

Swim England East Region

Long Course Championships 2019

Session Five

Start List

<u>Event 221 Mens Open 200m Backstroke</u>				<u>Event 222 Womens Open 100m Freestyle</u>						
H 1	L 1	Robert Addis	04 West Norfolk	2:23.23	H 1	L 3	Georgie Park	04	Epping For't	1:02.60
	L 2	Samuel Smith	04 March	2:21.88		L 4	Jessica Kefford	04	Dunstable	1:02.50
	L 3	Tyler Jackson	04 Harlow Pen	2:20.01		L 5	Emma Staines	04	Chelmsford	1:02.57
	L 4	Oscar Brice	04 Co St Albans	2:19.96	H 2	L 1	Ashleigh Cooper	04	Hitchin	1:02.50
	L 5	Joseph Grice	03 Leighton Buz	2:19.97		L 2	Holly Graves	04	Co Peterboro	1:02.40
	L 6	Connor Walker	04 Co Peterboro	2:20.91		L 3	Bethan Fuge	04	Hatfield	1:02.14
	L 7	Daniel Monk	04 Harlow Pen	2:22.91		L 4	Lucy Morgan	04	Colchester	1:02.00
	L 8	Luke Barton	04 Co Norwich	2:23.55		L 5	Georgina Munday	04	Modernian	1:02.02
H 2	L 1	Fabian Brudnicki	04 Co Peterboro	2:19.04		L 6	Freya Harwood	04	Hitchin	1:02.36
	L 2	Luke Pestaille	03 Hatfield	2:17.16		L 7	Cerys Williams	04	West Suffolk	1:02.40
	L 3	Alexander Horne	03 Co St Albans	2:16.03	H 3	L 1	Iona Trainer	03	Co Ely	1:01.93
	L 4	William Pestell	03 teamipswich	2:15.76		L 2	Rebecca Smith	03	Norwich Swan	1:01.80
	L 5	Matt Harvey	04 Basildon Ph	2:15.79		L 3	Abbie Barnwell	03	Team Luton	1:01.62
	L 6	Zane Batt	03 Hoddesdon	2:16.10		L 4	Erin Crouch	04	teamipswich	1:01.40
	L 7	Ketan Rach	04 Watford SC	2:17.28		L 5	Olivia Lee	04	Co Peterboro	1:01.60
	L 8	Syd Roberts	04 Colchester	2:19.63		L 6	Caitlin O'Toole	04	Co Cambridge	1:01.77
H 3	L 1	Teal'K Smith	03 Beccles Town	2:14.95		L 7	Georgina Knatchbull	04	C Beds SS	1:01.90
	L 2	Alexander Catton	03 Bishop Stort	2:14.60		L 8	Maddie Lees	04	DunmowAtlant	1:02.00
	L 3	Thomas Stanbury	01 Potters Bar	2:14.00	H 4	L 1	Rosie Brooks	04	Brentwood	1:01.40
	L 4	Thomas Belcher	03 Modernian	2:13.16		L 2	Kiara Kovacs	04	Co Peterboro	1:01.20
	L 5	Owen Vaughan	03 Chelmsford	2:13.91		L 3	Rebecca Girolami	03	Colchester	1:01.18
	L 6	William Parsons	04 Deben	2:14.42		L 4	Matilda Turner	03	Hitchin	1:00.97
	L 7	Matthew Rothwell	02 Co Peterboro	2:14.82		L 5	Charlotte Abramson	04	Co Norwich	1:01.00
	L 8	Aidan Howard	02 Deben	2:15.15		L 6	Francesca Peccei	03	Watford SC	1:01.18
H 4	L 1	Jack Skerry	04 Chelmsford	2:13.01		L 7	Jessica Keogh	04	Hatfield	1:01.27
	L 2	Nathan Woodrow	03 Co Norwich	2:09.81		L 8	Gemma Hanson	03	Hatfield	1:01.40
	L 3	Jude Liddiard	01 Co St Albans	2:08.64	H 5	L 1	Tess Wesley	04	Newmarket	1:00.71
	L 4	Nathan Wells	98 West Norfolk	2:04.96		L 2	Eve Wright	03	Co Peterboro	1:00.50
	L 5	Walter Hackett	03 Dunstable	2:07.15		L 3	Zoe Macdonald	03	Hitchin	1:00.40
	L 6	Michael Judd	98 Dunstable	2:09.17		L 4	India Weston	02	Norfolk Vikg	1:00.39
	L 7	Ben Woodhouse	03 Norwich Swan	2:10.70		L 5	Harriet Salisbury	04	Co Peterboro	1:00.40
	L 8	Lewis Bayley	01 Southend	2:13.08		L 6	Emma Shoobert	02	C Beds SS	1:00.46
H 5	L 1	Matthew Anderson	02 Deben	2:12.13		L 7	Emily Haslam	04	Norfolk Vikg	1:00.50
	L 2	Joshua Smith	01 DunmowAtlant	2:09.80		L 8	Gracie Kay	03	Co Cambridge	1:00.73
	L 3	Jack Sangster	01 Modernian	2:08.37	H 6	L 1	Annika Brown	03	teamipswich	1:00.31
	L 4	Herbie Kinder	02 Co Peterboro	2:03.59		L 2	Niamh James	01	Bishop Stort	1:00.30
	L 5	Manfred Battle	02 Co Cambridge	2:06.90		L 3	Agatha Malikova	95	Co Cambridge	1:00.06
	L 6	Liam Brennan	02 Basildon Ph	2:08.98		L 4	Sophie Quach	98	Hatfield	59.91
	L 7	Daniel Murtagh	03 Hatfield	2:10.51		L 5	Bianka Misikova	03	Hatfield	1:00.06
	L 8	Mehdi El Mansar	04 Bishop Stort	2:13.07		L 6	Megan Pye	02	Co Norwich	1:00.10
H 6	L 1	Thomas Boyt	99 Felixstowe	2:11.20		L 7	Isabel Wainwright	03	Modernian	1:00.30
	L 2	James Cooper	02 Basildon Ph	2:09.66		L 8	Ellie Matthews	03	Putteridge	1:00.37
	L 3	Matthew Gray	00 Co Peterboro	2:07.93	H 7	L 1	Lucy Hudson	04	West Suffolk	59.90
	L 4	Thomas Clare	01 teamipswich	2:02.06		L 2	Ella Hale	03	West Suffolk	59.60
	L 5	Myles Turner	00 Co Cambridge	2:06.39		L 3	Katie Hammond	03	Co Cambridge	59.52
	L 6	Harry Whiteman	00 Co Peterboro	2:08.81		L 4	Ellie Holliss	04	Co St Albans	59.35
	L 7	Thomas Ogden	04 Bishop Stort	2:10.17		L 5	Emma Parker	04	St Felix Sch	59.46
	L 8	Samuel Costin	03 Basildon Ph	2:13.05		L 6	Emily Lush	02	Potters Bar	59.55
						L 7	Sarah Carroll	02	Bishop Stort	59.70
						L 8	Danielle Hartin	02 S14	Basildon Ph	59.90
					H 8	L 1	Rikke Nagell-Kleven	95	Co Norwich	59.20
						L 2	Rianna Smith	98	Basildon Ph	57.98
						L 3	Emma Cruickshanks	03	teamipswich	57.70
						L 4	Sacha Thomas	03	Co Norwich	56.80
						L 5	Charlotte Walker	02	St Felix Sch	57.58
						L 6	Mackenzie Whyatt	02	Co Peterboro	57.80
						L 7	Tia Gardiner	02	Chelmsford	58.60
						L 8	Carys Brealey	04	Harlow Pen	59.30

