

Start List

Event 411 Female 200m IM						Event 412 Open/Male 200m IM							
H 1	L 3	Ida Corcoran	15	SM9	Flitwick	3:27.62	H 1	L 1	Jamie Wilson	15		West Norfolk	2:25.43
	L 4	Hollie Gilbertson	15		Co Norwich	2:35.20		L 2	Corey Hare	18	SM14	teamipswich	2:25.25
	L 5	Mwaba Mkwasa	19	SM8	Norwich Swan	3:25.48		L 3	Anthony Ganchev	15		Chelmsford	2:24.25
								L 4	Charlie Ruddell	15		teamipswich	2:23.80
H 2	L 1	Honor Beverstock	15		Hatfield	2:35.04		L 5	Conor Mint	15		Basildon Ph	2:24.00
	L 2	Amelia Lewis	15		teamipswich	2:34.44		L 6	Joshua Jones	15		West Norfolk	2:24.94
	L 3	Poppy Magill	16		Putteridge	2:33.17		L 7	Frank Lamb	15		Co Peterboro	2:25.28
	L 4	Yan Ting Emily Pak	15		Co Cambridge	2:32.85		L 8	Harry Arnold-Pepper	16	SM9	Co Cambridge	2:45.71
	L 5	Charlisse Harding	15		Norwich Swan	2:33.00							
	L 6	Bethany Crawley	16		teamipswich	2:33.70	H 2	L 1	Evan McQuade	16		DunmowAtlant	2:21.89
	L 7	Molly Burrows	15		Co Peterboro	2:34.80		L 2	Naim Harvey	16		Basildon Ph	2:21.41
H 3	L 1	Amelia Porzio	16		Putteridge	2:31.40		L 3	Jack Swindale	16		Co Peterboro	2:20.80
	L 2	Erin Uttridge	15		teamipswich	2:31.20		L 4	Finlay Neve	16		Co Norwich	2:19.59
	L 3	Summer Evason	15		Watford SC	2:30.68		L 5	Harvey Durham	16		Co Norwich	2:19.90
	L 4	Megan Gray	17		Hatfield	2:30.35		L 6	Maxwell Hozier	15		Hoddesdon	2:21.37
	L 5	Amelia Saunders	16		St Felix Sch	2:30.37		L 7	Jude Gunner	15	SM14	St Felix Sch	2:21.51
	L 6	Ellie Smith	16		Co Norwich	2:30.90		L 8	Zak Fellows	15		Co St Albans	2:22.71
	L 7	Georgina Hamilton	16		Co St Albans	2:31.27	H 3	L 1	Robert Fenner	16		Basildon Ph	2:19.20
	L 8	Anabelle Kett	15		Co Peterboro	2:32.70		L 2	Ethan Thorpe	15		Basildon Ph	2:19.00
H 4	L 1	Amy Harper	17		Watford SC	2:29.78		L 3	Daniel Williams	16		Hatfield	2:18.49
	L 2	Isabella Porzio	20		Putteridge	2:28.90		L 4	Daniel De Filippo	15		Flitwick	2:18.00
	L 3	Millie Harris	16		West Norfolk	2:28.74		L 5	Kian Lee	16		Co Peterboro	2:18.15
	L 4	Ellen Duffield	17		teamipswich	2:27.87		L 6	Marton Molnar	15		Co Cambridge	2:18.87
	L 5	Molly Monk	20		Co Norwich	2:28.40		L 7	James McGettigan	15		Thurrock	2:19.10
	L 6	Connie Davies	18		Deben	2:28.86		L 8	Benjamin Every	16		St Felix Sch	2:19.34
