

EVENT 111 Mixed 800m Freestyle

OPEN/MALE 11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts				
1.	Finley Burford	12	Basildon Ph	10:28.57	372				
	100m 1:12.50	200m 2:31.98	300m 3:52.09	400m 5:11.89	500m 6:31.63	600m 7:51.50	700m 9:10.99	800m 10:28.57	
2.	Apollo Pop	11	Chelmsford	10:54.31	329				
	100m 1:18.77	200m 2:42.22	300m 4:05.06	400m 5:27.88	500m 6:50.74	600m 8:14.36	700m 9:37.36	800m 10:54.31	
3.	Montgomery Brewster	12	Watford SC	10:54.50	329				
	100m 1:13.57	200m 2:35.15	300m 3:57.94	400m 5:21.71	500m 6:46.02	600m 8:09.46	700m 9:33.32	800m 10:54.50	
4.	San Choi	12	Co Cambridge	10:59.40	322				
	100m 1:15.39	200m 2:38.94	300m 4:03.06	400m 5:27.64	500m 6:51.53	600m 8:15.15	700m 9:38.67	800m 10:59.40	
5.	Bobby Bennett	12	Basildon Ph	11:01.06	319				
	100m 1:16.15	200m 2:39.77	300m 4:03.49	400m 5:28.05	500m 6:52.58	600m 8:17.22	700m 9:42.02	800m 11:01.06	
6.	Hugo Harley	12	Watford SC	11:03.53	316				
	100m 1:17.21	200m 2:41.07	300m 4:05.16	400m 5:30.08	500m 6:54.71	600m 8:19.45	700m 9:43.90	800m 11:03.53	
7.	Riccardo Di Maria	12	Co Norwich	11:09.27	308				
	100m 1:17.74	200m 2:41.70	300m 4:06.95	400m 5:31.61	500m 6:55.74	600m 8:22.23	700m 9:46.19	800m 11:09.27	
8.	Leo Sims	11	Hatfield	11:23.11	289				
	100m 1:17.56	200m 2:44.06	300m 4:11.85	400m 5:39.16	500m 7:06.47	600m 8:32.47	700m 9:57.67	800m 11:23.11	
9.	George Sims	11	Hatfield	11:23.71	289				
	100m 1:15.82	200m 2:40.81	300m 4:07.59	400m 5:34.17	500m 7:01.77	600m 8:29.92	700m 9:57.40	800m 11:23.71	
10.	Todd Leung	12	Hatfield	11:36.88	273				
	100m 1:16.99	200m 2:44.04	300m 4:13.34	400m 5:43.66	500m 7:14.87	600m 8:46.20	700m 10:11.30	800m 11:36.88	

OPEN/MALE 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts				
1.	Perrin Ma	13	Hatfield	9:44.34	463				
	100m 1:08.71	200m 2:21.72	300m 3:36.22	400m 4:49.98	500m 6:04.62	600m 7:18.12	700m 8:31.70	800m 9:44.34	
2.	Janos Csepely	13	teamipswich	9:45.53	460				
	100m 1:09.06	200m 2:22.28	300m 3:35.59	400m 4:50.40	500m 6:05.29	600m 7:19.41	700m 8:34.05	800m 9:45.53	
3.	Constantine Calliafas	13	Watford SC	9:55.13	438				
	100m 1:07.70	200m 2:22.38	300m 3:37.81	400m 4:53.51	500m 6:10.01	600m 7:27.07	700m 8:43.02	800m 9:55.13	
4.	Isaac Mendham	13	Chelmsford	9:57.52	433				
	100m 1:10.81	200m 2:28.51	300m 3:44.57	400m 4:59.61	500m 6:16.16	600m 7:32.01	700m 8:46.73	800m 9:57.52	
5.	Xavier Zerban	13	Biggleswade	10:00.24	427				
	100m 1:09.55	200m 2:25.29	300m 3:43.07	400m 5:00.58	500m 6:17.37	600m 7:32.99	700m 8:47.59	800m 10:00.24	
6.	Ethan Knights	13	teamipswich	10:01.38	424				
	100m 1:11.17	200m 2:28.46	300m 3:45.61	400m 5:02.40	500m 6:18.78	600m 7:35.31	700m 8:50.25	800m 10:01.38	
7.	Ivan Ijomonni	13	Thurrock	10:08.55	410				
	100m 1:10.54	200m 2:27.69	300m 3:45.07	400m 5:03.46	500m 6:20.88	600m 7:38.65	700m 8:55.45	800m 10:08.55	
8.	Ethan Woolsey	13	St Neot Swan	10:11.71	403				
	100m 1:11.61	200m 2:27.32	300m 3:45.07	400m 5:02.76	500m 6:20.43	600m 7:38.83	700m 8:56.20	800m 10:11.71	
9.	Byron Miller	13	teamipswich	10:13.59	400				
	100m 1:10.67	200m 2:27.58	300m 3:46.47	400m 5:04.90	500m 6:23.70	600m 7:41.61	700m 8:59.29	800m 10:13.59	
10.	Kameron Baker	13	Co Peterboro	10:21.83	384				
	100m 1:11.14	200m 2:29.20	300m 3:48.77	400m 5:07.98	500m 6:26.91	600m 7:45.98	700m 9:05.00	800m 10:21.83	
11.	Adam Hart	13	Witham Dolph	10:25.52	377				
	100m 1:11.57	200m 2:30.28	300m 3:49.91	400m 5:10.26	500m 6:30.28	600m 7:50.06	700m 9:09.53	800m 10:25.52	
12.	Nicholas Mitroi	13	Thurrock	10:43.18	347				
	100m 1:12.14	200m 2:30.15	300m 3:51.72	400m 5:13.51	500m 6:35.43	600m 7:58.69	700m 9:21.90	800m 10:43.18	

