

Start List

Event 421 Women 12 Yrs/Over 200m IM				
H 1	L 3	Emilia Johnson	12	St Felix Sch 3:09.49
	L 4	Sophie Stelmach	12	Stevenage 3:06.28
	L 5	Eva Howlett	12	Team Waveney 3:09.21
H 2	L 0	Sienna Gilman	12	Norwich Swan 3:04.80
	L 1	Grace Robinson	12	Putteridge 3:02.50
	L 2	Clementine Lovell	12	teamipswich 2:55.36
	L 3	Chloe Barnard	12	Basildon Ph 2:51.90
	L 4	Ever Ives	12	Hatfield 2:51.10
	L 5	Ella Dawson	13	Chelmsford 2:51.14
	L 6	Nicole Maynard	12	Basildon Ph 2:51.95
	L 7	Oraphin Vandermeer	12	Co Cambridge 2:57.00
	L 8	Briar Price	12	Putteridge 3:03.30
H 3	L 0	Sophie Palmer	12	Basildon Ph 2:50.60
	L 1	Annie McLeod	13	Putteridge 2:49.00
	L 2	Isabella Peccei	13	Watford SC 2:47.64
	L 3	Darcy Gladwell	13	teamipswich 2:46.60
	L 4	Elizabeth Swaby	12	Basildon Ph 2:46.55
	L 5	Maria Stanciu	13	Chelmsford 2:46.60
	L 6	Eloise Cole	13	Modernian 2:47.59
	L 7	Ella Greatbatch	13	Bishop Stort 2:48.80
	L 8	Ella Edwards	12	Basildon Ph 2:49.40
	L 9	K Sutika-Totlebena	13	West Norfolk 2:51.10
H 4	L 0	Olivia Mahoney	13	Co Peterboro 2:46.26
	L 1	Isla Hamilton	13	Norwich Swan 2:43.48
	L 2	Lexie O'Connor	14	Basildon Ph 2:40.60
	L 3	Sadie Rowe	14	Colchester 2:39.78
	L 4	Megan Donovan	14	Co Peterboro 2:39.50
	L 5	Amy Harper	14	Watford SC 2:39.50
	L 6	Amara Addison	14	Norwich Swan 2:40.31
	L 7	Jessica Medlicott	14	Dunstable 2:40.84
	L 8	Ava Wilson	13	New Hall 2:45.44
	L 9	Tigerlily Donald	13	Co St Albans 2:46.46
H 5	L 0	Charlotte Shaw	14	Co Peterboro 2:38.85
	L 1	Sophie Dowding	14	teamipswich 2:37.53
	L 2	Danielle Hartin	19	SM14 Basildon 2:36.59
Ph	L 3	Gracie Parker	13	Basildon Ph 2:36.39
	L 4	Elise Delapperall	15	Thurrock 2:35.59
	L 5	Alexa Mann	15	Basildon Ph 2:36.34
	L 6	Daisy Manning	13	Basildon Ph 2:36.40
	L 7	Romilly Marks	15	Newmarket 2:36.81
	L 8	Lisa Leinemann	14	Chelmsford 2:37.86
	L 9	Victoria Daley	14	Watford SC 2:38.97
H 6	L 0	Kirsty Neill	14	Bishop Stort 2:34.78
	L 1	Grace Greenhalf	14	Co Norwich 2:33.88
	L 2	Elijah Britton	15	St Felix Sch 2:32.80
	L 3	Ella Stone	15	Biggleswade 2:32.33
	L 4	Kaia Phillips	15	Bishop Stort 2:32.30
	L 5	Lily Macdonald	16	Co Norwich 2:32.30
	L 6	Mia Lowe	14	Basildon Ph 2:32.50
	L 7	Skye Carter	14	Basildon Ph 2:33.20
	L 8	Charlotte Smith	14	Norwich Swan 2:34.06
	L 9	Gracie Comitti	14	Basildon Ph 2:35.50
H 7	L 0	Cait Cotter	14	Chelmsford 2:31.70
	L 1	Rhianne Carrick	17	Dunstable 2:31.57
	L 2	Isabella Chapman	17	Harpenden 2:31.51
	L 3	Lucy King	18	Hitchin 2:31.27
	L 4	Macy Dexter	15	Co Cambridge 2:31.03
	L 5	Georgina Knatchbull	17	Leighton Buz 2:31.12
	L 6	Charlotte Williams	15	Hatfield 2:31.41
	L 7	Laura Snelham	17	St Felix Sch 2:31.54
	L 8	Molly Redgrave	17	Colchester 2:31.65
	L 9	Holly Driver	16	St Felix Sch 2:32.05
H 8	L 0	Katie Maloney	24	Co Norwich 2:30.94
	L 1	Francesca Key	16	Thurrock 2:30.62
