

#### **EVENT 101 Womens Open 800m Freestyle**

Place	Name	AaD	Club	Time	FINA Pt
1.	Harriet SALISBURY	15	Co Peterboro	8:55.59	716
	50m 30.06	100m 1:02.67	150m 1:36.15	200m 2:09.98	250m 2:43.76
	30.06	32.61	33.48	33.83	33.78
	450m 4:58.92	500m 5:32.58	550m 6:06.25	600m 6:40.01	650m 7:13.72
	33.28	33.66	33.67	33.76	33.71
2.	Ruby WHEELER	13	Basildon Ph	9:04.98	680
	50m 30.17	100m 1:04.11	150m 1:39.18	200m 2:14.74	250m 2:49.37
	30.17	33.94	35.07	35.56	34.63
	450m 5:07.67	500m 5:42.07	550m 6:16.76	600m 6:50.67	650m 7:25.00
	33.96	34.40	34.69	33.91	34.33
3.	Mackenzie WHYATT	17	Co Peterboro	9:07.09	672
	50m 30.57	100m 1:03.54	150m 1:37.48	200m 2:11.67	250m 2:45.31
	30.57	32.97	33.94	34.19	33.64
	450m 5:02.64	500m 5:37.31	550m 6:12.18	600m 6:47.24	650m 7:22.40
	34.50	34.67	34.87	35.06	35.16
4.	Charlotte WALKER	17	St Felix Sch	9:10.20	661
	50m 31.39	100m 1:04.68	150m 1:38.62	200m 2:13.25	250m 2:47.38
	31.39	33.29	33.94	34.63	34.13
	450m 5:05.59	500m 5:40.35	550m 6:15.48	600m 6:50.92	650m 7:25.96
	34.66	34.76	35.13	35.44	35.04
5.	Ellie WHEELER	17	Basildon Ph	9:11.94	655
	50m 30.87	100m 1:04.62	150m 1:38.43	200m 2:13.07	250m 2:47.36
	30.87	33.75	33.81	34.64	34.29
	450m 5:06.28	500m 5:41.80	550m 6:17.75	600m 6:52.73	650m 7:28.35
	34.97	35.52	35.95	34.98	35.62
6.	Lily MERRETT	16	Co St Albans	9:12.13	654
	50m 30.86	100m 1:04.69	150m 1:39.49	200m 2:14.51	250m 2:49.50
	30.86	33.83	34.80	35.02	34.99
	450m 5:08.06	500m 5:43.23	550m 6:18.34	600m 6:53.45	650m 7:28.73
	34.80	35.17	35.11	35.11	35.28
7.	Tilly ANEMA	18	Co Norwich	9:14.57	645
	50m 30.07	100m 1:03.60	150m 1:37.76	200m 2:12.43	250m 2:47.07
	30.07	33.53	34.16	34.67	34.64
	450m 5:08.17	500m 5:43.64	550m 6:18.93	600m 6:54.52	650m 7:29.79
	34.96	35.47	35.29	35.59	35.27
8.	Katie HAMMOND	16	Co Cambridge	9:16.50	639
	50m 31.57	100m 1:05.77	150m 1:40.22	200m 2:15.14	250m 2:50.22
	31.57	34.20	34.45	34.92	35.08
	450m 5:10.99	500m 5:45.85	550m 6:21.22	600m 6:56.50	650m 7:31.55
	34.82	34.86	35.37	35.28	35.05
9.	Ruby GREENHALF	14	Co Norwich	9:16.53	638
	50m 31.52	100m 1:06.38	150m 1:41.65	200m 2:16.73	250m 2:51.66