OPEN/MALE 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts				
1.	Jacob Bacon	14	Co Peterboro	9:10.72	553				
	100m 1:03.27	200m 2:11.91	300m 3:21.07	400m 4:30.85	500m 5:41.37	600m 6:51.99	700m 8:02.58	800m 9:10.72	
2.	Cheuk-Kin Lau	14	Co St Albans	9:36.17	483				
	100m 1:05.14	200m 2:17.04	300m 3:30.78	400m 4:44.56	500m 5:58.66	600m 7:12.07	700m 8:25.62	800m 9:36.17	
3.	Oliver Fuller	14	Co Cambridge	9:36.61	482				
	100m 1:06.18	200m 2:17.55	300m 3:30.86	400m 4:45.01	500m 5:59.62	600m 7:13.65	700m 8:27.82	800m 9:36.61	
4.	William Hughes	14	Basildon Ph	9:39.42	475				
	100m 1:06.55	200m 2:18.78	300m 3:32.29	400m 4:46.73	500m 6:00.52	600m 7:14.75	700m 8:28.85	800m 9:39.42	
5.	Kieran Ng	14	Co Peterboro	9:43.15	466				
	100m 1:03.16	200m 2:14.56	300m 3:27.94	400m 4:42.67	500m 5:58.73	600m 7:13.98	700m 8:30.35	800m 9:43.15	
6.	George Saunders	14	Team Luton	9:44.31	463				
	100m 1:05.66	200m 2:19.00	300m 3:33.98	400m 4:49.24	500m 6:04.22	600m 7:18.92	700m 8:34.17	800m 9:44.31	
7.	Haiden Hall	14	Deben	9:48.10	454				
	100m 1:05.78	200m 2:18.08	300m 3:32.66	400m 4:47.46	500m 6:03.36	600m 7:19.08	700m 8:34.63	800m 9:48.10	

OPEN/MALE 15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts				
1.	Conor Mint	15	Basildon Ph	9:14.24	542				
	100m 1:03.09	200m 2:12.11	300m 3:22.35	400m 4:32.69	500m 5:44.17	600m 6:55.87	700m 8:06.58	800m 9:14.24	
2.	Oscar Hunter	15	Norwich Swan	9:17.66	532				
	100m 1:01.91	200m 2:10.38	300m 3:21.03	400m 4:31.99	500m 5:43.26	600m 6:55.75	700m 8:08.43	800m 9:17.66	
3.	Jamie Wilson	15	West Norfolk	9:21.91	520				
	100m 1:02.82	200m 2:11.97	300m 3:23.33	400m 4:34.85	500m 5:47.43	600m 6:59.85	700m 8:12.06	800m 9:21.91	
4.	Ashton Blake	15	Basildon Ph	9:27.75	504				
	100m 1:06.32	200m 2:18.17	300m 3:30.31	400m 4:42.11	500m 5:54.04	600m 7:06.57	700m 8:19.06	800m 9:27.75	
5.	Callum Merrill	15	Chelmsford	9:30.63	497				
	100m 1:04.34	200m 2:14.69	300m 3:27.63	400m 4:40.64	500m 5:53.98	600m 7:06.52	700m 8:20.18	800m 9:30.63	
6.	Csanad Rehus	15	Co Peterboro	9:32.63	492				
	100m 1:05.31	200m 2:17.09	300m 3:29.00	400m 4:41.35	500m 5:54.32	600m 7:07.46	700m 8:20.97	800m 9:32.63	
7.	Oliver Fenwick	15	Team Luton	9:37.94	478				
	100m 1:04.81	200m 2:16.55	300m 3:29.30	400m 4:42.61	500m 5:56.64	600m 7:11.35	700m 8:26.18	800m 9:37.94	
8.	Anthony Ganchev	15	Chelmsford	9:38.31	477				
	100m 1:05.63	200m 2:16.40	300m 3:28.85	400m 4:42.44	500m 5:57.39	600m 7:12.48	700m 8:27.40	800m 9:38.31	

