

Start List

<b>Event 431 Women 12 Yrs/Over 50m Butterfly</b>											
H 1	L 2	Eva Howlett	12	Team Waveney	40.32	H 8	L 0	Megan Gray	14	Hatfield	32.60
	L 3	Clementine Lovell	12	teamipswich	39.62		L 1	Zoe Quarman	15	Leighton Buz	32.49
	L 4	Holly Underdown	12	Braintree	39.10		L 2	Florence Crowley	15	Co St Albans	32.30
	L 5	V Davies-Haywood	12	Co Norwich	39.60		L 3	Connie Davies	15	Deben	32.28
	L 6	Charlotte Low	12	Chelmsford	39.80		L 4	Molly Grieve	16	Colchester	32.20
	L 7	Alicia Morton	12	Basildon Ph	40.37		L 5	Mia Davis	15	Leighton Buz	32.20
H 2	L 0	Isabella Savage	12	Potters Bar	38.87		L 6	Olivia Dutton	14	Co Norwich	32.30
	L 1	Nicole Maynard	12	Basildon Ph	38.40		L 7	Mia Lowe	14	Basildon Ph	32.40
	L 2	Briar Price	12	Putteridge	38.10		L 8	Hannah McNicholas	14	Deben	32.57
	L 3	Oraphin Vandermeer	12	Co Cambridge	37.64		L 9	Chloe Liddell	15	West Norfolk	32.64
	L 4	Ella Edwards	12	Basildon Ph	37.40	H 9	L 0	Isabella Good	16	Bishop Stort	32.20
	L 5	Evie Holmes	12	Linslade	37.40		L 1	Charley Joyce	16	Epping For't	32.02
	L 6	Emilia Rayner	12	Halstead	37.84		L 2	Ayesha Kamara	16	Co Norwich	32.00
	L 7	Grace Robinson	12	Putteridge	38.30		L 3	Lyla Howard	14	Team Luton	31.90
	L 8	Sophie Stelmach	12	Stevenage	38.77		L 4	Anna Macpherson	16	Modernian	31.80
	L 9	Honor Beverstock	12	Hatfield	38.95		L 5	Daisy Manning	13	Basildon Ph	31.90
H 3	L 0	Sienna Gilman	12	Norwich Swan	37.00		L 6	Lara Treharne	14	Co Peterboro	31.92
	L 1	Beatrice Smith	12	Stanway	36.60		L 7	Romilly Marks	15	Newmarket	32.00
	L 2	Emily Gray	12	Hatfield	36.48		L 8	Tia Hill	15	Co Ely	32.18
	L 3	Ella Coombes	13	Basildon Ph	36.40		L 9	Teegan Rayner	16	Witham Dolph	32.20
	L 4	Maria Stanciu	13	Chelmsford	36.30	H 10	L 0	Isla Winslow	16	Norwich Swan	31.70
	L 5	Lilia Burgoyne	12	Gt Yarmouth	36.40		L 1	Kaia Phillips	15	Bishop Stort	31.62
	L 6	Ella Greatbatch	13	Bishop Stort	36.47		L 2	Amy Boreham	15	Watford SC	31.54
	L 7	Kiera Broad	13	West Suffolk	36.57		L 3	Laura Snelham	17	St Felix Sch	31.50
	L 8	Ever Ives	12	Hatfield	36.70		L 4	Aoife Marley	19	Witham Dolph	31.48
	L 9	Olivia Greenall	12	Gt Yarmouth	37.10		L 5	Georgia Holgate	14	Co Cambridge	31.50
H 4	L 0	Poppy Magill	13	Putteridge	36.00		L 6	Eloise Conway	21	Halstead	31.50
	L 1	Phoebe De Voogt	13	Leighton Buz	35.50		L 7	Ellie Holliss	17	Co St Albans	31.60
	L 2	Janhavi Janhavi	13	Watford SC	35.33		L 8	Elijah Britton	15	St Felix Sch	31.70
	L 3	Isla Hamilton	13	Norwich Swan	35.17		L 9	Temilola Awolesi	16	Chelmsford	31.80
	L 4	Ella Dawson	13	Chelmsford	35.10	H 11	L 0	Holly Morgan	15	Hoddesdon	31.40
	L 5	Olivia Mahoney	13	Co Peterboro	35.16		L 1	Hannah Willis	16	Co Peterboro	31.40
	L 6	Kesia Crees	13	Basildon Ph	35.30		L 2	Sofia Peccei	16	Watford SC	31.26
	L 7	Amelia Marshall	13	Co Norwich	35.50		L 3	Francesca Peccei	18	Watford SC	31.20
	L 8	Michelle Shadipe	12	Chelmsford	35.70		L 4	Katherine Daynes	19	Halstead	31.18
	L 9	Mia Macklin	13	Braintree	36.20		L 5	Sophie Taylor	19	Hemel Hemp	31.18
H 5	L 0	Felicity Machin	13	Co Norwich	35.00		L 6	Ellie Burwood	15	St Felix Sch	31.21
	L 1	Isabella Peccei	13	Watford SC	34.49		L 7	Orla Kenny	16	Co Cambridge	31.37
