

EVENT 601 Open/Male 400m IM

Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Nathan Wells 50m 27.41	25	West Norfolk	4:35.75	617
		100m 1:00.25	150m 1:34.24	200m 2:08.58	250m 2:48.16
					300m 3:29.30
					350m 4:03.83
					400m 4:35.75
2.	Harrison Shaw 50m 28.91	16	Flitwick	4:39.30	594
		100m 1:03.74	150m 1:39.20	200m 2:14.31	250m 2:55.29
					300m 3:36.00
					350m 4:08.68
					400m 4:39.30
3.	Zak Troman 50m 30.00	16	teamipswich	4:41.30	581
		100m 1:03.92	150m 1:41.24	200m 2:18.13	250m 2:58.07
					300m 3:39.18
					350m 4:10.38
					400m 4:41.30
4.	Sandijs Cecins 50m 29.19	16	Colchester	4:43.42	568
		100m 1:03.66	150m 1:40.15	200m 2:16.04	250m 2:56.49
					300m 3:37.87
					350m 4:11.62
					400m 4:43.42
5.	Oscar Winterburn 50m 29.09	15	teamipswich	4:44.62	561
		100m 1:03.61	150m 1:40.05	200m 2:15.53	250m 2:56.80
					300m 3:38.62
					350m 4:13.11
					400m 4:44.62
6.	Jason Ho 50m 29.23	17	Hatfield	4:46.69	549
		100m 1:03.09	150m 1:40.05	200m 2:17.17	250m 2:57.90
					300m 3:40.28
					350m 4:13.57
					400m 4:46.69
7.	Samuel Jeffrey 50m 30.93	16	Hatfield	4:47.84	542
		100m 1:06.54	150m 1:42.65	200m 2:17.63	250m 2:58.55
					300m 3:40.35
					350m 4:14.98
					400m 4:47.84
8.	Kian Lee 50m 29.24	15	Co Peterboro	4:48.35	539
		100m 1:03.60	150m 1:40.80	200m 2:17.02	250m 2:59.57
					300m 3:41.86
					350m 4:15.94
					400m 4:48.35
9.	Orlando Dearing 50m 30.17	15	Co Peterboro	4:50.49	528
		100m 1:04.78	150m 1:42.46	200m 2:18.39	250m 3:01.90
					300m 3:45.65
					350m 4:18.51
					400m 4:50.49
10.	Reece Burns 50m 30.91	15	Chelmsford	4:52.43	517
		100m 1:09.30	150m 1:47.64	200m 2:26.01	250m 3:05.17
					300m 3:45.81
					350m 4:19.89
					400m 4:52.43
11.	Samuel Winslow 50m 30.33	16	Co Cambridge	4:54.65	506
		100m 1:06.82	150m 1:44.85	200m 2:22.26	250m 3:02.69
					300m 3:44.60
					350m 4:20.54
					400m 4:54.65
12.	Daniel Meier 50m 30.92	16	Biggleswade	4:55.41	502
		100m 1:06.13	150m 1:43.87	200m 2:20.59	250m 3:04.55
					300m 3:48.39
					350m 4:23.01
					400m 4:55.41
13.	Benjamin Taggart 50m 31.91	16	Watford SC	4:59.63	481
		100m 1:10.40	150m 1:49.39	200m 2:27.65	250m 3:07.56
					300m 3:49.40
					350m 4:25.21
					400m 4:59.63
14.	Daniel Thompson 50m 31.53	16	Thurrock	5:01.04	474
		100m 1:07.96	150m 1:45.02	200m 2:21.29	250m 3:07.26
					300m 3:52.30
					350m 4:27.23
					400m 5:01.04
15.	Ben Every 50m 30.57	15	St Felix Sch	5:01.32	473
		100m 1:07.13	150m 1:45.82	200m 2:23.04	250m 3:07.29
					300m 3:52.59
					350m 4:27.94
					400m 5:01.32
16.	Henry Mann 50m 32.27	15	Norwich Swan	5:02.73	466
		100m 1:11.75	150m 1:51.02	200m 2:28.32	250m 3:09.22
					300m 3:51.70
					350m 4:27.89
					400m 5:02.73
17.	Austin Harrop 50m 32.47	17	Co Cambridge	5:08.40	441
		100m 1:11.00	150m 1:49.55	200m 2:28.59	250m 3:12.04
					300m 3:57.43
					350m 4:34.35
					400m 5:08.40
18.	Evan McQuade 50m 32.39	15	DunmowAtlant	5:08.57	440
		100m 1:10.35	150m 1:49.93	200m 2:29.81	250m 3:16.80
					300m 4:05.59
					350m 4:38.28
					400m 5:08.57
19.	Harvey Isle 50m 31.59	18	West Norfolk	5:10.57	432
		100m 1:08.16	150m 1:46.78	200m 2:23.34	250m 3:10.07
					300m 3:57.64
					350m 4:34.75
					400m 5:10.57

