

Event 401 Mens Open 200m IM

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|-------|----------------------|-----------------|---------|
| Final | | | |
| L 1 | Ayotobi LAGUDA | 17 Hatfield | 2:11.52 |
| L 2 | Myles ROBINSON-YOUNG | 17 Co Peterboro | 2:09.03 |
| L 3 | Nathan WELLS | 21 West Norfolk | 2:07.80 |
| L 4 | Myles TURNER | 19 West Suffolk | 2:06.74 |
| L 5 | Nathan HUGHES | 19 Hatfield | 2:07.09 |
| L 6 | Samuel PECK | 19 Co Cambridge | 2:08.74 |
| L 7 | Charles WHYTE | 18 West Suffolk | 2:10.19 |
| L 8 | Rhys DAVIDSON | 15 Team Luton | 2:12.88 |
| R1 | Matthew ROTHWELL | 17 Co Peterboro | |

Event 402 Womens Open 50m Backstroke

| | | | |
|-------|-------------------|-----------------|-------|
| Final | | | |
| L 1 | Megan PYE | 17 Co Norwich | 29.86 |
| L 2 | Emma CRUICKSHANKS | 16 teamipswich | 29.53 |
| L 3 | Georgina PRYOR | 21 Harlow Pen | 29.45 |
| L 4 | Lija RADZIUNAITE | 17 teamipswich | 28.80 |
| L 5 | Eve WRIGHT | 16 Co Peterboro | 28.81 |
| L 6 | Mia CARTER | 17 Bishop Stort | 29.50 |
| L 7 | Asma PARKER | 16 Colchester | 29.55 |
| L 8 | Sacha THOMAS | 16 Co Norwich | 29.99 |
| R1 | Grace WALLER | 15 Basildon Ph | |
| R2 | Niamh JAMES | 18 Bishop Stort | |

Event 403 Mens Open 50m Freestyle

| | | | |
|-------|----------------------|-----------------|-------|
| Final | | | |
| L 1 | Brandon NABARRO | 22 Putteridge | 24.23 |
| L 2 | Matthew TITMAN | 18 Co Cambridge | 24.09 |
| L 3 | Sebastian VANDERMEER | 16 Co Cambridge | 23.83 |
| L 4 | Jake TYSON | 22 teamipswich | 23.02 |
| L 5 | Lewis MOORE | 17 teamipswich | 23.53 |
| L 6 | Joshua BRISTOW | 17 Modernian | 23.98 |
| L 7 | Callum WOLLASTON | 18 Bor of Brox | 24.14 |
| L 8 | Thomas PICKERING | 19 Linslade | 24.24 |
| R1 | Damon ELLIOTT | 15 DunmowAtlant | |
| R2 | Collins SALIBOKO | 17 St Felix Sch | |

Event 404 Womens Open 200m Butterfly

| | | | |
|-------|-------------------|-----------------|---------|
| Final | | | |
| L 1 | Rebecca HOWELL | 16 Basildon Ph | 2:22.66 |
| L 2 | Zara KEEGAN | 17 Co Cambridge | 2:22.12 |
| L 3 | Tia GARDINER | 17 Chelmsford | 2:21.91 |
| L 4 | Sara KALAWSKA | 16 Hatfield | 2:18.97 |
| L 5 | Natalie SANFORD | 15 St Felix Sch | 2:21.45 |
| L 6 | Matilda RANSOME | 13 Co Cambridge | 2:21.98 |
| L 7 | Harriet SALISBURY | 15 Co Peterboro | 2:22.13 |
| L 8 | Ruby WHEELER | 13 Basildon Ph | 2:25.24 |
| R1 | Ciara WOOKEY | 15 Colchester | |
| R2 | Valeria GIRON | 14 Hatfield | |