	L 2	Olivia Newman-Baronius	15	Putteridge 2:29.90
	L 3	Chloe Skelt	16	Chelmsford 2:29.30
	L 4	Ruby Greenhalf	16	Co Norwich 2:27.60
	L 5	Aoife Marley	19	Witham Dolph 2:28.29
	L 6	Hannah Willis	16	Co Peterboro 2:29.57
	L 7	Lucy Young	16	Modernian 2:30.55
	L 8	Ella Turner	16	Basildon Ph 2:30.66
	L 9	Madelyn Latimer-Hicks	17	St Felix Sch 2:30.97
H 9	L 0	Harriet Salisbury	17	Co Peterboro 2:27.01
	L 1	Ciara Wookey	17	Colchester 2:26.05
	L 2	Matilda Bogle	15	teamipswich 2:25.82
	L 3	Sacha Thomas	18	Co Norwich 2:25.60
	L 4	Zara Keegan	19	Co Cambridge 2:25.15
	L 5	Beth Dennis	18	Co Peterboro 2:25.18
	L 6	Olivia Lee	17	Co Peterboro 2:25.71
	L 7	May Bradburn	17	Basildon Ph 2:25.85
	L 8	Katie Andrews	17	Norwich Swan 2:27.00
	L 9	Sophie Payne	19	Hatfield 2:27.26
H 10	L 0	Megan Pye	19	Co Norwich 2:24.90
	L 1	Erin O'Meara	18	Co St Albans 2:24.40
	L 2	Louise Fiddes	20	Hatfield 2:23.30
	L 3	Ruby Wheeler	15	Basildon Ph 2:21.90
	L 4	Ellie Wheeler	19	Basildon Ph 2:17.54
	L 5	Sara Kalawska	18	Hatfield 2:19.87
	L 6	Niamh James	20	Bishop Stort 2:22.15
	L 7	Matilda Ransome	15	Co Cambridge 2:24.08
	L 8	Charlotte White	16	West Suffolk 2:24.60
	L 9	Holly Lamb	16	Basildon Ph 2:24.92
Event 422 Men 12 Yrs/Over 100m Freestyle				
H 1	L 3	Ethan David-Tostevin	12	Bishop Stort 1:15.49
	L 4	Jeremy Godwin	12	Thurrock 1:15.38
	L 5	Harry Bird	12	Putteridge 1:15.40
H 2	L 1	Daniel Dutson	12	Co Norwich 1:14.90
	L 2	Emmanuel Kolobius	12	Team Luton 1:14.60
	L 3	Frank Jacob	12	Co Cambridge 1:14.03
	L 4	Jack Beer	12	Linslade 1:13.70
	L 5	Daniel De Filippo	12	Flitwick 1:13.80
	L 6	Harry Phelan	12	Basildon Ph 1:14.30
	L 7	Cooper Smith	12	Harlow Pen 1:14.80
	L 8	Olly Fenwick	12	Verulam 1:15.12
H 3	L 0	Toby Lashmar	12	Basildon Ph 1:13.11
	L 1	Jamie Wilson	12	Wisbech 1:12.58
	L 2	Parker Brewster	12	Harpenden 1:10.78
	L 3	Lewis Masson	13	Linslade 1:10.50
	L 4	Osehon Ojikhudu	12	Thurrock 1:10.50
	L 5	Adam O'Neal	13	Modernian 1:10.50
	L 6	Louis Robson	12	Co St Albans 1:10.76
	L 7	Evan Larthe	12	Southend 1:11.50
	L 8	Csanad Rehus	12	Co Peterboro 1:12.73
	L 9	Will Riley	12	teamipswich 1:13.25
H 4	L 0	Ethan Thorpe	12	Basildon Ph 1:10.32
	L 1	Oscar Hunter	12	Norwich Swan 1:10.00
	L 2	Leo Suo-Saunders	13	Bishop Stort 1:09.80
	L 3	Ben Humphries	13	Maldon Shark 1:09.71
	L 4	Jude Gunner	12	St Felix Sch 1:09.35
	L 5	Daniel Belsey	13	Hatfield 1:09.43
	L 6	Amir Olalekan	12	Thurrock 1:09.74
	L 7	Orlando Dearing	13	Co Peterboro 1:09.88
	L 8	Finlay Neve	13	Diss Otters 1:10.30
	L 9	Jamie Pennington	13	teamipswich 1:10.46

Start List

H 5	L 0	Albert Orley	13	Braintree	1:09.03	H 12	L 0	Nathanial Mapley	15	Co St Albans	57.93
	L 1	Corey Huckstep	13	West Suffolk	1:08.47		L 1	Daniel Clayton	15	teamipswich	57.90
	L 2	Joshua Sackree	13	Co Peterboro	1:08.30		L 2	Luke Flynn	16	Watford SC	57.75
