

Event 331 Womens 15 Yrs 200m IM

Final				
L 1	Emma Parker	04	St Felix Sch	2:36.91
L 2	Charlotte Abramson	04	Co Norwich	2:33.41
L 3	Olivia Lee	04	Co Peterboro	2:31.00
L 4	Natalie Sanford	04	St Felix Sch	2:28.15
L 5	Ciara Wookey	04	Colchester	2:30.83
L 6	Molly Monk	04	Dereham	2:32.27
L 7	Molly Redgrave	04	Colchester	2:34.44
L 8	Isabella Chapman	04	Harpenden	2:36.95

Event 332 Womens 16 Yrs 200m IM

Final				
L 1	Chiara Rogers	03	Team Luton	2:36.89
L 2	Lucie Peck	03	West Norfolk	2:32.72
L 3	Lily Merrett	03	Co St Albans	2:30.57
L 4	Sara Kalawska	03	Hatfield	2:26.84
L 5	Orla Keaveney	03	Modernian	2:29.38
L 6	Erin O'Meara	03	Watford SC	2:30.98
L 7	Ellie Matthews	03	Putteridge	2:33.16
L 8	Lily Bemmer	03	Deben	2:37.60

Event 333 Womens 17 Yrs/Over 200m IM

Final				
L 1	Freya Wright	02	West Suffolk	2:33.23
L 2	India Weston	02	Norfolk Vikg	2:29.86
L 3	Celyn Walmsley	01	Team Luton	2:29.02
L 4	Amelia Monaghan	02	Co Peterboro	2:24.33
L 5	Ellie Wheeler	02	Basildon Ph	2:25.56
L 6	Ellie O'Keefe	00	Co Cambridge	2:29.71
L 7	Zara Keegan	02	Co Cambridge	2:31.17
L 8	Megan Pirrie	99	Co Norwich	2:34.49

Event 334 Mens 15 Yrs 200m IM

Final				
L 1	Robert Addis	04	West Norfolk	2:26.86
L 2	Thomas Page	04	West Suffolk	2:23.35
L 3	Harrison Jarvis	04	Thurrock	2:23.12
L 4	Rhys Davidson	04	Team Luton	2:17.66
L 5	Mehdi El Mansar	04	Bishop Stort	2:19.55
L 6	Naythan Aung	04	Colchester	2:23.23
L 7	Nicholas Woodford	04	Co Cambridge	2:26.42
L 8	Connor Walker	04	Co Peterboro	2:27.36
R1	George Whiteman	04	Co Peterboro	
R2	Kai Cheng	04	Colchester	

Event 335 Mens 16 Yrs 200m IM

Final				
L 1	Samuel Bullingham	03	West Suffolk	2:22.03
L 2	Morgan Foster	03	Braintree	2:20.30
L 3	Samuel Rose	03	West Norfolk	2:18.40
L 4	Nathan Woodrow	03	Co Norwich	2:14.92
L 5	Jack Turrell	03	Basildon Ph	2:18.30
L 6	Lewis Shayler	03	Watford SC	2:18.69
L 7	William Pestell	03	teamipswich	2:20.63
L 8	Joshua Bridgeland	03	Hatfield	2:22.38
R1	Owen Vaughan	03	Chelmsford	

Event 336 Mens 17 Yrs/Over 200m IM

Final				
L 1	Michael Judd	98	Dunstable	2:16.54
L 2	Charles Whyte	01	West Suffolk	2:14.35
L 3	Nathan Wells	98	West Norfolk	2:12.65
L 4	Theo Cannon	99	Co Cambridge	2:10.64
L 5	Nathan Hughes	00	Hatfield	2:12.16
L 6	Myles Robinson-Young	02	Co Peterboro	2:12.97
L 7	Myles Turner	00	Co Cambridge	2:15.18
L 8	William Loveman	00	Co St Albans	2:17.41
R1	Jack Sangster	01	Modernian	
R2	Joseph Wells	99	West Norfolk	

