

Start List

Event 321 Open/Male 200m Breaststroke

H 1	L 2	Thomas Baxter	15	West Norfolk	2:46.90	H 3	L 1	Elena Stent	16	Basildon Ph	1:10.40
	L 3	Frank Lamb	15	Co Peterboro	2:43.80		L 2	Scarlett Joslin	17	Co Cambridge	1:09.94
	L 4	Dmitrijs Gracovs	15	Harlow Pen	2:42.59		L 3	Lilia Burgoyne	15	Co Norwich	1:09.90
	L 5	Berkley Barnicoat	15	Bedford SS	2:42.99		L 4	Antonia Elias	15	Hatfield	1:09.20
	L 6	Jack Peters	15	Basildon Ph	2:45.41		L 5	Francesca Barber	15	Co Norwich	1:09.75
H 2	L 1	Alban Gill	16	Co St Albans	2:42.33		L 6	Eloise Conway	24	Halstead	1:09.94
	L 2	Ewan Coackley	16	teamipswich	2:40.67		L 7	Nell Coster	16	Berkhamsted	1:09.99
	L 3	Thomas Deaton	18	Newmarket	2:39.66		L 8	Mia Gray	16	Norwich Swan	1:10.54
	L 4	George Little	16	Bedford SS	2:38.85	H 4	L 1	Eleanor McLeod	16	Putteridge	1:09.00
	L 5	Theodore Monk	16	Co Cambridge	2:39.32		L 2	Mia Macklin	16	Braintree	1:08.87
	L 6	Cillian O'Brien	16	Co Ely	2:40.66		L 3	Hollie Gilbertson	15	Co Norwich	1:08.53
	L 7	Maximus Atkin	15	Linslade	2:41.07		L 4	Melike Dagdelen	15	Putteridge	1:08.40
	L 8	George Jones	15	Harlow Pen	2:42.50		L 5	Poppy Magill	16	Putteridge	1:08.40
H 3	L 1	Joshua Jones	15	West Norfolk	2:38.67		L 6	Louise Webster	17	Thurrock	1:08.60
	L 2	Kian Lee	16	Co Peterboro	2:38.23		L 7	I Stratton-Thomsett	15	Colchester	1:09.00
	L 3	Matthew McLaughlin	31	DunmowAtlant	2:37.37		L 8	Honor Beverstock	15	Hatfield	1:09.10
	L 4	Samuel Howard	17	Hoddesdon	2:36.80	H 5	L 1	Isabella Porzio	20	Putteridge	1:08.30
	L 5	Samuel Everett	17	West Suffolk	2:36.93		L 2	Leah Harris	21	Norfolk Vikg	1:08.00
	L 6	Robert Elliston	18	Braintree	2:37.67		L 3	Chloe Armstrong	17	teamipswich	1:07.50
	L 7	Thomas Spelman	17	Stowmarket	2:38.40		L 4	Amy Meyer	15	Biggleswade	1:07.40
	L 8	Max Thomas	18	Flitwick	2:38.85		L 5	Molly Burrows	15	Co Peterboro	1:07.40
H 4	L 1	Daniel Moyses	18	Co Peterboro	2:36.30		L 6	Lily Murrell	15	Norwich Swan	1:07.90
	L 2	Adam Hazlewood	20	Putteridge	2:34.89		L 7	Helena Hall	19	Deben	1:08.21
	L 3	Gagan Singh	18	Co Peterboro	2:34.43		L 8	Amelia Saunders	16	St Felix Sch	1:08.32
	L 4	Rhys Burrell	17	West Norfolk	2:33.80	H 6	L 1	Emily Pitcher	16	Norwich Swan	1:07.28
	L 5	Glennon Lee	18	Harlow Pen	2:33.90		L 2	Kate Hopper	17	Berkhamsted	1:07.11
	L 6	Austin Harrop	18	Co Cambridge	2:34.87		L 3	Clementine Lovell	15	teamipswich	1:06.76
