

Start List

Event 721 Female 11/14 Yrs 400m Freestyle					Event 722 Open/Male 11/14 Yrs 100m Backstroke						
H 1	L 1	Sofia Sacoto	12	Co St Albans	5:39.65	H 1	L 1	Lawrence Taylor	12	Co Norwich	1:21.70
	L 2	Sophie Beckerleg	12	Chelmsford	5:39.00		L 2	Joshua Liebenberg	12	Newmarket	1:21.59
	L 3	Matilda Smith	12	Team Waveney	5:38.08		L 3	Daniel McGrath	11	Norwich Swan	1:20.90
	L 4	Victoria Hodgens	12	Brentwood	5:37.65		L 4	Kuba Pociot	12	teamipswich	1:20.77
	L 5	Brooke Ptolomey	12	Putteridge	5:37.70		L 5	Mikolaj Jagodzinski	12	Runnymede	1:20.77
	L 6	Charlotte Dixon	11	Hitchin	5:38.10		L 6	Miles Copping	12	Co Cambridge	1:21.45
	L 7	Florence Green	12	Southend	5:39.39		L 7	Fox Foster	12	Hatfield	1:21.59
	L 8	Sophie Pert	12	Norwich Swan	5:39.80						
H 2	L 1	Olivia Pais	12	Co Peterboro	5:35.39	H 2	L 1	Charles Hallam	11	Harpenden	1:20.58
	L 2	Dorothy Thorby	11	Co Norwich	5:34.30		L 2	Patrikas Garalevicius	12	teamipswich	1:19.94
	L 3	Addison Summers	12	Co St Albans	5:31.01		L 3	Spencer Gore	12	Southend	1:19.87
	L 4	Libby Flitton	12	Dunstable	5:30.20		L 4	Todd Leung	12	Hatfield	1:19.03
	L 5	Polly Anderson	12	West Norfolk	5:30.50		L 5	Max Perry	12	Watford SC	1:19.50
	L 6	Amber Smith	12	Co St Albans	5:32.90		L 6	Apollo Pop	11	Chelmsford	1:19.87
	L 7	Nellie Chadderton	12	West Norfolk	5:34.60		L 7	Taras Boiko	11	Epping Fort	1:20.50
	L 8	Lois Alderton-Jode	12	Co Norwich	5:35.50		L 8	Alfie Larham	12	Co Peterboro	1:20.59
H 3	L 1	Eva Jackson	12	Flitwick	5:26.80	H 3	L 1	San Choi	12	Co Cambridge	1:18.36
	L 2	Eliza Jennings	12	Biggleswade	5:25.70		L 2	Bobby Bennett	12	Basildon Ph	1:17.60
	L 3	Isla Caley	12	Watford SC	5:24.87		L 3	Alexander Holmes	12	Co Cambridge	1:15.95
	L 4	Sydney Lewis	12	Colchester	5:17.90		L 4	Oluwatobi Aroyewun	12	Basildon Ph	1:15.60
	L 5	Skye Freeman	12	Norwich Swan	5:19.10		L 5	Charles Hodgson	12	Co St Albans	1:15.90
	L 6	Matilda Sharpe	12	Co Norwich	5:25.60		L 6	Ashton Hunter	12	Co Peterboro	1:16.84
	L 7	India Clement	12	West Suffolk	5:26.39		L 7	Christopher Engle	12	teamipswich	1:18.30
	L 8	Layla Drake	12	Norwich Swan	5:26.81		L 8	Hugo Harley	12	Watford SC	1:18.80
H 4	L 1	Evie Armstrong	12	Dunstable	5:17.20	H 4	L 1	Tobias Anderson	12	Co Norwich	1:14.30
	L 2	Kitty Lamb	13	Co Peterboro	5:07.85		L 2	James Tooke	13	teamipswich	1:13.93
	L 3	Violet Freezer	12	teamipswich	5:07.35		L 3	Harry Rowson	13	Putteridge	1:13.60
	L 4	Isla Coackley	13	teamipswich	5:05.73		L 4	Byron Miller	13	teamipswich	1:12.26
