3	Jessica Medicott	17	Dunstable	57.89
	L 4	Skye Carter	17	Basildon Ph	55.24
	L 5	Grace Greenhalf	17	Co Norwich	56.85
	L 6	Lucy Wheeler	24	Bishop Stort	57.89
	L 7	Jasmine Hall	14	Basildon Ph	58.08
	L 8	Katerina Di Maria	16	Co Norwich	58.69
R1	Amara Addison	17	Norwich Swan		
R2	Eva Lawson	16	Berkhamsted		

PRESENTATIONS
401 - 404

PRESENTATIONS
405 - 409

Start List

Event 411 Open/Male 200m Freestyle

Final				
L 1	Oscar Hunter	15	Norwich Swan	1:56.86
L 2	Damon Elliott	20	DunmowAtlant	1:55.99
L 3	Kai Adams	28	Halstead	1:55.66
L 4	Olivier Vedrenne	19	Co Norwich	1:51.61
L 5	Alexander Volkovoy	19	Co Cambridge	1:54.63
L 6	Daniel Belsey	16	Hatfield	1:55.95
L 7	Ben Davison	19	Hatfield	1:56.09
L 8	Ryan Wall	17	Co Cambridge	1:57.25
R1	Janos Kadar	17	Co Cambridge	

Event 412 Female 200m Backstroke

Final				
L 1	Isobel Mather	17	Co Cambridge	2:19.25
L 2	Erin Barber	14	Newmarket	2:18.80
L 3	Megan Pye	22	Co Norwich	2:17.84
L 4	Niamh James	23	Bishop Stort	2:16.72
L 5	Lois Smith	14	Basildon Ph	2:17.61
L 6	Grace Robinson	15	Putteridge	2:18.38
L 7	Jessica Medlicott	17	Dunstable	2:19.15
L 8	Evangeline Pierce	17	Basildon Ph	2:19.30
R1	Lexie O'Connor	17	Basildon Ph	

Event 413 Open/Male 50m Butterfly

Final				
L 1	Samuel Rose	21	West Norfolk	25.55
L 2	Henry Dean	18	Thurrock	25.37
L 3	Joshua Shepherd	16	Thurrock	25.01
L 4	Matthew Wright	26	Team Luton	24.59
L 5	Aaron Fox	23	Co Norwich	24.65
L 6	William Ellard	18	S14 Norwich Swan	25.30
L 7	Harry Jones	24	Co Norwich	25.44
L 8	Lucas Dyson-Diaz	24	Hatfield	25.74
R1	Lewis Chapman	23	Stowmarket	
R2	Charlie Barrett	23	Co Norwich	

Event 414 Female 50m Butterfly

Final				
L 1	Grace Greenhalf	17	Co Norwich	28.90
L 2	Eloise Cole	16	Bedford SS	28.65
L 3	Charlotte Smith	17	Norwich Swan	28.24
L 4	Skye Carter	17	Basildon Ph	27.39
L 5	Millie Harris	16	West Norfolk	28.04
L 6	Georgia Holgate	17	Co Cambridge	28.28
L 7	Olivia Greenall	15	Co Norwich	28.89
L 8	Vanessa Cimermanova	16	Co Peterboro	28.97
R1	Amara Addison	17	Norwich Swan	
R2	Lara Treharne	17	Co Peterboro	

PRESENTATIONS
410 – 414 + Special

Event 415 Female 1500m Freestyle

H 2	L 1	Francesca Barber	15	Co Norwich	18:23.62
	L 2	Anabelle Kett	15	Co Peterboro	18:18.36
	L 3	Gabriella Troman	15	teamipswich	18:12.60
	L 4	Chloe Barnard	15	Basildon Ph	17:21.00
	L 5	Weronika Mikolajewska	16	Co Cambridge	18:02.00
	L 6	Cailin Hehir	16	Watford SC	18:13.48
	L 7	Florence Crowley	18	Co St Albans	18:18.89
	L 8	Amelia Saunders	16	Norwich Swan	18:36.40

Event 416 Open/Male 200m Freestyle Team

H 1	L 3	Watford SC B	Open	Watford SC	1:42.00
	L 4	City Of Peterborough		Co Peterboro	1:40.00
	L 5	Watford SC A	Open	Watford SC	1:40.00
H 2	L 1	Linslade	Open	Linslade	1:39.00
	L 2	Norwich Swan	Open	Norwich Swan	1:38.00
	L 3	Co Cambridge	Open	Co Cambridge	1:38.00
	L 4	Co Norwich	Open	Co Norwich	1:34.00
	L 5	Hatfield	Open	Hatfield	1:35.50
	L 6	DunmowAtlant	Open	DunmowAtlant	1:38.00
	L 7	Basildon Ph	Open	Basildon Ph	1:39.00
	L 8	Bishop Stort	Open	Bishop Stort	1:39.00

Event 417 Female 200m Medley Team

H 1	L 3	Watford SC B	Open	Watford SC	2:18.00
	L 4	DunmowAtlant	Open	DunmowAtlant	2:02.00
	L 5	Watford SC A	Open	Watford SC	2:10.00
H 2	L 1	City Of Peterborough B		Co Peterboro	2:00.00
	L 2	Hatfield	Open	Hatfield	1:59.50
	L 3	Co Norwich	Open	Co Norwich	1:57.00
	L 4	City Of Peterborough A		Co Peterboro	1:55.00
	L 5	Basildon Ph	Open	Basildon Ph	1:55.00
	L 6	Norwich Swan	Open	Norwich Swan	1:58.00
	L 7	Co Cambridge	Open	Co Cambridge	2:00.00
	L 8	Bishop Stort	Open	Bishop Stort	2:01.00

PRESENTATIONS
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