

EVENT 111 Men/Women 11 Yrs/Over 400m IM

MEN 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Max Lesner	13	Potters Bar	6:25.72
	50m 41.71	100m 1:30.54	150m 2:21.82	200m 3:09.17
	41.71	48.83	51.28	47.35
				250m 4:05.64
				56.47
				300m 5:01.45
				55.81
				350m 5:45.39
				43.94
				400m 6:25.72
				40.33

MEN 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Barnaby O'Donnell	14	Bushey	6:08.34
	50m 39.71	100m 1:29.51	150m 2:17.22	200m 3:04.05
	39.71	49.80	47.71	46.83
				250m 3:52.09
				48.04
				300m 4:43.67
				51.58
				350m 5:28.31
				44.64
				400m 6:08.34
				40.03
	Oscar Sherwani	14	Flitwick	DQ 1

MEN 15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
	Nathan Yeaman	15	West Norfolk	DNC

MEN 16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Austin Harrop	16	Co Cambridge	5:33.73
	50m 32.89	100m 1:14.79	150m 1:57.64	200m 2:39.37
	32.89	41.90	42.85	41.73
				250m 3:27.02
				47.65
				300m 4:16.07
				49.05
				350m 4:56.58
				40.51
				400m 5:33.73
				37.15

MEN 17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Harvey Isle	17	West Norfolk	5:17.96
	50m 31.60	100m 1:08.68	150m 1:47.86	200m 2:27.85
	31.60	37.08	39.18	39.99
				250m 3:15.35
				47.50
				300m 4:04.24
				48.89
				350m 4:41.24
				37.00
				400m 5:17.96
				36.72
	Oliver Rana-Beadle	17	St Ives	DNC

WOMEN 11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
	Emma Dye	12	Norwich Swan	DNC

WOMEN 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Daisy Stimpson	13	West Norfolk	6:39.86
	50m 41.12	100m 1:35.61	150m 2:22.63	200m 3:09.79
	41.12	54.49	47.02	47.16
				250m 4:05.91
				56.12
				300m -
				-
				350m 5:52.72
				1:46.81
				400m 6:39.86
				47.14

WOMEN 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Ella Greatbatch	14	Bishop Stort	5:47.30
	50m 36.67	100m 1:24.92	150m 2:08.60	200m 2:52.45
	36.67	48.25	43.68	43.85
				250m 3:37.69
				45.24
				300m 4:24.63
				46.94
				350m 5:06.42
				41.79
				400m 5:47.30
				40.88
2.	Leah Mason	14	Colchester	6:09.13
	50m 40.36	100m 1:32.02	150m 2:18.99	200m 3:05.80
	40.36	51.66	46.97	46.81
				250m 3:54.90
				49.10
				300m 4:48.97
				54.07
				350m 5:29.43
				40.46
				400m 6:09.13
				39.70

WOMEN 15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Ava Black	15	Co St Albans	5:54.69
	50m 37.09	100m 1:21.89	150m 2:09.02	200m 2:53.02
	37.09	44.80	47.13	44.00
				250m 3:44.31
				51.29
				300m 4:35.92
				51.61
				350m 5:14.97
				39.05
				400m 5:54.69
				39.72
2.	Holly Larbey	15	Putteridge	6:02.67
	50m 39.41	100m 1:31.16	150m 2:13.52	200m 2:57.83
	39.41	51.75	42.36	44.31
				250m 3:47.01
				49.18
				300m 4:42.56
				55.55
				350m 5:23.11
				40.55
				400m 6:02.67
				39.56
3.	Sadie Rowe	15	Colchester	6:04.52
	50m 37.42	100m 1:25.51	150m 2:15.71	200m 3:01.45
	37.42	48.09	50.20	45.74
				250m 3:52.40
				50.95
				300m 4:41.60
				49.20
				350m 5:25.54
				43.94
				400m 6:04.52
				38.98
4.	Scarlett Joslin	15	Co Cambridge	6:05.16
	50m 36.35	100m 1:19.13	150m 2:09.93	200m 2:56.89
	36.35	42.78	50.80	46.96
				250m 3:49.17
				52.28
				300m 4:41.10
				51.93
				350m 5:25.73
				44.63
				400m 6:05.16
				39.43
5.	Florence Talbot	15	Newmarket	6:08.07
	50m 37.94	100m 1:23.74	150m 2:10.37	200m 2:56.20
	37.94	45.80	46.63	45.83
				250m 3:51.26
				55.06
				300m 4:46.08
				54.82
				350m 5:28.43
				42.35
				400m 6:08.07
				39.64
6.	Autumn Shine	15	Potters Bar	6:13.13
	50m 36.31	100m 1:22.85	150m 2:10.15	200m 2:57.21
	36.31	46.54	47.30	47.06
				250m 3:55.63
				58.42
				300m 4:54.03
				58.40
				350m 5:33.85
				39.82
				400m 6:13.13
				39.28

