

Start List

Event 311 Women 12 Yrs/Over 200m Freestyle				
H 1	L 0	Charlotte Pound	12	Putteridge 2:49.50
	L 1	Jade Reed	12	Co Norwich 2:46.50
	L 2	Keira Tarplett	12	Chelmsford 2:45.52
	L 3	Eva Howlett	12	Team Waveney 2:42.60
	L 4	Grace Robinson	12	Putteridge 2:38.50
	L 5	Eveline Gaydon	12	teamipswich 2:38.95
	L 6	M Tramontano Wells	12	Hertford 2:43.41
	L 7	Aimee Burgess	12	teamipswich 2:46.21
	L 8	Olivia Greenall	12	Gt Yarmouth 2:48.32
	L 9	Isla Black	12	Co St Albans 2:49.61
H 2	L 0	Maya Sangiorgio	12	Co Peterboro 2:34.79
	L 1	Nicole Maynard	12	Basildon Ph 2:30.88
	L 2	Ella Edwards	12	Basildon Ph 2:30.15
	L 3	Kesia Crees	13	Basildon Ph 2:29.40
	L 4	Eleanor McLeod	13	Putteridge 2:29.10
	L 5	Elizabeth Swaby	12	Basildon Ph 2:29.27
	L 6	Chloe Barnard	12	Basildon Ph 2:29.59
	L 7	Bethany Crawley	13	teamipswich 2:30.46
	L 8	Sienna Gilman	12	Norwich Swan 2:32.15
	L 9	Briar Price	12	Putteridge 2:36.70
H 3	L 0	Isabella Peccei	13	Watford SC 2:28.70
	L 1	Ever Ives	12	Hatfield 2:27.96
	L 2	Annie McLeod	13	Putteridge 2:27.70
	L 3	Lily Farr	13	Flitwick 2:27.40
	L 4	Maria Stanciu	13	Chelmsford 2:26.83
	L 5	Katerina Di Maria	13	Co Norwich 2:27.10
	L 6	Olivia Mahoney	13	Co Peterboro 2:27.44
	L 7	Jasmine Pereira	13	Hatfield 2:27.94
	L 8	Tigerlily Donald	13	Co St Albans 2:28.55
	L 9	Wiktorja Marcinek	13	West Norfolk 2:28.93
H 4	L 0	Darcy Gladwell	13	teamipswich 2:25.59
	L 1	Ella Dawson	13	Chelmsford 2:23.90
	L 2	Abigail Riches	13	Norwich Swan 2:23.27
	L 3	Cait Cotter	14	Chelmsford 2:22.70
	L 4	Amelia Speechley	14	Co Cambridge 2:21.87
	L 5	Lexie Goodman	14	Basildon Ph 2:22.55
	L 6	Vasilisa Shampanova	14	Co Cambridge 2:23.17
	L 7	Sophie Palmer	12	Basildon Ph 2:23.84
	L 8	Eloise Cole	13	Modernian 2:24.81
	L 9	Gracie Parker	13	Basildon Ph 2:25.70
H 5	L 0	Elijah Britton	15	St Felix Sch 2:18.99
	L 1	Amara Addison	14	Norwich Swan 2:18.76
	L 2	Lyla Howard	14	Team Luton 2:18.42
	L 3	Gracie Comitti	14	Basildon Ph 2:18.32
	L 4	Meisha Trend-Evans	15	Bishop Stort 2:18.10
	L 5	Elsie Pooley	15	West Suffolk 2:18.13
	L 6	Daisy Manning	13	Basildon Ph 2:18.40
	L 7	Gabriela Gomez Pavon	14	Potters Bar 2:18.57
	L 8	Megan Gray	14	Hatfield 2:18.89
	L 9	Lisa Leinemann	14	Chelmsford 2:20.54
H 6	L 0	Alexa Mann	15	Basildon Ph 2:17.30
	L 1	Ellie Burwood	15	St Felix Sch 2:16.92
	L 2	Amelie Crabb	14	teamipswich 2:15.98
	L 3	Orla Kenny	16	Co Cambridge 2:15.54
	L 4	Emma Staines	17	Chelmsford 2:15.33
	L 5	Romilly Marks	15	Newmarket 2:15.38
	L 6	Skye Carter	14	Basildon Ph 2:15.60
	L 7	Amelie Passam	15	Dereham 2:16.76
