

Start List

Event 231 Women 15 Yrs/Over 400m Freestyle				Event 233 Boy/Girl 12 Yrs/Over 100m Freestyle								
H 1	L 1	Isabelle Barber	15	Stowmarket	4:46.85	H 1	L 1	Lily Herring	13	S10	Norwich Swan	1:32.25
	L 2	Alexa Mann	15	Basildon Ph	4:45.69		L 2	Lyla Fello	12		Co Norwich	1:17.56
	L 3	Charlotte Williams	15	Hatfield	4:45.30		L 3	Lily Hills	12		St Felix Sch	1:16.95
	L 4	Molly Redgrave	17	Colchester	4:42.74		L 4	Daisy Turp-Daws	12		Halstead	1:16.53
	L 5	Francesca Key	16	Thurrock	4:43.02		L 5	I Stratton-Thomsett	12		Colchester	1:16.81
	L 6	Menna Walmsley	17	Team Luton	4:45.34		L 6	Daisy Stimpson	12		West Norfolk	1:17.34
	L 7	Anna-Lucia Fenner	15	Basildon Ph	4:46.17		L 7	Mwaba Mkwasa	16	S8	Norwich Swan	1:29.58
	L 8	Romilly Marks	15	Newmarket	4:47.82							
H 2	L 1	Charlotte Tree	17	Colchester	4:41.11	H 2	L 1	Francesca Barber	12		Stowmarket	1:16.01
	L 2	Sophie Payne	19	Hatfield	4:40.38		L 2	Charlie Duce	12		Modernian	1:15.50
	L 3	Charlotte White	16	West Suffolk	4:38.46		L 3	Gabriella Troman	12		Colchester	1:15.16
	L 4	Jessica Woodward	18	Hatfield	4:37.40		L 4	Ashton Blake	12		Canvey Isl	1:14.75
	L 5	Lauren Stott	19	Hatfield	4:38.13		L 5	Megan Clarke	12		Co Ely	1:15.14
	L 6	Abbie Barnwell	18	Team Luton	4:39.00		L 6	Isaac Robertson	12		Newmarket	1:15.28
	L 7	Georgina Munday	17	Modernian	4:40.69		L 7	Scarlett Mercer	12		Harlow Pen	1:15.88
	L 8	Francesca Baber	15	Flitwick	4:41.40		L 8	Molly Burrows	12		Co Peterboro	1:16.09
H 3	L 1	Matilda Ransome	15	Co Cambridge	4:36.95	H 3	L 1	Nicole Taylor	12		St Felix Sch	1:14.25
	L 2	Jessica Keogh	17	Hatfield	4:36.20		L 2	Amber Flitton	12		Dunstable	1:13.98
	L 3	Erin Wilkinson	16	Basildon Ph	4:35.31		L 3	Maxim Szarvadi	12		Harlow Pen	1:13.47
	L 4	Madelyn Latimer-Hicks	17	St Felix Sch	4:33.35		L 4	Lily Murrell	12		Norwich Swan	1:12.72
	L 5	Olivia Lee	17	Co Peterboro	4:34.12		L 5	Henry Martin	12		Hatfield	1:13.17
	L 6	Eloise Bailey	19	Modernian	4:35.70		L 6	Jana Mohamed	12		Co Peterboro	1:13.50
	L 7	Ella Turner	16	Basildon Ph	4:36.50		L 7	Kabir Patel	12		Potters Bar	1:14.16
	L 8	Ruby Greenhalf	16	Co Norwich	4:37.36		L 8	Anabelle Kett	12		Co Peterboro	1:14.55
H 4	L 1	Katie Hammond	18	Co Cambridge	4:31.59	H 4	L 1	Samuel Chamberlain	12		West Suffolk	1:12.00
	L 2	Erin O'Meara	18	Co St Albans	4:27.52		L 2	Charlisse Harding	12		Norwich Swan	1:11.38
	L 3	Shannon Stott	21	Hatfield	4:22.44		L 3	Ernest Juverdeanu	13		Chelmsford	1:10.48
	L 4	Harriet Salisbury	17	Co Peterboro	4:20.88		L 4	Wiktorja Marcinek	13		West Norfolk	1:09.91
	L 5	Ruby Wheeler	15	Basildon Ph	4:21.30		L 5	B Macdonald-Williams	13		Bishop Stort	1:10.04
	L 6	Ellie Wheeler	19	Basildon Ph	4:22.71		L 6	Bethany Rumsby	12		Norwich Swan	1:11.34
	L 7	Holly Lamb	16	Basildon Ph	4:30.10		L 7	Berkley Barnicoat	12		Modernian	1:11.87
	L 8	Matilda Bogle	15	teampipswich	4:31.70		L 8	Alicia Morton	12		Basildon Ph	1:12.53
						H 5	L 1	Evan Aldridge	13		St Felix Sch	1:09.72
							L 2	Reece Burns	13		Witham Dolph	1:08.91
							L 3	Oscar Sherwani	13		Flitwick	1:06.98
							L 4	Kian Lee	13		Co Peterboro	1:06.34
							L 5	Beau Reilly	13		Bishop Stort	1:06.83
							L 6	Jemima Cross	13		Hitchin	1:07.13
							L 7	Ella Greatbatch	13		Bishop Stort	1:09.29
							L 8	Kiera Broad	13		West Suffolk	1:09.85
						H 6	L 1	Tain Phillips	13		Bishop Stort	1:05.68
							L 2	Lilly Davis	14		Co Peterboro	1:05.41
							L 3	Olivia Minett	13		Co Peterboro	1:05.22
							L 4	Oliver Baskerville	13		Hatfield	1:04.93
							L 5	Chloe Coster	14		Hatfield	1:05.20
							L 6	Luke Morley	14		Hitchin	1:05.32
							L 7	Shahd Mohamed	14		Co Peterboro	1:05.59
							L 8	Isla Fulluck-Holmes	14		Co Peterboro	1:05.75
						H 7	L 1	Elizabeth Wright	14		West Suffolk	1:04.61
							L 2	Natalie Taylor	14		St Felix Sch	1:04.34
							L 3	Jack Swindale	13		Co Peterboro	1:04.15
							L 4	Lara Treharne	14		Co Peterboro	1:04.06
							L 5	Samuel Jeffrey	14		Hatfield	1:04.10
							L 6	Beatrice Gibbs	15		Newmarket	1:04.23
							L 7	Oliver Pike	14		Co Norwich	1:04.44
							L 8	Kirsty Neill	14		Bishop Stort	1:04.76
						H 8	L 1	Vanesa Cimermanova	13		Co Peterboro	1:03.90
							L 2	Emma Fields	15		Bishop Stort	1:03.37
							L 3	George Grimwood	14		Bishop Stort	1:02.15
							L 4	James Williamson	14		Co Cambridge	1:02.10
							L 5	Noah Mann	14		Newmarket	1:02.11
							L 6	Imola Jozsa	15		Hatfield	1:03.21
							L 7	Samuel Black	14		Stowmarket	1:03.62
							L 8	Jacob Hayes	14		Bishop Stort	1:04.04