	31.52	34.86	35.27	35.08	34.93
	450m 5:11.68	500m 5:47.02	550m 6:22.14	600m 6:57.55	650m 7:32.79
	35.01	35.34	35.12	35.41	35.24
10.	Daisy HILL	20	Co Norwich	9:17.64	635
	50m 31.45	100m 1:05.35	150m 1:40.02	200m 2:14.79	250m 2:49.61
	31.45	33.90	34.67	34.77	34.82
	450m 5:10.57	500m 5:45.93	550m 6:21.29	600m 6:56.88	650m 7:32.68
	35.40	35.36	35.36	35.59	35.80
11.	Olivia LEE	15	Co Peterboro	9:18.27	632
	50m 30.92	100m 1:05.01	150m 1:39.85	200m 2:15.21	250m 2:50.59
	30.92	34.09	34.84	35.36	35.38
	450m 5:12.81	500m 5:48.30	550m 6:23.73	600m 6:59.19	650m 7:34.54
	35.59	35.49	35.43	35.46	35.35
12.	Ella TURNER	14	Basildon Ph	9:20.88	624
	50m 31.69	100m 1:06.27	150m 1:40.97	200m 2:15.97	250m 2:50.90
	31.69	34.58	34.70	35.00	34.93
	450m 5:12.10	500m 5:47.80	550m 6:24.09	600m 6:59.81	650m 7:35.38
	35.70	35.70	36.29	35.72	35.57
13.	Almudena VISSER VELEZ	17	Co Cambridge	9:21.36	622
	50m 31.27	100m 1:05.53	150m 1:40.24	200m 2:15.48	250m 2:50.74
	31.27	34.26	34.71	35.24	35.26
	450m 5:13.29	500m 5:49.18	550m 6:24.93	600m 7:01.21	650m 7:36.44
	35.67	35.89	35.75	36.28	35.23
14.	Rebecca HOWELL	16	Basildon Ph	9:26.36	606
	50m 32.22	100m 1:06.65	150m 1:41.32	200m 2:16.25	250m 2:51.41
	32.22	34.43	34.67	34.93	35.16
	450m 5:12.97	500m 5:49.54	550m 6:25.00	600m 7:01.03	650m 7:37.62
	35.38	36.57	35.46	36.03	36.59
15.	Billie GRANT	17	Hatfield	9:27.81	601
	50m 31.76	100m 1:05.77	150m 1:40.48	200m 2:15.51	250m 2:50.45
	31.76	34.01	34.71	35.03	34.94
	450m 5:12.59	500m 5:49.02	550m 6:25.52	600m 7:02.06	650m 7:38.90
	35.90	36.43	36.50	36.54	36.84
16.	Eloise BAILEY	17	Modemian	9:31.07	591
	50m 31.77	100m 1:06.51	150m 1:41.79	200m 2:17.29	250m 2:53.25
	31.77	34.74	35.28	35.50	35.96
	450m 5:17.92	500m 5:54.39	550m 6:30.82	600m 7:07.29	650m 7:43.73
	36.45	36.47	36.43	36.47	36.44
17.	Madelyn LATIMER-HICKS	15	St Felix Sch	9:33.47	583
	50m 32.16	100m 1:06.49	150m 1:42.36	200m 2:18.70	250m 2:54.19
	32.16	34.33	35.87	36.34	35.49
	450m 5:20.39	500m 5:56.53	550m 6:33.65	600m 7:10.68	650m 7:47.62
	37.19	36.14	37.12	37.03	36.94