Event 337 Womens 15 Yrs 100m Backstroke

Final				
L 1	Molly Redgrave	04	Colchester	1:10.31
L 2	Jessica Kefford	04	Dunstable	1:09.92
L 3	Harriet Clements	04	Watford SC	1:09.35
L 4	Carys Brealey	04	Harlow Pen	1:08.33
L 5	Katie Andrews	04	Norwich Swan	1:08.94
L 6	Jessica Keogh	04	Hatfield	1:09.37
L 7	Grace Waller	04	Basildon Ph	1:10.07
L 8	Georgina Munday	04	Modernian	1:10.69
R1	Sophie Griffin	04	Co Peterboro	
R2	Lucy Morgan	04	Colchester	

Event 338 Womens 16 Yrs 100m Backstroke

Final				
L 1	Lauren Sharp	03	Chelmsford	1:10.41
L 2	Erin Yeomanson	03	teamipswich	1:09.05
L 3	Gracie Kay	03	Co Cambridge	1:07.67
L 4	Eve Wright	03	Co Peterboro	1:06.20
L 5	Emma Cruickshanks	03	teamipswich	1:06.62
L 6	Tasneen Aiteouakrim	03	Potters Bar	1:08.64
L 7	Radost Milkova	03	Thurrock	1:09.64
L 8	Charlotte Harris	03	Maldon Shark	1:10.67
R1	Isabel Wainwright	03	Modernian	

Event 339 Womens 17 Yrs/Over 100m Backstroke

Final				
L 1	Emily Lane	96	Basildon Ph	1:07.06
L 2	Abbie Low	02	Chelmsford	1:06.31
L 3	Martha Duley	99	Colchester	1:06.20
L 4	Megan Pye	02	Co Norwich	1:05.86
L 5	Lija Radziunaite	02	teamipswich	1:05.96
L 6	Danielle Rayner	96	Wisbech	1:06.27
L 7	Olivia Neale	00	Norwich Swan	1:06.97
L 8	Olivia Norman	02	teamipswich	1:07.33
R1	Lauren Stott	02	Hatfield	
R2	Georgina Pryor	98	Harlow Pen	

Event 340 Mens 15 Yrs 100m Backstroke

Final				
L 1	Fabian Brudnicki	04	Co Peterboro	1:05.70
L 2	Naythan Aung	04	Colchester	1:03.45
L 3	Jack Skerry	04	Chelmsford	1:02.89
L 4	Thomas Ogden	04	Bishop Stort	1:01.12
L 5	Alessandro Rioda	04	Harlow Pen	1:02.50
L 6	William Parsons	04	Deben	1:03.02
L 7	Ketan Rach	04	Watford SC	1:04.60
L 8	Matt Harvey	04	Basildon Ph	1:05.80
R1	Syd Roberts	04	Colchester	
R2	Connor Walker	04	Co Peterboro	

Event 341 Mens 16 Yrs 100m Backstroke

Final				
L 1	William Pestell	03	teamipswich	1:05.80
L 2	Owen Vaughan	03	Chelmsford	1:05.62
L 3	Alexander Catton	03	Bishop Stort	1:02.26
L 4	Walter Hackett	03	Dunstable	59.92
L 5	Daniel Murtagh	03	Hatfield	1:02.02
L 6	Thomas Belcher	03	Modernian	1:04.30
L 7	Teal'K Smith	03	Beccles Town	1:05.79
L 8	Finn Jeffery	03	St Felix Sch	1:05.87
R1	Joseph Grice	03	Leighton Buz	
R2	Charlie King	03	Co St Albans	

Event 342 Mens 17 Yrs/Over 100m Backstroke

Final	L 1	Jordan Catchpole	99	S14	Co Norwich	1:01.27
	L 2	Matthew Gray	00		Co Peterboro	59.87
	L 3	Joshua Smith	01		DunmowAtlant	59.59
	L 4	Nathan Wells	98		West Norfolk	59.19
	L 5	Thomas Clare	01		teamipswich	59.29
	L 6	Herbie Kinder	02		Co Peterboro	59.84
	L 7	Thomas Pickering	00		Linslade	1:00.62
	L 8	Daniel Chada	01		Bishop Stort	1:01.28
R1	R1	Conor O'Gorman	98		Leighton Buz	
R2	R2	Liam Brennan	02		Basildon Ph	