EVENT 602 Female 100m Backstroke

Full Results

Place	Name	AaD	Club	Class	Time	WA Pts	50
1.	Hannah Willis	18	Co Peterboro		1:03.78	637	30.96
2.	Vanesa Cimermanova	15	Co Peterboro		1:03.95	632	31.35
3.	Evangelina Pierce	16	Basildon Ph		1:04.06	629	31.57
4.	Charlotte Williams	17	Hatfield		1:04.08	628	31.14
5.	Georgia Holgate	16	Co Cambridge		1:04.19	625	30.65
6.	Connie Davies	17	Deben		1:04.57	614	31.46
7.	Amara Addison	16	Norwich Swan		1:04.64	612	30.64
8.	Niamh James	22	Bishop Stort		1:05.16	597	31.99
9.	Megan Pye	21	Co Norwich		1:05.28	594	31.75
10.	Adrija Raudonyte	15	Newmarket		1:05.75	581	32.34
11.	Grace Robinson	14	St Felix Sch		1:05.84	579	32.19
12.	Erin Barber	13	Newmarket		1:06.00	575	32.67
13.	Lois Smith	13	Basildon Ph		1:06.24	569	32.24
14.	Erin Currie	15	Hatfield		1:06.43	564	32.08
15.	Jessica-Jane Applegate	27	Co Norwich	14	1:06.53	561	32.69
16.	Emily Lush	21	Hatfield		1:06.59	560	32.27
17.	Ella Coombes	15	Basildon Ph		1:06.64	558	32.73
18.	Megan Donovan	16	Co Peterboro		1:06.67	558	32.74
19.	Katerina Di Maria	15	Co Norwich		1:06.69	557	32.51
20.	Sophie Green	16	Hatfield		1:06.72	556	32.01
21.	Clementine Lovell	14	teamipswich		1:06.92	551	33.36
22.	Chloe Armstrong	16	teamipswich		1:06.99	550	33.01
23.	Nicole Maynard	14	Basildon Ph		1:07.01	549	33.13
24.	Francesca Howell	15	Chelmsford		1:07.09	547	32.83
24.	Ellie King	23	Dunstable		1:07.09	547	32.46
26.	Ellie Barth-Wehrenalp	13	Basildon Ph		1:07.13	546	32.61
27.	Emily Pitcher	15	Norwich Swan		1:07.15	546	32.45
28.	Camille Vannier	16	Hatfield		1:07.20	544	32.01
29.	Adel Zakrzewski	20	Co Norwich		1:07.25	543	32.63
30.	Georgina Munday	19	Co Norwich		1:07.70	532	32.60
31.	Amy Harper	16	Watford SC		1:08.11	523	33.42
32.	Summer Boswell	15	Hatfield		1:08.17	522	32.82
33.	Charlotte Smith	16	Norwich Swan		1:08.33	518	32.70
34.	Anouk Zecchini	17	Co Cambridge		1:08.37	517	32.74
35.	O Wojcik-Jardzioch	17	Verulam		1:08.44	515	33.28
36.	Gabriella Troman	14	teamipswich		1:08.49	514	33.51
37.	Lily Steel	13	teamipswich		1:08.75	508	33.87
38.	Jessica Medicott	16	Dunstable		1:08.78	508	32.97
39.	Sophie Roberts	14	teamipswich		1:08.89	505	33.51
40.	Sophie Holliss	15	Co St Albans		1:08.92	505	32.81
41.	Chloe Linney	15	Halstead		1:09.09	501	33.19
42.	Jasmine Coleman	17	Norwich Swan		1:09.17	499	33.46
43.	Lucy Calver	15	Putteridge		1:09.20	499	33.26
44.	Bethany Hamer	16	Linslade		1:09.38	495	34.16
45.	Phoebe Matthews	16	Hatfield		1:09.45	493	33.07
46.	Eloise Cole	15	Modernian		1:09.47	493	33.40
47.	Jasmine Hall	13	Basildon Ph		1:09.50	492	33.25
48.	Maia Thompson	15	Team Waveney		1:09.51	492	33.74
49.	Tigerlily Donald	15	Co St Albans		1:09.54	491	33.56
50.	Danielle Rulton	25	Halstead		1:10.02	481	32.92
51.	Olivia Lydon	18	Co Cambridge		1:10.07	480	33.97
52.	Olivia Mendham	15	Chelmsford		1:10.09	480	33.42
53.	Emilia Rayner	14	Halstead		1:10.29	476	33.73
54.	Natalie Taylor	16	St Felix Sch		1:10.51	471	34.15
55.	Lucy Clarke	13	Chelmsford		1:10.54	471	33.96
56.	Hollie Heighes	15	Braintree		1:10.87	464	34.09
57.	Isabella Dolton	17	Tring		1:10.96	462	33.79
58.	Yasmine Ollerenshaw	14	Flitwick		1:11.18	458	34.14
59.	Amelie Crabb	16	teamipswich		1:11.31	456	34.12
60.	Connie Ratley	15	Colchester	9	1:19.10	334	38.41
61.	Ida Corcoran	14	Flitwick	9	1:34.67	194	46.73
62.	Mwaba Mkwasa	18	Norwich Swan	8	1:36.66	183	46.61

