

***EVENT 241 FINAL OF EVENT 212 Open/Male 15 Yrs 50m Backstroke***

Place	Name	AaD	Club	Time	WA Pts
1.	Joshua Parker	15	Braintree	28.75	549
2.	Marton Molnar	15	Co Cambridge	28.95	538
3.	Ethan Thorpe	15	Basildon Ph	29.01	534
4.	Zak Fellows	15	Co St Albans	29.30	519
5.	Jan Beblot	15	Norwich Swan	30.06	480
6.	Oliver Davey	15	Co Cambridge	30.88	443
7.	Kabir Patel	15	Potters Bar	31.39	422
8.	Finlay Roberts	15	Witham Dolph	32.18	391

***EVENT 242 FINAL OF EVENT 212 Open/Male 16 Yrs 50m Backstroke***

Place	Name	AaD	Club	Time	WA Pts
1.	Joshua Shepherd	16	Thurrock	28.03	593
2.	Oliver Baskerville	16	Hatfield	28.49	564
3.	Ryan Close	16	Bedford SS	28.55	561
4.	Ronnie Edwards	16	Rochford	29.08	531
5.	Rafferty May	16	Watford SC	30.01	483
6.	Theo Bari	16	Saffron Wald	30.37	466
7.	Thomas Robb	16	Halstead	30.45	462
8.	William Leese	16	Co Cambridge	30.60	455

***EVENT 243 FINAL OF EVENT 212 Open/Male 17 /Over 50m Backstroke***

Place	Name	AaD	Club	Time	WA Pts
1.	Nathan Wells	26	West Norfolk	27.18	650
2.	Maddox Roberts	18	Witham Dolph	27.77	609
3.	Matthew Monie	19	Co Cambridge	27.98	596
4.	Matthew Gray	24	Co Peterboro	28.13	586
5.	Nathaniel Mapley	18	Co St Albans	28.60	558
6.	Ashton Redhead	17	teamipswich	28.72	551
7.	Freddie Gardner	18	Thurrock	29.05	532
8.	Alexander Kalverboer	18	Co St Albans	29.09	530

***EVENT 244 FINAL OF EVENT 211 Female 15 Yrs 200m Butterfly***

Place	Name	AaD	Club	Time	WA Pts	100
1.	Chloe Barnard	15	Basildon Ph	2:25.10	591	1:07.66
2.	Lily Murrell	15	Norwich Swan	2:31.33	521	1:11.75
3.	Olivia Greenall	15	Co Norwich	2:31.65	518	1:12.97
4.	Hollie Gilbertson	15	Co Norwich	2:39.28	447	1:17.19
5.	Melike Dagdelen	15	Putteridge	2:40.52	436	1:15.87
6.	Ever Ives	15	Hatfield	2:41.11	432	1:13.13
7.	Molly Burrows	15	Co Peterboro	2:43.50	413	1:18.20
8.	Antonia Elias	15	Hatfield	2:43.77	411	1:16.04

***EVENT 245 FINAL OF EVENT 211 Female 16 Yrs 200m Butterfly***

Place	Name	AaD	Club	Time	WA Pts	100
1.	Sadie Hunter	16	Co Peterboro	2:20.28	654	1:07.87
2.	Eloise Cole	16	Bedford SS	2:27.39	564	1:09.82
3.	Annie McLeod	16	Putteridge	2:31.37	521	1:11.00
4.	Eleanor McLeod	16	Putteridge	2:36.96	467	1:13.74
5.	Poppy Magill	16	Putteridge	2:37.65	461	1:12.93
6.	Genevieve White	16	Co Cambridge	2:38.71	452	1:13.11
7.	Amelia Saunders	16	St Felix Sch	2:40.35	438	1:18.13
8.	Mia Gray	16	Norwich Swan	2:41.88	426	1:17.04

***EVENT 246 FINAL OF EVENT 211 Female 17 Yrs/Over 200m Butterfly***

Place	Name	AaD	Club	Time	WA Pts	100
1.	Skye Carter	17	Basildon Ph	2:21.16	642	1:07.90
2.	Matilda Ransome	18	Co Cambridge	2:23.89	606	1:08.21
3.	Hannah Willis	19	Co Peterboro	2:25.41	587	1:08.72
4.	Charlotte Smith	17	Norwich Swan	2:26.31	577	1:09.71
5.	Lara Treharne	17	Co Peterboro	2:31.64	518	1:09.63
6.	Lexie O'Connor	17	Basildon Ph	2:31.88	515	1:11.40
7.	Louise Webster	17	Thurrock	2:33.70	497	1:12.68
8.	Lexie Goodman	17	Basildon Ph	2:37.55	462	1:13.50

