

# Swim England East Region

## Long Course Championships 2019

### Session Eight

#### Start List

#### Event 321 Womens Open 200m IM

H 1	L 1	Georgina Knatchbull	04	C Beds SS	2:33.87
	L 2	Charlotte Tree	04	Colchester	2:32.61
	L 3	Molly Redgrave	04	Colchester	2:31.65
	L 4	Harriet Salisbury	04	Co Peterboro	2:31.52
	L 5	Laura Snelham	04	St Felix Sch	2:31.54
	L 6	Cerys Williams	04	West Suffolk	2:32.03
	L 7	Kiara Kovacs	04	Co Peterboro	2:33.25
	L 8	Ela Norton	04	Hatfield	2:34.00
H 2	L 1	Rebecca Smith	03	Norwich Swan	2:31.33
	L 2	Brooke Jenkins	04	Southend	2:31.15
	L 3	Chiara Rogers	03	Team Luton	2:31.01
	L 4	Chloe Berko-Boateng	03	Hatfield	2:30.62
	L 5	Ciara Wookey	04	Colchester	2:30.93
	L 6	Lily Bemmer	03	Deben	2:31.05
	L 7	Holly Graves	04	Co Peterboro	2:31.20
	L 8	Isabella Chapman	04	Harpenden	2:31.51
H 3	L 1	Lucy Hudson	04	West Suffolk	2:30.51
	L 2	Charlotte Hudson	03	West Suffolk	2:30.19
	L 3	Nellie Eastland	02	Bishop Stort	2:30.11
	L 4	Lucy Park	96	Watford SC	2:29.80
	L 5	Alice Fender	01	Hemel Hemp	2:29.81
	L 6	Freya Wright	02	West Suffolk	2:30.11
	L 7	Kathryn Gill	87	Co Cambridge	2:30.20
	L 8	Molly Monk	04	Dereham	2:30.57
H 4	L 1	Olivia Lee	04	Co Peterboro	2:28.00
	L 2	Almudena Visser Velez	02	Co Cambridge	2:25.72
	L 3	Lily Merrett	03	Co St Albans	2:22.19
	L 4	Sara Kalawska	03	Hatfield	2:18.56
	L 5	Celyn Walmsley	01	Team Luton	2:21.52
	L 6	Lucie Peck	03	West Norfolk	2:25.00
	L 7	Ellie O'Keeffe	00	Co Cambridge	2:26.50
	L 8	Aoife Marley	02	Witham Dolph	2:28.84
H 5	L 1	Orla Keaveney	03	Modernian	2:27.90
	L 2	Zara Keegan	02	Co Cambridge	2:25.71
	L 3	Natalie Sanford	04	St Felix Sch	2:22.10
	L 4	Rebecca Burton	98	Co Peterboro	2:17.62
	L 5	Danielle Rayner	96	Wisbech	2:21.03
	L 6	Louise Fiddes	01	SM14 Hatfield	
	L 7	Ellie Matthews	03	Putteridge	2:26.48
	L 8	Charlotte Abramson	04	Co Norwich	2:28.20
H 6	L 1	Emma Parker	04	St Felix Sch	2:27.84
	L 2	Megan Pirrie	99	Co Norwich	2:25.40
	L 3	Erin O'Meara	03	Watford SC	2:21.82
	L 4	Amelia Monaghan	02	Co Peterboro	2:16.20
	L 5	Ellie Wheeler	02	Basildon Ph	2:19.38
	L 6	India Weston	02	Norfolk Viking	2:23.50
	L 7	Jessica Woodward	03	Hatfield	2:26.00
	L 8	Eve Wright	03	Co Peterboro	2:28.14