Multi-Classification by British Para-Swimming Points

Place	Name	AaD	Club	Class	Time	BDPoints	50
1.	Jessica-Jane Applegate	27	Co Norwich	14	1:06.53	962	32.69
2.	Connie Ratley	15	Colchester	9	1:19.10	617	38.41
3.	Mwaba Mkwasa	18	Norwich Swan	8	1:36.66	402	46.61
4.	Ida Corcoran	14	Flitwick	9	1:34.67	360	46.73

WITHDRAWALS BY 14:05

EVENT 603 Open/Male 100m Freestyle

Full Results

Place	Name	AaD	Club	Class	Time	WA Pts	50
1.	Maddox Roberts	17	Witham Dolph		49.46	745	23.54
2.	Matthew Baker	17	West Suffolk		50.82	686	24.53
3.	Matthew Wright	25	Team Luton		51.27	668	24.38
4.	William Ellard	17	St Felix Sch	14	51.96	642	24.39
5.	Tobias Oglesby	19	West Norfolk		52.42	625	24.83
6.	Kai Adams	27	Halstead		52.52	622	25.50
7.	Alexander Kalverboer	17	Co St Albans		53.08	602	25.96
8.	Ashley Coombs	22	Bushey		53.17	599	25.14
9.	Ben Davison	18	Hatfield		53.23	597	25.35
10.	Joshua Parker	14	Braintree		53.54	587	25.61
10.	Evan McQuade	15	DunmowAtlant		53.54	587	25.52
12.	Nathan Birchenough	16	St Felix Sch		53.60	585	25.87
13.	Jake Thomas-Mansfield	23	West Suffolk		53.61	585	25.55
14.	Dominic McCarthy	21	Hoddesdon		53.71	581	25.75
14.	Jack Abram	18	Co Norwich		53.71	581	25.66
16.	Jake Lloyd	28	Bishop Stort		53.77	579	26.12
17.	Lucas Hartley	16	Hatfield		53.78	579	26.03
17.	Damon Elliott	19	DunmowAtlant		53.78	579	25.51
19.	Harrison Holmes	18	Team Waveney		53.79	579	25.54
20.	Josh Martin	17	Co Peterboro		53.90	575	25.96
21.	Finlay Amup	16	Norwich Swan		53.96	573	25.48
22.	Jacob Ray	16	Basildon Ph		53.97	573	25.78
23.	Riley Hall	16	Co Cambridge		54.07	570	25.95
24.	Jack Swindale	15	Co Peterboro		54.22	565	26.30
25.	Max Arnold	17	Harlow Pen		54.26	564	26.09
26.	Harrison Cox	16	DunmowAtlant		54.28	563	25.71
27.	Ryan Close	15	Modernian		54.40	560	26.06
28.	James Williamson	16	Co Cambridge		54.47	557	26.41
29.	Jake Moore	17	Potters Bar		54.48	557	25.58
30.	Sebastian Newell	18	Co Peterboro		54.64	552	26.27
31.	Callum Davis	23	Bishop Stort		54.67	551	25.70
32.	Sam Mead	21	Linslade		54.83	546	26.34
33.	Freddie Gardner	17	Runnymede		54.84	546	26.48
34.	Billy Mead	18	Linslade		54.88	545	26.85
35.	Louis James	17	Co Norwich		54.89	545	26.90
36.	Austin Lillywhite	20	Biggleswade		54.97	542	26.43
37.	Max Walters	14	Watford SC		55.10	538	26.68
