

#### Event 231 Mens 15 Yrs 200m Butterfly

Final				
L 1	Harley West	04	Basildon Ph	2:36.09
L 2	Euan Higgs	04	Chelmsford	2:29.00
L 3	George Whiteman	04	Co Peterboro	2:23.60
L 4	Michael Klimaszewski	04	Hatfield	2:08.19
L 5	Connor Walker	04	Co Peterboro	2:15.17
L 6	Connor Houston	04	Deben	2:26.18
L 7	Jack Pallant	04	Lstof & OB	2:32.67

#### Event 232 Mens 16 Yrs 200m Butterfly

Final				
L 1	Joshua Thurston-Woolno	03	Beccles Town	2:23.46
L 2	Max Ashken	03	Deben	2:21.35
L 3	Nathan Woodrow	03	Co Norwich	2:13.00
L 4	Joshua Bridgeland	03	Hatfield	2:12.53
L 5	Lewis Binning	03	Basildon Ph	2:12.69
L 6	Devesh Kapoor	03	Watford SC	2:14.35
L 7	Samuel Day	03	Beccles Town	2:22.95

#### Event 233 Mens 17 Yrs/Over 200m Butterfly

Final				
L 1	Luke Sugden	99	Hatfield	2:13.62
L 2	Hugo Bellamy	98	Co Cambridge	2:12.18
L 3	Herbie Kinder	02	Co Peterboro	2:09.83
L 4	James Woodward	00	Hatfield	2:07.97
L 5	Harry Whiteman	00	Co Peterboro	2:08.37
L 6	Jake Thomas-Mansfield	00	West Suffolk	2:11.10
L 7	Manfred Battle	02	Co Cambridge	2:13.60
L 8	Collins Saliboko	02	St Felix Sch	2:14.30
R1	Elliott Day	02	teamipswich	
R2	Charles Whyte	01	West Suffolk	

#### Event 234 Womens 15 Yrs 50m Backstroke

Final				
L 1	Jessica Keogh	04	Hatfield	32.81
L 2	Jessica Kefford	04	Dunstable	32.39
L 3	Harriet Clements	04	Watford SC	31.65
L 4	Ella McGhie	04	Co Peterboro	30.85
L 5	Carys Brealey	04	Harlow Pen	31.59
L 6	Sophie Griffin	04	Co Peterboro	32.30
L 7	Grace Waller	04	Basildon Ph	32.67
L 8	Katie Andrews	04	Norwich Swan	32.90
R1	Olivia Aldred	04	Lstof & OB	
R2	Lucy Hutchinson	04	West Suffolk	

#### Event 235 Womens 16 Yrs 50m Backstroke

Final				
L 1	Isabel Wainwright	03	Modernian	32.40
L 2	Erin Yeomanson	03	teamipswich	32.23
L 3	Lily Merrett	03	Co St Albans	31.60
L 4	Eve Wright	03	Co Peterboro	29.70
L 5	Emma Cruickshanks	03	teamipswich	30.85
L 6	Gracie Kay	03	Co Cambridge	31.78
L 7	Bronte O'Dea	03	Runnymede	32.28
L 8	Lauren Sharp	03	Chelmsford	32.46
R1	Radost Milkova	03	Thurrock	
R2	Morgan Allan	03	Modernian	

#### Event 236 Womens 17 Yrs/Over 50m Backstroke

Final				
L 1	Olivia Neale	00	Norwich Swan	31.23
L 2	Georgina Pryor	98	Harlow Pen	30.87
L 3	Martha Duley	99	Colchester	30.52
L 4	Lija Radziunaite	02	teamipswich	30.22
L 5	Meghan Maybanks	00	Bishop Stort	30.46
L 6	Mia Carter	02	Bishop Stort	30.86
L 7	Megan Pye	02	Co Norwich	30.96
L 8	Olivia Norman	02	teamipswich	31.66
R1	Elinor Duley	00	Colchester	
R2	Niamh James	01	Bishop Stort	

#### Event 237 Mens 15 Yrs 50m Freestyle

Final				
L 1	Naythan Aung	04	Colchester	26.27
L 2	Fabian Brudnicki	04	Co Peterboro	25.90
L 3	Jack Skerry	04	Chelmsford	25.73
L 4	Sam Townsend	04	C Beds SS	24.84
L 5	J J Wilde	04	Team Luton	25.42
L 6	Alessandro Rioda	04	Harlow Pen	25.85
L 7	Rhys Davidson	04	Team Luton	26.02
L 8	Thomas Page	04	West Suffolk	26.29
R1	Ethan Peirce	04	Harlow Pen	

