

Event 601 Mens Open 400m IM				Event 602 Womens Open 100m Backstroke				Event 603 Mens Open 100m Freestyle									
H 1	L 2	Aidan PILCHER	14 teamipswich	5:08.60	H 1	L 2	Maeve POOLEY	14 West Suffolk	1:09.50	H 1	L 3	Lachlan MACBETH	26 S14 Runnymede	1:15.34			
	L 3	Matthew VAUGHAN	15 Beccles Town	5:07.87		L 3	Amelia HEARNE	16 Clacton SC	1:09.46		L 4	Mark EVENS	23 S14 Bor of Brox	1:09.15			
	L 4	Daniel MONK	15 Harlow Pen	5:07.70		L 4	Ciara GILL-RYAN	17 Newmarket	1:09.40		L 5	Owen WOODROW	18 S8 Co Norwich	1:12.10			
	L 5	Connor WALKER	15 Co Peterboro	5:07.71		L 5	Brooke JENKINS	15 Basildon Ph	1:09.43		L 6	Connor SMITHERS	15 S8 Basildon Ph	1:27.40			
	L 6	Matthew DEBENHAM	15 teamipswich	5:08.33		L 6	Francesca LOW	14 Chelmsford	1:09.48		H 2	L 1	Robert ADDIS	15 West Norfolk	55.90		
	L 7	Joe FLETCHER	17 Stowmarket	5:08.87		L 7	Georgina MUNDAY	15 Modernian	1:09.50			L 2	Oskar FARKAS	14 Co Cambridge	55.90		
H 2	L 1	Christopher WILLIAMSON	14 Co Cambridge	5:06.92	H 2	L 1	Mia FURSEDONNE	17 Basildon Ph	1:09.38			L 3	D THURSTON-WOOLNOUGH	18 Beccles Town	55.83		
	L 2	James ROTHWELL	15 Co Peterboro	5:05.70		L 2	Charlotte HARRIS	16 Maldon Shark	1:09.30			L 4	Guy MUNCER	17 Co St Albans	55.77		
	L 3	William ROBINS	16 C Beds SS	5:04.55		L 3	Maisie PARKIN	17 Verulam	1:09.18			L 5	Morgan FOSTER	16 Braintree	55.80		
	L 4	James CLAY	14 West Suffolk	5:00.00		L 4	Larissa DEAN	17 Harpenden	1:09.15			L 6	Matthew ANDERSON	17 Deben	55.87		
	L 5	Connor HOUSTON	15 Deben	5:01.46		L 5	Celeste ANDREW	18 Harlow Pen	1:09.15			L 7	Jack RICHES	18 Co Norwich	55.90		
	L 6	Zane BATT	15 Hoddesdon	5:05.24		L 6	Gemma NOTTAGE	14 Watford SC	1:09.27			L 8	Jacob ISLE	18 West Norfolk	56.00		
	L 7	Samuel DAY	16 Beccles Town	5:06.31		L 7	Ella TOLLIDAY	17 St Felix Sch	1:09.37		H 3	L 1	Callum DAVIS	19 Bishop Stort	55.70		
	L 8	Zack TREHARNE	15 Co Peterboro	5:07.50		L 8	Hannah WILLIS	14 Co Peterboro	1:09.40			L 2	Joe COOPER	15 teamipswich	55.54		
H 3	L 1	George WHITEMAN	15 Co Peterboro	4:58.61		H 3	L 1	Emily COOPER	14 Basildon Ph	1:09.10			L 3	Walter HACKETT	16 Dunstable	55.50	
	L 2	Teal'K SMITH	16 Beccles Town	4:55.77			L 2	Agnes BURNS	18 Harpenden	1:08.92			L 4	Yannik WILSON	17 Co St Albans	55.41	
	L 3	Mattias MORSE	16 Hemel Hemp	4:50.61			L 3	Jessica SHAW	14 Co Peterboro	1:08.71			L 5	Noah JAMESON NEAL	15 Basildon Ph	55.50	