	L 3	Harry Alexander	13	teamipswich	1:08.02		L 3	Elliot Gladwell	16	teamipswich	57.66
	L 4	Ryan Close	13	Biggleswade	1:07.60		L 4	Olly Carpenter	16	Hemel Hemp	57.56
	L 5	Joshua Parker	12	Braintree	1:07.80		L 5	Maddox Roberts	15	Witham Dolph	57.60
	L 6	Massimo Girolami	13	Colchester	1:08.10		L 6	Alfie Francis	16	Colchester	57.70
	L 7	Sean Connolly	13	Epping For't	1:08.39		L 7	Josh Martin	15	Co Peterboro	57.81
	L 8	Robert Fenner	13	Basildon Ph	1:09.00		L 8	Nathan Close	15	Biggleswade	57.90
	L 9	Remi-Maysen Keane	13	Bo Southend	1:09.06		L 9	Daniel Parker	15	Braintree	58.00
H 6	L 0	Louis Allen	13	Basildon Ph	1:07.20	H 13	L 0	Joseph McGillivray	16	Co Norwich	57.23
	L 1	Ben Every	13	St Felix Sch	1:06.70		L 1	Jimmy Taylor	17	Thurrock	56.90
	L 2	Kevin Moghina	13	Thurrock	1:05.90		L 2	George King	17	West Suffolk	56.81
	L 3	Harrison Shaw	14	Flitwick	1:05.50		L 3	Arvin Rodriguez	17	Co St Albans	56.78
	L 4	Edward Ormsby	14	Co Cambridge	1:05.43		L 4	Thomas Ball	17	West Norfolk	56.20
	L 5	Kevin Moldovan	14	Harlow Pen	1:05.50		L 5	George Whiteman	17	Co Peterboro	56.41
	L 6	Edward Cook	14	Leighton Buz	1:05.50		L 6	Max Arnold	15	Harlow Pen	56.80
	L 7	Hugo Raubitschek-Smith	13	Hatfield	1:06.07		L 7	Charlie Summer	16	Dereham	56.90
	L 8	Ollie O'Connor	13	Putteridge	1:06.80		L 8	Jacob Kitching	16	Chelmsford	57.20
	L 9	Jamie Comitti	12	Basildon Ph	1:07.35		L 9	Matthew Debenham	17	teamipswich	57.26
H 7	L 0	Simon Feise	14	Basildon Ph	1:05.27	H 14	L 0	William Handley	19	Stowmarket	56.16
	L 1	James Baker	14	Brentwood	1:04.60		L 1	Sam Mead	19	Linslade	55.93
	L 2	Joshua Shepherd	13	Thurrock	1:04.40		L 2	Morgan Foster	18	Braintree	55.80
	L 3	Jack Osborne	14	Deben	1:04.11		L 3	Guy Muncer	19	Co St Albans	55.77
	L 4	Joe Power	14	Basildon Ph	1:03.86		L 4	Matthew Baker	15	West Suffolk	55.64
	L 5	Alexander Cheeseright	14	Biggleswade	1:03.92		L 5	Thomas Belcher	18	Modernian	55.74
	L 6	Ashton Redhead	14	teamipswich	1:04.28		L 6	Euan Higgs	17	Basildon Ph	55.78
	L 7	Milo Milton	14	Co Norwich	1:04.50		L 7	Robert Addis	17	West Norfolk	55.90
	L 8	Ben Howlett	14	teamipswich	1:05.07		L 8	Daryl Rands	24	Colchester	56.00
	L 9	Isaac Farrugia	14	Basildon Ph	1:05.30		L 9	Ethan Martin	16	Thurrock	56.20
H 8	L 0	Alex Harrop	13	teamipswich	1:03.60	H 15	L 0	Thomas Page	17	West Suffolk	55.60
	L 1	Lewis Andrews	14	Norwich Swan	1:03.55		L 1	B Ditchfield-Watkins	18	Leighton Buz	55.50
	L 2	Ross De Wildt	13	Co Cambridge	1:03.50		L 2	Oliver Kimber	19	Co Norwich	55.30
	L 3	Rio Rogers	17	S14 Basildon Ph	1:03.02		L 3	Joseph Coldwell	19	Watford SC	55.06
	L 4	Patch Robinson	14	teamipswich	1:02.85		L 4	Olivier Vedrenne	16	Co Norwich	55.00
	L 5	Reuben Alty	13	teamipswich	1:03.00		L 5	William Ellard	15	St Felix Sch	55.00
	L 6	Maximilian Veiga	14	Co Cambridge	1:03.22		L 6	Charlie Barrett	20	Co Norwich	55.24
