

Start List

<b>Event 331 Female 100m Freestyle</b>					<b>Event 332 Open/Male 200m Backstroke</b>							
H 1	L 1	Abigail Wickens	17	S8	Flitwick	1:18.00	H 9	L 1	Amara Addison	17	Norwich Swan	58.80
	L 2	Alicia Morton	15		Basildon Ph	1:03.49		L 2	Grace Robinson	15	St Felix Sch	58.30
	L 3	Lyla Fello	15		Co Norwich	1:03.40		L 3	Alexa Mann	18	Chelmsford	57.80
	L 4	Michelle Shadipe	15		New Hall	1:03.10		L 4	Grace Greenhalf	17	Co Norwich	56.50
	L 5	Miley Wilson-Mansfield	15		Newmarket	1:03.15		L 5	Matilda Bogle	18	teamipswich	57.40
	L 6	Aleksandra Czerwinska	15		Potters Bar	1:03.47		L 6	Connie Davies	18	Deben	58.18
	L 7	Lily Herring	16	S10	Norfolk Vikg	1:16.50		L 7	Shahd Mohamed	17	Co Peterboro	58.53
	L 8	Charlotte Ryan	24	S6	Runnymede	2:00.61		L 8	Jessica-Jane Applegate	28	Co Norwich	58.90
H 2	L 1	Ella Deaton	15		Newmarket	1:02.93	H 10	L 1	Hannah Willis	19	Co Peterboro	58.74
	L 2	Charlotte Pound	15		Putteridge	1:02.70		L 2	Francesca Baber	18	Co Cambridge	58.20
	L 3	Yasmine Ollerenshaw	15		Flitwick	1:02.43		L 3	Abigail Crawley	19	teamipswich	57.79
	L 4	Martha Bentley	15		Epping For't	1:02.04		L 4	Shauna Lee	29	Biggleswade	55.30
	L 5	Sophie Stelmach	15		Stevenage	1:02.40		L 5	Lucy Wheeler	24	Bishop Stort	57.30
	L 6	Gabriella Troman	15		teamipswich	1:02.51		L 6	Sophie Palmer	15	Basildon Ph	58.08
	L 7	Honor Beverstock	15		Hatfield	1:02.73		L 7	Olivia Minett	16	Co Peterboro	58.50
	L 8	Antonia Elias	15		Hatfield	1:03.03		L 8	Charlotte Williams	18	Hatfield	58.87
H 3	L 1	Melike Dagdelen	15		Putteridge	1:01.80	H 11	L 1	Isobel Mather	17	Co Cambridge	58.70
	L 2	Freya Hadnutt	16		Bishop Stort	1:01.53		L 2	Eloise Cole	16	Bedford SS	58.20
	L 3	Lily Farr	16		Flitwick	1:01.50		L 3	Ellen Duffield	17	teamipswich	57.62
	L 4	Erin Woodrow	17		West Norfolk	1:01.40		L 4	Skye Carter	17	Basildon Ph	54.30
	L 5	Emily Pitcher	16		Norwich Swan	1:01.46		L 5	Ruby Wheeler	18	Basildon Ph	57.26
	L 6	Amelia Porzio	16		Putteridge	1:01.53		L 6	Laura Burgess	18	Bishop Stort	57.92
	L 7	Abigail Riches	16		Co Norwich	1:01.60		L 7	Georgia Holgate	17	Co Cambridge	58.40
	L 8	Holly Underdown	15		Braintree	1:02.02		L 8	Olivia Greenall	15	Co Norwich	58.80
H 4	L 1	Elizabeth Wright	17		West Suffolk	1:01.33	<b>Event 332 Open/Male 200m Backstroke</b>					
	L 2	Jasmine Coleman	18		Norwich Swan	1:01.30	H 1	L 3	Finlay German	15	Co Cambridge	2:27.37
	L 3	Francesca Barber	15		Co Norwich	1:01.24		L 4	Lucas Moxon-Booth	15	Flitwick	2:27.20
	L 4	Amy Meyer	15		Biggleswade	1:01.20		L 5	Maxim Szarvadi	15	Harlow Pen	2:27.31
