

# Swim England East Region

## Short Course Championships 2019

### Session Three

#### Start List

#### Event 301 Womens Open 400m IM

H 1	L 2	Anastasia WILKINSON	14	Hatfield	5:19.79
	L 3	Olivia NEWMAN-BARONIUS	13	Putteridge	5:19.32
	L 4	Eloise BAILEY	17	Modernian	5:18.26
	L 5	Gracie TROTTER	16	C Beds SS	5:18.91
	L 6	Lily BEMMER	16	Deben	5:19.50
H 2	L 1	Rebecca MERRILL	18	Co Cambridge	5:17.56
	L 2	Leah WIGHTMAN	14	West Norfolk	5:17.30
	L 3	Tilly ANEMA	18	Co Norwich	5:16.31
	L 4	Holly LAMB	14	Basildon Ph	5:11.83
	L 5	Ciara WOOKEY	15	Colchester	5:12.59
	L 6	Kiera BLUNDEN	14	Chelmsford	5:16.83
	L 7	Molly MONK	15	Dereham	5:17.30
	L 8	Daisy HILL	20	Co Norwich	5:18.26
H 3	L 1	Matilda RANSOME	13	Co Cambridge	5:09.60
	L 2	Ellie O'KEEFFE	19	Co Cambridge	5:08.57
	L 3	May BRADBURN	15	Chelmsford	5:05.37
	L 4	Lily MERRETT	16	Co St Albans	5:04.93
	L 5	Zara KEEGAN	17	Co Cambridge	5:05.22
	L 6	Charlotte NORMAN	14	teamipswich	5:07.70
	L 7	Almudena VISSER VELEZ	17	Co Cambridge	5:09.28
	L 8	Olivia LEE	15	Co Peterboro	5:10.74
H 4	L 1	Harriet SALISBURY	15	Co Peterboro	5:02.80
	L 2	Lucie PECK	16	St Felix Sch	5:00.63
	L 3	Ruby WHEELER	13	Basildon Ph	4:58.90
	L 4	Amelia MONAGHAN	17	Co Peterboro	4:45.03
	L 5	Ellie WHEELER	17	Basildon Ph	4:55.37
	L 6	Celyn WALMSLEY	18	Team Luton	4:59.05
	L 7	Natalie SANFORD	15	St Felix Sch	5:01.30
	L 8	Charlotte WHITE	14	West Suffolk	5:04.00

#### Event 302 Mens Open 100m Backstroke

H 1	L 1	Owen WOODROW	18	S8 Co Norwich	1:22.90
	L 2	Ashley HOLNESS-WRIGHT	23	Watford SC	1:03.94
	L 3	James ROWLEY	14	Deben	1:03.80
	L 4	Syd ROBERTS	15	Colchester	1:03.58
	L 5	Jack RICHARDSON	16	DunmowAtlant	1:03.59
	L 6	Joseph WELLS	20	West Norfolk	1:03.94
	L 7	Aidan PILCHER	14	teamipswich	1:04.17
	L 8	Lachlan MACBETH	26	S14 Runnymede	1:30.46
H 2	L 1	Zane BATT	16	Hoddesdon	1:03.50
	L 2	Robbie BRINDLEY	15	West Suffolk	1:03.43
	L 3	Marcus KEMP	18	Watford SC	1:03.36
	L 4	Ketan RACH	15	Watford SC	1:03.30
	L 5	Ethan MARTIN	14	Thurrock	1:03.30
	L 6	Marin DE VILLARD	14	St Felix Sch	1:03.40
	L 7	Joseph MCGILLIVRAY	14	Co Norwich	1:03.50
	L 8	Connor WALKER	15	Co Peterboro	1:03.55
H 3	L 1	Luke PESTAILLE	16	Hatfield	1:03.23
	L 2	Oskar FARKAS	14	Co Cambridge	1:03.19
	L 3	Charlie KING	16	Co St Albans	1:02.91
	L 4	Samuel MILLER	16	Basildon Ph	1:02.57
	L 5	Fabian BRUDNICKI	15	Co Peterboro	1:02.62
	L 6	Ethan BASKERVILLE	14	Hatfield	1:02.93
	L 7	Charlie SUMMER	14	Dereham	1:03.20
	L 8	Matthew HARVEY	15	Basildon Ph	1:03.30
H 4	L 1	Ben WOODHOUSE	16	Norwich Swan	1:02.05
	L 2	William PESTELL	16	Colchester	1:01.79
	L 3	Dennis MHINI	18	St Felix Sch	1:01.42
	L 4	Benjamin GREEN	15	Watford SC	1:01.30
	L 5	Henry PEARCE	17	Co Peterboro	1:01.41
	L 6	Thomas STANBURY	18	Potters Bar	1:01.55
	L 7	Thomas BELCHER	16	Modernian	1:01.91
	L 8	Teal'K SMITH	16	Beccles Town	1:02.44