#### Event 322 Mens Open 200m IM

H 1	L 3	Samuel Whearty	02	SM9 Colchester	3:20.30
	L 4	Matthew Vaughan	04	Beccles Town	2:25.96
	L 5	Owen Woodrow	01	SM8 Co Norwich	3:16.45
H 2	L 1	Luke Barton	04	Co Norwich	2:25.63
	L 2	George Whiteman	04	Co Peterboro	2:25.38
	L 3	Kai Cheng	04	Colchester	2:24.50
	L 4	Tyler Jackson	04	Harlow Pen	2:24.20
	L 5	Nicholas Woodford	04	Co Cambridge	2:24.36
	L 6	Ryan Davis	04	Basildon Ph	2:25.25
	L 7	Robert Addis	04	West Norfolk	2:25.57
H 3	L 1	Delvin Barick	04	St Felix Sch	2:23.55
	L 2	Naythan Aung	04	Colchester	2:22.20
	L 3	William Robins	03	C Beds SS	2:20.86
	L 4	Samuel Bullingham	03	West Suffolk	2:20.11
	L 5	Teal'K Smith	03	Beccles Town	2:20.69
	L 6	Ben Woodhouse	03	Norwich Swan	2:21.19
	L 7	Thomas Page	04	West Suffolk	2:22.20
	L 8	Connor Walker	04	Co Peterboro	2:23.95
H 4	L 1	Callum Stedman	03	West Norfolk	2:19.43
	L 2	Joshua Bridgeland	03	Hatfield	2:18.46
	L 3	Matthew Rothwell	02	Co Peterboro	2:16.40
	L 4	Devesh Kapoor	03	Watford SC	2:16.07
	L 5	Lewis Shayler	03	Watford SC	2:16.33
	L 6	Mattias Morse	03	Hemel Hemp	2:17.50
	L 7	Harrison Jarvis	04	Thurrock	2:19.40
	L 8	Morgan Foster	03	Braintree	2:20.10
H 5	L 1	Owen Vaughan	03	Chelmsford	2:15.51
	L 2	Finn Jeffery	03	St Felix Sch	2:13.58
	L 3	Charles Whyte	01	West Suffolk	2:09.62
	L 4	Theo Cannon	99	Co Cambridge	2:04.73
	L 5	Alex Lezard	99	Co Cambridge	2:08.88
	L 6	Sam Perkins	02	teamipswich	2:13.09
	L 7	Nicholas Botha	02	Bishop Stort	2:15.28
	L 8	Mehdi El Mansar	04	Bishop Stort	2:15.97
H 6	L 1	Joseph Wells	99	West Norfolk	2:15.41
	L 2	Jack Sangster	01	Modernian	2:13.50
	L 3	Myles Robinson-Young	02	Co Peterboro	2:09.43
	L 4	Nathan Wells	98	West Norfolk	2:02.20
	L 5	Myles Turner	00	Co Cambridge	2:08.18
	L 6	William Loveman	00	Co St Albans	2:12.35
	L 7	Jack Turrell	03	Basildon Ph	2:15.02
	L 8	Rhys Davidson	04	Team Luton	2:15.90
H 7	L 1	Yannik Wilson	02	Co St Albans	2:15.41
	L 2	Samuel Rose	03	West Norfolk	2:13.24
	L 3	Nathan Woodrow	03	Co Norwich	2:09.20
	L 4	Nathan Hughes	00	Hatfield	2:00.54
	L 5	Samuel Peck	00	West Norfolk	2:07.00
	L 6	Michael Judd	98	Dunstable	2:12.18
	L 7	Lewis Bayley	01	Southend	2:14.98
	L 8	William Pestell	03	teamipswich	2:15.77