	L 5	Adrija Raudonyte	16		Newmarket	1:01.20	H 2	L 2	Alexander Mordenti	15	Potters Bar	2:26.56
	L 6	Evelyn Dixon-Minter	19		Deben	1:01.28		L 3	Kabir Patel	15	Potters Bar	2:26.07
	L 7	Daisy Russell	16		DunmowAtlant	1:01.31		L 4	Toby Lashmar	15	Basildon Ph	2:25.40
	L 8	Imola Jozsa	18		Hatfield	1:01.40		L 5	Csanad Rehus	15	Co Peterboro	2:25.76
H 5	L 1	Leah Harris	21		Norfolk Vikg	1:01.02		L 6	Thomas Baxter	15	West Norfolk	2:26.15
	L 2	Erin Uttridge	15		teamipswich	1:00.86		L 7	Oliver Fenwick	15	Team Luton	2:27.17
	L 3	Katie Jeffrey	20		Hatfield	1:00.80	H 3	L 1	Jack Friedlein	16	Maldon Shark	2:24.82
	L 4	Anabelle Kett	15		Co Peterboro	1:00.70		L 2	F Cleland Ferdin	16	Co Cambridge	2:24.40
	L 5	Genevieve White	16		Co Cambridge	1:00.80		L 3	Hugo Arthey	15	Harwich DP	2:24.04
	L 6	Kate Hopper	17		Berkhamsted	1:00.83		L 4	Michael Mannix	16	Harlow Pen	2:24.02
	L 7	Elizabeth Swaby	15		Basildon Ph	1:00.91		L 5	Frank Lamb	15	Co Peterboro	2:24.02
	L 8	Megan Gray	17		Hatfield	1:01.18		L 6	Ewan Nobes	16	Norwich Swan	2:24.07
H 6	L 1	Amelia Lewis	15		teamipswich	1:00.60		L 7	Isaac Buchan	15	Co Norwich	2:24.68
	L 2	Bethany Rumsby	15		Norwich Swan	1:00.50		L 8	Ben Hunwick	15	Tring	2:25.22
	L 3	Millie Harris	16		West Norfolk	1:00.45	H 4	L 1	Ewan Coackley	16	teamipswich	2:22.78
	L 4	Gabriela Gomez Pavon	17		Potters Bar	1:00.25		L 2	Theo Bari	16	Saffron Wald	2:22.68
	L 5	Erin Currie	16		Hatfield	1:00.30		L 3	Oliver Clark	16	Maldon Shark	2:22.13
	L 6	Nicole Maynard	15		Basildon Ph	1:00.50		L 4	James Clarke	16	Co Norwich	2:21.40
	L 7	Weronika Mikolajewska	16		Co Peterboro	1:00.52		L 5	Jude Staton	16	March	2:21.50
	L 8	Lexie Goodman	17		Basildon Ph	1:00.63		L 6	Ryan Ingram	16	Co St Albans	2:22.30
H 7	L 1	Ruby Greenhalf	19		Co Norwich	1:00.10		L 7	James Gibson	16	Watford SC	2:22.70
	L 2	Emma Fields	18		Bishop Stort	59.94		L 8	Evan Larthe	15	Basildon Ph	2:23.30
	L 3	Cailin Hehir	16		Watford SC	59.88	H 5	L 1	Ronnie Edwards	16	Rochford	2:21.13
	L 4	Erin Younger	17		Co St Albans	59.67		L 2	Daniel Thompson	17	Thurrock	2:20.20
	L 5	Charlotte Smith	17		Norwich Swan	59.84		L 3	Harvey Isle	19	West Norfolk	2:19.92
	L 6	Ever Ives	15		Hatfield	59.90		L 4	Joshua Hutchinson	17	Harlow Pen	2:19.47
	L 7	Ruby Chapman	18		Norwich Swan	1:00.01		L 5	Sean Connolly	16	Epping For't	2:19.81
	L 8	Isabel Thomas	16		Newmarket	1:00.10		L 6	Benjamin Every	16	St Felix Sch	2:19.93
H 8	L 1	Ella Dawson	16		Chelmsford	59.48		L 7	Oscar Hunter	15	Norwich Swan	2:20.79
