

EVENT 211 Men/Women 11 Yrs/Over 400m Free.

MEN 11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	Gabriel Taggart	12	Watford SC	5:52.83					
	50m 39.03	100m 1:24.23	150m 2:09.70	200m 2:56.00	250m 3:41.12	300m 4:26.21	350m 5:11.12	400m 5:52.83	
2.	Mawulinam Ito	11	Co Cambridge	5:58.63					
	50m 40.05	100m 1:27.22	150m 2:12.23	200m 2:59.29	250m 3:44.43	300m 4:32.07	350m 5:15.39	400m 5:58.63	
3.	Felipe Irvine	12	Watford SC	6:05.90					
	50m 40.43	100m 1:25.62	150m 2:13.63	200m 3:00.09	250m 3:48.36	300m 4:35.06	350m 5:22.30	400m 6:05.90	

MEN 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	Alexander Mordenti	13	Potters Bar	5:23.18					
	50m 35.67	100m 1:16.14	150m 1:57.55	200m 2:39.72	250m 3:21.52	300m 4:04.22	350m 4:45.73	400m 5:23.18	
2.	Jack Beer	13	Linslade	5:26.28					
	50m 35.46	100m 1:18.47	150m 1:58.82	200m 2:42.44	250m 3:23.87	300m 4:07.51	350m 4:47.44	400m 5:26.28	
3.	Aidan Scott	13	St Felix Sch	5:30.19					
	50m 36.13	100m 1:18.56	150m 2:00.53	200m 2:42.79	250m 3:26.68	300m 4:09.71	350m 4:52.28	400m 5:30.19	
4.	Max Lesner	13	Potters Bar	5:35.30					
	50m 37.63	100m 1:19.72	150m 2:02.97	200m 2:45.63	250m 3:29.24	300m 4:12.01	350m 4:55.74	400m 5:35.30	
5.	Charlie Stott	13	Co St Albans	5:39.63					
	50m 35.51	100m 1:18.53	150m 2:01.70	200m 2:47.32	250m 3:30.45	300m 4:16.65	350m 4:58.66	400m 5:39.63	

MEN 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	Oscar Sherwani	14	Flitwick	4:56.61					
	50m 30.88	100m 1:07.87	150m 1:46.71	200m 2:25.68	250m 3:03.56	300m 3:42.68	350m 4:20.78	400m 4:56.61	
2.	Adam O'Neal	14	Modemian	5:02.54					
	50m 34.33	100m 1:12.19	150m 1:52.30	200m 2:30.70	250m 3:10.90	300m 3:48.70	350m 4:27.05	400m 5:02.54	
3.	F Cleland Ferdin	14	Co Cambridge	5:12.70					
	50m 34.67	100m 1:14.77	150m 1:53.44	200m 2:34.32	250m 3:13.70	300m 3:54.40	350m 4:33.83	400m 5:12.70	
4.	George Carter	14	Co Cambridge	5:15.75					
	50m 34.03	100m 1:13.75	150m 1:53.11	200m 2:34.89	250m 3:14.58	300m 3:56.61	350m 4:36.16	400m 5:15.75	

MEN 15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	Charlie McKinnon	15	St Felix Sch	4:40.29					
	50m 31.99	100m 1:06.44	150m 1:43.14	200m 2:18.91	250m 2:55.34	300m 3:30.49	350m 4:06.65	400m 4:40.29	
2.	Danny Foreman	15	Potters Bar	4:57.66					
	50m 33.02	100m 1:10.09	150m 1:47.97	200m 2:26.54	250m 3:04.92	300m 3:42.95	350m 4:21.63	400m 4:57.66	

MEN 16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	Cameron Jones	16	Leighton Buz	4:41.85					
	50m 30.98	100m 1:06.29	150m 1:41.10	200m 2:18.24	250m 2:53.49	300m 3:31.15	350m 4:07.37	400m 4:41.85	
2.	Daniel Kendall	16	Co Ely	4:46.26					
	50m 30.75	100m 1:04.78	150m 1:41.76	200m 2:17.81	250m 2:55.53	300m 3:32.26	350m 4:10.60	400m 4:46.26	
3.	Luke Martell	16	Potters Bar	4:46.29					
	50m 32.42	100m 1:09.71	150m 1:46.97	200m 2:24.71	250m 3:01.17	300m 3:37.51	350m 4:12.09	400m 4:46.29	
4.	Thomas Deaton	16	Newmarket	4:50.58					
	50m 30.85	100m 1:06.66	150m 1:42.19	200m 2:20.32	250m 2:57.34	300m 3:36.07	350m 4:13.24	400m 4:50.58	

MEN 17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	Robert Addis	18	West Norfolk	4:42.41					
	50m 30.61	100m 1:04.22	150m 1:40.12	200m 2:16.12	250m 2:52.41	300m 3:29.07	350m 4:07.19	400m 4:42.41	
2.	Matthew Tatum	21	Diss Otters	4:43.24					
	50m 30.49	100m 1:05.30	150m 1:41.29	200m 2:18.15	250m 2:54.06	300m 3:31.68	350m 4:07.69	400m 4:43.24	
3.	Christopher Howe	17	Co Cambridge	4:46.97					
	50m 30.20	100m 1:04.30	150m 1:39.99	200m 2:16.89	250m 2:53.26	300m 3:30.46	350m 4:09.16	400m 4:46.97	
4.	Harry Richardson	18	Southend	4:55.06					
	50m 31.34	100m 1:05.62	150m 1:43.15	200m 2:20.33	250m 2:59.23	300m 3:37.79	350m 4:17.60	400m 4:55.06	