H 5	L 1	Oliver KENNY	22	West Norfolk	1:00.86
	L 2	Myles ROBINSON-YOUNG	17	Co Peterboro	1:00.09
	L 3	Thomas OGDEN	15	Bishop Stort	59.30
	L 4	Walter HACKETT	16	Dunstable	57.40
	L 5	Manfred BATTLE	17	Co Cambridge	58.40
	L 6	Alexander CATTON	16	Bishop Stort	59.60
	L 7	Matthew ANDERSON	17	Deben	1:00.42
	L 8	Ryan WEBB	18	Gt Yarmouth	1:01.29

H 6	L 1	Lucas DYSON-DIAZ	19	Hatfield	1:00.64
	L 2	Thomas BOYT	20	Felixstowe	59.84
	L 3	Charles WHYTE	18	West Suffolk	59.11
	L 4	Thomas CLARE	18	teamipswich	56.54
	L 5	Thomas PICKERING	19	Linslade	58.10
	L 6	Finn JEFFERY	16	St Felix Sch	59.56
	L 7	Michael JUDD	21	Dunstable	1:00.28
	L 8	Joel GREEN	19	Hemel Hemp	1:01.26

H 7	L 1	Ralph DAVIES	18	Harlow Pen	1:00.50
	L 2	Myles TURNER	19	West Suffolk	59.72
	L 3	Maxwell GEORGE	16	Hatfield	59.00
	L 4	Nathan WELLS	21	West Norfolk	56.30
	L 5	Herbie KINDER	17	Co Peterboro	57.47
	L 6	Jordan CATCHPOLE	20	S14 Co Norwich	59.40
	L 7	Nathan WOODROW	16	Co Norwich	1:00.10
	L 8	William PARSONS	15	Deben	1:01.00

#### Event 303 Womens Open 100m Freestyle

H 1	L 3	Ellie CHALLIS	15	S3 Clacton SC	2:14.02
	L 4	Eloise BAILEY	17	Modernian	1:02.00
	L 5	Lucy YOUNG	14	Modernian	1:02.00

H 2	L 2	Ella TOLLIDAY	17	St Felix Sch	1:01.93
	L 3	Cerys WILLIAMS	15	West Suffolk	1:01.91
	L 4	Lily MACDONALD	14	Co Norwich	1:01.90
	L 5	Georgina KNATCHBULL	15	C Beds SS	1:01.90
	L 6	Maddie LEES	15	DunmowAtlant	1:01.92
	L 7	Mia YATES	16	Felixstowe	1:01.95

H 3	L 1	Eleanor LLEWELLYN	19	West Suffolk	1:01.85
	L 2	Chloe BUTLER	15	St Ives	1:01.84
	L 3	Rebecca SMITH	16	Norwich Swan	1:01.80
	L 4	Lauren GRICE	20	Leighton Buz	1:01.78
	L 5	Sophie CLERKIN	13	Braintree	1:01.80
	L 6	Agnes BURNS	18	Harpندن	1:01.80
	L 7	Georgina MUNDAY	15	Modernian	1:01.84
	L 8	Macy DEXTER	13	Co Cambridge	1:01.89

H 4	L 1	Abbie BARNWELL	16	Team Luton	1:01.72
	L 2	Bryony EDGINGS	14	Thurrock	1:01.70
	L 3	Ellie O'KEEFFE	19	Co Cambridge	1:01.63
	L 4	Celeste ANDREW	18	Harlow Pen	1:01.51
	L 5	Francesca BABER	13	C Beds SS	1:01.60
	L 6	Sophie LANDER	14	Deben	1:01.70
	L 7	Katie ANDREWS	15	Norwich Swan	1:01.71
	L 8	Caitlin O'TOOLE	15	Royston	1:01.77

H 5	L 1	Isabella YEABSLEY	13	Hatfield	1:01.44
	L 2	Gemma HANSON	16	Hatfield	1:01.40
	L 3	Francesca PECCEI	16	Watford SC	1:01.18
	L 4	Olivia LEE	15	Co Peterboro	1:01.10
	L 5	Juliet MERELIE	21	Co Cambridge	1:01.15
	L 6	Lucy PARK	23	Watford SC	1:01.21
	L 7	Jessica SHAW	14	Co Peterboro	1:01.42
	L 8	Ella MURPHY	17	Harpندن	1:01.48

H 6	L 1	Almudena VISSER VELEZ	17	Co Cambridge	1:01.02
	L 2	Rebecca STROUD	17	Brentwood	1:01.00
	L 3	Mia FURSEDONNE	17	Basildon Ph	1:00.80
	L 4	Tess WESLEY	15	Newmarket	1:00.71
	L 5	Niamh ADCOCK	18	Co Norwich	1:00.80
	L 6	Clara WATSON-FLOWERS	13	St Felix Sch	1:00.88
	L 7	Cathryn THOMSON	29	St Ives	1:01.00
	L 8	Phoebe WHITE	14	Harlow Pen	1:01.10