	L 2	Elizabeth Swaby	12	Basildon Ph	34.30		L 8	Olivia Cooper	15	Basildon Ph	31.40
	L 3	Gracie Parker	13	Basildon Ph	33.85		L 9	Keely White	15	Potters Bar	31.40
	L 4	Macey Watkins	14	Colchester	33.70	H 12	L 0	Ciara McAuley	16	Saffron Wald	31.10
	L 5	Katerina Di Maria	13	Co Norwich	33.80		L 1	Elise Delapperall	15	Thurrock	31.10
	L 6	Lexi Harrison	13	Co Ely	33.92		L 2	Georgina Knatchbull	17	Leighton Buz	31.07
	L 7	Annie McLeod	13	Putteridge	34.30		L 3	Bethany Smith	18	Leighton Buz	30.90
	L 8	Jasmine Carter	12	Basildon Ph	34.78		L 4	Freya Harwood	17	Team Luton	30.90
	L 9	Darcy Gladwell	13	teamipswich	35.10		L 5	Francesca Baber	15	Flitwick	30.90
H 6	L 0	Kathryn Edwards	14	Braintree	33.60		L 6	Georgia Maggs	16	Co Cambridge	30.99
	L 1	Charlotte Shaw	14	Co Peterboro	33.39		L 7	Morgan Allan	18	Modernian	31.10
	L 2	Nwando Ifeacho	13	Modernian	33.20		L 8	Katie Jeffrey	17	Hatfield	31.10
	L 3	Hollie Hawkins	14	Basildon Ph	33.10		L 9	Esme Springham	16	Deben	31.15
	L 4	Oluwatamilore Bankole	14	Thurrock	33.10	H 13	L 0	Rebecca Smith	18	Norwich Swan	30.90
	L 5	Sophie Ball	14	Braintree	33.10		L 1	Eloise Cole	13	Modernian	30.80
	L 6	Lexie Goodman	14	Basildon Ph	33.20		L 2	Megan Donovan	14	Co Peterboro	30.76
	L 7	Leah Dorman	14	Co Peterboro	33.24		L 3	Lily Macdonald	16	Co Norwich	30.70
	L 8	Eliza Swanepoel	13	Epping For't	33.40		L 4	Anouk Zecchini	15	Co Cambridge	30.70
	L 9	Amelia Speechley	14	Co Cambridge	33.70		L 5	Ellie Matthews	18	Team Luton	30.70
H 7	L 0	Jennifer Davis	14	Dunstable	33.10		L 6	Jessica Heesom	18	Potters Bar	30.72
	L 1	Eva Glynn	14	Hatfield	32.90		L 7	Victoria Daley	14	Watford SC	30.80
	L 2	Alice Longman	14	Bishop Stort	32.76		L 8	Olivia Lee	17	Co Peterboro	30.87
	L 3	Elena Bello	15	Co Cambridge	32.72		L 9	Olivia Church	15	Thurrock	30.90
	L 4	Amara Addison	14	Norwich Swan	32.68	H 14	L 0	Lauren Hammond	16	Co Cambridge	30.70
	L 5	Anna-Lucia Fenner	15	Basildon Ph	32.70		L 1	Charlotte Smith	14	Norwich Swan	30.66
	L 6	Maya Shackell	14	Watford SC	32.74		L 2	Amelie Passam	15	Dereham	30.50
	L 7	Hannah Cushion	14	Hatfield	32.80		L 3	Cerys Williams	17	West Suffolk	30.50
	L 8	Ellie-Rose Lyon	14	Norwich Swan	33.00		L 4	Chloe Butler	17	St Ives	30.47
	L 9	Sophia Thomas	14	Norwich Swan	33.10		L 5	Skye Carter	14	Basildon Ph	30.50
							L 6	Madison Gilman	18	Norwich Swan	30.50
							L 7	Rhianne Carrick	17	Dunstable	30.60
							L 8	Emily Lush	19	Hatfield	30.70
							L 9	Lilly Blount	15	Hatfield	30.70

Start List

H 15	L 0	Tigerlily Donald	13	Co St Albans	30.40	H 4	L 0	Albert Orley	13	Braintree	31.90	
	L 1	Grace Greenhalf	14	Co Norwich	30.40		L 1	Tom Dennis	13	Harpenden	31.80	
	L 2	Charlotte Gill	16	Basildon Ph	30.20		L 2	Lewis Masson	13	Linslade	31.60	
	L 3	Helena Hall	16	Deben	30.17		L 3	Parker Brewster	12	Harpenden	31.50	
	L 4	Ruby Greenhalf	16	Co Norwich	30.10		L 4	Remi-Maysen Keane	13	Bo Southend	31.40	
	L 5	Zara Keegan	19	Co Cambridge	30.16		L 5	Leo Suo-Saunders	13	Bishop Stort	31.46	
	L 6	Menna Walmsley	17	Team Luton	30.20		L 6	Daniel Belsey	13	Hatfield	31.50	
	L 7	Katie Maloney	24	Co Norwich	30.24		L 7	Jack Friedlein	13	Maldon Shark	31.70	