WOMEN 11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	Lily-May Freeman	12	Gt Yarmouth	5:40.90					
	50m 35.03	100m 1:18.44	150m 2:01.85	200m 2:47.50	250m 3:29.67	300m 4:15.29	350m 4:58.54	400m 5:40.90	
2.	Niamh Bunker	12	Flitwick	5:42.58					
	50m 39.00	100m 1:22.22	150m 2:06.76	200m 2:49.84	250m 3:34.68	300m 4:19.68	350m 5:02.98	400m 5:42.58	
3.	Anniston Coleman	12	Newmarket	5:43.52					
	50m 36.82	100m -	150m 2:03.34	200m -	250m 3:33.02	300m -	350m -	400m 5:43.52	
4.	Maya Robu	12	Cheshunt	5:56.10					
	50m 38.16	100m 1:22.54	150m 2:07.83	200m 2:54.77	250m 3:40.27	300m 4:27.28	350m 5:13.02	400m 5:56.10	

WOMEN 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	Bethany Rumsby	13	Norwich Swan	5:17.94					
	50m 36.52	100m 1:17.53	150m 1:57.59	200m 2:38.45	250m 3:19.18	300m 4:00.37	350m 4:40.99	400m 5:17.94	
2.	Aimee Burgess	13	teamipswich	5:26.05					
	50m 34.90	100m 1:15.37	150m 1:56.20	200m 2:38.84	250m 3:19.98	300m 4:04.32	350m 4:45.80	400m 5:26.05	
3.	Emily Fitzgerald	13	Harlow Pen	5:30.20					
	50m 38.11	100m 1:19.27	150m 2:02.35	200m 2:43.76	250m 3:27.38	300m 4:09.44	350m 4:52.18	400m 5:30.20	
4.	Selina Green	13	St Felix Sch	5:30.53					
	50m 35.32	100m 1:16.98	150m 1:57.68	200m 2:41.04	250m 3:23.07	300m 4:07.58	350m 4:49.19	400m 5:30.53	
5.	Ella Deaton	13	Newmarket	5:34.65					
	50m 35.16	100m 1:16.31	150m 1:58.06	200m 2:41.83	250m 3:24.44	300m 4:08.90	350m 4:52.28	400m 5:34.65	
6.	Grace Cook	13	Diss Otters	5:38.07					
	50m 36.63	100m -	150m 2:02.29	200m 2:47.56	250m 3:30.35	300m 4:15.07	350m 4:55.94	400m 5:38.07	
7.	Lola Wonfor	13	New Hall	5:38.39					
	50m 36.67	100m 1:18.69	150m 2:01.75	200m 2:46.04	250m 3:30.21	300m 4:14.12	350m 4:58.41	400m 5:38.39	
8.	Isla Black	13	Co St Albans	5:38.63					
	50m 38.79	100m 1:20.41	150m 2:04.43	200m 2:47.23	250m 3:32.05	300m 4:14.99	350m 4:59.08	400m 5:38.63	
9.	Ella Townsend	13	Diss Otters	5:41.81					
	50m 37.65	100m 1:18.27	150m 2:02.46	200m 2:44.28	250m 3:30.12	300m 4:14.93	350m 5:00.71	400m 5:41.81	
10.	Megan Reader	13	Watford SC	5:44.99					
	50m 39.28	100m 1:22.21	150m 2:06.86	200m 2:50.84	250m 3:35.41	300m 4:19.80	350m 5:04.32	400m 5:44.99	

WOMEN 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	Eleanor McLeod	14	Putteridge	5:03.64					
	50m 34.62	100m 1:13.72	150m 1:52.36	200m 2:32.35	250m 3:11.34	300m 3:50.67	350m 4:29.28	400m 5:03.64	
2.	Kiera Broad	14	West Suffolk	5:08.07					
	50m 32.41	100m 1:10.83	150m 1:48.90	200m 2:29.04	250m 3:08.01	300m 3:49.16	350m 4:28.28	400m 5:08.07	
3.	Bethany Crawley	14	teamipswich	5:12.15					
	50m 35.46	100m 1:13.77	150m 1:54.80	200m 2:34.63	250m 3:15.76	300m 3:55.66	350m 4:35.56	400m 5:12.15	
4.	Isabel Moore	14	West Suffolk	5:12.82					
	50m 35.99	100m 1:14.02	150m 1:54.15	200m 2:33.64	250m 3:14.84	300m 3:54.57	350m 4:35.71	400m 5:12.82	
5.	Georgina Hamilton	14	Co St Albans	5:17.01					
	50m 35.92	100m 1:14.85	150m 1:56.17	200m 2:36.17	250m 3:17.94	300m 3:58.47	350m 4:39.38	400m 5:17.01	
6.	Jasmine Pereira	14	Hatfield	5:20.46					
	50m 37.00	100m 1:16.64	150m 1:58.06	200m 2:39.13	250m 3:21.03	300m 4:01.27	350m 4:42.72	400m 5:20.46	