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### Session Three

#### Start List

H 7	L 1	Lara-Grace MOUNT	17	West Norfolk	1:00.63	H 4	L 1	Edward MCFARLAND	16	C Beds SS	2:02.43
	L 2	Angharad EVANS	16	West Suffolk	1:00.60		L 2	Joab CARR	15	St Felix Sch	2:02.08
	L 3	Mia CARTER	17	Bishop Stort	1:00.47		L 3	Joseph GRICE	16	Leighton Buz	2:00.10
	L 4	Billie GRANT	17	Hatfield	1:00.18		L 4	Sam PERKINS	17	teamipswich	1:59.57
	L 5	Annika BROWN	16	teamipswich	1:00.31		L 5	Thomas PICKERING	19	Linslade	1:59.60
	L 6	Lucy HUDSON	15	West Suffolk	1:00.50		L 6	Harry SAUNDERS	17	Newmarket	2:00.30
	L 7	Matilda TURNER	16	Bor of Brox	1:00.61		L 7	Oskar FARKAS	14	Co Cambridge	2:02.10
	L 8	Erin CROUCH	15	teamipswich	1:00.70		L 8	William WHITLEY	18	Putteridge	2:02.60
H 8	L 1	Asma PARKER	16	Colchester	1:00.04	H 5	L 1	J J WILDE	15	Team Luton	1:59.30
	L 2	Harriet SALISBURY	15	Co Peterboro	59.90		L 2	Daniel MILLAR	19	Co St Albans	1:59.13
	L 3	Ella HALE	16	West Suffolk	59.70		L 3	Thomas CADENHEAD	17	Co St Albans	1:58.80
	L 4	Emily LUSH	17	Potters Bar	59.55		L 4	Kai ADAMS	23	Halstead	1:58.23
	L 5	Zoe MACDONALD	16	Bor of Brox	59.63		L 5	Rhys DAVIDSON	15	Team Luton	1:58.50
	L 6	Kiara KOVACS	15	Co Peterboro	59.70		L 6	Daniel ENGLISH	17	Bor of Brox	1:58.81
	L 7	Ruby GREENHALF	14	Co Norwich	59.90		L 7	Owen WEBSTER	16	St Felix Sch	1:59.23
	L 8	Matilda BOGLE	13	teamipswich	1:00.10		L 8	Ashley COOMBS	18	Hemel Hemp	1:59.54
H 9	L 1	Molly OLLINGTON	21	Co Cambridge	59.28	H 6	L 1	Joseph WELLS	20	West Norfolk	1:57.70
	L 2	Sarah CARROLL	17	Bishop Stort	59.00		L 2	Henry PEARCE	17	Co Peterboro	1:56.95
	L 3	Emma CRUICKSHANKS	16	teamipswich	57.90		L 3	Sebastian VANDERMEER	16	Co Cambridge	1:56.09
	L 4	Abbie LOW	17	Chelmsford	57.10		L 4	Charles WHYTE	18	West Suffolk	1:55.90
	L 5	Georgina PRYOR	21	Harlow Pen	57.53		L 5	Ayotobi LAGUDA	17	Hatfield	1:56.03
	L 6	Bianka MISIKOVA	16	Hatfield	58.80		L 6	Matthew ROTHWELL	17	Co Peterboro	1:56.72
	L 7	Erin O'MEARA	16	Co St Albans	59.17		L 7	Simon NEWTON	20	Co Norwich	1:57.15
	L 8	Ellie HOLLISS	15	Co St Albans	59.35		L 8	Noah JAMESON NEAL	15	Basildon Ph	1:57.90
H 10	L 1	Daisy MOXHAM	14	Co Cambridge	59.20	H 7	L 1	Nathan WOODROW	16	Co Norwich	1:55.50
	L 2	Jessica KEOGH	15	Hatfield	58.90		L 2	Ralph MUNCER	18	Co St Albans	1:54.39
	L 3	Rebecca WATT	17	DunmowAtlant	57.80		L 3	Nathan HUGHES	19	Hatfield	1:53.60
	L 4	Sacha THOMAS	16	Co Norwich	56.80		L 4	Herbie KINDER	17	Co Peterboro	1:51.70
	L 5	Charlotte WALKER	17	St Felix Sch	57.50		L 5	Jordan CATCHPOLE	20	S14 Co Norwich	1:53.20
	L 6	Tia GARDINER	17	Chelmsford	58.60		L 6	Ben BLOWERS	17	Co Norwich	1:54.00
	L 7	Isabel WAINWRIGHT	16	Modernian	59.00		L 7	Jude LIDDIARD	18	Co St Albans	1:55.40
	L 8	Rikke NAGELL-KLEVEN	24	Co Norwich	59.30		L 8	James SPEERS	16	Basildon Ph	1:55.82
H 11	L 1	Karys-Rose BUNN	13	teamipswich	59.20	H 8	L 1	Callum WOLLASTON	18	Bor of Brox	1:55.49
	L 2	Lauren WATT	18	Co Cambridge	58.90		L 2	Michael KLIMASZEWSKI	15	Hatfield	1:54.26
	L 3	Mia MASPERS	17	teamipswich	57.69		L 3	Reese HOUSDEN	17	Hemel Hemp	1:53.56
	L 4	Jessica WOODWARD	16	Hatfield	56.70		L 4	Nathan WELLS	21	West Norfolk	1:50.30
	L 5	Millie FIELDS	15	Bishop Stort	57.10		L 5	Lewis BINNING	16	Basildon Ph	1:53.10
	L 6	Rianna SMITH	21	Basildon Ph	57.98		L 6	Joshua FOWLES	20	Witham Dolph	1:53.78
	L 7	Carys BREALEY	15	Harlow Pen	59.00		L 7	Lewis MOORE	17	teamipswich	1:55.31
	L 8	Grace WALLER	15	Basildon Ph	59.30		L 8	Samuel PECK	19	Co Cambridge	1:55.81