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H 9	L 1	Mia Leech	02	Co Peterboro	59.10	H 7	L 1	Freddie Symonds	02	Team Luton	32.30
	L 2	May Bradburn	04	Chelmsford	57.90		L 2	Samuel Bullingham	03	West Suffolk	32.30
	L 3	Mia Maspers	02	teamipswich	57.69		L 3	Alfie Francis	03	Potters Bar	32.23
	L 4	Jessica Woodward	03	Hatfield	56.70		L 4	Neo Metz	00	Hertford	32.10
	L 5	Jana Spinner	99	Co Norwich	57.47		L 5	Daniel Thurston-Woolno	01	Beccles Town	32.20
	L 6	Jessica-Jane Applegate	96	S14 Co Norwich	57.80		L 6	Yannik Wilson	02	Co St Albans	32.27
	L 7	Georgina Tallon	00	Potters Bar	58.42		L 7	James Noble	02	Norwich Swan	32.30
	L 8	Grace Waller	04	Basildon Ph	59.30		L 8	Ashton Neo	04	Linslade	32.40
H 10	L 1	Sophie Taylor	03	DunmowAtlant	59.10	H 8	L 1	Matthew Honeyman	00	Potters Bar	32.10
	L 2	Rebecca Watt	02	DunmowAtlant	57.80		L 2	Oliver Harris	01	West Norfolk	32.10
	L 3	Millie Fields	04	Bishop Stort	57.60		L 3	Morgan Foster	03	Braintree	32.00
	L 4	Martha Duley	99	Colchester	55.50		L 4	Samuel Johnson	98	Halstead	32.00
	L 5	Elinor Duley	00	Colchester	56.90		L 5	Tolu Elesin	02	Potters Bar	32.00
	L 6	Abbie Low	02	Chelmsford	57.80		L 6	Callum Stedman	03	West Norfolk	32.00
	L 7	Katrin Heider	92	Co Cambridge	58.17		L 7	Conor Ferguson	01	C Beds SS	32.10
	L 8	Molly Ollington	98	Co Cambridge	59.28		L 8	Joseph Richardson	01	Co St Albans	32.10
Event 223 Mens Open 50m Breaststroke											
H 1	L 3	JONATHAN Cheung	04	Rochford	35.20	H 9	L 1	Walter Hackett	03	Dunstable	32.00
	L 4	Sam Randall	04	West Norfolk	35.20		L 2	Matthew Debenham	04	teamipswich	31.90
	L 5	Ryan Davis	04	Basildon Ph	35.20		L 3	Thomas Page	04	West Suffolk	31.80
	L 6	Nicholas Woodford	04	Co Cambridge	35.25		L 4	Samuel Skuse	01	Beccles Town	31.75
H 2	L 1	Alexander Abbott	04	Leighton Buz	35.10		L 5	Harry Saunders	02	Newmarket	31.80
	L 2	Max Robertson	04	Hatfield	35.06		L 6	Dominic McCarthy	02	Hoddesdon	31.81
	L 3	Kalaum Corani	04	Colchester	34.70		L 7	Lewis Bayley	01	Southend	31.90
	L 4	Timo De Wildt	04	Co Cambridge	34.60		L 8	Samuel Rennie	04	Braintree	32.00
	L 5	James Rothwell	04	Co Peterboro	34.68	H 10	L 1	Harvey Hall	03	Deben	31.69
	L 6	Matthew Vaughan	04	Beccles Town	34.92		L 2	Michael Judd	98	Dunstable	31.65
	L 7	Arvin Joaquin Rodrigue	04	Watford SC	35.08		L 3	Alessandro Rioda	04	Harlow Pen	31.60
	L 8	Euan Higgs	04	Chelmsford	35.10		L 4	Tommy Chandler	02	Gt Yarmouth	31.60
H 3	L 1	Alex Gallagher	03	Wisbech	34.16		L 5	Matthew Gray	00	Co Peterboro	31.60
	L 2	Jeremy Aitken	03	Beccles Town	34.12		L 6	Matthew Rothwell	02	Co Peterboro	31.60