***EVENT 247 FINAL OF EVENT 214 Open/Male 15 Yrs 100m Breaststroke***

Place	Name	AaD	Club	Time	WA Pts
1.	Charlie Ruddell	15	teamipswich	1:09.58	546
2.	Chun Ho Chan	15	Watford SC	1:12.22	488
3.	Szymon Pierzecki	15	Witham Dolph	1:12.53	482
4.	James McGettigan	15	Thurrock	1:13.00	473
5.	Maximus Atkin	15	Linslade	1:14.35	447
6.	Theo Smith	15	Hitchin	1:15.87	421
7.	Frank Lamb	15	Co Peterboro	1:16.24	415
8.	Daniel De Filippo	15	Flitwick	1:17.86	389

***EVENT 248 FINAL OF EVENT 214 Open/Male 16 Yrs 100m Breaststroke***

Place	Name	AaD	Club	Time	WA Pts
1.	Saxon Minto	16	Chelmsford	1:06.92	614
2.	Joshua Sackree	16	Co Peterboro	1:08.60	570
3.	Reece Burns	16	Chelmsford	1:09.40	550
4.	Henry Mann	16	Norwich Swan	1:10.64	522
5.	George Prince	16	Putteridge	1:10.71	520
6.	Harvey Durham	16	Co Norwich	1:10.89	516
7.	Jack Webb	16	Witham Dolph	1:12.81	476
8.	Benjamin Every	16	St Felix Sch	1:15.03	435

***EVENT 249 FINAL OF EVENT 214 Open/Male 17 /Over 100m Breaststroke***

Place	Name	AaD	Club	Time	WA Pts
1.	Olivier Vedrenne	19	Co Norwich	1:04.42	688
2.	Finlay Ryan	25	West Norfolk	1:06.67	620
3.	Ben Buckley	17	Co Norwich	1:08.47	573
4.	James Noble	22	Norwich Swan	1:08.50	572
5.	Daryl Rands	27	Colchester	1:08.87	563
6.	Daniel Holliss	18	Co St Albans	1:08.91	562
7.	Glennon Lee	18	Harlow Pen	1:10.17	532
	Edward Ormsby	17	Co Cambridge	DQ	

***EVENT 250 FINAL OF EVENT 213 Female 15 Yrs 50m Freestyle***

Place	Name	AaD	Club	Time	WA Pts
1.	Sophie Palmer	15	Basildon Ph	27.57	628
2.	Jasmine Carter	15	Basildon Ph	27.71	618
3.	Grace Robinson	15	St Felix Sch	27.81	611
4.	Nicole Maynard	15	Basildon Ph	28.40	574
5.	Olivia Greenall	15	Co Norwich	28.44	572
5.	Amelia Lewis	15	teamipswich	28.44	572
7.	Bethany Rumsby	15	Norwich Swan	28.54	566
8.	Amy Meyer	15	Biggleswade	28.76	553

***EVENT 251 FINAL OF EVENT 213 Female 16 Yrs 50m Freestyle***

Place	Name	AaD	Club	Time	WA Pts
1.	Olivia Minett	16	Co Peterboro	27.14	658
2.	Eloise Cole	16	Bedford SS	27.16	656
3.	Daisy Russell	16	DunmowAtlant	27.61	625
4.	Millie Harris	16	West Norfolk	27.70	619
5.	Katerina Di Maria	16	Co Norwich	27.74	616
6.	Isabel Thomas	16	Newmarket	27.94	603
7.	Erin Currie	16	Hatfield	29.17	530
8.	Weronika Mikolajewska	16	Co Peterboro	29.21	528

***EVENT 252 FINAL OF EVENT 213 Female 17 Yrs/Over 50m Freestyle***

Place	Name	AaD	Club	Time	WA Pts
1.	Skye Carter	17	Basildon Ph	26.33	721
2.	Ellen Duffield	17	teamipswich	26.97	670
3.	Grace Greenhalf	17	Co Norwich	27.18	655
4.	Connie Davies	18	Deben	27.38	641
5.	Laura Burgess	18	Bishop Stort	27.62	624
6.	Matilda Bogle	18	teamipswich	27.80	612
7.	Charlotte Williams	18	Hatfield	27.82	611
8.	Alexa Mann	18	Chelmsford	27.87	607

