

EVENT 101 Female 800m Freestyle

Full Results

Place	Name	AaD	Club	Time	WA Pts						
1.	Cait Cotter	17	Chelmsford	8:48.62	736						
	50m 29.32	100m 1:01.23	150m 1:33.51	200m 2:06.14	250m 2:39.02	300m 3:11.99	350m 3:45.21	400m 4:18.47			
	29.32	31.91	32.28	32.63	32.88	32.97	33.22	33.26			
	450m 4:51.81	500m 5:25.24	550m 5:58.66	600m 6:32.46	650m 7:06.71	700m 7:40.84	750m 8:15.03	800m 8:48.62			
	33.34	33.43	33.42	33.80	34.25	34.13	34.19	33.59			
2.	Jasmine Hall	14	Basildon Ph	8:52.69	719						
	50m 29.94	100m 1:02.48	150m 1:35.94	200m 2:09.23	250m 2:42.17	300m 3:15.65	350m 3:49.02	400m 4:23.22			
	29.94	32.54	33.46	33.29	32.94	33.48	33.37	34.20			
	450m 4:56.87	500m 5:30.28	550m 6:04.71	600m 6:38.68	650m 7:12.80	700m 7:46.86	750m 8:20.23	800m 8:52.69			
	33.65	33.41	34.43	33.97	34.12	34.06	33.37	32.46			
3.	Amelia Fenner	14	Basildon Ph	8:59.36	693						
	50m 29.98	100m 1:03.04	150m 1:36.94	200m 2:10.71	250m 2:44.62	300m 3:18.87	350m 3:53.44	400m 4:27.86			
	29.98	33.06	33.90	33.77	33.91	34.25	34.57	34.42			
	450m 5:02.20	500m 5:36.43	550m 6:10.80	600m 6:45.31	650m 7:19.64	700m 7:53.67	750m 8:27.17	800m 8:59.36			
	34.34	34.23	34.37	34.51	34.33	34.03	33.50	32.19			
4.	Annie McLeod	16	Putteridge	9:03.57	677						
	50m 29.80	100m 1:02.40	150m 1:36.19	200m 2:10.22	250m 2:44.30	300m 3:18.54	350m 3:53.03	400m 4:27.41			
	29.80	32.60	33.79	34.03	34.08	34.24	34.49	34.38			
	450m 5:01.64	500m 5:35.81	550m 6:10.51	600m 6:45.42	650m 7:20.43	700m 7:55.65	750m 8:30.04	800m 9:03.57			
	34.23	34.17	34.70	34.91	35.01	35.22	34.39	33.53			
5.	Sophie Dowding	17	teamipswich	9:10.69	651						
	50m 30.37	100m 1:03.43	150m 1:37.49	200m 2:11.74	250m 2:46.41	300m 3:20.97	350m 3:56.22	400m 4:31.18			
	30.37	33.06	34.06	34.25	34.67	34.56	35.25	34.96			
	450m 5:06.26	500m 5:41.61	550m 6:16.87	600m 6:51.92	650m 7:27.02	700m 8:02.16	750m 8:36.97	800m 9:10.69			
	35.08	35.35	35.26	35.05	35.10	35.14	34.81	33.72			
6.	Cailin Hehir	16	Watford SC	9:15.86	633						
	50m 31.66	100m 1:06.45	150m 1:41.89	200m 2:17.58	250m 2:52.84	300m 3:27.85	350m 4:02.82	400m 4:37.73			
	31.66	34.79	35.44	35.69	35.26	35.01	34.97	34.91			
	450m 5:12.84	500m 5:48.19	550m 6:23.42	600m 6:58.59	650m 7:33.57	700m 8:08.52	750m 8:43.35	800m 9:15.86			
	35.11	35.35	35.23	35.17	34.98	34.95	34.83	32.51			
7.	Ever Ives	15	Hatfield	9:17.15	629						
	50m 31.47	100m 1:05.13	150m 1:39.43	200m 2:13.97	250m 2:49.03	300m 3:23.84	350m 3:59.49	400m 4:34.50			
	31.47	33.66	34.30	34.54	35.06	34.81	35.65	35.01			
	450m 5:09.42	500m 5:45.13	550m 6:20.81	600m 6:56.64	650m 7:32.08	700m 8:07.66	750m 8:43.22	800m 9:17.15			