	L 5	Poppy Moore	13	West Suffolk	5:06.46		L 5	Zachary Piscopo	13	Co Peterboro	1:13.15
	L 6	Connie Flitton	13	Dunstable	5:07.50		L 6	Jacob Schultz	13	Co Ely	1:13.86
	L 7	Mia Wilson	12	Basildon Ph	5:11.70		L 7	Jake Atkinson	12	Basildon Ph	1:14.11
	L 8	Alice Buckingham	11	Team Luton	5:17.50		L 8	Michael Sayer	13	Co Norwich	1:14.90
H 5	L 1	Charlotte Stewart	12	Co St Albans	5:04.96	H 5	L 1	Thomas Mutton	11	teamipswich	1:12.20
	L 2	Catherine Mitchell	13	Co Norwich	5:02.64		L 2	Jacopo Agosti	13	Co Cambridge	1:11.74
	L 3	Daisy-Mai Doel	13	Basildon Ph	5:00.98		L 3	Corben Gibson	14	Basildon Ph	1:11.44
	L 4	Amira Khelfa	13	Basildon Ph	4:59.96		L 4	Filip Pop	14	Chelmsford	1:11.32
	L 5	Freya Cox	13	Norwich Swan	5:00.80		L 5	Ethan Wallis	14	St Felix Sch	1:11.38
	L 6	Isabella Da Silva	13	Thurrock	5:02.28		L 6	Jake Maguire	13	Co Norwich	1:11.70
	L 7	Alexa Ramirez	13	Basildon Ph	5:03.75		L 7	Adam Hart	13	Witham Dolph	1:12.01
	L 8	Amelia Garnham	13	teamipswich	5:05.70		L 8	James O'Toole	13	Co Norwich	1:12.20
H 6	L 1	Anastasja Wall	14	Dereham	4:59.27	H 6	L 1	Charlie Nicolaou	14	Halstead	1:11.22
	L 2	Megan Barnicoat	13	Bedford SS	4:58.30		L 2	Xavier Zerban	13	Biggleswade	1:11.20
	L 3	Millie Tomlin	13	Basildon Ph	4:57.33		L 3	William Jones	14	teamipswich	1:11.17
	L 4	Lucy Clarke	14	Chelmsford	4:57.11		L 4	Will Minister	14	Thurrock	1:10.80
	L 5	Alexandra Hurley	14	Co Cambridge	4:57.23		L 5	George Heather	14	Co Peterboro	1:11.16
	L 6	Tyra Sajudeen	14	Co Cambridge	4:57.50		L 6	Kai Patel	14	Thurrock	1:11.20
	L 7	Elizabeth Pert	14	Norwich Swan	4:59.10		L 7	Kevin Mathew	14	Colchester	1:11.22
	L 8	Lucy Wilson	14	Co Peterboro	4:59.51		L 8	James Hallam	14	Harpenden	1:11.30
H 7	L 1	Rose Conday	14	Epping Fort	4:56.60	H 7	L 1	Philip Spalding	14	Putteridge	1:10.11
	L 2	Zoe Watson	14	Basildon Ph	4:55.81		L 2	Marley Carr	13	Harwich DP	1:09.50
	L 3	Jasmine Scott	13	Co St Albans	4:55.27		L 3	Rufus Kellie	14	Hatfield	1:08.05
	L 4	Freya Gyselings	14	Co Peterboro	4:53.36		L 4	Archie Harris-Joy	14	Co Norwich	1:05.20
	L 5	Milly Johnson	14	West Norfolk	4:54.53		L 5	Kieran Ng	14	Co Peterboro	1:05.97
	L 6	Jorja Atkinson	13	Co Cambridge	4:55.39		L 6	George Saunders	14	Team Luton	1:09.20
	L 7	Grace Mutton	14	Deben	4:56.20		L 7	Niccolo Camilotti	14	Hatfield	1:09.68
	L 8	Elena Buckley	14	Basildon Ph	4:57.08		L 8	Attila Mozes	14	teamipswich	1:10.66
H 8	L 1	Daisy Jubb	14	Co St Albans	4:51.52	H 8	L 1	Evan Slade	14	Tring	1:10.03
	L 2	Cassandra Pereira	14	Hatfield	4:49.38		L 2	Daniel Talbot	14	Leighton Buz	1:09.44