	L 8	Isabel Wainwright	18	Modernian	30.40		L 8	Ethan Thorpe	12	Basildon Ph	31.80	
	L 9	Grace Gunton	17	Co Norwich	30.40		L 9	Finlay Neve	13	Diss Otters	31.90	
H 16	L 0	Sarah O'Brien	25	West Norfolk	30.00	H 5	L 0	Massimo Girolami	13	Colchester	31.32	
	L 1	Gracie Kay	18	Co Cambridge	29.80		L 1	Orlando Dearing	13	Co Peterboro	31.20	
	L 2	Adeola Akanda	14	Hatfield	29.80		L 2	Osehon Ojiekhudu	12	Thurrock	31.00	
	L 3	Eleanor King	21	Team Luton	29.80		L 3	Corey Huckstep	13	West Suffolk	30.74	
	L 4	Olivia Newman-Baronius	15	Putteridge	29.40		L 4	Harry Alexander	13	teamipswich	30.39	
	L 5	Ciara Gill-Ryan	19	Newmarket	29.80		L 5	Peter Winter	41	S10 Newmarket	30.44	
	L 6	Harriet Clements	17	Watford SC	29.80		L 6	Jamie Comitti	12	Basildon Ph	30.80	
	L 7	Matilda Ransome	15	Co Cambridge	29.80		L 7	Oscar Hunter	12	Norwich Swan	31.00	
	L 8	Holly Lamb	16	Basildon Ph	29.90		L 8	Jamie Pennington	13	teamipswich	31.23	
	L 9	Niamh Adcock	20	Co Norwich	30.00		L 9	Robert Fenner	13	Basildon Ph	31.40	
H 17	L 0	Nonhlanhla Thole	16	St Felix Sch	29.40	H 6	L 0	Oscar Sherwani	13	Flitwick	30.10	
	L 1	Ciara Wookey	17	Colchester	29.30		L 1	Alex Harrop	13	teamipswich	30.02	
	L 2	Arabella Ward	15	Modernian	29.10		L 2	Sandijis Cecins	14	Colchester	30.00	
	L 3	Iona Trainer	18	Co Peterboro	29.10		L 3	Sean Connolly	13	Epping For't	29.90	
	L 4	Charlotte White	16	West Suffolk	28.90		L 4	Hugo Raubitschek-Smith	13	Hatfield	29.89	
	L 5	Chloe Skelt	16	Chelmsford	29.00		L 5	Ben Every	13	St Felix Sch	29.90	
	L 6	Jessica Shaw	16	Co Peterboro	29.10		L 6	Jeffrey Gill	14	Watford SC	29.96	
	L 7	Ruby Wheeler	15	Basildon Ph	29.20		L 7	Joshua Sackree	13	Co Peterboro	30.00	
	L 8	Tia Gardiner	19	Basildon Ph	29.30		L 8	Louis Allen	13	Basildon Ph	30.08	
	L 9	Lauren Stott	19	Hatfield	29.40		L 9	Ollie O'Connor	13	Putteridge	30.10	
H 18	L 0	Valeria Giron	16	Hatfield	28.80	H 7	L 0	Joshua Parker	12	Braintree	29.70	
	L 1	Isabella Chapman	17	Harpenden	28.70		L 1	Edward Cook	14	Leighton Buz	29.63	
	L 2	Sara Kalawska	18	Hatfield	27.90		L 2	Kevin Moghina	13	Thurrock	29.50	
	L 3	Shannon Stott	21	Hatfield	27.90		L 3	Jack Osborne	14	Deben	29.44	
	L 4	Sacha Thomas	18	Co Norwich	27.30		L 4	Isaac Farrugia	14	Basildon Ph	29.40	
	L 5	May Bradburn	17	Basildon Ph	27.40		L 5	Alexander Cheeseright	14	Biggleswade	29.40	
	L 6	Jessica Woodward	18	Hatfield	27.90		L 6	Lucas Hartley	14	Hatfield	29.47	
	L 7	Ashley Ransome	26	Hertford	28.20		L 7	Harrison Shaw	14	Flitwick	29.60	
	L 8	Georgia Pease	19	Basildon Ph	28.70		L 8	Edward Ormsby	14	Co Cambridge	29.68	
	L 9	Matilda Bogle	15	teamipswich	28.90		L 9	George Grimwood	14	Bishop Stort	29.72	
<b>Event 432 Men 12 Yrs/Over 50m Freestyle</b>						H 8	L 0	Milo Milton	14	Co Norwich	29.40	
	H 1	L 3	Obalolu Bankole	12	Thurrock	33.85		L 1	Ashton Redhead	14	teamipswich	29.35
		L 4	Jamie Wilson	12	Wisbech	33.72		L 2	Oscar Lawrence	13	New Hall	29.30
		L 5	Toby Lashmar	12	Basildon Ph	33.80		L 3	Patch Robinson	14	teamipswich	29.01
	H 2	L 0	Olly Fenwick	12	Verulam	33.66		L 4	Rio Rogers	17	S14 Basildon Ph	28.97
		L 1	Harry Phelan	12	Basildon Ph	33.50		L 5	Joshua Shepherd	13	Thurrock	29.00