	L 7	Zak Troman	14	Colchester	1:03.50		L 7	Callum Davis	21	Bishop Stort	55.35
	L 8	Sandijs Cecins	14	Colchester	1:03.60		L 8	Lewis Chapman	20	Stowmarket	55.58
	L 9	Rory Wilde	14	Chelmsford	1:03.80		L 9	Jack Pallant	17	Team Waveney	55.64
H 9	L 0	Jacob Lowe	14	March	1:02.71	H 16	L 0	Naythan Aung	17	Colchester	54.95
	L 1	Daniel Boboye	14	Thurrock	1:02.60		L 1	Thomas Grieve	21	Co Cambridge	54.62
	L 2	Ryan Wall	14	Co Cambridge	1:01.90		L 2	Joe Cooper	17	teamipswich	54.39
	L 3	Archie Chamberlain	15	West Suffolk	1:01.08		L 3	Fabian Brudnicki	17	Co Peterboro	54.05
	L 4	Jack Juggins	15	Team Luton	1:00.70		L 4	Joseph Wells	22	West Norfolk	53.90
	L 5	Oliver Blight	15	Hatfield	1:00.99		L 5	Jack Sangster	20	Modernian	53.99
	L 6	Zac Stacey	14	Hoddesdon	1:01.60		L 6	Harry Saunders	19	Newmarket	54.30
	L 7	Lucas Hartley	14	Hatfield	1:02.50		L 7	Benjamin Green	17	Watford SC	54.60
	L 8	Finlay Arnup	14	Norwich Swan	1:02.70		L 8	Noah Jameson Neal	17	Basildon Ph	54.70
	L 9	Daniel Meier	14	Modernian	1:02.82		L 9	Jude Hills	16	Thurrock	55.00
H 10	L 0	Roan Brennan	15	S9 Basildon Ph	1:00.40	H 17	L 0	Harry Jones	21	Co Norwich	53.60
	L 1	Atikan To	15	Ware	1:00.35		L 1	Rhys Davidson	17	Team Luton	53.21
	L 2	Callum Cox	15	Bishop Stort	59.90		L 2	Sam Townsend	17	Biggleswade	53.10
	L 3	Samuel Walsh	15	Witham Dolph	59.55		L 3	Jack Skerry	17	New Hall	53.00
	L 4	Louis James	15	Norwich Swan	59.10		L 4	Ashley Coombs	20	Bushey	52.90
	L 5	Jack Macdonald	15	Putteridge	59.50		L 5	Lucas Dyson-Diaz	21	Hatfield	52.91
	L 6	Jamie Joshua	15	Hatfield	59.80		L 6	Charles Whyte	20	West Suffolk	53.06
	L 7	Joe Flowers	15	St Felix Sch	59.96		L 7	Thomas Cadenhead	19	Co St Albans	53.20
	L 8	Daniel Kendall	15	Co Ely	1:00.39		L 8	Damon Elliott	17	DunmowAtlant	53.40
	L 9	Colin Peden	15	Saffron Wald	1:00.60		L 9	Myles Turner	21	West Suffolk	53.85
H 11	L 0	Thomas Bale	16	Halstead	58.80	H 18	L 0	James Speers	18	Basildon Ph	52.34
	L 1	Riley Bashford	15	Deben	58.71		L 1	Nathan Wells	23	West Norfolk	52.10
	L 2	Nikita Charykin	15	Thurrock	58.50		L 2	Joshua Fowles	22	Colchester	51.90
	L 3	James Cowdrey	16	Basildon Ph	58.34		L 3	Matthew Wright	23	Team Luton	51.10
	L 4	George Wallace	16	Colchester	58.16		L 4	Reese Housden	19	Hemel Hemp	50.60
	L 5	Joseph Kenny	16	Leiston	58.26		L 5	Michael Klimaszewski	17	Hatfield	51.00
	L 6	Jenson Hurrell	16	Thurrock	58.43		L 6	Sebastian Vandermeer	18	Co Cambridge	51.90
	L 7	George De Voogt	15	Leighton Buz	58.60		L 7	Ben Blowers	19	Co Norwich	52.10
	L 8	Mason Allen	15	Basildon Ph	58.73		L 8	Callum Wollaston	20	Co St Albans	52.30
	L 9	Ryan Crouch	27	S9 teamipswich	59.00		L 9	Joseph Grice	18	Leighton Buz	52.80

Start List

Event 423 Women 12 Yrs/Over 50m Breaststroke				
H 1	L 3	Libby Whiting	12	Linslade 46.70
	L 4	Briar Price	12	Putteridge 46.50
	L 5	Isobel White	12	Biggleswade 46.60
