

***EVENT 121 Women 11 Yrs/Over 1500m Freestyle***

**11/12 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time
1.	Jasmine Hall	12	Basildon Ph	20:22.12
	50m 34.11	100m 1:14.72	150m 1:54.33	200m 2:36.11
	34.11	40.61	39.61	41.78
	450m 6:01.92	500m 6:43.70	550m 7:24.52	600m 8:07.28
	40.19	41.78	40.82	42.76
	850m 11:36.26	900m 12:19.38	950m 13:00.57	1000m 13:42.23
	40.22	43.12	41.19	41.66
	1250m 17:07.42	1300m 17:48.84	1350m 18:27.24	1400m 19:07.40
	39.59	41.42	38.40	40.16
2.	Lois Smith	12	Basildon Ph	21:29.93
	50m 37.23	100m 1:19.25	150m 2:02.39	200m 2:44.22
	37.23	42.02	43.14	41.83
	450m 6:21.32	500m 7:03.08	550m 7:48.60	600m 8:31.70
	44.15	41.76	45.52	43.10
	850m 12:11.73	900m 12:54.60	950m 13:39.58	1000m 14:22.00
	45.02	42.87	44.98	42.42
	1250m 17:59.59	1300m 18:41.32	1350m 19:25.64	1400m 20:07.09
	43.16	41.73	44.32	41.45

**13 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time
1.	Chloe Barnard	13	Basildon Ph	18:35.96
	50m 33.08	100m 1:09.49	150m 1:45.92	200m 2:23.05
	33.08	36.41	36.43	37.13
	450m 5:28.63	500m 6:06.70	550m 6:43.85	600m 7:21.63
	36.83	38.07	37.15	37.78
	850m 10:28.31	900m 11:06.10	950m 11:43.64	1000m 12:21.41
	37.23	37.79	37.54	37.77
	1250m 15:29.27	1300m 16:07.37	1350m 16:44.57	1400m 17:22.73
	37.49	38.10	37.20	38.16
2.	Eveline Gaydon	13	teampipswich	19:57.11
	50m 36.23	100m 1:16.90	150m 1:55.96	200m 2:37.70
	36.23	40.67	39.06	41.74
	450m 5:59.00	500m 6:40.68	550m 7:20.01	600m 8:01.76
	39.48	41.68	39.33	41.75
	850m 11:22.61	900m 12:03.81	950m 12:43.01	1000m 13:23.64
	39.29	41.20	39.20	40.63
	1250m 16:39.71	1300m 17:20.59	1350m 17:59.22	1400m 18:39.84
	38.69	40.88	38.63	40.62
3.	Gabriella Troman	13	Colchester	20:07.31
	50m 34.17	100m 1:12.34	150m 1:51.76	200m 2:30.75
	34.17	38.17	39.42	38.99
	450m 5:52.18	500m 6:33.34	550m 7:13.69	600m 7:55.27
	40.08	41.16	40.35	41.58
	850m 11:18.10	900m 11:58.52	950m 12:38.78	1000m 13:20.13
	40.09	40.42	40.26	41.35
	1250m 16:45.12	1300m 17:27.48	1350m 18:09.19	1400m 18:51.38
	41.46	42.36	41.71	42.19

**14 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time
1.	Weronika Mikolajewska	14	Co Peterboro	19:20.54
	50m 33.97	100m 1:13.15	150m 1:50.56	200m 2:31.06
	33.97	39.18	37.41	40.50
	450m 5:45.49	500m 6:25.88	550m 7:03.55	600m 7:43.75
	37.85	40.39	37.67	40.20
	850m 10:56.95	900m 11:36.95	950m 12:14.58	1000m 12:54.54
	37.59	40.00	37.63	39.96
	1250m 16:07.37	1300m 16:47.52	1350m 17:25.23	1400m 18:05.68
	37.42	40.15	37.71	40.45
2.	Ella Dawson	14	Chelmsford	19:40.36
	50m 33.98	100m 1:11.79	150m 1:50.88	200m 2:30.30
	33.98	37.81	39.09	39.42
	450m 5:49.48	500m 6:28.99	550m 7:09.33	600m 7:49.10
	39.97	39.51	40.34	39.77
	850m 11:09.48	900m 11:49.01	950m 12:29.46	1000m 13:09.53