WOMEN 15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	Elyn Lauder	15	West Norfolk	4:58.64					
	50m 33.45	100m 1:11.42	150m 1:48.37	200m 2:27.61	250m 3:05.19	300m 3:44.02	350m 4:21.12	400m 4:58.64	
2.	Ava Black	15	Co St Albans	5:07.24					
	50m 33.86	100m 1:12.89	150m 1:52.05	200m 2:32.14	250m 3:11.49	300m 3:51.61	350m 4:29.63	400m 5:07.24	
3.	Florence Talbot	15	Newmarket	5:10.69					
	50m 33.49	100m 1:12.23	150m 1:50.53	200m 2:31.07	250m 3:10.28	300m 3:51.58	350m 4:30.72	400m 5:10.69	
4.	Clara Foster	15	Linslade	5:11.25					
	50m 33.95	100m 1:11.30	150m 1:51.78	200m 2:31.07	250m 3:11.77	300m 3:51.64	350m 4:33.12	400m 5:11.25	
5.	Bethany Hamer	15	Linslade	5:11.31					
	50m 33.88	100m 1:12.46	150m 1:53.84	200m 2:34.29	250m 3:16.19	300m 3:56.81	350m 4:37.80	400m 5:11.31	
6.	Maisie Williams	15	Canvey Isl	5:11.81					
	50m 36.09	100m 1:15.14	150m 1:55.60	200m 2:35.85	250m 3:15.93	300m 3:55.82	350m 4:34.61	400m 5:11.81	
7.	Chloe Bellamy	15	West Norfolk	5:15.85					
	50m 34.02	100m 1:13.39	150m 1:52.48	200m 2:33.54	250m 3:12.85	300m 3:54.58	350m 4:34.68	400m 5:15.85	
8.	Autumn Shine	15	Potters Bar	5:17.90					
	50m 35.02	100m 1:14.13	150m 1:55.27	200m 2:36.13	250m 3:18.00	300m 3:58.10	350m 4:39.37	400m 5:17.90	
9.	Heidi Bruggaber	15	Co Cambridge	5:25.84					
	50m 35.55	100m 1:15.40	150m 1:57.04	200m 2:38.86	250m 3:21.59	300m 4:03.82	350m 4:45.87	400m 5:25.84	
	Lilia Clarkson	15	St Felix Sch	DNC					
	Scarlett Joslin	15	Co Cambridge	DNC					

WOMEN 16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	Ruby Chapman	16	Norwich Swan	4:55.57					
	50m 32.31	100m 1:09.53	150m 1:47.47	200m 2:25.78	250m 3:02.80	300m 3:41.54	350m 4:18.72	400m 4:55.57	
2.	Esmie Kidman	16	West Norfolk	4:59.40					
	50m 34.96	100m 1:11.95	150m 1:51.56	200m 2:29.18	250m 3:08.39	300m 3:45.27	350m 4:23.99	400m 4:59.40	
3.	Phoebe Thorn	16	Flitwick	5:03.83					
	50m 33.46	100m 1:10.25	150m 1:48.59	200m 2:26.97	250m 3:06.46	300m 3:45.24	350m 4:25.19	400m 5:03.83	
4.	Marcie Aley	16	Braintree	5:18.09					
	50m 35.46	100m 1:13.69	150m 1:54.50	200m 2:35.11	250m 3:17.06	300m 3:57.74	350m 4:39.97	400m 5:18.09	
5.	Isabel Collins	16	Bo Southend	5:23.41					
	50m 35.31	100m 1:14.65	150m 1:55.39	200m 2:37.19	250m 3:18.85	300m 4:01.17	350m 4:42.34	400m 5:23.41	

WOMEN 17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time					
1.	Emily Presland	20	Bushey	5:14.09					
	50m 35.13	100m 1:12.14	150m 1:52.58	200m 2:31.76	250m 3:13.46	300m 3:53.88	350m 4:35.23	400m 5:14.09	
2.	Olivia Lydon	17	Royston	5:14.48					
	50m 33.43	100m 1:12.57	150m 1:52.17	200m 2:32.71	250m 3:13.07	300m 3:54.71	350m 4:34.93	400m 5:14.48	
3.	Ellie Eva	18	Hitchin	5:17.82					
	50m 35.79	100m 1:14.09	150m 1:54.89	200m 2:35.34	250m 3:17.45	300m 3:58.36	350m 4:40.15	400m 5:17.82	

EVENT 212 Men/Women 11 /Over 100m Backstroke

MEN 11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Tyler Stone	12	Co Norwich	1:17.87	36.26
2.	Rhys Watsham	11	St Felix Sch	1:24.42	41.98
3.	Theo Ryan	12	West Norfolk	1:25.44	41.91
4.	Ethan Wallis	12	St Felix Sch	1:26.57	39.98
5.	Mawulinam Ito	11	Co Cambridge	1:26.71	42.01
6.	Gabriel Taggart	12	Watford SC	1:30.51	44.66
7.	Hudson Sherwani	12	Flitwick	1:31.21	41.89
	Elliot Hall	12	Bishop Stort	DNC	