		L 2	Finlay Roberts	12	Witham Dolph	33.50		L 6	Jacob Lowe	14	March	29.28
		L 3	Frank Jacob	12	Co Cambridge	33.28		L 7	Daniel Meier	14	Modernian	29.35
		L 4	Daniel De Filippo	12	Flitwick	32.92		L 8	Joe Power	14	Basildon Ph	29.37
		L 5	Jeremy Godwin	12	Thurrock	33.03		L 9	Rory Wilde	14	Chelmsford	29.40
		L 6	Csanad Rehus	12	Co Peterboro	33.44	H 9	L 0	Maximilian Veiga	14	Co Cambridge	28.50
		L 7	Emmanuel Kolobius	12	Team Luton	33.50		L 1	Finlay Arnup	14	Norwich Swan	28.50
		L 8	Ethan David-Tostevin	12	Bishop Stort	33.61		L 2	Ross De Wildt	13	Co Cambridge	28.40
		L 9	Jack Beer	12	Linslade	33.68		L 3	Jake Moore	15	Potters Bar	28.19
	H 3	L 0	Jude Gunner	12	St Felix Sch	32.50		L 4	Zac Stacey	14	Hoddesdon	28.10
		L 1	Louis Robson	12	Co St Albans	32.31		L 5	Henry Dean	15	Thurrock	28.15
		L 2	Harrison Brook	13	Colchester	32.18		L 6	Ryan Wall	14	Co Cambridge	28.36
		L 3	Kian Lee	13	Co Peterboro	32.09		L 7	Lewis Andrews	14	Norwich Swan	28.45
		L 4	Ademola Oshowole	13	Thurrock	31.90		L 8	Zak Troman	14	Colchester	28.50
		L 5	Evan Aldridge	13	St Felix Sch	32.05		L 9	Reuben Alty	13	teamipswich	28.60
		L 6	Amir Olalekan	12	Thurrock	32.09	H 10	L 0	James Baker	14	Brentwood	28.00
		L 7	Oliver Baskerville	13	Hatfield	32.20		L 1	Oliver Blight	15	Hatfield	27.99
		L 8	Will Riley	12	teamipswich	32.36		L 2	Daniel Boboye	14	Thurrock	27.80
		L 9	Evan Larthe	12	Southend	32.60		L 3	Daniel Pryke	15	Deben	27.71
								L 4	Jamie Joshua	15	Hatfield	27.70
								L 5	Archie Chamberlain	15	West Suffolk	27.70
								L 6	William Buckley	15	Watford SC	27.80
								L 7	Atikan To	15	Ware	27.87
								L 8	Colin Peden	15	Saffron Wald	28.00
								L 9	Daniel Lewis	15	New Hall	28.03

Start List

H 11	L 0	Callum Cox	15	Bishop Stort	27.60	H 18	L 0	Charlie Summer	16	Dereham	25.30
	L 1	Luca Strazzullo	15	St Neot Swan	27.54		L 1	Ethan Martin	16	Thurrock	25.20
	L 2	Daniel Clayton	15	teamipswich	27.50		L 2	Joseph Coldwell	19	Watford SC	25.19
	L 3	Joe Flowers	15	St Felix Sch	27.36		L 3	Jude Hills	16	Thurrock	25.10
	L 4	Daniel Kendall	15	Co Ely	27.30		L 4	Harry Saunders	19	Newmarket	25.10
	L 5	Luka Page	15	West Suffolk	27.30		L 5	Lewis Chapman	20	Stowmarket	25.10
	L 6	Benjamin Riglar	15	Dereham	27.40		L 6	Joshua Holland	18	Hertford	25.13
	L 7	Nedas Tkacenko	15	West Norfolk	27.50		L 7	Thomas Belcher	18	Modernian	25.20
	L 8	Samuel Walsh	15	Witham Dolph	27.56		L 8	B Ditchfield-Watkins	18	Leighton Buz	25.30
	L 9	Jack Juggins	15	Team Luton	27.70		L 9	Tobias Oglesby	17	West Norfolk	25.30
H 12	L 0	Harrison Holmes	16	Team Waveney	27.20	H 19	L 0	Thomas Page	17	West Suffolk	25.01
	L 1	Alex Twyford	15	Bushey	27.20		L 1	Morgan Foster	18	Braintree	24.90
	L 2	Matthew Albone	16	St Neot Swan	27.16		L 2	William Ellard	15	St Felix Sch	24.80
	L 3	Nathaniel Mapley	15	Co St Albans	27.10		L 3	Fabian Brudnicki	17	Co Peterboro	24.80
	L 4	Joseph McGillivray	16	Co Norwich	27.00		L 4	Naythan Aung	17	Colchester	24.60
	L 5	Enzo Lim	16	Watford SC	27.08		L 5	Sam Perkins	19	teamipswich	24.63
	L 6	Austyn Johnson	16	Saffron Wald	27.10		L 6	Joseph Wells	22	West Norfolk	24.80
	L 7	Jack Macdonald	15	Putteridge	27.20		L 7	Benjamin Green	17	Watford SC	24.86