	L 4	Jack TURRELL	16 Basildon Ph	4:49.10			L 4	Ellie MATTHEWS	16 Putteridge	1:08.31			L 6	Ryan WEBB	18 Gt Yarmouth	55.50	
	L 5	Daniel ENGLISH	17 Bor of Brox	4:49.35			L 5	Emma HOWITT	17 Modernian	1:08.40			L 7	Ismail RAHIM	17 Berkhamsted	55.61	
	L 6	Joseph RICHARDSON	18 Co St Albans	4:51.40			L 6	Lucie PECK	16 St Felix Sch	1:08.86			L 8	B DITCHFIELD-WATKINS	16 Leighton Buz	55.70	
	L 7	Samuel BULLINGHAM	16 West Suffolk	4:56.23			L 7	Isabel WAINWRIGHT	16 Modernian	1:09.06		H 4	L 1	Oliver KIMBER	17 Co Norwich	55.30	
	L 8	Peter SOCZEWKA	14 Hatfield	4:59.20			L 8	Daisy MOXHAM	14 Co Cambridge	1:09.10			L 2	Goscha GOROVJOJ	17 St Felix Sch	55.14	
H 4	L 1	Joe COOPER	15 teamipswich	4:41.90			H 4	L 1	Clara WATSON-FLOWERS	13 St Felix Sch	1:08.29			L 3	Daniel MILLAR	19 Co St Albans	55.10
	L 2	Lewis BINNING	16 Basildon Ph	4:32.60				L 2	Jemima WAYMAN	16 Deben	1:08.14			L 4	Thomas PICKERING	19 Linslade	54.89
	L 3	Myles TURNER	19 West Suffolk	4:30.88				L 3	Tia GARDINER	17 Chelmsford	1:08.09			L 5	Joseph GRICE	16 Leighton Buz	55.00
	L 4	Nathan HUGHES	19 Hatfield	4:15.60				L 4	Rebecca WEST	17 Thurrock	1:07.98			L 6	Joshua TRAPP	18 Hertford	55.12
	L 5	Nathan WELLS	21 West Norfolk	4:20.57				L 5	Emma SHOOBERT	17 C Beds SS	1:08.00			L 7	Maxim DE WILDT	18 Co Cambridge	55.27
	L 6	Herbie KINDER	17 Co Peterboro	4:32.60				L 6	Lauren SHARP	16 Chelmsford	1:08.10			L 8	Charlie BARRETT	18 Co Norwich	55.40
	L 7	Henry PEARCE	17 Co Peterboro	4:37.56				L 7	Olivia LEE	15 Co Peterboro	1:08.20						
	L 8	Freddie LAWS	16 West Norfolk	4:46.92				L 8	Matilda TURNER	16 Bor of Brox	1:08.31						

Swim England East Region

Short Course Championships 2019

Session Six

Start List

				Event 604 Womens Open 200m Freestyle							
H 5	L 1	Damon ELLIOTT	15	DunmowAtlant	54.80	H 1	L 3	Macy DEXTER	13	Co Cambridge	2:15.00
	L 2	Oliver KENNY	22	West Norfolk	54.63		L 4	Cerys WILLIAMS	15	West Suffolk	2:14.74
	L 3	Samuel MILLER	16	Basildon Ph	54.54		L 5	Madelyn LATIMER-HICKS	15	St Felix Sch	2:14.89
	L 4	Thomas OGDEN	15	Bishop Stort	54.50		L 6	Helen THOMPSON	16	S14 Colchester	3:17.20
	L 5	Rhys DAVIDSON	15	Team Luton	54.50	H 2	L 1	Lauren THOMAS	17	Biggleswade	2:14.48
	L 6	Ralph DAVIES	18	Harlow Pen	54.61		L 2	Freya HARWOOD	15	Bor of Brox	2:14.43
	L 7	Fabian BRUDNICKI	15	Co Peterboro	54.70		L 3	Charlotte NORMAN	14	teamipswich	2:14.34
	L 8	Jack JACKSON	23	Bushey	54.81		L 4	Bryony EDGINGS	14	Thurrock	2:14.10
