

## Start List

| Event 301 Female 400m IM            |     |                        |    |                 |         |
|-------------------------------------|-----|------------------------|----|-----------------|---------|
| H 1                                 | L 3 | Jorja Atkinson         | 13 | Co Cambridge    | 5:24.70 |
|                                     | L 4 | Ruby Chapman           | 18 | Norwich Swan    | 5:21.58 |
|                                     | L 5 | Esmie Kidman           | 18 | West Norfolk    | 5:22.84 |
| H 2                                 | L 2 | Charlisse Harding      | 15 | Norwich Swan    | 5:19.19 |
|                                     | L 3 | Kate Hopper            | 17 | Watford SC      | 5:10.93 |
|                                     | L 4 | Grace Robinson         | 15 | Putteridge      | 5:05.70 |
|                                     | L 5 | Summer Evason          | 15 | Watford SC      | 5:07.52 |
|                                     | L 6 | Poppy Magill           | 16 | Putteridge      | 5:12.58 |
|                                     | L 7 | Emma Cushion           | 14 | Co Peterboro    | 5:19.70 |
| H 3                                 | L 1 | Sophie Moore           | 19 | Co Cambridge    | 5:05.08 |
|                                     | L 2 | Annie McLeod           | 16 | Putteridge      | 5:04.03 |
|                                     | L 3 | Sadie Hunter           | 16 | Co Peterboro    | 5:00.67 |
|                                     | L 4 | Cait Cotter            | 17 | Chelmsford      | 4:51.40 |
|                                     | L 5 | Ruby Wheeler           | 18 | Co Norwich      | 4:52.05 |
|                                     | L 6 | Isabelle Cameron       | 17 | Co Peterboro    | 5:01.28 |
|                                     | L 7 | Amelia Fenner          | 14 | Basildon Ph     | 5:04.50 |
|                                     | L 8 | Jasmine Hall           | 14 | Basildon Ph     | 5:05.40 |
| Event 302 Open/Male 100m Backstroke |     |                        |    |                 |         |
| H 1                                 | L 2 | Corey Hare             | 18 | S14 teamipswich | 1:06.60 |
|                                     | L 3 | Toby Martin            | 17 | Harpenden       | 1:04.60 |
|                                     | L 4 | Joshua Hutchinson      | 17 | Harlow Pen      | 1:04.47 |
|                                     | L 5 | James Clarke           | 16 | Co Norwich      | 1:04.55 |
|                                     | L 6 | William Presland       | 19 | Watford SC      | 1:04.60 |
| H 2                                 | L 1 | Adam O'Neal            | 16 | Bedford SS      | 1:04.35 |
|                                     | L 2 | Noah Mann              | 17 | Newmarket       | 1:04.10 |
|                                     | L 3 | William Leese          | 16 | Co Cambridge    | 1:03.99 |
|                                     | L 4 | Parker Brewster        | 15 | Harpenden       | 1:03.76 |
|                                     | L 5 | Charlie Birdsall       | 14 | Co Cambridge    | 1:03.78 |
|                                     | L 6 | Ron Elkin              | 16 | Co Cambridge    | 1:04.02 |
|                                     | L 7 | Thomas Robb            | 16 | Halstead        | 1:04.32 |
|                                     | L 8 | Oliver Pike            | 17 | Co Norwich      | 1:04.40 |
| H 3                                 | L 1 | Archie Harris-Joy      | 14 | Co Norwich      | 1:03.70 |
|                                     | L 2 | Zach Montgomery        | 14 | Norwich Swan    | 1:03.36 |
|                                     | L 3 | Reece Burns            | 16 | Chelmsford      | 1:02.98 |
|                                     | L 4 | Hayden Thornhill       | 18 | Norwich Swan    | 1:02.70 |
|                                     | L 5 | Jude Staton            | 16 | March           | 1:02.81 |
|                                     | L 6 | Sean Connolly          | 16 | Epping For't    | 1:03.34 |
|                                     | L 7 | Evan Larthe            | 15 | Basildon Ph     | 1:03.54 |
|                                     | L 8 | Nathan Yeaman          | 17 | West Norfolk    | 1:03.76 |
| H 4                                 | L 1 | Evan McQuade           | 16 | DunmowAtlant    | 1:02.64 |
|                                     | L 2 | Kabir Patel            | 15 | Potters Bar     | 1:02.20 |
|                                     | L 3 | Robert Fenner          | 16 | Basildon Ph     | 1:02.01 |
|                                     | L 4 | Albert Orley           | 16 | Braintree       | 1:01.89 |
|                                     | L 5 | Freddie Gardner        | 18 | Thurrock        | 1:01.90 |
|                                     | L 6 | Ewan Thompson          | 18 | St Ives         | 1:02.15 |
|                                     | L 7 | Naim Harvey            | 16 | Basildon Ph     | 1:02.37 |
|                                     | L 8 | Jan Beblot             | 15 | Norwich Swan    | 1:02.66 |
| H 5                                 | L 1 | Thomas Ford            | 18 | Basildon Ph     | 1:01.50 |
|                                     | L 2 | Danylo Kravchenko      | 15 | New Hall        | 1:00.45 |
|                                     | L 3 | Daniel McGuinness      | 18 | Basildon Ph     | 59.52   |
|                                     | L 4 | Oliver Baskerville     | 16 | Hatfield        | 57.86   |
|                                     | L 5 | Joshua Shepherd        | 16 | Thurrock        | 58.40   |
|                                     | L 6 | Oscar Winterburn       | 16 | teamipswich     | 1:00.16 |
|                                     | L 7 | Cameron Jones          | 18 | Bedford SS      | 1:00.99 |
|                                     | L 8 | Matthew Brown          | 19 | Stowmarket      | 1:01.83 |
| H 6                                 | L 1 | Jack Osborne           | 17 | Deben           | 1:01.17 |
|                                     | L 2 | Lloyd Battisson        | 19 | Team Waveney    | 1:00.44 |
|                                     | L 3 | Timon Chapman          | 23 | Norwich Swan    | 59.41   |
|                                     | L 4 | Ryan Close             | 16 | Bedford SS      | 57.48   |
|                                     | L 5 | Ronnie Edwards         | 16 | Rochford        | 58.10   |
|                                     | L 6 | Oliver Smith           | 17 | Basildon Ph     | 59.90   |
|                                     | L 7 | Adrien Storck-Wihlidal | 17 | Bishop Stort    | 1:00.90 |
|                                     | L 8 | Archie Tebbutt         | 14 | New Hall        | 1:01.80 |