38.	Joshua Ellis	17	Hatfield		55.11	538	26.79
38.	Orlando Dearing	15	Co Peterboro		55.11	538	26.83
38.	Daryl Rands	26	Colchester		55.11	538	26.34
41.	Janos Kadar	16	Co Cambridge		55.16	537	26.78
42.	Joshua Sackree	15	Co Peterboro		55.18	536	26.43
43.	Lloyd Battisson	18	Team Waveney		55.19	536	26.14
44.	Harry Hudson	18	Norfolk Vikg		55.29	533	26.54
45.	Finlay Neve	15	Co Norwich		55.33	532	26.43
45.	Jamie Comitti	14	Basildon Ph		55.33	532	26.61
45.	Ollie O'Connor	15	Putteridge		55.33	532	26.58
48.	Joe Power	16	Basildon Ph		55.36	531	26.66
49.	Dylan Davenport	14	Bishop Stort		55.46	528	26.63
49.	Ryan Wall	16	Co Cambridge		55.46	528	26.88
51.	Joseph Wells	24	West Norfolk		55.47	528	26.33
52.	Jack Barnard	18	Watford SC		55.52	526	26.68
53.	Hugo Raubitschek-Smith	15	Co St Albans		55.56	525	26.75
54.	Rio Rogers	19	Basildon Ph	14	55.80	518	27.29
55.	Roan Brennan	17	Basildon Ph	10	55.83	518	27.03
56.	Timon Chapman	21	Norwich Swan	14	55.90	516	27.01
57.	Luke Bumard	14	Co St Albans		55.96	514	26.52
58.	Oscar Hunter	14	Norwich Swan		55.99	513	26.92
59.	Benedict Measures	18	Norwich Swan		56.09	510	26.96
60.	Antonio Girolami	18	Colchester		56.13	509	26.87
61.	Nathan Close	17	Modernian		56.15	509	26.81
62.	Aaron Peacock	16	Thetford		56.17	508	26.80
63.	Dylan Nutt	24	DunmowAtlant		56.21	507	26.76
64.	Harrison Shaw	16	Flitwick		56.27	506	26.21
65.	Guy Semple	19	Co Cambridge		56.29	505	27.02
66.	Daniel Pryke	17	Deben		56.35	503	26.93
67.	Charlie Barrett	22	Co Norwich		56.45	501	27.13
68.	Ethan Thorpe	14	Basildon Ph		56.53	499	26.90
69.	Archie Tebbutt	13	New Hall		56.66	495	26.94
70.	Oliver Baskerville	15	Hatfield		56.68	495	27.60
71.	Kian Lee	15	Co Peterboro		56.97	487	27.62
72.	James Gibson	15	Watford SC		56.98	487	27.46
73.	Sean Diggins	17	Gt Yarmouth		57.06	485	27.09
74.	Zac Stacey	16	Hoddesdon		57.13	483	27.56
75.	Oliver Frame	18	Co Norwich		57.60	471	27.37
76.	Oliver Blight	17	Hatfield		57.83	466	27.78
77.	Atikan To	17	Ware		57.85	465	26.35
78.	Daniel Clayton	17	teamipswich		57.86	465	27.74
79.	Robert Addis	19	West Norfolk		57.87	465	27.19
80.	Sandjjs Cecins	16	Colchester		59.42	429	28.39
81.	Corey Hare	17	teamipswich	14	1:02.21	374	29.52
82.	Harry Arnold-Pepper	15	Co Cambridge	9	1:09.43	269	33.17
83.	Jacob Dessoy	15	Runnymede	8	1:35.21	104	45.36