	34.92	35.71	35.68	35.83	35.44	35.58	35.56	33.93			
8.	Sadie Hunter	16	Co Peterboro	9:17.72	627						
	50m 30.75	100m 1:04.22	150m 1:38.47	200m 2:13.02	250m 2:47.78	300m 3:22.85	350m 3:57.98	400m 4:33.18			
	30.75	33.47	34.25	34.55	34.76	35.07	35.13	35.20			
	450m 5:08.73	500m 5:44.02	550m 6:19.46	600m 6:55.13	650m 7:30.84	700m 8:06.85	750m 8:42.74	800m 9:17.72			
	35.55	35.29	35.44	35.67	35.71	36.01	35.89	34.98			
9.	Gabriella Troman	15	teamipswich	9:24.37	605						
	50m 32.58	100m 1:07.60	150m 1:43.37	200m 2:19.13	250m 2:55.16	300m 3:31.30	350m 4:07.36	400m 4:43.91			
	32.58	35.02	35.77	35.76	36.03	36.14	36.06	36.55			
	450m 5:19.48	500m 5:54.78	550m 6:30.04	600m 7:05.50	650m 7:40.39	700m 8:15.84	750m 8:50.93	800m 9:24.37			
	35.57	35.30	35.26	35.46	34.89	35.45	35.09	33.44			
10.	Anabelle Kett	15	Co Peterboro	9:26.18	599						
	50m 31.47	100m 1:06.36	150m 1:41.47	200m 2:16.74	250m 2:51.75	300m 3:26.59	350m 4:01.88	400m 4:36.59			
	31.47	34.89	35.11	35.27	35.01	34.84	35.29	34.71			
	450m 5:12.37	500m 5:47.89	550m 6:23.73	600m 6:59.97	650m 7:36.34	700m 8:12.90	750m 8:49.52	800m 9:26.18			
	35.78	35.52	35.84	36.24	36.37	36.56	36.62	36.66			
11.	Florence Crowley	18	Co St Albans	9:30.41	586						
	50m 31.62	100m 1:06.07	150m 1:41.42	200m 2:17.10	250m 2:53.33	300m 3:29.24	350m 4:05.26	400m 4:41.78			
	31.62	34.45	35.35	35.68	36.23	35.91	36.02	36.52			
	450m 5:17.98	500m 5:54.06	550m 6:30.49	600m 7:06.75	650m 7:43.25	700m 8:19.52	750m 8:55.87	800m 9:30.41			
	36.20	36.08	36.43	36.26	36.50	36.27	36.35	34.54			
12.	Ruby Chapman	18	Norwich Swan	9:32.97	578						
	50m 30.91	100m 1:05.75	150m 1:41.52	200m 2:17.38	250m 2:53.74	300m 3:29.77	350m 4:05.80	400m 4:42.11			
	30.91	34.84	35.77	35.86	36.36	36.03	36.03	36.31			
	450m 5:17.85	500m 5:54.12	550m 6:30.43	600m 7:07.16	650m 7:44.09	700m 8:20.96	750m 8:57.39	800m 9:32.97			
	35.74	36.27	36.31	36.73	36.93	36.87	36.43	35.58			
13.	Millie Richardson	18	Hatfield	9:33.48	576						
	50m 33.07	100m 1:09.23	150m 1:46.14	200m 2:22.56	250m 2:59.11	300m 3:35.71	350m 4:12.17	400m 4:48.47			
	33.07	36.16	36.91	36.42	36.55	36.60	36.46	36.30			
	450m 5:24.58	500m 6:00.32	550m 6:37.07	600m 7:13.23	650m 7:48.60	700m 8:23.80	750m 8:59.12	800m 9:33.48			
	36.11	35.74	36.75	36.16	35.37	35.20	35.32	34.36			
14.	Chloe Cranny	13	Epping Fort	9:35.25	571						
	50m 31.96	100m 1:07.42	150m 1:42.88	200m 2:18.84	250m 2:54.90	300m 3:30.99	350m 4:07.74	400m 4:43.85			
	31.96	35.46	35.46	35.96	36.06	36.09	36.75	36.11			
	450m 5:20.12	500m 5:56.28	550m 6:32.64	600m 7:09.76	650m 7:46.47	700m 8:23.63	750m 8:59.16	800m 9:35.25			