H 6	L 1	Harry SAUNDERS	17	Newmarket	54.30		L 5	Rebecca STROUD	17	Brentwood	2:14.12
	L 2	Liam BARNETT	32	Co Cambridge	54.18		L 6	Anastasia WILKINSON	14	Hatfield	2:14.35
	L 3	Henry PEARCE	17	Co Peterboro	54.10		L 7	Daisy HILL	20	Co Norwich	2:14.48
	L 4	Joseph WELLS	20	West Norfolk	53.90		L 8	Francesca PECCEI	16	Watford SC	2:14.61
	L 5	Dennis MHINI	18	St Felix Sch	53.90	H 3	L 1	Jemima WAYMAN	16	Deben	2:13.90
	L 6	Samuel ROSE	16	St Felix Sch	54.10		L 2	Emily LUSH	17	Potters Bar	2:13.66
	L 7	Jake LAMMAS	18	West Norfolk	54.29		L 3	Rebecca WATT	17	DunmowAtlant	2:13.58
	L 8	Thomas GRIEVE	19	Co Cambridge	54.39		L 4	Leah WIGHTMAN	14	West Norfolk	2:13.26
H 7	L 1	Gabriel CANGE	21	Co Cambridge	53.74		L 5	Rebecca SMITH	16	Norwich Swan	2:13.49
	L 2	Mark LEAMON	32	Co Cambridge	53.63		L 6	Georgina MUNDAY	15	Modernian	2:13.60
	L 3	Matthew ROTHWELL	17	Co Peterboro	53.60		L 7	Lucy YOUNG	14	Modernian	2:13.80
	L 4	Jude LIDIARD	18	Co St Albans	53.50		L 8	Clara WATSON-FLOWERS	13	St Felix Sch	2:13.96
	L 5	Kai ADAMS	23	Halstead	53.51	H 4	L 1	Kiera BLUNDEN	14	Chelmsford	2:12.92
	L 6	Harry JONES	19	Co Norwich	53.60		L 2	Maeve POOLEY	14	West Suffolk	2:12.50
	L 7	Michael KLIMASZEWSKI	15	Hatfield	53.73		L 3	Francesca BABER	13	C Beds SS	2:12.30
	L 8	Harrison LEES	18	Watford SC	53.87		L 4	Lucie PECK	16	St Felix Sch	2:12.20
H 8	L 1	Collins SALIBOKO	17	St Felix Sch	53.43		L 5	Ruby GREENHALF	14	Co Norwich	2:12.30
	L 2	Yasir NAIMI	19	Co Peterboro	53.30		L 6	Lucy PARK	23	Watford SC	2:12.34
	L 3	Charles WHYTE	18	West Suffolk	53.06		L 7	Eloise BAILEY	17	Modernian	2:12.70
	L 4	Simon NEWTON	20	Co Norwich	53.00		L 8	Jessica SHAW	14	Co Peterboro	2:13.01
	L 5	Nathan WOODROW	16	Co Norwich	53.01	H 5	L 1	Cathryn THOMSON	29	St Ives	2:12.10
	L 6	J J WILDE	15	Team Luton	53.10		L 2	Tilly ANEMA	18	Co Norwich	2:12.02
	L 7	Ralph MUNCER	18	Co St Albans	53.36		L 3	Phoebe WHITE	14	Harlow Pen	2:11.80
	L 8	Thomas CADENHEAD	17	Co St Albans	53.50		L 4	Holly LAMB	14	Basildon Ph	2:11.40
H 9	L 1	Ashley COOMBS	18	Hemel Hemp	52.90		L 5	Gemma HANSON	16	Hatfield	2:11.59
	L 2	James SPEERS	16	Basildon Ph	52.60		L 6	Lucy HUDSON	15	West Suffolk	2:11.90
	L 3	Joshua BRISTOW	17	Modernian	52.10		L 7	Lauren STOTT	17	Hatfield	2:12.03
	L 4	Matthew WRIGHT	21	Team Luton	51.10		L 8	Olivia LEE	15	Co Peterboro	2:12.15
	L 5	Myles ROBINSON-YOUNG	17	Co Peterboro	51.70	H 6	L 1	Bianka MISIKOVA	16	Hatfield	2:10.75