***EVENT 253 FINAL OF EVENT 222 Open/Male 15 Yrs 100m Butterfly***

Place	Name	AaD	Club	Class	Time	WA Pts
1.	Jude Gunner	15	St Felix Sch	14	1:00.67	541
2.	Ethan Thorpe	15	Basildon Ph		1:01.29	525
3.	Dylan Davenport	15	Bishop Stort		1:01.46	520
4.	Joshua Parker	15	Braintree		1:01.69	515
5.	Marton Molnar	15	Co Cambridge		1:02.52	494
6.	Danylo Kravchenko	15	New Hall		1:02.78	488
7.	Maxwell Hozier	15	Hoddesdon		1:02.81	487
8.	Frank Jacob	15	Co Cambridge		1:05.21	436

***EVENT 254 FINAL OF EVENT 222 Open/Male 16 Yrs 100m Butterfly***

Place	Name	AaD	Club	Time	WA Pts
1.	Joshua Shepherd	16	Thurrock	57.34	641
2.	Oscar Winterburn	16	teamipswich	1:00.39	549
3.	Kian Lee	16	Co Peterboro	1:00.47	546
4.	Ryan Close	16	Bedford SS	1:00.68	541
5.	Rufus Bennett	16	Co Peterboro	1:00.96	533
6.	Finlay Neve	16	Co Norwich	1:01.56	518
7.	Billy Cyl	16	Ware	1:02.09	505
8.	Daniel Williams	16	Hatfield	1:02.57	493

***EVENT 255 FINAL OF EVENT 222 Open/Male 17 /Over 100m Butterfly***

Place	Name	AaD	Club	Time	WA Pts
1.	Henry Dean	18	Thurrock	56.37	675
2.	Matthew Aldred	19	Watford SC	56.95	654
3.	Harry Jones	24	Co Norwich	57.28	643
4.	Maddox Roberts	18	Witham Dolph	57.57	633
5.	Jake Thomas-Mansfield	24	West Suffolk	58.34	608
6.	Nikita Charykin	18	Thurrock	59.54	572
7.	Riley Hall	17	Co Cambridge	59.76	566
8.	Thomas Liddiard	18	Ware	1:01.05	531

***EVENT 256 FINAL OF EVENT 221 Female 15 Yrs 200m Breaststroke***

Place	Name	AaD	Club	Time	WA Pts	100
1.	Jasmine Carter	15	Basildon Ph	2:41.55	617	1:18.22
2.	Charlisse Harding	15	Norwich Swan	2:41.72	615	1:17.79
3.	Yan Ting Emily Pak	15	Co Cambridge	2:46.01	568	1:19.51
4.	Clementine Lovell	15	teamipswich	2:46.14	567	1:18.53
5.	Isabel White	15	Biggleswade	2:52.12	510	1:21.31
6.	Eloise Collins	15	West Norfolk	3:02.85	425	1:25.62
7.	I Stratton-Thomsett	15	Colchester	3:03.86	418	1:29.58
8.	Mercy Adeoye	15	Hatfield	3:06.69	399	1:28.45

***EVENT 257 FINAL OF EVENT 221 Female 16 Yrs 200m Breaststroke***

Full Results

Place	Name	AaD	Club	Time	WA Pts	100
1.	Ella Greatbatch	16	Bishop Stort	2:44.69	582	1:20.04
2.	Georgina Hamilton	16	Co St Albans	2:49.94	530	1:22.64
3.	Alice Watts	16	Co Cambridge	2:54.74	487	1:24.98
4.	Ellie Smith	16	Co Norwich	2:55.05	485	1:24.31
5.	Molly Bartup	16	Cheshunt	2:55.17	484	1:24.22
6.	Weronika Mikolajewska	16	Co Peterboro	2:56.21	475	1:24.58
7.	Bethany Crawley	16	teamipswich	2:59.07	453	1:26.16
8.	Hannah Lovelock	16	Hitchin	2:59.70	448	1:25.27

***EVENT 258 FINAL OF EVENT 221 Female 17 /Over 200m Breaststroke***

Place	Name	AaD	Club	Time	WA Pts	100
1.	Ellen Eccleston	17	Co Norwich	2:39.40	642	1:16.85
2.	Lilly Davis	17	Co Peterboro	2:40.73	626	1:17.28
3.	Rebecca Keetley	20	Co Cambridge	2:41.05	623	1:16.19
4.	Chloe Butler	20	St Ives	2:41.23	620	1:16.62
5.	Molly Monk	20	Co Norwich	2:41.72	615	1:18.95
6.	Isabelle Cameron	17	Co Peterboro	2:42.75	603	1:17.33
7.	Sophie Payne	22	Putteridge	2:44.19	587	1:18.41
8.	Caitlin Hartley	20	Hatfield	2:44.20	587	1:16.48