# Swim England East Region

## Long Course Championships 2019

### Session Eight

#### Start List

Event 323 Womens Open 100m Backstroke					Event 324 Mens Open 100m Backstroke				
H 1	L 1	Lucy Morgan	04 Colchester	1:10.74	H 1	L 2	Samuel Whearty	02 S9 Colchester	1:23.67
	L 2	Isabella Chapman	04 Harpenden	1:10.47		L 3	Nathan Gray	04 Southend	1:07.37
	L 3	Lucy Hudson	04 West Suffolk	1:10.46		L 4	Joab Carr	04 St Felix Sch	1:07.21
	L 4	Molly Monk	04 Dereham	1:10.38		L 5	Tyler Watson	04 Flitwick	1:07.36
	L 5	Lucy Hutchinson	04 West Suffolk	1:10.41		L 6	Jack Pallant	04 Lstof & OB	1:07.41
	L 6	Katie Andrews	04 Norwich Swan	1:10.46		L 7	Owen Woodrow	01 S8 Co Norwich	1:24.15
	L 7	Amy Green	04 Chelmsford	1:10.50					
	L 8	Madelyn Latimer-Hicks	04 St Felix Sch	1:10.77	H 2	L 1	Saif Rahman	04 Colchester	1:07.04
H 2	L 1	Abigail Hewson	04 Berkhamsted	1:10.36		L 2	Jacob Cowin	04 March	1:06.39
	L 2	Brooke Jenkins	04 Southend	1:10.10		L 3	Oscar Brice	04 Co St Albans	1:06.30
	L 3	Morgan Allan	03 Modernian	1:09.73		L 4	Samuel Smith	04 March	1:05.60
	L 4	Lucy Hinks	03 Hoddesdon	1:09.70		L 5	Henry Duncan	04 Co Cambridge	1:05.99
	L 5	Rebecca Smith	03 Norwich Swan	1:09.72		L 6	Nicholas Woodford	04 Co Cambridge	1:06.38
	L 6	Holly Graves	04 Co Peterboro	1:09.95		L 7	Tobias Oglesby	04 West Norfolk	1:06.90
	L 7	Tess Wesley	04 Newmarket	1:10.22		L 8	Robert Addis	04 West Norfolk	1:07.06
	L 8	Molly Redgrave	04 Colchester	1:10.37	H 3	L 1	Joseph Grice	03 Leighton Buz	1:04.78
H 3	L 1	Charlotte Harris	03 Maldon Shark	1:09.60		L 2	Connor Gillingham	03 West Suffolk	1:03.83
	L 2	Olivia Aldred	04 Lstof & OB	1:09.40		L 3	Jack Richardson	03 DunmowAtlant	1:03.59
	L 3	Georgina Munday	04 Modernian	1:09.20		L 4	Connor Walker	04 Co Peterboro	1:03.55
	L 4	Isabel Wainwright	03 Modernian	1:09.06		L 5	Syd Roberts	04 Colchester	1:03.58
	L 5	Madeleine Stares	03 Watford SC	1:09.10		L 6	Ketan Rach	04 Watford SC	1:03.70
	L 6	Sophie Mabbs	03 Putteridge	1:09.30		L 7	Zane Batt	03 Hoddesdon	1:03.90
	L 7	Amelia Hearne	03 Clacton SC	1:09.46		L 8	Arvin Joaquin Rodrigue	04 Watford SC	1:05.11
	L 8	Georgie Park	04 Epping Fort	1:09.65	H 4	L 1	Charlie King	03 Co St Albans	1:03.34
H 4	L 1	Molly Bradley	01 Tring	1:08.84		L 2	Matt Harvey	04 Basildon Ph	1:03.30
	L 2	Sophie Griffin	04 Co Peterboro	1:08.80		L 3	Tyler Jackson	04 Harlow Pen	1:03.06
	L 3	Emma Howitt	02 Modernian	1:08.40		L 4	Ben Woodhouse	03 Norwich Swan	1:02.79
	L 4	Lauren Sharp	03 Chelmsford	1:08.10		L 5	Naythan Aung	04 Colchester	1:03.00
	L 5	Anya Fletcher	02 Bishop Stort	1:08.33		L 6	Luke Pestaille	03 Hatfield	1:03.23
	L 6	Tasneen Aiteouakrim	03 Potters Bar	1:08.48		L 7	Ciaran Riches	03 West Suffolk	1:03.30
	L 7	Emily Green	01 Brentwood	1:08.81		L 8	Robbie Brindley	04 West Suffolk	1:03.43
