

Start List

Event 321 Men 12 Yrs/Over 200m IM

H 1	L 1	Harrison Waller	12	Southend	3:05.10
	L 2	Jeremy Godwin	12	Thurrock	3:04.46
	L 3	Daniel Dutton	12	Co Norwich	3:03.70
	L 4	Csanad Rehus	12	Co Peterboro	3:00.04
	L 5	Emmanuel Kolobius	12	Team Luton	3:02.20
	L 6	Osehon Ojiekhubu	12	Thurrock	3:04.20
	L 7	Alexander Nevgod	12	Basildon Ph	3:04.56
H 2	L 0	Evan Larthe	12	Southend	2:59.20
	L 1	Dmitrijs Gracovs	12	Harlow Pen	2:57.25
	L 2	Raul Shrestha	12	Colchester	2:57.10
	L 3	Jamie Comitti	12	Basildon Ph	2:55.60
	L 4	Albert Orley	13	Braintree	2:53.20
	L 5	Olly Fenwick	12	Verulam	2:54.82
	L 6	Jamie Wilson	12	Wisbech	2:56.34
	L 7	Cooper Smith	12	Harlow Pen	2:57.20
	L 8	Ethan Thorpe	12	Basildon Ph	2:58.20
L 9	Amir Olalekan	12	Thurrock	2:59.90	
H 3	L 0	Remi-Maysen Keane	13	Bo Southend	2:50.40
	L 1	Ollie O'Connor	13	Putteridge	2:48.50
	L 2	George Prince	13	Hatfield	2:46.33
	L 3	Ryan Close	13	Biggleswade	2:46.10
	L 4	Alex Harrop	13	teamipswich	2:40.40
	L 5	Robert Fenner	13	Basildon Ph	2:45.66
	L 6	Sean Connolly	13	Epping For't	2:46.30
	L 7	Joshua Sackree	13	Co Peterboro	2:46.90
	L 8	Jude Gunner	12	St Felix Sch	2:50.19
L 9	Ben Every	13	St Felix Sch	2:51.50	
H 4	L 0	Joshua Shepherd	13	Thurrock	2:39.90
	L 1	James Williamson	14	Co Cambridge	2:38.47
	L 2	Maximilian Veiga	14	Co Cambridge	2:37.40
	L 3	Marco Yuen	14	Brentwood	2:37.02
Ph	L 4	Rio Rogers	17	SM14 Basildon	2:36.86
	L 5	Louis Allen	13	Basildon Ph	2:36.98
	L 6	Ross De Wildt	13	Co Cambridge	2:37.30
	L 7	Lucas Hartley	14	Hatfield	2:38.41
H 5	L 8	Rory Wilde	14	Chelmsford	2:39.71
	L 9	Massimo Girolami	13	Colchester	2:40.29
	L 0	Finlay Arnup	14	Norwich Swan	2:34.49
	L 1	Patch Robinson	14	teamipswich	2:34.19
	L 2	Edward Ormsby	14	Co Cambridge	2:33.50
	L 3	Zak Troman	14	Colchester	2:33.27
	L 4	Sandijs Cecins	14	Colchester	2:30.77
	L 5	Ryan Wall	14	Co Cambridge	2:31.74
	L 6	Ethan Howard	14	Potters Bar	2:33.30
L 7	Castle Galindez	14	Co Norwich	2:34.06	
H 6	L 8	Ben Howlett	14	teamipswich	2:34.40
	L 9	Jacob Lowe	14	March	2:36.05
	L 0	Harry Stagg	15	Basildon Ph	2:30.40
	L 1	Jack Macdonald	15	Putteridge	2:29.70
	L 2	Riley Bashford	15	Deben	2:28.88
	L 3	Louis James	15	Norwich Swan	2:28.41
	L 4	Daniel Holliss	15	Co St Albans	2:27.49
	L 5	Jamie Joshua	15	Hatfield	2:27.90
	L 6	Oliver Blight	15	Hatfield	2:28.65
L 7	Daniel Kendall	15	Co Ely	2:29.58	
H 7	L 8	William Buckley	15	Watford SC	2:30.26
	L 9	Nathan Close	15	Biggleswade	2:30.58
	L 0	Daniel Clayton	15	teamipswich	2:27.00
	L 1	George De Voogt	15	Leighton Buz	2:25.57
	L 2	Jenson Hurrell	16	Thurrock	2:23.24
	L 3	Olly Carpenter	16	Hemel Hemp	2:22.84
	L 4	Matthew Baker	15	West Suffolk	2:22.35
	L 5	Tyler Tombs	16	Chelmsford	2:22.50
	L 6	Ethan Martin	16	Thurrock	2:23.19
L 7	Matthew Monie	16	Co Cambridge	2:25.24	
H 8	L 8	Daniel Lewis	15	New Hall	2:26.76
	L 9	Max Arnold	15	Harlow Pen	2:27.30