	L 8	Billy Knibb	16	Linslade	27.20		L 8	Oliver Kimber	19	Co Norwich	25.00
	L 9	Riley Bashford	15	Deben	27.21		L 9	Sam Mead	19	Linslade	25.10
H 13	L 0	Tyler Tombs	16	Chelmsford	26.80	H 20	L 0	Charles Whyte	20	West Suffolk	24.40
	L 1	Louis James	15	Norwich Swan	26.80		L 1	Jack Skerry	17	New Hall	24.30
	L 2	Luke Flynn	16	Watford SC	26.80		L 2	Lucas Dyson-Diaz	21	Hatfield	24.30
	L 3	Colin Moghina	16	Thurrock	26.70		L 3	James Speers	18	Basildon Ph	24.30
	L 4	Daniel Parker	15	Braintree	26.70		L 4	Michael Klimaszewski	17	Hatfield	24.26
	L 5	Billy Mead	16	Linslade	26.70		L 5	Joseph Grice	18	Leighton Buz	24.28
	L 6	Oliver Shead	16	Colchester	26.80		L 6	Euan Higgs	17	Basildon Ph	24.30
	L 7	Thomas Bale	16	Halstead	26.80		L 7	Thomas Grieve	21	Co Cambridge	24.30
	L 8	Jacob Kitching	16	Chelmsford	26.80		L 8	Thomas Cadenhead	19	Co St Albans	24.40
	L 9	Jenson Hurrell	16	Thurrock	26.90		L 9	Harry Jones	21	Co Norwich	24.60
H 14	L 0	Elliot Gladwell	16	teamipswich	26.45	H 21	L 0	Nathan Wells	23	West Norfolk	24.20
	L 1	Jimmy Taylor	17	Thurrock	26.39		L 1	Ashley Coombs	20	Bushey	24.20
	L 2	Maddox Roberts	15	Witham Dolph	26.30		L 2	Callum Wollaston	20	Co St Albans	23.70
	L 3	William Robins	18	Biggleswade	26.30		L 3	Reese Housden	19	Hemel Hemp	23.50
	L 4	George King	17	West Suffolk	26.22		L 4	Ignacio Larghero	22	Newmarket	23.00
	L 5	Joseph Kenny	16	Leiston	26.26		L 5	Sebastian Vandermeer	18	Co Cambridge	23.40
	L 6	Austin Lillywhite	18	Biggleswade	26.30		L 6	Sam Townsend	17	Biggleswade	23.60
	L 7	Nathan Close	15	Biggleswade	26.30		L 7	Ben Blowers	19	Co Norwich	24.00
	L 8	Max Arnold	15	Harlow Pen	26.40		L 8	Rhys Davidson	17	Team Luton	24.20
	L 9	Zack Treharne	17	Co Peterboro	26.59		L 9	Damon Elliott	17	DunmowAtlant	24.25
H 15	L 0	Ryan Crouch	27	S9 teamipswich	26.20	<b>Event 433 Women 12 Yrs/Over 100m Backstroke</b>					
	L 1	Daniel Monk	17	Harlow Pen	26.20	H 1	L 3	Lucy Peterson	12	Stevenage	1:27.41
	L 2	James Cowdrey	16	Basildon Ph	26.10		L 4	Sofia Andre-Barrett	12	Co Cambridge	1:27.10
	L 3	Ryan Barker	19	Dereham	26.10		L 5	Isabella Savage	12	Potters Bar	1:27.17
	L 4	Dominic McCarthy	19	Hoddesdon	26.09		L 6	Libby Whiting	12	Linslade	1:27.44
	L 5	Mason Allen	15	Basildon Ph	26.09	H 2	L 0	Connie Ratley	13	S9 Maldon Shark	1:26.62
	L 6	Josh Martin	15	Co Peterboro	26.10		L 1	Isla Black	12	Co St Albans	1:25.70
	L 7	Henri Dyke	16	Norwich Swan	26.15		L 2	Selina Green	12	St Felix Sch	1:25.47
	L 8	George De Voogt	15	Leighton Buz	26.20		L 3	Ella Edwards	12	Basildon Ph	1:24.50
	L 9	Alfie Francis	16	Colchester	26.20		L 4	Oraphin Vandermeer	12	Co Cambridge	1:22.35
H 16	L 0	Charlie King	18	Co St Albans	26.02		L 5	Charlotte Pound	12	Putteridge	1:23.70
	L 1	Isaac Moon	18	Flitwick	26.00		L 6	Sophie Stelmach	12	Stevenage	1:25.42
	L 2	Joseph Quelch	19	Harlow Pen	25.98		L 7	Gabriella Meyer	12	Chelmsford	1:25.53
	L 3	Thomas Hamilton	20	Royston	25.90		L 8	Eva Howlett	12	Team Waveney	1:26.21
	L 4	Arvin Rodriguez	17	Co St Albans	25.80		L 9	Emilia Johnson	12	St Felix Sch	1:26.74
	L 5	William Loveman	21	Co St Albans	25.80	H 3	L 0	Emily Gray	12	Hatfield	1:21.81