	L 8	Agnes Burns	01 Harpenden	1:08.92	H 5	L 1	Fabian Brudnicki	04 Co Peterboro	1:02.62
H 5	L 1	Celeste Andrew	01 Harlow Pen	1:07.98		L 2	Thomas Belcher	03 Modernian	1:01.91
	L 2	Francesca Crocker	00 St Ives	1:07.85		L 3	William Pestell	03 teamipswich	1:01.79
	L 3	Eleanor King	00 Team Luton	1:07.24		L 4	Thomas Stanbury	01 Potters Bar	1:01.55
	L 4	Emily Lush	02 Potters Bar	1:06.98		L 5	Dennis Mhini	01 St Felix Sch	1:01.73
	L 5	Isabel Harber	03 Verulam	1:07.11		L 6	William Parsons	04 Deben	1:01.90
	L 6	India Weston	02 Norfolk Vikg	1:07.63		L 7	Teal'K Smith	03 Beccles Town	1:02.44
	L 7	Radost Milkova	03 Thurrock	1:07.97		L 8	Samuel Costin	03 Basildon Ph	1:02.73
	L 8	Jessica Kefford	04 Dunstable	1:07.98	H 6	L 1	Lewis Bayley	01 Southend	1:01.45
H 6	L 1	Harriet Clements	04 Watford SC	1:06.54		L 2	Ryan Webb	01 Gt Yarmouth	1:01.29
	L 2	Carys Brealey	04 Harlow Pen	1:05.79		L 3	Elliott Day	02 teamipswich	1:01.09
	L 3	Georgina Pryor	98 Harlow Pen	1:04.66		L 4	Oliver Kenny	97 S15 West Norfolk	1:00.86
	L 4	Olivia Neale	00 Norwich Swan	1:02.83		L 5	Alessandro Rioda	04 Harlow Pen	1:00.88
	L 5	Eve Wright	03 Co Peterboro	1:03.50		L 6	Harry Whiteman	00 Co Peterboro	1:01.27
	L 6	Gracie Kay	03 Co Cambridge	1:04.71		L 7	Benjamin Green	04 Watford SC	1:01.31
	L 7	Jessica Keogh	04 Hatfield	1:06.36		L 8	Taylor Bowen	01 West Suffolk	1:01.52
	L 8	Gemma Booth	02 Newmarket	1:06.98	H 7	L 1	Owen Vaughan	03 Chelmsford	1:00.74
H 7	L 1	Erin Yeomanson	03 teamipswich	1:06.49		L 2	Ralph Davies	01 Harlow Pen	1:00.50
	L 2	Olivia Norman	02 teamipswich	1:05.55		L 3	Jack Sangster	01 Modernian	1:00.40
	L 3	Niamh James	01 Bishop Stort	1:04.50		L 4	Michael Judd	98 Dunstable	1:00.28
	L 4	Emma Cruickshanks	03 teamipswich	1:02.65		L 5	Jordan Catchpole	99 S14 Co Norwich	1:00.40
	L 5	Lija Radziunaite	02 teamipswich	1:03.11		L 6	Matthew Anderson	02 Deben	1:00.42
	L 6	Danielle Rayner	96 Wisbech	1:04.71		L 7	Conor O'Gorman	98 Leighton Buz	1:00.60
	L 7	Bronte O'Dea	03 Runnymede	1:06.21		L 8	Jack Skerry	04 Chelmsford	1:00.75
	L 8	Emma Shoobert	02 C Beds SS	1:06.80	H 8	L 1	Kai Adams	96 Halstead	59.95
H 8	L 1	Grace Waller	04 Basildon Ph	1:06.43		L 2	Jude Liddiard	01 Co St Albans	59.37
	L 2	Abbie Low	02 Chelmsford	1:04.80		L 3	Daniel Chada	01 Bishop Stort	58.60
	L 3	Emily Lane	96 Basildon Ph	1:04.07		L 4	Matthew Gray	00 Co Peterboro	56.74
	L 4	Martha Duley	99 Colchester	1:02.00		L 5	Walter Hackett	03 Dunstable	57.72
	L 5	Megan Pye	02 Co Norwich	1:02.93		L 6	Charles Whyte	01 West Suffolk	59.11
	L 6	Lauren Stott	02 Hatfield	1:04.69		L 7	Alexander Catton	03 Bishop Stort	59.65
	L 7	Lara-Grace Mount	02 West Norfolk	1:05.99		L 8	Myles Robinson-Young	02 Co Peterboro	1:00.09
	L 8	Claire Burrell	01 Co St Albans	1:06.71					