WOMEN 16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Ruby Chapman	16	Norwich Swan	5:40.40
	50m 35.98	100m 1:18.82	150m 2:04.10	200m 2:46.88
	35.98	42.84	45.28	42.78
				250m 3:35.04
				48.16
				300m 4:21.83
				46.79
				350m 5:02.58
				40.75
				400m 5:40.40
				37.82
2.	Esmie Kidman	16	West Norfolk	5:50.20
	50m 39.02	100m 1:23.81	150m 2:09.05	200m 2:49.60
	39.02	44.79	45.24	40.55
				250m 3:42.92
				53.32
				300m 4:34.03
				51.11
				350m 5:13.18
				39.15
				400m 5:50.20
				37.02

WOMEN 17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Tamsin Moren	17	Berkhamsted	5:51.06
	50m 35.75	100m 1:24.44	150m 2:08.20	200m 2:54.09
	35.75	48.69	43.76	45.89
				250m 3:40.60
				46.51
				300m 4:31.52
				50.92
				350m 5:12.60
				41.08
				400m 5:51.06
				38.46
2.	Emily Cutting	17	West Suffolk	5:54.27
	50m 38.11	100m 1:23.86	150m 2:07.23	200m 2:49.73
	38.11	45.75	43.37	42.50
				250m 3:39.50
				49.77
				300m 4:31.50
				52.00
				350m 5:13.18
				41.68
				400m 5:54.27
				41.09
3.	Julia Swanepoel	17	Epping For't	5:57.84
	50m 36.61	100m 1:21.30	150m 2:06.56	200m 2:52.01
	36.61	44.69	45.26	45.45
				250m 3:43.47
				51.46
				300m 4:38.45
				54.98
				350m 5:18.80
				40.35
				400m 5:57.84
				39.04

EVENT 112 Men/Women 11 /Over 100m Butterfly

MEN 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Harrison Waller	13	Southend	1:17.72	35.71
2.	Kabir Patel	13	Potters Bar	1:20.65	37.79
3.	Christian Payne	13	Thetford	1:20.93	37.47
4.	Oliver Davey	13	Co Ely	1:24.15	36.01
	Evan Larthe	13	Basildon Ph	DNC	

MEN 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Reece Burns	14	Witham Dolph	1:13.64	33.25
2.	Oscar Sherwani	14	Flitwick	1:16.36	35.11
3.	F Cleland Ferdin	14	Co Cambridge	1:18.63	37.70

MEN 15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Rhys Burrell	15	West Norfolk	1:08.35	30.84
2.	Noah Mann	15	Newmarket	1:08.45	31.25
3.	Finlay Arnup	15	Norwich Swan	1:08.66	31.68
4.	Joseph McNulty	15	Watford SC	1:10.57	33.62
5.	Charlie Payne	15	Newmarket	1:12.55	32.05

MEN 16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Daniel Kendall	16	Co Ely	1:05.83	30.16
2.	Fynley Blake	16	teamipswich	1:06.81	31.50
3.	Corey Hare	16	Colchester	1:08.49	32.24
4.	Colin Peden	16	Saffron Wald	1:08.99	31.65
5.	Freddie Gardner	16	Bo Southend	1:10.21	32.06
6.	Batu Senturk	16	Co Cambridge	1:10.24	31.50
7.	Joe Flowers	16	St Felix Sch	1:12.35	31.37

MEN 17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Harvey Last	19	Southend	1:06.57	30.26
2.	Nicholas Sinclair	19	Ware	1:09.76	30.82

WOMEN 11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Iyla Addison	12	Norwich Swan	1:26.39	40.79
2.	Jessica Pugh	12	Norwich Swan	1:32.18	39.97
3.	Emelia Roe	12	West Suffolk	1:32.54	44.01
4.	Olivia Butlin	11	Thetford	1:34.59	41.02
	Emma Dye	12	Norwich Swan	DNC	

WOMEN 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Megan Clarke	13	Co Ely	1:20.67	36.47
2.	Bethany Rumsby	13	Norwich Swan	1:21.72	39.57
3.	Amy Witton	13	Hatfield	1:22.16	36.97
4.	Katie Bidgood	13	Chelmsford	1:22.89	38.29
	Yasmine Ollerenshaw	13	Flitwick	DNC	