H 8	L 0	Nikita Charykin	15	Thurrock	2:19.80
	L 1	Ben Woodhouse	18	Norwich Swan	2:18.95
	L 2	Christopher Williamson	16	Co Cambridge	2:18.19
	L 3	Thomas Page	17	West Suffolk	2:17.81
	L 4	Joseph Bavey	16	Newmarket	2:17.18
	L 5	William Handley	19	Stowmarket	2:17.34
	L 6	James Speers	18	Basildon Ph	2:17.90
	L 7	B Ditchfield-Watkins	18	Leighton Buz	2:18.90
	L 8	Mark Milburn	16	Colchester	2:19.36
L 9	Zack Treharne	17	Co Peterboro	2:21.21	

H 9	L 0	Owen Vaughan	18	Maldon Shark	2:15.51
	L 1	Olivier Vedrenne	16	Co Norwich	2:15.20
	L 2	Jack Turrell	18	Basildon Ph	2:14.82
	L 3	Henry King	18	West Suffolk	2:14.60
	L 4	William Loveman	21	Co St Albans	2:13.67
	L 5	Freddie Laws	18	West Norfolk	2:14.37
	L 6	Ben Blowers	19	Co Norwich	2:14.70
	L 7	Joseph Wells	22	West Norfolk	2:15.02
	L 8	George Whiteman	17	Co Peterboro	2:15.43
L 9	Jack Skerry	17	New Hall	2:16.90	

H 10	L 0	Joe Cooper	17	teamipswich	2:13.28
	L 1	Jack Sangster	20	Modernian	2:12.37
	L 2	Callum Wollaston	20	Co St Albans	2:11.76
	L 3	Lewis Binning	18	Basildon Ph	2:09.10
	L 4	Nathan Wells	23	West Norfolk	2:03.31
	L 5	Myles Turner	21	West Suffolk	2:06.40
	L 6	Charles Whyte	20	West Suffolk	2:10.19
	L 7	Michael Klimaszewski	17	Hatfield	2:12.31
	L 8	Michael Ripper	20	Co St Albans	2:12.68
L 9	Sam Perkins	19	teamipswich	2:13.50	

Event 322 Women 12 Yrs/Over 100m Freestyle

H 1	L 3	Claire Canon	36	S5	Co Cambridge	1:44.45
	L 4	Gabriella Meyer	12		Chelmsford	1:17.29
	L 5	Connie Ratley	13	S9	Maldon Shark	1:25.12

H 2	L 0	Holly Underdown	12	Braintree	1:17.20
	L 1	Emilia Rayner	12	Halstead	1:16.50
	L 2	Charlotte Pound	12	Putteridge	1:16.30
	L 3	Aimee Burgess	12	teamipswich	1:15.23
	L 4	Olivia Greenall	12	Gt Yarmouth	1:15.10
	L 5	Charlotte Low	12	Chelmsford	1:15.10
	L 6	M Tramontano Wells	12	Hertford	1:15.68
	L 7	Zoe Opiyo	12	Bishop Stort	1:16.44
L 8	Emilia Johnson	12	St Felix Sch	1:16.92	

H 3	L 0	Eveline Gaydon	12	teamipswich	1:14.79
	L 1	Sophie Stelmach	12	Stevenage	1:14.54
	L 2	Jade Reed	12	Co Norwich	1:14.30
	L 3	Selina Green	12	St Felix Sch	1:14.00
	L 4	Keira Tarplett	12	Chelmsford	1:12.84
	L 5	Oraphin Vandermeer	12	Co Cambridge	1:13.90
	L 6	Grace Robinson	12	Putteridge	1:14.00
	L 7	Lilia Burgoyne	12	Gt Yarmouth	1:14.30
	L 8	Jasmine Carter	12	Basildon Ph	1:14.68
L 9	Isabella Savage	12	Potters Bar	1:15.01	

H 4	L 0	Emily Gray	12	Hatfield	1:12.11
	L 1	Eva Howlett	12	Team Waveney	1:11.63
	L 2	Sienna Gilman	12	Norwich Swan	1:10.60
	L 3	Alana Finn	13	Basildon Ph	1:10.13
	L 4	Jessica Greengrass	13	Norwich Swan	1:10.00
	L 5	Nicole Maynard	12	Basildon Ph	1:10.08
	L 6	Tilda Clements	13	St Neot Swan	1:10.15
	L 7	Ella Edwards	12	Basildon Ph	1:10.90
	L 8	Erin Uttridge	12	teamipswich	1:11.88
L 9	Maya Sangiorgio	12	Co Peterboro	1:12.41	