	L 2	Jessica Shaw	19		Co Peterboro	59.30		L 8	Parker Brewster	15	Harpenden	2:21.24
	L 3	Katerina Di Maria	16		Co Norwich	59.20	H 6	L 1	Rufus Bennett	16	Co Peterboro	2:19.04
	L 4	Adel Zakrzewski	21		Co Norwich	59.00		L 2	Spencer Battisson	16	Team Waveney	2:18.33
	L 5	Millie Fields	20		Co Norwich	59.10		L 3	Daniel Moyses	18	Co Peterboro	2:17.99
	L 6	Jessica Medlicott	17		Dunstable	59.29		L 4	Rufus Carr	16	St Felix Sch	2:17.03
	L 7	Lucy Young	19		Biggleswade	59.45		L 5	William Leese	16	Co Cambridge	2:17.34
	L 8	Jasmine Carter	15		Basildon Ph	59.54		L 6	Hayden Thornhill	18	Hoddesdon	2:18.18
								L 7	Jan Beblot	15	Norwich Swan	2:18.86
								L 8	Daniel De Filippo	15	Flitwick	2:19.44

Start List

H 7	L 1	Kian Lee	16	Co Peterboro	2:16.57	<b>Event 334 Open/Male 14/16 Yrs 800m Free Team</b>					
	L 2	Albert Orley	16	Braintree	2:15.87						
	L 3	Rafferty May	16	Watford SC	2:15.09						
	L 4	Thomas Ford	18	Basildon Ph	2:14.34						
	L 5	Oliver Frame	19	Norwich Swan	2:14.40						
	L 6	William East	16	Basildon Ph	2:15.25						
	L 7	Nathan Yeaman	17	West Norfolk	2:16.47						
	L 8	Anthony Ganchev	15	Chelmsford	2:16.98						
H 8	L 1	Robert Fenner	16	Basildon Ph	2:12.65	H 1	L 2	Chelmsford	14/16	Chelmsford	8:30.00
	L 2	Orlando Dearing	16	Co Peterboro	2:11.07			Saxon Minto			
	L 3	Oscar Winterburn	16	teamipswich	2:08.48			Anthony Ganchev			
	L 4	Oliver Baskerville	16	Hatfield	2:03.87			Callum Merrill			
	L 5	Matthew Monie	19	Co Cambridge	2:05.39			Reece Burns			
	L 6	Jacob Hayes	17	Bishop Stort	2:09.90		L 3	Hatfield	14/16	Hatfield	8:14.00
	L 7	Danylo Kravchenko	15	New Hall	2:12.09			Oliver Baskerville			
	L 8	Harrison Shaw	17	Flitwick	2:13.87			Niccolo Camilotti			
								Daniel Williams			
								Daniel Belsey			
H 9	L 1	Marton Molnar	15	Co Cambridge	2:12.57		L 4	Co Peterboro A	14/16	Co Peterboro	8:10.00
	L 2	Ryan Close	16	Bedford SS	2:10.60			Jack Swindale			
	L 3	Janos Kadar	17	Co Cambridge	2:07.74			Kian Lee			
	L 4	Nikita Charykin	18	Thurrock	2:01.37			Josh Sackree			
	L 5	Oliver Smith	17	Basildon Ph	2:05.35			Orlando Dearing			
	L 6	Sandijs Cecins	17	Colchester	2:09.86		L 5	Basildon Ph	14/16	Basildon Ph	8:12.00
	L 7	Ethan Thorpe	15	Basildon Ph	2:11.18			Conor Mint			
	L 8	Cameron Jones	18	Bedford SS	2:13.34			Ashton Blake			
								Robert Fenner			
								Ethan Thorpe			
H 10	L 1	Norbert Kadar	15	Co Cambridge	2:12.53		L 6	Co Cambridge	14/16	Co Cambridge	8:20.00
	L 2	Samuel Jeffrey	17	Hatfield	2:10.58			Frank Jacob			
	L 3	Edward Ormsby	17	Co Cambridge	2:06.86			Marton Molnar			