WOMEN 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Mia Gray	14	Norwich Swan	1:16.02	35.35
2.	Mia Macklin	14	Braintree	1:17.60	35.71
3.	Eleanor McLeod	14	Putteridge	1:18.55	35.58
4.	Genevieve White	14	Co Cambridge	1:19.57	36.65
5.	Adrija Raudonyte	14	Newmarket	1:19.93	35.24
6.	Sally-Ann Walker	14	Biggleswade	1:22.81	38.73
7.	Bethany Crawley	14	teamipswich	1:25.32	39.63

WOMEN 15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Elyn Lauder	15	West Norfolk	1:13.71	34.75
2.	Gracie Brinkley	15	West Suffolk	1:16.23	36.02
3.	Alice O'Toole	15	Royston	1:17.10	35.18
4.	Maisie Williams	15	Canvey Isl	1:17.11	36.90
5.	Scarlett Joslin	15	Co Cambridge	1:17.84	36.67
6.	Kathryn Edwards	15	Braintree	1:17.89	34.43
7.	Jersey Holmes	15	Team Waveney	1:18.55	34.32

WOMEN 16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Emily Grimwood	16	Clacton SC	1:18.31	36.19

WOMEN 17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50
1.	Ciara McAuley	17	Saffron Wald	1:12.69	34.17
2.	Anna Rumley	17	Flitwick	1:14.84	33.67

EVENT 113 Men/Women 11 /Over 50m Backstroke

MEN 11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Ethan Wallis	12	St Felix Sch	38.06
2.	Rhys Watsham	11	St Felix Sch	38.26
3.	Theo Ryan	12	West Norfolk	39.18
4.	Mawulinam Ito	11	Co Cambridge	39.30
5.	Constantine Calliafas	11	Watford SC	40.45
6.	Ethan Woolsey	11	St Neot Swan	40.51
7.	Byron Miller	11	Hadleigh	40.97
	Hudson Sherwani	12	Flitwick	DQ 3

MEN 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Oliver Davey	13	Co Ely	35.06
2.	Jan Beblot	13	Norwich Swan	35.32
3.	Kabir Patel	13	Potters Bar	35.34
4.	Jamie Wilson	13	West Norfolk	36.22
5.	Nonso Nwabueze	13	Bo Southend	36.63
6.	William Harris	13	Watford SC	36.89
7.	Luca Bertossa Padin	13	Potters Bar	36.95
8.	Dmitrijs Gracovs	13	Harlow Pen	36.96
9.	Christian Payne	13	Thetford	37.55
10.	Alexander Mordenti	13	Potters Bar	38.45
11.	Hamish Harvey	13	Royston	38.65

MEN 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Theo Bari	14	Saffron Wald	33.20
2.	Oscar Chaplin	14	Co St Albans	33.75
3.	Daniel Williams	14	Hatfield	34.14
4.	Spencer Battison	14	Team Waveney	34.53
5.	Evan Aldridge	14	St Felix Sch	35.11
6.	Sam Ryan	14	Bushey	35.18
7.	Billy Cyl	14	Ware	35.94
8.	Matt Phoenix-McGlynn	14	Norwich Swan	36.07
9.	Adam O'Neal	14	Modemian	36.22
10.	F Cleland Ferdin	14	Co Cambridge	36.31
11.	Dominic Trowell	14	Thetford	36.51
	James Bull	14	Harlow Pen	DNC

MEN 15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Alfie Barrett	15	Leighton Buz	31.22
2.	Nathan Birchenough	15	St Felix Sch	31.95
3.	Thomas Maher	15	Co St Albans	32.29
4.	Noah Mann	15	Newmarket	32.73
5.	Thomas Underdown	15	Braintree	33.29
6.	Nathan Yeaman	15	West Norfolk	33.31
7.	Rhys Burrell	15	West Norfolk	33.63
8.	Toby Evans	15	Leighton Buz	33.91
9.	Jeffrey Gill	15	Watford SC	34.30
10.	Danny Foreman	15	Potters Bar	34.89
11.	Alexander Kyle	15	Stanway	35.40
12.	Joseph McNulty	15	Watford SC	36.27

MEN 16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	William Murfitt	16	Biggleswade	31.82
2.	Austin Harrop	16	Co Cambridge	32.06
3.	Cameron Jones	16	Leighton Buz	32.32
4.	Samuel Tolputt	16	Deben	32.69
5.	Conor Hemming	16	Linslade	32.81
6.	Joe Flowers	16	St Felix Sch	33.12
7.	Daniel Kendall	16	Co Ely	33.67
8.	Thomas Liddiard	16	Ware	33.81
9.	Freddie Gardner	16	Bo Southend	34.28
10.	Thomas Ellis	16	Dereham	34.31
11.	Benjamin Houghton	16	Hadleigh	34.69
12.	Corey Hare	16	Colchester	34.76