Start List

H 5	L 0	Felicity Machin	13	Co Norwich	1:09.80	H 12	L 0	Charlotte Gill	16	Basildon Ph	1:02.00
	L 1	Eleanor McLeod	13	Putteridge	1:09.60		L 1	Ella Stone	15	Biggleswade	1:01.95
	L 2	Ever Ives	12	Hatfield	1:09.42		L 2	Holly Driver	16	St Felix Sch	1:01.89
	L 3	Lexi Harrison	13	Co Ely	1:09.18		L 3	Cerys Williams	17	West Suffolk	1:01.77
	L 4	Maria Stanciu	13	Chelmsford	1:08.90		L 4	Charlotte Williams	15	Hatfield	1:01.70
	L 5	Ava Wilson	13	New Hall	1:09.10		L 5	Lucy Park	25	Watford SC	1:01.74
	L 6	Poppy Magill	13	Putteridge	1:09.40		L 6	Grace Greenhalf	14	Co Norwich	1:01.80
	L 7	Jasmine Pereira	13	Hatfield	1:09.43		L 7	Teagan Rayner	16	Witham Dolph	1:01.90
	L 8	Isla Hamilton	13	Norwich Swan	1:09.80		L 8	E Pappas-Katsiafas Pom16		Co Cambridge	1:02.00
	L 9	Kesia Crees	13	Basildon Ph	1:09.85		L 9	Temilola Awolesi	16	Chelmsford	1:02.00
H 6	L 0	Adrija Raudonyte	13	Newmarket	1:08.62	H 13	L 0	Georgina Munday	17	Modernian	1:01.60
	L 1	Nwando Ifeacho	13	Modernian	1:08.50		L 1	Francesca Peccei	18	Watford SC	1:01.54
	L 2	Sophie Palmer	12	Basildon Ph	1:08.06		L 2	Connie Davies	15	Deben	1:01.49
	L 3	Darcy Gladwell	13	teamipswich	1:06.88		L 3	Bryony Edgings	16	Thurrock	1:01.40
	L 4	Tigerlily Donald	13	Co St Albans	1:06.52		L 4	Ashleigh Cooper	17	Hitchin	1:01.24
	L 5	Lily Farr	13	Flitwick	1:06.70		L 5	Cathryn Thomson	31	St Ives	1:01.30
	L 6	Isabella Peccei	13	Watford SC	1:07.68		L 6	Jessica Shaw	16	Co Peterboro	1:01.42
	L 7	Elizabeth Swaby	12	Basildon Ph	1:08.10		L 7	Lily Macdonald	16	Co Norwich	1:01.49
	L 8	Annie McLeod	13	Putteridge	1:08.50		L 8	Skye Carter	14	Basildon Ph	1:01.60
	L 9	Ellie Cox	13	Putteridge	1:08.70		L 9	Rebecca Smith	18	Norwich Swan	1:01.62
H 7	L 0	Abigail Riches	13	Norwich Swan	1:06.50	H 14	L 0	Macy Dexter	15	Co Cambridge	1:00.93
	L 1	Lauren Parkinson	14	Watford SC	1:05.92		L 1	Summer Kennedy	20	Co Norwich	1:00.83
	L 2	Ella Dawson	13	Chelmsford	1:05.80		L 2	Georgina Knatchbull	17	Leighton Buz	1:00.73
	L 3	Adeola Akanda	14	Hatfield	1:05.70		L 3	Eloise Bailey	19	Modernian	1:00.60
	L 4	Alice Green	14	Hatfield	1:05.38		L 4	Chloe Skelt	16	Chelmsford	1:00.50
	L 5	Sophia Thomas	14	Norwich Swan	1:05.40		L 5	Arabella Ward	15	Modernian	1:00.60
	L 6	Annabelle Brown	14	Stevenage	1:05.79		L 6	Rosie Brooks	17	St Felix Sch	1:00.70
	L 7	Katie Bayvey	14	Newmarket	1:05.89		L 7	Francesca Baber	15	Flitwick	1:00.80
	L 8	Katerina Di Maria	13	Co Norwich	1:06.20		L 8	Erin Wilkinson	16	Basildon Ph	1:00.90
	L 9	Gracie Parker	13	Basildon Ph	1:06.50		L 9	Kaia Phillips	15	Bishop Stort	1:00.94
H 8	L 0	Hannah McNicholas	14	Deben	1:05.09	H 15	L 0	Niamh Adcock	20	Co Norwich	1:00.36
	L 1	Georgia Holgate	14	Co Cambridge	1:04.73		L 1	Holly Lamb	16	Basildon Ph	59.80