MEN 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Jamie Wilson	13	West Norfolk	1:15.46	37.87
2.	Dmitrijs Gracovs	13	Harlow Pen	1:17.54	36.84
3.	Lucas Moxon-Booth	13	Flitwick	1:17.79	38.46
4.	Oliver Davey	13	Co Ely	1:17.97	38.86
5.	Arthur Greenhill	13	Royston	1:18.81	37.01
6.	William Harris	13	Watford SC	1:19.50	39.47
7.	Kabir Patel	13	Potters Bar	1:20.30	39.32
8.	Will Riley	13	teamipswich	1:21.37	39.99
9.	Alexander Mordenti	13	Potters Bar	1:23.77	39.81

MEN 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Oscar Sherwani	14	Flitwick	1:14.11	35.97
2.	Jonathan Regan	14	Modemian	1:14.53	35.21
3.	F Cleland Ferdin	14	Co Cambridge	1:16.92	38.43
4.	Spencer Battisson	14	Team Waveney	1:17.27	37.45
5.	Sam Ryan	14	Bushey	1:17.29	37.90
6.	Evan Aldridge	14	St Felix Sch	1:17.66	36.58

MEN 15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Alfie Barrett	15	Leighton Buz	1:10.07	34.27
2.	Toby Evans	15	Leighton Buz	1:10.87	35.31
3.	Charlie Payne	15	Newmarket	1:10.96	33.97
4.	Samuel Winslow	15	Co Cambridge	1:11.04	33.70
5.	Nathan Birchenough	15	St Felix Sch	1:11.65	35.64
6.	George Grimwood	15	Bishop Stort	1:11.72	33.49
7.	Nathan Yeaman	15	West Norfolk	1:11.89	35.42
8.	Thomas Underdown	15	Braintree	1:12.14	33.33
9.	Joseph McNulty	15	Watford SC	1:13.12	36.22
10.	Thomas Maher	15	Co St Albans	1:14.28	34.77

MEN 16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Austin Harrop	16	Co Cambridge	1:09.00	33.68
2.	Daniel Kendall	16	Co Ely	1:09.69	33.41
3.	William Murfitt	16	Biggleswade	1:09.94	32.94
4.	Thomas Deaton	16	Newmarket	1:10.90	34.88
5.	Luke Martell	16	Potters Bar	1:11.73	34.75
6.	Corey Hare	16	Colchester	1:11.82	35.97
7.	Fynley Blake	16	teamipswich	1:11.90	34.76
8.	Samuel Tolputt	16	Deben	1:12.20	35.45
9.	Freddie Gardner	16	Bo Southend	1:13.28	35.49
10.	Thomas Liddiard	16	Ware	1:13.36	35.12
11.	Raven Dodsworth	16	Newmarket	1:13.56	34.01
12.	Edward Lerner	16	Tring	1:13.60	35.91

MEN 17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Billy Knibb	17	Linslade	1:05.52	32.27
2.	Gabriel Layzell	17	Linslade	1:05.67	32.79
3.	Jude Gore	19	Linslade	1:07.47	31.77
4.	William Presland	17	Bushey	1:08.29	33.92
5.	Jake Hickmott	17	Flitwick	1:08.87	33.07
6.	Harrison Holmes	17	Team Waveney	1:08.89	33.06
7.	Eduardo Camacho	17	Co Cambridge	1:09.71	32.68
8.	Robert Addis	18	West Norfolk	1:10.22	33.50
9.	Benjamin Taylor	17	Leiston	1:10.24	34.85
	Ryan Barker	20	Dereham	DNC	

WOMEN 11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Anastasja Wall	12	Dereham	1:22.77	40.84
2.	Charlotte Belcher	12	Modemian	1:22.91	39.54
3.	Jessica Pugh	12	Norwich Swan	1:23.90	38.84
4.	Bryony Murfitt	12	Biggleswade	1:24.56	40.41
5.	Layla Jones	12	Witham Dolph	1:25.85	43.70
6.	Nina Allen	11	Newmarket	1:26.06	41.89
7.	Samantha Martelino	12	Newmarket	1:26.48	42.66
8.	Cassandra Pereira	12	Hatfield	1:26.65	43.00
9.	Valentina Tinnirello	12	Potters Bar	1:26.80	40.92
10.	Zara Avery	12	Linslade	1:26.97	43.30
11.	Mia Nelson	11	Cheshunt	1:27.28	40.73
12.	Charlotte Catchpole	12	Leiston	1:27.42	43.60
13.	Molly Walton	12	Co Cambridge	1:27.78	42.03
14.	Daisy-Mai Doel	11	Basildon Ph	1:28.02	41.53
15.	Elizabeth Pert	12	Norwich Swan	1:28.12	41.25
16.	Polly Ruddell	12	teamipswich	1:28.52	43.70
17.	Isabella Bryan	12	teamipswich	1:28.71	45.48
18.	Francesca Thompson	12	Team Waveney	1:28.98	44.09
19.	Starr Nichols	12	Gt Yarmouth	1:29.16	41.70
20.	Sofia Stosic	11	Norwich Swan	1:30.06	43.52
21.	Sandy McGee	12	Basildon Ph	1:30.26	45.37