	L 6	Callum WOLLASTON	18	Bor of Brox	52.40		L 2	Ellie HOLLISS	15	Co St Albans	2:10.49
	L 7	Adam MARTIN	19	Potters Bar	52.75		L 3	Karys-Rose BUNN	13	teamipswich	2:10.30
	L 8	Matthew TITMAN	18	Co Cambridge	52.93		L 4	Matilda TURNER	16	Bor of Brox	2:10.12
H 10	L 1	Sam PERKINS	17	teamipswich	52.85		L 5	Abbie BARNWELL	16	Team Luton	2:10.27
	L 2	Nathan WELLS	21	West Norfolk	52.57		L 6	Tess WESLEY	15	Newmarket	2:10.34
	L 3	Joshua FOWLES	20	Witham Dolph	51.90		L 7	Angharad EVANS	16	West Suffolk	2:10.70
	L 4	Reese HOUSDEN	17	Hemel Hemp	50.60		L 8	Kiara KOVACS	15	Co Peterboro	2:11.32
	L 5	Theo CANNON	20	Co Cambridge	51.50	H 7	L 1	Daisy MOXHAM	14	Co Cambridge	2:09.60
	L 6	Hugo BELLAMY	21	Co Cambridge	52.30		L 2	Celyn WALMSLEY	18	Team Luton	2:07.60
	L 7	Maxwell GEORGE	16	Hatfield	52.70		L 3	Ellie WHEELER	17	Basildon Ph	2:05.80
	L 8	Thomas CLARE	18	teamipswich	52.93		L 4	Charlotte WALKER	17	St Felix Sch	2:03.01
H 11	L 1	Ben BLOWERS	17	Co Norwich	52.80		L 5	Harriet SALISBURY	15	Co Peterboro	2:04.60
	L 2	Jordan CATCHPOLE	20	S14 Co Norwich	52.40		L 6	Jessica WOODWARD	16	Hatfield	2:06.30
	L 3	Sebastian VANDERMEER	16	Co Cambridge	51.90		L 7	Zoe MACDONALD	16	Bor of Brox	2:08.96
	L 4	Regan LLOYD	22	teamipswich	49.90		L 8	Sarah CARROLL	17	Bishop Stort	2:10.10
	L 5	Lewis MOORE	17	teamipswich	51.10	H 8	L 1	Jessica KEOGH	15	Hatfield	2:09.40
	L 6	Herbie KINDER	17	Co Peterboro	52.20		L 2	Katie HAMMOND	16	Co Cambridge	2:07.40
	L 7	Harry WEARS	22	Putteridge	52.66		L 3	Rebecca HOWELL	16	Basildon Ph	2:05.20
	L 8	Lucas DYSON-DIAZ	19	Hatfield	52.91		L 4	Mackenzie WHYATT	17	Co Peterboro	2:02.80
							L 5	Sacha THOMAS	16	Co Norwich	2:04.06
							L 6	Ruby WHEELER	13	Basildon Ph	2:06.20
							L 7	Matilda BOGLE	13	teamipswich	2:07.80
							L 8	Grace WALLER	15	Basildon Ph	2:10.06

H 9	L 1	Carys BREALEY	15	Harlow Pen	2:09.20	H 8	L 1	Jack RICHES	18	Co Norwich	30.40
	L 2	Billie GRANT	17	Hatfield	2:07.06		L 2	Benjamin GREEN	15	Watford SC	30.30
	L 3	Louise FIDDES	18	S14 Hatfield	2:04.90		L 3	Joshua BRISTOW	17	Modernian	29.90
	L 4	Abbie LOW	17	Chelmsford	2:02.50		L 4	Jake TYSON	22	teamipswich	29.48
	L 5	Millie FIELDS	15	Bishop Stort	2:03.90		L 5	Charles RENNIE	18	Braintree	29.70
	L 6	Tia GARDINER	17	Chelmsford	2:06.10		L 6	Lewis SHAYLER	16	Watford SC	30.10
	L 7	Erin O'MEARA	16	Co St Albans	2:07.68		L 7	Matthew MCLAUGHLIN	26	DunmowAtlant	30.30