	L 8	Anna-Lucia Fenner	15	Basildon Ph 2:17.27
	L 9	Connie Davies	15	Deben 2:17.60
H 7	L 0	Charlotte White	16	West Suffolk 2:14.92
	L 1	Rosie Brooks	17	St Felix Sch 2:14.40
	L 2	Helena Hall	16	Deben 2:13.34
	L 3	Madelyn Latimer-Hicks	17	St Felix Sch 2:12.97
	L 4	Abbie Barnwell	18	Team Luton 2:12.90
	L 5	Georgina Munday	17	Modernian 2:12.92
	L 6	Holly Driver	16	St Felix Sch 2:13.17
	L 7	Georgia Maggs	16	Co Cambridge 2:14.05
	L 8	Francesca Key	16	Thurrock 2:14.57
	L 9	Charlotte Tree	17	Colchester 2:15.13
H 8	L 0	Ellie Holliss	17	Co St Albans 2:12.33
	L 1	Cathryn Thomson	31	St Ives 2:12.10
	L 2	Lucy Young	16	Modernian 2:11.71
	L 3	Eloise Bailey	19	Modernian 2:11.58
	L 4	Summer Kennedy	20	Co Norwich 2:10.90
	L 5	Matilda Ransome	15	Co Cambridge 2:11.10
	L 6	Bryony Edgings	16	Thurrock 2:11.65
	L 7	Isabel Wainwright	18	Modernian 2:12.03
	L 8	Francesca Baber	15	Flitwick 2:12.30
	L 9	Macy Dexter	15	Co Cambridge 2:12.76
H 9	L 0	Erin Wilkinson	16	Basildon Ph 2:10.50
	L 1	Emily Lush	19	Hatfield 2:09.12
	L 2	Erin O'Meara	18	Co St Albans 2:08.50
	L 3	Ruby Greenhalf	16	Co Norwich 2:08.10
	L 4	Jessica Woodward	18	Hatfield 2:06.30
	L 5	Holly Lamb	16	Basildon Ph 2:08.10
	L 6	Karys-Rose Bunn	15	teamipswich 2:08.21
	L 7	Zoe Macdonald	18	Hitchin 2:08.96
	L 8	Katie Hammond	18	Co Cambridge 2:09.50
	L 9	Bianka Misikova	18	Hatfield 2:10.75
H 10	L 0	Ellie Wheeler	19	Basildon Ph 2:05.80
	L 1	Louise Fiddes	20	Hatfield 2:04.90
	L 2	Ruby Wheeler	15	Basildon Ph 2:03.92
	L 3	Sacha Thomas	18	Co Norwich 2:03.80
	L 4	Abbie Low	19	Chelmsford 2:00.60
	L 5	Shannon Stott	21	Hatfield 2:03.28
	L 6	Millie Fields	17	Bishop Stort 2:03.90
	L 7	Harriet Salisbury	17	Co Peterboro 2:04.60
	L 8	Rebecca Howell	18	Basildon Ph 2:05.20
	L 9	Tia Gardiner	19	Basildon Ph 2:06.10
Event 312 Men 12 Yrs/Over 50m Backstroke				
H 1	L 3	Daniel Andrews	12	Halstead 39.30
	L 4	Norbert Kadar	12	Co Cambridge 38.90
	L 5	Will Riley	12	teamipswich 38.98
H 2	L 0	Luke Pietersen	12	Hatfield 38.87
	L 1	Alexander Nevgod	12	Basildon Ph 38.60
	L 2	Jamie Wilson	12	Wisbech 38.39
	L 3	Osehon Ojiekhudu	12	Thurrock 37.76
	L 4	Adam O'Neal	13	Modernian 37.50
	L 5	Isaac Robertson	12	Newmarket 37.73
	L 6	Finlay Roberts	12	Witham Dolph 37.90
	L 7	Harrison Waller	12	Southend 38.40
	L 8	Louis Robson	12	Co St Albans 38.69
H 3	L 0	Orlando Dearing	13	Co Peterboro 37.36
	L 1	Jude Gunner	12	St Felix Sch 37.09
	L 2	Olly Fenwick	12	Verulam 36.93
	L 3	Oscar Sherwani	13	Flitwick 36.80
	L 4	Thomas Skerry	13	New Hall 36.60
	L 5	Parker Brewster	12	Harpenden 36.66