	L 2	Lexie Goodman	14	Basildon Ph	1:04.40		L 2	Zoe Macdonald	18	Hitchin	59.63
	L 3	Megan Donovan	14	Co Peterboro	1:04.37		L 3	Katie Hammond	18	Co Cambridge	59.52
	L 4	Zoe Quarman	15	Leighton Buz	1:04.23		L 4	Megan Pye	19	Co Norwich	59.40
	L 5	Amelie Crabb	14	teamipswich	1:04.25		L 5	Matilda Bogle	15	teamipswich	59.51
	L 6	Eloise Cole	13	Modernian	1:04.39		L 6	Niamh James	20	Bishop Stort	59.57
	L 7	Daisy Mixer	15	Norwich Swan	1:04.49		L 7	Harriet Salisbury	17	Co Peterboro	59.79
	L 8	Ellen Duffield	14	teamipswich	1:05.09		L 8	Lucy Young	16	Modernian	1:00.30
	L 9	Lisa Leinemann	14	Chelmsford	1:05.29		L 9	Ellie Matthews	18	Team Luton	1:00.36
H 9	L 0	Mia Lowe	14	Basildon Ph	1:04.00	H 16	L 0	Karys-Rose Bunn	15	teamipswich	59.20
	L 1	Keziah Cornish	15	Colchester	1:03.80		L 1	Emily Lush	19	Hatfield	58.98
	L 2	Amara Addison	14	Norwich Swan	1:03.72		L 2	Jessica Keogh	17	Hatfield	58.90
	L 3	Olivia Church	15	Thurrock	1:03.61		L 3	Bianka Misikova	18	Hatfield	58.80
	L 4	Charlotte Smith	14	Norwich Swan	1:03.19		L 4	Tia Gardiner	19	Basildon Ph	58.60
	L 5	Alexa Mann	15	Basildon Ph	1:03.31		L 5	Erin O'Meara	18	Co St Albans	58.71
	L 6	Elijah Britton	15	St Felix Sch	1:03.70		L 6	Ruby Greenhalf	16	Co Norwich	58.87
	L 7	Megan Gray	14	Hatfield	1:03.77		L 7	Grace Waller	17	Basildon Ph	58.95
	L 8	Daisy Manning	13	Basildon Ph	1:03.80		L 8	Ellie Wheeler	19	Basildon Ph	59.10
	L 9	Gabriela Gomez Pavon	14	Potters Bar	1:04.15		L 9	Ellie Holliss	17	Co St Albans	59.40
H 10	L 0	Gracie Comitti	14	Basildon Ph	1:03.10	H 17	L 0	Isabel Wainwright	18	Modernian	58.30
	L 1	Lyla Howard	14	Team Luton	1:03.00		L 1	Shannon Stott	21	Hatfield	57.90
	L 2	Isla Winslow	16	Norwich Swan	1:02.95		L 2	Millie Fields	17	Bishop Stort	57.10
	L 3	Orla Kenny	16	Co Cambridge	1:02.84		L 3	Abbie Low	19	Chelmsford	56.90
	L 4	Romilly Marks	15	Newmarket	1:02.60		L 4	Sacha Thomas	18	Co Norwich	56.42
	L 5	Freya Harwood	17	Team Luton	1:02.67		L 5	Jessica Woodward	18	Hatfield	56.70
	L 6	Hannah Willis	16	Co Peterboro	1:02.85		L 6	May Bradburn	17	Basildon Ph	57.00
	L 7	Amelie Passam	15	Dereham	1:03.00		L 7	Mia Maspers	19	teamipswich	57.86
	L 8	Alice Longman	14	Bishop Stort	1:03.08		L 8	Rianna Smith	23	Basildon Ph	58.07
	L 9	Anna-Lucia Fenner	15	Basildon Ph	1:03.14		L 9	Ruby Wheeler	15	Basildon Ph	58.40
H 11	L 0	Emma Staines	17	Chelmsford	1:02.57						
	L 1	Lilian Opiyo	15	Bishop Stort	1:02.37						
	L 2	Helena Hall	16	Deben	1:02.20						
	L 3	Charley Joyce	16	Epping For't	1:02.10						
	L 4	Madelyn Latimer-Hicks	17	St Felix Sch	1:02.06						
	L 5	Ella Turner	16	Basildon Ph	1:02.09						
	L 6	Charlotte White	16	West Suffolk	1:02.10						
	L 7	Sophie Dowding	14	teamipswich	1:02.25						
	L 8	Ellie Burwood	15	St Felix Sch	1:02.54						
	L 9	Victoria Daley	14	Watford SC	1:02.60						