H 2	L 0	Sofia Andre-Barrett	12	Co Cambridge 46.40
	L 1	Emily Clarke	12	Potters Bar 45.86
	L 2	Holly Underdown	12	Braintree 45.80
	L 3	Grace Robinson	12	Putteridge 45.20
	L 4	Alice Azzopardi	12	Co St Albans 44.64
	L 5	Millie Al-Ali	12	Modernian 44.80
	L 6	M Tramontano Wells	12	Hertford 45.67
	L 7	Ella Deaton	12	Newmarket 45.80
	L 8	V Davies-Haywood	12	Co Norwich 45.90
H 3	L 0	Elizabeth Swaby	12	Basildon Ph 44.19
	L 1	Ruby Rowland	12	Gt Yarmouth 43.10
	L 2	Ever Ives	12	Hatfield 42.29
	L 3	Kesia Crees	13	Basildon Ph 41.60
	L 4	Eloise Cole	13	Modernian 41.40
	L 5	Jasmine Carter	12	Basildon Ph 41.50
	L 6	Jemima Kimber	13	Linslade 42.03
	L 7	Emily Gray	12	Hatfield 42.95
	L 8	Emilia Johnson	12	St Felix Sch 43.79
	L 9	Hannah Pye	12	F S Godmanc 44.28
H 4	L 0	Evie Armstrong	13	teamipswich 41.00
	L 1	Clementine Lovell	12	teamipswich 40.87
	L 2	Oraphin Vandermeer	12	Co Cambridge 40.73
	L 3	K Sutika-Totlebena	13	West Norfolk 40.20
	L 4	Angelica Lazauskaite	13	Watford SC 40.08
	L 5	Annie McLeod	13	Putteridge 40.20
	L 6	Ella Dawson	13	Chelmsford 40.70
	L 7	Nwando Ifeacho	13	Modernian 40.80
	L 8	Lexi Harrison	13	Co Ely 40.92
	L 9	Isabel Baddeley	13	teamipswich 41.25
H 5	L 0	Annabel Nichols	13	Leiston 39.65
	L 1	Ellie Smith	13	Co Norwich 39.30
	L 2	Beatrix Baldwin	14	Norwich Swan 39.20
	L 3	Hollie Heighes	13	Bishop Stort 39.10
	L 4	Megan Barker	14	West Suffolk 39.07
	L 5	Jennifer Davis	14	Dunstable 39.10
	L 6	Georgina Evans	14	Co Norwich 39.20
	L 7	Amelia Speechley	14	Co Cambridge 39.29
	L 8	Ella Edwards	12	Basildon Ph 39.30
	L 9	Janhavi Janhavi	13	Watford SC 40.04
H 6	L 0	Clara Foster	14	Linslade 38.80
	L 1	Amelie Crabb	14	teamipswich 38.60
	L 2	Caitlyn Kean	14	Team Luton 38.50
	L 3	Ella Greatbatch	13	Bishop Stort 38.20
	L 4	Amelia Porzio	13	Putteridge 37.90
	L 5	Amelia Murphy	14	Chelmsford 38.00
	L 6	Lara Treharne	14	Co Peterboro 38.31
	L 7	Olivia Skittrell	14	West Norfolk 38.60
	L 8	S Harrison-Mirauer	14	Hatfield 38.65
	L 9	Vasilisa Shampanova	14	Co Cambridge 38.88
H 7	L 0	Hollie Hawkins	14	Basildon Ph 37.70
	L 1	Cailin Walker	18	Harlow Pen 37.45
	L 2	Sophie Sparkes	16	Norwich Swan 37.40
	L 3	Zoe Quarman	15	Leighton Buz 37.40
	L 4	Niamh Kelly	17	Hatfield 37.31
	L 5	Ava Wilson	13	New Hall 37.40
	L 6	Evie Jamieson	15	Harlow Pen 37.40
	L 7	Sophie Jenkinson	16	Basildon Ph 37.42
	L 8	Lexie O'Connor	14	Basildon Ph 37.50
	L 9	Mabel Gigg	14	Co Norwich 37.90
H 8	L 0	Alice Longman	14	Bishop Stort 37.25
	L 1	Isla Hamilton	13	Norwich Swan 37.20
	L 2	Jessica Warne	16	Watford SC 37.20
	L 3	Lucy King	18	Hitchin 37.15
	L 4	Madeline Pawle	15	Leiston 37.10
	L 5	Jasmine Shaw	14	Witham Dolph 37.10
	L 6	Ellie Burwood	15	St Felix Sch 37.16
	L 7	Rhianne Carrick	17	Dunstable 37.20
	L 8	Molly Grieve	16	Colchester 37.24
	L 9	Jessica Sanford	16	Norwich Swan 37.30