Event 343 Womens 15 Yrs 200m Freestyle

Final	L 1	Ellie Holliss	04		Co St Albans	2:16.39
	L 2	Harriet Salisbury	04		Co Peterboro	2:14.72
	L 3	Emma Parker	04		St Felix Sch	2:14.03
	L 4	Millie Fields	04		Bishop Stort	2:08.81
	L 5	May Bradburn	04		Chelmsford	2:12.43
	L 6	Lucy Hudson	04		West Suffolk	2:14.48
	L 7	Carys Brealey	04		Harlow Pen	2:15.27
	L 8	Kiara Kovacs	04		Co Peterboro	2:16.42
R1	R1	Olivia Lee	04		Co Peterboro	

Event 344 Womens 16 Yrs 200m Freestyle

Final	L 1	Zoe Macdonald	03		Hitchin	2:14.34
	L 2	Katie Hammond	03		Co Cambridge	2:13.35
	L 3	Jessica Woodward	03		Hatfield	2:13.12
	L 4	Rebecca Howell	03		Basildon Ph	2:09.50
	L 5	Sacha Thomas	03		Co Norwich	2:09.69
	L 6	Ella Hale	03		West Suffolk	2:13.25
	L 7	Bianka Misikova	03		Hatfield	2:13.69
	L 8	Matilda Turner	03		Hitchin	2:15.12
R1	R1	Sophie Taylor	03		DunmowAtlant	

Event 345 Womens 17 Yrs/Over 200m Freestyle

Final	L 1	Katrin Heider	92		Co Cambridge	2:10.15
	L 2	Mia Leech	02		Co Peterboro	2:07.66
	L 3	Mackenzie Whyatt	02		Co Peterboro	2:07.44
	L 4	Abbie Low	02		Chelmsford	2:06.25
	L 5	Jessica-Jane Applegate	96	S14	Co Norwich	2:07.17
	L 6	Charlotte Walker	02		St Felix Sch	2:07.65
	L 7	Tia Wilson	02		Modernian	2:09.05
	L 8	Tia Gardiner	02		Chelmsford	2:10.58
R1	R1	Sarah Carroll	02		Bishop Stort	
R2	R2	Ellie Wheeler	02		Basildon Ph	

Event 346 Mens 15 Yrs 200m Freestyle

Final	L 1	Joab Carr	04		St Felix Sch	2:08.28
	L 2	Mehdi El Mansar	04		Bishop Stort	2:05.73
	L 3	Noah Jameson Neal	04		Basildon Ph	2:03.68
	L 4	Michael Klimaszewski	04		Hatfield	1:58.86
	L 5	Joe Cooper	04		teamipswich	2:02.36
	L 6	J J Wilde	04		Team Luton	2:03.76
	L 7	Sam Townsend	04		C Beds SS	2:07.63
	L 8	Fabian Brudnicki	04		Co Peterboro	2:08.71
R1	R1	Angus Robertson	04		Brentwood	

Event 347 Mens 16 Yrs 200m Freestyle

Final	L 1	Jack Turrell	03		Basildon Ph	2:04.90
	L 2	James Speers	03		Basildon Ph	2:04.23
	L 3	Nathan Woodrow	03		Co Norwich	2:01.64
	L 4	Samuel Rose	03		West Norfolk	1:59.89
	L 5	Lewis Binning	03		Basildon Ph	2:01.27
	L 6	Joseph Grice	03		Leighton Buz	2:02.98
	L 7	Sebastian Vandermeer	03		Co Cambridge	2:04.52
	L 8	Samuel Miller	03		Basildon Ph	2:06.24
R1	R1	Thomas Belcher	03		Modernian	
R2	R2	Daniel Murtagh	03		Hatfield	

Event 348 Mens 17 Yrs/Over 200m Freestyle

Final	L 1	Luke Sugden	99		Hatfield	1:58.62
	L 2	Hugo Bellamy	98		Co Cambridge	1:57.62
	L 3	Myles Robinson-Young	02		Co Peterboro	1:56.86
	L 4	Michael Ripper	01		Co St Albans	1:55.83
	L 5	Regan Lloyd	97		teamipswich	1:56.49
	L 6	Nathan Wells	98		West Norfolk	1:57.10
	L 7	Henry Choong	97		Co Cambridge	1:58.32
	L 8	Reese Housden	02		Hatfield	1:58.98
R1	R1	James Woodward	00		Hatfield	