	L 6	Joseph Guild	18	Colchester	25.90		L 1	Ever Ives	12	Hatfield	1:20.21
	L 7	Olly Carpenter	16	Hemel Hemp	25.98		L 2	Jazmin Tolman Wright	13	Co Norwich	1:20.00
	L 8	George Wallace	16	Colchester	26.00		L 3	Chloe Barnard	12	Basildon Ph	1:19.40
	L 9	Matthew Debenham	17	teamipswich	26.08		L 4	Hollie Heighes	13	Bishop Stort	1:18.98
H 17	L 0	Daryl Rands	24	Colchester	25.70		L 5	Gabrielle Cornish	13	Colchester	1:19.10
	L 1	Jack Pallant	17	Team Waveney	25.60		L 6	Sophie Palmer	12	Basildon Ph	1:19.80
	L 2	Guy Muncer	19	Co St Albans	25.50		L 7	Lily Farr	13	Flitwick	1:20.05
	L 3	Noah Jameson Neal	17	Basildon Ph	25.40		L 8	Grace Robinson	12	Putteridge	1:20.90
	L 4	Charlie Barrett	20	Co Norwich	25.40		L 9	Emilia Rayner	12	Halstead	1:21.84
	L 5	Connor Walker	17	Co Peterboro	25.40						
	L 6	Lewis Shayler	18	Watford SC	25.45						
	L 7	Thomas Ball	17	West Norfolk	25.50						
	L 8	Robert Addis	17	West Norfolk	25.60						
	L 9	Matthew Baker	15	West Suffolk	25.71						

Start List

H 4	L 0	Ellie Smith	13	Co Norwich	1:18.81	H 11	L 0	Lily Macdonald	16	Co Norwich	1:09.50
	L 1	Olivia Mahoney	13	Co Peterboro	1:18.65		L 1	Sophie Quinton	17	Deben	1:09.32
	L 2	Lexi Harrison	13	Co Ely	1:18.60		L 2	Megan Donovan	14	Co Peterboro	1:09.16
	L 3	Maria Stanciu	13	Chelmsford	1:18.46		L 3	Francesca Low	16	Chelmsford	1:09.03
	L 4	Ava Wilson	13	New Hall	1:17.90		L 4	Amara Addison	14	Norwich Swan	1:08.78
	L 5	Clementine Lovell	12	teamipswich	1:17.97		L 5	Charlotte Smith	14	Norwich Swan	1:08.84
	L 6	Ella Dawson	13	Chelmsford	1:18.47		L 6	Emily Cutting	16	West Suffolk	1:09.05
	L 7	Nicole Maynard	12	Basildon Ph	1:18.60		L 7	Charlotte White	16	West Suffolk	1:09.19
	L 8	Isabella Peccei	13	Watford SC	1:18.74		L 8	Cerys Williams	17	West Suffolk	1:09.42
	L 9	Jemma Robertson	13	Stevenage	1:18.89		L 9	Madelyn Latimer-Hicks	17	St Felix Sch	1:09.61
H 5	L 0	Elizabeth Swaby	12	Basildon Ph	1:17.70	H 12	L 0	Jessica Kefford	17	Dunstable	1:08.50
	L 1	Lucy Calver	13	Hitchin	1:16.76		L 1	Charlotte Harris	18	Maldon Shark	1:07.96
	L 2	Darcy Gladwell	13	teamipswich	1:16.21		L 2	Charlotte Williams	15	Hatfield	1:07.79
	L 3	Adrija Raudonyte	13	Newmarket	1:15.58		L 3	Connie Davies	15	Deben	1:07.70
	L 4	Sophie O'Rorke	14	Chelmsford	1:15.20		L 4	Rebecca Smith	18	Norwich Swan	1:07.63
	L 5	Lexie O'Connor	14	Basildon Ph	1:15.40		L 5	Kaia Phillips	15	Bishop Stort	1:07.67
	L 6	Katerina Di Maria	13	Co Norwich	1:16.10		L 6	Isabel Wainwright	18	Modernian	1:07.78
	L 7	Isabel Baddeley	13	teamipswich	1:16.29		L 7	Molly Redgrave	17	Colchester	1:07.95
	L 8	Ella Coombes	13	Basildon Ph	1:16.82		L 8	Ciara Gill-Ryan	19	Newmarket	1:08.27
	L 9	Sienna Gilman	12	Norwich Swan	1:17.70		L 9	Emma Craig	17	Harpenden	1:08.61
H 6	L 0	Lyla Howard	14	Team Luton	1:15.00	H 13	L 0	Ellie Wheeler	19	Basildon Ph	1:07.22
	L 1	Amelia Speechley	14	Co Cambridge	1:14.54		L 1	Emily Lush	19	Hatfield	1:07.10
	L 2	Clara Foster	14	Linslade	1:14.17		L 2	Leah Wightman	16	West Norfolk	1:06.89
	L 3	Georgia Holgate	14	Co Cambridge	1:13.69		L 3	Charley Joyce	16	Epping For't	1:06.77
	L 4	Elsie Pooley	15	West Suffolk	1:13.24		L 4	Katie Andrews	17	Norwich Swan	1:06.24