# Swim England East Region

## Short Course Championships 2019

### Results Session One

Licence 2ER192086

#### ***EVENT 101 Womens Open 800m Freestyle***

18. Abbie BARNWELL	16	Team Luton	9:34.63	580					
50m 31.98	100m 1:06.47	150m 1:41.75	200m 2:17.16	250m 2:52.87	300m 3:28.83	350m 4:05.12	400m 4:41.35		
31.98	34.49	35.28	35.41	35.71	35.96	36.29	36.23		
450m 5:17.37	500m 5:54.08	550m 6:30.97	600m 7:08.15	650m 7:45.27	700m 8:22.49	750m 8:59.41	800m 9:34.63		
36.02	36.71	36.89	37.18	37.12	37.22	36.92	35.22		
19. Lucie PECK	16	St Felix Sch	9:34.65	580					
50m 30.85	100m 1:04.68	150m 1:39.61	200m 2:14.85	250m 2:50.28	300m 3:26.33	350m 4:02.45	400m 4:39.04		
30.85	33.83	34.93	35.24	35.43	36.05	36.12	36.59		
450m 5:15.45	500m 5:52.38	550m 6:29.51	600m 7:06.89	650m 7:44.36	700m 8:21.37	750m 8:58.46	800m 9:34.65		
36.41	36.93	37.13	37.38	37.47	37.01	37.09	36.19		
20. Maeve POOLEY	14	West Suffolk	9:39.95	564					
50m 32.09	100m 1:07.40	150m 1:43.79	200m 2:20.17	250m 2:56.51	300m 3:33.40	350m 4:10.12	400m 4:46.99		
32.09	35.31	36.39	36.38	36.34	36.89	36.72	36.87		
450m 5:23.62	500m 6:00.52	550m 6:37.14	600m 7:14.00	650m 7:51.12	700m 8:28.04	750m 9:04.56	800m 9:39.95		
36.63	36.90	36.62	36.86	37.12	36.92	36.52	35.39		
21. Clara WATSON-FLOWERS	13	St Felix Sch	9:43.04	555					
50m 31.92	100m 1:07.75	150m 1:44.63	200m 2:21.58	250m 2:58.32	300m 3:35.65	350m 4:12.74	400m 4:50.32		
31.92	35.83	36.88	36.95	36.74	37.33	37.09	37.58		
450m 5:27.34	500m 6:04.74	550m 6:42.16	600m 7:19.16	650m 7:56.22	700m 8:33.21	750m 9:09.49	800m 9:43.04		
37.02	37.40	37.42	37.00	37.06	36.99	36.28	33.55		
22. Bryony EDGINGS	14	Thurrock	9:43.60	554					
50m 31.69	100m 1:07.43	150m 1:43.66	200m 2:20.14	250m 2:56.61	300m 3:33.29	350m 4:09.90	400m 4:46.54		
31.69	35.74	36.23	36.48	36.47	36.68	36.61	36.64		
450m 5:23.52	500m 6:00.71	550m 6:38.24	600m 7:15.76	650m 7:53.29	700m 8:30.79	750m 9:07.93	800m 9:43.60		
36.98	37.19	37.53	37.52	37.53	37.50	37.14	35.67		
23. Georgina MUNDAY	15	Modemian	9:46.94	544					
50m 32.74	100m 1:08.84	150m 1:45.71	200m 2:22.47	250m 2:59.64	300m 3:37.20	350m 4:14.31	400m 4:51.56		
32.74	36.10	36.87	36.76	37.17	37.56	37.11	37.25		
450m 5:29.02	500m 6:06.43	550m 6:44.43	600m 7:21.47	650m 7:59.11	700m 8:36.07	750m 9:11.82	800m 9:46.94		
37.46	37.41	38.00	37.04	37.64	36.96	35.75	35.12		
24. Millie TURNER	16	Basildon Ph	9:49.49	537					
50m 32.68	100m 1:08.89	150m 1:45.59	200m 2:22.45	250m 2:59.23	300m 3:36.43	350m 4:13.76	400m 4:51.23		
32.68	36.21	36.70	36.86	36.78	37.20	37.33	37.47		
450m 5:28.23	500m 6:05.57	550m 6:43.51	600m 7:20.96	650m 7:58.57	700m 8:36.37	750m 9:13.25	800m 9:49.49		
37.00	37.34	37.94	37.45	37.61	37.80	36.88	36.24		
25. Leah WIGHTMAN	14	West Norfolk	9:50.13	535					
50m 32.25	100m 1:07.62	150m 1:43.61	200m 2:20.26	250m 2:56.75	300m 3:34.05	350m 4:11.45	400m 4:49.07		
32.25	35.37	35.99	36.65	36.49	37.30	37.40	37.62		
450m 5:26.98	500m 6:05.35	550m 6:43.07	600m 7:20.71	650m 7:58.38	700m 8:35.96	750m 9:13.51	800m 9:50.13		
37.91	38.37	37.72	37.64	37.67	37.58	37.55	36.62		
26. Sophie DOWDING	12	teampswich	9:56.07	520					
50m 32.26	100m 1:07.97	150m 1:44.99	200m 2:22.53	250m 3:00.03	300m 3:38.24	350m 4:16.23	400m 4:54.42		
32.26	35.71	37.02	37.54	37.50	38.21	37.99	38.19		
450m 5:32.31	500m 6:10.95	550m 6:49.15	600m 7:27.36	650m 8:04.76	700m 8:42.31	750m 9:19.03	800m 9:56.07		
37.89	38.64	38.20	38.21	37.40	37.55	36.72	37.04		
27. Lauren YOUNG	16	Flitwick	9:59.98	509					
50m 32.62	100m 1:08.62	150m 1:45.19	200m 2:22.48	250m 2:59.66	300m 3:36.71	350m 4:14.40	400m 4:52.25		
32.62	36.00	36.57	37.29	37.18	37.05	37.69	37.85		
450m 5:30.36	500m 6:09.00	550m 6:47.84	600m 7:26.57	650m 8:05.44	700m 8:44.26	750m 9:22.53	800m 9:59.98		
38.11	38.64	38.84	38.73	38.87	38.82	38.27	37.45		