	L 3	Thomas Hanley	04	March	34.00		L 7	Thomas Boyt	99	Felixstowe	31.67
	L 4	Louis Byrne	03	Co Cambridge	33.86		L 8	Sam Mead	02	Linslade	31.70
	L 5	Alexander Horne	03	Co St Albans	33.98	H 11	L 1	Callum Harold	02	Bishop Stort	31.40
	L 6	George Williams	04	Co St Albans	34.03		L 2	Finley Pawle	02	Leiston	31.40
	L 7	Jake Hallworth	04	Basildon Ph	34.14		L 3	Lewis Chapman	01	Stowmarket	31.30
	L 8	Robert Addis	04	West Norfolk	34.54		L 4	Rhys Davidson	04	Team Luton	31.20
H 4	L 1	Oliver Hunt	03	Team Luton	33.70		L 5	Oliver Kenny	97	SB10West Norfolk	31.29
	L 2	Ewan Hathaway	03	Epping For't	33.60		L 6	Nathan Swift	01	Putteridge	31.30
	L 3	Luke Ruggles	03	March	33.53		L 7	Jack Mansfield	02	Harlow Pen	31.40
	L 4	Austin Lillywhite	03	Biggleswade	33.30		L 8	Raffaele Graci	01	Putteridge	31.40
	L 5	Jack Richardson	03	DunmowAtlant	33.49	H 12	L 1	Jack Riches	01	Co Norwich	31.20
	L 6	Samuel Oakley	03	Potters Bar	33.57		L 2	Maxim De Wildt	01	Co Cambridge	31.00
	L 7	Elliot Skingley	04	Saffron Wald	33.70		L 3	Thomas Hamilton	01	Royston	30.90
	L 8	William Pestell	03	teamipswich	33.85		L 4	Henry King	03	West Suffolk	30.90
H 5	L 1	James Martinez	03	West Suffolk	33.20		L 5	Harrison Jarvis	04	Thurrock	30.90
	L 2	Toby Offord	03	St Ives	33.04		L 6	Marcus Kemp	01	Watford SC	31.00
	L 3	Harvey Last	03	Southend	33.00		L 7	Owen Vaughan	03	Chelmsford	31.10
	L 4	Damon Elliott	04	DunmowAtlant	32.90		L 8	Daryl Rands	97	Harwich DP	31.20
	L 5	Luke Taylor	04	Co Cambridge	32.90	H 13	L 1	Ryan Clay	95	West Suffolk	30.81
	L 6	Brayden Ditchfield-Wat	03	Leighton Buz	33.00		L 2	Benjamin Green	04	Watford SC	30.77
	L 7	Cole Shepard	03	Basildon Ph	33.07		L 3	Joseph Coldwell	02	Watford SC	30.60
	L 8	Owen Webster	03	St Felix Sch	33.20		L 4	Mal Staff	02	Co Norwich	30.60
H 6	L 1	William Robins	03	C Beds SS	32.80		L 5	Reese Housden	02	Hatfield	30.60
	L 2	Naythan Aung	04	Colchester	32.70		L 6	Oliver Cashin	02	Co Cambridge	30.60
	L 3	William Handley	02	Stowmarket	32.50		L 7	Alex Florance	00	West Norfolk	30.80
	L 4	Oliver Pyle	00	West Suffolk	32.43		L 8	J J Wilde	04	Team Luton	30.90
	L 5	Yuto Watanabe	04	Hatfield	32.47	H 14	L 1	Thomas Grieve	00	Colchester	30.33
	L 6	Thomas Tolland	01	Co St Albans	32.56		L 2	Lewis Shayler	03	Watford SC	30.10
	L 7	Mattias Morse	03	Hemel Hemp	32.72		L 3	Joshua Bristow	02	Modernian	29.60
	L 8	Joshua Holland	03	Hertford	32.86		L 4	Dominic Holloway	96	Co Cambridge	28.76
							L 5	Lewis Waters	99	Co Cambridge	29.20
							L 6	James Dillon	03	Basildon Ph	30.00
							L 7	Lee Peterson	74	Braintree	30.26
							L 8	Luke Westwood	90	Co Cambridge	30.42