| H 7                             | L 1 | Marton Molnar        | 15 | Co Cambridge | 1:01.17 |
|---------------------------------|-----|----------------------|----|--------------|---------|
|                                 | L 2 | Ethan Thorpe         | 15 | Basildon Ph  | 1:00.20 |
|                                 | L 3 | Joshua Parker        | 15 | Braintree    | 58.60   |
|                                 | L 4 | Matthew Wright       | 26 | Team Luton   | 54.89   |
|                                 | L 5 | Lucas Dyson-Diaz     | 24 | Hatfield     | 57.87   |
|                                 | L 6 | Janos Kadar          | 17 | Co Cambridge | 59.70   |
|                                 | L 7 | Rafferty May         | 16 | Watford SC   | 1:00.74 |
|                                 | L 8 | Oliver Frame         | 19 | Norwich Swan | 1:01.60 |
| Event 303 Female 100m Freestyle |     |                      |    |              |         |
| H 1                             | L 2 | Tia Sammut           | 13 | Bedford SS   | 1:01.99 |
|                                 | L 3 | Millie Richardson    | 18 | Hatfield     | 1:01.93 |
|                                 | L 4 | Honor Beverstock     | 15 | Hatfield     | 1:01.86 |
|                                 | L 5 | Charlotte Pound      | 15 | Putteridge   | 1:01.90 |
|                                 | L 6 | Isabelle Talbot      | 17 | Braintree    | 1:01.95 |
| H 2                             | L 1 | Melike Dagdelen      | 15 | Putteridge   | 1:01.80 |
|                                 | L 2 | Evie Greenhalf       | 14 | Co Norwich   | 1:01.50 |
|                                 | L 3 | Amy Harper           | 17 | Watford SC   | 1:01.43 |
|                                 | L 4 | Erin Woodrow         | 17 | West Norfolk | 1:01.40 |
|                                 | L 5 | Imola Jozsa          | 18 | Hatfield     | 1:01.40 |
|                                 | L 6 | Lily Farr            | 16 | Bedford SS   | 1:01.50 |
|                                 | L 7 | Imogen Duffen        | 18 | Co Cambridge | 1:01.70 |
|                                 | L 8 | Kitty Lamb           | 13 | Co Peterboro | 1:01.83 |
| H 3                             | L 1 | Amelia Porzio        | 16 | Putteridge   | 1:01.30 |
|                                 | L 2 | Evelyn Clarke        | 16 | Witham Dolph | 1:01.09 |
|                                 | L 3 | Phoebe Howard        | 17 | Norwich Swan | 1:00.94 |
|                                 | L 4 | Francesca Barber     | 15 | Co Norwich   | 1:00.90 |
|                                 | L 5 | Ashley Ransome       | 29 | Hatfield     | 1:00.91 |
|                                 | L 6 | Emily-Grace Bentley  | 14 | Basildon Ph  | 1:00.99 |
|                                 | L 7 | Valentina Tinnirello | 14 | Potters Bar  | 1:01.10 |
|                                 | L 8 | Elizabeth Wright     | 17 | West Suffolk | 1:01.33 |
| H 4                             | L 1 | Erin Uttridge        | 15 | teamipswich  | 1:00.70 |
|                                 | L 2 | Bryony Thornton      | 18 | Co Cambridge | 1:00.50 |
|                                 | L 3 | Gabriela Gomez       | 17 | Potters Bar  | 1:00.25 |
|                                 | L 4 | Ruby Greenhalf       | 19 | Co Norwich   | 1:00.10 |
|                                 | L 5 | Katie Jeffrey        | 20 | Hatfield     | 1:00.18 |
|                                 | L 6 | Erin Currie          | 16 | Hatfield     | 1:00.30 |
|                                 | L 7 | Bethany Rumsby       | 15 | Norwich Swan | 1:00.50 |
|                                 | L 8 | Genevieve White      | 16 | Co Cambridge | 1:00.80 |
| H 5                             | L 1 | Ruby Chapman         | 18 | Norwich Swan | 1:00.01 |
|                                 | L 2 | Cailin Hehir         | 16 | Watford SC   | 59.88   |
|                                 | L 3 | Mia Lowe             | 17 | Basildon Ph  | 59.75   |
|                                 | L 4 | Ella Dawson          | 16 | Chelmsford   | 59.48   |
|                                 | L 5 | Isabel Thomas        | 16 | Newmarket    | 59.50   |
|                                 | L 6 | Erin Barber          | 14 | Newmarket    | 59.84   |
|                                 | L 7 | Emma Fields          | 18 | Bishop Stort | 59.94   |
|                                 | L 8 | Amelia Lewis         | 15 | teamipswich  | 1:00.10 |
| H 6                             | L 1 | Daisy Russell        | 16 | DunmowAtlant | 59.10   |
|                                 | L 2 | Ever Ives            | 15 | Hatfield     | 58.70   |
|                                 | L 3 | Olivia Minett        | 16 | Co Peterboro | 58.10   |
|                                 | L 4 | Alexa Mann           | 18 | DunmowAtlant | 57.20   |
|                                 | L 5 | Jessica Medlicott    | 17 | Dunstable    | 57.96   |
|                                 | L 6 | Jasmine Hall         | 14 | Basildon Ph  | 58.20   |
|                                 | L 7 | Amara Addison        | 17 | Norwich Swan | 58.80   |
|                                 | L 8 | Amelia Fenner        | 14 | Basildon Ph  | 59.44   |
| H 7                             | L 1 | Eva Lawson           | 16 | Berkhamsted  | 58.97   |
|                                 | L 2 | Shahd Mohamed        | 17 | Co Peterboro | 58.53   |
|                                 | L 3 | Sophie Palmer        | 15 | Basildon Ph  | 58.08   |
|                                 | L 4 | Grace Greenhalf      | 17 | Co Norwich   | 56.27   |
|                                 | L 5 | Isobel Mather        | 17 | Co Cambridge | 57.40   |
|                                 | L 6 | Eloise Cole          | 16 | Bedford SS   | 58.20   |
|                                 | L 7 | Olivia Greenall      | 15 | Co Norwich   | 58.80   |
|                                 | L 8 | Jessica Shaw         | 19 | Co Peterboro | 59.30   |