# Swim England East Region

## Short Course Championships 2019

### Results Session One

Licence 2ER192086

#### **EVENT 102 Mens Open 1500m Freestyle**

Place	Name	AaD	Club	Time	FINA Pt
1.	Nathan HUGHES	19	Hatfield	15:28.80	761
	50m 26.73	100m 56.81	150m 1:27.49	200m 1:58.53	250m 2:29.57
	26.73	30.08	30.68	31.04	31.09
	450m 4:32.95	500m 5:03.59	550m 5:34.54	600m 6:05.48	650m 6:36.53
	30.89	30.64	30.95	30.94	31.05
	850m 8:41.06	900m 9:12.41	950m 9:43.80	1000m 10:15.05	1050m 10:46.35
	31.14	31.35	31.39	31.25	31.30
	1250m 12:52.08	1300m 13:23.38	1350m 13:54.94	1400m 14:26.45	1450m 14:57.86
	31.65	31.30	31.56	31.51	31.41
2.	Henry PEARCE	17	Co Peterboro	15:51.60	707
	50m 27.96	100m 58.39	150m 1:29.84	200m 2:01.68	250m 2:33.56
	27.96	30.43	31.45	31.84	31.88
	450m 4:41.37	500m 5:13.33	550m 5:45.18	600m 6:17.11	650m 6:49.04
	32.00	31.96	31.85	31.93	31.93
	850m 8:56.99	900m 9:28.83	950m 10:00.77	1000m 10:32.76	1050m 11:04.73
	31.91	31.84	31.94	31.99	31.97
	1250m 13:12.40	1300m 13:44.30	1350m 14:16.46	1400m 14:48.44	1450m 15:20.57
	31.96	31.90	32.16	31.98	32.13
3.	Ralph MUNCER	18	Co St Albans	15:52.64	705
	50m 27.94	100m 58.41	150m 1:29.47	200m 2:00.98	250m 2:32.50
	27.94	30.47	31.06	31.51	31.52
	450m 4:40.12	500m 5:11.89	550m 5:43.88	600m 6:15.72	650m 6:48.02
	32.17	31.77	31.99	31.84	32.30
	850m 8:57.16	900m 9:29.64	950m 10:01.84	1000m 10:33.81	1050m 11:06.07
	32.38	32.48	32.20	31.97	32.26
	1250m 13:14.63	1300m 13:46.85	1350m 14:18.88	1400m 14:51.18	1450m 15:22.81
	32.22	32.22	32.03	32.30	31.63
4.	Jacques BONSELL	20	Co Cambridge	16:05.30	678
	50m 27.54	100m 57.99	150m 1:28.88	200m 2:00.54	250m 2:32.21
	27.54	30.45	30.89	31.66	31.67
	450m 4:40.01	500m 5:11.70	550m 5:43.79	600m 6:15.85	650m 6:48.16
	32.15	31.69	32.09	32.06	32.31
	850m 8:57.48	900m 9:30.26	950m 10:02.93	1000m 10:35.78	1050m 11:08.93
	32.59	32.78	32.67	32.85	33.15
	1250m 13:21.90	1300m 13:54.92	1350m 14:27.77	1400m 15:00.47	1450m 15:33.24
	32.95	33.02	32.85	32.70	32.77
5.	Joshua FOWLES	20	Witham Dolph	16:13.13	661
	50m 28.20	100m 58.73	150m 1:30.17	200m 2:02.16	250m 2:34.01
	28.20	30.53	31.44	31.99	31.85
	450m 4:43.01	500m 5:15.73	550m 5:48.48	600m 6:21.32	650m 6:54.21
	32.41	32.72	32.75	32.84	32.89
	850m 9:05.80	900m 9:39.01	950m 10:12.68	1000m 10:45.79	1050m 11:17.76
	32.65	33.21	33.67	33.11	31.97
	1250m 13:29.05	1300m 14:01.78	1350m 14:34.93	1400m 15:08.02	1450m 15:41.49
	32.74	32.73	33.15	33.09	33.47
6.	Lewis BINNING	16	Basildon Ph	16:14.22	659
	50m 28.15	100m 58.87	150m 1:29.81	200m 2:01.52	250m 2:33.01
	28.15	30.72	30.94	31.71	31.49
	450m 4:40.79	500m 5:13.10	550m 5:45.00	600m 6:17.66	650m 6:50.38
	32.29	32.31	31.90	32.66	32.72
	850m 9:01.18	900m 9:34.07	950m 10:07.25	1000m 10:40.34	1050m 11:13.77
	32.96	32.89	33.18	33.09	33.43
	1250m 13:29.07	1300m 14:02.45	1350m 14:36.37	1400m 15:09.53	1450m 15:42.57
	34.02	33.38	33.92	33.16	33.04
7.	Jude LIDDIARD	18	Co St Albans	16:23.38	641
	50m 28.25	100m 59.29	150m 1:30.90	200m 2:02.83	250m 2:35.10
	28.25	31.04	31.61	31.93	32.27
	450m 4:45.18	500m 5:18.43	550m 5:51.60	600m 6:25.02	650m 6:58.04
	32.99	33.25	33.17	33.42	33.02
	850m 9:11.10	900m 9:44.66	950m 10:17.95	1000m 10:51.50	1050m 11:24.82
	33.33	33.56	33.29	33.55	33.32
	1250m 13:38.25	1300m 14:11.76	1350m 14:45.57	1400m 15:18.80	1450m 15:51.42
	32.59	33.51	33.81	33.23	32.62
8.	Noah JAMESON NEAL	15	Basildon Ph	16:36.48	616
	50m 29.39	100m 1:01.42	150m 1:34.44	200m 2:07.24	250m 2:40.40
	29.39	32.03	33.02	32.80	33.16
	450m 4:52.94	500m 5:25.59	550m 5:58.05	600m 6:31.32	650m 7:04.78
	32.94	32.65	32.46	33.27	33.46
	850m 9:19.48	900m 9:53.47	950m 10:27.77	1000m 11:02.12	1050m 11:35.98
	34.05	33.99	34.30	34.35	33.86
	1250m 13:52.45	1300m 14:26.40	1350m 14:59.79	1400m 15:33.33	1450m 16:05.87
	33.92	33.95	33.39	33.54	32.54
9.	George WHITEMAN	15	Co Peterboro	16:38.15	613
	50m 28.97	100m 1:01.08	150m 1:34.43	200m 2:07.98	250m 2:41.52
	28.97	32.11	33.35	33.55	33.54
	450m 4:55.90	500m 5:29.43	550m 6:03.12	600m 6:36.84	650m 7:10.21
	33.64	33.53	33.69	33.72	33.37
	850m 9:24.23	900m 9:58.11	950m 10:31.53	1000m 11:05.09	1050m 11:38.87
	33.35	33.88	33.42	33.56	33.78
	1250m 13:53.41	1300m 14:27.21	1350m 15:00.18	1400m 15:33.71	1450m 16:06.93
	33.64	33.80	32.97	33.53	33.22