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Start List

H 15	L 1	Matthew McLaughlin	93	DunmowAtlant	30.30	H 7	L 1	Grace King	03	teamipswich	5:02.22
	L 2	Bryn Couser	02	Bishop Stort	30.00		L 2	Lucie Peck	03	West Norfolk	5:00.63
	L 3	Daniel Hill	99	Linslade	29.50		L 3	Abbie Low	02	Chelmsford	4:55.20
	L 4	Thomas Wiggins	99	Co Peterboro	28.30		L 4	Amelia Monaghan	02	Co Peterboro	4:45.03
	L 5	James Quinn	04	St Ives	28.90		L 5	Ellie Wheeler	02	Basildon Ph	4:54.90
	L 6	Samuel Peck	00	West Norfolk	29.81		L 6	Celyn Walmsley	01	Team Luton	4:59.05
	L 7	Finn Jeffery	03	St Felix Sch	30.20		L 7	Lily Merrett	03	Co St Albans	5:01.19
	L 8	Ignacio Larghero	99	Newmarket	30.40		L 8	Natalie Sanford	04	St Felix Sch	5:04.03

H 16	L 1	Leyton Berrey	99	Co Norwich	30.30
	L 2	William Loveman	00	Co St Albans	30.00
	L 3	Hayden Thomas	95	Epping For't	29.40
	L 4	Lawrence Palmer	92	Putteridge	26.20
	L 5	Benjamin Arkle	99	Co Cambridge	28.80
	L 6	Charles Rennie	01	Braintree	29.70
	L 7	Lewis Binning	03	Basildon Ph	30.20
	L 8	Luke Bryan	00	West Norfolk	30.40