EVENT 603 Open/Male 100m Freestyle**Full Results**

Place	Name	AaD	Club	Class	Time	WA Pts	50
	Jude Gore	20	Linslade		DNC		
	Ethan Martin	18	Thurrock		DQ		

Multi-Classification by British Para-Swimming Points

Place	Name	AaD	Club	Class	Time	BDPoints	50
1.	William Ellard	17	St Felix Sch	14	51.96	946	24.39
2.	Rio Rogers	19	Basildon Ph	14	55.80	763	27.29
3.	Timon Chapman	21	Norwich Swan	14	55.90	759	27.01
4.	Roan Brennan	17	Basildon Ph	10	55.83	663	27.03
5.	Corey Hare	17	teamipswich	14	1:02.21	551	29.52
6.	Harry Arnold-Pepper	15	Co Cambridge	9	1:09.43	439	33.17
7.	Jacob Dessoy	15	Runnymede	8	1:35.21	216	45.36

WITHDRAWALS BY 14:20

EVENT 604 Female 200m Freestyle

Full Results

Place	Name	AaD	Club	Class	Time	WA Pts	50	100	150
1.	Grace Greenhalf	16	Co Norwich		2:03.36	715	2:03.36	-	-
2.	Skye Carter	16	Basildon Ph		2:05.17	684	28.23	59.72	1:32.72
3.	Matilda Bogle	17	teamipswich		2:05.42	680	29.66	1:01.90	1:33.49
4.	Jessica Medicott	16	Dunstable		2:07.16	652	-	-	-
5.	Lexie O'Connor	16	Basildon Ph		2:07.43	648	29.52	1:01.72	1:34.74
6.	Francesca Baber	17	Co Cambridge		2:07.52	647	29.35	1:01.69	1:34.51
7.	Alexa Mann	17	Chelmsford		2:07.58	646	-	-	-
8.	Sophie Palmer	14	Basildon Ph		2:07.63	645	29.63	1:02.35	1:35.58
9.	Jasmine Hall	13	Basildon Ph		2:08.16	637	29.80	1:02.52	1:35.61
10.	Abigail Crawley	18	teamipswich		2:08.24	636	-	-	-
11.	Sophie Dowding	16	teamipswich		2:08.25	636	29.69	1:02.50	1:36.04
12.	Grace Robinson	14	St Felix Sch		2:08.27	636	-	-	-
13.	Annie McLeod	15	Putteridge		2:08.36	634	29.77	1:01.79	1:35.38
14.	Alexandra Nurney	13	Hatfield		2:09.02	624	29.22	1:02.52	1:36.09
15.	Ella Dawson	15	Chelmsford		2:09.39	619	29.49	1:02.78	1:36.72
16.	Louise Fiddes	22	Hatfield	14	2:09.47	618	29.95	1:02.82	1:36.20
17.	Cait Cotter	16	Chelmsford		2:10.10	609	29.95	1:02.60	1:36.30
18.	Jessica-Jane Applegate	27	Co Norwich	14	2:10.14	608	30.16	1:02.79	1:36.60
19.	Ever Ives	14	Hatfield		2:10.26	607	30.01	1:02.78	1:36.61
20.	Chloe Butler	19	St Ives		2:10.27	607	29.29	1:02.00	1:35.94
20.	Olivia Minett	15	Co Peterboro		2:10.27	607	-	-	-
22.	Adel Zakrzewski	20	Co Norwich		2:10.61	602	-	-	-
23.	Darcy Gladwell	15	teamipswich		2:10.96	597	30.45	1:03.22	1:37.21
24.	Connie Davies	17	Deben		2:11.05	596	-	-	-
25.	Lexie Goodman	16	Basildon Ph		2:11.18	594	-	-	-
26.	Isobel Mather	16	Co Cambridge		2:11.88	585	29.45	1:02.78	1:37.64
27.	Cailin Hehir	15	Watford SC		2:11.93	584	-	-	-
28.	Emma Fields	17	Bishop Stort		2:12.47	577	-	-	-
29.	Erin Currie	15	Hatfield		2:12.89	571	30.21	1:03.85	1:38.27
30.	Ruby Chapman	17	Norwich Swan		2:12.95	571	30.61	1:04.08	1:38.72
31.	Katerina Di Maria	15	Co Norwich		2:13.45	564	-	-	-
32.	Erin Younger	16	Co St Albans		2:13.55	563	30.49	1:04.53	1:39.50
33.	Evangelina Pierce	16	Basildon Ph		2:13.75	561	-	-	-
34.	Weronika Mikolajewska	15	Co Peterboro		2:14.00	557	31.30	1:05.04	1:39.55
35.	Jasmine Coleman	17	Norwich Swan		2:14.32	553	31.55	1:05.90	1:40.50
36.	Genevieve White	15	Co Cambridge		2:14.40	552	-	-	-
37.	Madelyn Latimer-Hicks	19	St Felix Sch		2:14.82	547	31.04	1:05.30	1:40.11
38.	Erin Uttridge	14	teamipswich		2:14.96	546	31.37	1:05.23	1:40.27
39.	Romilly Marks	17	Newmarket		2:16.68	525	31.30	1:06.05	1:41.97
40.	Gabriela Gomez Pavon	16	Potters Bar		2:16.90	523	-	-	-
41.	Lisa Leinemann	16	Chelmsford		2:17.46	516	-	-	-
42.	Natalie Taylor	16	St Felix Sch		2:19.89	490	31.66	1:06.82	1:43.43