H 9	L 1	Thomas Boyt	99	Felixstowe	59.84	H 7	L 1	Alice Fender	01	Hemel Hemp	2:09.45
	L 2	Daniel Murtagh	03	Hatfield	59.23		L 2	Tia Wilson	02	Modernian	2:06.50
	L 3	Manfred Battle	02	Co Cambridge	58.54		L 3	Charlotte Walker	02	St Felix Sch	2:04.50
	L 4	Thomas Clare	01	teamipswich	56.54		L 4	Abbie Low	02	Chelmsford	2:02.60
	L 5	Herbie Kinder	02	Co Peterboro	57.47		L 5	Jessica-Jane Applegate	96	S14 Co Norwich	2:03.80
	L 6	Henry Choong	97	Co Cambridge	59.04		L 6	Rebecca Howell	03	Basildon Ph	2:05.80
	L 7	Thomas Ogden	04	Bishop Stort	59.63		L 7	Katie Hammond	03	Co Cambridge	2:07.40
	L 8	James Cooper	02	Basildon Ph	1:00.00		L 8	Sophie Quach	98	Hatfield	2:10.10
H 10	L 1	Myles Turner	00	Co Cambridge	59.72	<b>Event 326 Mens Open 200m Freestyle</b>					
	L 2	Jack Bowyer	02	West Suffolk	59.22	H 1	L 2	Samuel Smith	04	March	2:07.52
	L 3	Thomas Pickering	00	Linslade	58.11		L 3	Robert Addis	04	West Norfolk	2:07.40
	L 4	Nathan Wells	98	West Norfolk	56.20		L 4	Connor Houston	04	Deben	2:07.14
	L 5	Joshua Smith	01	DunmowAtlant	57.24		L 5	Connor Walker	04	Co Peterboro	2:07.29
	L 6	Liam Brennan	02	Basildon Ph	58.69		L 6	Syd Roberts	04	Colchester	2:07.43
	L 7	Finn Jeffery	03	St Felix Sch	59.56		L 7	Mark Evens	96	S14 Hitchin	2:31.70
	L 8	Harrison Lees	01	Watford SC	59.96	H 2	L 1	Angus Robertson	04	Brentwood	2:06.78
<b>Event 325 Womens Open 200m Freestyle</b>							L 2	Tyler Jackson	04	Harlow Pen	2:05.56
H 1	L 3	Emma Staines	04	Chelmsford	2:15.33		L 3	James Edgings	03	Thurrock	2:05.17
	L 4	Emma Tappenden	04	Basildon Ph	2:15.03		L 4	Joseph Grice	03	Leighton Buz	2:04.70
	L 5	Holly Timmis	04	Epping For't	2:15.26		L 5	Ryan Davis	04	Basildon Ph	2:04.90
	L 6	Katie Andrews	04	Norwich Swan	2:15.64		L 6	Thomas Jobson	03	Bushey	2:05.24
H 2	L 1	Elizabeth Wilkinson	04	Chelmsford	2:14.58		L 7	Matthew Vaughan	04	Beccles Town	2:06.55
	L 2	Emily Haslam	04	Norfolk Vikg	2:13.66		L 8	Ahaan Saini	04	Hatfield	2:07.10
	L 3	Rhearna Mason	03	C Beds SS	2:13.10	H 3	L 1	Callum Stedman	03	West Norfolk	2:04.45
	L 4	Rebecca Girolami	03	Colchester	2:13.07		L 2	Jack Skerry	04	Chelmsford	2:04.31
	L 5	Jessica Keogh	04	Hatfield	2:13.10		L 3	Daniel Martin	03	Co St Albans	2:03.97
	L 6	Orla Keaveney	03	Modernian	2:13.15		L 4	J J Wilde	04	Team Luton	2:02.60
	L 7	Freya Harwood	04	Hitchin	2:14.43		L 5	Samuel Miller	03	Basildon Ph	2:03.60
	L 8	Madelyn Latimer-Hicks	04	St Felix Sch	2:14.89		L 6	Thomas Belcher	03	Modernian	2:04.18
H 3	L 1	Lucie Peck	03	West Norfolk	2:12.20		L 7	Delvin Barick	04	St Felix Sch	2:04.41
	L 2	Kiara Kovacs	04	Co Peterboro	2:11.32		L 8	Joab Carr	04	St Felix Sch	2:04.62
	L 3	Lucy Park	96	Watford SC	2:11.26	H 4	L 1	Fabian Brudnicki	04	Co Peterboro	2:01.71
	L 4	Sophie Taylor	03	DunmowAtlant	2:11.17		L 2	Mehdi El Mansar	04	Bishop Stort	2:00.53
	L 5	Erin Lee	02	Basildon Ph	2:11.22		L 3	Joe Cooper	04	teamipswich	1:59.83
	L 6	Cathryn Thomson	90	St Ives	2:11.32		L 4	Harvey Skellern	02	Co Cambridge	1:59.38
	L 7	Olivia Lee	04	Co Peterboro	2:12.15		L 5	Ashley Coombs	01	Hemel Hemp	1:59.54
	L 8	Lucy Hudson	04	West Suffolk	2:12.42		L 6	Harry Saunders	02	Newmarket	2:00.30
H 4	L 1	Kathryn Gill	87	Co Cambridge	2:10.88		L 7	Daniel Murtagh	03	Hatfield	2:00.62
	L 2	Sarah Carroll	02	Bishop Stort	2:10.57		L 8	Sam Townsend	04	C Beds SS	2:01.82
	L 3	Ellie Holliss	04	Co St Albans	2:10.49	H 5	L 1	Owen Webster	03	St Felix Sch	1:59.23
	L 4	Abbie Barnwell	03	Team Luton	2:10.27		L 2	Matthew Rothwell	02	Co Peterboro	1:58.80
	L 5	Tess Wesley	04	Newmarket	2:10.34		L 3	Thomas Cadenhead	02	Co St Albans	1:58.50
	L 6	Ella Hale	03	West Suffolk	2:10.53		L 4	Kai Adams	96	Halstead	1:58.23
	L 7	Bianka Misikova	03	Hatfield	2:10.75		L 5	James Cooper	02	Basildon Ph	1:58.30
	L 8	Emma Parker	04	St Felix Sch	2:10.98		L 6	Collins Sailboko	02	St Felix Sch	1:58.55
H 5	L 1	Grace Waller	04	Basildon Ph	2:10.06		L 7	Joseph Wells	99	West Norfolk	1:58.82
	L 2	May Bradburn	04	Chelmsford	2:06.81		L 8	Jack Turrell	03	Basildon Ph	1:59.33
	L 3	Ellie Wheeler	02	Basildon Ph	2:05.30	H 6	L 1	Simon Newton	99	Co Norwich	1:57.15
	L 4	Mia Leech	02	Co Peterboro	2:02.80		L 2	Nathan Woodrow	03	Co Norwich	1:55.65
	L 5	Sacha Thomas	03	Co Norwich	2:04.06		L 3	Lewis Binning	03	Basildon Ph	1:53.55
	L 6	Jessica Woodward	03	Hatfield	2:06.42		L 4	James Woodward	00	Hatfield	1:51.34
	L 7	Sara Kalawska	03	Hatfield	2:09.20		L 5	Herbie Kinder	02	Co Peterboro	1:53.20
	L 8	Matilda Turner	03	Hitchin	2:10.12		L 6	Hugo Bellamy	98	Co Cambridge	1:53.90
H 6	L 1	Harriet Salisbury	04	Co Peterboro	2:09.60		L 7	Charles Whyte	01	West Suffolk	1:55.90
	L 2	Louise Fiddes	01	S14 Hatfield	2:06.60		L 8	Jake Thomas-Mansfield	00	West Suffolk	1:58.05
	L 3	Katrin Heider	92	Co Cambridge	2:05.30	H 7	L 1	Henry Pearce	02	Co Peterboro	1:56.95
	L 4	Mackenzie Whyatt	02	Co Peterboro	2:02.80		L 2	Samuel Rose	03	West Norfolk	1:55.51
	L 5	Millie Fields	04	Bishop Stort	2:04.01		L 3	Reese Housden	02	Hatfield	1:53.40
	L 6	Tia Gardiner	02	Chelmsford	2:06.10		L 4	Myles Robinson-Young	02	Co Peterboro	1:50.70
	L 7	Carys Brealey	04	Harlow Pen	2:09.20		L 5	Michael Ripper	01	Co St Albans	1:52.20
	L 8	Zoe Macdonald	03	Hitchin	2:10.11		L 6	Joshua Fowles	99	Witham Dolph	1:53.78
							L 7	James Speers	03	Basildon Ph	1:55.82
							L 8	Noah Jameson Neal	04	Basildon Ph	1:58.00