WOMEN 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Libby Whiting	13	Linslade	1:18.00	35.91
2.	Joselyn Oakes	13	Leighton Buz	1:19.38	37.85
	Amelia Wetherell	13	Harlow Pen	DQ	

WOMEN 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Gabrielle Cornish	14	Colchester	1:17.47	37.72
2.	Summer Boswell	14	Hatfield	1:17.50	37.92
3.	Mia Macklin	14	Braintree	1:17.52	37.03
4.	Sophie Coleman	14	Co St Albans	1:17.59	37.80
5.	Lois Johnson	14	Chelmsford	1:17.62	38.33
6.	Nell Motts	14	Hadleigh	1:19.28	38.67
7.	Bethany Crawley	14	teamipswich	1:19.92	39.20
8.	Wiktoria Marcinek	14	West Norfolk	1:20.16	37.27
9.	Abigail Riches	14	Norwich Swan	1:20.44	39.79
10.	Isabel Moore	14	West Suffolk	1:22.30	40.35

WOMEN 15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Cait Cotter	15	Chelmsford	1:12.09	34.60
2.	Lexie Goodman	15	Basildon Ph	1:12.21	35.16
3.	Natalie Taylor	15	St Felix Sch	1:13.56	36.67
4.	Isabelle Talbot	15	Braintree	1:14.56	35.76
5.	Erin Woodrow	15	West Norfolk	1:15.10	35.26
6.	Chloe Bellamy	15	West Norfolk	1:16.36	37.50
7.	Aislin Foley-Wright	15	Basildon Ph	1:18.19	37.69
8.	Skye Nichols	15	Gt Yarmouth	1:18.22	36.86
9.	Chloe Hodgkinson	15	Watford SC	1:20.40	37.68
	Vasilisa Shampanova	15	Co Cambridge	DNC	

WOMEN 16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Ellie Burwood	16	St Felix Sch	1:13.99	36.01
2.	Chloe Staines	16	Chelmsford	1:14.64	36.92
3.	Poppy Malcolmson	16	Dereham	1:14.88	34.06
4.	Tia Hill	16	Co Ely	1:15.31	37.01
5.	Isabella Dolton	16	Tring	1:16.38	36.54
6.	Zoe Land	16	Gt Yarmouth	1:17.28	36.94
7.	Zoe Quarman	16	Leighton Buz	1:17.51	37.29
8.	Georgia D'Arcy	16	Royston	1:18.15	36.69
9.	Elsie Pooley	16	West Suffolk	1:18.82	38.00
10.	Lucy Toms	16	Clacton SC	1:20.04	39.86

WOMEN 17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Olivia Lydon	17	Royston	1:14.47	36.88
2.	Eloise Conway	22	Halstead	1:15.87	35.17
3.	Sophie Sparkes	17	Norwich Swan	1:17.55	37.07
4.	Emma Malcolm	17	Thefford	1:17.78	36.46
5.	Sophie Jenkinson	17	Basildon Ph	1:17.85	37.86
6.	Kya Andreou	18	Harlow Pen	1:18.24	36.10
7.	Alice Clark	17	West Suffolk	1:18.54	35.61
8.	Emily Presland	20	Bushey	1:19.17	37.66
9.	Julianna Mercado	18	Norwich Swan	1:19.79	40.37
	Tess Wesley	18	Newmarket	DNC	

EVENT 213 Men/Women 11 Yrs/Over 50m Butterfly

MEN 11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Wilfred Warwick	12	Co Cambridge	36.01
2.	Hudson Sherwani	12	Flitwick	38.27
3.	Oliver Fuller	12	Co Ely	39.27
4.	Mawulinam Ito	11	Co Cambridge	39.67
5.	James Tooke	11	teamipswich	39.88
6.	Felipe Irvine	12	Watford SC	41.46
	Elliot Hall	12	Bishop Stort	DNC

MEN 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Lucas Deans	13	Chelmsford	33.80
2.	Oliver Davey	13	Co Ely	34.55
3.	Christian Payne	13	Thetford	34.56
4.	Nonso Nwabueze	13	Bo Southend	35.15
5.	Jan Beblot	13	Norwich Swan	35.20
6.	Will Riley	13	teamipswich	37.54
	Harry Day	13	Bo Southend	DNC

MEN 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Billy Cyl	14	Ware	31.84
2.	Jonathan Regan	14	Modemian	31.88
3.	Lewis Masson	14	Linslade	32.73
4.	Theodore Monk	14	Co Cambridge	32.77
5.	Reece Burns	14	Witham Dolph	32.82
6.	Oscar Chaplin	14	Co St Albans	33.07
7.	Elliot Barkway	14	Diss Otters	35.44
8.	F Cleland Ferdin	14	Co Cambridge	35.81
	Evan Aldridge	14	St Felix Sch	DQ