Event 405 Mens Open 200m Butterfly

| | | | |
|-------|----------------------|-----------------|---------|
| Final | | | |
| L 1 | Elliott DAY | 17 teamipswich | 2:10.11 |
| L 2 | Charles WHYTE | 18 West Suffolk | 2:09.66 |
| L 3 | James WOODWARD | 19 Hatfield | 2:07.32 |
| L 4 | Michael KLIMASZEWSKI | 15 Hatfield | 2:04.36 |
| L 5 | Herbie KINDER | 17 Co Peterboro | 2:05.39 |
| L 6 | Matthew WRIGHT | 21 Team Luton | 2:09.02 |
| L 7 | Manfred BATTLE | 17 Co Cambridge | 2:09.84 |
| L 8 | Hugo BELLAMY | 21 Co Cambridge | 2:11.32 |
| R1 | Connor WALKER | 15 Co Peterboro | |
| R2 | Joshua BRIDGELAND | 16 Hatfield | |

Event 406 Womens Open 100m Breaststroke

| | | | |
|-------|-----------------|-----------------|---------|
| Final | | | |
| L 1 | Kathryn GILL | 32 Co Cambridge | 1:11.85 |
| L 2 | Amelia MONAGHAN | 17 Co Peterboro | 1:11.60 |
| L 3 | Rebecca BURTON | 21 Co Peterboro | 1:10.77 |
| L 4 | Angharad EVANS | 16 West Suffolk | 1:09.44 |
| L 5 | Beth DENNIS | 16 Co Peterboro | 1:10.70 |
| L 6 | Grace KING | 16 teamipswich | 1:11.41 |
| L 7 | Sophie PAYNE | 17 Hatfield | 1:11.78 |
| L 8 | Sarah O'BRIEN | 23 West Norfolk | 1:12.11 |
| R1 | Georgia MAGGS | 14 Co Cambridge | |
| R2 | Molly LEE | 18 West Norfolk | |

Event 407 Mens Open 100m Breaststroke

| | | | |
|-------|------------------|-----------------|---------|
| Final | | | |
| L 1 | Bryn COUSER | 17 Bishop Stort | 1:06.25 |
| L 2 | Freddie LAWS | 16 West Norfolk | 1:05.79 |
| L 3 | Nathan HUGHES | 19 Hatfield | 1:03.67 |
| L 4 | Robert LANCASTER | 22 teamipswich | 1:02.22 |
| L 5 | Lawrence PALMER | 27 Putteridge | 1:02.32 |
| L 6 | Lewis WATERS | 20 Co Cambridge | 1:04.40 |
| L 7 | Lewis SHAYLER | 16 Watford SC | 1:06.11 |
| L 8 | Ayotobi LAGUDA | 17 Hatfield | 1:06.61 |
| R1 | William LOVEMAN | 19 Co St Albans | |
| R2 | Samuel PECK | 19 Co Cambridge | |

Event 408 Womens Open 100m IM

| | | | |
|-------|---------------------|-----------------|---------|
| Final | | | |
| L 1 | Grace KING | 16 teamipswich | 1:06.14 |
| L 2 | Ellie WHEELER | 17 Basildon Ph | 1:06.02 |
| L 3 | Sara KALAWSKA | 16 Hatfield | 1:05.69 |
| L 4 | Rebecca BURTON | 21 Co Peterboro | 1:04.75 |
| L 5 | Natalie SANFORD | 15 St Felix Sch | 1:05.54 |
| L 6 | Amelia MONAGHAN | 17 Co Peterboro | 1:05.91 |
| L 7 | Lauren WATT | 18 Co Cambridge | 1:06.13 |
| L 8 | Jessica WOODWARD | 16 Hatfield | 1:06.30 |
| R1 | Rikke NAGELL-KLEVEN | 24 Co Norwich | |

Event 409 Mens Open 100m Backstroke

| | | | |
|-------|------------------|-----------------|-------|
| Final | | | |
| L 1 | Thomas CLARE | 18 teamipswich | 58.77 |
| L 2 | Myles TURNER | 19 West Suffolk | 58.54 |
| L 3 | Nathan WELLS | 21 West Norfolk | 57.81 |
| L 4 | Thomas PICKERING | 19 Linslade | 56.71 |
| L 5 | Herbie KINDER | 17 Co Peterboro | 56.77 |
| L 6 | Maxwell GEORGE | 16 Hatfield | 58.17 |
| L 7 | Manfred BATTLE | 17 Co Cambridge | 58.65 |