	40.61	39.53	40.45	40.07
	1250m 16:29.96	1300m 17:09.44	1350m 17:48.98	1400m 18:27.82
	40.09	39.48	39.54	38.84
3.	Amelia Saunders	14	Leiston	19:46.23
	50m 33.57	100m 1:10.96	150m 1:50.08	200m 2:28.49
	33.57	37.39	39.12	38.41
	450m 5:45.36	500m 6:24.65	550m 7:04.39	600m 7:43.30
	39.71	39.29	39.74	38.91
	850m 11:04.42	900m 11:44.29	950m 12:24.89	1000m 13:05.07
	40.89	39.87	40.60	40.18
	1250m 16:28.25	1300m 17:08.84	1350m 17:49.51	1400m 18:28.83
	41.49	40.59	40.67	39.32
4.	Kiera Broad	14	West Suffolk	20:03.70
	50m 34.39	100m 1:12.00	150m 1:50.95	200m 2:29.24
	34.39	37.61	38.95	38.29
	450m 5:45.96	500m 6:25.35	550m 7:05.34	600m 7:45.15
	39.83	39.39	39.99	39.81
	850m 11:08.68	900m 11:48.17	950m 12:29.35	1000m 13:09.90
	41.47	39.49	41.18	40.55
	1250m 16:38.32	1300m 17:19.98	1350m 18:01.37	1400m 18:41.59
	41.77	41.66	41.39	40.22
5.	Hannah Lovelock	14	Hitchin	20:33.09
	50m 35.26	100m 1:15.32	150m 1:54.59	200m 2:36.14
	35.26	40.06	39.27	41.55
	450m 5:57.73	500m 6:40.00	550m 7:19.85	600m 8:01.87
	39.44	42.27	39.85	42.02
	850m 11:27.96	900m 12:11.16	950m 12:52.20	1000m 13:35.99
	41.00	43.20	41.04	43.79
	1250m 17:06.30	1300m 17:49.03	1350m 18:29.69	1400m 19:11.84
	40.86	42.73	40.66	42.15
6.	Abigail Riches	14	Norwich Swan	20:47.80
	50m 34.20	100m 1:11.96	150m 1:51.43	200m 2:30.46
	34.20	37.76	39.47	39.03
	450m 5:53.61	500m 6:35.07	550m 7:16.64	600m 7:58.46
	41.15	41.46	41.57	41.82
	850m 11:29.76	900m 12:11.95	950m 12:54.64	1000m 13:37.86
	42.73	42.19	42.69	43.22
	1250m 17:14.55	1300m 17:57.86	1350m 18:41.12	1400m 19:24.08
	43.98	43.31	43.26	42.96
				250m 3:08.99
				37.93
				650m 8:21.35
				37.60
				1050m 13:31.89
				37.35
				1450m 18:42.75
				37.07
				300m 3:49.49
				40.50
				700m 9:01.33
				39.98
				1100m 14:12.42
				40.53
				1500m 19:20.54
				37.79
				350m 4:30.33
				40.01
				750m 9:39.17
				37.84
				1150m 14:50.05
				37.63
				1200m 15:29.95
				39.90
				400m 5:07.64
				40.24
				800m 10:19.36
				40.19
				1200m 15:49.87
				39.90
				400m 5:09.51
				39.18
				800m 10:28.87
				39.93
				1200m 15:49.87
				40.07
				250m 3:10.74
				40.44
				650m 8:29.25
				40.15
				1050m 13:49.94
				40.41
				1450m 19:04.92
				37.10
				300m 3:50.32
				39.58
				700m 9:08.99
				39.74
				1100m 14:30.08
				40.14
				1500m 19:40.36
				35.44
				350m 4:26.36
				39.82
				750m 9:43.80
				40.48
				1150m 15:06.73
				41.03
				400m 5:05.65
				39.29
				800m 10:23.53
				39.73
				1200m 15:46.76
				40.03
				200m 2:29.24
				38.29
				600m 7:45.15
				39.81
				1000m 13:09.90
				40.55
				1400m 18:41.59
				40.22
				250m 3:08.37
				39.13
				650m 8:26.19
				41.04
				1050m 13:51.61
				41.71
				1450m 19:23.38