	L 5	Macey Watkins	14	Colchester	1:13.32		L 5	Harriet Clements	17	Watford SC	1:06.54
	L 6	Danielle Hartin	19	S14 Basildon Ph	1:13.90		L 6	Hannah Willis	16	Co Peterboro	1:06.82
	L 7	Vasilisa Shampanova	14	Co Cambridge	1:14.18		L 7	Tia Gardiner	19	Basildon Ph	1:07.04
	L 8	Gracie Parker	13	Basildon Ph	1:14.80		L 8	Helena Hall	16	Deben	1:07.13
	L 9	Maya Shackell	14	Watford SC	1:15.13		L 9	Eleanor King	21	Team Luton	1:07.24
H 7	L 0	Elena Bello	15	Co Cambridge	1:13.09	H 14	L 0	Matilda Bogle	15	teamipswich	1:05.46
	L 1	Tigerlily Donald	13	Co St Albans	1:13.07		L 1	Erin Yeomanson	18	teamipswich	1:04.51
	L 2	Gracie Comitti	14	Basildon Ph	1:13.00		L 2	Grace Waller	17	Basildon Ph	1:04.32
	L 3	Victoria Daley	14	Watford SC	1:12.80		L 3	Abbie Low	19	Chelmsford	1:04.07
	L 4	Lilia Clarkson	14	St Felix Sch	1:12.51		L 4	Niamh James	20	Bishop Stort	1:03.72
	L 5	Zoe Quarman	15	Leighton Buz	1:12.79		L 5	Megan Pye	19	Co Norwich	1:03.80
	L 6	Keziah Cornish	15	Colchester	1:12.81		L 6	Gracie Kay	18	Co Cambridge	1:04.27
	L 7	Bethany Hamer	14	Linslade	1:13.03		L 7	Lauren Stott	19	Hatfield	1:04.45
	L 8	Thea Patel	14	Hatfield	1:13.07		L 8	Ella Turner	16	Basildon Ph	1:04.94
	L 9	Mabel Gigg	14	Co Norwich	1:13.20		L 9	Jessica Keogh	17	Hatfield	1:06.15
H 8	L 0	Niamh O'Meara	15	Watford SC	1:12.26						
	L 1	Cait Cotter	14	Chelmsford	1:12.00						
	L 2	Sophie Dowding	14	teamipswich	1:11.74						
	L 3	Elise Delapperall	15	Thurrock	1:11.27						
	L 4	Amy Harper	14	Watford SC	1:11.13						
	L 5	Esme Springham	16	Deben	1:11.13						
	L 6	Brianna Hansen-Hoare	14	Harlow Pen	1:11.50						
	L 7	Ella Stone	15	Biggleswade	1:11.88						
	L 8	Sophia Pickering	14	Co Norwich	1:12.21						
	L 9	Esme Gilbert	14	Co Peterboro	1:12.33						
H 9	L 0	Anna Fallon	18	Team Luton	1:11.09						
	L 1	Madison Gilman	18	Norwich Swan	1:11.00						
	L 2	Georgina Knatchbull	17	Leighton Buz	1:10.88						
	L 3	Lauren Young	18	Flitwick	1:10.65						
	L 4	Rebecca Knibb	18	Linslade	1:10.48						
	L 5	Eloise Cole	13	Modernian	1:10.50						
	L 6	Daisy Manning	13	Basildon Ph	1:10.69						
	L 7	Orla Kenny	16	Co Cambridge	1:10.89						
	L 8	Isabella O'Leary	15	Hemel Hemp	1:11.09						
	L 9	Francesca Peccei	18	Watford SC	1:11.11						
H 10	L 0	Alexa Mann	15	Basildon Ph	1:10.40						
	L 1	Romilly Marks	15	Newmarket	1:10.31						
	L 2	Greta Goddard	15	Colchester	1:10.22						
	L 3	Isla Winslow	16	Norwich Swan	1:09.85						
	L 4	Holly Driver	16	St Felix Sch	1:09.77						
	L 5	Amelie Crabb	14	teamipswich	1:09.78						
	L 6	Morgan Allan	18	Modernian	1:10.02						
	L 7	Lucy Young	16	Modernian	1:10.29						
	L 8	Ruby Greenhalf	16	Co Norwich	1:10.40						
	L 9	Caitlin Hine	18	Watford SC	1:10.43						

Start List

<b>Event 434 Men 12 Yrs/Over 200m Backstroke</b>											
H 1	L 2	Csanad Rehus	12	Co Peterboro	2:56.92	H 8	L 0	Joseph Wells	22	West Norfolk	2:14.03
	L 3	Finlay Roberts	12	Witham Dolph	2:53.10		L 1	Thomas Belcher	18	Modernian	2:11.32
	L 4	Jamie Comitti	12	Basildon Ph	2:52.20		L 2	Jack Skerry	17	New Hall	2:08.10
	L 5	Adam O'Neal	13	Modernian	2:53.08		L 3	Matthew Wright	23	Team Luton	2:07.40