# Swim England East Region

## 2024 Short Course Championships

### Session Three

#### Start List

|                                           |     |                        |    |     |              |         |                                       |     |                    |                  |              |          |
|-------------------------------------------|-----|------------------------|----|-----|--------------|---------|---------------------------------------|-----|--------------------|------------------|--------------|----------|
| H 8                                       | L 1 | Millie Harris          | 16 |     | West Norfolk | 58.87   | <u>Event 305 Female 50m Butterfly</u> |     |                    |                  |              |          |
|                                           | L 2 | Katerina Di Maria      | 16 |     | Co Norwich   | 58.30   | H 1                                   | L 2 | Eva-May Bowie      | 13               | Bedford SS   | 31.20    |
|                                           | L 3 | Georgia Holgate        | 17 |     | Co Cambridge | 58.00   |                                       | L 3 | Lois Smith         | 14               | Basildon Ph  | 31.19    |
|                                           | L 4 | Skye Carter            | 17 |     | Basildon Ph  | 54.30   |                                       | L 4 | Kitty Lamb         | 13               | Co Peterboro | 31.10    |
|                                           | L 5 | Lucy Wheeler           | 24 |     | Bishop Stort | 57.30   |                                       | L 5 | Maddison Whittaker | 20               | Watford SC   | 31.13    |
|                                           | L 6 | Alexandra Nurney       | 14 |     | Hatfield     | 58.20   |                                       | L 6 | Summer Boswell     | 16               | Hatfield     | 31.20    |
|                                           | L 7 | Jessica-Jane Applegate | 28 | S14 | Co Norwich   | 58.70   |                                       | L 7 | Amber Flitton      | 15               | Dunstable    | 31.23    |
|                                           | L 8 | Anabelle Kett          | 15 |     | Co Peterboro | 59.20   |                                       |     |                    |                  |              |          |
| <u>Event 304 Open/Male 200m Freestyle</u> |     |                        |    |     |              |         |                                       | H 2 | L 1                | Honor Beverstock | 15           | Hatfield |
| H 1                                       | L 1 | Corey Hare             | 18 | S14 | teamipswich  | 2:10.58 | L 2                                   |     | Polly Munson       | 17               | Cheshunt     | 31.00    |
|                                           | L 2 | Dylan Nutt             | 25 |     | DunmowAtlant | 2:04.71 | L 3                                   |     | Ruby Brace         | 16               | Co Peterboro | 31.00    |
|                                           | L 3 | Daniel Grimmer         | 18 |     | West Norfolk | 2:04.34 | L 4                                   |     | Louise Webster     | 17               | Thurrock     | 30.90    |
|                                           | L 4 | William Hughes         | 14 |     | Basildon Ph  | 2:04.20 | L 5                                   |     | Olivia Bradford    | 13               | West Norfolk | 30.90    |
|                                           | L 5 | Roan Brennan           | 18 | S10 | Basildon Ph  | 2:04.30 | L 6                                   |     | Amelia Porzio      | 16               | Putteridge   | 31.00    |
|                                           | L 6 | Billy Cyl              | 16 |     | Ware         | 2:04.37 | L 7                                   |     | Naomi Rose Conday  | 14               | Bishop Stort | 31.00    |
|                                           | L 7 | Charlie Birdsall       | 14 |     | Co Cambridge | 2:04.75 | L 8                                   |     | Niamh Chambers     | 15               | DunmowAtlant | 31.10    |
|                                           | L 8 | Samuel Black           | 17 | S14 | Co Norwich   | 2:19.13 |                                       |     |                    |                  |              |          |
| H 2                                       | L 1 | B Macdonald-Williams   | 16 |     | Bishop Stort | 2:03.71 | H 3                                   | L 1 | Caitlin Hartley    | 20               | Hatfield     | 30.87    |
|                                           | L 2 | Marcus King            | 16 |     | Putteridge   | 2:03.53 |                                       | L 2 | Tia Sammut         | 13               | Bedford SS   | 30.80    |
|                                           | L 3 | Theo Bari              | 16 |     | Saffron Wald | 2:03.31 |                                       | L 3 | Isabella Green     | 18               | Co Norwich   | 30.70    |
|                                           | L 4 | Ashton Blake           | 15 |     | Basildon Ph  | 2:02.58 |                                       | L 4 | Lily Steel         | 14               | teamipswich  | 30.69    |
|                                           | L 5 | Cameron Jones          | 18 |     | Bedford SS   | 2:03.31 |                                       | L 5 | Jasmine Scott      | 13               | Co St Albans | 30.70    |
|                                           | L 6 | Dylan Davenport        | 15 |     | Bishop Stort | 2:03.50 |                                       | L 6 | Lucy Clarke        | 14               | Chelmsford   | 30.80    |
|                                           | L 7 | Oliver Smith           | 17 |     | Basildon Ph  | 2:03.67 |                                       | L 7 | Lexie Sandiford    | 13               | Putteridge   | 30.80    |
|                                           | L 8 | Benjamin Taggart       | 17 |     | Watford SC   | 2:03.88 |                                       | L 8 | Edie Newell        | 17               | Chelmsford   | 30.90    |
| H 3                                       | L 1 | Henry Dean             | 18 |     | Thurrock     | 2:02.44 | H 4                                   | L 1 | Edie Foster        | 13               | Bishop Stort | 30.60    |
|                                           | L 2 | Oliver Clark           | 16 |     | Witham Dolph | 2:02.33 |                                       | L 2 | Matilda Stokes     | 13               | Co Peterboro | 30.60    |
|                                           | L 3 | Oliver Fuller          | 14 |     | Co Cambridge | 2:02.30 |                                       | L 3 | Hollie Gilbertson  | 15               | Co Norwich   | 30.50    |
|                                           | L 4 | Jack Barnard           | 19 |     | Watford SC   | 2:01.86 |                                       | L 4 | Phoebe Howard      | 17               | Norwich Swan | 30.40    |
|                                           | L 5 | Finlay Neve            | 16 |     | Co Norwich   | 2:02.20 |                                       | L 5 | Poppy Magill       | 16               | Putteridge   | 30.48    |
|                                           | L 6 | George Carter          | 16 |     | Co Cambridge | 2:02.32 |                                       | L 6 | Freya May          | 14               | Leiston      | 30.60    |