	L 7	Alexander Ball	17	Potters Bar	2:35.98		L 4	Jessica-Jane Applegate	28	Co Norwich	1:06.31
	L 8	Daniel De Filippo	15	Flitwick	2:36.72		L 5	Ever Ives	15	Hatfield	1:06.40
H 5	L 1	Henry Mann	16	Norwich Swan	2:32.88		L 6	Chloe Barnard	15	Basildon Ph	1:06.80
	L 2	James McGettigan	15	Thurrock	2:27.80		L 7	Genevieve White	16	Co Cambridge	1:07.20
	L 3	James Noble	22	Norwich Swan	2:25.81		L 8	Jasmine Coleman	18	Norwich Swan	1:07.28
	L 4	Ben Buckley	17	Co Norwich	2:20.90	H 7	L 1	Sophie Palmer	15	Basildon Ph	1:06.23
	L 5	Saxon Minto	16	Chelmsford	2:23.50		L 2	Isobel Mather	17	Co Cambridge	1:06.20
	L 6	Benjamin Taggart	17	Watford SC	2:26.84		L 3	Jessica Medicott	17	Dunstable	1:05.90
	L 7	Samuel Jeffrey	17	Hatfield	2:29.56		L 4	Jessica Shaw	19	Co Peterboro	1:05.10
	L 8	Harvey Durham	16	Co Norwich	2:33.60		L 5	Francesca Baber	18	Co Cambridge	1:05.41
H 6	L 1	Luke Payne	20	Hatfield	2:32.76		L 6	Sophie Dowding	17	teamipswich	1:06.08
	L 2	Charlie Ruddell	15	teamipswich	2:27.10		L 7	Amy Boreham	18	Watford SC	1:06.22
	L 3	Joshua Sackree	16	Co Peterboro	2:24.26		L 8	Lexie Goodman	17	Basildon Ph	1:06.30
	L 4	Edward Ormsby	17	Co Cambridge	2:20.31	H 8	L 1	Anouk Zecchini	18	Co Cambridge	1:04.70
	L 5	George Prince	16	Putteridge	2:22.98		L 2	Abigail Crawley	19	teamipswich	1:04.30
	L 6	Lewis Andrews	17	Norwich Swan	2:26.80		L 3	Olivia Greenall	15	Co Norwich	1:04.01
	L 7	Samuel Winslow	17	Co Cambridge	2:29.37		L 4	Georgia Holgate	17	Co Cambridge	1:01.74
	L 8	George Lovelock	19	Hitchin	2:33.42		L 5	Hannah Willis	19	Co Peterboro	1:02.80
H 7	L 1	Christopher Howe	19	Co Cambridge	2:31.30		L 6	Sadie Hunter	16	Co Peterboro	1:04.10
	L 2	Charlie McKinnon	17	St Felix Sch	2:27.09		L 7	Olivia Minett	16	Co Peterboro	1:04.53
	L 3	Daniel Holliss	18	Co St Albans	2:23.90		L 8	Rebecca Keetley	20	Co Cambridge	1:05.07
	L 4	Olivier Vedrenne	19	Co Norwich	2:09.51	H 9	L 1	Chloe Butler	20	St Ives	1:04.60
	L 5	Reece Burns	16	Chelmsford	2:22.31		L 2	Ruby Wheeler	18	Basildon Ph	1:04.29
	L 6	Daryl Rands	27	Colchester	2:26.18		L 3	Emma Fields	18	Bishop Stort	1:03.40
	L 7	Josh Martin	18	Co Peterboro	2:29.09		L 4	Charlotte Smith	17	Norwich Swan	1:01.40
	L 8	Szymon Pierzecki	15	Witham Dolph	2:33.15		L 5	Matilda Bogle	18	teamipswich	1:02.30
							L 6	Megan Donovan	17	Co Peterboro	1:04.10
							L 7	Charlotte Williams	18	Hatfield	1:04.50
							L 8	Grace Robinson	15	St Felix Sch	1:05.00