Event 232 Men 15 Yrs/Over 400m IM

H 1	L 3	William Buckley	15	Watford SC	5:20.91
	L 4	Jamie Joshua	15	Hatfield	5:17.35
	L 5	Oliver Blight	15	Hatfield	5:20.43
H 2	L 2	Christopher Howe	16	Co Cambridge	5:14.53
	L 3	Daniel McGuinness	15	Basildon Ph	5:10.50
	L 4	Daniel Ord	16	Watford SC	5:09.11
	L 5	Jack Barnard	16	Potters Bar	5:09.31
	L 6	Daniel Clayton	15	teampipswich	5:10.85
	L 7	Daniel Kendall	15	Co Ely	5:14.99
H 3	L 1	Matthew Brown	16	Stowmarket	4:58.81
	L 2	Nikita Charykin	15	Thurrock	4:54.50
	L 3	Olivier Vedrenne	16	Co Norwich	4:52.00
	L 4	William Tozer	18	West Suffolk	4:51.64
	L 5	Joseph Wells	22	West Norfolk	4:51.80
	L 6	Mark Milburn	16	Colchester	4:52.10
	L 7	Zack Treharne	17	Co Peterboro	4:55.23
	L 8	Matthew Monie	16	Co Cambridge	5:07.12
H 4	L 1	William Loveman	21	Co St Albans	4:47.20
	L 2	Jack Turrell	18	Basildon Ph	4:44.87
	L 3	Joe Cooper	17	teampipswich	4:41.27
	L 4	Nathan Wells	23	West Norfolk	4:19.06
	L 5	Myles Turner	21	West Suffolk	4:27.07
	L 6	Freddie Laws	18	West Norfolk	4:44.10
	L 7	Jack Sangster	20	Modernian	4:45.30
	L 8	George Whiteman	17	Co Peterboro	4:47.32

Start List

H 9	L 1	Meisha Trend-Evans	15	Bishop Stort	1:01.48
	L 2	Greta Goddard	15	Colchester	1:01.13
	L 3	Gagan Singh	15	Co Peterboro	1:01.03
	L 4	James Peacock	15	Co Peterboro	1:00.71
	L 5	Nathan Birchenough	14	St Felix Sch	1:01.00
	L 6	Rosalind Saise	14	teamipswich	1:01.08
	L 7	Ellie-Rose Lyon	14	Norwich Swan	1:01.40
	L 8	Isabelle Barber	15	Stowmarket	1:01.70
H 10	L 1	Benjamin Riglar	15	Dereham	1:00.25
	L 2	Joshua Ellis	15	Hatfield	59.72
	L 3	Jack Abram	16	Co Norwich	58.40
	L 4	Emma Cruickshanks	18	teamipswich	57.90
	L 5	Jack Barnard	16	Potters Bar	58.36
	L 6	James Renton	15	Potters Bar	59.22
	L 7	Richard Vanstone	15	Chelmsford	1:00.13
	L 8	Harry Stagg	15	Basildon Ph	1:00.71
H 11	L 1	Luka Page	15	West Suffolk	57.37
	L 2	Matthew Brown	16	Stowmarket	56.87
	L 3	James Rowley	16	Deben	55.73
	L 4	Adam Martin	21	Potters Bar	52.75
	L 5	Kai Adams	25	Halstead	53.55
	L 6	Ahaan Saini	17	Hatfield	56.72
	L 7	Ethan Ivelaw-Chapman	16	Co St Albans	57.19
	L 8	Christopher Williamson	16	Co Cambridge	57.86