Multi-Classification by British Para-Swimming Points

Place	Name	AaD	Club	Class	Time	BDPoints	50	100	150
1.	Louise Fiddes	22	Hatfield	14	2:09.47	872	29.95	1:02.82	1:36.20
2.	Jessica-Jane Applegate	27	Co Norwich	14	2:10.14	858	30.16	1:02.79	1:36.60

WITHDRAWALS BY 14:45

EVENT 605 Open/Male 50m Breaststroke

Full Results

Place	Name	AaD	Club	Class	Time	WA Pts
1.	Lawrence Palmer	31	Putteridge		27.75	726
2.	Freddie Laws	20	West Norfolk		29.17	625
3.	Austin Lillywhite	20	Biggleswade		29.30	617
4.	Olivier Vedrenne	18	Co Norwich		29.59	599
5.	Lewis Marston	21	Runnymede		29.65	595
6.	Finlay Ryan	24	West Norfolk		29.87	582
7.	Daryl Rands	26	Colchester		30.06	571
8.	Harrison Holmes	18	Team Waveney		30.12	568
9.	Edward Ormsby	16	Co Cambridge		30.16	566
10.	Maddox Roberts	17	Witham Dolph		30.21	563
11.	Saxon Minto	15	Chelmsford		30.22	562
12.	Joshua Sackree	15	Co Peterboro		30.31	557
12.	Lewis Andrews	16	Norwich Swan		30.31	557
14.	Luke Flynn	18	Watford SC		30.34	556
15.	Lewis Chapman	22	Stowmarket		30.52	546
16.	Kai Adams	27	Halstead		30.70	536
17.	William Presland	18	Bushey		30.80	531
18.	Austin Everitt	17	Norwich Swan		31.00	521
18.	Luka Page	17	West Suffolk		31.00	521
20.	Nathanial Mapley	17	Co St Albans		31.07	517
21.	James Noble	21	Norwich Swan		31.10	516
22.	Harrison Cox	16	DunmowAtlant		31.11	515
23.	Daniel Holliss	17	Co St Albans		31.15	513
24.	Daniel Boboye	16	Thurrock		31.17	512
25.	Joseph Burns	17	Chelmsford		31.21	510
26.	Matthew McLaughlin	30	DunmowAtlant		31.26	508
27.	Josh Martin	17	Co Peterboro		31.27	507
28.	Ben Buckley	16	Co Norwich		31.30	506
29.	Luke Holman	21	Thurrock		31.32	505
30.	Judah Subba	16	Co St Albans		31.34	504
31.	Sam Mead	21	Linslade		31.45	499
32.	James McGettigan	14	Runnymede		31.48	497
33.	Charlie McKinnon	16	St Felix Sch		31.53	495
34.	George Lovelock	18	Hitchin		31.55	494
35.	Jeffrey Gill	16	Watford SC		31.66	489
35.	Jake Thomas-Mansfield	23	West Suffolk		31.66	489
37.	Jake Moore	17	Potters Bar		31.68	488
38.	Lucas Hartley	16	Hatfield		31.71	487
39.	Reece Burns	15	Chelmsford		31.76	484
39.	Jack Renouf	17	Hoddesdon		31.76	484
41.	Antonio Girolami	18	Colchester		31.77	484
42.	Timon Chapman	21	Norwich Swan	14	31.85	480
43.	Harvey Durham	15	Co Norwich		31.94	476
44.	Thomas Liddiard	17	Ware		31.98	474
45.	Billy Mead	18	Linslade		32.00	473
46.	Louis James	17	Co Norwich		32.04	472
47.	Chun Ho Chan	14	Watford SC		32.08	470
48.	Henry Mann	15	Norwich Swan		32.12	468
49.	Rhys Burrell	16	West Norfolk		32.18	466
50.	Samuel Winslow	16	Co Cambridge		32.20	465
51.	Finlay Neve	15	Co Norwich		32.21	464
52.	Oliver McNeill	18	St Ives		32.23	463
52.	Riley Hall	16	Co Cambridge		32.23	463
54.	Austin Harrop	17	Co Cambridge		32.25	463
55.	Oliver Blight	17	Hatfield		32.26	462
56.	Adam Hazlewood	19	Putteridge		32.28	461
57.	Ollie O'Connor	15	Putteridge		32.30	460
57.	Billy Knibb	18	Linslade		32.30	460
59.	Finlay Arnup	16	Norwich Swan		32.36	458
60.	Gagan Singh	17	Co Peterboro		32.41	456
61.	Ashley Coombs	22	Bushey		32.48	453
62.	Szymon Pierzecki	14	Witham Dolph		32.54	450
63.	Jack Read	17	Runnymede		32.64	446
64.	Tyler Stone	13	Co Norwich		32.72	443
65.	Jack Webb	15	Witham Dolph		32.73	442
66.	Sean Diggins	17	Gt Yarmouth		32.78	440
67.	Luke Payne	19	Hatfield		32.79	440
68.	Martin Hailes	49	Team Waveney		32.85	438
69.	Oliver Soloman	17	Tring		32.87	437
70.	Benjamin Taggart	16	Watford SC		33.00	432
71.	Charlie Ruddell	14	teamipswich		33.04	430
72.	Dylan Nutt	24	DunmowAtlant		33.06	429
73.	Ethan Harris	19	Thetford		33.13	427
74.	Atikan To	17	Ware		33.22	423
75.	Thomas Ellis	17	Dereham		33.26	422
76.	Alexander Ball	16	Potters Bar		33.62	408
77.	Evan McQuade	15	DunmowAtlant		33.90	398
78.	George Jones	14	Harlow Pen		34.07	392
	Dominic McCarthy	21	Hoddesdon		DNC	
	Samuel Johnson	25	Halstead		DQ	