OPEN/MALE 16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts						
1.	Jack Swindale	16	Co Peterboro	8:45.42	637						
	100m 1:01.99			200m 2:07.99		300m 3:14.54	400m 4:20.16	500m 5:27.12	600m 6:34.26	700m 7:40.82	800m 8:45.42
2.	Daniel Belsey	16	Hatfield	8:52.55	611						
	100m 1:01.22			200m 2:07.80		300m 3:14.60	400m 4:21.14	500m 5:28.09	600m 6:35.73	700m 7:44.15	800m 8:52.55
3.	Orlando Dearing	16	Co Peterboro	9:01.84	580						
	100m 1:02.74			200m 2:09.45		300m 3:16.12	400m 4:22.53	500m 5:29.71	600m 6:39.10	700m 7:50.92	800m 9:01.84
4.	Adam O'Neal	16	Bedford SS	9:08.40	560						
	100m 1:04.51			200m 2:12.82		300m 3:23.08	400m 4:32.39	500m 5:42.57	600m 6:52.56	700m 8:02.14	800m 9:08.40
5.	Kian Lee	16	Co Peterboro	9:09.91	555						
	100m 1:03.58			200m 2:12.47		300m 3:22.06	400m 4:32.95	500m 5:42.92	600m 6:52.42	700m 8:01.64	800m 9:09.91
6.	B Macdonald-Williams	16	Bishop Stort	9:10.24	554						
	100m 1:03.42			200m 2:13.38		300m 3:24.25	400m 4:33.34	500m 5:43.82	600m 6:55.54	700m 8:04.39	800m 9:10.24
7.	Reece Burns	16	Chelmsford	9:13.73	544						
	100m 1:03.93			200m 2:13.45		300m 3:23.70	400m 4:34.07	500m 5:44.87	600m 6:54.74	700m 8:05.16	800m 9:13.73
8.	George Carter	16	Co Cambridge	9:14.62	541						
	100m 1:03.58			200m 2:12.36		300m 3:22.29	400m 4:32.80	500m 5:43.39	600m 6:54.49	700m 8:05.96	800m 9:14.62
9.	Robert Fenner	16	Basildon Ph	9:18.23	531						
	100m 1:03.08			200m 2:13.67		300m 3:23.11	400m 4:34.38	500m 5:43.53	600m 6:55.75	700m 8:07.88	800m 9:18.23

OPEN/MALE 17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts						
1.	Daniel McGuinness	18	Basildon Ph	8:42.02	649						
	100m 59.91			200m 2:05.19		300m 3:10.91	400m 4:16.88	500m 5:22.92	600m 6:29.09	700m 7:36.04	800m 8:42.02
2.	Ryan Wall	17	Co Cambridge	8:45.31	637						
	100m 1:00.88			200m 2:06.44		300m 3:12.96	400m 4:20.18	500m 5:27.10	600m 6:35.30	700m 7:42.10	800m 8:45.31
3.	Patch Robinson	17	teampipswich	8:49.49	622						
	100m 1:00.55			200m 2:06.61		300m 3:13.09	400m 4:20.13	500m 5:27.18	600m 6:35.39	700m 7:42.89	800m 8:49.49
4.	Daniel Moyses	18	Co Peterboro	9:02.10	580						
	100m 1:01.86			200m 2:09.56		300m 3:17.97	400m 4:27.23	500m 5:36.46	600m 6:46.08	700m 7:55.56	800m 9:02.10
5.	Luke Martell	18	Watford SC	9:03.11	576						
	100m 1:03.13			200m 2:11.36		300m 3:19.88	400m 4:28.38	500m 5:37.32	600m 6:47.63	700m 7:57.19	800m 9:03.11
6.	George Hooper	17	Co St Albans	9:04.87	571						
	100m 1:03.04			200m 2:10.84		300m 3:19.35	400m 4:27.73	500m 5:37.05	600m 6:46.75	700m 7:55.78	800m 9:04.87
7.	Daniel Thompson	17	Thurrock	9:19.90	526						
	100m 1:03.81			200m 2:12.48		300m 3:22.07	400m 4:33.02	500m 5:44.69	600m 6:56.60	700m 8:08.69	800m 9:19.90
8.	Charlie McKinnon	17	St Felix Sch	9:26.98	507						
	100m 1:04.01			200m 2:13.29		300m 3:24.70	400m 4:36.71	500m 5:49.16	600m 7:01.85	700m 8:14.85	800m 9:26.98