MEN 15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	George Grimwood	15	Bishop Stort	29.50
2.	Jeffrey Gill	15	Watford SC	30.53
3.	Alexander Kyle	15	Stanway	31.09
4.	Joshua Needham	15	St Neot Swan	31.33
5.	Benjamin Watley	15	Witham Dolph	31.71
6.	Thomas Maher	15	Co St Albans	32.75
7.	Danny Foreman	15	Potters Bar	33.43
8.	Charlie McKinnon	15	St Felix Sch	33.45
	Nathan Yeaman	15	West Norfolk	DQ

MEN 16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Fynley Blake	16	teamipswich	29.83
2.	Thomas Liddiard	16	Ware	30.26
3.	Guido Belcher	16	Flitwick	30.32
3.	Atikan To	16	Ware	30.32
5.	Max Thomas	16	Flitwick	30.40
6.	Austin Harrop	16	Co Cambridge	30.47
7.	Batu Senturk	16	Co Cambridge	30.50
8.	Cameron Jones	16	Leighton Buz	30.68
9.	Samuel Tolputt	16	Deben	30.69
10.	Roan Cooper	16	Thetford	30.73
11.	Corey Hare	16	Colchester	31.00
12.	Sean Diggins	16	Gt Yarmouth	31.07
13.	Freddie Gardner	16	Bo Southend	31.21
14.	Thomas Small	16	Norwich Swan	31.26
15.	Raven Dodsworth	16	Newmarket	31.40
16.	Theo Lim	16	Watford SC	32.00
	James Renton	16	Potters Bar	DNC

MEN 17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Enzo Lim	17	Watford SC	28.25
2.	Zak Baldwin	17	Newmarket	28.37
3.	Harvey Last	19	Southend	28.87
4.	Thomas Ball	18	West Norfolk	28.91
5.	Billy Knibb	17	Linslade	29.14
6.	Gabriel Layzell	17	Linslade	29.44
7.	Eduardo Camacho	17	Co Cambridge	29.69
8.	Matthew Tatum	21	Diss Otters	29.84
9.	Benedict Measures	17	Thetford	30.10
10.	Harry Richardson	18	Southend	30.22
11.	Nicholas Sinclair	19	Ware	30.26
12.	Lloyd Battisnon	17	Team Waveney	30.40
	Ryan Barker	20	Dereham	DNC

WOMEN 11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Edie Foster	11	Saffron Wald	37.91
2.	Ella McLoughlin	12	Potters Bar	38.52
3.	Tishe Adebola-Lawal	12	Potters Bar	38.73
4.	Maelys Jacquet	11	Felixstowe	39.09
5.	Samantha Martelino	12	Newmarket	39.26
6.	Anastasja Wall	12	Dereham	39.41
7.	Jeslene Sandhu	11	Epping For't	39.96
8.	Tehya Robertson	12	Co St Albans	40.49
9.	Jessica Pugh	12	Norwich Swan	40.81
10.	Liliana Czerwinska	12	Potters Bar	40.82
11.	Milly Johnson	12	West Norfolk	40.85
12.	Sofia Stosic	11	Norwich Swan	40.99
13.	Phoebe Kent	12	Harlow Pen	41.00
14.	Sandy McGee	12	Basildon Ph	41.20
15.	Faith Turner	12	West Norfolk	41.68
16.	Jasmine Davies	12	Watford SC	41.87
17.	Florence Davies	12	Leighton Buz	41.98
18.	Neve Melville	12	Felixstowe	42.11
19.	Nina Allen	11	Newmarket	42.26
20.	Iolanthe Alty	11	teamipswich	42.52
21.	Amelia Garnham	11	teamipswich	42.90
22.	Mia Nelson	11	Cheshunt	43.92

WOMEN 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Darcey Cuddon	13	Co Cambridge	34.94
2.	Aleksandra Czerwinska	13	Potters Bar	35.74
3.	Erin Ultridge	13	teamipswich	35.85
4.	Bethany Rumsby	13	Norwich Swan	35.95
5.	Katie Bidgood	13	Chelmsford	35.97
6.	Emily Fitzgerald	13	Harlow Pen	37.23
7.	Amelia Wetherell	13	Harlow Pen	37.25
8.	Ella Stewart	13	West Suffolk	37.86
9.	Erin Matthews	13	Saffron Wald	37.94
10.	Holly Underdown	13	Braintree	38.04
11.	Joselyn Oakes	13	Leighton Buz	38.35
12.	Isla Dugdale	13	Newmarket	38.43
13.	Megan Reader	13	Watford SC	38.58
14.	Paige Manley	13	Southend	38.76
15.	Summer Evason	13	Watford SC	38.96
16.	Tierna Karaiskos	13	Basildon Ph	40.08