#### Event 238 Mens 16 Yrs 50m Freestyle

Final				
L 1	Samuel Miller	03	Basildon Ph	25.93
L 2	James Speers	03	Basildon Ph	25.89
L 3	Samuel Rose	03	West Norfolk	25.69
L 4	Sebastian Vandermeer	03	Co Cambridge	24.98
L 5	Lewis Binning	03	Basildon Ph	25.38
L 6	Alexander Catton	03	Bishop Stort	25.87
L 7	Morgan Foster	03	Braintree	25.92
L 8	Joseph Grice	03	Leighton Buz	26.00
R1	Thomas Belcher	03	Modernian	

#### Event 239 Mens 17 Yrs/Over 50m Freestyle

Final				
L 1	Michael Ripper	01	Co St Albans	24.79
L 2	Finn Harman	98	Co Cambridge	24.54
L 3	Lewis Moore	02	teamipswich	24.34
L 4	Brandon Nabarro	97	Putteridge	24.09
L 5	Ignacio Larghero	99	Newmarket	24.16
L 6	Theo Cannon	99	Co Cambridge	24.50
L 7	Matthew Titman	01	Co Cambridge	24.73
L 8	Reese Housden	02	Hatfield	24.79
R1	Jake Moxham	02	Co Cambridge	

#### Event 240 Womens 15 Yrs 100m Breaststroke

Final				
L 1	Charlotte Abramson	04	Co Norwich	1:20.43
L 2	Caitlin Hartley	04	Hatfield	1:19.44
L 3	Ela Norton	04	Hatfield	1:18.43
L 4	Molly Monk	04	Dereham	1:14.86
L 5	Jessica Munford	04	Norwich Swan	1:17.69
L 6	Tess Wesley	04	Newmarket	1:19.30
L 7	Isabella Chapman	04	Harpden	1:19.69
L 8	Chloe Butler	04	F S Godmanc	1:21.58

#### Event 241 Womens 16 Yrs 100m Breaststroke

Final				
L 1	Ellie Matthews	03	Putteridge	1:20.12
L 2	Grace Stedman	03	Co St Albans	1:19.45
L 3	Erin O'Meara	03	Watford SC	1:17.87
L 4	Grace King	03	teamipswich	1:13.48
L 5	Ellie-Mei Shepperson	03	West Norfolk	1:16.85
L 6	Beth Dennis	03	Co Peterboro	1:18.67
L 7	Chiara Rogers	03	Team Luton	1:19.64
L 8	Rebecca Girolami	03	Colchester	1:20.45
R1	Imogen Bloomfield	03	Co Cambridge	
R2	Lauren Sharp	03	Chelmsford	

#### Event 242 Womens 17 /Over 100m Breaststroke

Final				
L 1	Roxanne Uys	99	West Norfolk	1:15.94
L 2	Vejune Petraityte	02	Basildon Ph	1:15.30
L 3	Molly Lee	01	West Norfolk	1:14.57
L 4	Amelia Monaghan	02	Co Peterboro	1:14.45
L 5	Rebecca Burton	98	Co Peterboro	1:14.56
L 6	Sarah O'Brien	96	West Norfolk	1:15.17
L 7	Sophie Payne	02	Hatfield	1:15.62
L 8	Kathryn Gill	87	Co Cambridge	1:16.30
R1	Louise Fiddes	01	Hatfield	
R2	Jana Spinner	99	Co Norwich	

# Swim England East Region

## Long Course Championships 2019

### Session Six

#### Start List

#### Event 243 Mens 15 Yrs 200m Breaststroke

Final			
L 1	Matthew Vaughan	04 Beccles Town	2:46.05
L 2	Rhys Davidson	04 Team Luton	2:43.88
L 3	Yuto Watanabe	04 Hatfield	2:40.61
L 4	Harrison Jarvis	04 Thurrock	2:32.68
L 5	James Quinn	04 St Ives	2:35.54
L 6	Samuel Rennie	04 Braintree	2:42.40
L 7	Max Robertson	04 Hatfield	2:46.02
L 8	James Rothwell	04 Co Peterboro	2:46.64
R1	Matthew Debenham	04 teamipswich	
R2	George Williams	04 Co St Albans	