H 9	L 0	Kirsty Neill	14	Bishop Stort 37.00
	L 1	Lauren Gore	15	Bishop Stort 36.91
	L 2	Sarah McNally	17	Deben 36.75
	L 3	Gracie Parker	13	Basildon Ph 36.66
	L 4	Grace Greenhalf	14	Co Norwich 36.50
	L 5	Jasmine Bale	15	Halstead 36.60
	L 6	Laura Alexander-High	15	teamipswich 36.70
	L 7	Eloisa Miller	16	Flitwick 36.90
	L 8	Alexa Mann	15	Basildon Ph 36.97
	L 9	Lily Chapman	18	Norwich Swan 37.00
H 10	L 0	Sadie Rowe	14	Colchester 36.40
	L 1	Elijah Britton	15	St Felix Sch 36.30
	L 2	Eleni Zorn	15	Putteridge 36.20
	L 3	Lisa Leinemann	14	Chelmsford 36.20
	L 4	Ashleigh Cooper	17	Hitchin 36.16
	L 5	Rebecca Knibb	18	Linslade 36.19
	L 6	Charlotte Gill	16	Basildon Ph 36.20
	L 7	Sara Mahmud	19	Hatfield 36.25
	L 8	Dayna Shepperson	16	Hatfield 36.40
	L 9	Tia Hill	15	Co Ely 36.40
H 11	L 0	Lilly Blount	15	Hatfield 36.10
	L 1	Victoria Barker	42	Stevenage 36.06
	L 2	Gracie Comitti	14	Basildon Ph 35.90
	L 3	Mia Lowe	14	Basildon Ph 35.80
	L 4	Ciara Gill-Ryan	19	Newmarket 35.71
	L 5	Ellen Duffield	14	teamipswich 35.73
	L 6	Francesca Key	16	Thurrock 35.90
	L 7	Jessica Mahoney	16	Co Peterboro 35.94
	L 8	Hannah Willis	16	Co Peterboro 36.07
	L 9	Alice Green	14	Hatfield 36.14
H 12	L 0	Megan Gray	14	Hatfield 35.70
	L 1	Evie Brown	16	Watford SC 35.60
	L 2	Katie Jeffrey	17	Hatfield 35.57
	L 3	Olivia Cooper	15	Basildon Ph 35.50
	L 4	Anna-Lucia Fenner	15	Basildon Ph 35.30
	L 5	Lucy Park	25	Watford SC 35.30
	L 6	Grace Gunton	17	Co Norwich 35.50
	L 7	Georgia Pritchard	16	Hatfield 35.60
	L 8	Rebecca West	19	Thurrock 35.65
	L 9	Caitlin McNicholas	16	Deben 35.70
H 13	L 0	Olivia Lee	17	Co Peterboro 35.20
	L 1	Adeola Akanda	14	Hatfield 35.00
	L 2	Chloe Butler	17	St Ives 34.83
	L 3	Temilola Awolesi	16	Chelmsford 34.50
	L 4	Beth Young	15	teamipswich 34.40
	L 5	Ellie-Rose Lyon	14	Norwich Swan 34.50
	L 6	Danielle Hartin	19	SB14 Basildon Ph 34.70
	L 7	Ellie Matthews	18	Team Luton 34.90
	L 8	Ciara Wookey	17	Colchester 35.10
	L 9	Isabella Porzio	17	Putteridge 35.30
H 14	L 0	Katie Andrews	17	Norwich Swan 34.30
	L 1	Caitlin Hartley	17	Hatfield 34.00
	L 2	Erin O'Meara	18	Co St Albans 33.90
	L 3	Macy Dexter	15	Co Cambridge 33.90
	L 4	Rianna Smith	23	Basildon Ph 33.50
	L 5	Isabella Chapman	17	Harpenden 33.70
	L 6	Charlotte White	16	West Suffolk 33.90
	L 7	Ela Norton	17	Hatfield 34.00
	L 8	Katherine Daynes	19	Halstead 34.10
	L 9	Molly Monk	17	Co Norwich 34.30

Start List

H 15	L 0	Iona Trainer	18	Co Peterboro	33.50	H 7	L 0	Benjamin Riglar	15	Dereham	1:20.00
	L 1	Sarah O'Brien	25	West Norfolk	33.17		L 1	Maddox Roberts	15	Witham Dolph	1:19.60
	L 2	Chloe Skelt	16	Chelmsford	32.90		L 2	Daniel Boboye	14	Thurrock	1:18.90
	L 3	Louise Fiddes	20	Hatfield	32.80		L 3	Austin Harrop	15	Co Cambridge	1:18.80
	L 4	Ashley Ransome	26	Hertford	31.30		L 4	Lucas Hartley	14	Hatfield	1:18.26