WOMEN 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Kiera Broad	14	West Suffolk	33.14
2.	Adrija Raudonyte	14	Newmarket	33.24
3.	Mia Gray	14	Norwich Swan	34.25
4.	Jasmine Pereira	14	Hatfield	34.63
5.	Jessie Skelt	14	Braintree	34.81
6.	Genevieve White	14	Co Cambridge	35.10
7.	Isabel Moore	14	West Suffolk	35.33
8.	Nell Motts	14	Hadleigh	35.40
9.	Sophie Holliss	14	Co St Albans	35.47
10.	Amelia Butt	14	Co St Albans	35.81
11.	Abigail Riches	14	Norwich Swan	35.82
12.	Fearne Peach	14	Canvey Isl	35.93
13.	Natalie Ormston	14	St Neot Swan	35.95
14.	Gabrielle Cornish	14	Colchester	36.33
15.	Summer Boswell	14	Hatfield	36.35
16.	Bethany Crawley	14	teamipswich	36.74
17.	Layla Dowland	14	Leiston	37.19
18.	Aksinia Ivanova	14	Potters Bar	37.82

WOMEN 15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Alice O'Toole	15	Royston	31.39
2.	Sadie Rowe	15	Colchester	32.65
3.	Emma Bird	15	Putteridge	33.28
3.	Kathryn Edwards	15	Braintree	33.28
5.	Sophie Ball	15	Braintree	33.45
6.	Elizabeth Wright	15	West Suffolk	33.56
7.	Sophie Green	15	Hatfield	33.61
8.	Katrina Dolton	15	Tring	34.09
9.	Natalie Taylor	15	St Felix Sch	34.29
10.	Jersey Holmes	15	Team Waveney	34.31
11.	S Harrison-Mirauer	15	Hatfield	34.33
12.	Olivia Stubbs	15	Watford SC	34.36
13.	Georgia Denham	15	Hadleigh	34.37
14.	Elyn Lauder	15	West Norfolk	34.54
14.	Clara Foster	15	Linslade	34.54
16.	Lilia Clarkson	15	St Felix Sch	34.72
17.	Scarlett Joslin	15	Co Cambridge	34.78
18.	Olivia Perrin	15	Harlow Pen	34.82
19.	Chloe Hodgkinson	15	Watford SC	35.10
20.	Florence Talbot	15	Newmarket	35.52
21.	Caitlin Walters	15	Berkhamsted	35.95
22.	Autumn Shine	15	Potters Bar	36.11
23.	Lucy Brown	15	Thetford	37.14
	Vasilisa Shampanova	15	Co Cambridge	DNC

WOMEN 16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Emily Grimwood	16	Clacton SC	32.87
2.	Isabella Dolton	16	Tring	33.13
3.	Madeline Pawle	16	Leiston	33.28
4.	Lucy Toms	16	Clacton SC	33.41
5.	Zoe Quarman	16	Leighton Buz	33.56
6.	Ellie Catchpole	16	Leiston	33.60
7.	Holly Rigby	16	Gt Yarmouth	34.12
8.	Isabel Collins	16	Bo Southend	34.87
9.	Lillian Walthew	16	Dereham	35.31
10.	Evie Jamieson	16	Harlow Pen	35.53
11.	Georgia D'Arcy	16	Royston	36.22

WOMEN 17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Evie Thompson	17	Hitchin	31.46
2.	Alice Clark	17	West Suffolk	31.81
3.	Anna Rumley	17	Flitwick	31.93
4.	Ciara McAuley	17	Saffron Wald	32.12
5.	Olivia Lydon	17	Royston	32.45
6.	Julianna Mercado	18	Norwich Swan	32.51
7.	Hannah Zyss	17	Basildon Ph	32.79
8.	Catherine Ryan	18	Hoddesdon	33.07
9.	Emily Cutting	17	West Suffolk	33.37
10.	Eloise Conway	22	Halstead	33.45
11.	Tess Wesley	18	Newmarket	33.48
12.	Thea Irvine	17	Diss Otters	33.56
13.	Caitlin McNicholas	17	Deben	33.64
14.	Sophie Clark	18	Hitchin	34.09
15.	Tamsin Moren	17	Berkhamsted	34.25
15.	Lydia Wisely	17	Berkhamsted	34.25
17.	Hannah Jarrett	18	Norwich Swan	34.66
18.	Jessica Presland	19	Bushey	37.06

EVENT 214 Men/Women 11 /Over 200m Breaststrok

MEN 11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Gabriel Taggart	12	Watford SC	3:35.44	47.72	1:45.02	2:39.25

MEN 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Jack Beer	13	Linslade	3:10.16	42.15	1:33.87	2:22.32
2.	Lucas Moxon-Booth	13	Flitwick	3:10.50	44.57	1:33.93	2:22.57
3.	Luca Bertossa Padin	13	Potters Bar	3:20.09	45.32	1:36.84	2:30.33
4.	Will Riley	13	teampswich	3:21.36	46.17	1:39.47	2:28.72

MEN 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Barnaby O'Donnell	14	Bushey	3:08.04	41.93	1:31.66	2:19.79
2.	Daniel Williams	14	Hatfield	3:08.41	43.46	1:30.89	2:20.55
3.	Max Nicholls	14	Leiston	3:11.13	42.85	1:32.03	2:22.85
4.	George Carter	14	Co Cambridge	3:13.76	44.92	1:33.87	2:25.80