#### Start List

H 8	L 1	Matthew Titman	01	Co Cambridge	1:56.20	H 8	L 1	Emily Haslam	04	Norfolk Vikg	30.30
	L 2	Lewis Moore	02	teamipswich	1:55.31		L 2	Erin Crouch	04	teamipswich	30.12
	L 3	Luke Sugden	99	Hatfield	1:53.22		L 3	Sarah O'Brien	96	West Norfolk	30.10
	L 4	Regan Lloyd	97	teamipswich	1:46.83		L 4	Lara-Grace Mount	02	West Norfolk	30.00
	L 5	Nathan Wells	98	West Norfolk	1:51.67		L 5	Olivia Norman	02	teamipswich	30.00
	L 6	Henry Choong	97	Co Cambridge	1:53.68		L 6	Lauren Thomas	02	Biggleswade	30.10
	L 7	Michael Klimaszewski	04	Hatfield	1:55.76		L 7	Rebecca Smith	03	Norwich Swan	30.26
	L 8	Sebastian Vandermeer	03	Co Cambridge	1:57.35		L 8	Lauren Grice	99	Leighton Buz	30.30
<b>Event 327 Womens Open 50m Butterfly</b>											
H 1	L 3	Ellie Holliss	04	Co St Albans	31.60	H 9	L 1	Brooke Jenkins	04	Southend	29.90
	L 4	Cerys Williams	04	West Suffolk	31.47		L 2	Erin O'Meara	03	Watford SC	29.89
	L 5	Maggie Fleet	04	Watford SC	31.59		L 3	Celeste Andrew	01	Harlow Pen	29.80
	L 6	Charlotte Flynn	04	St Ives	31.70		L 4	Isabella Chapman	04	Harpenden	29.80
H 2	L 1	Madison Gilman	03	Norwich Swan	31.40		L 5	Charlotte Walker	02	St Felix Sch	29.80
	L 2	Rachel Ha	04	Epping For't	31.30		L 6	Lija Radziunaite	02	teamipswich	29.84
	L 3	Georgina Knatchbull	04	C Beds SS	31.21		L 7	Olivia Neale	00	Norwich Swan	29.89
	L 4	Bianka Misikova	03	Hatfield	31.20		L 8	Sophie Mabbs	03	Putteridge	29.95
	L 5	Bronte O'Dea	03	Runnymede	31.20	H 10	L 1	Eleanor King	00	Team Luton	29.80
	L 6	Madison Smith	03	Stanway	31.30		L 2	Ciara Wookey	04	Colchester	29.70
	L 7	Isabel Moore	03	Norwich Swan	31.40		L 3	Alison Binns	96	Bushey	29.68
	L 8	Rhianne Carrick	04	Dunstable	31.40		L 4	Ciara Gill-Ryan	02	Newmarket	29.60
H 3	L 1	Emma Parker	04	St Felix Sch	31.10		L 5	Nellie Eastland	02	Bishop Stort	29.60
	L 2	Morgan Allan	03	Modernian	31.10		L 6	Madeleine Stares	03	Watford SC	29.70
	L 3	Keira Wharton	04	Tring	31.05		L 7	Iona Trainer	03	Co Ely	29.74
	L 4	Fleur Hines	03	Watford SC	31.02		L 8	Millie Dudley	04	Dunstable	29.80
	L 5	Olivia Lee	04	Co Peterboro	31.04	H 11	L 1	Tia Gardiner	02	Chelmsford	29.30
	L 6	Amelia Hearne	03	Clacton SC	31.10		L 2	Tilly Mayes	03	Thurrock	29.00
	L 7	Gracie Trotter	03	C Beds SS	31.10		L 3	Natalie Sanford	04	St Felix Sch	28.40
	L 8	Rosie Brooks	04	Brentwood	31.12		L 4	Sara Kalawska	03	Hatfield	27.60
H 4	L 1	Zoe Macdonald	03	Hitchin	31.00		L 5	Jessica Woodward	03	Hatfield	28.20
	L 2	Chiara Rogers	03	Team Luton	30.98		L 6	Lily Merrett	03	Co St Albans	28.72
	L 3	Rebecca Stroud	02	Brentwood	30.90		L 7	Molly Ollington	98	Co Cambridge	29.12
	L 4	Zara Mills	01	Southend	30.90		L 8	Chloe Berko-Boateng	03	Hatfield	29.50
	L 5	Freya Harwood	04	Hitchin	30.90	H 12	L 1	Lauren Stott	02	Hatfield	29.30
	L 6	Bethany Smith	03	Leighton Buz	30.90		L 2	Megan Pye	02	Co Norwich	29.00
	L 7	Lillia Thompson	03	Flitwick	31.00		L 3	Rikke Nagell-Kleven	95	Co Norwich	28.30
	L 8	Grace Gunton	04	Co Norwich	31.00		L 4	Georgina Pryor	98	Harlow Pen	27.50
H 5	L 1	Isabel Wainwright	03	Modernian	30.90		L 5	Sacha Thomas	03	Co Norwich	28.10
	L 2	Daisy Sandon	03	Stevenage	30.79		L 6	Agatha Malikova	95	Co Cambridge	28.65
	L 3	Charlotte Hudson	03	West Suffolk	30.70		L 7	Ella Hale	03	West Suffolk	29.10
	L 4	Freya Wright	02	West Suffolk	30.66		L 8	Rebecca Watt	02	DunmowAtlant	29.50
	L 5	Charlotte Abramson	04	Co Norwich	30.70	H 13	L 1	Jessica-Jane Applegate	96	S14 Co Norwich	29.20
	L 6	Emily Lush	02	Potters Bar	30.75		L 2	Georgia Pease	02	Basildon Ph	29.00
	L 7	Peyton Ewbank	00	Norwich Swan	30.84		L 3	May Bradburn	04	Chelmsford	28.30
	L 8	Emily Watson	03	Modernian	30.90		L 4	Elinor Duley	00	Colchester	26.90
H 6	L 1	Polly Fish	04	Co Cambridge	30.60		L 5	Georgina Tallon	00	Potters Bar	27.70
	L 2	Eleanor Llewellyn	00	West Suffolk	30.57		L 6	Libby Dunford	03	Hoddesdon	28.60
	L 3	Sophie Quach	98	Hatfield	30.52		L 7	Lauren Nelson	01	Harlow Pen	29.00
	L 4	Menna Walmsley	04	Team Luton	30.50		L 8	Eve Wright	03	Co Peterboro	29.40
	L 5	Rebecca Girolami	03	Colchester	30.50						
	L 6	Ellie Matthews	03	Putteridge	30.56						
	L 7	Nancy Neave	04	Braintree	30.60						
	L 8	Jessica Heesom	03	Potters Bar	30.60						
H 7	L 1	Lily Bemmer	03	Deben	30.46						
	L 2	Emily Green	01	Brentwood	30.40						
	L 3	Radost Milkova	03	Thurrock	30.40						
	L 4	Gracie Kay	03	Co Cambridge	30.36						
	L 5	India Weston	02	Norfolk Vikg	30.36						
	L 6	Sophie Griffin	04	Co Peterboro	30.40						
	L 7	Gemma Booth	02	Newmarket	30.43						
	L 8	Lucie Peck	03	West Norfolk	30.50						