#### Event 304 Mens Open 200m Freestyle

H 1	L 3	Mark EVENS	23	S14 Bor of Brox	2:31.70
	L 4	Angus ROBERTSON	15	Brentwood	2:04.85
	L 5	Saric LEWINGTON	16	Hatfield	2:04.90
	L 6	Lachlan MACBETH	26	S14 Runnymede	2:49.25
H 2	L 1	Connor HOUSTON	15	Deben	2:04.73
	L 2	Delvin BARICK	15	St Felix Sch	2:04.41
	L 3	Jude HILLS	14	Thurrock	2:04.30
	L 4	James NOBLE	17	Norwich Swan	2:04.08
	L 5	Jacob ISLE	18	West Norfolk	2:04.25
	L 6	Guy MUNCER	17	Co St Albans	2:04.32
	L 7	Callum STEDMAN	16	West Norfolk	2:04.45
	L 8	Ethan SUTTON	17	Watford SC	2:04.82
H 3	L 1	Lewis SHAYLER	16	Watford SC	2:03.97
	L 2	Joe FLETCHER	17	Stowmarket	2:03.68
	L 3	Luke BRYAN	19	West Norfolk	2:03.22
	L 4	Thomas BELCHER	16	Modernian	2:03.05
	L 5	Joshua BRIDGELAND	16	Hatfield	2:03.20
	L 6	Jake LAMMAS	18	West Norfolk	2:03.26
	L 7	George WHITEMAN	15	Co Peterboro	2:03.87
	L 8	Daniel MARTIN	16	Co St Albans	2:03.97

H 9	L 1	Thomas CLARE	18	teamipswich	1:55.45
	L 2	Maxwell GEORGE	16	Hatfield	1:54.10
	L 3	Hugo BELLAMY	21	Co Cambridge	1:53.20
	L 4	Regan LLOYD	22	teamipswich	1:46.83
	L 5	Myles ROBINSON-YOUNG	17	Co Peterboro	1:52.62
	L 6	Jacques BONSELL	20	Co Cambridge	1:53.71
	L 7	Samuel ROSE	16	St Felix Sch	1:54.80
	L 8	Joe COOPER	15	teamipswich	1:55.50

#### Event 305 Womens Open 50m Butterfly

H 1	L 1	Hannah WILLIS	14	Co Peterboro	31.50
	L 2	Aoife MARLEY	17	Witham Dolph	31.48
	L 3	Larissa DEAN	17	Harpenden	31.46
	L 4	Leonie AMMANN	13	Co Cambridge	31.38
	L 5	Emily COOPER	14	Basildon Ph	31.40
	L 6	Almudena VISSER VELEZ	17	Co Cambridge	31.47
	L 7	Isabel MOORE	16	Norwich Swan	31.50
	L 8	Ellie CHALLIS	15	S3 Clacton SC	1:04.69
H 2	L 1	Anouk ZECCHINI	13	Co Cambridge	31.31
	L 2	Madison GILMAN	16	Norwich Swan	31.30
	L 3	Georgina KNATCHBULL	15	C Beds SS	31.21
	L 4	Francesca PECCEI	16	Watford SC	31.20
	L 5	Bronte O'DEA	16	Runnymede	31.20
	L 6	Kaia PHILLIPS	13	Bishop Stort	31.27
	L 7	Katie ANDREWS	15	Norwich Swan	31.30
	L 8	Katherine DAYNES	17	Halstead	31.36