	L 4	Nathan Wells	26	West Norfolk	2:00.84			George Carter			
	L 5	Myles Turner	24	West Suffolk	2:04.04			Sam Artingstall			
	L 6	Alexander Kalverboer	18	Co St Albans	2:08.68		L 7	Co Peterboro B	14/16	Co Peterboro	8:48.00
	L 7	Ben Minister	18	Thurrock	2:11.10			Jacob Bacon			
	L 8	Zak Fellows	15	Co St Albans	2:13.32			Rufus Bennett			
								Frank Lamb			
								Kieran Ng			
<b>Event 333 Female 400m IM</b>						<b>Event 335 Open/Male 17 /Over 800m Free Team</b>					
H 1	L 1	Yasmine Ollerenshaw	15	Flitwick	5:32.70	H 1	L 2	Ware	17/OV	Ware	8:43.00
	L 2	Anabelle Kett	15	Co Peterboro	5:32.14			Thomas Currie			
	L 3	Francesca Barber	15	Co Norwich	5:29.28			Thomas Liddiard			
	L 4	Hannah Lovelock	16	Hitchin	5:27.44			Oliver Tom			
	L 5	Summer Buckland	15	Harlow Pen	5:29.01		L 3	Hatfield	17/OV	Hatfield	8:08.00
	L 6	Melike Dagdelen	15	Putteridge	5:30.80			Jason Ho			
	L 7	Lilia Burgoyne	15	Co Norwich	5:32.24			Samuel Jeffrey			
	L 8	I Stratton-Thomsett	15	Colchester	5:37.08			Joshua Ellis			
								Ben Davison			
H 2	L 1	Molly Burrows	15	Co Peterboro	5:26.23		L 4	Co Cambridge	17/OV	Co Cambridge	7:55.00
	L 2	Charlisse Harding	15	Norwich Swan	5:24.85			Ed Ormsby			
	L 3	Esmie Kidman	18	West Norfolk	5:22.84			Ryan Wall			
	L 4	Kate Hopper	17	Berkhamsted	5:19.72			Jacques Bonsell			
	L 5	Summer Evason	15	Watford SC	5:22.34			Matthew Monie			
	L 6	Amy Meyer	15	Biggleswade	5:22.90		L 5	Basildon Ph	17/OV	Basildon Ph	8:02.00
	L 7	Poppy Magill	16	Putteridge	5:26.10			Joe Power			
	L 8	Bethany Crawley	16	teamipswich	5:26.53			Daniel McGuinness			
								Roan Brennan			
								Thomas Ford			
H 3	L 1	Isabella Porzio	20	Putteridge	5:15.20		L 6	Watford SC	17/OV	Watford SC	8:20.00
	L 2	Amelia Saunders	16	St Felix Sch	5:13.20			Jack Barnard			
	L 3	Sophie Dowding	17	teamipswich	5:07.64			Ben Taggart			
	L 4	Clementine Lovell	15	teamipswich	5:06.40			Matt Aldred			
	L 5	Grace Robinson	15	St Felix Sch	5:06.90			Luke Martell			
	L 6	Megan Pye	22	Co Norwich	5:09.70						
	L 7	Lisa Leinemann	17	Chelmsford	5:14.14						
	L 8	Alexa Mann	18	Chelmsford	5:15.90						
H 4	L 1	Olivia Minett	16	Co Peterboro	5:03.85						
	L 2	Sadie Hunter	16	Co Peterboro	5:00.67						
	L 3	Chloe Barnard	15	Basildon Ph	4:58.13						
	L 4	Cait Cotter	17	Chelmsford	4:51.40						
	L 5	Ruby Wheeler	18	Basildon Ph	4:52.05						
	L 6	Lexie O'Connor	17	Basildon Ph	4:59.90						
	L 7	Lilly Davis	17	Co Peterboro	5:03.49						
	L 8	Annie McLeod	16	Putteridge	5:04.03						