	L 6	Jamie Comitti	12	Basildon Ph 36.90
	L 7	Harrison Brook	13	Colchester 37.06
	L 8	Jack Friedlein	13	Maldon Shark 37.23
	L 9	Amir Olalekan	12	Thurrock 37.50

Start List

H 4	L 0	James Gibson	13	Hemel Hemp	36.52	H 11	L 0	Matthew Baker	15	West Suffolk	29.45
	L 1	Ben Every	13	St Felix Sch	36.40		L 1	William Ellard	15	St Felix Sch	29.40
	L 2	Oscar Hunter	12	Norwich Swan	35.80		L 2	Zack Treharne	17	Co Peterboro	29.26
	L 3	Ollie O'Connor	13	Putteridge	35.40		L 3	Charlie Summer	16	Dereham	29.17
	L 4	Rufus Bennett	13	Co Peterboro	35.40		L 4	Nathanial Mapley	15	Co St Albans	29.07
	L 5	Ethan Thorpe	12	Basildon Ph	35.40		L 5	Charlie King	18	Co St Albans	29.09
	L 6	Oliver Baskerville	13	Hatfield	35.42		L 6	Ben Woodhouse	18	Norwich Swan	29.21
	L 7	Jack Beer	12	Linslade	36.10		L 7	Tobias Oglesby	17	West Norfolk	29.30
	L 8	Evan Larthe	12	Southend	36.50		L 8	William Tozer	18	West Suffolk	29.44
	L 9	Henry Mann	13	Norwich Swan	36.60		L 9	Luke Flynn	16	Watford SC	29.53
H 5	L 0	Albert Orley	13	Braintree	35.10	H 12	L 0	Sam Townsend	17	Biggleswade	29.00
	L 1	Marton Molnar	12	Co Cambridge	34.72		L 1	Ethan Martin	16	Thurrock	28.90
	L 2	Joshua Shepherd	13	Thurrock	34.50		L 2	Arvin Rodriguez	17	Co St Albans	28.62
	L 3	Rory Wilde	14	Chelmsford	34.30		L 3	Joseph McGillivray	16	Co Norwich	28.56
	L 4	Thomas Underdown	14	Braintree	34.10		L 4	Fabian Brudnicki	17	Co Peterboro	28.10
	L 5	James Baker	14	Brentwood	34.10		L 5	Jude Hills	16	Thurrock	28.10
	L 6	Finley Blackman	14	Biggleswade	34.40		L 6	Thomas Boyt	22	Felixstowe	28.61
	L 7	Alfie Barrett	14	Leighton Buz	34.57		L 7	Kieran Birkett	16	Co St Albans	28.74
	L 8	Sean Connolly	13	Epping For't	34.98		L 8	Owen Vaughan	18	Maldon Shark	28.93
	L 9	Oscar Lawrence	13	New Hall	35.14		L 9	Joseph Coldwell	19	Watford SC	29.03
H 6	L 0	Sandijs Cecins	14	Colchester	34.00	H 13	L 0	Liam Brennan	19	Basildon Ph	27.80
	L 1	Ben Howlett	14	teamipswich	33.74		L 1	Jack Skerry	17	New Hall	27.50
	L 2	Ryan Close	13	Biggleswade	33.70		L 2	Charles Whyte	20	West Suffolk	27.12
	L 3	Joe Hammond	14	Co Norwich	33.60		L 3	Benjamin Green	17	Watford SC	26.70
	L 4	Jacob Lowe	14	March	33.45		L 4	Samuel Pease	22	Basildon Ph	25.72
	L 5	Alex Harrop	13	teamipswich	33.59		L 5	Nathan Wells	23	West Norfolk	26.40
	L 6	Patch Robinson	14	teamipswich	33.68		L 6	Naythan Aung	17	Colchester	27.01
	L 7	Charlie Payne	14	Newmarket	33.72		L 7	Matthew Titman	20	Co Cambridge	27.17
	L 8	Jack Osborne	14	Deben	33.86		L 8	Lucas Dyson-Diaz	21	Hatfield	27.58