	L 7	Kate Hopper	17		Berkhamsted	2:29.40	H 4	L 1	Daniel Holliss	18		Co St Albans	2:16.21
	L 8	Lisa Leinemann	17		Chelmsford	2:30.32		L 2	Samuel Jeffrey	17		Hatfield	2:14.24
H 5	L 1	Ellen Eccleston	17		Co Norwich	2:27.15		L 3	Zak Troman	17		teamipswich	2:12.80
	L 2	Chloe Butler	20		St Ives	2:24.37		L 4	Edward Ormsby	17		Co Cambridge	2:07.22
	L 3	Lilly Davis	17		Co Peterboro	2:22.62		L 5	Patch Robinson	17		teamipswich	2:10.78
	L 4	Skye Carter	17		Basildon Ph	2:18.60		L 6	Oscar Winterburn	16		teamipswich	2:13.53
	L 5	Clementine Lovell	15		teamipswich	2:20.93		L 7	Ben Buckley	17		Co Norwich	2:15.50
	L 6	Sophie Palmer	15		Basildon Ph	2:23.89		L 8	George Prince	16		Putteridge	2:17.50
	L 7	Jasmine Carter	15		Basildon Ph	2:25.90	H 5	L 1	Lucas Hartley	17		Hatfield	2:15.84
	L 8	Amara Addison	17		Norwich Swan	2:27.25		L 2	Sandijs Cecins	17		Colchester	2:13.71
H 6	L 1	Amy Boreham	18		Watford SC	2:26.15		L 3	Joshua Sackree	16		Co Peterboro	2:12.02
	L 2	Charlotte Williams	18		Hatfield	2:24.12		L 4	Olivier Vedrenne	19		Co Norwich	2:02.88
	L 3	Lexie O'Connor	17		Basildon Ph	2:21.30		L 5	Freddie Laws	21		West Norfolk	2:09.30
	L 4	Ruby Wheeler	18		Basildon Ph	2:18.29		L 6	Reece Burns	16		Chelmsford	2:13.48
	L 5	Cait Cotter	17		Chelmsford	2:19.46		L 7	Daryl Rands	27		Colchester	2:15.42
	L 6	Chloe Barnard	15		Basildon Ph	2:22.89		L 8	Ryan Close	16		Bedford SS	2:17.00
	L 7	Millie Fields	20		Co Norwich	2:24.50	H 6	L 1	Samuel Winslow	17		Co Cambridge	2:15.51
	L 8	Mia Lowe	17		Basildon Ph	2:27.18		L 2	Rufus Bennett	16		Co Peterboro	2:13.59
H 7	L 1	Annie McLeod	16		Putteridge	2:25.97		L 3	Harrison Shaw	17		Flitwick	2:10.80
	L 2	Olivia Minett	16		Co Peterboro	2:23.90		L 4	Nathan Wells	26		West Norfolk	2:01.17
	L 3	Isabelle Cameron	17		Co Peterboro	2:20.97		L 5	Nikita Charykin	18		Thurrock	2:08.80
	L 4	Matilda Bogle	18		teamipswich	2:18.20		L 6	Saxon Minto	16		Chelmsford	2:13.33
	L 5	Grace Greenhalf	17		Co Norwich	2:18.71		L 7	Ben Minister	18		Thurrock	2:15.28
	L 6	Niamh James	23		Bishop Stort	2:22.63		L 8	Henry Mann	16		Norwich Swan	2:16.99
	L 7	Jessica Medicott	17		Dunstable	2:24.39							
	L 8	Sadie Hunter	16		Co Peterboro	2:27.16							