#### Event 244 Mens 16 Yrs 200m Breaststroke

Final			
L 1	William Robins	03 C Beds SS	2:42.21
L 2	Finn Jeffery	03 St Felix Sch	2:41.31
L 3	Mattias Morse	03 Hemel Hemp	2:37.20
L 4	Lewis Shayler	03 Watford SC	2:27.62
L 5	Henry King	03 West Suffolk	2:32.89
L 6	Callum Stedman	03 West Norfolk	2:39.99
L 7	Samuel Bullingham	03 West Suffolk	2:41.66
L 8	Owen Vaughan	03 Chelmsford	2:45.63
R1	Owen Webster	03 St Felix Sch	
R2	Harvey Hall	03 Deben	

#### Event 245 Mens 17 Yrs/Over 200m Breaststroke

Final			
L 1	Luke Bryan	00 West Norfolk	2:32.62
L 2	William Loveman	00 Co St Albans	2:29.49
L 3	Ralph Muncer	01 Co St Albans	2:27.74
L 4	Nathan Hughes	00 Hatfield	2:24.63
L 5	Bryn Couser	02 Bishop Stort	2:25.37
L 6	Ryan Clay	95 West Suffolk	2:28.08
L 7	Oliver Cashin	02 Co Cambridge	2:30.67
L 8	Nicholas Botha	02 Bishop Stort	2:34.82

#### Event 246 Womens 15 Yrs 100m Butterfly

Final			
L 1	Cerys Williams	04 West Suffolk	1:10.34
L 2	Brooke Jenkins	04 Southend	1:09.51
L 3	Ciara Wookey	04 Colchester	1:08.13
L 4	May Bradburn	04 Chelmsford	1:04.59
L 5	Natalie Sanford	04 St Felix Sch	1:05.83
L 6	Rachel Ha	04 Epping For't	1:09.25
L 7	Menna Walmsley	04 Team Luton	1:09.88
L 8	Emily Haslam	04 Norfolk Vikg	1:10.58
R1	Erin Crouch	04 teamipswich	
R2	Isabella Chapman	04 Harpenden	

#### Event 247 Womens 16 Yrs 100m Butterfly

Final			
L 1	Bianka Misikova	03 Hatfield	1:09.21
L 2	Erin O'Meara	03 Watford SC	1:07.67
L 3	Jessica Woodward	03 Hatfield	1:05.75
L 4	Sara Kalawska	03 Hatfield	1:03.23
L 5	Sacha Thomas	03 Co Norwich	1:03.87
L 6	Lily Merrett	03 Co St Albans	1:07.50
L 7	Ella Hale	03 West Suffolk	1:08.17
L 8	Lily Bemmer	03 Deben	1:10.40

#### Event 248 Womens 17 Yrs/Over 100m Butterfly

Final			
L 1	Lauren Stott	02 Hatfield	1:07.00
L 2	Georgina Tallon	00 Potters Bar	1:05.87
L 3	Mia Leech	02 Co Peterboro	1:04.01
L 4	Georgina Pryor	98 Harlow Pen	1:03.38
L 5	Elinor Duley	00 Colchester	1:03.57
L 6	Georgia Pease	02 Basildon Ph	1:05.69
L 7	Ellie O'Keefe	00 Co Cambridge	1:06.55
L 8	Lauren Nelson	01 Harlow Pen	1:07.35

#### Event 249 Mens 15 Yrs 200m Backstroke

Final			
L 1	Ketan Rach	04 Watford SC	2:21.37
L 2	Matt Harvey	04 Basildon Ph	2:20.06
L 3	Mehdi El Mansar	04 Bishop Stort	2:18.85
L 4	Thomas Ogden	04 Bishop Stort	2:13.07
L 5	William Parsons	04 Deben	2:16.90
L 6	Jack Skerry	04 Chelmsford	2:18.96
L 7	Fabian Brudnicki	04 Co Peterboro	2:21.05
L 8	Connor Walker	04 Co Peterboro	2:24.63
R1	Syd Roberts	04 Colchester	
R2	Tyler Jackson	04 Harlow Pen	

#### Event 250 Mens 16 Yrs 200m Backstroke

Final			
L 1	Ben Woodhouse	03 Norwich Swan	2:18.89
L 2	Samuel Costin	03 Basildon Ph	2:18.74
L 3	Nathan Woodrow	03 Co Norwich	2:16.74
L 4	Walter Hackett	03 Dunstable	2:12.43
L 5	Daniel Murtagh	03 Hatfield	2:15.04
L 6	Alexander Catton	03 Bishop Stort	2:18.72
L 7	Thomas Belcher	03 Modernian	2:18.82
L 8	Joseph Grice	03 Leighton Buz	2:21.64
R1	Owen Vaughan	03 Chelmsford	
R2	William Pestell	03 teamipswich	