|                                           | L 7 | Charlie McKinnon       | 17 |     | Norwich Swan | 2:02.38 |                                       | L 7 | Evelyn Clarke      | 16               | Witham Dolph | 30.60    |
|                                           | L 8 | Daniel Meier           | 17 |     | Biggleswade  | 2:02.57 |                                       | L 8 | Sophie Roberts     | 15               | teamipswich  | 30.66    |
| H 4                                       | L 1 | Daryl Rands            | 27 |     | Colchester   | 2:01.69 | H 5                                   | L 1 | Rebecca Brown      | 17               | West Suffolk | 30.38    |
|                                           | L 2 | Billy Mead             | 19 |     | Linslade     | 2:01.23 |                                       | L 2 | Melike Dagdelen    | 15               | Putteridge   | 30.20    |
|                                           | L 3 | Samuel Rose            | 21 |     | West Norfolk | 2:00.90 |                                       | L 3 | Hollie Hawkins     | 17               | Basildon Ph  | 30.20    |
|                                           | L 4 | Jake Lloyd             | 29 |     | Bishop Stort | 2:00.77 |                                       | L 4 | Charlotte Pound    | 15               | Putteridge   | 30.10    |
|                                           | L 5 | Jacob Bacon            | 14 |     | Co Peterboro | 2:00.90 |                                       | L 5 | Megan Jones        | 20               | Biggleswade  | 30.13    |
|                                           | L 6 | Finlay Arnup           | 17 |     | Norwich Swan | 2:00.95 |                                       | L 6 | Mia Macklin        | 16               | Braintree    | 30.20    |
|                                           | L 7 | Frank Jacob            | 15 |     | Co Cambridge | 2:01.40 |                                       | L 7 | Katie Jeffrey      | 20               | Hatfield     | 30.20    |
|                                           | L 8 | Ben Howlett            | 17 |     | teamipswich  | 2:01.75 |                                       | L 8 | Genevieve White    | 16               | Co Cambridge | 30.40    |
| H 5                                       | L 1 | Ethan Thorpe           | 15 |     | Basildon Ph  | 1:59.90 | H 6                                   | L 1 | Teah Gregory       | 16               | Stevenage    | 30.06    |
|                                           | L 2 | Joshua Ellis           | 18 |     | Hatfield     | 1:59.20 |                                       | L 2 | Bryony Thornton    | 18               | Co Cambridge | 30.00    |
|                                           | L 3 | Oscar Hunter           | 15 |     | Norwich Swan | 1:57.60 |                                       | L 3 | Imola Jozsa        | 18               | Hatfield     | 30.00    |
|                                           | L 4 | Kai Adams              | 28 |     | Halstead     | 1:55.03 |                                       | L 4 | Sarah O'Brien      | 28               | West Norfolk | 29.90    |
|                                           | L 5 | Olivier Vedrenne       | 19 |     | Co Norwich   | 1:55.30 |                                       | L 5 | Isabelle Cameron   | 17               | Co Peterboro | 29.91    |
|                                           | L 6 | Joshua Sackree         | 16 |     | Co Peterboro | 1:58.56 |                                       | L 6 | Kate Hopper        | 17               | Watford SC   | 30.00    |
|                                           | L 7 | Janos Kadar            | 17 |     | Co Cambridge | 1:59.40 |                                       | L 7 | Elise Delapperall  | 18               | Thurrock     | 30.00    |
|                                           | L 8 | Ryan Close             | 16 |     | Bedford SS   | 2:00.63 |                                       | L 8 | Ellie-Rose Lyon    | 17               | Co Norwich   | 30.10    |
| H 6                                       | L 1 | Thomas Ford            | 18 |     | Basildon Ph  | 1:59.73 | H 7                                   | L 1 | Evie Greenhalf     | 14               | Co Norwich   | 29.50    |
|                                           | L 2 | Nathan Birchenough     | 17 |     | Norwich Swan | 1:59.12 |                                       | L 2 | Lilianna Sopala    | 14               | Hoddesdon    | 29.40    |
|                                           | L 3 | Ryan Wall              | 17 |     | Co Cambridge | 1:56.30 |                                       | L 3 | Daisy Russell      | 16               | DunmowAtlant | 29.30    |
|                                           | L 4 | Daniel Belsey          | 16 |     | Hatfield     | 1:54.30 |                                       | L 4 | Amelia Fenner      | 14               | Basildon Ph  | 29.20    |
|                                           | L 5 | Callum Cox             | 18 |     | Co Norwich   | 1:55.10 |                                       | L 5 | Ever Ives          | 15               | Hatfield     | 29.20    |
|                                           | L 6 | Jack Abram             | 19 |     | Co Norwich   | 1:58.20 |                                       | L 6 | Jessica Shaw       | 19               | Co Peterboro | 29.33    |
|                                           | L 7 | Conor Mint             | 15 |     | Basildon Ph  | 1:59.32 |                                       | L 7 | Emily Pitcher      | 16               | Norwich Swan | 29.50    |
|                                           | L 8 | Adam O'Neal            | 16 |     | Bedford SS   | 1:59.96 |                                       | L 8 | Sadie Hunter       | 16               | Co Peterboro | 29.80    |
| H 7                                       | L 1 | Robert Fenner          | 16 |     | Basildon Ph  | 1:59.48 | H 8                                   | L 1 | Alexa Mann         | 18               | DunmowAtlant | 29.00    |
|                                           | L 2 | Joe Power              | 17 |     | Basildon Ph  | 1:58.81 |                                       | L 2 | Olivia Minett      | 16               | Co Peterboro | 28.70    |
|                                           | L 3 | Ben Davison            | 19 |     | Hatfield     | 1:56.00 |                                       | L 3 | Vanesa Cimermanova | 16               | Co Peterboro | 28.20    |
|                                           | L 4 | Alexander Volkovoy     | 19 |     | Co Cambridge | 1:51.30 |                                       | L 4 | Millie Harris      | 16               | West Norfolk | 27.50    |
|                                           | L 5 | Max Arnold             | 18 |     | Harlow Pen   | 1:55.10 |                                       | L 5 | Georgia Holgate    | 17               | Co Cambridge | 27.96    |
|                                           | L 6 | Damon Elliott          | 20 |     | DunmowAtlant | 1:57.70 |                                       | L 6 | Emma Fields        | 18               | Bishop Stort | 28.40    |
|                                           | L 7 | Kian Lee               | 16 |     | Co Peterboro | 1:59.30 |                                       | L 7 | Amara Addison      | 17               | Norwich Swan | 28.85    |
|                                           | L 8 | Luke Martell           | 18 |     | Watford SC   | 1:59.91 |                                       | L 8 | Ayla Zolfaghari    | 13               | Epping Fort  | 29.10    |