MEN 15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Alexander Ball	15	Potters Bar	3:01.55	40.50	1:28.68	2:15.49
2.	Joshua Needham	15	St Neot Swan	3:01.95	39.08	1:27.81	2:14.16
3.	Archie Rann	15	Ware	3:02.36	42.50	1:28.51	2:16.07
4.	Finlay Arnup	15	Norwich Swan	3:02.76	40.14	1:27.77	2:15.95
5.	F Basantes Campos	15	Co St Albans	3:05.91	42.91	1:29.84	2:19.42
	Joe Vesztrocy	15	Flitwick	DNC			

MEN 16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Luke Read	16	Basildon Ph	2:52.65	37.12	1:22.01	2:06.52
2.	James Renton	16	Potters Bar	2:55.87	39.99	1:24.67	2:12.35
3.	Thomas Liddiard	16	Ware	2:56.94	38.87	1:24.16	2:12.34
4.	Oliver Soloman	16	Tring	3:02.25	38.05	1:25.79	2:12.47

MEN 17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Harold Edwards	17	Braintree	2:46.05	36.71	1:19.29	2:02.50
2.	Eduardo Camacho	17	Co Cambridge	2:57.86	39.60	1:23.84	2:11.60

WOMEN 11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Indie Pettitt	12	Harlow Pen	3:28.03	51.12	1:43.93	2:38.76
2.	Sophie Knevett	12	Colchester	3:31.36	49.42	1:44.06	2:40.73
3.	Libby Nurse	12	Basildon Ph	3:32.54	47.68	1:45.34	2:38.04
4.	Niamh Bunker	12	Flitwick	3:33.52	47.69	1:44.15	2:39.55
5.	Liliana Czerwinska	12	Potters Bar	3:34.12	47.99	1:42.39	2:37.25

WOMEN 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Libby Whiting	13	Linslade	3:17.35	45.21	1:34.95	2:27.54
2.	Emilia Johnson	13	St Felix Sch	3:20.78	44.19	1:33.95	2:29.60
3.	Summer Evason	13	Watford SC	3:21.04	47.68	1:38.56	2:32.07
4.	Ella Deaton	13	Newmarket	3:28.32	47.01	1:38.67	2:35.38

WOMEN 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Molly Bartup	14	Cheshunt	3:13.99	44.88	1:35.05	2:25.55
2.	Holly Ridgeon	14	Leiston	3:15.89	40.77	1:31.40	2:22.30
3.	Leah Mason	14	Colchester	3:15.97	42.77	1:34.47	2:24.10
4.	Isabel Mullings	14	Cheshunt	3:21.18	44.85	1:35.19	2:29.04
	Abigail Riches	14	Norwich Swan	DNC			

WOMEN 15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Cait Cotter	15	Chelmsford	3:00.53	39.33	1:27.08	2:13.16
2.	Beatrix Baldwin	15	Norwich Swan	3:02.65	42.22	1:28.76	2:15.91
3.	Pemberley Hornigold	15	West Norfolk	3:05.11	42.33	1:29.67	2:15.75
4.	Rachael Carpenter	15	Ware	3:09.14	45.05	1:34.58	2:23.46
5.	Georgia Denham	15	Hadleigh	3:11.41	40.91	1:31.67	2:20.62
6.	Scarlett Joslin	15	Co Cambridge	3:13.30	44.05	1:32.52	2:23.72
7.	Olivia Skittrell	15	West Norfolk	3:14.39	44.10	1:33.07	2:25.13
8.	Katrina Dolton	15	Tring	3:15.07	41.53	1:31.17	2:22.28
9.	Phoebe Howard	15	Norwich Swan	3:17.57	45.33	1:35.70	2:31.04

WOMEN 16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Robyn Hartley	16	Hatfield	3:06.22	40.14	1:27.72	2:15.10
2.	Emily Cairncross	16	Hitchin	3:06.64	41.75	1:28.37	2:17.65
3.	Alina Turchyn	16	Co Cambridge	3:06.82	43.40	1:30.52	2:19.88
4.	Madeline Pawle	16	Leiston	3:07.43	40.27	1:27.98	2:19.06
5.	Zoe Land	16	Gt Yarmouth	3:08.31	43.32	1:30.08	2:20.69
6.	Marcie Aley	16	Braintree	3:09.30	41.44	1:30.93	2:17.95
7.	Ellie Catchpole	16	Leiston	3:10.78	41.97	1:29.46	2:20.63

WOMEN 17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Georgia Pritchard	17	Hatfield	2:57.96	38.92	1:23.18	2:10.70
2.	Jessica Sanford	17	Norwich Swan	3:00.41	40.60	1:25.67	2:13.89
3.	Thea Irvine	17	Diss Otters	3:03.59	41.96	1:28.28	2:17.21
4.	Alice Clark	17	West Suffolk	3:04.97	39.47	1:27.53	2:14.64
5.	Emily Cutting	17	West Suffolk	3:05.26	39.03	1:27.47	2:15.74
6.	Tamsin Moren	17	Berkhamsted	3:06.05	42.13	1:29.01	2:18.11
7.	Dayna Shepperson	17	Potters Bar	3:08.38	41.01	1:29.34	2:16.60