

Swim England East Region

Long Course Championships 2019

Session Three

Start List

Event 131 Womens 15 Yrs 200m Butterfly

Final				
L 1	Cerys Williams	04	West Suffolk	2:39.84
L 2	Menna Walmsley	04	Team Luton	2:34.32
L 3	Rachel Ha	04	Epping For't	2:30.77
L 4	Harriet Salisbury	04	Co Peterboro	2:30.13
L 5	Natalie Sanford	04	St Felix Sch	2:30.70
L 6	Ciara Wookey	04	Colchester	2:32.36
L 7	Brooke Jenkins	04	Southend	2:38.32
L 8	Ella Houston	04	Deben	2:43.57
R1	Freya Harwood	04	Hitchin	
R2	Marni Sillitoe	04	West Suffolk	

Event 132 Womens 16 Yrs 200m Butterfly

Final				
L 1	Anna Fallon	03	Team Luton	2:35.32
L 2	Katie Hammond	03	Co Cambridge	2:29.20
L 3	Lucie Peck	03	West Norfolk	2:28.52
L 4	Sara Kalawska	03	Hatfield	2:23.80
L 5	Rebecca Howell	03	Basildon Ph	2:24.42
L 6	Orla Keaveney	03	Modernian	2:28.76
L 7	Lily Merrett	03	Co St Albans	2:31.14
L 8	Gracie Trotter	03	C Beds SS	2:39.46
R1	Iona Trainer	03	Co Ely	
R2	Molly Young	03	Colchester	

Event 133 Womens 17 Yrs/Over 200m Butterfly

Final				
L 1	Millie Ward	02	Brentwood	2:32.08
L 2	Emily Green	01	Brentwood	2:30.08
L 3	Poppy Richardson	01	Co Peterboro	2:25.81
L 4	Mia Leech	02	Co Peterboro	2:19.82
L 5	Zara Keegan	02	Co Cambridge	2:24.22
L 6	Tia Gardiner	02	Chelmsford	2:26.06
L 7	Jessica Penkul	02	Bishop Stort	2:30.59
L 8	Lauren Grice	99	Leighton Buz	2:34.15

Event 134 Mens 15 Yrs 50m Backstroke

Final				
L 1	Tyler Jackson	04	Harlow Pen	30.00
L 2	Fabian Brudnicki	04	Co Peterboro	29.79
L 3	Naythan Aung	04	Colchester	29.13
L 4	Thomas Ogden	04	Bishop Stort	28.37
L 5	William Parsons	04	Deben	28.87
L 6	Arvin Joaquin Rodrigue	04	Watford SC	29.69
L 7	Sam Townsend	04	C Beds SS	29.85
L 8	Syd Roberts	04	Colchester	30.01
R1	Jack Skerry	04	Chelmsford	
R2	Kai Cheng	04	Colchester	

Event 135 Mens 16 Yrs 50m Backstroke

Final				
L 1	Teal'K Smith	03	Beccles Town	30.05
L 2	Samuel Miller	03	Basildon Ph	29.66
L 3	Sebastian Vandermeer	03	Co Cambridge	29.14
L 4	Walter Hackett	03	Dunstable	27.77
L 5	Alexander Catton	03	Bishop Stort	28.63
L 6	Daniel Murtagh	03	Hatfield	29.27
L 7	Finn Jeffery	03	St Felix Sch	29.83
L 8	Owen Vaughan	03	Chelmsford	30.11
R1	Charlie King	03	Co St Albans	

Event 136 Mens 17 Yrs/Over 50m Backstroke

Final				
L 1	Manfred Battle	02	Co Cambridge	28.22
L 2	Jack Bowyer	02	West Suffolk	27.91
L 3	Nathan Wells	98	West Norfolk	27.62
L 4	Matthew Gray	00	Co Peterboro	27.56
L 5	Joshua Smith	01	DunmowAtlant	27.57
L 6	Thomas Clare	01	teamipswich	27.85
L 7	Herbie Kinder	02	Co Peterboro	28.04
L 8	Conor O'Gorman	98	Leighton Buz	28.30
R1	Thomas Pickering	00	Linslade	
R2	Daniel Chada	01	Bishop Stort	

Event 137 Womens 15 Yrs 50m Freestyle

Final				
L 1	Kiara Kovacs	04	Co Peterboro	28.67
L 2	Rosie Brooks	04	Brentwood	28.45
L 3	Millie Fields	04	Bishop Stort	28.13
L 4	May Bradburn	04	Chelmsford	27.26
L 5	Grace Waller	04	Basildon Ph	27.86
L 6	Ellie Holliss	04	Co St Albans	28.34
L 7	Emma Parker	04	St Felix Sch	28.62
L 8	Lucy Hudson	04	West Suffolk	28.75
R1	Jessica Keogh	04	Hatfield	
R2	Olivia Lee	04	Co Peterboro	