## Start List

|                                          |     |                    |    |              |       |      |     |                       |    |              |       |
|------------------------------------------|-----|--------------------|----|--------------|-------|------|-----|-----------------------|----|--------------|-------|
| H 9                                      | L 1 | Anouk Zecchini     | 18 | Co Cambridge | 28.95 | H 7  | L 1 | James Noble           | 22 | Norwich Swan | 27.09 |
|                                          | L 2 | Shahd Mohamed      | 17 | Co Peterboro | 28.66 |      | L 2 | Finlay Neve           | 16 | Co Norwich   | 27.00 |
|                                          | L 3 | Grace Greenhalf    | 17 | Co Norwich   | 28.10 |      | L 3 | Joshua Needham        | 17 | St Neot Swan | 26.97 |
|                                          | L 4 | Eloise Cole        | 16 | Bedford SS   | 27.20 |      | L 4 | Maxwell Hozier        | 15 | Hoddesdon    | 26.90 |
|                                          | L 5 | Jasmine Carter     | 15 | Basildon Ph  | 27.70 |      | L 5 | Joshua Sackree        | 16 | Co Peterboro | 26.90 |
|                                          | L 6 | Isobel Mather      | 17 | Co Cambridge | 28.40 |      | L 6 | Volodymyr Ignatiev    | 15 | Bishop Stort | 27.00 |
|                                          | L 7 | Lara Treharne      | 17 | Co Peterboro | 28.77 |      | L 7 | Benedict Measures     | 19 | Norwich Swan | 27.00 |
|                                          | L 8 | Amy Boreham        | 18 | Watford SC   | 29.00 |      | L 8 | Harry Hudson          | 19 | Norwich Swan | 27.10 |
| H 10                                     | L 1 | Chloe Armstrong    | 17 | teamipswich  | 28.90 | H 8  | L 1 | Lucas Hartley         | 17 | Hatfield     | 26.83 |
|                                          | L 2 | Ruby Greenhalf     | 19 | Co Norwich   | 28.60 |      | L 2 | Wilfred Warwick       | 14 | Co Cambridge | 26.80 |
|                                          | L 3 | Sophie Palmer      | 15 | Basildon Ph  | 28.00 |      | L 3 | Jude Gunner           | 15 | Norwich Swan | 26.80 |
|                                          | L 4 | Skye Carter        | 17 | Basildon Ph  | 26.90 |      | L 4 | Jack Barnard          | 19 | Watford SC   | 26.70 |
|                                          | L 5 | Charlotte Smith    | 17 | Norwich Swan | 27.50 |      | L 5 | Joe Power             | 17 | Basildon Ph  | 26.70 |
|                                          | L 6 | Ashley Ransome     | 29 | Hatfield     | 28.40 |      | L 6 | Archie Tebbutt        | 14 | New Hall     | 26.80 |
|                                          | L 7 | Olivia Greenall    | 15 | Co Norwich   | 28.77 |      | L 7 | Jack Osborne          | 17 | Deben        | 26.82 |
|                                          | L 8 | Alexandra Nurney   | 14 | Hatfield     | 29.00 |      | L 8 | Harry Cooper          | 16 | Rochford     | 26.86 |
| <b>Event 306 Open/Male 50m Butterfly</b> |     |                    |    |              |       |      |     |                       |    |              |       |
| H 1                                      | L 1 | Daniel Grimmer     | 18 | West Norfolk | 28.20 | H 9  | L 1 | Sean Connolly         | 16 | Epping For't | 26.70 |
|                                          | L 2 | Rafael Corliano    | 14 | Co Cambridge | 28.10 |      | L 2 | Samuel Rose           | 21 | West Norfolk | 26.60 |
|                                          | L 3 | Aiden Futter       | 16 | Norwich Swan | 28.10 |      | L 3 | Ronnie Edwards        | 16 | Rochford     | 26.60 |
|                                          | L 4 | Lee Boka           | 16 | Basildon Ph  | 27.93 |      | L 4 | Devesh Kapoor         | 21 | Co Norwich   | 26.50 |
|                                          | L 5 | Kieran Ng          | 14 | Co Peterboro | 27.98 |      | L 5 | Liam Rumball          | 19 | Hatfield     | 26.51 |
|                                          | L 6 | Hayden Garrod      | 16 | Team Waveney | 28.10 |      | L 6 | Dylan Davenport       | 15 | Bishop Stort | 26.60 |
|                                          | L 7 | Charles Sinclair   | 28 | Ware         | 28.10 |      | L 7 | Ashley Coombs         | 23 | Watford SC   | 26.64 |
|                                          | L 8 | Kabir Patel        | 15 | Potters Bar  | 28.23 |      | L 8 | Ethan Martin          | 19 | Thurrock     | 26.70 |
| H 2                                      | L 1 | Rhys Thomas        | 16 | Linslade     | 27.90 | H 10 | L 1 | Toby Martin           | 17 | Harpenden    | 26.20 |
|                                          | L 2 | Ayobami Akindele   | 16 | Thurrock     | 27.90 |      | L 2 | Lewis Chapman         | 23 | Stowmarket   | 25.80 |
|                                          | L 3 | Samuel Winslow     | 17 | Co Cambridge | 27.80 |      | L 3 | Harry Jones           | 24 | Co Norwich   | 24.80 |
|                                          | L 4 | Marcus King        | 16 | Putteridge   | 27.80 |      | L 4 | Joshua Shepherd       | 16 | Thurrock     | 24.20 |
|                                          | L 5 | Adam Hazlewood     | 20 | Putteridge   | 27.80 |      | L 5 | James Woodward        | 24 | Hatfield     | 24.60 |
|                                          | L 6 | Daniel Chandler    | 22 | Linslade     | 27.86 |      | L 6 | Jack Abram            | 19 | Co Norwich   | 25.60 |