Event 224 Womens Open 400m IM

H 1	L 1	Kiera Beaver	04	Watford SC	5:34.35
	L 2	Ella Houston	04	Deben	5:33.33
	L 3	Rachel Ha	04	Epping For't	5:32.36
	L 4	Alice Richardson	03	Co St Albans	5:31.03
	L 5	Lucy Morgan	04	Colchester	5:31.94
	L 6	Laura Snelham	04	St Felix Sch	5:32.84
	L 7	Molly Redgrave	04	Colchester	5:33.59

H 2	L 1	Menna Walmsley	04	Team Luton	5:30.83
	L 2	Rhearna Mason	03	C Beds SS	5:29.52
	L 3	Marni Sillitoe	04	West Suffolk	5:29.10
	L 4	Alice Fasey	04	Thetford	5:27.82
	L 5	Isabella Chapman	04	Harpenden	5:28.88
	L 6	Georgina Munday	04	Modernian	5:29.25
	L 7	Lily Mae Ransome	04	Co Cambridge	5:30.81
	L 8	Jessica Heesom	03	Potters Bar	5:30.93

H 3	L 1	Anna Fallon	03	Team Luton	5:26.40
	L 2	Millie Turner	03	Basildon Ph	5:26.05
	L 3	Imogen Bloomfield	03	Co Cambridge	5:25.50
	L 4	Daisy Sandon	03	Stevenage	5:24.79
	L 5	Amber Head	02	Rochford	5:25.32
	L 6	Madelyn Latimer-Hicks	04	St Felix Sch	5:25.59
	L 7	Katherine Daynes	02	Halstead	5:26.37
	L 8	Gemma Booth	02	Newmarket	5:26.73

H 4	L 1	Molly Monk	04	Dereham	5:23.40
	L 2	Cerys Williams	04	West Suffolk	5:23.14
	L 3	Lauren Nelson	01	Harlow Pen	5:20.07
	L 4	Gracie Trotter	03	C Beds SS	5:18.91
	L 5	Lily Bemmer	03	Deben	5:19.15
	L 6	Nellie Eastland	02	Bishop Stort	5:20.68
	L 7	Brooke Jenkins	04	Southend	5:23.38
	L 8	Ella Murphy	02	Harpenden	5:24.30

H 5	L 1	Daisy Hill	99	Co Norwich	5:18.26
	L 2	Rebecca Merrill	01	Norwich Swan	5:17.56
	L 3	Harriet Salisbury	04	Co Peterboro	5:13.10
	L 4	Ciara Wookey	04	Colchester	5:12.59
	L 5	Aoife Marley	02	Witham Dolph	5:13.10
	L 6	Tilly Anema	01	Co Norwich	5:16.31
	L 7	Eloise Bailey	02	Modernian	5:18.26
	L 8	Charlotte Tree	04	Colchester	5:18.67

H 6	L 1	Olivia Lee	04	Co Peterboro	5:10.74
	L 2	Almudena Visser Velez	02	Co Cambridge	5:09.28
	L 3	May Bradburn	04	Chelmsford	5:05.37
	L 4	Tia Gardiner	02	Chelmsford	5:04.83
	L 5	Zara Keegan	02	Co Cambridge	5:05.20
	L 6	Ellie O'Keefe	00	Co Cambridge	5:08.57
	L 7	Olivia Norman	02	teamipswich	5:09.30
	L 8	Orla Keaveney	03	Modernian	5:12.50

Event 225 Mens 14/16 Yrs 800m Freestyle Team

H 1	L 2	City of Cambridge SC A	Co Cambridge	8:28.00
	L 3	Basildon and Phoenix B	Basildon Ph	8:22.00
	L 4	Basildon and Phoenix A	Basildon Ph	7:51.00
	L 5	City Of Peterborough A	Co Peterboro	8:20.00
	L 6	Hatfield SC	Hatfield	8:22.10
	L 7	Hemel Hempstead SC	Hemel Hemp	9:05.00

Event 226 Mens 17 Yrs/Over 800m Free.Team

H 1	L 2	Modernian SC	Modernian	7:58.00
	L 3	City Of Peterborough A	Co Peterboro	7:42.00
	L 4	Hatfield SC	Hatfield	7:32.80
	L 5	City of St Albans	Co St Albans	7:37.48
	L 6	City of Cambridge SC A	Co Cambridge	7:52.00