#### ***EVENT 102 Mens Open 1500m Freestyle***

10. Daniel ENGLISH	17	Bor of Brox	16:42.45	605					
50m 28.93	100m 1:01.15	150m 1:34.14	200m 2:07.24	250m 2:40.32	300m 3:13.68	350m 3:46.97	400m 4:19.94		
28.93	32.22	32.99	33.10	33.08	33.36	33.29	32.97		
450m 4:53.19	500m 5:26.15	550m 5:58.89	600m 6:32.21	650m 7:05.81	700m 7:39.54	750m 8:13.10	800m 8:46.92		
33.25	32.96	32.74	33.32	33.60	33.73	33.56	33.82		
850m 9:20.78	900m 9:54.87	950m 10:28.47	1000m 11:02.30	1050m 11:36.31	1100m 12:10.38	1150m 12:44.40	1200m 13:18.45		
33.86	34.09	33.60	33.83	34.01	34.07	34.02	34.05		
1250m 13:52.85	1300m 14:26.98	1350m 15:01.50	1400m 15:35.68	1450m 16:09.77	1500m 16:42.45				
34.40	34.13	34.52	34.18	34.09	32.68				
11. Owen WEBSTER	16	St Felix Sch	16:48.82	594					
50m 29.58	100m 1:01.99	150m 1:35.31	200m 2:08.99	250m 2:42.38	300m 3:15.98	350m 3:49.57	400m 4:22.78		
29.58	32.41	33.32	33.68	33.39	33.60	33.59	33.21		
450m 4:56.32	500m 5:30.25	550m 6:03.95	600m 6:38.01	650m 7:11.77	700m 7:46.36	750m 8:21.18	800m 8:56.46		
33.54	33.93	33.70	34.06	33.76	34.59	34.82	35.28		
850m 9:30.49	900m 10:04.44	950m 10:38.98	1000m 11:13.47	1050m 11:47.89	1100m 12:22.92	1150m 12:55.60	1200m 13:28.88		
34.03	33.95	34.54	34.49	34.42	35.03	32.68	33.28		
1250m 14:02.43	1300m 14:36.51	1350m 15:10.39	1400m 15:44.15	1450m 16:17.87	1500m 16:48.82				
33.55	34.08	33.88	33.76	33.72	30.95				
12. Samuel ROSE	16	St Felix Sch	16:51.19	589					
50m 28.30	100m 59.53	150m 1:31.64	200m 2:04.23	250m 2:36.93	300m 3:09.65	350m 3:42.88	400m 4:16.35		
28.30	31.23	32.11	32.59	32.70	32.72	33.23	33.47		
450m 4:50.04	500m 5:23.88	550m 5:57.82	600m 6:31.48	650m 7:05.62	700m 7:39.77	750m 8:14.04	800m 8:47.91		
33.69	33.84	33.94	33.66	34.14	34.15	34.27	33.87		
850m 9:22.41	900m 9:56.49	950m 10:31.10	1000m 11:05.54	1050m 11:39.99	1100m 12:14.85	1150m 12:49.90	1200m 13:24.65		
34.50	34.08	34.61	34.44	34.45	34.86	35.05	34.75		
1250m 13:59.48	1300m 14:33.91	1350m 15:08.41	1400m 15:43.21	1450m 16:17.57	1500m 16:51.19				
34.83	34.43	34.50	34.80	34.36	33.62				
13. Peter SOCZEWKA	14	Hatfield	16:59.32	575					
50m 30.06	100m 1:02.93	150m 1:37.04	200m 2:10.78	250m 2:44.94	300m 3:19.06	350m 3:53.15	400m 4:27.58		
30.06	32.87	34.11	33.74	34.16	34.12	34.09	34.43		
450m 5:01.86	500m 5:36.48	550m 6:11.00	600m 6:45.47	650m 7:20.07	700m 7:54.57	750m 8:28.84	800m 9:03.45		
34.28	34.62	34.52	34.47	34.60	34.50	34.27	34.61		
850m 9:37.93	900m 10:12.04	950m 10:46.27	1000m 11:20.68	1050m 11:55.24	1100m 12:29.42	1150m 13:03.57	1200m 13:37.37		
34.48	34.11	34.23	34.41	34.56	34.18	34.15	33.80		
1250m 14:11.60	1300m 14:45.62	1350m 15:19.36	1400m 15:52.89	1450m 16:26.41	1500m 16:59.32				
34.23	34.02	33.74	33.53	33.52	32.91				
14. Oskar FARKAS	14	Co Cambridge	17:00.28	574					
50m 29.74	100m 1:02.77	150m 1:36.25	200m 2:09.91	250m 2:43.84	300m 3:17.52	350m 3:51.16	400m 4:25.44		
29.74	33.03	33.48	33.66	33.93	33.68	33.64	34.28		
450m 4:59.30	500m 5:33.69	550m 6:08.07	600m 6:41.99	650m 7:16.12	700m 7:49.78	750m 8:23.56	800m 8:57.60		