	L 3	Ellie Barth-Wehrenalp	14	Basildon Ph	4:33.80		L 3	Constantine Calliafas	13	Watford SC	1:07.95
	L 4	Jasmine Hall	14	Basildon Ph	4:25.10		L 4	Jacob Bacon	14	Co Peterboro	1:04.11
	L 5	Amelia Fenner	14	Basildon Ph	4:29.14		L 5	Zach Montgomery	14	Norwich Swan	1:05.62
	L 6	Emma Cushion	14	Co Peterboro	4:47.66		L 6	Nathan Broadwater	13	teamipswich	1:08.70
	L 7	Chloe Cranny	13	Epping Fort	4:51.40		L 7	Oliver Butt	14	Deben	1:09.62
	L 8	Ayla Zolfaghari	13	Epping Fort	4:52.40		L 8	Kameron Baker	13	Co Peterboro	1:10.44

Start List

H 9	L 1	Isaac Mendham	13	Chelmsford	1:09.71	H 9	L 1	Rose Conday	14	Epping Fort	1:04.18
	L 2	Charlie Birdsall	14	Co Cambridge	1:09.40		L 2	Holly Shepherd	14	Canvey Isl	1:04.11
	L 3	Patryk Nowak	14	Co Peterboro	1:06.12		L 3	Lydia Newell	14	Chelmsford	1:03.90
	L 4	Archie Tebbutt	14	New Hall	1:02.20		L 4	Gigi Raubitschek-Smith	14	Co St Albans	1:03.72
	L 5	Wilfred Warwick	14	Co Cambridge	1:05.62		L 5	Milly Johnson	14	West Norfolk	1:03.85
	L 6	William Hughes	14	Basildon Ph	1:08.40		L 6	Cassandra Pereira	14	Hatfield	1:04.02
	L 7	Jakub Cincio	13	Chelmsford	1:09.61		L 7	Lois Smith	14	Basildon Ph	1:04.18
	L 8	Thomas Fenwick	13	Team Luton	1:10.30		L 8	Maelys Jacquet	13	Felixstowe	1:04.30
Event 723 Female 11/14 Yrs 100m Freestyle											
H 1	L 3	Sophie Harvey	12	Co Cambridge	1:11.93	H 10	L 1	Anna Zapisetskaya	13	Co St Albans	1:03.32
	L 4	Hilary Drewry	12	Co Norwich	1:11.90		L 2	Kitty Lamb	13	Co Peterboro	1:02.90
	L 5	Polly Anderson	12	West Norfolk	1:11.90		L 3	Ayla Zolfaghari	13	Epping Fort	1:02.18
H 2	L 1	Sophie Peterson	12	Stevenage	1:11.87		L 4	Erin Barber	14	Newmarket	59.84
	L 2	Eliza Jennings	12	Biggleswade	1:11.80		L 5	Evie Greenhalf	14	Co Norwich	1:01.50
	L 3	Sofia Sacoto	12	Co St Albans	1:11.67		L 6	Genna Lee	13	Harlow Pen	1:02.70
	L 4	Jessica Ryan	12	Colchester	1:11.60		L 7	Jorja Atkinson	13	Co Cambridge	1:03.00
	L 5	Mia Monksmith	12	Berkhamsted	1:11.60		L 8	Emma Cushion	14	Co Peterboro	1:03.66
	L 6	Victoria Hodgens	12	Brentwood	1:11.74	H 11	L 1	Tia Sammut	13	Bedford SS	1:03.32
	L 7	Charlotte Stocks	12	Linslade	1:11.80		L 2	Edie Foster	13	Saffron Wald	1:02.80
H 3	L 1	Isabelle Howlett	12	Norwich Swan	1:11.31		L 3	Lily Steel	14	teamipswich	1:02.10
	L 2	Maisy Sadler	12	Norwich Swan	1:11.23		L 4	Jasmine Hall	14	Basildon Ph	58.60
	L 3	Felicity Fitzgerald	12	Huntingdon	1:11.10		L 5	Valentina Tinnirello	14	Potters Bar	1:01.39
	L 4	Betsie Saville	11	Canvey Isl	1:11.06		L 6	Emily-Grace Bentley	14	Basildon Ph	1:02.40