#### Event 251 Mens 17 Yrs/Over 200m Backstroke

Final			
L 1	Liam Brennan	02 Basildon Ph	2:12.60
L 2	Myles Turner	00 Co Cambridge	2:11.84
L 3	Nathan Wells	98 West Norfolk	2:11.37
L 4	Herbie Kinder	02 Co Peterboro	2:09.18
L 5	Thomas Clare	01 teamipswich	2:09.69
L 6	Harry Whiteman	00 Co Peterboro	2:11.83
L 7	Manfred Battle	02 Co Cambridge	2:12.56
L 8	Joshua Smith	01 DunmowAtlant	2:12.61
R1	James Cooper	02 Basildon Ph	
R2	Jack Sangster	01 Modernian	

#### Event 252 Womens 15 Yrs 100m Freestyle

Final			
L 1	Emily Haslam	04 Norfolk Vikg	1:01.81
L 2	Grace Waller	04 Basildon Ph	1:01.42
L 3	Emma Parker	04 St Felix Sch	1:01.17
L 4	Millie Fields	04 Bishop Stort	1:00.08
L 5	May Bradburn	04 Chelmsford	1:00.26
L 6	Carys Brealey	04 Harlow Pen	1:01.24
L 7	Ellie Holliss	04 Co St Albans	1:01.43
L 8	Kiara Kovacs	04 Co Peterboro	1:01.88
R1	Charlotte Abramson	04 Co Norwich	
R2	Lucy Hudson	04 West Suffolk	

#### Event 253 Womens 16 Yrs 100m Freestyle

Final			
L 1	Isabel Wainwright	03 Modernian	1:01.59
L 2	Sophie Taylor	03 DunmowAtlant	1:01.50
L 3	Bianka Misikova	03 Hatfield	1:00.94
L 4	Sacha Thomas	03 Co Norwich	58.72
L 5	Jessica Woodward	03 Hatfield	59.48
L 6	Eve Wright	03 Co Peterboro	1:01.28
L 7	Ella Hale	03 West Suffolk	1:01.56
L 8	Annika Brown	03 teamipswich	1:01.80
R1	Zoe Macdonald	03 Hitchin	
R2	Katie Hammond	03 Co Cambridge	

# Swim England East Region

## Long Course Championships 2019

### Session Six

#### Start List

#### Event 254 Womens 17 Yrs/Over 100m Freestyle

Final	L 1	Mia Leech	02	Co Peterboro	1:00.19
	L 2	Jessica-Jane Applegate	96	S14 Co Norwich	59.81
	L 3	Charlotte Walker	02	St Felix Sch	59.47
	L 4	Abbie Low	02	Chelmsford	58.54
	L 5	Jana Spinner	99	Co Norwich	59.36
	L 6	Mackenzie Whyatt	02	Co Peterboro	59.55
	L 7	Katrin Heider	92	Co Cambridge	59.97
	L 8	Mia Maspers	02	teamipswich	1:00.25
R1		Sarah Carroll	02	Bishop Stort	
R2		Rikke Nagell-Kleven	95	Co Norwich	

#### Event 255 Mens 15 Yrs 50m Breaststroke

Final	L 1	Alessandro Rioda	04	Harlow Pen	32.77
	L 2	Rhys Davidson	04	Team Luton	32.48
	L 3	Benjamin Green	04	Watford SC	32.09
	L 4	James Quinn	04	St Ives	29.93
	L 5	J J Wilde	04	Team Luton	32.06
	L 6	Thomas Page	04	West Suffolk	32.31
	L 7	Harrison Jarvis	04	Thurrock	32.54
	L 8	Yuto Watanabe	04	Hatfield	33.40
R1		Samuel Rennie	04	Braintree	
R2		Matthew Debenham	04	teamipswich	

#### Event 256 Mens 16 Yrs 50m Breaststroke

Final	L 1	Mattias Morse	03	Hemel Hemp	32.93
	L 2	Harvey Hall	03	Deben	32.58
	L 3	Lewis Shayler	03	Watford SC	31.53
	L 4	James Dillon	03	Basildon Ph	31.14
	L 5	Lewis Binning	03	Basildon Ph	31.18
	L 6	Henry King	03	West Suffolk	32.05
	L 7	Finn Jeffery	03	St Felix Sch	32.81
	L 8	Owen Vaughan	03	Chelmsford	32.95
R1		Austin Lillywhite	03	Biggleswade	