Start List

Event 413 Female 100m Backstroke

H 1	L 2	Mwaba Mkwasa	19	S8	Norwich Swan	1:35.24
	L 3	Lily Herring	16	S10	Norfolk Viking	1:32.80
	L 4	Honor Beverstock	15		Hatfield	1:10.96
	L 5	Abigail Wickens	17	S8	Flitwick	1:31.00
	L 6	Ida Corcoran	15	S9	Flitwick	1:34.67
H 2	L 1	Charlotte Low	15		Chelmsford	1:10.79
	L 2	Poppy Garrod	15		Co Peterboro	1:10.67
	L 3	Lola Wonfor	15		New Hall	1:10.54
	L 4	Freya Hadnutt	16		Bishop Stort	1:10.34
	L 5	Isabella Savage	15		Potters Bar	1:10.50
	L 6	Libby Whiting	15		Putteridge	1:10.61
	L 7	Meghan Howarth Owen	15		Chelmsford	1:10.76
	L 8	Hollie Gilbertson	15		Co Norwich	1:10.89
H 3	L 1	Molly Burrows	15		Co Peterboro	1:10.17
	L 2	Poppy Magill	16		Putteridge	1:10.00
	L 3	Summer Evason	15		Watford SC	1:09.79
	L 4	Chloe Knight	15		Hadleigh	1:09.70
	L 5	Miley Wilson-Mansfield	15		Newmarket	1:09.75
	L 6	Yasmine Ollerenshaw	15		Flitwick	1:09.90
	L 7	Alice Watts	16		Co Cambridge	1:10.11
	L 8	Florence Davies	16		Deben	1:10.26
H 4	L 1	Kate Hopper	17		Berkhamsted	1:09.42
	L 2	Isabella Dolton	18		Tring	1:09.39
	L 3	Phoebe Matthews	17		Hatfield	1:09.20
	L 4	Lisa Leinemann	17		Chelmsford	1:09.02
	L 5	Charlotte Pound	15		Putteridge	1:09.20
	L 6	Bethany Hamer	17		Linslade	1:09.38
	L 7	Emilia Johnson	15		St Felix Sch	1:09.40
	L 8	Edie Newell	17		Chelmsford	1:09.62
H 5	L 1	Sophie Roberts	15		teamipswich	1:08.89
	L 2	Olivia Greenall	15		Co Norwich	1:08.67
	L 3	Anouk Zecchini	18		Co Cambridge	1:08.37
	L 4	Charlotte Smith	17		Norwich Swan	1:08.33
	L 5	Gabriella Troman	15		teamipswich	1:08.34
	L 6	O Wojcik-Jardzioch	18		Verulam	1:08.44
	L 7	Maia Thompson	16		Team Waveney	1:08.72
	L 8	Olivia Lydon	19		Co Cambridge	1:08.91
H 6	L 1	Olivia Mendham	16		Chelmsford	1:08.19
	L 2	Sophie Holliss	16		Co St Albans	1:08.02
	L 3	Jessica Medicott	17		Dunstable	1:07.71
	L 4	Amy Meyer	15		Biggleswade	1:07.67
	L 5	Georgina Munday	20		Co Norwich	1:07.70
	L 6	Natalie Taylor	17		St Felix Sch	1:07.86
	L 7	Gabriella Meyer	15		Chelmsford	1:08.16
	L 8	Ella Dawson	16		Chelmsford	1:08.28
H 7	L 1	Charlie Duce	15		Bedford SS	1:07.40
	L 2	Francesca Howell	16		Chelmsford	1:07.09
	L 3	Amy Harper	17		Watford SC	1:06.89
	L 4	Sophie Green	17		Hatfield	1:06.70
	L 5	Chloe Linney	16		Halstead	1:06.80
	L 6	Chloe Armstrong	17		teamipswich	1:06.99
	L 7	Adel Zakrzewski	21		Co Norwich	1:07.25
	L 8	Jasmine Coleman	18		Norwich Swan	1:07.53
H 8	L 1	Jessica-Jane Applegate	28	S14	Co Norwich	1:06.14
	L 2	Nicole Maynard	15		Basildon Ph	1:05.16
	L 3	Isobel Mather	17		Co Cambridge	1:03.71
	L 4	Georgia Holgate	17		Co Cambridge	1:02.49
	L 5	Vanesa Cimermanova	16		Co Peterboro	1:03.25
	L 6	Grace Robinson	15		St Felix Sch	1:04.44
	L 7	Camille Vannier	17		Hatfield	1:05.79
	L 8	Emily Pitcher	16		Norwich Swan	1:06.40

H 9	L 1	Katerina Di Maria	16		Co Norwich	1:06.04
	L 2	Erin Currie	16		Hatfield	1:04.97
	L 3	Charlotte Williams	18		Hatfield	1:03.59
	L 4	Matilda Bogle	18		teamipswich	1:02.46
	L 5	Amara Addison	17		Norwich Swan	1:03.10
	L 6	Megan Pye	22		Co Norwich	1:04.20
	L 7	Adrija Raudonyte	16		Newmarket	1:05.71
	L 8	Weronika Mikolajewska	16		Co Peterboro	1:06.31
H 10	L 1	Clementine Lovell	15		teamipswich	1:05.85
	L 2	Niamh James	23		Bishop Stort	1:04.93
	L 3	Connie Davies	18		Deben	1:03.57
	L 4	Evangeline Pierce	17		Basildon Ph	1:02.31
	L 5	Hannah Willis	19		Co Peterboro	1:02.79
	L 6	Eloise Cole	16		Bedford SS	1:03.96
	L 7	Megan Donovan	17		Co Peterboro	1:05.33
	L 8	Grace Greenhalf	17		Co Norwich	1:06.30