Start List

Event 323 Men 12 Yrs/Over 50m Breaststroke											
H 1	L 1	Emmanuel Kolobius	12	Team Luton	45.60	H 8	L 0	Daniel Boboye	14	Thurrock	35.30
	L 2	George Jones	12	Harlow Pen	45.47		L 1	Jack Macdonald	15	Putteridge	35.00
	L 3	Dmitrijs Gracovs	12	Harlow Pen	44.86		L 2	Jacob Swann	15	Braintree	34.80
	L 4	Owain Roberts	12	Team Luton	44.40		L 3	Luca Strazzullo	15	St Neot Swan	34.51
	L 5	Ethan Thorpe	12	Basildon Ph	44.60		L 4	Prem Parmar	16	Flitwick	34.30
	L 6	Marton Molnar	12	Co Cambridge	44.98		L 5	Jenson Hurrell	16	Thurrock	34.40
	L 7	Will Riley	12	teamipswich	45.58		L 6	Austin Harrop	15	Co Cambridge	34.70
	L 8	Berkley Barnicoat	12	Modernian	45.99		L 7	Joshua Marshall	16	St Ives	34.98
H 2	L 0	Olly Fenwick	12	Verulam	44.07		L 8	Jamie Joshua	15	Hatfield	35.20
	L 1	Jack Beer	12	Linslade	44.00		L 9	Joshua Sackree	13	Co Peterboro	35.40
	L 2	James Gibson	13	Hemel Hemp	43.11	H 9	L 0	Daniel Holliss	15	Co St Albans	34.00
	L 3	Cooper Smith	12	Harlow Pen	42.90		L 1	Joe Reynolds	16	Hertford	33.92
	L 4	Calin Bosianu	13	Hemel Hemp	42.25		L 2	Glennon Lee	15	Harlow Pen	33.90
	L 5	Orlando Dearing	13	Co Peterboro	42.84		L 3	Billy Mead	16	Linslade	33.80
	L 6	Szymon Pierzecki	12	Witham Dolph	43.10		L 4	Alex Twyford	15	Bushey	33.71
	L 7	Finlay Roberts	12	Witham Dolph	43.80		L 5	William Tozer	18	West Suffolk	33.76
	L 8	Lucas Krynauw	12	Linslade	44.00		L 6	Leonard Turner	16	Biggleswade	33.80
	L 9	Luke Pietersen	12	Hatfield	44.27		L 7	Colin Moghina	16	Thurrock	33.90
H 3	L 0	Oscar Sherwani	13	Flitwick	42.10		L 8	Matthew Baker	15	West Suffolk	33.95
	L 1	Daniel De Filippo	12	Flitwick	42.00		L 9	M Davies-Haywood	16	Co Norwich	34.20
	L 2	Ollie O'Connor	13	Putteridge	41.60	H 10	L 0	Adam Hazlewood	17	Putteridge	33.70
	L 3	Oscar Chaplin	13	Co St Albans	41.52		L 1	Josh Martin	15	Co Peterboro	33.60
	L 4	Harrison Brook	13	Colchester	41.06		L 2	Olly Carpenter	16	Hemel Hemp	33.53
	L 5	George Little	13	Modernian	41.46		L 3	Oliver Blight	15	Hatfield	33.30
	L 6	Leo Suo-Saunders	13	Bishop Stort	41.56		L 4	Callum Welsford	18	Deben	33.27
	L 7	Alban Gill	13	Harpenden	41.70		L 5	Euan Higgs	17	Basildon Ph	33.28
	L 8	Euan Legson	13	Modernian	42.10		L 6	Guy Muncer	19	Co St Albans	33.42
	L 9	Kevin Moghina	13	Thurrock	42.20		L 7	Joseph Bavey	16	Newmarket	33.60
H 4	L 0	Massimo Girolami	13	Colchester	40.40		L 8	Kalaum Corani	17	Colchester	33.60
	L 1	Joshua Shepherd	13	Thurrock	40.13		L 9	Oscar Howell	16	Brentwood	33.70
	L 2	George Prince	13	Hatfield	39.90	H 11	L 0	Lewis Andrews	14	Norwich Swan	33.20
	L 3	Charlie Ruddell	12	teamipswich	39.77		L 1	Noah Crabb	16	teamipswich	33.01
	L 4	Thomas Underdown	14	Braintree	38.66		L 2	Thomas Barnes	19	Royston	32.71
	L 5	Louis Allen	13	Basildon Ph	39.40		L 3	George Whiteman	17	Co Peterboro	32.61