	L 8	Ella HALE	16	West Suffolk	2:09.69		L 8	Oliver CASHIN	17	Co Cambridge	30.60
Event 605 Mens Open 50m Breaststroke											
H 1	L 1	Edward MERHAN	14	West Suffolk	32.70	H 9	L 1	Mal STAFF	17	Co Norwich	30.40
	L 2	Luke TAYLOR	15	Co Cambridge	32.60		L 2	Reese HOUSDEN	17	Hemel Hemp	30.20
	L 3	Alfie FRANCIS	14	Colchester	32.60		L 3	Samuel PECK	19	Co Cambridge	29.81
	L 4	Neo METZ	19	Hertford	32.50		L 4	Lewis WATERS	20	Co Cambridge	28.10
	L 5	Thomas CADENHEAD	17	Co St Albans	32.54		L 5	Theo CANNON	20	Co Cambridge	29.60
	L 6	B DITCHFIELD-WATKINS	16	Leighton Buz	32.60		L 6	William LOVEMAN	19	Co St Albans	30.00
	L 7	Ryan WEBB	18	Gt Yarmouth	32.67		L 7	Olivier VEDRENNE	14	Co Norwich	30.30
	L 8	Thomas BARNES	17	Royston	32.71		L 8	Charles WHYTE	18	West Suffolk	30.53
H 2	L 1	Dennis MHINI	18	St Felix Sch	32.46	H 10	L 1	Thomas GRIEVE	19	Co Cambridge	30.40
	L 2	Yuto WATANABE	15	Hatfield	32.40		L 2	Lewis BINNING	16	Basildon Ph	30.20
	L 3	Goscha GOROVOJ	17	St Felix Sch	32.40		L 3	Robert LANCASTER	22	teamipswich	29.79
	L 4	Samuel BULLINGHAM	16	West Suffolk	32.30		L 4	Lawrence PALMER	27	Putteridge	26.70
	L 5	Liam BARNETT	32	Co Cambridge	32.33		L 5	Daniel HILL	20	Linslade	29.50
	L 6	Ashton NEO	15	Linslade	32.40		L 6	Freddie LAWS	16	West Norfolk	29.90
	L 7	Callum DAVIS	19	Bishop Stort	32.42		L 7	Joseph COLDWELL	17	Watford SC	30.30
	L 8	William HANDLEY	17	Stowmarket	32.50		L 8	Samuel SKUSE	18	Beccles Town	30.50
						Event 606 Womens Open 50m Breaststroke					
H 3	L 1	Austin LILLYWHITE	16	Biggleswade	32.10	H 1	L 1	Tess WESLEY	15	Newmarket	36.49
	L 2	Conor FERGUSON	18	C Beds SS	32.10		L 2	Ellie-Rose LYON	12	Norwich Swan	36.40
	L 3	Walter HACKETT	16	Dunstable	32.00		L 3	Harriet CLEMENTS	15	Watford SC	36.33
	L 4	Yannik WILSON	17	Co St Albans	32.00		L 4	Miriam STRATFOLD	13	Newmarket	36.30
	L 5	Alfie FRANCIS	16	Potters Bar	32.00		L 5	Katie JEFFREY	15	Hatfield	36.31
	L 6	Kyle HOLMES	20	Hemel Hemp	32.05		L 6	Sara MAHMMUD	17	Hatfield	36.37
	L 7	D THURSTON-WOOLNOUGH	18	Beccles Town	32.10		L 7	Isabella PORZIO	15	Putteridge	36.49
	L 8	Matthew DEBENHAM	15	teamipswich	32.11		L 8	Niamh SADLER	15	Co Norwich	36.50
H 4	L 1	Mattias MORSE	16	Hemel Hemp	32.00	H 2	L 1	Eleni ZORN	13	Putteridge	36.20
	L 2	Joseph RICHARDSON	18	Co St Albans	31.90		L 2	Millie DUDLEY	15	Dunstable	36.20
	L 3	Harry SAUNDERS	17	Newmarket	31.80		L 3	Matilda RANSOME	13	Co Cambridge	36.20