	L 9	Joe Power	14	Basildon Ph	34.00		L 9	Callum Wollaston	20	Co St Albans	28.03
H 7	L 0	Reuben Alty	13	teamipswich	33.30	Event 313 Women 12 Yrs/Over 100m Butterfly					
	L 1	Kevin Moldovan	14	Harlow Pen	33.07	H 1	L 3	Eva Howlett	12	Team Waveney	1:40.40
	L 2	Lucas Hartley	14	Hatfield	32.50		L 4	Freya Cowley	12	Colchester	1:39.05
	L 3	Ewan Thompson	15	St Neot Swan	32.28		L 5	Charlisse Harding	12	Norwich Swan	1:40.40
	L 4	Riley Bashford	15	Deben	32.14	H 2	L 0	Grace Robinson	12	Putteridge	1:38.70
	L 5	Samuel Tolputt	15	Deben	32.24		L 1	Hannah Sedgwick	12	Chelmsford	1:36.34
	L 6	Jago Derrington	15	Bishop Stort	32.31		L 2	Sophie Stelmach	12	Stevenage	1:32.27
	L 7	Janos Kadar	14	Co Cambridge	32.83		L 3	Nicole Maynard	12	Basildon Ph	1:29.11
	L 8	Louis Allen	13	Basildon Ph	33.18		L 4	Oraphin Vandermeer	12	Co Cambridge	1:27.80
	L 9	Lewis Andrews	14	Norwich Swan	33.42		L 5	Briar Price	12	Putteridge	1:28.60
H 8	L 0	Maddox Roberts	15	Witham Dolph	31.80		L 6	Eveline Gaydon	12	teamipswich	1:29.98
	L 1	Ashton Redhead	14	teamipswich	31.71		L 7	Isla Black	12	Co St Albans	1:34.14
	L 2	Jake Moore	15	Potters Bar	31.51		L 8	Bethany Rumsby	12	Norwich Swan	1:38.00
	L 3	Menuka Jayakody	15	Norwich Swan	31.30		L 9	Michelle Shadipe	12	Chelmsford	1:38.92
	L 4	Maximilian Veiga	14	Co Cambridge	31.04	H 3	L 0	Sophie Nicholls	13	Co Norwich	1:25.50
	L 5	Jack Macdonald	15	Putteridge	31.20		L 1	Adrija Raudonyte	13	Newmarket	1:25.23
	L 6	Callum Cox	15	Bishop Stort	31.36		L 2	April Mills	13	Hatfield	1:24.47
	L 7	Joe Flowers	15	St Felix Sch	31.55		L 3	Kiera Broad	13	West Suffolk	1:23.46
	L 8	Ryan Wall	14	Co Cambridge	31.75		L 4	Ella Edwards	12	Basildon Ph	1:23.06
	L 9	Castle Galindez	14	Co Norwich	31.88		L 5	Maya Sangiorgio	12	Co Peterboro	1:23.25
H 9	L 0	Matthew Monie	16	Co Cambridge	30.74		L 6	Wiktorina Marcinek	13	West Norfolk	1:23.82
	L 1	Billy Knibb	16	Linslade	30.60		L 7	Nwando Ifeacho	13	Modernian	1:24.64
	L 2	Robert Addis	17	West Norfolk	30.29		L 8	K Sutika-Totlebena	13	West Norfolk	1:25.41
	L 3	George King	17	West Suffolk	30.08		L 9	Lilia Burgoyne	12	Gt Yarmouth	1:27.50
	L 4	Daniel Dixon	16	Basildon Ph	30.00	H 4	L 0	Poppy Magill	13	Putteridge	1:22.20
	L 5	Max Arnold	15	Harlow Pen	30.00		L 1	Chloe Barnard	12	Basildon Ph	1:20.90
	L 6	Oliver Frame	16	Modernian	30.10		L 2	Ever Ives	12	Hatfield	1:20.14
	L 7	Mason Allen	15	Basildon Ph	30.51		L 3	Jasmine Carter	12	Basildon Ph	1:18.60
	L 8	Alfie Francis	16	Colchester	30.61		L 4	Katerina Di Maria	13	Co Norwich	1:17.50
	L 9	Daniel Lewis	15	New Hall	30.90		L 5	Gracie Parker	13	Basildon Ph	1:17.50