	L 6	Ben Every	13	St Felix Sch	39.89		L 4	William Handley	19	Stowmarket	32.50
	L 7	Obalolu Bankole	12	Thurrock	40.00		L 5	Alfie Francis	16	Colchester	32.60
	L 8	Jeremy Godwin	12	Thurrock	40.30		L 6	Ethan Peirce	17	DunmowAtlant	32.70
	L 9	Finlay Neve	13	Diss Otters	40.60		L 7	Henri Dyke	16	Norwich Swan	32.80
H 5	L 0	Alfie Barrett	14	Leighton Buz	38.60		L 8	William March	19	Linslade	33.08
	L 1	Jacob Lowe	14	March	38.34		L 9	Louis James	15	Norwich Swan	33.20
	L 2	Charlie McKinnon	14	St Felix Sch	38.14	H 12	L 0	Ashton Neo	17	Linslade	32.40
	L 3	Simon Feise	14	Basildon Ph	38.00		L 1	Billy Knibb	16	Linslade	32.20
	L 4	Jack Stapleton	14	March	37.90		L 2	Matthew Debenham	17	teamipswich	32.01
	L 5	Patch Robinson	14	teamipswich	37.92		L 3	Sam Mead	19	Linslade	31.70
	L 6	Jeffrey Gill	14	Watford SC	38.13		L 4	Finley Pawle	19	Leiston	31.40
	L 7	Samuel Winslow	14	Co Cambridge	38.15		L 5	Joshua Holland	18	Hertford	31.65
	L 8	James Williamson	14	Co Cambridge	38.48		L 6	B Ditchfield-Watkins	18	Leighton Buz	31.90
	L 9	Rhys Burrell	14	West Norfolk	38.60		L 7	Christopher Howe	16	Co Cambridge	32.10
H 6	L 0	Freddie Weston	14	Brentwood	37.90		L 8	Luke Flynn	16	Watford SC	32.27
	L 1	Maximilian Veiga	14	Co Cambridge	37.77		L 9	Thomas Cadenhead	19	Co St Albans	32.40
	L 2	Ross De Wildt	13	Co Cambridge	37.30	H 13	L 0	Damon Elliott	17	DunmowAtlant	31.40
	L 3	Finlay Arnup	14	Norwich Swan	37.00		L 1	Daryl Rands	24	Colchester	31.20
	L 4	Luka Page	15	West Suffolk	36.05		L 2	Naythan Aung	17	Colchester	31.20
	L 5	Zak Troman	14	Colchester	36.40		L 3	Thomas Boyt	22	Felixstowe	31.00
	L 6	Ben Buckley	14	Co Norwich	37.10		L 4	Dominic McCarthy	19	Hoddesdon	30.90
	L 7	Luka Gnjatovic	14	Putteridge	37.67		L 5	Sam Perkins	19	teamipswich	30.95
	L 8	Benjamin Taggart	14	Watford SC	37.86		L 6	Austin Lillywhite	18	Biggleswade	31.10
	L 9	Marco Yuen	14	Brentwood	37.90		L 7	Samuel Rennie	17	Braintree	31.20
H 7	L 0	Thomas Deaton	15	Newmarket	35.98		L 8	Morgan Foster	18	Braintree	31.30
	L 1	Ethan Angel	15	teamipswich	35.92		L 9	Jack Mansfield	19	Harlow Pen	31.40
	L 2	Benjamin Riglar	15	Dereham	35.80	H 14	L 0	Thomas Page	17	West Suffolk	30.90
	L 3	William Buckley	15	Watford SC	35.62		L 1	Tyler Tombs	16	Chelmsford	30.70
	L 4	Jake Moore	15	Potters Bar	35.44		L 2	Henry King	18	West Suffolk	30.50
	L 5	Edward Ormsby	14	Co Cambridge	35.44		L 3	Olivier Vedrenne	16	Co Norwich	30.30
	L 6	Richard Vanstone	15	Chelmsford	35.70		L 4	Lewis Binning	18	Basildon Ph	30.20
	L 7	Arian Krasniqi	15	Watford SC	35.82		L 5	Joseph Coldwell	19	Watford SC	30.20
	L 8	Lucas Hartley	14	Hatfield	35.96		L 6	Thomas Grieve	21	Co Cambridge	30.40
	L 9	Jack Renouf	15	Hoddesdon	36.00		L 7	Harrison Jarvis	17	Thurrock	30.70
							L 8	Lewis Chapman	20	Stowmarket	30.80
							L 9	Harvey Hall	18	Deben	30.90