# Swim England East Region

## Short Course Championships 2019

### Session Three

#### Start List

H 3	L 1	Georgina MUNDAY	15	Modernian	31.20	H 11	L 1	Alison BINNS	23	Bushey	29.60
	L 2	Cathryn THOMSON	29	St Ives	31.15		L 2	Olivia NEWMAN-BARONIUS	13	Putteridge	29.50
	L 3	Ciara MCAULEY	14	Saffron Wald	31.10		L 3	Nonhlanhla THOLE	14	St Felix Sch	29.40
	L 4	Morgan ALLAN	16	Modernian	31.10		L 4	Lauren STOTT	17	Hatfield	29.40
	L 5	Amelia HEARNE	16	Clacton SC	31.10		L 5	Eve WRIGHT	16	Co Peterboro	29.40
	L 6	Mia CARTER	17	Bishop Stort	31.15		L 6	Erin O'MEARA	16	Co St Albans	29.50
	L 7	Daisy MOXHAM	14	Co Cambridge	31.19		L 7	Rebecca WATT	17	DunmowAtlant	29.50
	L 8	Grace WALLER	15	Basildon Ph	31.20		L 8	Lara-Grace MOUNT	17	West Norfolk	29.60
H 4	L 1	Rhianne CARRICK	15	Dunstable	31.00	H 12	L 1	Rebecca BURTON	21	Co Peterboro	29.12
	L 2	Zoe MACDONALD	16	Bor of Brox	31.00		L 2	Charlotte WHITE	14	West Suffolk	28.90
	L 3	Lillia THOMPSON	16	Flitwick	31.00		L 3	Isabella CHAPMAN	15	Harpenden	28.70
	L 4	Bethany SMITH	16	Leighton Buz	30.90		L 4	May BRADBURN	15	Chelmsford	27.60
	L 5	Lily BEMMER	16	Deben	30.90		L 5	Jessica WOODWARD	16	Hatfield	27.90
	L 6	Olivia SEAL	17	Hatfield	31.00		L 6	Ciara TAYLOR	14	St Ives	28.80
	L 7	Emma SHOOBERT	17	C Beds SS	31.00		L 7	Asma PARKER	16	Colchester	29.00
	L 8	Gracie TROTTER	16	C Beds SS	31.10		L 8	Ciara WOOKEY	15	Colchester	29.30
H 5	L 1	Freya HARWOOD	15	Bor of Brox	30.90	H 13	L 1	Jessica SHAW	14	Co Peterboro	29.10
	L 2	Isabel WAINWRIGHT	16	Modernian	30.90		L 2	Matilda BOGLE	13	teamipswich	28.90
	L 3	Rebecca STROUD	17	Brentwood	30.80		L 3	Molly OLLINGTON	21	Co Cambridge	28.50
	L 4	Chiara ROGERS	16	Team Luton	30.76		L 4	Sacha THOMAS	16	Co Norwich	27.30
	L 5	Chloe BUTLER	15	St Ives	30.80		L 5	Sara KALAWSKA	16	Hatfield	27.84
	L 6	Francesca BABER	13	C Beds SS	30.90		L 6	Lily MERRETT	16	Co St Albans	28.72
	L 7	Leah WIGHTMAN	14	West Norfolk	30.90		L 7	Martine TRAN	18	Thurrock	29.00
	L 8	Charlotte GILL	14	Basildon Ph	30.90		L 8	Tia GARDINER	17	Chelmsford	29.30
H 6	L 1	Ella MURPHY	17	Harpenden	30.70	H 14	L 1	Iona TRAINER	16	Co Peterboro	29.10
	L 2	Katie MALONEY	22	Co Norwich	30.70		L 2	Valeria GIRON	14	Hatfield	28.80
	L 3	Matilda RANSOME	13	Co Cambridge	30.60		L 3	Natalie SANFORD	15	St Felix Sch	28.00
	L 4	Nancy NEAVE	15	Braintree	30.60		L 4	Georgina PRYOR	21	Harlow Pen	27.10
	L 5	Rebecca GIROLAMI	16	Colchester	30.60		L 5	Rikke NAGELL-KLEVEN	24	Co Norwich	27.70
	L 6	Anna FREEMAN	14	St Ives	30.69		L 6	Georgia PEASE	17	Basildon Ph	28.70
	L 7	Lily MACDONALD	14	Co Norwich	30.70		L 7	Lauren NELSON	18	Harlow Pen	29.00
	L 8	Jessica HEESOM	16	Potters Bar	30.72		L 8	Arabella WARD	13	Modernian	29.30
H 7	L 1	Eleanor LLEWELLYN	19	West Suffolk	30.57	<b>Event 306 Mens Open 50m Butterfly</b>					
	L 2	Cerys WILLIAMS	15	West Suffolk	30.50	H 1	L 3	Jack PALLANT	15	Lstoft & OB	28.50
	L 3	Grace GREENHALF	12	Co Norwich	30.50		L 4	George DE VOOGT	13	C Beds SS	28.40
	L 4	Ruby GREENHALF	14	Co Norwich	30.40		L 5	Charlie KING	16	Co St Albans	28.40
	L 5	Lael GROVES	17	Co Cambridge	30.44	H 2	L 1	Bryn COUSER	17	Bishop Stort	28.40
	L 6	Bianka MISIKOVA	16	Hatfield	30.50		L 2	Zack TREHARNE	15	Co Peterboro	28.30
	L 7	Lucie PECK	16	St Felix Sch	30.50		L 3	William MARCH	17	Linslade	28.28
	L 8	Keira WHARTON	15	Berkhamsted	30.60		L 4	Myles MATHIAS	17	Dunstable	28.25
H 8	L 1	Lauren THOMAS	17	Biggleswade	30.40		L 5	Thomas STANBURY	18	Potters Bar	28.25
	L 2	Niamh ADCOCK	18	Co Norwich	30.30		L 6	Alfie FRANCIS	14	Colchester	28.30
	L 3	Menna WALMSLEY	15	Team Luton	30.20		L 7	Syd ROBERTS	15	Colchester	28.30
	L 4	Nellie EASTLAND	17	Bishop Stort	30.10		L 8	James HOSE	19	Dunstable	28.40
	L 5	Mia MASPERS	17	teamipswich	30.17	H 3	L 1	James ROWLEY	14	Deben	28.24
	L 6	Rebecca SMITH	16	Norwich Swan	30.26		L 2	Matthew BROWN	14	Stowmarket	28.20
	L 7	Freya WRIGHT	17	West Suffolk	30.30		L 3	Joseph KENNY	14	Leiston	28.20
	L 8	Grace GUNTON	15	Co Norwich	30.40		L 4	Ben WOODHOUSE	16	Norwich Swan	28.10
H 9	L 1	Ruby WHEELER	13	Basildon Ph	30.10		L 5	Goscha GOROVOJ	17	St Felix Sch	28.19
	L 2	Lauren GRICE	20	Leighton Buz	30.00		L 6	Freddie LAWS	16	West Norfolk	28.20
	L 3	Angharad EVANS	16	West Suffolk	29.90		L 7	Abdel ABDI	14	Team Luton	28.21
	L 4	Brooke JENKINS	15	Basildon Ph	29.90		L 8	Tolu ELESIN	17	Potters Bar	28.24
	L 5	Kirsty FUGE	13	Hatfield	29.90	H 4	L 1	Matthew MCLAUGHLIN	26	DunmowAtlant	28.10
	L 6	Erin CROUCH	15	teamipswich	29.90		L 2	Joseph GRICE	16	Leighton Buz	28.00
	L 7	Hannah SHARP	17	Modernian	30.07		L 3	Euan HIGGS	15	Chelmsford	27.90
	L 8	Sarah O'BRIEN	23	West Norfolk	30.10		L 4	Jude HILLS	14	Thurrock	27.90
H 10	L 1	Tilly MAYES	16	Thurrock	29.80		L 5	Jack SANGSTER	18	Modernian	27.90
	L 2	Millie DUDLEY	15	Dunstable	29.80		L 6	Jacob ISLE	18	West Norfolk	28.00
	L 3	Charlotte WALKER	17	St Felix Sch	29.70		L 7	Reese HOUSDEN	17	Hemel Hemp	28.01
	L 4	Ella HALE	16	West Suffolk	29.60		L 8	James ROTHWELL	15	Co Peterboro	28.10
	L 5	Ciara GILL-RYAN	17	Newmarket	29.60						
	L 6	Gracie KAY	16	Co Cambridge	29.80						
	L 7	Celeste ANDREW	18	Harlow Pen	29.80						
	L 8	Harriet CLEMENTS	15	Watford SC	29.80						