				41.79
				300m 3:47.33
				38.96
				700m 9:06.04
				39.85
				1100m 14:32.83
				41.22
				1500m 20:03.70
				40.32
				350m 4:27.16
				39.83
				750m 9:46.90
				40.86
				1150m 15:15.28
				42.45
				400m 5:06.13
				38.97
				800m 10:27.21
				40.31
				1200m 15:56.55
				41.27
				250m 3:16.03
				39.89
				650m 8:41.79
				39.92
				1050m 14:17.17
				41.18
				1450m 19:51.90
				40.06
				300m 3:58.01
				41.98
				700m 9:24.35
				42.56
				1100m 15:00.60
				43.43
				1500m 20:33.09
				41.19
				350m 4:37.19
				39.18
				750m 10:04.55
				40.20
				1150m 15:41.90
				41.30
				400m 5:18.29
				41.10
				800m 10:46.96
				42.41
				1200m 16:25.44
				43.54
				250m 3:10.85
				40.39
				650m 8:40.40
				41.94
				1050m 14:20.75
				42.89
				1450m 20:07.37
				43.29
				300m 3:50.56
				39.71
				700m 9:22.23
				41.83
				1100m 15:04.51
				43.76
				1500m 20:47.80
				40.43
				350m 4:31.74
				41.18
				750m 10:05.03
				42.80
				1150m 15:47.81
				43.30
				400m 5:12.46
				40.72
				800m 10:47.03
				42.00
				1200m 16:30.57
				42.76

**15 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time
1.	Cait Cotter	15	Chelmsford	18:10.68
	50m 32.11	100m 1:06.83	150m 1:43.49	200m 2:19.45
	32.11	34.72	36.66	35.96
	450m 5:21.97	500m 5:57.82	550m 6:34.79	600m 7:10.97
	36.81	35.85	36.97	36.18
	850m 10:14.82	900m 10:51.04	950m 11:28.41	1000m 12:04.77
	37.56	36.22	37.37	36.36
	1250m 15:09.53	1300m 15:45.90	1350m 16:23.04	1400m 16:59.31
	37.14	36.37	37.14	36.27
2.	Sophie Dowding	15	teamipswich	18:29.62
	50m 33.02	100m 1:08.37	150m 1:45.78	200m 2:22.14
	33.02	35.35	37.41	36.36
	450m 5:29.07	500m 6:06.01	550m 6:43.76	600m 7:20.85
	37.96	36.94	37.75	37.09
	850m 10:28.47	900m 11:05.61	950m 11:43.01	1000m 12:20.23
	37.68	37.14	37.40	37.22
	1250m 15:27.32	1300m 16:03.99	1350m 16:41.00	1400m 17:18.30
	37.68	36.67	37.01	37.30
3.	Lexie O'Connor	15	Basildon Ph	18:45.14
	50m 32.78	100m 1:08.71	150m 1:46.56	200m 2:23.67
	32.78	35.93	37.85	37.11
	450m 5:32.79	500m 6:09.85	550m 6:48.11	600m 7:25.33
	38.67	37.06	38.26	37.22
	850m 10:33.96	900m 11:11.21	950m 11:49.81	1000m 12:27.39
	38.27	37.25	38.60	38.75
	1250m 15:38.86	1300m 16:16.57	1350m 16:55.55	1400m 17:32.43
	38.87	37.71	38.98	36.88
4.	Gracie Comitti	15	Basildon Ph	19:01.85
	50m 33.04	100m 1:08.45	150m 1:46.62	200m 2:24.91
	33.04	35.41	38.17	38.29
	450m 5:37.58	500m 6:15.59	550m 6:54.62	600m 7:33.30
	38.54	38.01	39.03	38.68
	850m 10:47.30	900m 11:25.65	950m 12:04.98	1000m 12:43.24
	38.86	38.35	39.33	38.26
	1250m 15:55.48	1300m 16:32.77	1350m 17:11.29	1400m 17:49.34
	39.04	37.29	38.52	38.05
5.	Lexie Goodman	15	Basildon Ph	19:06.20
	50m 34.03	100m 1:11.00	150m 1:49.36	200m 2:27.19