	L 5	Molly Lee	20	West Norfolk	32.60		L 5	William Buckley	15	Watford SC	1:18.52
	L 6	Beth Dennis	18	Co Peterboro	32.80		L 6	Jack Macdonald	15	Putteridge	1:18.90
	L 7	Georgia Maggs	16	Co Cambridge	33.04		L 7	Daniel Kendall	15	Co Ely	1:19.08
	L 8	Sophie Payne	19	Hatfield	33.20		L 8	Zak Troman	14	Colchester	1:19.90
	L 9	Aoife Marley	19	Witham Dolph	33.50		L 9	Harry Stag	15	Basildon Ph	1:20.15
Event 424 Men 12 Yrs/Over 100m Breaststroke											
H 1	L 3	Jack Beer	12	Linslade	1:40.20	H 8	L 0	Arian Krasniqi	15	Watford SC	1:18.15
	L 4	William Wratten	12	Co Cambridge	1:39.80		L 1	Ethan Angel	15	teampiswich	1:18.02
	L 5	Finlay Roberts	12	Witham Dolph	1:40.00		L 2	Richard Vanstone	15	Chelmsford	1:17.30
	L 6	George Jones	12	Harlow Pen	1:40.73		L 3	Joshua Marshall	16	St Ives	1:17.04
H 2	L 0	Berkley Barnicoat	12	Modernian	1:39.72		L 4	Thomas Deaton	15	Newmarket	1:16.66
	L 1	Szymon Pierzecki	12	Witham Dolph	1:38.40		L 5	Edward Ormsby	14	Co Cambridge	1:16.90
	L 2	Ethan Thorpe	12	Basildon Ph	1:37.50		L 6	William Presland	16	Bushey	1:17.27
	L 3	Dmitrijs Gracovs	12	Harlow Pen	1:35.40		L 7	Jack Renouf	15	Hoddesdon	1:17.90
	L 4	Oly Fenwick	12	Verulam	1:35.19		L 8	Jake Moore	15	Potters Bar	1:18.07
	L 5	Peter Winter	41	SB9 Newmarket	1:35.33		L 9	Luca Strazzullo	15	St Neot Swan	1:18.20
	L 6	Owain Roberts	12	Team Luton	1:37.50	H 9	L 0	Glennon Lee	15	Harlow Pen	1:15.92
	L 7	Luke Pietersen	12	Hatfield	1:37.77		L 1	Lewis Andrews	14	Norwich Swan	1:15.40
	L 8	Lucas Krynauw	12	Linslade	1:38.67		L 2	Henri Dyke	16	Norwich Swan	1:15.20
	L 9	Jamie Comitti	12	Basildon Ph	1:39.80		L 3	Colin Moghina	16	Thurrock	1:14.99
H 3	L 0	Finlay Neve	13	Diss Otters	1:33.70		L 4	Daniel Holliss	15	Co St Albans	1:14.56
	L 1	Remi-Maysen Keane	13	Bo Southend	1:33.30		L 5	Oscar Howell	16	Brentwood	1:14.80
	L 2	Oliver Dickson	13	St Ives	1:32.35		L 6	Josh Martin	15	Co Peterboro	1:15.14
	L 3	Henry Mann	13	Norwich Swan	1:32.02		L 7	Oliver Blight	15	Hatfield	1:15.22
	L 4	Cooper Smith	12	Harlow Pen	1:31.40		L 8	George Lovelock	16	Hitchin	1:15.70
	L 5	Obalolu Bankole	12	Thurrock	1:32.00		L 9	Jamie Joshua	15	Hatfield	1:16.50
	L 6	Leo Suo-Saunders	13	Bishop Stort	1:32.30	H 10	L 0	Leonard Turner	16	Biggleswade	1:14.24
	L 7	Harrison Brook	13	Colchester	1:32.76		L 1	Billy Mead	16	Linslade	1:14.15
	L 8	Frank Jacob	12	Co Cambridge	1:33.32		L 2	Zack Treharne	17	Co Peterboro	1:13.99
	L 9	Daniel De Filippo	12	Flitwick	1:34.80		L 3	Joe Reynolds	16	Hertford	1:13.72
H 4	L 0	Euan Legson	13	Modernian	1:31.32		L 4	Thomas Barnes	19	Royston	1:13.17
	L 1	Kevin Moghina	13	Thurrock	1:30.80		L 5	Olly Carpenter	16	Hemel Hemp	1:13.56
	L 2	Ben Every	13	St Felix Sch	1:29.86		L 6	Mark Milburn	16	Colchester	1:13.90
	L 3	Joshua Shepherd	13	Thurrock	1:28.81		L 7	Kalaum Corani	17	Colchester	1:14.04
	L 4	Louis Allen	13	Basildon Ph	1:28.50		L 8	Adam Hazlewood	17	Putteridge	1:14.20