# Swim England East Region

## Short Course Championships 2019

### Session Three

#### Start List

H 5	L 1	Nicholas WOODFORD	15	Co Cambridge	27.90	H 13	L 1	Nathan WOODROW	16	Co Norwich	26.10
	L 2	Dylan NUTT	20	DunmowAtlant	27.80		L 2	Lewis BINNING	16	Basildon Ph	25.70
	L 3	Jordan CATCHPOLE	20	S14 Co Norwich	27.70		L 3	Michael KLIMASZEWSKI	15	Hatfield	25.30
	L 4	Thomas OGDEN	15	Bishop Stort	27.63		L 4	Jack BOWYER	17	West Suffolk	25.10
	L 5	Robbie BRINDLEY	15	West Suffolk	27.70		L 5	James WOODWARD	19	Hatfield	25.20
	L 6	Daniel MARTIN	16	Co St Albans	27.80		L 6	Thomas CLARE	18	teamipswich	25.70
	L 7	Sam DAVIES	18	Felixstowe	27.83		L 7	Simon NEWTON	20	Co Norwich	25.90
	L 8	Jacob STEPHEN	14	Brentwood	27.90		L 8	Devsh KAPOOR	16	Hemel Hemp	26.20
H 6	L 1	Thomas CADENHEAD	17	Co St Albans	27.60	H 14	L 1	Callum WOLLASTON	18	Bor of Brox	26.00
	L 2	Lewis SHAYLER	16	Watford SC	27.50		L 2	Zachary PATEL	18	Berkhamsted	25.70
	L 3	Walter HACKETT	16	Dunstable	27.50		L 3	Collins SALIBOKO	17	St Felix Sch	25.30
	L 4	B DITCHFIELD-WATKINS	16	Leighton Buz	27.40		L 4	Brandon NABARRO	22	Putteridge	24.90
	L 5	Joseph COLDWELL	17	Watford SC	27.50		L 5	Lawrence PALMER	27	Putteridge	25.11
	L 6	Christopher WILLIAMSON	14	Co Cambridge	27.50		L 6	Manfred BATTLE	17	Co Cambridge	25.40
	L 7	Robert ADDIS	15	West Norfolk	27.50		L 7	Adam MARTIN	19	Potters Bar	25.80
	L 8	Morgan FOSTER	16	Braintree	27.60		L 8	Thomas BOYT	20	Felixstowe	26.20
H 7	L 1	Fabian BRUDNICKI	15	Co Peterboro	27.40	H 15	L 1	Gabriel CANGE	21	Co Cambridge	25.98
	L 2	Lewis MARSTON	17	Runnymede	27.40		L 2	Lucas DYSON-DIAZ	19	Hatfield	25.70
	L 3	Angus HARROW	17	Harpندن	27.30		L 3	Yasir NAIMI	19	Co Peterboro	25.20
	L 4	Samuel DAY	16	Beccles Town	27.30		L 4	Jake TYSON	22	teamipswich	24.59
	L 5	Nathan SWIFT	18	Putteridge	27.30		L 5	Matthew TITMAN	18	Co Cambridge	25.10
	L 6	Edward MCFARLAND	16	C Beds SS	27.40		L 6	Harry JONES	19	Co Norwich	25.40
	L 7	Ashley COOMBS	18	Hemel Hemp	27.40		L 7	Harry WEARS	22	Putteridge	25.80
	L 8	Matteo LO BIUNDO	16	Bor of Brox	27.40		L 8	Callum DAVIS	19	Bishop Stort	26.10
H 8	L 1	Ryan WEBB	18	Gt Yarmouth	27.22	<b>Event 307 Womens Open 200m Backstroke</b>					
	L 2	Peter SOCZEWKA	14	Hatfield	27.20	H 1	L 2	Niamh O'MEARA	13	Watford SC	2:30.89
	L 3	Joel GREEN	19	Hemel Hemp	27.20		L 3	Morgan ALLAN	16	Modernian	2:30.57
	L 4	Matthew ROTHWELL	17	Co Peterboro	27.20		L 4	Anna FALLON	16	Team Luton	2:30.07
	L 5	Daniel MILLAR	19	Co St Albans	27.20		L 5	Lucy YOUNG	14	Modernian	2:30.49
	L 6	William PESTELL	16	Colchester	27.20		L 6	Clara WATSON-FLOWERS	13	St Felix Sch	2:30.71
	L 7	Jack TURRELL	16	Basildon Ph	27.20		L 7	Amelie SMITH	14	Co Cambridge	2:30.98
