

Start List

<p align="center">Event 401 Open/Male 200m IM</p>				<p align="center">Event 407 Open/Male 100m Breaststroke</p>							
Final	L 1	Joshua Sackree	15	Co Peterboro	2:14.42	Final	L 1	Lewis Marston	21	Runnymede	1:07.03
	L 2	Daniel McGuinness	17	Basildon Ph	2:12.45		L 2	Finlay Ryan	24	West Norfolk	1:06.37
	L 3	Kai Adams	27	Halstead	2:08.46		L 3	Freddie Laws	20	West Norfolk	1:03.94
	L 4	Olivier Vedrenne	18	Co Norwich	2:07.76		L 4	Olivier Vedrenne	18	Co Norwich	1:02.38
	L 5	Edward Ormsby	16	Co Cambridge	2:07.86		L 5	Lawrence Palmer	31	Putteridge	1:02.92
	L 6	Nathan Wells	25	West Norfolk	2:08.88		L 6	Edward Ormsby	16	Co Cambridge	1:05.31
	L 7	Oscar Winterburn	15	teamipswich	2:13.82		L 7	Saxon Minto	15	Chelmsford	1:06.81
	L 8	Orlando Dearing	15	Co Peterboro	2:15.10		L 8	Daryl Rands	26	Colchester	1:07.07
<p align="center">Event 402 Female 50m Backstroke</p>				<p align="center">Event 408 Female 100m IM</p>							
Final	L 1	Megan Pye	21	Co Norwich	30.25	Final	L 1	Olivia Minett	15	Co Peterboro	1:07.19
	L 2	Matilda Bogle	17	teamipswich	29.79		L 2	Megan Pye	21	Co Norwich	1:06.81
	L 3	Georgia Holgate	16	Co Cambridge	29.37		L 3	Charlotte Williams	17	Hatfield	1:06.02
	L 4	Amara Addison	16	Norwich Swan	28.87		L 4	Skye Carter	16	Basildon Ph	1:05.79
	L 5	Vanessa Cimermanova	15	Co Peterboro	29.21		L 5	Grace Greenhalf	16	Co Norwich	1:05.83
	L 6	Hannah Willis	18	Co Peterboro	29.68		L 6	Hannah Willis	18	Co Peterboro	1:06.59
	L 7	Megan Maybanks	23	DunmowAtlant	30.20		L 7	Isabelle Cameron	16	Co Peterboro	1:06.88
	L 8	Ella Coombes	15	Basildon Ph	30.29		L 8	Sarah O'Brien	27	West Norfolk	1:07.48
<p align="center">Event 403 Open/Male 50m Freestyle</p>				<p align="center">Event 409 Open/Male 100m Backstroke</p>							
Final	L 1	Mason Allen	17	Basildon Ph	24.13	Final	L 1	Matthew Monie	18	Co Cambridge	58.49
	L 2	Jacques Bonsell	24	Co Cambridge	23.94		L 2	Maddox Roberts	17	Witham Dolph	57.98
	L 3	Alex Mason	18	Potters Bar	23.68		L 3	Nathan Wells	25	West Norfolk	57.42
	L 4	Maddox Roberts	17	Witham Dolph	22.55		L 4	Matthew Wright	25	Team Luton	56.23
	L 5	William Ellard	17	S14 St Felix Sch	23.29		L 5	Nikita Charykin	17	Thurrock	56.89
	L 6	Tobias Oglesby	19	West Norfolk	23.84		L 6	Mason Allen	17	Basildon Ph	57.94
	L 7	Ashley Coombs	22	Bushey	24.09		L 7	Joseph McGillivray	18	Co Norwich	58.35
	L 8	Finlay Ryan	24	West Norfolk	24.17		L 8	Jack Eden	21	Co Norwich	58.67
<p align="center">Event 404 Female 200m Butterfly</p>				<p align="center">Event 410 Female 100m Freestyle</p>							
Final	L 1	Annie McLeod	15	Putteridge	2:25.83	Final	L 1	Sophie Palmer	14	Basildon Ph	58.94
	L 2	Chloe Barnard	14	Basildon Ph	2:22.85		L 2	Francesca Baber	17	Co Cambridge	58.34
	L 3	Matilda Ransome	17	Co Cambridge	2:20.95		L 3	Abigail Crawley	18	teamipswich	58.06
	L 4	Sadie Hunter	15	Co Peterboro	2:20.04		L 4	Skye Carter	16	Basildon Ph	56.07
	L 5	Skye Carter	16	Basildon Ph	2:20.74		L 5	Grace Greenhalf	16	Co Norwich	57.26
	L 6	Georgia Holgate	16	Co Cambridge	2:22.15		L 6	Laura Burgess	17	Bishop Stort	58.27
	L 7	Charlotte Smith	16	Norwich Swan	2:25.64		L 7	Rebecca Johnson	18	DunmowAtlant	58.80
	L 8	Amelia Fenner	13	Basildon Ph	2:27.21		L 8	Alexandra Nurney	13	Hatfield	59.09
<p align="center">Event 405 Open/Male 200m Butterfly</p>				<p align="center">Event 411 Open/Male 200m Freestyle</p>							
Final	L 1	Zak Troman	16	teamipswich	2:11.77	Final	L 1	Orlando Dearing	15	Co Peterboro	1:58.10
	L 2	Harrison Shaw	16	Flitwick	2:09.83		L 2	Patch Robinson	16	teamipswich	1:57.56
	L 3	Matthew Aldred	18	Watford SC	2:07.43		L 3	Kai Adams	27	Halstead	1:56.34
	L 4	James Woodward	23	Hatfield	2:06.81		L 4	William Ellard	17	S14 St Felix Sch	1:54.11
	L 5	Matthew Wright	25	Team Luton	2:06.83		L 5	Matthew Baker	17	West Suffolk	1:56.08
	L 6	Henry Dean	17	Thurrock	2:09.20		L 6	Ben Davison	18	Hatfield	1:56.80
	L 7	Jake Thomas-Mansfield	23	West Suffolk	2:11.49		L 7	Matthew Monie	18	Co Cambridge	1:57.56
	L 8	Jason Ho	17	Hatfield	2:13.98		L 8	Daniel Belsey	15	Hatfield	1:58.25
<p align="center">Event 406 Female 100m Breaststroke</p>				<p align="center">Event 412 Female 200m Backstroke</p>							
Final	L 1	Beth Young	17	teamipswich	1:13.15	Final	L 1	Hannah Willis	18	Co Peterboro	2:21.39
	L 2	Lilly Davis	16	Co Peterboro	1:12.61		L 2	Niamh James	22	Bishop Stort	2:19.99
	L 3	Sarah O'Brien	27	West Norfolk	1:12.21		L 3	Evangelina Pierce	16	Basildon Ph	2:19.06
	L 4	Jasmine Carter	14	Basildon Ph	1:10.88		L 4	Matilda Bogle	17	teamipswich	2:17.15
	L 5	Ashley Ransome	28	Hatfield	1:11.96		L 5	Lois Smith	13	Basildon Ph	2:18.58
	L 6	Isabelle Cameron	16	Co Peterboro	1:12.33		L 6	Clementine Lovell	14	teamipswich	2:19.88
	L 7	Rebecca Keetley	19	Co Cambridge	1:12.96		L 7	Grace Robinson	14	St Felix Sch	2:20.59
	L 8	Ella Greatbatch	15	Bishop Stort	1:13.38		L 8	Adel Zakrzewski	20	Co Norwich	2:21.94