FEMALE 11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts				
1.	Charlotte Stewart	12	Co St Albans	10:26.89	462				
	100m 1:10.90	200m 2:30.13	300m 3:50.05	400m 5:09.13	500m 6:28.52	600m 7:49.07	700m 9:09.53	800m 10:26.89	
2.	Mia Wilson	12	Basildon Ph	10:35.56	443				
	100m 1:12.54	200m 2:32.22	300m 3:52.89	400m 5:12.26	500m 6:33.56	600m 7:55.42	700m 9:17.34	800m 10:35.56	
3.	Cerys Wall	12	Co Cambridge	10:43.76	427				
	100m 1:15.87	200m 2:36.43	300m 3:58.38	400m 5:20.79	500m 6:42.58	600m 8:03.51	700m 9:24.89	800m 10:43.76	
4.	Violet Freezer	12	teamipswich	10:46.85	420				
	100m 1:14.14	200m 2:36.07	300m 3:59.09	400m 5:21.80	500m 6:44.59	600m 8:06.87	700m 9:28.24	800m 10:46.85	
5.	Alice Buckingham	11	Team Luton	10:47.00	420				
	100m 1:14.35	200m 2:34.98	300m 3:57.66	400m 5:20.86	500m 6:43.62	600m 8:06.62	700m 9:28.44	800m 10:47.00	
6.	Sydney Lewis	12	Colchester	10:56.14	403				
	100m 1:14.78	200m 2:37.81	300m 4:01.28	400m 5:24.82	500m 6:49.88	600m 8:14.08	700m 9:37.36	800m 10:56.14	
7.	Eliza Jennings	12	Biggleswade	11:05.35	386				
	100m 1:15.57	200m 2:38.54	300m 4:03.35	400m 5:28.34	500m 6:54.70	600m 8:20.11	700m 9:44.82	800m 11:05.35	
8.	Skye Freeman	12	Norwich Swan	11:09.48	379				
	100m 1:15.49	200m 2:41.73	300m 4:06.99	400m 5:33.29	500m 6:59.24	600m 8:24.74	700m 9:50.17	800m 11:09.48	
9.	Olivia Wicks	12	Norwich Swan	11:13.68	372				
	100m 1:16.55	200m 2:41.19	300m 4:06.89	400m 5:33.38	500m 6:58.97	600m 8:24.47	700m 9:50.19	800m 11:13.68	
10.	Matilda Sharpe	12	Co Norwich	11:27.58	350				
	100m 1:20.42	200m 2:48.14	300m 4:15.24	400m 5:43.80	500m 7:11.89	600m 8:40.74	700m 10:08.69	800m 11:27.58	
11.	Isla Caley	12	Watford SC	11:27.82	350				
	100m 1:20.28	200m 2:46.72	300m 4:12.07	400m 5:39.41	500m 7:09.46	600m 8:37.79	700m 10:06.15	800m 11:27.82	
12.	Brooke Ptolomey	12	Putteridge	11:29.27	347				
	100m 1:20.56	200m 2:46.90	300m 4:13.32	400m 5:40.68	500m 7:08.08	600m 8:36.72	700m 10:05.50	800m 11:29.27	
13.	Nieve Ives	12	Hatfield	11:53.66	313				
	100m 1:14.58	200m 2:38.82	300m 4:03.83	400m 5:34.01	500m 7:05.52	600m 8:42.69	700m 10:20.00	800m 11:53.66	