	36.27	36.16	36.36	37.12	36.71	37.16	35.53	36.09			
15.	Maia Thompson	16	Team Waveney	9:36.78	567						
	50m 31.27	100m 1:05.45	150m 1:41.27	200m 2:16.73	250m 2:53.10	300m 3:29.31	350m 4:05.78	400m 4:42.52			
	31.27	34.18	35.82	35.46	36.37	36.21	36.47	36.74			
	450m 5:19.58	500m 5:56.18	550m 6:33.43	600m 7:10.62	650m 7:48.15	700m 8:24.41	750m 9:01.41	800m 9:36.78			
	37.06	36.60	37.25	37.19	37.53	36.26	37.00	35.37			
16.	Amelia Saunders	16	Norwich Swan	9:38.03	563						
	50m 31.49	100m 1:06.31	150m 1:42.55	200m 2:18.82	250m 2:55.32	300m 3:31.15	350m 4:07.59	400m 4:43.46			
	31.49	34.82	36.24	36.27	36.50	35.83	36.44	35.87			
	450m 5:19.40	500m 5:55.76	550m 6:32.70	600m 7:09.88	650m 7:46.92	700m 8:23.94	750m 9:01.58	800m 9:38.03			
	35.94	36.36	36.94	37.18	37.04	37.02	37.64	36.45			
17.	Aislin Foley-Wright	17	Basildon Ph	9:39.59	558						
	50m 32.03	100m 1:06.90	150m 1:42.68	200m 2:18.67	250m 2:54.71	300m 3:31.26	350m 4:07.92	400m 4:44.62			
	32.03	34.87	35.78	35.99	36.04	36.55	36.66	36.70			
	450m 5:21.82	500m 5:58.72	550m 6:36.01	600m 7:13.03	650m 7:49.95	700m 8:26.84	750m 9:03.89	800m 9:39.59			
	37.20	36.90	37.29	37.02	36.92	36.89	37.05	35.70			

Swim England East Region 2024 Short Course Championships Results Session One

18. Francesca Barber	15 Co Norwich	9:41.36	553					
50m 31.93	100m 1:06.14	150m 1:41.60	200m 2:17.66	250m 2:53.69	300m 3:30.05	350m 4:06.84	400m 4:43.53	
31.93	34.21	35.46	36.06	36.03	36.36	36.79	36.69	
450m 5:20.45	500m 5:57.79	550m 6:35.20	600m 7:12.82	650m 7:50.58	700m 8:28.26	750m 9:06.00	800m 9:41.36	
36.92	37.34	37.41	37.62	37.76	37.68	37.74	35.36	
19. Lucy Clarke	14 Chelmsford	9:44.63	544					
50m 33.33	100m 1:10.40	150m 1:47.40	200m 2:24.53	250m 3:01.88	300m 3:39.36	350m 4:16.90	400m 4:53.83	
33.33	37.07	37.00	37.13	37.35	37.48	37.54	36.93	
450m 5:31.49	500m 6:08.74	550m 6:46.28	600m 7:23.28	650m 8:00.16	700m 8:36.00	750m 9:11.40	800m 9:44.63	
37.66	37.25	37.54	37.00	36.88	35.84	35.40	33.23	
20. Esmie Kidman	18 West Norfolk	9:47.10	537					
50m 32.48	100m 1:09.03	150m 1:46.03	200m 2:22.31	250m 2:58.59	300m 3:35.63	350m 4:12.01	400m 4:48.93	
32.48	36.55	37.00	36.28	36.28	37.04	36.38	36.92	
450m 5:26.68	500m 6:03.96	550m 6:41.85	600m 7:19.43	650m 7:57.36	700m 8:34.66	750m 9:11.56	800m 9:47.10	
37.75	37.28	37.89	37.58	37.93	37.30	36.90	35.54	
21. Eveline Gaydon	15 Chelmsford	9:48.21	534					
50m 33.70	100m 1:09.50	150m 1:45.61	200m 2:22.18	250m 2:58.88	300m 3:35.82	350m 4:13.11	400m 4:50.38	
33.70	35.80	36.11	36.57	36.70	36.94	37.29	37.50	