|                                          | L 7 | Daniel Meier       | 17 | Biggleswade  | 27.90 |      | L 7 | Timon Chapman         | 23 | Norwich Swan | 26.00 |
|                                          | L 8 | Jeffrey Gill       | 17 | Watford SC   | 27.92 |      | L 8 | Daryl Rands           | 27 | Colchester   | 26.40 |
| H 3                                      | L 1 | Cub Maddison       | 18 | Harpenden    | 27.70 | H 11 | L 1 | Riley Hall            | 17 | Co Cambridge | 26.10 |
|                                          | L 2 | Joshua Ellis       | 18 | Hatfield     | 27.65 |      | L 2 | Oscar Winterburn      | 16 | teamipswich  | 25.80 |
|                                          | L 3 | Daniel Boboye      | 17 | DunmowAtlant | 27.60 |      | L 3 | Lucas Dyson-Diaz      | 24 | Hatfield     | 24.78 |
|                                          | L 4 | Sam Mead           | 22 | Linslade     | 27.50 |      | L 4 | Matthew Wright        | 26 | Team Luton   | 24.10 |
|                                          | L 5 | Roan Brennan       | 18 | Basildon Ph  | 27.60 |      | L 5 | Henry Dean            | 18 | Thurrock     | 24.30 |
|                                          | L 6 | Danylo Snitko      | 16 | Watford SC   | 27.62 |      | L 6 | Joshua Parker         | 15 | Braintree    | 25.40 |
|                                          | L 7 | Dominic Stachura   | 17 | Dunstable    | 27.70 |      | L 7 | Charlie Barrett       | 23 | Co Norwich   | 26.00 |
|                                          | L 8 | James McGettigan   | 15 | Thurrock     | 27.70 |      | L 8 | Matthew Brown         | 19 | Stowmarket   | 26.30 |
| H 4                                      | L 1 | Nathan Birchenough | 17 | Norwich Swan | 27.49 | H 12 | L 1 | Damon Elliott         | 20 | DunmowAtlant | 26.10 |
|                                          | L 2 | Finlay Arnup       | 17 | Norwich Swan | 27.40 |      | L 2 | Danylo Kravchenko     | 15 | New Hall     | 25.80 |
|                                          | L 3 | Billy Cyl          | 16 | Ware         | 27.40 |      | L 3 | Callum Cox            | 18 | Co Norwich   | 24.70 |
|                                          | L 4 | Benjamin Every     | 16 | St Felix Sch | 27.40 |      | L 4 | Aaron Fox             | 23 | Co Norwich   | 24.02 |
|                                          | L 5 | Oscar Hunter       | 15 | Norwich Swan | 27.40 |      | L 5 | William Ellard        | 18 | Norwich Swan | 24.30 |
|                                          | L 6 | Naim Harvey        | 16 | Basildon Ph  | 27.40 |      | L 6 | Jake Thomas-Mansfield | 24 | West Suffolk | 25.40 |
|                                          | L 7 | Frank Jacob        | 15 | Co Cambridge | 27.40 |      | L 7 | Matthew Titman        | 23 | Co Cambridge | 26.00 |
|                                          | L 8 | Freddie Gardner    | 18 | Thurrock     | 27.50 |      | L 8 | Oliver Pike           | 17 | Co Norwich   | 26.20 |
| H 5                                      | L 1 | Lloyd Battisson    | 19 | Team Waveney | 27.37 |      |     |                       |    |              |       |
|                                          | L 2 | Lazaros Giarenis   | 15 | Co Norwich   | 27.30 |      |     |                       |    |              |       |
|                                          | L 3 | Dylan Nutt         | 25 | DunmowAtlant | 27.20 |      |     |                       |    |              |       |
|                                          | L 4 | Noah Mann          | 17 | Newmarket    | 27.20 |      |     |                       |    |              |       |
|                                          | L 5 | Luke Morley        | 17 | Hitchin      | 27.20 |      |     |                       |    |              |       |
|                                          | L 6 | Daniel Williams    | 16 | Hatfield     | 27.20 |      |     |                       |    |              |       |
|                                          | L 7 | Theo Bari          | 16 | Saffron Wald | 27.30 |      |     |                       |    |              |       |
|                                          | L 8 | Ewan Thompson      | 18 | St Ives      | 27.40 |      |     |                       |    |              |       |
| H 6                                      | L 1 | Jacob Bacon        | 14 | Co Peterboro | 27.20 |      |     |                       |    |              |       |
|                                          | L 2 | Billy Mead         | 19 | Linslade     | 27.10 |      |     |                       |    |              |       |
|                                          | L 3 | Saxon Minto        | 16 | Chelmsford   | 27.10 |      |     |                       |    |              |       |
|                                          | L 4 | Riley Bashford     | 18 | Deben        | 27.10 |      |     |                       |    |              |       |
|                                          | L 5 | Jake Lloyd         | 29 | Bishop Stort | 27.10 |      |     |                       |    |              |       |
|                                          | L 6 | Kian Lee           | 16 | Co Peterboro | 27.10 |      |     |                       |    |              |       |
|                                          | L 7 | Charlie Stanbury   | 19 | Potters Bar  | 27.15 |      |     |                       |    |              |       |
|                                          | L 8 | Rhys Burrell       | 17 | West Norfolk | 27.20 |      |     |                       |    |              |       |