	34.03	36.97	38.36	37.83
	450m 5:40.30	500m 6:18.68	550m 6:58.02	600m 7:36.53
	38.85	38.38	39.34	38.51
	850m 10:49.89	900m 11:28.20	950m 12:06.75	1000m 12:45.05
	38.49	38.31	38.55	38.30
	1250m 15:57.83	1300m 16:36.62	1350m 17:14.95	1400m 17:53.01
	39.50	38.79	38.33	38.06
6.	Amelie Crabb	15	teamipswich	19:14.48
	50m 33.02	100m 1:11.60	150m 1:49.10	200m 2:27.91
	33.02	38.58	37.50	38.81
	450m 5:38.36	500m 6:17.67	550m 6:55.86	600m 7:35.43
	38.04	39.31	38.19	39.57
	850m 10:49.84	900m 11:29.66	950m 12:07.77	1000m 12:47.77
	38.45	39.82	38.11	40.00
	1250m 16:03.89	1300m 16:43.59	1350m 17:22.31	1400m 18:01.23
	39.15	39.70	38.72	38.92
7.	Lyla Howard	15	Team Luton	19:15.67
	50m 33.28	100m 1:11.79	150m 1:48.99	200m 2:27.51
	33.28	38.51	37.20	38.52
	450m 5:38.26	500m 6:17.52	550m 9:31.72	600m 8:53.21
	38.09	39.26	3:14.20	21.49
	850m 12:07.66	900m 12:48.04	950m -	1000m -
	1:56.32	40.38	-	-
	1250m 16:03.74	1300m 16:43.53	1350m 17:22.01	1400m 18:01.41
	1:19.04	39.79	38.48	39.40
8.	Camille Vannier	15	Hatfield	19:18.45
	50m 34.17	100m 1:13.03	150m 1:51.99	200m 2:31.26
	34.17	38.86	38.96	39.27
	450m 5:48.42	500m 6:28.08	550m 7:06.58	600m 7:45.98
	39.20	39.66	38.50	39.40
	850m 10:59.38	900m 11:38.25	950m 12:16.22	1000m 12:55.29
	38.07	38.87	37.97	39.07
	1250m 16:07.87	1300m 16:47.15	1350m 17:25.21	1400m 18:03.63
	38.41	39.28	38.06	38.42
9.	Aislin Foley-Wright	15	Basildon Ph	19:27.33
	50m 33.55	100m 1:11.89	150m 1:48.91	200m 2:27.93
	33.55	38.34	37.02	39.02
	450m 5:40.28	500m 6:20.06	550m 6:58.26	600m 7:38.30
	37.70	39.78	38.20	40.04
	850m 10:53.97	900m 11:34.66	950m 12:13.47	1000m 12:54.27
	38.65	40.69	38.81	40.80
	1250m 16:11.40	1300m 16:51.92	1350m 17:30.47	1400m 18:10.97
	38.45	40.52	38.55	40.50

**16 Yrs Age Group - Full Results**

Place	Name	AaD	Club	Time
1.	Romilly Marks	16	Newmarket	19:03.24
	50m 33.12	100m 1:08.45	150m 1:46.56	200m 2:24.25
	33.12	35.33	38.11	37.69
	450m 5:35.69	500m 6:13.56	550m 6:52.68	600m 7:30.80
	38.44	37.87	39.12	38.12
	850m 10:44.53	900m 11:23.37	950m 12:02.77	1000m 12:41.31
	39.26	38.84	39.40	38.54
	1250m 15:54.40	1300m 16:32.71	1350m 17:11.88	1400m 17:50.24
	39.05	38.31	39.17	38.36
2.	Olivia Church	16	Thurrock	19:05.70
	50m 32.89	100m 1:09.80	150m 1:46.24	200m 2:24.45
	32.89	36.91	36.44	38.21
	450m 5:33.73	500m 6:12.82	550m 6:50.79	600m 7:30.64
	37.23	39.09	37.97	39.85
	850m 10:43.90	900m 11:23.63	950m 12:01.82	1000m 12:41.63
	37.38	39.73	38.19	39.81
	1250m 15:54.02	1300m 16:32.75	1350m 17:10.69	1400m 17:49.90
	37.78	38.73	37.94	39.21
3.	Francesca Baber	16	Flitwick	19:17.19
	50m 33.53	100m 1:10.44	150m 1:47.55	200m 2:25.27
	33.53	36.91	37.11	37.72
	450m 5:34.54	500m 6:12.62	550m 6:51.17	600m 7:29.33
	37.89	38.08	38.55	38.16