	L 5	Oscar Chaplin	13	Co St Albans	1:28.78		L 9	Noah Crabb	16	teampiswich	1:14.39
	L 6	Jeremy Godwin	12	Thurrock	1:29.51	H 11	L 0	Billy Knibb	16	Linslade	1:12.90
	L 7	George Little	13	Modernian	1:30.80		L 1	William Robins	18	Biggleswade	1:12.60
	L 8	Ollie O'Connor	13	Putteridge	1:31.20		L 2	Alfie Francis	16	Colchester	1:12.10
	L 9	Alban Gill	13	Harpenden	1:31.40		L 3	Daryl Rands	24	Colchester	1:11.77
H 5	L 0	George Prince	13	Hatfield	1:25.70		L 4	Christopher Howe	16	Co Cambridge	1:11.20
	L 1	Sandijs Cecins	14	Colchester	1:24.90		L 5	Finley Pawle	19	Leiston	1:11.44
	L 2	Jacob Ray	14	Basildon Ph	1:24.75		L 6	Luke Flynn	16	Watford SC	1:12.09
	L 3	Charlie McKinnon	14	St Felix Sch	1:23.73		L 7	Joshua Holland	18	Hertford	1:12.10
	L 4	Patch Robinson	14	teampiswich	1:23.26		L 8	Louis James	15	Norwich Swan	1:12.70
	L 5	Jacob Lowe	14	March	1:23.33		L 9	Ashton Neo	17	Linslade	1:13.03
	L 6	Archie Rann	14	Ware	1:24.25	H 12	L 0	William Handley	19	Stowmarket	1:11.07
	L 7	Jack Stapleton	14	March	1:24.78		L 1	George Whiteman	17	Co Peterboro	1:10.91
	L 8	Thomas Underdown	14	Braintree	1:25.39		L 2	Matthew Debenham	17	teampiswich	1:10.21
	L 9	Massimo Girolami	13	Colchester	1:28.20		L 3	Samuel Rennie	17	Braintree	1:09.58
H 6	L 0	Marco Yuen	14	Brentwood	1:22.80		L 4	Thomas Page	17	West Suffolk	1:08.99
	L 1	Maximilian Veiga	14	Co Cambridge	1:22.09		L 5	Harvey Hall	18	Deben	1:09.26
	L 2	Samuel Winslow	14	Co Cambridge	1:21.96		L 6	Sam Mead	19	Linslade	1:10.10
	L 3	Ben Buckley	14	Co Norwich	1:21.20		L 7	B Ditchfield-Watkins	18	Leighton Buz	1:10.40
	L 4	Castle Galindez	14	Co Norwich	1:20.40		L 8	James Clay	16	West Suffolk	1:10.96
	L 5	Joshua Sackree	13	Co Peterboro	1:20.70		L 9	Austin Lillywhite	18	Biggleswade	1:11.08
	L 6	Luka Gnjatovic	14	Putteridge	1:21.40	H 13	L 0	Lewis Chapman	20	Stowmarket	1:08.50
	L 7	Finlay Arnup	14	Norwich Swan	1:22.07		L 1	Tyler Tombs	16	Chelmsford	1:08.40
	L 8	Benjamin Taggart	14	Watford SC	1:22.19		L 2	Joseph Coldwell	19	Watford SC	1:08.12
	L 9	Ross De Wildt	13	Co Cambridge	1:23.10		L 3	Lewis Binning	18	Basildon Ph	1:07.83
							L 4	Ryan Clay	26	West Suffolk	1:06.76
							L 5	Sam Perkins	19	teampiswich	1:07.18
							L 6	Charles Rennie	20	Braintree	1:07.88
							L 7	Rhys Davidson	17	Team Luton	1:08.20
							L 8	Dominic McCarthy	19	Hoddesdon	1:08.43
							L 9	Harrison Jarvis	17	Thurrock	1:08.80

Start List

H 14 L 0	Thomas Hamilton	20	Royston	1:05.75
L 1	Olivier Vedrenne	16	Co Norwich	1:05.30
L 2	James Quinn	17	St Ives	1:04.80
L 3	Lewis Shayler	18	Watford SC	1:04.30
L 4	Lawrence Palmer	29	Putteridge	58.64
L 5	William Loveman	21	Co St Albans	1:04.00
L 6	Bryn Couser	19	Bishop Stort	1:04.70
L 7	Freddie Laws	18	West Norfolk	1:05.14
L 8	Henry King	18	West Suffolk	1:05.55
L 9	Benjamin Green	17	Watford SC	1:06.50