	L 8	William ELLARD	13	St Felix Sch	27.30	H 2	L 1	Georgina MUNDAY	15	Modernian	2:29.60
H 9	L 1	Arthur SMART	17	West Suffolk	27.10		L 2	Isabella YEABSLEY	13	Hatfield	2:29.34
	L 2	Henry PEARCE	17	Co Peterboro	27.00		L 3	Jessica KEFFORD	15	Dunstable	2:28.91
	L 3	Samuel ROSE	16	St Felix Sch	27.00		L 4	Jessica SHAW	14	Co Peterboro	2:28.74
	L 4	Luke BRYAN	19	West Norfolk	26.83		L 5	Nellie EASTLAND	17	Bishop Stort	2:28.82
	L 5	Samuel MILLER	16	Basildon Ph	26.84		L 6	Ella TOLLIDAY	17	St Felix Sch	2:29.14
	L 6	Ethan PEIRCE	15	Harlow Pen	27.00		L 7	Salma TERKEMANI	13	Modernian	2:29.46
	L 7	Oliver CASHIN	17	Co Cambridge	27.10		L 8	Mia FURSEDONNE	17	Basildon Ph	2:29.97
	L 8	Dennis MHINI	18	St Felix Sch	27.10	H 3	L 1	Emily LUSH	17	Potters Bar	2:28.36
H 10	L 1	Benjamin GREEN	15	Watford SC	26.80		L 2	Hannah WILLIS	14	Co Peterboro	2:28.22
	L 2	Ashley HOLNESS-WRIGHT	23	Watford SC	26.70		L 3	Harriet CLEMENTS	15	Watford SC	2:28.04
	L 3	Christopher MURPHY	23	Flitwick	26.70		L 4	Amy GREEN	15	Chelmsford	2:27.94
	L 4	Joshua TRAPP	18	Hertford	26.60		L 5	Francesca LOW	14	Chelmsford	2:27.97
	L 5	Charlie BARRETT	18	Co Norwich	26.60		L 6	Francesca CROCKER	19	St Ives	2:28.12
	L 6	Joseph WELLS	20	West Norfolk	26.70		L 7	Leah WIGHTMAN	14	West Norfolk	2:28.30
	L 7	Samuel PECK	19	Co Cambridge	26.80		L 8	Celeste ANDREW	18	Harlow Pen	2:28.40
	L 8	Ismail RAHIM	17	Berkhamsted	26.80	H 4	L 1	Emma SHOOBERT	17	C Beds SS	2:27.70
H 11	L 1	Joshua BRIDGELAND	16	Hatfield	26.60		L 2	Gemma NOTTAGE	14	Watford SC	2:27.60
	L 2	Jack JACKSON	23	Bushey	26.54		L 3	Brooke JENKINS	15	Basildon Ph	2:27.43
	L 3	Oliver KENNY	22	West Norfolk	26.50		L 4	Molly REDGRAVE	15	Colchester	2:27.24
	L 4	Elliott DAY	17	teamipswich	26.40		L 5	Katie ANDREWS	15	Norwich Swan	2:27.30
	L 5	Damon ELLIOTT	15	DunmowAtlant	26.45		L 6	Emily FALKUS	14	Runnymede	2:27.50
	L 6	Ayotobi LAGUDA	17	Hatfield	26.50		L 7	Agnes BURNS	18	Harpندن	2:27.63
	L 7	Sebastian VANDERMEER	16	Co Cambridge	26.60		L 8	Lucie PECK	16	St Felix Sch	2:27.80
	L 8	Charlie SUMMER	14	Dereham	26.60	H 5	L 1	Emily COOPER	14	Basildon Ph	2:26.80
H 12	L 1	Alex LEZARD	20	Co Cambridge	26.40		L 2	Millie TURNER	16	Basildon Ph	2:26.71
	L 2	Kai ADAMS	23	Halstead	26.30		L 3	Tilly ANEMA	18	Co Norwich	2:25.96
	L 3	Joshua HOLLAND	16	Hertford	26.20		L 4	Emma HOWITT	17	Modernian	2:25.60
	L 4	Harrison LEES	18	Watford SC	26.20		L 5	Maeve POOLEY	14	West Suffolk	2:25.70
	L 5	Charles WHYTE	18	West Suffolk	26.20		L 6	Lauren YOUNG	16	Flitwick	2:26.04
	L 6	Lewis CHAPMAN	18	Stowmarket	26.30		L 7	Madelyn LATIMER-HICKS	15	St Felix Sch	2:26.75
	L 7	Myles ROBINSON-YOUNG	17	Co Peterboro	26.30		L 8	Sophie LANDER	14	Deben	2:26.89
	L 8	Ralph DAVIES	18	Harlow Pen	26.40						