450m 5:27.79	500m 6:05.43	550m 6:43.24	600m 7:21.08	650m 7:58.60	700m 8:36.15	750m 9:12.93	800m 9:48.21	
37.41	37.64	37.81	37.84	37.52	37.55	36.78	35.28	
22. Emma Cushion	14 Co Peterboro	9:48.54	533					
50m 32.09	100m 1:07.90	150m 1:44.35	200m 2:21.36	250m 2:58.51	300m 3:35.45	350m 4:12.44	400m 4:49.94	
32.09	35.81	36.45	37.01	37.15	36.94	36.99	37.50	
450m 5:27.39	500m 6:04.65	550m 6:42.21	600m 7:19.63	650m 7:57.10	700m 8:34.34	750m 9:11.65	800m 9:48.54	
37.45	37.26	37.56	37.42	37.47	37.24	37.31	36.89	
23. Cassandra Pereira	14 Hatfield	9:50.10	529					
50m 33.11	100m 1:09.18	150m 1:45.98	200m 2:23.24	250m 3:00.56	300m 3:38.07	350m 4:15.65	400m 4:53.12	
33.11	36.07	36.80	37.26	37.32	37.51	37.58	37.47	
450m 5:30.76	500m 6:08.19	550m 6:45.73	600m 7:22.99	650m 8:00.71	700m 8:38.39	750m 9:14.80	800m 9:50.10	
37.64	37.43	37.54	37.26	37.72	37.68	36.41	35.30	
24. Ayla Zolfaghari	13 Epping Fort	9:53.30	521					
50m 33.17	100m 1:09.94	150m 1:47.89	200m 2:25.41	250m 3:02.86	300m 3:40.44	350m 4:18.08	400m 4:55.51	
33.17	36.77	37.95	37.52	37.45	37.58	37.64	37.43	
450m 5:32.75	500m 6:10.19	550m 6:47.75	600m 7:25.32	650m 8:02.89	700m 8:39.97	750m 9:17.49	800m 9:53.30	
37.24	37.44	37.56	37.57	37.57	37.08	37.52	35.81	
25. Almudena Visser Velez	22 Co Cambridge	9:54.28	518					
50m 31.96	100m 1:07.76	150m 1:44.79	200m 2:21.91	250m 2:59.55	300m 3:37.26	350m 4:15.30	400m 4:53.79	
31.96	35.80	37.03	37.12	37.64	37.71	38.04	38.49	
450m 5:32.31	500m 6:10.27	550m 6:48.61	600m 7:26.94	650m 8:04.27	700m 8:41.96	750m 9:18.83	800m 9:54.28	
38.52	37.96	38.34	38.33	37.33	37.69	36.87	35.45	
26. Isabella Savage	15 Potters Bar	9:55.16	516					
50m 32.56	100m 1:08.34	150m 1:45.14	200m 2:22.71	250m 3:00.89	300m 3:38.77	350m 4:17.35	400m 4:55.50	
32.56	35.78	36.80	37.57	38.18	37.88	38.58	38.15	
450m 5:32.97	500m 6:11.36	550m 6:50.12	600m 7:29.00	650m 8:07.49	700m 8:43.78	750m 9:20.10	800m 9:55.16	
37.47	38.39	38.76	38.88	38.49	36.29	36.32	35.06	
27. Honor Beverstock	15 Hatfield	9:56.97	511					
50m 33.41	100m 1:09.63	150m 1:46.62	200m 2:23.97	250m 3:01.19	300m 3:38.77	350m 4:16.79	400m 4:54.58	
33.41	36.22	36.99	37.35	37.22	37.58	38.02	37.79	
450m 5:32.01	500m 6:09.85	550m 6:47.99	600m 7:27.08	650m 8:05.24	700m 8:43.49	750m 9:21.07	800m 9:56.97	
37.43	37.84	38.14	39.09	38.16	38.25	37.58	35.90	
28. Miriam Moukdad	18 Bishop Stort	10:12.97	472					
50m 33.00	100m 1:08.57	150m 1:45.58	200m 2:22.90	250m 3:00.40	300m 3:38.26	350m 4:16.71	400m 4:55.72	
33.00	35.57	37.01	37.32	37.50	37.86	38.45	39.01	
450m 5:35.17	500m 6:14.92	550m 6:54.64	600m 7:34.63	650m 8:14.63	700m 8:54.80	750m 9:34.41	800m 10:12.97	