33.86	34.39	34.38	33.92	34.13	33.66	33.78	34.04		
850m 9:32.14	900m 10:06.79	950m 10:41.31	1000m 11:15.77	1050m 11:49.97	1100m 12:24.54	1150m 12:58.76	1200m 13:33.48		
34.54	34.65	34.52	34.46	34.20	34.57	34.22	34.72		
1250m 14:07.85	1300m 14:42.87	1350m 15:17.40	1400m 15:51.83	1450m 16:26.15	1500m 17:00.28				
34.37	35.02	34.53	34.43	34.32	34.13				
15. Callum STEDMAN	16	West Norfolk	17:03.65	568					
50m 29.53	100m 1:02.26	150m 1:35.92	200m 2:10.10	250m 2:44.33	300m 3:18.35	350m 3:52.20	400m 4:26.42		
29.53	32.73	33.66	34.18	34.23	34.02	33.85	34.22		
450m 5:01.00	500m 5:35.39	550m 6:09.89	600m 6:44.46	650m 7:19.36	700m 7:53.57	750m 8:27.83	800m 9:02.48		
34.58	34.39	34.50	34.57	34.90	34.21	34.26	34.65		
850m 9:36.86	900m 10:11.45	950m 10:45.85	1000m 11:20.27	1050m 11:55.24	1100m 12:29.32	1150m 13:03.62	1200m 13:38.37		
34.38	34.59	34.40	34.42	34.97	34.08	34.30	34.75		
1250m 14:12.73	1300m 14:47.18	1350m 15:21.53	1400m 15:56.07	1450m 16:30.53	1500m 17:03.65				
34.36	34.45	34.35	34.54	34.46	33.12				
16. Matthew BROWN	14	Stowmarket	17:05.39	565					
50m 30.02	100m 1:03.72	150m 1:38.22	200m 2:12.85	250m 2:48.26	300m 3:23.03	350m 3:57.86	400m 4:33.01		
30.02	33.70	34.50	34.63	35.41	34.77	34.83	35.15		
450m 5:07.80	500m 5:42.39	550m 6:17.01	600m 6:51.86	650m 7:26.41	700m 8:00.82	750m 8:35.62	800m 9:10.54		
34.79	34.59	34.62	34.85	34.55	34.41	34.80	34.92		
850m 9:44.99	900m 10:19.16	950m 10:53.83	1000m 11:27.96	1050m 12:02.17	1100m 12:36.68	1150m 13:11.04	1200m 13:45.21		
34.45	34.17	34.67	34.13	34.21	34.51	34.36	34.17		
1250m 14:19.24	1300m 14:53.40	1350m 15:27.30	1400m 16:01.04	1450m 16:34.80	1500m 17:05.39				
34.03	34.16	33.90	33.74	33.76	30.59				
17. Adam EVENS	17	Bor of Brox	17:09.59	558					
50m 30.36	100m 1:03.56	150m 1:37.46	200m 2:11.61	250m 2:45.80	300m 3:20.31	350m 3:54.87	400m 4:29.58		
30.36	33.20	33.90	34.15	34.19	34.51	34.56	34.71		
450m 5:04.12	500m 5:38.72	550m 6:13.33	600m 6:47.73	650m 7:22.26	700m 7:57.10	750m 8:32.18	800m 9:06.34		
34.54	34.60	34.61	34.40	34.53	34.84	35.08	34.16		
850m 9:40.86	900m 10:15.48	950m 10:50.45	1000m 11:25.41	1050m 12:00.06	1100m 12:35.00	1150m 13:09.34	1200m 13:43.82		
34.52	34.62	34.97	34.96	34.65	34.94	34.34	34.48		
1250m 14:18.57	1300m 14:53.41	1350m 15:28.16	1400m 16:02.55	1450m 16:36.83	1500m 17:09.59				
34.75	34.84	34.75	34.39	34.28	32.76				
18. Harley WEST	15	Basildon Ph	17:25.80	533					
50m 31.54	100m 1:05.84	150m 1:40.73	200m 2:15.21	250m 2:50.10	300m 3:24.62	350m 3:59.38	400m 4:34.07		
31.54	34.30	34.89	34.48	34.89	34.52	34.76	34.69		
450m 5:09.01	500m 5:43.91	550m 6:18.81	600m 6:53.76	650m 7:28.77	700m 8:03.76	750m 8:38.65	800m 9:13.52		
34.94	34.90	34.90	34.95	35.01	34.99	34.89	34.87		
850m 9:48.35	900m 10:23.59	950m 10:58.93	1000m 11:33.67	1050m 12:08.89	1100m 12:43.97	1150m 13:19.45	1200m 13:54.72		
34.83	35.24	35.34	34.74	35.22	35.08	35.48	35.27		
1250m 14:30.02	1300m 15:05.51	1350m 15:41.01	1400m 16:16.38	1450m 16:51.52	1500m 17:25.80				
35.30	35.49	35.50	35.37	35.14	34.28				