	L 6	Zak Fellows	12	Cheshunt	2:53.81		L 4	Myles Turner	21	West Suffolk	2:03.61
	L 7	Frank Jacob	12	Co Cambridge	2:58.55		L 5	Nathan Wells	23	West Norfolk	2:04.10
H 2	L 0	Rufus Bennett	13	Co Peterboro	2:51.57		L 6	Jack Sangster	20	Modernian	2:07.71
	L 1	Harrison Waller	12	Southend	2:51.00		L 7	Ben Woodhouse	18	Norwich Swan	2:09.79
	L 2	Amir Olalekan	12	Thurrock	2:50.20		L 8	Jude Hills	16	Thurrock	2:12.46
	L 3	Ben Humphries	13	Maldon Shark	2:48.68		L 9	Joseph McGillivray	16	Co Norwich	2:14.11
	L 4	Ethan Thorpe	12	Basildon Ph	2:48.40						
	L 5	Massimo Girolami	13	Colchester	2:48.60						
	L 6	Toby Lashmar	12	Basildon Ph	2:49.57						
	L 7	Jamie Wilson	12	Wisbech	2:50.77						
	L 8	Marton Molnar	12	Co Cambridge	2:51.41						
	L 9	Olly Fenwick	12	Verulam	2:51.79						
H 3	L 0	James Gibson	13	Hemel Hemp	2:47.50						
	L 1	Oliver Baskerville	13	Hatfield	2:44.34						
	L 2	Albert Orley	13	Braintree	2:40.80						
	L 3	Alex Harrop	13	teamipswich	2:39.40						
	L 4	Jack Osborne	14	Deben	2:36.87						
	L 5	Patch Robinson	14	teamipswich	2:37.02						
	L 6	Finley Blackman	14	Biggleswade	2:40.27						
	L 7	Sean Connolly	13	Epping For't	2:41.52						
	L 8	Evan Larthe	12	Southend	2:46.80						
	L 9	Henry Mann	13	Norwich Swan	2:48.20						
H 4	L 0	Ryan Close	13	Biggleswade	2:35.02						
	L 1	Edward Ormsby	14	Co Cambridge	2:33.28						
	L 2	Kevin Moldovan	14	Harlow Pen	2:32.68						
	L 3	Jake Moore	15	Potters Bar	2:31.29						
	L 4	Castle Galindez	14	Co Norwich	2:30.86						
	L 5	Zak Troman	14	Colchester	2:31.20						
	L 6	Fynley Blake	15	teamipswich	2:31.51						
	L 7	Lucas Hartley	14	Hatfield	2:32.99						
	L 8	Reuben Alty	13	teamipswich	2:34.53						
	L 9	Louis Allen	13	Basildon Ph	2:36.40						
H 5	L 0	Ben Howlett	14	teamipswich	2:30.48						
	L 1	Ashton Redhead	14	teamipswich	2:28.70						
	L 2	Daniel Lewis	15	New Hall	2:26.00						
	L 3	Menuka Jayakody	15	Norwich Swan	2:23.98						
	L 4	William Presland	16	Bushey	2:23.56						
	L 5	Daniel Ord	16	Watford SC	2:23.96						
	L 6	Ryan Wall	14	Co Cambridge	2:25.81						
	L 7	Maximilian Veiga	14	Co Cambridge	2:28.30						
	L 8	Janos Kadar	14	Co Cambridge	2:29.45						
	L 9	Sandijs Cecins	14	Colchester	2:30.61						
H 6	L 0	Jago Derrington	15	Bishop Stort	2:23.06						
	L 1	Max Arnold	15	Harlow Pen	2:21.87						
	L 2	Joseph Kenny	16	Leiston	2:21.46						
	L 3	Oliver Frame	16	Modernian	2:21.30						
	L 4	Arvin Rodriguez	17	Co St Albans	2:20.38						
	L 5	Billy Knibb	16	Linslade	2:21.11						
	L 6	Ethan Martin	16	Thurrock	2:21.44						
	L 7	Mark Milburn	16	Colchester	2:21.50						
	L 8	Luke Flynn	16	Watford SC	2:21.96						
	L 9	Jacob Kitching	16	Chelmsford	2:23.19						
H 7	L 0	Matthew Baker	15	West Suffolk	2:19.71						
	L 1	Daniel Dixon	16	Basildon Ph	2:18.64						
	L 2	Fabian Brudnicki	17	Co Peterboro	2:17.80						
	L 3	Jenson Hurrell	16	Thurrock	2:16.73						
	L 4	Matthew Tatum	20	Diss Otters	2:15.35						
	L 5	Nikita Charykin	15	Thurrock	2:15.80						
	L 6	Connor Walker	17	Co Peterboro	2:17.59						
	L 7	Tobias Oglesby	17	West Norfolk	2:18.54						
	L 8	Matthew Monie	16	Co Cambridge	2:19.46						
	L 9	Kieran Birkett	16	Co St Albans	2:19.82						