Start List

H 15	L 0	Thomas Hamilton	20	Royston	30.00	H 7	L 0	Gracie Comitti	14	Basildon Ph	1:21.20
	L 1	Freddie Laws	18	West Norfolk	29.90		L 1	Lauren Gore	15	Bishop Stort	1:21.15
	L 2	Benjamin Green	17	Watford SC	29.54		L 2	Georgina Stokes	17	Newmarket	1:20.91
	L 3	Lewis Shayler	18	Watford SC	29.00		L 3	Isla Hamilton	13	Norwich Swan	1:20.90
	L 4	Lawrence Palmer	29	Putteridge	26.50		L 4	Lisa Leinemann	14	Chelmsford	1:20.80
	L 5	James Quinn	17	St Ives	28.40		L 5	Alexa Mann	15	Basildon Ph	1:20.88
	L 6	Bryn Couser	19	Bishop Stort	29.20		L 6	Eleni Zorn	15	Putteridge	1:20.90
	L 7	Charles Rennie	20	Braintree	29.70		L 7	Adeola Akanda	14	Hatfield	1:21.00
	L 8	William Loveman	21	Co St Albans	30.00		L 8	Cailin Walker	18	Harlow Pen	1:21.17
	L 9	Reese Housden	19	Hemel Hemp	30.20		L 9	Lexie O'Connor	14	Basildon Ph	1:21.40
Event 324 Women 12 Yrs/Over 100m Breaststroke											
H 1	L 1	Claire Connon	36	SB4 Co Cambridge	2:48.48	H 8	L 0	Caitlin Richardson	16	Norwich Swan	1:20.69
	L 2	Libby Whiting	12	Linslade	1:41.55		L 1	Jessica Warne	16	Watford SC	1:20.27
	L 3	Jade Reed	12	Co Norwich	1:41.40		L 2	Lilly Blount	15	Hatfield	1:19.64
	L 4	Charlotte Kelly	12	teamipswich	1:41.26		L 3	Hannah Willis	16	Co Peterboro	1:19.32
	L 5	Nicole Maynard	12	Basildon Ph	1:41.40		L 4	Megan Gray	14	Hatfield	1:19.30
	L 6	Isla Black	12	Co St Albans	1:41.53		L 5	Misty Eren	15	Harlow Pen	1:19.32
	L 7	Sofia Andre-Barrett	12	Co Cambridge	1:42.60		L 6	Temilola Awolesi	16	Chelmsford	1:19.40
							L 7	Dayna Shepperson	16	Hatfield	1:19.95
							L 8	Sadie Rowe	14	Colchester	1:20.50
							L 9	Rebecca Merrill	20	Norwich Swan	1:20.76
H 2	L 0	Millie Al-Ali	12	Modernian	1:40.00	H 9	L 0	Gracie Parker	13	Basildon Ph	1:19.30
	L 1	Holly Underdown	12	Braintree	1:39.68		L 1	Ellie-Rose Lyon	14	Norwich Swan	1:19.06
	L 2	Hannah Pye	12	F S Godmanc	1:39.27		L 2	Ashleigh Cooper	17	Hitchin	1:19.01
	L 3	Charlisse Harding	12	Norwich Swan	1:38.00		L 3	Charlotte Tree	17	Colchester	1:19.00
	L 4	Briar Price	12	Putteridge	1:37.60		L 4	Jessica Mahoney	16	Co Peterboro	1:18.74
	L 5	Ella Deaton	12	Newmarket	1:37.79		L 5	Lucy King	18	Hitchin	1:18.78
	L 6	V Davies-Haywood	12	Co Norwich	1:38.90		L 6	Rebecca Knibb	18	Linslade	1:19.00
	L 7	Emilia Johnson	12	St Felix Sch	1:39.59		L 7	Anna-Lucia Fenner	15	Basildon Ph	1:19.04
	L 8	M Tramontano Wells	12	Hertford	1:39.75		L 8	Olivia Newman-Baronius	15	Putteridge	1:19.16
	L 9	Freya Cowley	12	Colchester	1:40.60		L 9	Ciara Gill-Ryan	19	Newmarket	1:19.30
H 3	L 0	Alice Azzopardi	12	Co St Albans	1:36.59	H 10	L 0	Grace Gunton	17	Co Norwich	1:18.63
	L 1	Hollie Cuthbert	13	Stevenage	1:32.50		L 1	Sara Mahmmud	19	Hatfield	1:18.14
	L 2	Lexi Harrison	13	Co Ely	1:30.84		L 2	Francesca Key	16	Thurrock	1:17.80
	L 3	Evie Armstrong	13	teamipswich	1:29.86		L 3	Elijah Britton	15	St Felix Sch	1:17.66
	L 4	Annabel Nichols	13	Leiston	1:29.55		L 4	Isabella Porzio	17	Putteridge	1:17.20