Event 349 Womens 15 Yrs 50m Butterfly

Final	L 1	Charlotte Abramson	04		Co Norwich	30.88
	L 2	Brooke Jenkins	04		Southend	30.74
	L 3	Isabella Chapman	04		Harpenden	30.35
	L 4	Natalie Sanford	04		St Felix Sch	28.99
	L 5	May Bradburn	04		Chelmsford	29.21
	L 6	Ciara Wookey	04		Colchester	30.43
	L 7	Erin Crouch	04		teamipswich	30.87
	L 8	Emily Haslam	04		Norfolk Viking	31.08
R1	R1	Cerys Williams	04		West Suffolk	
R2	R2	Rachel Ha	04		Epping Fort	

Event 350 Womens 16 Yrs 50m Butterfly

Final	L 1	Eve Wright	03		Co Peterboro	30.07
	L 2	Lily Merrett	03		Co St Albans	29.85
	L 3	Jessica Woodward	03		Hatfield	29.30
	L 4	Sacha Thomas	03		Co Norwich	28.65
	L 5	Sara Kalawska	03		Hatfield	28.96
	L 6	Libby Dunford	03		Hoddesdon	29.69
	L 7	Chloe Berko-Boateng	03		Hatfield	29.92
	L 8	Ella Hale	03		West Suffolk	30.35
R1	R1	Gracie Kay	03		Co Cambridge	

Event 351 Womens 17 Yrs/Over 50m Butterfly

Final	L 1	Molly Ollington	98		Co Cambridge	29.46
	L 2	Georgina Tallon	00		Potters Bar	29.10
	L 3	Rikke Nagell-Kleven	95		Co Norwich	28.67
	L 4	Georgina Pryor	98		Harlow Pen	28.27
	L 5	Elinor Duley	00		Colchester	28.28
	L 6	Agatha Malikova	95		Co Cambridge	28.81
	L 7	Georgia Pease	02		Basildon Ph	29.34
	L 8	Jessica-Jane Applegate	96	S14	Co Norwich	29.71
R1	R1	Megan Pye	02		Co Norwich	
R2	R2	Rebecca Watt	02		DunmowAtlant	

Event 352 Mens 15 Yrs 50m Butterfly

Final

L 1	Damon Elliott	04	DunmowAtlant	28.06
L 2	Thomas Page	04	West Suffolk	28.03
L 3	Alessandro Rioda	04	Harlow Pen	27.56
L 4	Sam Townsend	04	C Beds SS	26.63
L 5	Michael Klimaszewski	04	Hatfield	26.99
L 6	Jack Skerry	04	Chelmsford	27.62
L 7	Mide Olajide	04	Thurrock	28.05
L 8	Ethan Peirce	04	Harlow Pen	28.10
R1	Robert Addis	04	West Norfolk	
R2	Robbie Brindley	04	West Suffolk	

Event 353 Mens 16 Yrs 50m Butterfly

Final

L 1	Sebastian Vandermeer	03	Co Cambridge	27.87
L 2	Lewis Binning	03	Basildon Ph	27.45
L 3	Devesh Kapoor	03	Watford SC	27.11
L 4	Daniel Murtagh	03	Hatfield	26.72
L 5	Nathan Woodrow	03	Co Norwich	26.94
L 6	Joshua Holland	03	Hertford	27.32
L 7	Samuel Rose	03	West Norfolk	27.67
L 8	William Pestell	03	teamipswich	27.93
R1	Samuel Day	03	Beccles Town	

Event 354 Mens 17 Yrs/Over 50m Butterfly

Final

L 1	Thomas Clare	01	teamipswich	26.38
L 2	Yasir Naimi	00	Co Peterboro	25.98
L 3	Jack Bowyer	02	West Suffolk	25.84
L 4	Theo Cannon	99	Co Cambridge	25.52
L 5	Brandon Nabarro	97	Putteridge	25.75
L 6	Matthew Titman	01	Co Cambridge	25.91
L 7	James Woodward	00	Hatfield	26.24
L 8	Harry Jones	00	Co Norwich	26.44
R1	Lucas Dyson-Diaz	00	Hatfield	
R2	Joshua Smith	01	DunmowAtlant	