

Start List

**Session 2A Saturday 31<sup>st</sup> July at 12:55 PM**

**Event 121 Men 12 Yrs/Over 200m Breaststroke**

H 1	L 1	Lucas Krynaw	12	Linslade	3:31.08
	L 2	Szymon Pierzecki	12	Witham Dolph	3:30.54
	L 3	Finlay Roberts	12	Witham Dolph	3:29.50
	L 4	William Wratton	12	Co Cambridge	3:24.90
	L 5	Frank Jacob	12	Co Cambridge	3:25.03
	L 6	Oly Fenwick	12	Verulam	3:29.90
	L 7	Will Riley	12	teamipswich	3:30.58
	L 8	Owain Roberts	12	Team Luton	3:33.70
H 2	L 1	Finlay Neve	13	Diss Otters	3:23.70
	L 2	Oscar Sherwani	13	Flitwick	3:21.90
	L 3	Leo Suo-Saunders	13	Bishop Stort	3:19.63
	L 4	George Little	13	Modernian	3:17.21
	L 5	Harrison Brook	13	Colchester	3:17.88
	L 6	Dmitrijs Gracovs	12	Harlow Pen	3:21.37
	L 7	Obalolu Bankole	12	Thurrock	3:22.51
	L 8	Tom Dennis	13	Harpenden	3:24.12
H 3	L 1	Ben Every	13	St Felix Sch	3:14.10
	L 2	Alban Gill	13	Harpenden	3:12.67
	L 3	Louis Allen	13	Basildon Ph	3:09.30
	L 4	Charlie Ruddell	12	teamipswich	3:06.00
	L 5	Joseph Clarke	13	Stowmarket	3:06.87
	L 6	Joshua Shepherd	13	Thurrock	3:11.08
	L 7	Jeremy Godwin	12	Thurrock	3:14.03
	L 8	Euan Legson	13	Modernian	3:14.77
H 4	L 1	George Prince	13	Hatfield	3:04.43
	L 2	Joe Vesztrocy	14	Flitwick	3:02.85
	L 3	Ben Howlett	14	teamipswich	3:00.29
	L 4	Patch Robinson	14	teamipswich	2:59.59
	L 5	James Williamson	14	Co Cambridge	2:59.61
	L 6	Ross De Wildt	13	Co Cambridge	3:02.69
	L 7	Charlie McKinnon	14	St Felix Sch	3:03.38
	L 8	Massimo Girolami	13	Colchester	3:04.68
H 5	L 1	Sandijs Cecins	14	Colchester	2:58.53
	L 2	Finlay Arnup	14	Norwich Swan	2:55.50
	L 3	Ryan Wall	14	Co Cambridge	2:54.83
	L 4	Benjamin Taggart	14	Watford SC	2:54.04
	L 5	Ewan Thompson	15	St Neot Swan	2:54.07
	L 6	Samuel Winslow	14	Co Cambridge	2:55.12
	L 7	Thomas Spelman	14	Stowmarket	2:56.81
	L 8	Jacob Ray	14	Basildon Ph	2:59.10
H 6	L 1	Zak Troman	14	Colchester	2:53.60
	L 2	James Gourpinar	14	Harlow Pen	2:52.40
	L 3	Harry Stagg	15	Basildon Ph	2:51.40
	L 4	Jack Renouf	15	Hoddesdon	2:50.66
	L 5	Lucas Hartley	14	Hatfield	2:51.30
	L 6	Luka Page	15	West Suffolk	2:51.75
	L 7	Austin Harrop	15	Co Cambridge	2:52.59
	L 8	Ben Buckley	14	Co Norwich	2:53.70
H 7	L 1	Harry Fasey	15	Co Norwich	2:49.90
	L 2	Daniel Kendall	15	Co Ely	2:49.56
	L 3	William Buckley	15	Watford SC	2:48.83
	L 4	William Presland	16	Bushey	2:47.74
	L 5	Oliver Blight	15	Hatfield	2:48.65
	L 6	Lewis Andrews	14	Norwich Swan	2:49.42
	L 7	Ethan Angel	15	teamipswich	2:49.64
	L 8	Richard Vanstone	15	Chelmsford	2:50.24
H 8	L 1	Glennon Lee	15	Harlow Pen	2:46.60
	L 2	Ashton Neo	17	Linslade	2:45.28
	L 3	Timo De Wildt	17	Co Cambridge	2:44.89
	L 4	Josh Martin	15	Co Peterboro	2:44.37
	L 5	Thomas Deaton	15	Newmarket	2:44.40
	L 6	Luke Payne	17	Hatfield	2:45.21
	L 7	Edward Ormsby	14	Co Cambridge	2:46.22
	L 8	Henri Dyke	16	Norwich Swan	2:46.70