#### Event 257 Mens 17 Yrs/Over 50m Breaststroke

Final	L 1	Daniel Hill	99	Linslade	30.73
	L 2	Benjamin Arkle	99	Co Cambridge	30.63
	L 3	Dominic Holloway	96	Co Cambridge	30.23
	L 4	Lewis Waters	99	Co Cambridge	29.58
	L 5	Thomas Wiggins	99	Co Peterboro	29.69
	L 6	Hayden Thomas	95	Epping For't	30.39
	L 7	Ignacio Larghero	99	Newmarket	30.72
	L 8	Leyton Berrey	99	Co Norwich	31.06
R1		William Loveman	00	Co St Albans	

#### Event 258 Womens 14/16 Yrs 400m Medley Team

H 1	L 3	Watford SC A	Watford SC	
	L 4	Watford SC B	Watford SC	
	L 5	Potters Bar SC	Potters Bar	
H 2	L 1	Harpenden	Harpenden	4:57.50
	L 2	Hitchin SC	Hitchin	4:50.00
	L 3	Hemel Hempstead SC	Hemel Hemp	4:45.00
	L 4	Norwich Swan SC	Norwich Swan	4:40.00
	L 5	Team Luton Swimming	Team Luton	4:43.64
	L 6	City Of Peterborough C	Co Peterboro	4:45.00
	L 7	Central Bedfordshire	C Beds SS	4:52.00
H 3	L 1	Modernian SC	Modernian	4:38.00
	L 2	City Of Peterborough A	Co Peterboro	4:33.00
	L 3	City of St Albans SC	Co St Albans	4:28.86
	L 4	Hatfield SC	Hatfield	4:24.70
	L 5	Chelmsford City SC	Chelmsford	4:27.85
	L 6	Basildon and Phoenix	Basildon Ph	4:32.00
	L 7	City of Cambridge SC A	Co Cambridge	4:35.00
	L 8	City Of Peterborough B	Co Peterboro	4:39.00

#### Event 259 Womens 17 Yrs/Over 400m Medley Team

H 1	L 1	Harpenden	Harpenden	4:49.00
	L 2	Hatfield SC	Hatfield	4:30.70
	L 3	City of Norwich SC	Co Norwich	4:25.00
	L 4	Basildon and Phoenix	Basildon Ph	4:19.00
	L 5	City Of Peterborough A	Co Peterboro	4:24.00
	L 6	City of Cambridge SC	Co Cambridge	4:28.00
	L 7	Hemel Hempstead SC	Hemel Hemp	4:36.00

#### Event 260 Mens 14/16 Yrs 400m Freestyle Team

H 1	L 2	Watford SC B	Watford SC	
	L 3	Watford SC A	Watford SC	
	L 4	City of Cambridge SC B	Co Cambridge	4:05.00
	L 5	Hemel Hempstead SC	Hemel Hemp	4:12.00
	L 6	Potters Bar SC	Potters Bar	
H 2	L 1	City of Cambridge SC A	Co Cambridge	3:55.00
	L 2	Harlow Penguin SC	Harlow Pen	3:50.32
	L 3	City of St Albans	Co St Albans	3:49.60
	L 4	Basildon and Phoenix A	Basildon Ph	3:40.00
	L 5	Basildon and Phoenix B	Basildon Ph	3:49.00
	L 6	Hatfield SC	Hatfield	3:50.20
	L 7	City Of Peterborough A	Co Peterboro	3:52.00
	L 8	Central Bedfordshire	C Beds SS	3:58.00

#### Event 261 Mens 17 Yrs/Over 400m Free.Team

H 1	L 3	Potters Bar SC	Potters Bar	
	L 4	City of Cambridge SC C	Co Cambridge	3:44.00
	L 5	Watford SC A	Watford SC	
H 2	L 1	City Of Peterborough B	Co Peterboro	3:40.00
	L 2	City of Norwich SC	Co Norwich	3:36.00
	L 3	City Of Peterborough A	Co Peterboro	3:35.00
	L 4	Hatfield SC	Hatfield	3:27.70
	L 5	City of St Albans A	Co St Albans	3:31.18
	L 6	City of Cambridge SC A	Co Cambridge	3:36.00
	L 7	Modernian SC	Modernian	3:39.00
	L 8	City of St Albans B	Co St Albans	3:42.19