FEMALE 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts				
1.	Megan Barnicoat	13	Bedford SS	9:57.18	534				
	100m 1:09.41	200m 2:24.55	300m 3:40.61	400m 4:56.55	500m 6:13.25	600m 7:28.67	700m 8:43.95	800m 9:57.18	
2.	Ayla Zolfaghari	13	Epping For't	10:12.63	495				
	100m 1:09.22	200m 2:25.63	300m 3:43.28	400m 5:00.95	500m 6:18.85	600m 7:37.35	700m 8:55.69	800m 10:12.63	
3.	Alexa Ramirez	13	Basildon Ph	10:14.62	490				
	100m 1:12.21	200m 2:29.78	300m 3:48.33	400m 5:06.26	500m 6:23.86	600m 7:42.40	700m 8:59.79	800m 10:14.62	
4.	Mia Nelson	13	Cheshunt	10:15.36	488				
	100m 1:10.81	200m 2:27.68	300m 3:45.70	400m 5:03.90	500m 6:21.78	600m 7:40.85	700m 8:59.31	800m 10:15.36	
5.	Chloe Cranny	13	Epping For't	10:16.50	486				
	100m 1:11.59	200m 2:29.28	300m 3:47.18	400m 5:05.33	500m 6:24.65	600m 7:43.39	700m 9:01.08	800m 10:16.50	
6.	Jorja Atkinson	13	Co Cambridge	10:26.80	462				
	100m 1:10.33	200m 2:29.07	300m 3:49.35	400m 5:10.07	500m 6:31.66	600m 7:51.01	700m 9:09.21	800m 10:26.80	
7.	Millie Tomlin	13	Basildon Ph	10:32.10	451				
	100m 1:12.56	200m 2:31.73	300m 3:52.47	400m 5:13.05	500m 6:34.54	600m 7:55.89	700m 9:15.75	800m 10:32.10	
8.	Amira Khelifa	13	Basildon Ph	10:45.23	424				
	100m 1:15.05	200m 2:36.63	300m 3:58.82	400m 5:21.19	500m 6:43.20	600m 8:05.85	700m 9:26.87	800m 10:45.23	

FEMALE 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts				
1.	Jasmine Hall	14	Basildon Ph	9:16.93	659				
	100m 1:03.97	200m 2:14.35	300m 3:24.86	400m 4:35.35	500m 5:45.61	600m 6:56.76	700m 8:08.78	800m 9:16.93	
2.	Amelia Fenner	14	Basildon Ph	9:22.54	640				
	100m 1:05.85	200m 2:16.76	300m 3:28.01	400m 4:39.68	500m 5:51.28	600m 7:02.92	700m 8:14.53	800m 9:22.54	
3.	Ellie Barth-Wehrenalp	14	Basildon Ph	9:43.10	574				
	100m 1:06.72	200m 2:18.68	300m 3:31.48	400m 4:45.25	500m 5:59.91	600m 7:14.38	700m 8:29.45	800m 9:43.10	
4.	Emma Cushion	14	Co Peterboro	9:49.76	555				
	100m 1:08.35	200m 2:22.69	300m 3:37.55	400m 4:52.94	500m 6:07.94	600m 7:22.74	700m 8:36.91	800m 9:49.76	
5.	Daisy Jubb	14	Co St Albans	10:18.75	480				
	100m 1:12.30	200m 2:31.82	300m 3:51.49	400m 5:10.64	500m 6:28.93	600m 7:46.81	700m 9:03.67	800m 10:18.75	
6.	Lucy Clarke	14	Chelmsford	10:20.39	477				
	100m 1:12.00	200m 2:29.84	300m 3:48.41	400m 5:06.97	500m 6:26.17	600m 7:44.78	700m 9:03.23	800m 10:20.39	