39.45	39.75	39.72	39.99	40.00	40.17	39.61	38.56	
29. Lily Farr	16 Bedford SS	10:13.05	472					
50m 32.22	100m 1:08.42	150m 1:45.94	200m 2:23.93	250m 3:02.24	300m 3:41.24	350m 4:20.24	400m 4:59.74	
32.22	36.20	37.52	37.99	38.31	39.00	39.00	39.50	
450m 5:39.18	500m 6:18.51	550m 6:57.82	600m 7:37.47	650m 8:17.15	700m 8:57.01	750m 9:36.33	800m 10:13.05	
39.44	39.33	39.31	39.65	39.68	39.86	39.32	36.72	
30. Eleanor Cox	16 Hitchin	10:20.39	455					
50m 33.38	100m 1:09.53	150m 1:47.05	200m 2:25.16	250m 3:03.76	300m 3:42.39	350m 4:21.70	400m 5:01.04	
33.38	36.15	37.52	38.11	38.60	38.63	39.31	39.34	
450m 5:40.65	500m 6:20.57	550m 7:00.72	600m 7:41.02	650m 8:21.00	700m 9:01.19	750m 9:41.45	800m 10:20.39	
39.61	39.92	40.15	40.30	39.98	40.19	40.26	38.94	
31. Megan Barnicoat	13 Co Peterboro	10:22.58	450					
50m 34.53	100m 1:11.91	150m 1:50.56	200m 2:29.81	250m 3:08.72	300m 3:47.73	350m 4:27.39	400m 5:07.28	
34.53	37.38	38.65	39.25	38.91	39.01	39.66	39.89	
450m 5:47.16	500m 6:26.76	550m 7:06.56	600m 7:46.39	650m 8:25.60	700m 9:04.67	750m 9:44.08	800m 10:22.58	
39.88	39.60	39.80	39.83	39.21	39.07	39.41	38.50	

EVENT 102 Open/Male 1500m Freestyle

Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Daniel Belsey	16	Hatfield	16:19.41	646
	50m 27.93	100m 58.99	150m 1:31.23	200m 2:03.22	250m 2:35.32
	27.93	31.06	32.24	31.99	32.10
	450m 4:45.09	500m 5:17.44	550m 5:49.93	600m 6:22.32	650m 6:54.72
	32.63	32.35	32.49	32.39	32.40
	850m 9:05.27	900m 9:38.40	950m 10:11.62	1000m 10:44.80	1050m 11:17.92
	32.85	33.13	33.22	33.18	33.12
	1250m 13:30.85	1300m 14:04.29	1350m 14:37.98	1400m 15:12.03	1450m 15:46.22
	33.43	33.44	33.69	34.05	34.19
2.	Patch Robinson	17	teamipswich	16:31.11	623
	50m 28.69	100m 59.79	150m 1:31.63	200m 2:03.91	250m 2:36.46
	28.69	31.10	31.84	32.28	32.55
	450m 4:48.49	500m 5:21.96	550m 5:55.09	600m 6:28.53	650m 7:02.20
	33.25	33.47	33.13	33.44	33.67
	850m 9:14.79	900m 9:47.79	950m 10:21.29	1000m 10:54.69	1050m 11:28.50
	33.07	33.00	33.50	33.40	33.81
	1250m 13:43.50	1300m 14:17.13	1350m 14:50.86	1400m 15:25.03	1450m 15:58.76
	33.85	33.63	33.73	34.17	33.73
3.	Ryan Wall	17	Co Cambridge	16:37.39	612
	50m 28.27	100m 59.36	150m 1:30.99	200m 2:02.86	250m 2:35.27
	28.27	31.09	31.63	31.87	32.41
	450m 4:46.08	500m 5:19.22	550m 5:52.36	600m 6:25.87	650m 6:59.57
	32.91	33.14	33.14	33.51	33.70
	850m 9:14.89	900m 9:48.80	950m 10:22.40	1000m 10:57.06	1050m 11:31.06
	34.22	33.91	33.60	34.66	34.00
	1250m 13:48.45	1300m 14:22.73	1350m 14:56.87	1400m 15:31.16	1450m 16:05.04
	34.45	34.28	34.14	34.29	33.88