H 10	L 0	Thomas Hamilton	20	Royston	29.89		L 6	Annie McLeod	13	Putteridge	1:18.90
	L 1	Matthew Tatum	20	Diss Otters	29.86		L 7	Maria Stanciu	13	Chelmsford	1:20.59
	L 2	Jack Hill	16	Linslade	29.80		L 8	Isla Hamilton	13	Norwich Swan	1:21.27
	L 3	Jenson Hurrell	16	Thurrock	29.70		L 9	Mia Macklin	13	Braintree	1:22.40
	L 4	Sam Mead	19	Linslade	29.56						
	L 5	Joseph Wells	22	West Norfolk	29.60						
	L 6	Nathan Close	15	Biggleswade	29.70						
	L 7	Jude Gore	18	Linslade	29.83						
	L 8	Joseph Kenny	16	Leiston	29.86						
	L 9	James Cowdrey	16	Basildon Ph	29.95						

Start List

H 5	L 0	Louise Webster	14	Thurrock	1:16.50	H 12	L 0	Lily Macdonald	16	Co Norwich	1:07.70
	L 1	Hannah McNicholas	14	Deben	1:16.02		L 1	Megan Pye	19	Co Norwich	1:07.20
	L 2	Lexie O'Connor	14	Basildon Ph	1:15.60		L 2	Menna Walmsley	17	Team Luton	1:07.00
	L 3	Lexie Goodman	14	Basildon Ph	1:15.10		L 3	Helena Hall	16	Deben	1:06.73
	L 4	Olivia Dutton	14	Co Norwich	1:14.40		L 4	Katie Maloney	24	Co Norwich	1:06.56
	L 5	Charlotte Shaw	14	Co Peterboro	1:14.69		L 5	Ciara Gill-Ryan	19	Newmarket	1:06.61
	L 6	Kesia Crees	13	Basildon Ph	1:15.60		L 6	Cerys Williams	17	West Suffolk	1:06.99
	L 7	Jennifer Davis	14	Dunstable	1:15.68		L 7	Katie Hammond	18	Co Cambridge	1:07.10
	L 8	Elizabeth Swaby	12	Basildon Ph	1:16.35		L 8	Niamh Adcock	20	Co Norwich	1:07.40
	L 9	Ella Dawson	13	Chelmsford	1:17.21		L 9	Charlotte Smith	14	Norwich Swan	1:08.10
H 6	L 0	Mia Lowe	14	Basildon Ph	1:14.10	H 13	L 0	Jessica Shaw	16	Co Peterboro	1:06.13
	L 1	Lara Treharne	14	Co Peterboro	1:13.83		L 1	Tia Gardiner	19	Basildon Ph	1:06.10
	L 2	Holly Morgan	15	Hoddesdon	1:13.50		L 2	Bianka Misikova	18	Hatfield	1:05.60
	L 3	Florence Crowley	15	Co St Albans	1:13.20		L 3	Matilda Bogle	15	teamipswich	1:04.90
	L 4	Anouk Zecchini	15	Co Cambridge	1:12.85		L 4	Matilda Ransome	15	Co Cambridge	1:04.80
	L 5	Eloise Cole	13	Modernian	1:13.10		L 5	Ciara Wookey	17	Colchester	1:04.80
	L 6	Daisy Manning	13	Basildon Ph	1:13.40		L 6	Arabella Ward	15	Modernian	1:05.00
	L 7	Keely White	15	Potters Bar	1:13.80		L 7	Rebecca Howell	18	Basildon Ph	1:05.80
	L 8	Hollie Hawkins	14	Basildon Ph	1:13.93		L 8	Olivia Newman-Baronius	15	Putteridge	1:06.10
	L 9	Eva Glynn	14	Hatfield	1:14.20		L 9	Holly Lamb	16	Basildon Ph	1:06.40
H 7	L 0	Grace Mason	15	Bishop Stort	1:12.71	H 14	L 0	Ruby Wheeler	15	Basildon Ph	1:04.61
	L 1	Amy Boreham	15	Watford SC	1:12.56		L 1	Georgia Pease	19	Basildon Ph	1:04.50
	L 2	Isla Winslow	16	Norwich Swan	1:12.51		L 2	Jessica Woodward	18	Hatfield	1:03.20