MEN 17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Matthew Tatum	21	Diss Otters	30.33
2.	Jake Hickmott	17	Flitwick	30.36
3.	Lloyd Battison	17	Team Waveney	30.46
4.	Billy Knibb	17	Linslade	30.56
5.	William Presland	17	Bushey	30.85
6.	Gabriel Layzell	17	Linslade	31.60
7.	Ryan Barker	20	Dereham	31.91
8.	Harvey Isle	17	West Norfolk	32.29
8.	Benjamin Taylor	17	Leiston	32.29
10.	Benedict Measures	17	Thetford	32.55
11.	Charlie Brooker	18	Flitwick	33.68

WOMEN 11/12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Belle Ringwood	12	West Norfolk	38.09
2.	Evie Butterworth	12	Tring	38.72
3.	Elizabeth Pert	12	Norwich Swan	38.89
4.	Molly Greatbatch	12	Bishop Stort	38.93
5.	Bryony Murfitt	12	Biggleswade	39.10
6.	Layla Jones	12	Witham Dolph	39.15
7.	Charlotte Catchpole	12	Leiston	39.25
8.	Guste Raudonyte	12	Newmarket	39.46
9.	Anastasja Wall	12	Dereham	39.63
10.	Isabella Bryan	12	teamipswich	39.69
11.	Jasmine Davies	12	Watford SC	39.78
12.	Nabiela Van Der Schyff	12	Colchester	39.86
13.	Lily-May Freeman	12	Gt Yarmouth	39.92
14.	Sandy McGee	12	Basildon Ph	40.25
15.	Jessica Pugh	12	Norwich Swan	40.42
16.	Neve Melville	12	Felixstowe	40.48
17.	Zara Avery	12	Linslade	40.65
18.	Amelia Kingham	12	Watford SC	40.68
19.	Mia Nelson	11	Cheshunt	40.98
20.	Samantha Martelino	12	Newmarket	41.04
21.	Cassandra Pereira	12	Hatfield	41.07
22.	Daisy-Mai Doel	11	Basildon Ph	41.19
23.	Francesca Thompson	12	Team Waveney	41.24
24.	Iyla Addison	12	Norwich Swan	41.37
25.	Ella McLoughlin	12	Potters Bar	41.61
26.	Tehya Robertson	12	Co St Albans	41.72
26.	Olivia Butlin	11	Thetford	41.72
28.	Starr Nichols	12	Gt Yarmouth	41.92
29.	Molly Walton	12	Co Cambridge	41.99
30.	Elsbeth Butler	12	Norwich Swan	42.04
31.	Milly Johnson	12	West Norfolk	42.09
32.	Lois Fields	11	Bishop Stort	42.22
33.	Casey Hopewell-Campion	11	Newmarket	42.28
34.	Maelys Jacquet	11	Felixstowe	42.58
35.	Olivia James	11	Modernian	43.20
	Rose Conday	12	Epping Fort	DNC

WOMEN 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Holly Underdown	13	Braintree	35.63
2.	Selina Green	13	St Felix Sch	36.04
3.	Aimee Burgess	13	teamipswich	36.57
4.	Joselyn Oakes	13	Leighton Buz	37.40
5.	Lola Wonfor	13	New Hall	37.47
6.	Isla Black	13	Co St Albans	37.48
7.	Darcey Cuddon	13	Co Cambridge	37.52
8.	Astrid Smither	13	Norwich Swan	37.57
9.	Amy Meyer	13	Biggleswade	37.82
10.	Aleksandra Czerwinska	13	Potters Bar	38.01
11.	Amy Witton	13	Hatfield	38.06
12.	Daisy Stimpson	13	West Norfolk	38.33
13.	Caelia Randall	13	Watford SC	38.47
14.	Sophie Williams	13	Royston	38.50
15.	Bethany Rumsby	13	Norwich Swan	38.51
16.	Megan Clarke	13	Co Ely	38.60
17.	Alexandra Woods	13	St Felix Sch	38.66
18.	Megan Reader	13	Watford SC	39.14
19.	Isla Dugdale	13	Newmarket	39.30
20.	Efa Fuller	13	Colchester	39.47
21.	Ella Stewart	13	West Suffolk	40.36
	Nicole Taylor	13	St Felix Sch	DNC