<b>Event 328 Mens Open 50m Butterfly</b>				
H 1	L 3	Roan Brennan	06	S9 Basildon Ph 33.95
	L 4	Ryan Davis	04	Basildon Ph 30.00
	L 5	Jack Pallant	04	Lstof & OB 30.05
H 2	L 2	Saif Rahman	04	Colchester 29.90
	L 3	Zack Treharne	04	Co Peterboro 29.80
	L 4	Luke Taylor	04	Co Cambridge 29.80
	L 5	Oliver Crowther	04	C Beds SS 29.80
	L 6	Tyler Watson	04	Flitwick 29.90
	L 7	Daniel Bachu	04	Diss Otters 29.90
H 3	L 1	Connor Houston	04	Deben 29.70
	L 2	Alexander Jessop	04	Brentwood 29.50
	L 3	Ben Styman-Heighton	04	Halstead 29.50
	L 4	Henry Duncan	04	Co Cambridge 29.20
	L 5	Xavier Kirchin	04	Leighton Buz 29.40
	L 6	Thomas Ball	04	West Norfolk 29.50
	L 7	Samuel Smith	04	March 29.70
	L 8	Oscar Brice	04	Co St Albans 29.76
H 4	L 1	Delvin Barick	04	St Felix Sch 29.00
	L 2	Kai Cheng	04	Colchester 28.90
	L 3	Matthew Newson	03	Co Peterboro 28.79
	L 4	Matteo Lo Biundo	03	Hitchin 28.76
	L 5	Charlie King	03	Co St Albans 28.76
	L 6	James Edgings	03	Thurrock 28.80
	L 7	James Rothwell	04	Co Peterboro 28.90
	L 8	Euan Higgs	04	Chelmsford 29.03
H 5	L 1	Harvey Last	03	Southend 28.70
	L 2	Joseph Grice	03	Leighton Buz 28.60
	L 3	Cameron Wolstencroft	03	Co Cambridge 28.60
	L 4	Daniel Blerkom	03	Southend 28.48
	L 5	J J Wilde	04	Team Luton 28.60
	L 6	William Parsons	04	Deben 28.60
	L 7	Luke Pestaille	03	Hatfield 28.64
	L 8	Nicholas Woodford	04	Co Cambridge 28.75
H 6	L 1	Alfie Warnock	03	Putteridge 28.30
	L 2	Fabian Brudnicki	04	Co Peterboro 28.23
	L 3	Lewis Shaylor	03	Watford SC 28.20
	L 4	Samuel Day	03	Beccles Town 28.11
	L 5	Mattias Morse	03	Hemel Hemp 28.20
	L 6	Ben Woodhouse	03	Norwich Swan 28.21
	L 7	Syd Roberts	04	Colchester 28.30
	L 8	Connor Walker	04	Co Peterboro 28.40
H 7	L 1	Matthew Munnings	03	Diss Otters 28.10
	L 2	Max Ashken	03	Deben 27.95
	L 3	Connor Gillingham	03	West Suffolk 27.90
	L 4	Daniel Martin	03	Co St Albans 27.80
	L 5	Thomas Page	04	West Suffolk 27.80
	L 6	Robert Addis	04	West Norfolk 27.90
	L 7	Morgan Foster	03	Braintree 28.00
	L 8	Brayden Ditchfield-Wat	03	Leighton Buz 28.10
H 8	L 1	Robbie Brindley	04	West Suffolk 27.70
	L 2	Lewis Bayley	01	Southend 27.60
	L 3	Daniel Chandler	02	Linslade 27.60
	L 4	William Pestell	03	teamipswich 27.51
	L 5	John Cunningham	70	Potters Bar 27.52
	L 6	Arthur Smart	02	West Suffolk 27.60
	L 7	Harvey Skellern	02	Co Cambridge 27.60
	L 8	Naythan Aung	04	Colchester 27.70
H 9	L 1	Liam Brennan	02	Basildon Ph 27.50
	L 2	Dennis Mhini	01	St Felix Sch 27.43
	L 3	Oliver Cashin	02	Co Cambridge 27.40
	L 4	James Speers	03	Basildon Ph 27.30
	L 5	Mide Olajide	04	Thurrock 27.40
	L 6	Lewis Marston	02	Runnymede 27.40
	L 7	Ashley Coombs	01	Hemel Hemp 27.46
	L 8	Walter Hackett	03	Dunstable 27.50
H 10	L 1	Jack Turrell	03	Basildon Ph 27.30
	L 2	Nathan Swift	01	Putteridge 27.30
	L 3	Joseph Wells	99	West Norfolk 27.30
	L 4	Liam Barnett	87	Co Cambridge 27.24
	L 5	Oliver Pyle	00	West Suffolk 27.27