Event 410 Womens Open 100m Freestyle

| | | | |
|-------|------------------|-----------------|-------|
| Final | | | |
| L 1 | Millie FIELDS | 15 Bishop Stort | 58.43 |
| L 2 | Rianna SMITH | 21 Basildon Ph | 58.32 |
| L 3 | Jessica WOODWARD | 16 Hatfield | 58.09 |
| L 4 | Sacha THOMAS | 16 Co Norwich | 56.84 |
| L 5 | Abbie LOW | 17 Chelmsford | 57.90 |
| L 6 | Georgina PRYOR | 21 Harlow Pen | 58.22 |
| L 7 | Rebecca WATT | 17 DunmowAtlant | 58.42 |
| L 8 | Charlotte WALKER | 17 St Felix Sch | 58.53 |
| R1 | Molly OLLINGTON | 21 Co Cambridge | |
| R2 | Mia MASPERS | 17 teamipswich | |

Swim England East Region

Short Course Championships 2019

Session Four

Start List

Event 411 Mens Open 200m Freestyle

| | | | | | |
|-------|-----|----------------------|----|--------------|---------|
| Final | L 1 | Michael KLIMASZEWSKI | 15 | Hatfield | 1:54.70 |
| | L 2 | Jacques BONSELL | 20 | Co Cambridge | 1:53.95 |
| | L 3 | Regan LLOYD | 22 | teamipswich | 1:53.57 |
| | L 4 | Nathan HUGHES | 19 | Hatfield | 1:52.54 |
| | L 5 | Nathan WELLS | 21 | West Norfolk | 1:53.49 |
| | L 6 | Ralph MUNCER | 18 | Co St Albans | 1:53.68 |
| | L 7 | Sebastian VANDERMEER | 16 | Co Cambridge | 1:54.60 |
| | L 8 | Herbie KINDER | 17 | Co Peterboro | 1:54.92 |
| R1 | | Lewis MOORE | 17 | teamipswich | |
| R2 | | Ben BLOWERS | 17 | Co Norwich | |

Event 412 Womens Open 50m Butterfly

| | | | | | |
|-------|-----|---------------------|----|--------------|-------|
| Final | L 1 | Eve WRIGHT | 16 | Co Peterboro | 28.73 |
| | L 2 | Rebecca BURTON | 21 | Co Peterboro | 28.60 |
| | L 3 | Sara KALAWSKA | 16 | Hatfield | 28.52 |
| | L 4 | Georgina PRYOR | 21 | Harlow Pen | 27.67 |
| | L 5 | Sacha THOMAS | 16 | Co Norwich | 28.16 |
| | L 6 | Rikke NAGELL-KLEVEN | 24 | Co Norwich | 28.59 |
| | L 7 | Natalie SANFORD | 15 | St Felix Sch | 28.65 |
| | L 8 | May BRADBURN | 15 | Chelmsford | 28.86 |
| R1 | | Jessica WOODWARD | 16 | Hatfield | |
| R2 | | Molly OLLINGTON | 21 | Co Cambridge | |

Event 413 Mens Open 50m Butterfly

| | | | | | |
|-------|-----|------------------|----|--------------|-------|
| Final | L 1 | Jack BOWYER | 17 | West Suffolk | 25.88 |
| | L 2 | Yasir NAIMI | 19 | Co Peterboro | 25.55 |
| | L 3 | Lucas DYSON-DIAZ | 19 | Hatfield | 25.39 |
| | L 4 | Jake TYSON | 22 | teamipswich | 24.67 |
| | L 5 | James WOODWARD | 19 | Hatfield | 25.29 |
| | L 6 | Matthew TITMAN | 18 | Co Cambridge | 25.40 |
| | L 7 | Collins SALIBOKO | 17 | St Felix Sch | 25.87 |
| | L 8 | Zachary PATEL | 18 | Berkhamsted | 26.06 |
| R1 | | Harry WEARS | 22 | Putteridge | |