WITHDRAWALS BY 15:10

EVENT 606 Female 50m Breaststroke

Full Results

Place	Name	AaD	Club	Class	Time	WA Pts
1.	Jasmine Carter	14	Basildon Ph		32.40	684
2.	Phoebe Howard	16	Norwich Swan		32.79	660
3.	Beth Young	17	teamipswich		32.93	652
4.	Isabelle Cameron	16	Co Peterboro		33.00	648
5.	Ashley Ransome	28	Hatfield		33.03	646
6.	Ellen Duffield	16	teamipswich		33.34	628
7.	Megan Gray	16	Hatfield		33.43	623
8.	Charlotte Williams	17	Hatfield		33.46	621
9.	Caitlin Hartley	19	Hatfield		33.48	620
10.	Molly Lee	22	West Norfolk		33.52	618
11.	Lilly Davis	16	Co Peterboro		33.57	615
12.	Yan Ting Emily Pak	14	Co Cambridge		33.63	612
13.	Ella Greatbatch	15	Bishop Stort		33.72	607
13.	Rebecca Keetley	19	Co Cambridge		33.72	607
15.	Mia Lowe	16	Basildon Ph		33.90	597
16.	Lauren Gore	17	Bishop Stort		33.96	594
17.	Ellie-Rose Lyon	16	Co Norwich		33.98	593
18.	Anna-Lucia Fenner	17	Basildon Ph		34.07	589
19.	Katie Andrews	19	Norwich Swan		34.14	585
20.	Sarah O'Brien	27	West Norfolk		34.17	583
21.	Sophie Payne	21	Putteridge		34.23	580
22.	Amelia Murphy	16	Witham Dolph		34.31	576
23.	Ellie Smith	15	Co Norwich		34.37	573
24.	Isabella Green	17	Co Norwich		34.62	561
25.	Daisy Mixer	17	Norwich Swan		34.65	559
26.	Ellen Eccleston	16	Co Norwich		34.73	556
27.	Charlisse Harding	14	Norwich Swan		34.76	554
28.	Cait Cotter	16	Chelmsford		34.79	553
29.	Gigi Raubitschek-Smith	13	Co St Albans		34.88	548
30.	Shahd Mohamed	16	Co Peterboro		34.91	547
31.	Lexie O'Connor	16	Basildon Ph		34.95	545
32.	Holly Larbey	16	Biggleswade		35.07	540
33.	Sadie Rowe	16	Colchester		35.21	533
34.	Isabella Porzio	19	Putteridge		35.23	532
35.	Caitlin McNicholas	18	Deben		35.26	531
35.	Niamh James	22	Bishop Stort		35.26	531
37.	Isabel White	14	Biggleswade		35.28	530
38.	Louise Fiddes	22	Hatfield	14	35.33	528
39.	Georgina Munday	19	Co Norwich		35.40	525
40.	Alice Green	16	Hatfield		35.47	522
41.	Caitlin Richardson	18	Norwich Swan		35.69	512
42.	Pemberley Hornigold	16	West Norfolk		35.73	510
43.	Lucy Crocker	29	Stevenage		35.76	509
44.	Miriam Moukdad	17	Bishop Stort		35.78	508
45.	Alice Field	18	Ware		35.83	506
46.	Jessica Sanford	18	Norwich Swan		35.86	505
47.	Nicole Peddely	13	teamipswich		35.99	499
48.	Rachael Carpenter	16	Ware		36.00	499
49.	Eloise Minto	12	Chelmsford		36.02	498
49.	Isla Hamilton	15	Norwich Swan		36.02	498
51.	Tia Hill	17	Co Ely		36.06	496
52.	Georgina Hamilton	15	Co St Albans		36.07	496
53.	Chloe Simpson	17	Watford SC		36.08	495
54.	Zoe Land	17	Gt Yarmouth		36.10	495
55.	Tessa Quayle	15	St Ives		36.12	494
56.	Isabella Dolton	17	Tring		36.15	493
57.	Daisy Russell	15	DunmowAtlant		36.21	490
58.	Katrina Dolton	16	Tring		36.22	490
58.	Amy Boreham	17	Watford SC		36.22	490
60.	Elizabeth Wright	16	West Suffolk		36.29	487
61.	Imola Jozsa	17	Putteridge		36.32	486
62.	Samantha Wickert	18	Leighton Buz		36.40	483
63.	Molly Grieve	18	Colchester		36.41	482
64.	Katie Jeffrey	19	Hatfield		36.43	481
65.	Hollie Heighes	15	Braintree		36.44	481
66.	Lisa Leinemann	16	Chelmsford		36.60	475
66.	Freya Cox	12	Norwich Swan		36.60	475
68.	Ellie Catchpole	17	Leiston		36.69	471
69.	Olivia Riley	17	Hatfield		36.72	470

EVENT 606 Female 50m Breaststroke**Full Results**

Place	Name	AaD	Club	Class	Time	WA Pts
70.	Amelia Porzio	15	Putteridge		36.78	468
71.	Alice Longman	16	Bishop Stort		36.93	462
72.	Amara Addison	16	Norwich Swan		37.01	459
73.	Alina Turchyn	17	Co Cambridge		37.08	456
74.	Madeline Pawle	17	Leiston		37.15	454
74.	Verity Fuge	13	Co St Albans		37.15	454
76.	Emily Lowe	15	Modernian		37.21	452
77.	Megan Jones	19	Flitwick		37.24	451
78.	Neve Jones	15	Biggleswade		37.28	449
79.	Shannon Stubbs	19	Co Norwich		37.37	446
80.	Bethany Crawley	15	teamipswich		37.51	441
80.	Evie Brown	18	Watford SC		37.51	441
82.	Robyn Hartley	17	Hatfield		37.66	436
83.	Holly Underdown	14	Braintree		37.69	435
84.	Olivia Skittrell	16	West Norfolk		37.82	430
85.	Alice Clark	18	West Suffolk		38.08	421
86.	Isobel Jarman	15	Witham Dolph		38.46	409
	S Harrison-Mirauer	16	Co St Albans		DNC	