	L 6	Ciaran Riches	03	West Suffolk 27.30
	L 7	Angus Harrow	02	Harpenden 27.30
	L 8	Ryan Webb	01	Gt Yarmouth 27.30
H 11	L 1	Joshua Bridgeland	03	Hatfield 27.20
	L 2	Samuel Miller	03	Basildon Ph 27.20
	L 3	Henry Pearce	02	Co Peterboro 27.10
	L 4	Samuel Peck	00	West Norfolk 27.00
	L 5	Ethan Peirce	04	Harlow Pen 27.00
	L 6	Matthew Rothwell	02	Co Peterboro 27.20
	L 7	Damon Elliott	04	DunmowAtlant 27.20
	L 8	Thomas Davis	95	St Ives 27.20
H 12	L 1	Alfie Williams	03	Canvey Isl 26.91
	L 2	Thomas Owen	00	Co Norwich 26.90
	L 3	James Cooper	02	Basildon Ph 26.80
	L 4	Alex Lezard	99	Co Cambridge 26.79
	L 5	Devesh Kapoor	03	Watford SC 26.80
	L 6	Taylor Bowen	01	West Suffolk 26.90
	L 7	Oliver Kenny	97	S15 West Norfolk 26.90
	L 8	Matthew Gray	00	Co Peterboro 27.00
H 13	L 1	Sebastian Vandermeer	03	Co Cambridge 26.75
	L 2	Charlie Barrett	01	Co Norwich 26.70
	L 3	Thomas Boyt	99	Felixstowe 26.66
	L 4	Ashley Holness-Wright	96	Watford SC 26.60
	L 5	Joshua Trapp	01	Hertford 26.63
	L 6	Henry Maher	95	Epping For't 26.68
	L 7	Jack Skerry	04	Chelmsford 26.70
	L 8	Jack Jackson	96	Watford SC 26.76
H 14	L 1	Daniel Murtagh	03	Hatfield 26.60
	L 2	Ralph Davies	01	Harlow Pen 26.50
	L 3	Harrison Lees	01	Watford SC 26.40
	L 4	Charles Whyte	01	West Suffolk 26.39
	L 5	Joshua Holland	03	Hertford 26.40
	L 6	Harry Whiteman	00	Co Peterboro 26.40
	L 7	Lewis Chapman	01	Stowmarket 26.50
	L 8	Alessandro Rioda	04	Harlow Pen 26.60
H 15	L 1	Jake Thomas-Mansfield	00	West Suffolk 26.30
	L 2	Myles Robinson-Young	02	Co Peterboro 26.30
	L 3	Adam Martin	00	Potters Bar 26.27
	L 4	Theo Cannon	99	Co Cambridge 26.20
	L 5	Lewis Binning	03	Basildon Ph 26.20
	L 6	Kai Adams	96	Halstead 26.30
	L 7	Ismail Rahim	02	Berkhamsted 26.30
	L 8	Alec Burchell	98	Hitchin 26.30
H 16	L 1	Michael Klimaszewski	04	Hatfield 26.00
	L 2	Ignacio Larghero	99	Newmarket 25.89
	L 3	Yasir Naimi	00	Co Peterboro 25.70
	L 4	Brandon Nabarro	97	Putteridge 25.30
	L 5	Zachary Patel	01	Berkhamsted 25.60
	L 6	Lucas Dyson-Diaz	00	Hatfield 25.77
	L 7	Simon Newton	99	Co Norwich 25.90
	L 8	Edward Castro	88	Harpenden 26.10
H 17	L 1	Elliot Cook	94	teamipswich 26.00
	L 2	Harry Wears	97	Putteridge 25.80
	L 3	Manfred Battle	02	Co Cambridge 25.60
	L 4	Jack Bowyer	02	West Suffolk 25.10
	L 5	Sam Townsend	04	C Beds SS 25.50
	L 6	Thomas Clare	01	teamipswich 25.75
	L 7	Callum Davis	00	Bishop Stort 25.90
	L 8	Nathan Woodrow	03	Co Norwich 26.10

# Swim England East Region

## Long Course Championships 2019

### Session Eight

#### Start List

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H 18 L 1	Joshua Smith	01	DunmowAtlant	25.90
L 2	Michael Ripper	01	Co St Albans	25.80
L 3	James Woodward	00	Hatfield	25.60
L 4	Matthew Titman	01	Co Cambridge	25.00
L 5	Harry Jones	00	Co Norwich	25.40
L 6	Collins Saliboko	02	St Felix Sch	25.70
L 7	Elliott Day	02	teamipswich	25.90
L 8	Samuel Rose	03	West Norfolk	26.10