	L 4	Sam MEAD	17	Linslade	31.70		L 4	Rebecca KNIBB	16	Linslade	36.18
	L 5	Samuel RENNIE	15	Braintree	31.70		L 5	Evie BROWN	14	Watford SC	36.20
	L 6	Cole SHEPARD	16	Basildon Ph	31.90		L 6	Robyn QUINCE	15	Runnymede	36.20
	L 7	Ralph DAVIES	18	Harlow Pen	31.90		L 7	Kayleigh HOLROYD	16	C Beds SS	36.20
	L 8	Joshua HOLLAND	16	Hertford	32.00		L 8	Lucy HUDSON	15	West Suffolk	36.26
H 5	L 1	Callum WOLLASTON	18	Bor of Brox	31.60	H 3	L 1	Kiara KOVACS	15	Co Peterboro	35.90
	L 2	Matthew ROTHWELL	17	Co Peterboro	31.40		L 2	S PAPPAS-KATSIAFAS POM	14	Co Cambridge	35.90
	L 3	Michael JUDD	21	Dunstable	31.30		L 3	Anna FREEMAN	14	St Ives	35.82
	L 4	James NOBLE	17	Norwich Swan	31.30		L 4	Maia MORGAN	16	Dunstable	35.80
	L 5	Nathan SWIFT	18	Putteridge	31.30		L 5	Temilola AWOLESI	14	Chelmsford	35.80
	L 6	Jack MANSFIELD	17	Harlow Pen	31.40		L 6	Rosalind SAISE	12	teamipswich	35.90
	L 7	Finley PAWLE	17	Leiston	31.40		L 7	Lauren GRICE	20	Leighton Buz	35.90
	L 8	Sebastian VANDERMEER	16	Co Cambridge	31.62		L 8	Abbie BARNWELL	16	Team Luton	36.10
H 6	L 1	Daniel MILLAR	19	Co St Albans	31.30	H 4	L 1	Katie ANDREWS	15	Norwich Swan	35.80
	L 2	William WHITLEY	18	Putteridge	31.10		L 2	Macy DEXTER	13	Co Cambridge	35.68
	L 3	Alexander FLORANCE	19	West Norfolk	31.01		L 3	Olivia NEWMAN-BARONIUS	13	Putteridge	35.64
	L 4	Luke BRYAN	19	West Norfolk	31.00		L 4	Jasmine WOLSTENHOLME	16	Leiston	35.60
	L 5	Marcus KEMP	18	Watford SC	31.00		L 5	Eden HORWOOD	18	Leighton Buz	35.60
	L 6	Matthew HONEYMAN	19	Potters Bar	31.10		L 6	Rebecca WEST	17	Thurrock	35.65
	L 7	Jacob STEPHEN	14	Brentwood	31.20		L 7	Caitlin MCNICHOLAS	14	Deben	35.70
	L 8	Finn JEFFERY	16	St Felix Sch	31.30		L 8	Ella MURPHY	17	Harpenden	35.80
H 7	L 1	J J WILDE	15	Team Luton	30.90	H 5	L 1	Imogen BLOOMFIELD	16	Co Cambridge	35.60
	L 2	Dominic MCCARTHY	17	Hoddesdon	30.90		L 2	Lily ULYATT	13	Chelmsford	35.50
	L 3	Maxim DE WILDT	18	Co Cambridge	30.80		L 3	Alice FASEY	15	Thetford	35.40
	L 4	Callum HAROLD	17	Bishop Stort	30.70		L 4	Anastasia WILKINSON	14	Hatfield	35.20
	L 5	Rhys DAVIDSON	15	Team Luton	30.70		L 5	Olivia LEE	15	Co Peterboro	35.20
	L 6	Ralph MUNCER	18	Co St Albans	30.80		L 6	Ciara WOOKEY	15	Colchester	35.40
	L 7	Thomas HAMILTON	18	Royston	30.90		L 7	Grace GUNTON	15	Co Norwich	35.50
	L 8	Lewis CHAPMAN	18	Stowmarket	31.00		L 8	Georgia PRITCHARD	14	Hatfield	35.60

Start List

H 6	L 1	Ciara GILL-RYAN	17	Newmarket	35.12	H 5	L 1	Samuel ROSE	16	St Felix Sch	2:15.11