	L 5	Clementine Lovell	12	teamipswich	1:29.56		L 5	Ellen Duffield	14	teamipswich	1:17.64
	L 6	Oraphin Vandermeer	12	Co Cambridge	1:30.30		L 6	Olivia Lee	17	Co Peterboro	1:17.72
	L 7	Jazmin Tolman Wright	13	Co Norwich	1:31.60		L 7	Georgia Pritchard	16	Hatfield	1:18.08
	L 8	Jasmine Carter	12	Basildon Ph	1:34.00		L 8	Evie Brown	16	Watford SC	1:18.31
	L 9	Grace Robinson	12	Putteridge	1:37.40		L 9	Caitlin McNicholas	16	Deben	1:18.69
H 4	L 0	Ella Greatbatch	13	Bishop Stort	1:28.39	H 11	L 0	Jessica Watson	16	Modernian	1:16.98
	L 1	Angelica Lazauskaite	13	Watford SC	1:27.39		L 1	Mia Lowe	14	Basildon Ph	1:16.60
	L 2	Ellie Smith	13	Co Norwich	1:26.60		L 2	Zara Keegan	19	Co Cambridge	1:16.48
	L 3	Janhavi Janhavi	13	Watford SC	1:26.25		L 3	Danielle Hartin	19	SB14Basildon Ph	1:16.14
	L 4	Olivia Skittrell	14	West Norfolk	1:25.99		L 4	Katherine Daynes	19	Halstead	1:15.65
	L 5	Ella Edwards	12	Basildon Ph	1:26.10		L 5	Lucy Park	25	Watford SC	1:15.96
	L 6	K Sutika-Totlebena	13	West Norfolk	1:26.40		L 6	Chloe Butler	17	St Ives	1:16.22
	L 7	Hollie Heighes	13	Bishop Stort	1:26.60		L 7	Olivia Cooper	15	Basildon Ph	1:16.60
	L 8	Amelia Porzio	13	Putteridge	1:27.60		L 8	Ciara Wookey	17	Colchester	1:16.67
	L 9	Annie McLeod	13	Putteridge	1:29.00		L 9	Kirsty Neill	14	Bishop Stort	1:17.10
H 5	L 0	Ava Wilson	13	New Hall	1:25.50	H 12	L 0	Ellie Matthews	18	Team Luton	1:15.44
	L 1	Jasmine Shaw	14	Witham Dolph	1:24.67		L 1	Ruby Wheeler	15	Basildon Ph	1:14.80
	L 2	Lara Treharne	14	Co Peterboro	1:23.62		L 2	Katie Andrews	17	Norwich Swan	1:14.47
	L 3	Madeline Pawle	15	Leiston	1:22.84		L 3	Beth Young	15	teamipswich	1:13.70
	L 4	S Harrison-Mirauer	14	Hatfield	1:22.65		L 4	Charlotte White	16	West Suffolk	1:13.20
	L 5	Mabel Gigg	14	Co Norwich	1:22.80		L 5	Aoife Marley	19	Witham Dolph	1:13.58
	L 6	Hollie Hawkins	14	Basildon Ph	1:22.94		L 6	Ela Norton	17	Hatfield	1:14.33
	L 7	Amelie Crabb	14	teamipswich	1:23.65		L 7	Chloe Skelt	16	Chelmsford	1:14.70
	L 8	Amelia Speechley	14	Co Cambridge	1:25.00		L 8	Matilda Ransome	15	Co Cambridge	1:15.43
	L 9	Beatrix Baldwin	14	Norwich Swan	1:25.88		L 9	Macy Dexter	15	Co Cambridge	1:15.54
H 6	L 0	Daisy Mixer	15	Norwich Swan	1:22.08	H 13	L 0	Caitlin Hartley	17	Hatfield	1:12.60
	L 1	Alice Longman	14	Bishop Stort	1:22.01		L 1	Sarah O'Brien	25	West Norfolk	1:12.11
	L 2	Laura Alexander-High	15	teamipswich	1:21.93		L 2	Louise Fiddes	20	Hatfield	1:11.50
	L 3	Madison Price	15	Putteridge	1:21.80		L 3	Sophie Payne	19	Hatfield	1:11.00
	L 4	Eloisa Miller	16	Flitwick	1:21.43		L 4	Beth Dennis	19	Co Peterboro	1:10.32
	L 5	Tia Hill	15	Co Ely	1:21.78		L 5	Ashley Ransome	28	Hertford	1:10.50
	L 6	Yasmin Meadows	15	Co St Albans	1:21.88		L 6	Molly Lee	20	West Norfolk	1:11.50
	L 7	Alice Green	14	Hatfield	1:21.94		L 7	Molly Monk	17	Co Norwich	1:11.80
	L 8	Zoe Quarman	15	Leighton Buz	1:22.04		L 8	Georgia Maggs	16	Co Cambridge	1:12.50
	L 9	Evie Jamieson	15	Harlow Pen	1:22.17		L 9	E Pappas-Katsiafas Pom	16	Co Cambridge	1:12.80