4.	Adam O'Neal	16	Bedford SS	16:37.94	611
	50m -	100m -	150m -	200m -	250m -
	-	-	-	-	-
	450m -	500m -	550m -	600m -	650m -
	-	-	-	-	-
	850m -	900m -	950m -	1000m -	1050m -
	-	-	-	-	-
	1250m -	1300m -	1350m -	1400m -	1450m -
	-	-	-	-	1500m 16:37.94
	-	-	-	-	16:37.94
5.	Conor Mint	15	Basildon Ph	16:41.02	605
	50m 28.67	100m 1:00.52	150m 1:33.86	200m 2:07.08	250m 2:40.46
	28.67	31.85	33.34	33.22	33.38
	450m 4:55.19	500m 5:28.88	550m 6:02.61	600m 6:36.52	650m 7:10.33
	33.44	33.69	33.73	33.91	33.81
	850m 9:26.20	900m 9:59.83	950m 10:33.83	1000m 11:07.10	1050m 11:40.57
	34.25	33.63	34.00	33.27	33.47
	1250m 13:55.26	1300m 14:28.67	1350m 15:02.37	1400m 15:35.59	1450m 16:08.64
	33.84	33.41	33.70	33.22	33.05
6.	Luke Martell	18	Watford SC	16:44.73	598
	50m 29.78	100m 1:01.58	150m 1:34.29	200m 2:07.37	250m 2:40.90
	29.78	31.80	32.71	33.08	33.53
	450m 4:55.31	500m 5:28.95	550m 6:02.56	600m 6:36.42	650m 7:10.31
	33.93	33.64	33.61	33.86	33.89
	850m 9:25.21	900m 9:59.14	950m 10:33.20	1000m 11:07.13	1050m 11:41.54
	33.59	33.93	34.06	33.93	34.41
	1250m 13:57.19	1300m 14:31.13	1350m 15:04.94	1400m 15:38.71	1450m 16:12.52
	34.37	33.94	33.81	33.77	33.81
7.	Jacob Bacon	14	Co Peterboro	16:55.83	579
	50m 29.04	100m 1:01.55	150m 1:34.34	200m 2:08.07	250m 2:41.88
	29.04	32.51	32.79	33.73	33.81
	450m 4:58.01	500m 5:32.63	550m 6:06.91	600m 6:41.07	650m 7:15.21
	34.19	34.62	34.28	34.16	34.14
	850m 9:31.56	900m 10:06.04	950m 10:40.68	1000m 11:14.35	1050m 11:48.66
	33.98	34.48	34.64	33.67	34.31
	1250m 14:06.41	1300m 14:40.82	1350m 15:15.11	1400m 15:49.51	1450m 16:23.02
	34.77	34.41	34.29	34.40	33.51
8.	Frank Lamb	15	Co Peterboro	17:04.43	564
	50m 28.95	100m 1:01.49	150m 1:34.53	200m 2:07.72	250m 2:41.42
	28.95	32.54	33.04	33.19	33.70
	450m 4:57.58	500m 5:32.18	550m 6:06.60	600m 6:41.26	650m 7:15.98
	34.31	34.60	34.42	34.66	34.72
	850m 9:35.60	900m 10:10.67	950m 10:45.45	1000m 11:20.41	1050m 11:54.66
	34.84	35.07	34.78	34.96	34.25
	1250m 14:13.40	1300m 14:48.35	1350m 15:22.92	1400m 15:57.16	1450m 16:31.33
	34.57	34.95	34.57	34.24	34.17
9.	Csanad Rehus	15	Co Peterboro	17:06.09	562
	50m -	100m -	150m -	200m -	250m -
	-	-	-	-	-
	450m -	500m -	550m -	600m -	650m -
	-	-	-	-	-
	850m -	900m -	950m -	1000m -	1050m -
	-	-	-	-	-
	1250m -	1300m -	1350m -	1400m -	1450m -
	-	-	-	-	1500m 17:06.09
	-	-	-	-	17:06.09
10.	B Macdonald-Williams	16	Bishop Stort	17:12.14	552
	50m 28.98	100m 1:00.81	150m 1:33.78	200m 2:07.45	250m 2:40.90
	28.98	31.83	32.97	33.67	33.45
	450m 4:55.73	500m 5:30.83	550m 6:06.22	600m 6:41.48	650m 7:16.52
	34.40	35.10	35.39	35.26	35.04