	L 2	Chloe BUTLER	15	St Ives	35.05		L 2	Thomas STANBURY	18	Potters Bar	2:14.00
	L 3	Lucy PARK	23	Watford SC	34.84		L 3	Nathan WOODROW	16	Co Norwich	2:09.81
	L 4	Emily JONES	17	Modernian	34.70		L 4	Nathan WELLS	21	West Norfolk	2:04.96
	L 5	Lauren SHARP	16	Chelmsford	34.80		L 5	Walter HACKETT	16	Dunstable	2:07.15
	L 6	Caitlin HARTLEY	15	Hatfield	35.00		L 6	Henry PEARCE	17	Co Peterboro	2:11.62
	L 7	Lucy BUCKINGHAM	13	Putteridge	35.10		L 7	Myles ROBINSON-YOUNG	17	Co Peterboro	2:14.56
	L 8	Lily BEMMER	16	Deben	35.15		L 8	Matthew HARVEY	15	Basildon Ph	2:15.79
H 7	L 1	Kirsty FUGE	13	Hatfield	34.70	H 6	L 1	Teal'K SMITH	16	Beccles Town	2:14.95
	L 2	Molly MONK	15	Dereham	34.68		L 2	Thomas BELCHER	16	Modernian	2:13.16
	L 3	Hollie ARMSTRONG	14	teamipswich	34.50		L 3	Maxwell GEORGE	16	Hatfield	2:09.77
	L 4	Beth YOUNG	13	teamipswich	34.40		L 4	Herbie KINDER	17	Co Peterboro	2:03.63
	L 5	Jessica MUNFORD	15	Norwich Swan	34.50		L 5	Myles TURNER	19	West Suffolk	2:06.39
	L 6	Ellie MATTHEWS	16	Putteridge	34.50		L 6	Thomas BOYT	20	Felixstowe	2:11.20
	L 7	Ellie-Mei SHEPPERSON	16	West Norfolk	34.70		L 7	William PARSONS	15	Deben	2:14.40
	L 8	Natalie SANFORD	15	St Felix Sch	34.70		L 8	Aidan PILCHER	14	teamipswich	2:15.60
H 8	L 1	Ela NORTON	15	Hatfield	34.00	H 7	L 1	Alexander CATTON	16	Bishop Stort	2:14.60
	L 2	Claire COLLINS	23	Co Cambridge	33.70		L 2	Matthew ANDERSON	17	Deben	2:12.13
	L 3	Sarah O'BRIEN	23	West Norfolk	33.17		L 3	Finn JEFFERY	16	St Felix Sch	2:08.69
	L 4	Molly LEE	18	West Norfolk	32.60		L 4	Thomas CLARE	18	teamipswich	2:02.06
	L 5	Grace KING	16	teamipswich	32.80		L 5	Manfred BATTLE	17	Co Cambridge	2:06.30
	L 6	Iona TRAINER	16	Co Peterboro	33.50		L 6	Ben WOODHOUSE	16	Norwich Swan	2:10.70
	L 7	Charlotte WHITE	14	West Suffolk	33.90		L 7	Joseph WELLS	20	West Norfolk	2:14.03
	L 8	Rebecca GIROLAMI	16	Colchester	34.40		L 8	Jude HILLS	14	Thurrock	2:15.20
H 9	L 1	Chloe SKELT	14	West Suffolk	33.90	Event 608 Mens/Womens Open 200m Medley Team					
	L 2	Aoife MARLEY	17	Witham Dolph	33.50	H 1	L 1	Brentwood	--	Brentwood	2:03.50
	L 3	Amelia MONAGHAN	17	Co Peterboro	33.10		L 2	Thetford	--	Thetford	2:02.00
	L 4	Rebecca BURTON	21	Co Peterboro	32.11		L 3	Bor of Brox A	--	Bor of Brox	2:00.00
	L 5	Louise FIDDES	18	SB14Hatfield	32.80		L 4	Co St Albans	--	Co St Albans	1:56.01
	L 6	Beth DENNIS	16	Co Peterboro	33.20		L 5	St Ives	--	St Ives	1:59.00