# Swim England East Region

## Short Course Championships 2019

### Session Three

#### Start List

H 6	L 1	Asma PARKER	16	Colchester	2:24.71
	L 2	Celyn WALMSLEY	18	Team Luton	2:21.96
	L 3	Charlotte NORMAN	14	teamipswich	2:18.65
	L 4	Emma CRUICKSHANKS	16	teamipswich	2:16.40
	L 5	Olivia NORMAN	17	teamipswich	2:17.62
	L 6	Carys BREALEY	15	Harlow Pen	2:21.23
	L 7	Sara KALAWSKA	16	Hatfield	2:24.03
	L 8	Kiera BLUNDEN	14	Chelmsford	2:25.09
H 7	L 1	Matilda BOGLE	13	teamipswich	2:24.50
	L 2	Jessica KEOGH	15	Hatfield	2:21.93
	L 3	Amelia MONAGHAN	17	Co Peterboro	2:18.38
	L 4	Abbie LOW	17	Chelmsford	2:15.75
	L 5	Lauren STOTT	17	Hatfield	2:17.30
	L 6	Ella TURNER	14	Basildon Ph	2:20.70
	L 7	Erin YEOMANSON	16	teamipswich	2:24.00
	L 8	Rebecca SMITH	16	Norwich Swan	2:25.05
H 8	L 1	Ellie MATTHEWS	16	Putteridge	2:24.29
	L 2	Eve WRIGHT	16	Co Peterboro	2:21.64
	L 3	Gracie KAY	16	Co Cambridge	2:18.14
	L 4	Megan PYE	17	Co Norwich	2:14.23
	L 5	Niamh JAMES	18	Bishop Stort	2:16.45
	L 6	Ellie WHEELER	17	Basildon Ph	2:19.77
	L 7	Jemima WAYMAN	16	Deben	2:23.97
	L 8	Charlotte HARRIS	16	Maldon Shark	2:24.90

#### **Event 308 Mens/Womens Open 200m Free.Team**

H 1	L 1	Bor of Brox B	Bor of Brox	1:54.00
	L 2	Harpenden	Harpenden	1:51.40
	L 3	Bushey	Bushey	1:48.00
	L 4	Co St Albans	-- Co St Albans	1:47.64
	L 5	Bor of Brox A	-- Bor of Brox	1:48.00
	L 6	C Beds SS	-- C Beds SS	1:51.00
	L 7	Brentwood	-- Brentwood	1:53.00
	L 8	Flitwick	Flitwick	1:54.17
H 2	L 1	Co Peterboro B	-- Co Peterboro	1:47.00
	L 2	Basildon Ph B	-- Basildon Ph	1:45.00
	L 3	St Felix Sch	-- St Felix Sch	1:44.50
	L 4	Basildon Ph A	-- Basildon Ph	1:43.00
	L 5	Modernian	-- Modernian	1:44.00
	L 6	Putteridge	-- Putteridge	1:45.00
	L 7	Watford SC	-- Watford SC	1:46.00
	L 8	West Norfolk	-- West Norfolk	1:47.00
H 3	L 1	Co Cambridge B	-- Co Cambridge	1:42.50
	L 2	Co Peterboro A	-- Co Peterboro	1:42.00
	L 3	Hatfield	-- Hatfield	1:41.50
	L 4	Co Cambridge A	-- Co Cambridge	1:41.00
	L 5	Co Norwich A	-- Co Norwich	1:41.00
	L 6	teamipswich A	-- teamipswich	1:41.50
	L 7	Co Norwich B	Co Norwich	1:42.00
	L 8	teamipswich B	teamipswich	1:43.00