	L 5	Libby Flitton	12	Dunstable	1:11.10		L 7	Abigail Davis	14	Bedford SS	1:03.00
	L 6	Summer Miller	12	Bishop Stort	1:11.20		L 8	Nicole Peddely	14	teamipswich	1:03.64
	L 7	Layla Drake	12	Norwich Swan	1:11.25	H 12	L 1	Alexandra Hurley	14	Co Cambridge	1:03.15
	L 8	Charlotte Douglas	12	Co St Albans	1:11.33		L 2	Amerie Njawaya	14	Team Luton	1:02.80
H 4	L 1	Emily Murrell	12	Norwich Swan	1:10.86		L 3	Ellie Barth-Wehrenalp	14	Basildon Ph	1:01.70
	L 2	Esmee Hui	12	Watford SC	1:10.67		L 4	Alexandra Nurney	14	Hatfield	58.20
	L 3	Lois Alderton-Jode	12	Co Norwich	1:10.50		L 5	Amelia Fenner	14	Basildon Ph	1:00.60
	L 4	Valeria Soldatihhina	11	West Norfolk	1:09.64		L 6	Verity Fuge	14	Co St Albans	1:02.35
	L 5	Isabelle Bazely	12	New Hall	1:10.40		L 7	Elizabeth Pert	14	Norwich Swan	1:03.00
	L 6	Lily Chappell	12	Royston	1:10.50		L 8	Freya Cox	13	Norwich Swan	1:03.40
	L 7	Leila Jackute	12	Thetford	1:10.84						
	L 8	Olivia Pais	12	Co Peterboro	1:11.03						
H 5	L 1	Tsvetina Sinapova	12	Thetford	1:09.00						
	L 2	Eva Jackson	12	Flitwick	1:08.94						
	L 3	Anna Mason	12	Co Peterboro	1:08.80						
	L 4	Matilda Sharpe	12	Co Norwich	1:08.10						
	L 5	Violet Freezer	12	teamipswich	1:08.28						
	L 6	Summer Lewis	12	Colchester	1:08.90						
	L 7	Isla Caley	12	Watford SC	1:08.98						
	L 8	India Clement	12	West Suffolk	1:09.30						
H 6	L 1	Olivia Wicks	12	Norwich Swan	1:07.50						
	L 2	Sydney Lewis	12	Colchester	1:06.30						
	L 3	Millie Tomlin	13	Basildon Ph	1:06.20						
	L 4	Arianna Tverijonas	13	Thurrock	1:06.10						
	L 5	Jeslene Sandhu	13	Epping Fort	1:06.20						
	L 6	Aimee Sanders	12	Dunstable	1:06.22						
	L 7	Mia Wilson	12	Basildon Ph	1:07.50						
	L 8	Tahlia Sunshine	12	DunmowAtlant	1:07.90						
H 7	L 1	Defne Ece Sakarya	13	Norwich Swan	1:06.00						
	L 2	Anna Regan	13	Runnymede	1:05.80						
	L 3	Mia Nelson	13	Cheshunt	1:05.68						
	L 4	Freya Hill	13	New Hall	1:05.50						
	L 5	Layla Jennings	13	Halstead	1:05.60						
	L 6	Ava Sims	13	Chelmsford	1:05.70						
	L 7	Eva-May Bowie	13	Bedford SS	1:05.90						
	L 8	Lola Mitchinson	13	Thetford	1:06.00						
H 8	L 1	Amelia Garnham	13	teamipswich	1:05.40						
	L 2	Charlotte Rooke	13	Co Norwich	1:05.20						
	L 3	Charlotte Stewart	12	Co St Albans	1:04.89						
	L 4	Jasmine Scott	13	Co St Albans	1:04.44						
	L 5	Catherine Mitchell	13	Co Norwich	1:04.80						
	L 6	Olivia Bradford	13	West Norfolk	1:04.90						
	L 7	Isabella Da Silva	13	Thurrock	1:05.21						
	L 8	Chloe Cranny	13	Epping Fort	1:05.40						