FEMALE 15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts				
1.	Chloe Barnard	15	Basildon Ph	9:32.77	606				
	100m 1:05.06	200m 2:15.63	300m 3:27.71	400m 4:40.76	500m 5:54.17	600m 7:07.56	700m 8:20.94	800m 9:32.77	
2.	Ever Ives	15	Hatfield	9:38.39	588				
	100m 1:06.18	200m 2:18.08	300m 3:30.88	400m 4:43.83	500m 5:57.28	600m 7:11.67	700m 8:25.92	800m 9:38.39	
3.	Gabriella Troman	15	teamipswich	9:41.44	579				
	100m 1:07.98	200m 2:21.17	300m 3:35.10	400m 4:49.01	500m 6:00.84	600m 7:15.36	700m 8:29.91	800m 9:41.44	
4.	Anabelle Kett	15	Co Peterboro	9:55.54	539				
	100m 1:07.68	200m 2:21.12	300m 3:35.80	400m 4:50.95	500m 6:07.41	600m 7:23.88	700m 8:41.02	800m 9:55.54	
5.	Charlie Duce	15	Bedford SS	9:55.66	539				
	100m 1:08.53	200m 2:21.90	300m 3:36.11	400m 4:51.19	500m 6:08.04	600m 7:25.22	700m 8:41.87	800m 9:55.66	
6.	Francesca Barber	15	Co Norwich	9:58.44	531				
	100m 1:08.25	200m 2:22.38	300m 3:37.47	400m 4:53.56	500m 6:10.01	600m 7:26.87	700m 8:44.20	800m 9:58.44	
7.	Eveline Gaydon	15	Colchester	10:08.02	506				
	100m 1:10.17	200m 2:24.04	300m 3:39.43	400m 4:55.40	500m 6:13.04	600m 7:30.69	700m 8:49.04	800m 10:08.02	

FEMALE 16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts				
1.	Sadie Hunter	16	Co Peterboro	9:25.09	631				
	100m 1:06.13			200m 2:16.95					
				300m 3:28.52					
				400m 4:39.72					
				500m 5:51.37					
				600m 7:03.30					
				700m 8:15.09					
				800m 9:25.09					
2.	Annie McLeod	16	Putteridge	9:28.90	618				
	100m 1:05.00			200m 2:15.33					
				300m 3:26.95					
				400m 4:39.06					
				500m 5:51.71					
				600m 7:04.62					
				700m 8:17.42					
				800m 9:28.90					
3.	Amelia Saunders	16	St Felix Sch	9:46.40	565				
	100m 1:08.21			200m 2:20.95					
				300m 3:35.12					
				400m 4:49.69					
				500m 6:03.87					
				600m 7:18.66					
				700m 8:33.74					
				800m 9:46.40					
4.	Francesca Howell	16	Chelmsford	9:48.70	558				
	100m 1:08.84			200m 2:22.99					
				300m 3:37.55					
				400m 4:52.33					
				500m 6:07.03					
				600m 7:21.98					
				700m 8:36.88					
				800m 9:48.70					
5.	Cailin Hehir	16	Watford SC	9:49.80	555				
	100m 1:08.58			200m 2:22.16					
				300m 3:35.87					
				400m 4:50.21					
				500m 6:04.86					
				600m 7:20.49					
				700m 8:36.32					
				800m 9:49.80					
6.	Lily Hayward	16	Epping For't	9:56.13	537				
	100m 1:09.65			200m 2:24.37					
				300m 3:39.84					
				400m 4:55.91					
				500m 6:11.71					
				600m 7:27.73					
				700m 8:43.35					
				800m 9:56.13					

FEMALE 17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts				
1.	Cait Cotter	17	Chelmsford	9:01.99	715				
	100m 1:03.71			200m 2:11.99					
				300m 3:20.26					
				400m 4:28.79					
				500m 5:37.56					
				600m 6:46.37					
				700m 7:55.38					
				800m 9:01.99					
2.	Sophie Dowding	17	teamipswich	9:27.31	624				
	100m 1:04.03			200m 2:14.95					
				300m 3:26.83					
				400m 4:38.96					
				500m 5:51.56					
				600m 7:04.10					
				700m 8:16.47					
				800m 9:27.31					
3.	Alexa Mann	18	Chelmsford	9:29.71	616				
	100m 1:04.35			200m 2:15.15					
				300m 3:26.90					
				400m 4:39.37					
				500m 5:52.35					
				600m 7:05.81					
				700m 8:19.12					
				800m 9:29.71					
4.	Talia Staines	22	Team Luton	9:31.34	610				
	100m 1:04.70			200m 2:15.75					
				300m 3:27.98					
				400m 4:40.67					
				500m 5:53.70					
				600m 7:07.09					
				700m 8:20.46					
				800m 9:31.34					
5.	Lisa Leinemann	17	Chelmsford	9:49.56	556				
	100m 1:08.99			200m 2:23.18					
				300m 3:37.30					
				400m 4:51.86					
				500m 6:07.08					
				600m 7:21.81					
				700m 8:36.62					
				800m 9:49.56					
6.	Keira-Mae Ingram	17	Co St Albans	10:27.25	461				
	100m 1:10.54			200m 2:28.51					
				300m 3:48.09					
				400m 5:08.13					
				500m 6:28.64					
				600m 7:49.35					
				700m 9:09.61					
				800m 10:27.25					