## Start List

### Event 307 Female 200m Backstroke

|     |     |                       |    |              |         |
|-----|-----|-----------------------|----|--------------|---------|
| H 1 | L 2 | Lola Wonfor           | 15 | New Hall     | 2:31.46 |
|     | L 3 | Katerina Di Maria     | 16 | Co Norwich   | 2:31.00 |
|     | L 4 | Cassandra Pereira     | 14 | Hatfield     | 2:30.96 |
|     | L 5 | Z Jaramillo Obcowska  | 17 | Epping Fort  | 2:31.00 |
|     | L 6 | Abigail Davis         | 14 | Bedford SS   | 2:31.18 |
|     | L 7 | Bethany Rumsby        | 15 | Norwich Swan | 2:31.87 |
| H 2 | L 1 | Mia Nelson            | 13 | Cheshunt     | 2:30.58 |
|     | L 2 | Summer Boswell        | 16 | Hatfield     | 2:30.46 |
|     | L 3 | Chloe Bellamy         | 17 | West Norfolk | 2:30.38 |
|     | L 4 | Kate Hopper           | 17 | Watford SC   | 2:30.20 |
|     | L 5 | Erin Woodrow          | 17 | West Norfolk | 2:30.37 |
|     | L 6 | Maia Thompson         | 16 | Team Waveney | 2:30.38 |
|     | L 7 | Emilia Rayner         | 15 | Halstead     | 2:30.48 |
|     | L 8 | Sophie Roberts        | 15 | teamipswich  | 2:30.85 |
| H 3 | L 1 | Megan Barnicoat       | 13 | Co Peterboro | 2:29.78 |
|     | L 2 | Eva Lawson            | 16 | Berkhamsted  | 2:29.51 |
|     | L 3 | Hollie Gilbertson     | 15 | Co Norwich   | 2:29.46 |
|     | L 4 | Isabella Savage       | 15 | Potters Bar  | 2:29.31 |
|     | L 5 | Charlotte Low         | 15 | Chelmsford   | 2:29.41 |
|     | L 6 | Lily Steel            | 14 | teamipswich  | 2:29.50 |
|     | L 7 | Ella Dawson           | 16 | Chelmsford   | 2:29.60 |
|     | L 8 | Sophie O'Rorke        | 17 | DunmowAtlant | 2:29.96 |
| H 4 | L 1 | Lily Farr             | 16 | Bedford SS   | 2:29.09 |
|     | L 2 | Emilia Johnson        | 15 | Norwich Swan | 2:28.76 |
|     | L 3 | Lucy Clarke           | 14 | Chelmsford   | 2:28.28 |
|     | L 4 | Lucy Calver           | 16 | Biggleswade  | 2:27.72 |
|     | L 5 | Bethany Hamer         | 17 | Linslade     | 2:27.90 |
|     | L 6 | Olivia Mendham        | 16 | DunmowAtlant | 2:28.41 |
|     | L 7 | Amelia Lewis          | 15 | teamipswich  | 2:28.92 |
|     | L 8 | Holly Enright         | 17 | Watford SC   | 2:29.29 |
| H 5 | L 1 | Tia Sammut            | 13 | Bedford SS   | 2:27.59 |
|     | L 2 | Poppy Magill          | 16 | Putteridge   | 2:26.64 |
|     | L 3 | Camille Vannier       | 17 | Hatfield     | 2:26.07 |
|     | L 4 | Genevieve White       | 16 | Co Cambridge | 2:25.50 |
|     | L 5 | Sophie Green          | 17 | Hatfield     | 2:25.96 |
|     | L 6 | Georgina Munday       | 20 | Co Norwich   | 2:26.45 |
|     | L 7 | Emma Cushion          | 14 | Co Peterboro | 2:27.08 |
|     | L 8 | Phoebe Matthews       | 17 | Hatfield     | 2:27.70 |
| H 6 | L 1 | Erin Currie           | 16 | Hatfield     | 2:25.16 |
|     | L 2 | Amy Harper            | 17 | Watford SC   | 2:21.95 |
|     | L 3 | Francesca Howell      | 16 | New Hall     | 2:18.80 |
|     | L 4 | Charley Joyce         | 19 | Epping Fort  | 2:17.09 |
|     | L 5 | Isobel Mather         | 17 | Co Cambridge | 2:17.68 |
|     | L 6 | Charlie Duce          | 15 | Bedford SS   | 2:20.46 |
|     | L 7 | Weronika Mikolajewska | 16 | Co Cambridge | 2:23.97 |