***EVENT 259 FINAL OF EVENT 231 Open/Male 15 Yrs 100m Freestyle***

Place	Name	AaD	Club	Time	WA Pts
1.	Joshua Parker	15	Braintree	55.07	616
2.	Oscar Hunter	15	Norwich Swan	55.60	598
3.	Luke Bumard	15	Co St Albans	55.82	591
4.	Jamie Comitti	15	Basildon Ph	56.55	568
5.	Frank Jacob	15	Co Cambridge	57.27	547
6.	Maxwell Hozier	15	Hoddesdon	57.57	539
7.	Oliver Davey	15	Co Cambridge	58.70	508
8.	Dylan Davenport	15	Bishop Stort	58.79	506

***EVENT 260 FINAL OF EVENT 231 Open/Male 16 Yrs 100m Freestyle***

Place	Name	AaD	Club	Time	WA Pts
1.	Evan McQuade	16	DunmowAtlant	53.85	658
2.	Daniel Belsey	16	Hatfield	54.80	625
3.	Jack Swindale	16	Co Peterboro	55.22	611
4.	Joshua Sackree	16	Co Peterboro	55.70	595
5.	Theo Bari	16	Saffron Wald	55.97	586
6.	Joshua Shepherd	16	Thurrock	56.48	571
7.	Ronnie Edwards	16	Rochford	56.62	566
8.	Oliver Baskerville	16	Hatfield	58.32	518

***EVENT 261 FINAL OF EVENT 231 Open/Male 17 /Over 100m Freestyle***

Place	Name	AaD	Club	Time	WA Pts
1.	Matthew Wright	26	Team Luton	51.38	758
2.	Maddox Roberts	18	Witham Dolph	51.74	742
3.	Matthew Baker	18	West Suffolk	52.53	709
4.	Olivier Vedrenne	19	Co Norwich	52.55	709
5.	Damon Elliott	20	DunmowAtlant	54.06	651
6.	Matthew Monie	19	Co Cambridge	54.33	641
7.	Jack Abram	19	Co Norwich	54.87	622
8.	Edward Ormsby	17	Co Cambridge	54.88	622

***EVENT 262 FINAL OF EVENT 232 Female 15 Yrs 200m Backstroke***

Place	Name	AaD	Club	Time	WA Pts	100
1.	Grace Robinson	15	St Felix Sch	2:22.02	651	1:10.77
2.	Clementine Lovell	15	teamipswich	2:22.32	647	1:10.66
3.	Nicole Maynard	15	Basildon Ph	2:26.83	589	1:12.70
4.	Charlie Duce	15	Bedford SS	2:28.04	575	1:12.65
5.	Amy Meyer	15	Biggleswade	2:29.64	557	1:14.05
6.	Gabriella Troman	15	teamipswich	2:29.70	556	1:13.58
7.	Summer Evason	15	Watford SC	2:29.99	553	1:13.24
8.	Gabriella Meyer	15	Chelmsford	2:32.39	527	1:13.39

***EVENT 263 FINAL OF EVENT 232 Female 16 Yrs 200m Backstroke***

Place	Name	AaD	Club	Time	WA Pts	100
1.	Francesca Howell	16	Chelmsford	2:25.53	605	1:10.83
2.	Vanesa Cimermanova	16	Co Peterboro	2:27.21	585	1:10.52
3.	Emily Pitcher	16	Norwich Swan	2:27.88	577	1:12.09
4.	Adrija Raudonyte	16	Newmarket	2:29.12	563	1:11.55
5.	Sadie Hunter	16	Co Peterboro	2:30.86	543	1:13.89
6.	Eloise Cole	16	Bedford SS	2:32.03	531	1:14.06
7.	Erin Currie	16	Hatfield	2:34.39	507	1:13.95
8.	Ella Dawson	16	Chelmsford	2:35.00	501	1:15.10