#### ***EVENT 102 Mens Open 1500m Freestyle***

19. Harry SAUNDERS	17 Newmarket	17:33.39	521
50m 29.25	100m 1:02.69	150m 1:36.89	200m 2:11.76
29.25	33.44	34.20	34.87
450m 5:07.30	500m 5:42.98	550m 6:18.99	600m 6:54.18
35.43	35.68	36.01	35.19
850m 9:51.12	900m 10:27.11	950m 11:03.08	1000m 11:39.41
35.72	35.99	35.97	36.33
1250m 14:38.48	1300m 15:13.77	1350m 15:48.67	1400m 16:24.53
36.08	35.29	34.90	35.86
250m 2:46.73	300m 3:22.10	350m 3:56.61	400m 4:31.87
34.97	35.37	34.51	35.26
650m 7:29.28	700m 8:04.23	750m 8:39.67	800m 9:15.40
35.10	34.95	35.44	35.73
1050m 12:15.36	1100m 12:51.07	1150m 13:26.75	1200m 14:02.40
35.95	35.71	35.68	35.65
1450m 16:59.55	1500m 17:33.39		
35.02	33.84		
20. Daniel MONK	15 Harlow Pen	17:43.10	507
50m 29.03	100m 1:01.99	150m 1:35.96	200m 2:10.50
29.03	32.96	33.97	34.54
450m 5:06.90	500m 5:42.55	550m 6:18.24	600m 6:53.81
35.78	35.65	35.69	35.57
850m 9:54.70	900m 10:30.93	950m 11:07.27	1000m 11:43.83
36.53	36.23	36.34	36.56
1250m 14:43.01	1300m 15:19.30	1350m 15:56.43	1400m 16:33.69
35.85	36.29	37.13	37.26
250m 2:45.23	300m 3:20.10	350m 3:55.41	400m 4:31.12
34.73	34.87	35.31	35.71
650m 7:29.64	700m 8:05.68	750m 8:42.32	800m 9:18.17
35.83	36.04	36.64	35.85
1050m 12:19.77	1100m 12:56.08	1150m 13:32.12	1200m 14:07.16
35.94	36.31	36.04	35.04
1450m 17:09.72	1500m 17:43.10		
36.03	33.38		
21. Ethan SUTTON	17 Watford SC	17:47.37	501
50m 29.90	100m 1:03.57	150m 1:37.91	200m 2:12.95
29.90	33.67	34.34	35.04
450m 5:09.17	500m 5:44.65	550m 6:20.56	600m 6:56.65
35.56	35.48	35.91	36.09
850m 9:56.88	900m 10:32.80	950m 11:08.59	1000m 11:45.18
36.80	35.92	35.79	36.59
1250m 14:48.30	1300m 15:24.65	1350m 16:01.49	1400m 16:37.15
36.93	36.35	36.84	35.66
250m 2:48.32	300m 3:22.88	350m 3:57.88	400m 4:33.61
35.37	34.56	35.00	35.73
650m 7:32.04	700m 8:08.23	750m 8:44.17	800m 9:20.08
35.39	36.19	35.94	35.91
1050m 12:22.17	1100m 12:58.66	1150m 13:34.99	1200m 14:11.37
36.99	36.49	36.33	36.38
1450m 17:12.91	1500m 17:47.37		
35.76	34.46		
22. Zane BATT	16 Hoddesdon	17:51.59	495
50m 30.22	100m 1:04.17	150m 1:39.08	200m 2:14.34
30.22	33.95	34.91	35.26
450m 5:13.51	500m 5:49.81	550m 6:26.28	600m 7:02.56
36.12	36.30	36.47	36.28
850m 10:03.52	900m 10:39.96	950m 11:15.34	1000m 11:51.50
35.97	36.44	35.38	36.16