|     | L 8 | Jessica Medicott      | 17 | Dunstable    | 2:25.34 |
| H 7 | L 1 | Eloise Cole           | 16 | Bedford SS   | 2:25.07 |
|     | L 2 | Emily Pitcher         | 16 | Norwich Swan | 2:21.11 |
|     | L 3 | Megan Pye             | 22 | Co Norwich   | 2:18.53 |
|     | L 4 | Grace Robinson        | 15 | Putteridge   | 2:16.62 |
|     | L 5 | Lois Smith            | 14 | Basildon Ph  | 2:17.29 |
|     | L 6 | Jessica Keogh         | 20 | Hatfield     | 2:20.43 |
|     | L 7 | Summer Evason         | 15 | Watford SC   | 2:23.75 |
|     | L 8 | Gabriella Meyer       | 15 | DunmowAtlant | 2:25.29 |
| H 8 | L 1 | Chloe Barnard         | 15 | Basildon Ph  | 2:24.32 |
|     | L 2 | Amara Addison         | 17 | Norwich Swan | 2:20.75 |
|     | L 3 | Lexie O'Connor        | 17 | Basildon Ph  | 2:17.97 |
|     | L 4 | Evangeline Pierce     | 17 | Basildon Ph  | 2:14.11 |
|     | L 5 | Niamh James           | 23 | Bishop Stort | 2:17.27 |
|     | L 6 | Vanesa Cimermanova    | 16 | Co Peterboro | 2:19.80 |
|     | L 7 | Erin Barber           | 14 | Newmarket    | 2:23.60 |
|     | L 8 | Adrija Raudonyte      | 16 | Newmarket    | 2:25.17 |

### Event 308 Mixed 200m Freestyle Team

|     |     |                        |      |              |         |
|-----|-----|------------------------|------|--------------|---------|
| H 1 | L 3 | Co Cambridge           | Open | Co Cambridge | 1:48.00 |
|     | L 4 | City Of Peterborough B |      | Co Peterboro | 1:47.00 |
|     | L 5 | Bishop Stort B         | Open | Bishop Stort | 1:47.00 |
| H 2 | L 1 | Bishop Stort A         | Open | Bishop Stort | 1:44.00 |
|     | L 2 | Watford SC A           | Open | Watford SC   | 1:42.00 |
|     | L 3 | Hatfield               | Open | Hatfield     | 1:41.50 |
|     | L 4 | Co Norwich             | Open | Co Norwich   | 1:39.00 |
|     | L 5 | Basildon Ph            | Open | Basildon Ph  | 1:41.00 |
|     | L 6 | DunmowAtlant           | Open | DunmowAtlant | 1:42.00 |
|     | L 7 | City Of Peterborough A |      | Co Peterboro | 1:43.00 |
|     | L 8 | Watford SC B           | Open | Watford SC   | 1:45.00 |

### Event 309 Female 1500m Freestyle

|     |     |                   |    |              |          |
|-----|-----|-------------------|----|--------------|----------|
| H 1 | L 3 | Cassandra Pereira | 14 | Hatfield     | 18:42.54 |
|     | L 4 | Emma Cushion      | 14 | Co Peterboro | 18:38.02 |
|     | L 5 | Esmie Kidman      | 18 | West Norfolk | 18:41.50 |
|     | L 6 | Eveline Gaydon    | 15 | Chelmsford   | 18:43.90 |

### Heat 2 will be swum in the final session

|     |     |                       |    |              |          |
|-----|-----|-----------------------|----|--------------|----------|
| H 2 | L 1 | Francesca Barber      | 15 | Co Norwich   | 18:23.62 |
|     | L 2 | Anabelle Kett         | 15 | Co Peterboro | 18:18.36 |
|     | L 3 | Gabriella Troman      | 15 | teamipswich  | 18:12.60 |
|     | L 4 | Chloe Barnard         | 15 | Basildon Ph  | 17:21.00 |
|     | L 5 | Weronika Mikolajewska | 16 | Co Cambridge | 18:02.00 |
|     | L 6 | Cailin Hehir          | 16 | Watford SC   | 18:13.48 |
|     | L 7 | Florence Crowley      | 18 | Co St Albans | 18:18.89 |
|     | L 8 | Amelia Saunders       | 16 | Norwich Swan | 18:36.40 |