	L 7	Louise BUSH	28	Co Norwich	33.75		L 6	C Beds SS	--	C Beds SS	2:01.00
	L 8	Katherine DAYNES	17	Halstead	34.10		L 7	Harpenden	--	Harpenden	2:02.92
H 10	L 1	Sophie PAYNE	17	Hatfield	33.90		L 8	Bor of Brox B	--	Bor of Brox	2:08.00
	L 2	Rianna SMITH	21	Basildon Ph	33.50	H 2	L 1	Putteridge	--	Putteridge	1:55.00
	L 3	Lauren WATT	18	Co Cambridge	33.10		L 2	Modernian	--	Modernian	1:55.00
	L 4	Angharad EVANS	16	West Suffolk	30.70		L 3	teamipswich B	--	teamipswich	1:54.00
	L 5	Kathryn GILL	32	Co Cambridge	32.60		L 4	Co Norwich B	--	Co Norwich	1:54.00
	L 6	Georgia MAGGS	14	Co Cambridge	33.20		L 5	Co Peterboro B	--	Co Peterboro	1:54.00
	L 7	Isabella CHAPMAN	15	Harpenden	33.70		L 6	Watford SC	--	Watford SC	1:55.00
	L 8	Amie COPP	20	Thetford	34.10		L 7	Basildon Ph B	--	Basildon Ph	1:55.00
							L 8	West Norfolk	--	West Norfolk	1:56.00
Event 607 Mens Open 200m Backstroke						H 3	L 1	Co Peterboro A	--	Co Peterboro	1:52.00
H 1	L 3	Samuel RENNIE	15	Braintree	2:21.99		L 2	Basildon Ph A	--	Basildon Ph	1:52.00
	L 4	Tyler WATSON	15	Flitwick	2:21.91		L 3	Co Cambridge A	--	Co Cambridge	1:50.00
	L 5	Billy KNIBB	14	Linslade	2:21.94		L 4	Hatfield	--	Hatfield	1:40.20
H 2	L 2	James PARSONS	14	Deben	2:21.83		L 5	St Felix Sch	--	St Felix Sch	1:48.00
	L 3	Jacob ISLE	18	West Norfolk	2:21.55		L 6	Co Cambridge B	--	Co Cambridge	1:51.50
	L 4	Nikita CHARYKIN	13	Thurrock	2:21.04		L 7	teamipswich A	--	teamipswich	1:52.00
	L 5	Luke RUGGLES	16	Co Peterboro	2:21.18		L 8	Co Norwich A	--	Co Norwich	1:52.00
	L 6	Joe FLETCHER	17	Stowmarket	2:21.58						
	L 7	Samuel SMITH	15	March	2:21.88						
H 3	L 1	Jake LAMMAS	18	West Norfolk	2:20.99						
	L 2	Connor WALKER	15	Co Peterboro	2:20.86						
	L 3	Syd ROBERTS	15	Colchester	2:19.63						
	L 4	Joseph GRICE	16	Leighton Buz	2:19.30						
	L 5	Henry DUNCAN	15	Co Cambridge	2:19.34						
	L 6	Matthew MONIE	14	Co Cambridge	2:20.63						
	L 7	Joab CARR	15	St Felix Sch	2:20.91						
	L 8	Robert ADDIS	15	West Norfolk	2:21.01						
H 4	L 1	Joseph MCGILLIVRAY	14	Co Norwich	2:18.60						
	L 2	Marin DE VILLARD	14	St Felix Sch	2:17.47						
	L 3	Ralph DAVIES	18	Harlow Pen	2:16.77						
	L 4	Zane BATT	16	Hoddesdon	2:16.60						
	L 5	Ketan RACH	15	Watford SC	2:16.73						
	L 6	Luke PESTAILLE	16	Hatfield	2:17.16						
	L 7	Ethan BASKERVILLE	14	Hatfield	2:17.95						
	L 8	Ethan SUTTON	17	Watford SC	2:18.98						