Event 413 Open/Male 50m Butterfly

Final

L 1	Lewis Chapman	22	Stowmarket	25.86
L 2	Maddox Roberts	17	Witham Dolph	25.37
L 3	James Woodward	23	Hatfield	25.27
L 4	Matthew Wright	25	Team Luton	24.64
L 5	Matthew Aldred	18	Watford SC	25.26
L 6	Henry Dean	17	Thurrock	25.30
L 7	Sam Townsend	19	Biggleswade	25.56
L 8	Joseph Bavey	18	Newmarket	25.96

Event 414 Female 50m Butterfly

Final

L 1	Eloise Cole	15	Modernian	29.06
L 2	Rebecca Johnson	18	DunmowAtlant	28.90
L 3	Charlotte Smith	16	Norwich Swan	28.75
L 4	Skye Carter	16	Basildon Ph	28.31
L 5	Georgia Holgate	16	Co Cambridge	28.53
L 6	Vanesa Cimermanova	15	Co Peterboro	28.84
L 7	Grace Greenhalf	16	Co Norwich	28.95
L 8	Megan Pye	21	Co Norwich	29.08

Event 415 Female 1500m Freestyle

H 1	L 1	Cailin Hehir	15	Watford SC	18:13.48
	L 2	Madelyn Latimer-Hicks	19	St Felix Sch	18:02.60
	L 3	Sophie Dowding	16	teamipswich	17:44.50
	L 4	Cait Cotter	16	Chelmsford	17:00.97
	L 5	Talia Staines	21	Team Luton	17:22.40
	L 6	Alexa Mann	17	Chelmsford	17:46.77
	L 7	Olivia Church	17	Thurrock	18:11.17
	L 8	Keira-Mae Ingram	16	Co St Albans	18:42.04

Event 416 Open/Male 200m Freestyle Team

H 1	L 3	Harpenden	Open	Harpenden	1:43.16
	L 4	Bishop Stort A	Open	Bishop Stort	1:41.50
	L 5	Stowmarket	Open	Stowmarket	1:41.80
	L 6	Co Peterboro B	Open	Co Peterboro	1:46.00
H 2	L 1	Co St Albans	Open	Co St Albans	1:40.00
	L 2	Co Peterboro A	Open	Co Peterboro	1:40.00
	L 3	Basildon Ph	Open	Basildon Ph	1:39.00
	L 4	Co Norwich	Open	Co Norwich	1:36.00
	L 5	Hatfield	Open	Hatfield	1:36.00
	L 6	Watford SC	Open	Watford SC	1:40.00
	L 7	DunmowAtlant	Open	DunmowAtlant	1:40.00
	L 8	Ware	Open	Ware	1:41.00

Event 417 Female 200m Medley Team

H 1	L 3	Co St Albans	Open	Co St Albans	2:14.00
	L 4	DunmowAtlant	Open	DunmowAtlant	2:04.00
	L 5	Watford SC	Open	Watford SC	2:05.00
H 2	L 2	Co Peterboro B	Open	Co Peterboro	2:00.00
	L 3	Co Norwich	Open	Co Norwich	1:58.00
	L 4	Basildon Ph	Open	Basildon Ph	1:55.00
	L 5	Co Peterboro A	Open	Co Peterboro	1:57.00
	L 6	Hatfield	Open	Hatfield	1:59.00
	L 7	Bishop Stort	Open	Bishop Stort	2:01.00