	850m 10:42.51	900m 11:21.47	950m 12:00.98	1000m 12:40.29
	38.93	38.96	39.51	39.31
	1250m 15:59.62	1300m 16:39.82	1350m 17:20.60	1400m 18:00.02
	40.68	40.20	40.78	39.42
4.	Alexa Mann	16	Chelmsford	19:18.05
	50m 33.06	100m 1:09.56	150m 1:47.47	200m 2:25.57
	33.06	36.50	37.91	38.10
	450m 5:37.68	500m 6:15.88	550m 6:54.95	600m 7:33.30
	38.67	38.20	39.07	38.35
	850m 10:47.74	900m 11:26.17	950m 12:06.16	1000m 12:44.66
	39.19	38.43	39.99	38.50
	1250m 16:02.79	1300m 16:41.54	1350m 17:21.66	1400m 18:01.55
	40.44	38.75	40.12	39.89
5.	Esmie Kidman	16	West Norfolk	19:39.79
	50m 34.99	100m 1:13.05	150m 1:53.52	200m 2:32.01
	34.99	38.06	40.47	38.49
	450m 5:49.40	500m 6:28.95	550m 7:08.90	600m 7:47.16
	40.19	39.55	39.95	38.26
	850m 11:06.99	900m 11:46.82	950m 12:26.80	1000m 13:06.68
	40.33	39.83	39.98	39.88
	1250m 16:25.73	1300m 17:05.37	1350m 17:44.82	1400m 18:24.08
	40.13	39.64	39.45	39.26
6.	Olivia Clarke	16	Chelmsford	20:03.46
	50m 35.69	100m 1:13.94	150m 1:53.99	200m 2:33.09
	35.69	38.25	40.05	39.10
	450m 5:53.03	500m 6:32.50	550m 7:13.30	600m 7:53.07
	41.03	39.47	40.80	39.77
	850m 11:16.35	900m -	950m 12:37.84	1000m 14:38.93
	20.16	-	1:21.49	2:01.09
	1250m 16:42.18	1300m 17:22.64	1350m 18:03.89	1400m 18:43.79
	1:21.80	40.46	41.25	39.90
7.	Paige Walker	16	Flitwick	20:07.61
	50m 33.47	100m 1:11.77	150m 1:50.86	200m 2:31.75
	33.47	38.30	39.09	40.89
	450m 5:53.56	500m 6:34.76	550m 7:14.90	600m 7:56.68
	38.49	41.20	40.14	41.78
	850m 11:17.96	900m 11:58.76	950m 12:39.71	1000m 13:21.99
	40.00	40.80	40.95	42.28
	1250m 16:46.62	1300m 17:29.53	1350m 18:10.19	1400m 18:52.16
	40.93	42.91	40.66	41.97

**17 Yrs/Over Age Group - Full Results**

Place	Name	AaD	Club	Time
1.	Harriet Salisbury	18	Co Peterboro	17:59.46
	50m 31.43	100m 1:05.78	150m 1:40.56	200m 2:15.86
	31.43	34.35	34.78	35.30
	450m 5:15.47	500m 5:51.78	550m 6:27.85	600m 7:04.30
	36.17	36.31	36.07	36.45
	850m 10:06.62	900m 10:43.01	950m 11:19.61	1000m 11:56.03
	36.17	36.39	36.60	36.42
	1250m 14:57.82	1300m 15:34.64	1350m 16:11.00	1400m 16:47.74
	36.72	36.82	36.36	36.74
2.	Madelyn Latimer-Hicks	18	St Felix Sch	18:32.52
	50m 33.75	100m 1:10.46	150m 1:46.66	200m 2:24.22
	33.75	36.71	36.20	37.56
	450m 5:28.75	500m 6:05.46	550m 6:42.00	600m 7:19.47
	36.11	36.71	36.54	37.47
	850m 10:27.54	900m 11:05.43	950m 11:43.36	1000m 12:21.47
	37.61	37.89	37.93	38.11
	1250m 15:28.28	1300m 16:05.96	1350m 16:42.29	1400m 17:20.42
	37.92	37.68	36.33	38.13
3.	Lucy Young	17	Modemian	18:56.84
	50m 33.23	100m 1:10.55	150m 1:47.63	200m 2:25.05
	33.23	37.32	37.08	37.42
	450m 5:31.14	500m 6:08.84	550m 6:45.67	600m 7:23.54
	36.84	37.70	36.83	37.87
	850m 10:34.04	900m 11:13.21	950m 11:51.24	1000m 12:30.29