***EVENT 264 FINAL OF EVENT 232 Female 17 Yrs/Over 200m Backstroke***

Place	Name	AaD	Club	Time	WA Pts	100
1.	Evangelina Pierce	17	Basildon Ph	2:21.27	662	1:08.73
2.	Isobel Mather	17	Co Cambridge	2:21.65	656	1:09.11
3.	Connie Davies	18	Deben	2:23.24	635	1:09.10
4.	Hannah Willis	19	Co Peterboro	2:24.29	621	1:09.89
5.	Megan Donovan	17	Co Peterboro	2:25.85	601	1:10.90
6.	Charlotte Williams	18	Hatfield	2:26.31	596	1:10.45
7.	Cait Cotter	17	Chelmsford	2:29.51	558	1:11.82
8.	Megan Pye	22	Co Norwich	2:29.55	558	1:12.07

***EVENT 265 Open/Male 14/16 Yrs 400m Free Team***

Place	Name	Club	Time	WA Pts	
1.	Co Peterboro A	14/16 Co Peterboro	3:41.70	612	
		Jack Swindale			54.97
		Orlando Dearing			55.48
		Josh Sackree			54.88
		Rufus Bennett			56.37
2.	Hatfield	14/16 Hatfield	3:47.41	567	
		Oliver Baskerville			56.53
		Niccolo Camilotti			59.33
		Daniel Williams			57.09
		Daniel Belsey			54.46
3.	Basildon Ph	14/16 Basildon Ph	3:49.01	555	
		Lee Boka			58.48
		Conor Mint			58.45
		Ethan Thorpe			56.63
		Jamie Comititi			55.45
4.	Co Cambridge	14/16 Co Cambridge	3:50.87	542	
		Norbert Kadar			58.19
		Sam Artingstall			57.52
		Oliver Davey			58.83
		Frank Jacob			56.33
5.	Co Peterboro B	14/16 Co Peterboro	3:52.10	533	
		Kian Lee			56.94
		Zilvinas Simkus			58.44
		Jacob Bacon			57.36
		Kieran Ng			59.36
6.	Thurrock	14/16 Thurrock	3:52.53	530	
		James Mcgettigan			59.58
		Ademola Oshwole			56.05
		Kevin Moghina			58.44
		Joshua Shepherd			58.46
7.	Watford SC	14/16 Watford SC	3:53.20	525	
		James Gibson			58.59
		Chun Ho Chan			59.30
		William Harris			59.87
		Danylo Snitko			55.44
8.	Chelmsford	14/16 Chelmsford	3:55.88	508	
		Anthony Ganchev			1.00.26
		Reece Burns			1.00.27
		Louise Allen			58.17
		Saxon Minto			57.18
9.	Co Norwich	14/16 Co Norwich	3:57.25	499	
		Fin Neve			57.95
		Harvey Durham			58.76
		Isaac Buchan			1.00.06
		James Clarke			1.00.48
10.	Co St Albans	14/16 Co St Albans	3:57.38	498	
		Luke Burnard			58.11
		Ryan Ingram			59.70
		Zak Fellows			59.61
		Cheuk-Kin Lau			59.96
11.	Team Waveney	14/16 Team Waveney	3:57.80	496	
		Jack Bidle			58.80
		Hayden Garrod			1.00.09
		Spencer Battisson			1.00.36
		Daniel Turner			58.55

***EVENT 266 Open/Male 17 /Over 400m Free Team***

Place	Name	Club	Time	WA Pts	
1.	Co Norwich	17/OV Co Norwich	3:38.87	636	
		Jack Abram			56.02
		Harry Jones			53.46
		Olivier Vedrenne			52.36
		Oliver Pike			57.03
2.	Co Cambridge	17/OV Co Cambridge	3:39.24	632	
		Edward Ormsby			54.94
		Riley Hall			55.51
		Janos Kadar			54.99
		Matthew Monie			53.80
3.	Thurrock	17/OV Thurrock	3:42.19	608	
		Nikita Charykin			54.80
		Henry Dean			57.01
		Freddie Gardner			54.90
		Ethan Martin			55.48
4.	Basildon Ph	17/OV Basildon Ph	3:45.09	584	
		Jacob Ray			56.32
		Roan Brennan			57.88
		Daniel McGuinness			55.22
		Joe Power			55.67
5.	Bishop Stort	17/OV Bishop Stort	3:48.67	557	
		Callum Davis			57.63
		George Grimwood			58.03
		Jacob Hayes			56.76
		Jake Lloyd			56.25
6.	Co St Albans	17/OV Co St Albans	3:49.78	549	
		Alexander Kalverboer			55.66
		Nathanial Mapley			56.56
		Daniel Holliss			58.82
		George Hooper			58.74
7.	Ware	17/OV Ware	3:53.68	522	
		Thomas Currie			57.77
		Atikan To			58.68
		Charles Sinclair			59.67
		Thomas Liddiard			57.56
8.	Norfolk Vikg	17/OV Norfolk Vikg	3:56.48	504	
		Ashley Jones			59.09
		Sam Morton			1.01.61
		Lewis Gouly			59.77
		Harry Hudson			56.01