	850m 9:37.26	900m 10:12.51	950m 10:48.11	1000m 11:23.50	1050m 11:57.16
	35.19	35.25	35.60	35.39	33.66
	1250m 14:16.98	1300m 14:52.22	1350m 15:27.80	1400m 16:03.37	1450m 16:38.57
	35.30	35.24	35.58	35.57	35.20
	-	-	-	-	1500m 17:12.14
	-	-	-	-	33.57

Swim England East Region

2024 Short Course Championships

Results Session One

11. Oliver Fenwick	15 Hatfield	17:14.07	549					
50m 29.13	100m 1:01.87	150m 1:36.09	200m 2:10.83	250m 2:46.12	300m 3:20.87	350m 3:56.02	400m 4:30.96	
29.13	32.74	34.22	34.74	35.29	34.75	35.15	34.94	
450m 5:06.46	500m 5:41.32	550m 6:16.33	600m 6:51.11	650m 7:25.83	700m 8:01.12	750m 8:36.29	800m 9:11.24	
35.50	34.86	35.01	34.78	34.72	35.29	35.17	34.95	
850m 9:46.15	900m 10:20.57	950m 10:55.02	1000m 11:29.70	1050m 12:04.44	1100m 12:38.96	1150m 13:13.79	1200m 13:48.38	
34.91	34.42	34.45	34.68	34.74	34.52	34.83	34.59	
1250m 14:22.90	1300m 14:57.38	1350m 15:31.94	1400m 16:06.53	1450m 16:40.81	1500m 17:14.07			
34.52	34.48	34.56	34.59	34.28	33.26			
12. Daniel Williams	16 Hatfield	17:18.31	542					
50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -	
-	-	-	-	-	-	-	-	
450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m -	
-	-	-	-	-	-	-	-	
850m -	900m -	950m -	1000m -	1050m -	1100m -	1150m -	1200m -	
-	-	-	-	-	-	-	-	
1250m -	1300m -	1350m -	1400m -	1450m -	1500m 17:18.31			
-	-	-	-	-	17:18.31			
13. Jamie Wilson	15 West Norfolk	17:21.01	538					
50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -	
-	-	-	-	-	-	-	-	
450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m -	
-	-	-	-	-	-	-	-	
850m -	900m -	950m -	1000m -	1050m -	1100m -	1150m -	1200m -	
-	-	-	-	-	-	-	-	
1250m -	1300m -	1350m -	1400m -	1450m -	1500m 17:21.01			
-	-	-	-	-	17:21.01			
14. William Hughes	14 Basildon Ph	17:21.96	536					
50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -	
-	-	-	-	-	-	-	-	
450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m -	
-	-	-	-	-	-	-	-	
850m -	900m -	950m -	1000m -	1050m -	1100m -	1150m -	1200m -	
-	-	-	-	-	-	-	-	
1250m -	1300m -	1350m -	1400m -	1450m -	1500m 17:21.96			
-	-	-	-	-	17:21.96			
15. Ashton Blake	15 Basildon Ph	17:31.48	522					
50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -	
-	-	-	-	-	-	-	-	
450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m -	
-	-	-	-	-	-	-	-	
850m -	900m -	950m -	1000m -	1050m -	1100m -	1150m -	1200m -	
-	-	-	-	-	-	-	-	
1250m -	1300m -	1350m -	1400m -	1450m -	1500m 17:31.48			
-	-	-	-	-	17:31.48			
16. Isaac Buchan	15 Co Norwich	17:40.03	509					
50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -	
-	-	-	-	-	-	-	-	