WOMEN 14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Charlotte Evans	14	Leighton Buz	35.69
2.	Ella Greatbatch	14	Bishop Stort	36.04
3.	Anna Flowers	14	Leiston	36.27
4.	Gabrielle Cornish	14	Colchester	36.37
5.	Sally-Ann Walker	14	Biggleswade	36.54
6.	Mia Gray	14	Norwich Swan	36.57
7.	Nell Motts	14	Hadleigh	36.89
8.	Wiktoria Marcinek	14	West Norfolk	36.90
9.	Isabel Moore	14	West Suffolk	37.10
9.	Sophie Coleman	14	Co St Albans	37.10
11.	Phoebe De Voogt	14	Leighton Buz	37.23
12.	Olivia Sheasby	14	Newmarket	37.46
13.	Bethany Crawley	14	teamipswich	37.53
14.	Jessie Skelt	14	Braintree	37.67
15.	Tilda Clements	14	St Neot Swan	37.74
16.	Jasmine Hall-Barnett	14	Harwich DP	37.76
	Nwando Ifeacho	14	Modernian	DNC

WOMEN 15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Bethany Hamer	15	Linslade	33.85
2.	Sophie Green	15	Hatfield	34.03
3.	Isabelle Talbot	15	Braintree	34.48
4.	Emma Bird	15	Putteridge	34.69
5.	Chloe Bellamy	15	West Norfolk	34.97
6.	Sophie Ball	15	Braintree	35.01
7.	Erin Woodrow	15	West Norfolk	35.19
8.	Cait Cotter	15	Chelmsford	35.44
9.	Rachel Sale	15	Stanway	35.53
10.	Clara Foster	15	Linslade	35.57
11.	Grace Ball	15	Bushey	35.83
12.	Lucy Raker	15	Southend	35.89
13.	Olivia Ball	15	Bushey	35.98
14.	Tabitha Payne	15	Thetford	35.99
15.	Alice O'Toole	15	Royston	36.00
16.	Vasilisa Shampanova	15	Co Cambridge	36.29
17.	Verity Billingham	15	Tring	36.40
18.	Erin Younger	15	Co St Albans	36.48
19.	Holly Larbey	15	Putteridge	36.64
20.	Evie Brown	15	Biggleswade	36.78
21.	Katrina Dolton	15	Tring	36.93
22.	Annette Molyneaux	15	Hadleigh	37.04
23.	Megan Summer	15	Dereham	37.20
23.	Hannah McNicholas	15	Deben	37.20
25.	Rachael Carpenter	15	Ware	37.34
26.	Sanchia Kirchin	15	Leighton Buz	37.48
27.	Skye Nichols	15	Gt Yarmouth	37.86
28.	Chloe Hodgkinson	15	Watford SC	37.88
29.	Connie Brooker	15	Flitwick	38.00
	Natalie Taylor	15	St Felix Sch	DNC

WOMEN 16 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Ellie Burwood	16	St Felix Sch	33.88
2.	Elsie Pooley	16	West Suffolk	34.68
3.	Tia Hill	16	Co Ely	35.02
4.	Emma Fields	16	Bishop Stort	35.30
5.	Abigail Nicholson	16	West Norfolk	35.59
6.	Lucy Toms	16	Clacton SC	35.63
7.	Poppy Malcolmson	16	Dereham	35.77
8.	Isabella Dolton	16	Tring	35.80
9.	Misty Eren	16	Harlow Pen	36.04
10.	Ruby Chapman	16	Norwich Swan	36.55
11.	Holly Rigby	16	Gt Yarmouth	36.66
12.	Olivia Clarke	16	Chelmsford	36.70
13.	Ella Simmonds	16	Norwich Swan	37.09

WOMEN 17 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Charlotte Clark	18	Hitchin	34.10
2.	Catherine Ryan	18	Hoddesdon	34.20
3.	Amber Ridgeon	17	Leiston	34.21
4.	Eloise Conway	22	Halstead	34.23
5.	Kya Andreou	18	Harlow Pen	34.27
6.	Olivia Lydon	17	Royston	34.33
7.	Sophie Jenkinson	17	Basildon Ph	34.89
8.	Caitlin McNicholas	17	Deben	35.26
9.	Lydia Wisely	17	Berkhamsted	35.71
10.	Tamsin Moren	17	Berkhamsted	35.94
11.	Emma Malcolm	17	Thetford	35.99
12.	Julianna Mercado	18	Norwich Swan	36.07
13.	Jessica Presland	19	Bushey	36.66