***EVENT 267 Female 14/16 Yrs 400m Medley Team***

Place	Name	Club	Time	WA Pts	
1.	Basildon Ph	14/16 Basildon Ph Nicole Maynard Jasmine Carter Amelia Fenner Sophie Palmer	4:26.99	642	1.07.78 1.11.85 1.06.50 1.00.86
2.	Co Peterboro A	14/16 Co Peterboro Vanesa Cimermanova Alexis Johnson Sadie Hunter Olivia Minett	4:33.67	596	1.07.76 1.20.96 1.05.95 59.00
3.	Co Norwich	14/16 Co Norwich Katerina Di Maria Ellie Smith Olivia Greenall Francesca Barber	4:36.21	580	1.07.60 1.21.57 1.05.07 1.01.97
4.	Norwich Swan	14/16 Norwich Swan Emily Pitcher Charlisse Harding Lily Murrell Bethany Rumsby	4:38.23	567	1.09.35 1.16.12 1.09.43 1.03.33
5.	Co Peterboro B	14/16 Co Peterboro Emma Cushion Weronika Mikolajewska Molly Burrows Anabelle Kett	4:44.86	529	1.10.74 1.23.12 1.09.63 1.01.37
6.	Hatfield	14/16 Hatfield Erin Currie Mercy Adeoye Ever Ives Alexandra Nurney	4:46.30	521	1.10.88 1.26.21 1.08.70 1.00.51
7.	Co St Albans	14/16 Co St Albans Sophie Holliss Georgina Hamilton Verity Fuge Gigi Raubitschek-Smith	4:47.10	516	1.13.01 1.19.19 1.09.87 1.05.03
8.	Chelmsford	14/16 Chelmsford Francesca Howell Gabiella Meyer Lucy Clarke Ella Dawson	4:47.31	515	1.09.25 1.25.92 1.10.70 1.01.44
9.	Newmarket	14/16 Newmarket Adrija Raudonyte Ella Deaton Erin Barber Isabel Thomas	4:51.35	494	1.09.84 1.28.57 1.12.04 1.00.90
10.	DunmowAtlant	14/16 DunmowAtlant Niamh Chambers Jodie Thompson Daisy Russell Alice Fearn	5:04.20	434	1.20.82 1.26.00 2.17.38

***EVENT 268 Female 17 Yrs/Over 400m Medley Team***

Place	Name	Club	Time	WA Pts	
1.	Co Cambridge	17/OV Co Cambridge	4:23.70	666	
		Izzy Mather			1.06.76
		Rebecca Keetely			1.13.86
		Georgia Holgate			1.03.64
		Francesca Baber			59.44
2.	Basildon Ph	17/OV Basildon Ph	4:25.37	654	
		Evangeline Pierce			1.06.47
		Ruby Wheeler			1.16.65
		Skye Carter			1.02.04
		Lexie O'Connor			1.00.21
3.	Co Peterboro	17/OV Co Peterboro	4:26.91	643	
		Hannah Willis			1.05.62
		Isabelle Cameron			1.14.13
		Lara Treharne			1.06.50
		Shahd Mohamed			1.00.66
4.	Norwich Swan	17/OV Norwich Swan	4:30.04	621	
		Amara Addison			1.07.43
		Daisy Mixer			1.16.95
		Charlotte Smith			1.04.23
		Ruby Chapman			1.01.43
5.	Co Norwich	17/OV Co Norwich	4:30.68	616	
		Megan Pye			1.08.89
		Ellen Ecclestone			1.16.83
		Grace Greenhalf			1.05.18
		Jessica-Jane Applegate			59.78
6.	Hatfield	17/OV Hatfield	4:30.87	615	
		Sophie Green			1.09.48
		Ashley Ransome			1.13.45
		Charlotte Williams			1.05.93
		Katie Jeffrey			1.02.01
7.	Chelmsford	17/OV Chelmsford	4:49.72	502	
		Sophie O'Rorke			1.16.85
		Lisa Leinemann			1.22.91
		Cait Cotter			1.07.61
		Alexa Mann			1.02.35