WITHDRAWALS BY 15:10

EVENT 607 Open/Male 200m Backstroke

Full Results

Place	Name	AaD	Club	Class	Time	WA Pts	50	100	150
1.	Myles Turner	23	West Suffolk		2:04.33	613	30.01	1:02.31	1:33.32
2.	Matthew Monie	18	Co Cambridge		2:06.64	580	29.12	1:01.58	1:34.52
3.	Oliver Baskerville	15	Hatfield		2:06.66	580	30.16	1:02.91	1:35.51
4.	Oliver Smith	16	Basildon Ph		2:06.96	575	30.52	1:03.15	1:35.50
5.	Nikita Charykin	17	Thurrock		2:07.06	574	29.46	1:01.59	1:33.71
6.	Matthew Aldred	18	Watford SC		2:07.96	562	29.96	1:02.27	1:35.35
7.	Nathan Wells	25	West Norfolk		2:09.02	548	29.06	1:01.47	1:35.63
8.	Alexander Kalverboer	17	Co St Albans		2:09.61	541	30.43	1:03.22	1:36.11
9.	Jacob Hayes	16	Bishop Stort		2:10.73	527	30.73	1:03.86	1:37.09
10.	Oscar Winterburn	15	teamipswich		2:11.21	521	30.26	1:04.27	1:38.40
11.	Janos Kadar	16	Co Cambridge		2:11.35	520	30.66	1:04.21	1:38.37
12.	Ryan Wall	16	Co Cambridge		2:11.51	518	30.89	1:04.91	1:38.36
13.	Louis Allen	15	Chelmsford		2:11.61	517	31.20	1:05.10	1:39.09
14.	Sandijs Cecins	16	Colchester		2:12.32	508	30.90	1:05.03	1:39.56
15.	Danylo Kravchenko	14	New Hall		2:12.53	506	30.21	1:05.50	1:39.93
16.	Robert Fenner	15	Basildon Ph		2:12.65	504	30.78	1:04.20	1:38.66
17.	Samuel Jeffrey	16	Hatfield		2:12.88	502	31.79	1:05.99	1:39.51
18.	Cameron Jones	17	Modernian		2:13.34	497	30.56	1:03.66	1:38.54
19.	Ryan Close	15	Modernian		2:13.49	495	30.70	1:05.03	1:39.39
20.	Ethan Thorpe	14	Basildon Ph		2:13.74	492	31.52	1:05.34	1:39.83
21.	Jack Eden	21	Co Norwich		2:13.99	489	30.72	1:05.05	1:39.80
22.	Lloyd Battisson	18	Team Waveney		2:14.17	487	31.45	1:04.28	1:39.17
23.	Albert Orley	15	Braintree		2:15.87	469	31.37	1:05.93	1:41.57
24.	Orlando Dearing	15	Co Peterboro		2:16.01	468	31.51	1:06.51	1:42.09
25.	Kian Lee	15	Co Peterboro		2:16.57	462	31.37	1:06.26	1:41.13
26.	Thomas Ford	17	Basildon Ph		2:17.06	457	31.84	1:06.51	1:42.11
27.	Nathanial Mapley	17	Co St Albans		2:17.73	451	30.22	1:04.80	1:41.43
28.	William Leese	15	Co Cambridge		2:17.79	450	31.97	1:06.81	1:42.68
29.	Zak Fellows	14	Co St Albans		2:17.90	449	31.44	1:06.95	1:42.62
30.	Marton Molnar	14	Co Cambridge		2:17.98	448	32.06	1:08.07	1:45.09
31.	Oliver Frame	18	Co Norwich		2:18.21	446	31.33	1:06.04	1:41.90
32.	Lewis Archer	26	Halstead		2:19.40	435	32.36	1:07.50	1:43.70
33.	Freddie Gardner	17	Runnymede		2:19.49	434	32.68	1:08.70	1:45.00
34.	Norbert Kadar	14	Co Cambridge		2:19.55	433	32.81	1:08.65	1:45.21
35.	Spencer Battisson	15	Team Waveney		2:19.93	430	32.55	1:07.80	1:43.72
36.	Harvey Isle	18	West Norfolk		2:20.59	424	31.92	1:06.15	1:43.30
37.	Nathan Yeaman	16	West Norfolk		2:21.06	419	32.38	1:07.45	1:44.19
38.	Henry Mann	15	Norwich Swan		2:21.14	419	33.32	1:09.31	1:45.55
39.	Jude Staton	15	March		2:21.50	415	31.32	1:07.13	1:44.26
40.	Luke Martell	17	Watford SC		2:21.73	413	32.88	1:08.86	1:45.55
41.	Corey Hare	17	teamipswich	14	2:21.78	413	33.21	1:08.65	1:45.10
42.	Daniel Grimmer	17	West Norfolk		2:21.98	411	32.45	1:07.75	1:45.19
43.	Finley Blackman	16	Biggleswade		2:22.56	406	31.91	1:07.70	1:45.06

WITHDRAWALS BY 15:30

EVENT 608 Mixed 200m Medley Team**Full Results**

Place	Name	Club	Time	WA Pts	50	100	150
1.	Basildon Ph	Basildon Ph	1:50.80		26.67	58.78	1:25.73
2.	Co Peterboro A	Co Peterboro	1:52.08		29.18	1:01.37	1:28.23
3.	Hatfield	Hatfield	1:52.58		30.47	1:03.68	1:28.50
4.	Co Peterboro B	Co Peterboro	1:53.91		29.67	1:02.90	1:30.11
5.	DunmowAtlant	DunmowAtlant	1:54.38		30.67	1:01.31	1:28.25
6.	Bishop Stort A	Bishop Stort	1:54.86		30.65	1:01.58	1:28.24
7.	Watford SC	Watford SC	1:55.17		26.54	57.37	1:27.15
8.	Co St Albans A	Co St Albans	1:55.71		27.08	58.06	1:28.11
9.	Bishop Stort B	Bishop Stort	1:56.90		29.82	1:03.35	1:32.78
10.	Co St Albans B	Co St Albans	1:59.80		32.37	1:03.55	1:31.08
11.	Flitwick	Flitwick	2:01.57		32.67	1:05.93	1:33.35
12.	Ware	Ware	2:02.35		29.06	1:05.17	1:33.73
13.	Team Waveney	Team Waveney	2:02.54		32.80	1:05.33	1:36.42