450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m -	
-	-	-	-	-	-	-	-	
850m -	900m -	950m -	1000m -	1050m -	1100m -	1150m -	1200m -	
-	-	-	-	-	-	-	-	
1250m -	1300m -	1350m -	1400m -	1450m -	1500m 17:40.03			
-	-	-	-	-	17:40.03			
17. Oliver Fuller	14 Co Cambridge	17:40.84	508					
50m 31.29	100m 1:06.02	150m 1:41.55	200m 2:17.84	250m 2:54.14	300m 3:30.46	350m 4:06.64	400m 4:42.75	
31.29	34.73	35.53	36.29	36.30	36.32	36.18	36.11	
450m 5:18.76	500m 5:54.32	550m 6:29.81	600m 7:05.84	650m 7:41.90	700m 8:17.89	750m 8:53.29	800m 9:29.08	
36.01	35.56	35.49	36.03	36.06	35.99	35.40	35.79	
850m 10:04.64	900m 10:40.37	950m 11:16.09	1000m 11:51.32	1050m 12:27.26	1100m 13:02.89	1150m 13:38.65	1200m 14:13.91	
35.56	35.73	35.72	35.23	35.94	35.63	35.76	35.26	
1250m 14:49.29	1300m 15:24.55	1350m 15:59.65	1400m 16:34.57	1450m 17:08.48	1500m 17:40.84			
35.38	35.26	35.10	34.92	33.91	32.36			
18. Lucas Day	15 Rochford	17:43.11	505					
50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -	
-	-	-	-	-	-	-	-	
450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m -	
-	-	-	-	-	-	-	-	
850m -	900m -	950m -	1000m -	1050m -	1100m -	1150m -	1200m -	
-	-	-	-	-	-	-	-	
1250m -	1300m -	1350m -	1400m -	1450m -	1500m 17:43.11			
-	-	-	-	-	17:43.11			
19. Jack Friedlein	16 Maldon Shark	17:52.91	491					
50m 30.05	100m 1:03.97	150m 1:39.15	200m 2:14.94	250m 2:50.59	300m 3:26.66	350m 4:02.92	400m 4:38.78	
30.05	33.92	35.18	35.79	35.65	36.07	36.26	35.86	
450m 5:14.73	500m 5:51.23	550m 6:27.62	600m 7:04.08	650m 7:40.71	700m 8:17.31	750m 8:53.91	800m 9:30.31	
35.95	36.50	36.39	36.46	36.63	36.60	36.60	36.40	
850m 10:06.52	900m 10:42.98	950m 11:19.75	1000m 11:56.41	1050m 12:32.86	1100m 13:09.04	1150m 13:44.94	1200m 14:21.23	
36.21	36.46	36.77	36.66	36.45	36.18	35.90	36.29	
1250m 14:56.98	1300m 15:32.78	1350m 16:09.01	1400m 16:44.92	1450m 17:19.83	1500m 17:52.91			
35.75	35.80	36.23	35.91	34.91	33.08			
20. Charlie Cunningham	15 Biggleswade	18:16.96	460					
50m 31.24	100m 1:05.76	150m 1:41.70	200m 2:17.69	250m 2:53.36	300m 3:29.23	350m 4:05.39	400m 4:41.67	
31.24	34.52	35.94	35.99	35.67	35.87	36.16	36.28	
450m 5:17.93	500m 5:54.38	550m 6:30.96	600m 7:07.34	650m 7:44.05	700m 8:21.12	750m 8:57.97	800m 9:35.15	
36.26	36.45	36.58	36.38	36.71	37.07	36.85	37.18	
850m 10:12.52	900m 10:49.61	950m 11:26.17	1000m 12:03.32	1050m 12:40.52	1100m 13:18.06	1150m 13:55.65	1200m 14:33.11	
37.37	37.09	36.56	37.15	37.20	37.54	37.59	37.46	
1250m 15:10.66	1300m 15:48.64	1350m 16:25.88	1400m 17:03.70	1450m 17:40.88	1500m 18:16.96			
37.55	37.98	37.24	37.82	37.18	36.08			