Event 414 Womens Open 200m Backstroke

| | | | | | |
|-------|-----|-------------------|----|--------------|---------|
| Final | L 1 | Megan PYE | 17 | Co Norwich | 2:19.27 |
| | L 2 | Lauren STOTT | 17 | Hatfield | 2:19.08 |
| | L 3 | Eve WRIGHT | 16 | Co Peterboro | 2:17.82 |
| | L 4 | Abbie LOW | 17 | Chelmsford | 2:14.81 |
| | L 5 | Niamh JAMES | 18 | Bishop Stort | 2:16.50 |
| | L 6 | Charlotte NORMAN | 14 | teamipswich | 2:18.15 |
| | L 7 | Gracie KAY | 16 | Co Cambridge | 2:19.15 |
| | L 8 | Emma CRUICKSHANKS | 16 | teamipswich | 2:19.39 |
| R1 | | Emily COOPER | 14 | Basildon Ph | |
| R2 | | Ella TURNER | 14 | Basildon Ph | |

Event 415 Mens Open 200m Freestyle Team

| | | | | | |
|-----|-----|----------------|----|--------------|---------|
| H 1 | L 3 | C Beds SS | -- | C Beds SS | 1:48.00 |
| | L 4 | Brentwood | -- | Brentwood | 1:45.00 |
| | L 5 | Bor of Brox A | -- | Bor of Brox | 1:45.00 |
| H 2 | L 1 | Stowmarket | -- | Stowmarket | 1:44.00 |
| | L 2 | Linslade | -- | Linslade | 1:42.99 |
| | L 3 | West Norfolk | -- | West Norfolk | 1:42.00 |
| | L 4 | Watford SC | -- | Watford SC | 1:39.00 |
| | L 5 | St Felix Sch | -- | St Felix Sch | 1:40.50 |
| | L 6 | Co Peterboro B | -- | Co Peterboro | 1:42.00 |
| | L 7 | Basildon Ph B | -- | Basildon Ph | 1:44.00 |
| H 3 | L 1 | Co Peterboro A | -- | Co Peterboro | 1:38.00 |
| | L 2 | teamipswich A | -- | teamipswich | 1:37.90 |
| | L 3 | Putteridge | -- | Putteridge | 1:37.00 |
| | L 4 | Co Cambridge A | -- | Co Cambridge | 1:34.50 |
| | L 5 | Co Cambridge B | -- | Co Cambridge | 1:35.50 |
| | L 6 | Co Norwich A | -- | Co Norwich | 1:37.00 |
| | L 7 | Basildon Ph A | -- | Basildon Ph | 1:38.00 |
| | L 8 | Hatfield | -- | Hatfield | 1:38.50 |

Event 416 Womens Open 200m Medley Team

| | | | | | |
|-----|-----|----------------|----|--------------|---------|
| H 1 | L 3 | Bor of Brox B | -- | Bor of Brox | 2:11.00 |
| | L 4 | West Norfolk | -- | West Norfolk | 2:06.00 |
| | L 5 | Bor of Brox A | -- | Bor of Brox | 2:08.00 |
| | L 6 | Brentwood | -- | Brentwood | 2:12.00 |
| H 2 | L 1 | Harpenden | -- | Harpenden | 2:05.07 |
| | L 2 | Basildon Ph B | -- | Basildon Ph | 2:05.00 |
| | L 3 | Modernian | -- | Modernian | 2:04.00 |
| | L 4 | Co Peterboro B | -- | Co Peterboro | 2:02.00 |
| | L 5 | Watford SC | -- | Watford SC | 2:03.00 |
| | L 6 | St Ives | -- | St Ives | 2:05.00 |
| | L 7 | Putteridge | -- | Putteridge | 2:05.00 |
| | L 8 | C Beds SS | -- | C Beds SS | 2:06.00 |
| H 3 | L 1 | Basildon Ph A | -- | Basildon Ph | 2:00.00 |
| | L 2 | teamipswich | -- | teamipswich | 1:59.47 |
| | L 3 | Co Peterboro A | -- | Co Peterboro | 1:58.00 |
| | L 4 | Co Norwich | -- | Co Norwich | 1:57.00 |
| | L 5 | Co Cambridge A | -- | Co Cambridge | 1:58.00 |
| | L 6 | Hatfield | -- | Hatfield | 1:58.50 |
| | L 7 | Chelmsford | -- | Chelmsford | 1:59.80 |
| | L 8 | Co Cambridge B | -- | Co Cambridge | 2:00.50 |