H 9	L 1	Antonio Girolami	16	Colchester	2:43.20
	L 2	Oscar Howell	16	Brentwood	2:42.44
	L 3	Daniel Holliss	15	Co St Albans	2:41.10
	L 4	Zack Treharne	17	Co Peterboro	2:40.37
	L 5	Louis James	15	Norwich Swan	2:40.91
	L 6	Leonard Turner	16	Biggleswade	2:42.01
	L 7	Kalaum Corani	17	Colchester	2:42.64
	L 8	George Lovelock	16	Hitchin	2:44.19
H 10	L 1	Christopher Howe	16	Co Cambridge	2:36.02
	L 2	Samuel Rennie	17	Braintree	2:34.27
	L 3	Tyler Tombs	16	Chelmsford	2:31.57
	L 4	Dominic McCarthy	19	Hoddesdon	2:29.55
	L 5	Harvey Hall	18	Deben	2:30.96
	L 6	William Tozer	18	West Suffolk	2:33.31
	L 7	Mark Milburn	16	Colchester	2:35.10
	L 8	Austin Lillywhite	18	Biggleswade	2:37.43
H 11	L 1	Harrison Jarvis	17	Thurrock	2:26.51
	L 2	Bryn Couser	19	Bishop Stort	2:20.84
	L 3	Lewis Shayler	18	Watford SC	2:19.87
	L 4	Freddie Laws	18	West Norfolk	2:19.09
	L 5	William Loveman	21	Co St Albans	2:19.80
	L 6	Luke Bryan	21	West Norfolk	2:20.27
	L 7	Olivier Vedrenne	16	Co Norwich	2:24.50
	L 8	Henry King	18	West Suffolk	2:29.32

**Session 2B on the next page**

**Session 2B Saturday 31<sup>st</sup> July at 2:35 PM**

**Event 122 Women 12 Yrs/Over 200m Butterfly**

H 1	L 3	Charlisse Harding	12	Norwich Swan	3:39.00
	L 4	Sophie Nicholls	13	Co Norwich	3:11.00
	L 5	Hannah Sedgwick	12	Chelmsford	3:33.81
H 2	L 1	Wiktorja Marcinek	13	West Norfolk	3:07.93
	L 2	Poppy Magill	13	Putteridge	3:05.33
	L 3	Ella Edwards	12	Basildon Ph	3:02.70
	L 4	Tigerlily Donald	13	Co St Albans	2:51.26
	L 5	Chloe Barnard	12	Basildon Ph	2:58.40
	L 6	Mia Macklin	13	Braintree	3:05.20
	L 7	Maria Stanciu	13	Chelmsford	3:06.82
	L 8	Maya Sangiorgio	12	Co Peterboro	3:09.27
H 3	L 1	Eva Glynn	14	Hatfield	2:49.30
	L 2	Charlotte Shaw	14	Co Peterboro	2:48.62
	L 3	Maya Shackell	14	Watford SC	2:47.70
	L 4	Olivia Mahoney	13	Co Peterboro	2:46.87
	L 5	Florence Crowley	15	Co St Albans	2:47.20
	L 6	Megan Donovan	14	Co Peterboro	2:48.17
	L 7	Lexie Goodman	14	Basildon Ph	2:48.72
	L 8	Lexie O'Connor	14	Basildon Ph	2:49.94
H 4	L 1	Louise Webster	14	Thurrock	2:45.51
	L 2	Amelie Hawksley	15	Co Ely	2:44.91
	L 3	Charlotte Williams	15	Hatfield	2:44.00
	L 4	Leonie Ammann	15	Co Cambridge	2:43.13
	L 5	Jasmine Coleman	15	Norwich Swan	2:43.70
	L 6	Lara Treharne	14	Co Peterboro	2:44.65
	L 7	Georgia Holgate	14	Co Cambridge	2:45.05
	L 8	Ellie Burwood	15	St Felix Sch	2:46.39
H 5	L 1	Amara Addison	14	Norwich Swan	2:42.27
	L 2	Anna Rumley	16	Flitwick	2:40.09
	L 3	Romilly Marks	15	Newmarket	2:39.46
	L 4	Grace Mason	15	Bishop Stort	2:37.40
	L 5	Victoria Daley	14	Watford SC	2:38.78
	L 6	Sophie Fowler	16	Flitwick	2:39.81
	L 7	Daisy Manning	13	Basildon Ph	2:41.40
	L 8	Hollie Hawkins	14	Basildon Ph	2:43.00
H 6	L 1	Hannah Willis	16	Co Peterboro	2:32.70
	L 2	Olivia Church	15	Thurrock	2:32.23
	L 3	Francesca Baber	15	Flitwick	2:31.90
	L 4	Jessica Shaw	16	Co Peterboro	2:29.57
	L 5	Anna Fallon	18	Team Luton	2:30.70
	L 6	Cait Cotter	14	Chelmsford	2:32.17
	L 7	Cerys Williams	17	West Suffolk	2:32.55
	L 8	Charlotte Smith	14	Norwich Swan	2:35.59
H 7	L 1	Gracie Trotter	18	Leighton Buz	2:28.05
	L 2	Olivia Newman-Baronius	15	Putteridge	2:26.10
	L 3	Ciara Wookey	17	Colchester	2:25.51
	L 4	Valeria Giron	16	Hatfield	2:22.25
	L 5	Leah Wightman	16	West Norfolk	2:24.30
	L 6	Menna Walmsley	17	Team Luton	2:25.89
	L 7	Charlotte White	16	West Suffolk	2:26.60
	L 8	Katie Maloney	24	Co Norwich	2:28.63
H 8	L 1	Tia Gardiner	19	Basildon Ph	2:21.91
	L 2	Matilda Ransome	15	Co Cambridge	2:20.82
	L 3	Zara Keegan	19	Co Cambridge	2:20.00
	L 4	Sara Kalawska	18	Hatfield	2:13.34
	L 5	Shannon Stott	21	Hatfield	2:15.50
	L 6	Rebecca Howell	18	Basildon Ph	2:20.43
	L 7	Harriet Salisbury	17	Co Peterboro	2:21.35
	L 8	Ruby Wheeler	15	Basildon Ph	2:22.20