1250m 14:52.44	1300m 15:28.74	1350m 16:05.07	1400m 16:41.65
35.10	36.30	36.33	36.58
250m 2:49.68	300m 3:25.24	350m 4:01.01	400m 4:37.39
35.34	35.56	35.77	36.38
650m 7:38.81	700m 8:15.17	750m 8:50.98	800m 9:27.55
36.25	36.36	35.81	36.57
1050m 12:27.58	1100m 13:04.24	1150m 13:40.92	1200m 14:17.34
36.08	36.66	36.68	36.42
1450m 17:17.14	1500m 17:51.59		
35.49	34.45		
23. Ahaan SAINI	15 Hatfield	18:07.07	474
50m 31.80	100m 1:06.35	150m 1:41.48	200m 2:16.41
31.80	34.55	35.13	34.93
450m 5:13.68	500m 5:49.78	550m 6:25.80	600m 7:02.11
35.96	36.10	36.02	36.31
850m 10:07.32	900m 10:44.16	950m 11:21.23	1000m 11:58.38
37.17	36.84	37.07	37.15
1250m 15:05.27	1300m 15:42.03	1350m 16:19.53	1400m 16:56.94
37.67	36.76	37.50	37.41
250m 2:51.44	300m 3:26.43	350m 4:01.99	400m 4:37.72
35.03	34.99	35.56	35.73
650m 7:38.80	700m 8:15.76	750m 8:53.07	800m 9:30.15
36.69	36.96	37.31	37.08
1050m 12:35.24	1100m 13:12.58	1150m 13:50.06	1200m 14:27.60
36.86	37.34	37.48	37.54
1450m 17:32.32	1500m 18:07.07		
35.38	34.75		
24. Joe FLETCHER	17 Stowmarket	18:11.99	468
50m 29.95	100m 1:03.62	150m 1:38.29	200m 2:14.09
29.95	33.67	34.67	35.80
450m 5:16.15	500m 5:52.89	550m 6:29.73	600m 7:06.25
36.73	36.74	36.84	36.52
850m 10:11.90	900m 10:49.20	950m 11:26.84	1000m 12:04.56
37.08	37.30	37.64	37.72
1250m 15:09.24	1300m 15:46.65	1350m 16:24.32	1400m 17:01.03
37.28	37.41	37.67	36.71
250m 2:50.05	300m 3:26.64	350m 4:02.90	400m 4:39.42
35.96	36.59	36.26	36.52
650m 7:43.23	700m 8:20.29	750m 8:57.74	800m 9:34.82
36.98	37.06	37.45	37.08
1050m 12:40.60	1100m 13:17.43	1150m 13:55.01	1200m 14:31.96
36.04	36.83	37.58	36.95
1450m 17:37.98	1500m 18:11.99		
36.95	34.01		
25. James POPE	16 Watford SC	18:27.60	448
50m 30.94	100m 1:05.13	150m 1:40.62	200m 2:16.42
30.94	34.19	35.49	35.80
450m 5:17.88	500m 5:54.62	550m 6:31.31	600m 7:08.22
36.85	36.74	36.69	36.91
850m 10:15.19	900m 10:53.28	950m 11:31.12	1000m 12:09.00
37.40	38.09	37.84	37.88
1250m 15:20.27	1300m 15:58.15	1350m 16:36.27	1400m 17:14.44
37.79	37.88	38.12	38.17
250m 2:52.38	300m 3:28.54	350m 4:04.73	400m 4:41.03
35.96	36.16	36.19	36.30
650m 7:45.13	700m 8:22.46	750m 9:00.00	800m 9:37.79
36.91	37.33	37.54	37.79
1050m 12:47.27	1100m 13:25.58	1150m 14:03.87	1200m 14:42.48
38.27	38.31	38.29	38.61
1450m 17:51.63	1500m 18:27.60		
37.19	35.97		