Event 322 Female 100m Butterfly

H 1	L 3	Ida Corcoran	15	S9	Flitwick	1:41.94	H 10	L 1	Cait Cotter	17	Chelmsford	1:04.56
	L 4	Charlie Duce	15		Bedford SS	1:11.90		L 2	Lara Treharne	17	Co Peterboro	1:04.13
	L 5	Charlotte Low	15		Chelmsford	1:11.95		L 3	Grace Greenhalf	17	Co Norwich	1:02.80
H 2	L 1	Sophie Roberts	15		teamipswich	1:11.55		L 4	Skye Carter	17	Basildon Ph	1:00.30
	L 2	Bethany Rumsby	15		Norwich Swan	1:11.10		L 5	Eloise Cole	16	Bedford SS	1:01.90
	L 3	Amy Witton	15		Hatfield	1:10.99		L 6	Jasmine Carter	15	Basildon Ph	1:04.04
	L 4	Teah Gregory	16		Stevenage	1:10.90		L 7	Vanesa Cimermanova	16	Co Peterboro	1:04.44
	L 5	Summer Evason	15		Watford SC	1:10.96		L 8	Millie Harris	16	West Norfolk	1:04.78
	L 6	Yasmine Ollerenshaw	15		Flitwick	1:11.01						
	L 7	Isabella Savage	15		Potters Bar	1:11.49						
	L 8	Anabelle Kett	15		Co Peterboro	1:11.62						

Start List

Event 323 Open/Male 400m Freestyle

H 1	L 3	Jacob Dessoy	16	S8	Runnymede	6:55.64
	L 4	Corey Hare	18	S14	teamipswich	4:39.90
	L 5	Mark Evens	28	S14	Hitchin	5:29.19
H 2	L 1	Isaac Buchan	15		Co Norwich	4:33.83
	L 2	Jamie Wilson	15		West Norfolk	4:31.88
	L 3	Will Riley	15		teamipswich	4:30.75
	L 4	Adam O'Neal	16		Bedford SS	4:25.60
	L 5	Zak Fellows	15		Co St Albans	4:25.79
	L 6	Daniel De Filippo	15		Flitwick	4:30.80
	L 7	Lucas Day	15		Rochford	4:32.60
	L 8	Oliver Fenwick	15		Team Luton	4:34.35
H 3	L 1	Daniel Williams	16		Hatfield	4:23.61
	L 2	Ben Davison	19		Hatfield	4:22.12
	L 3	Reece Burns	16		Chelmsford	4:21.66
	L 4	Isaac Farrugia	17		Basildon Ph	4:21.60
	L 5	Daniel Thompson	17		Thurrock	4:21.60
	L 6	Oscar Hunter	15		Norwich Swan	4:22.00
	L 7	George Carter	16		Co Cambridge	4:22.37
	L 8	Billy Mead	19		Linslade	4:23.94
H 4	L 1	Kian Lee	16		Co Peterboro	4:19.80
	L 2	Daniel Meier	17		Biggleswade	4:19.06
	L 3	Conor Mint	15		Basildon Ph	4:18.91
	L 4	Max Arnold	18		Harlow Pen	4:18.76
	L 5	Timon Chapman	22		Norwich Swan	4:18.85
	L 6	Jack Abram	19		Co Norwich	4:19.00
	L 7	Thomas Ford	18		Basildon Ph	4:19.16
	L 8	Dylan Davenport	15		Bishop Stort	4:21.54
H 5	L 1	Luke Martell	18		Watford SC	4:18.50
	L 2	Benjamin Every	16		St Felix Sch	4:16.93
	L 3	Robert Fenner	16		Basildon Ph	4:15.56
	L 4	George Hooper	17		Co St Albans	4:14.79
	L 5	Daniel Moyses	18		Co Peterboro	4:15.00
	L 6	Jack Barnard	19		Watford SC	4:16.36
	L 7	Charlie McKinnon	17		St Felix Sch	4:18.06
	L 8	B Macdonald-Williams	16		Bishop Stort	4:18.65
H 6	L 1	Harrison Shaw	17		Flitwick	4:10.42
	L 2	Jacques Bonsell	25		Co Cambridge	4:08.00
	L 3	Ryan Wall	17		Co Cambridge	4:06.04
	L 4	Daniel McGuinness	18		Basildon Ph	4:05.64
	L 5	Daniel Belsey	16		Hatfield	4:05.83
	L 6	Patch Robinson	17		teamipswich	4:07.06
	L 7	Orlando Dearing	16		Co Peterboro	4:08.10
	L 8	Jack Swindale	16		Co Peterboro	4:10.67