	L 3	Sophie Dowding	14	teamipswich	1:12.25		L 3	Sacha Thomas	18	Co Norwich	1:01.30
	L 4	Chloe Liddell	15	West Norfolk	1:12.20		L 4	Sara Kalawska	18	Hatfield	1:00.30
	L 5	Molly Grieve	16	Colchester	1:12.22		L 5	Shannon Stott	21	Hatfield	1:00.90
	L 6	Tigerlily Donald	13	Co St Albans	1:12.50		L 6	May Bradburn	17	Basildon Ph	1:01.83
	L 7	Maya Shackell	14	Watford SC	1:12.54		L 7	Charlotte White	16	West Suffolk	1:04.50
	L 8	Jasmine Coleman	15	Norwich Swan	1:12.58		L 8	Zara Keegan	19	Co Cambridge	1:04.60
	L 9	Romilly Marks	15	Newmarket	1:12.78		L 9	Lauren Stott	19	Hatfield	1:04.80
H 8	L 0	Molly Redgrave	17	Colchester	1:11.88						
	L 1	Madelyn Latimer-Hicks	17	St Felix Sch	1:11.71						
	L 2	Ellie Burwood	15	St Felix Sch	1:11.39						
	L 3	Adeola Akanda	14	Hatfield	1:11.30						
	L 4	Anna Fallon	18	Team Luton	1:11.20						
	L 5	Amelie Passam	15	Dereham	1:11.30						
	L 6	Grace Gunton	17	Co Norwich	1:11.30						
	L 7	Elise Delapperall	15	Thurrock	1:11.40						
	L 8	Caitlin Hartley	17	Hatfield	1:11.76						
	L 9	Laura Snelham	17	St Felix Sch	1:11.97						
H 9	L 0	Mollie Downes	18	Hoddesdon	1:11.10						
	L 1	Megan Donovan	14	Co Peterboro	1:10.83						
	L 2	Victoria Daley	14	Watford SC	1:10.80						
	L 3	Cait Cotter	14	Chelmsford	1:10.44						
	L 4	Mia Maspers	19	teamipswich	1:10.40						
	L 5	Lilly Blount	15	Hatfield	1:10.40						
	L 6	Eloise Conway	21	Halstead	1:10.51						
	L 7	Lauren Hammond	16	Co Cambridge	1:10.80						
	L 8	Tia Hill	15	Co Ely	1:10.91						
	L 9	Eleanor Mason	18	Bishop Stort	1:11.16						
H 10	L 0	Georgia Holgate	14	Co Cambridge	1:10.10						
	L 1	Orla Kenny	16	Co Cambridge	1:09.84						
	L 2	Morgan Allan	18	Modernian	1:09.68						
	L 3	Daisy Sandon	18	Stevenage	1:09.07						
	L 4	Rebecca Smith	18	Norwich Swan	1:08.86						
	L 5	Eleanor King	21	Team Luton	1:09.06						
	L 6	Sofia Peccei	16	Watford SC	1:09.49						
	L 7	Hannah Zyss	16	Basildon Ph	1:09.82						
	L 8	Olivia Church	15	Thurrock	1:09.86						
	L 9	Charlotte Williams	15	Hatfield	1:10.30						
H 11	L 0	Aoife Marley	19	Witham Dolph	1:08.70						
	L 1	Charlotte Gill	16	Basildon Ph	1:08.60						
	L 2	Francesca Baber	15	Flitwick	1:08.40						
	L 3	Grace Greenhalf	14	Co Norwich	1:08.40						
	L 4	E Pappas-Katsiafas Pom	16	Co Cambridge	1:08.10						
	L 5	Jessica Fields	15	Bishop Stort	1:08.30						
	L 6	Skye Carter	14	Basildon Ph	1:08.40						
	L 7	Freya Harwood	17	Team Luton	1:08.48						
	L 8	Jessica Heesom	18	Potters Bar	1:08.69						
	L 9	Hannah Willis	16	Co Peterboro	1:08.83						