	37.78	39.17	38.03	39.05
	1250m 15:44.80	1300m 16:24.47	1350m 17:02.67	1400m 17:41.99
	38.32	39.67	38.20	39.32
4.	Menna Walmsley	18	Team Luton	19:20.02
	50m 34.16	100m 1:10.68	150m 1:49.32	200m 2:26.97
	34.16	36.52	38.64	37.65
	450m 5:40.71	500m 6:18.63	550m 6:57.70	600m 7:36.41
	39.40	37.92	39.07	38.71
	850m 10:50.99	900m 11:30.05	950m 12:09.35	1000m 12:48.26
	38.79	39.06	39.30	38.91
	1250m 16:04.71	1300m 16:43.38	1350m 17:23.38	1400m 18:01.92
	39.54	38.67	40.00	38.54
5.	Yoshi Eschen	22	Co Cambridge	19:56.96
	50m 33.11	100m 1:10.67	150m 1:48.19	200m 2:28.48
	33.11	37.56	37.52	40.29
	450m 5:43.97	500m 6:25.24	550m 7:04.17	600m 7:45.29
	38.48	41.27	38.93	41.12
	850m 11:05.64	900m 11:47.50	950m 12:26.73	1000m 13:08.25
	39.39	41.86	39.23	41.52
	1250m 16:32.86	1300m 17:15.01	1350m 17:55.56	1400m 18:37.11
	40.60	42.15	40.55	41.55
				250m 2:51.30
				35.44
				300m 3:27.20
				35.90
				35.89
				650m 7:40.95
				36.65
				700m 8:17.65
				36.70
				750m 8:54.04
				36.39
				800m 9:30.45
				36.41
				1050m 12:32.17
				36.14
				1100m 13:08.42
				36.25
				1150m 13:44.66
				36.24
				1200m 14:21.10
				36.44
				1450m 17:23.76
				36.02
				1500m 17:59.46
				35.70
				250m 3:01.08
				36.86
				300m 3:37.24
				36.16
				350m 4:15.05
				37.81
				400m 4:52.64
				37.59
				650m 7:57.46
				37.99
				700m 8:35.39
				37.93
				750m 9:12.20
				36.81
				800m 9:49.93
				37.73
				1050m 12:58.13
				36.66
				1100m 13:35.55
				37.42
				1150m 14:12.74
				37.19
				1200m 14:50.36
				37.62
				1450m 17:56.96
				36.54
				1500m 18:32.52
				35.56
				250m 3:01.87
				36.82
				300m 3:39.56
				37.69
				350m 4:16.76
				37.20
				400m 4:54.30
				37.54
				650m 8:01.18
				37.64
				700m 8:39.58
				38.40
				750m 9:17.42
				37.84
				800m 9:56.26
				38.84
				1050m 13:08.52
				38.23
				1100m 13:47.98
				39.46
				1150m 14:26.50
				38.52
				1200m 15:06.48
				39.98
				1450m 18:19.66
				37.67
				1500m 18:56.84
				37.18
				250m 3:06.14
				39.17
				300m 3:44.36
				38.22
				350m 4:23.25
				38.89
				400m 5:01.31
				38.06
				650m 8:15.77
				39.36
				700m 8:54.24
				38.47
				750m 9:33.42
				39.18
				800m 10:12.20
				38.78
				1050m 13:27.67
				39.41
				1100m 14:06.61
				38.94
				1150m 14:46.21
				39.60
				1200m 15:25.17
				38.96
				1450m 18:41.88
				39.96
				1500m 19:20.02
				38.14
				250m 3:06.30
				37.82
				300m 3:46.64
				40.34
				350m 4:24.90
				38.26
				400m 5:05.49
				40.59
				650m 8:24.36
				39.07
				700m 9:05.50
				41.14
				750m 9:44.76
				39.26
				800m 10:26.25
				41.49
				1050m 13:48.29
				40.04
				1100m 14:29.92
				41.63
				1150m 15:10.28
				40.36
				1200m 15:52.26
				41.98