Event 138 Womens 16 Yrs 50m Freestyle

Final				
L 1	Libby Dunford	03	Hoddesdon	28.09
L 2	Bianka Misikova	03	Hatfield	27.99
L 3	Isabel Wainwright	03	Modernian	27.57
L 4	Sacha Thomas	03	Co Norwich	26.88
L 5	Jessica Woodward	03	Hatfield	27.34
L 6	Emma Cruickshanks	03	teamipswich	27.69
L 7	Eve Wright	03	Co Peterboro	28.09
L 8	Annika Brown	03	teamipswich	28.33
R1	Ella Hale	03	West Suffolk	

Event 139 Womens 17 Yrs/Over 50m Freestyle

Final				
L 1	Mia Maspers	02	teamipswich	27.59
L 2	Georgina Tallon	00	Potters Bar	27.44
L 3	Jana Spinner	99	Co Norwich	27.18
L 4	Rebecca Watt	02	DunmowAtlant	26.97
L 5	Meghan Maybanks	00	Bishop Stort	27.18
L 6	Elinor Duley	00	Colchester	27.28
L 7	Rianna Smith	98	Basildon Ph	27.49
L 8	Lauren Watt	01	Newmarket	27.78
R1	Martha Duley	99	Colchester	
R2	Charlotte Walker	02	St Felix Sch	

Event 140 Mens 15 Yrs 100m Breaststroke

Final				
L 1	Mehdi El Mansar	04	Bishop Stort	1:14.21
L 2	Thomas Page	04	West Suffolk	1:13.77
L 3	Harrison Jarvis	04	Thurrock	1:11.64
L 4	James Quinn	04	St Ives	1:08.71
L 5	Rhys Davidson	04	Team Luton	1:11.06
L 6	Yuto Watanabe	04	Hatfield	1:13.56
L 7	Samuel Rennie	04	Braintree	1:13.91
L 8	J J Wilde	04	Team Luton	1:15.02
R1	Naythan Aung	04	Colchester	
R2	Matthew Debenham	04	teamipswich	

Event 141 Mens 16 Yrs 100m Breaststroke

Final	L 1	Owen Vaughan	03 Chelmsford	1:13.48
	L 2	Finn Jeffery	03 St Felix Sch	1:12.48
	L 3	Harvey Hall	03 Deben	1:12.24
	L 4	Henry King	03 West Suffolk	1:09.23
	L 5	Lewis Shayler	03 Watford SC	1:10.11
	L 6	James Dillon	03 Basildon Ph	1:12.39
	L 7	Mattias Morse	03 Hemel Hemp	1:13.31
	L 8	Samuel Bullingham	03 West Suffolk	1:13.53
R1		Callum Stedman	03 West Norfolk	

Event 142 Mens 17 Yrs/Over 100m Breaststroke

Final	L 1	Benjamin Arkle	99 Co Cambridge	1:08.80
	L 2	Bryn Couser	02 Bishop Stort	1:07.90
	L 3	Nathan Hughes	00 Hatfield	1:06.59
	L 4	Lawrence Palmer	92 Putteridge	1:03.54
	L 5	Lewis Waters	99 Co Cambridge	1:04.60
	L 6	William Loveman	00 Co St Albans	1:06.90
	L 7	Thomas Wiggins	99 Co Peterboro	1:08.43
	L 8	Oliver Cashin	02 Co Cambridge	1:08.93
R1		Hayden Thomas	95 Epping For't	
R2		Jack Riches	01 Co Norwich	

Event 143 Womens 15 Yrs 200m Breaststroke

Final	L 1	Caitlin Hartley	04 Hatfield	2:51.57
	L 2	Alice Fasey	04 Thetford	2:50.41
	L 3	Natalie Sanford	04 St Felix Sch	2:48.81
	L 4	Molly Monk	04 Dereham	2:39.85
	L 5	Jessica Munford	04 Norwich Swan	2:46.27
	L 6	Ela Norton	04 Hatfield	2:49.19
	L 7	Ciara Wookey	04 Colchester	2:51.48
	L 8	Isabella Chapman	04 Harpenden	2:53.14
R1		Isabella Porzio	04 Putteridge	
R2		Niamh Sadler	04 Co Norwich	

Event 144 Womens 16 Yrs 200m Breaststroke

Final	L 1	Ellie Matthews	03 Putteridge	2:51.79
	L 2	Imogen Bloomfield	03 Co Cambridge	2:49.61
	L 3	Beth Dennis	03 Co Peterboro	2:47.77
	L 4	Grace King	03 teamipswich	2:41.09
	L 5	Erin O'Meara	03 Watford SC	2:46.37
	L 6	Ellie-Mei Shepperson	03 West Norfolk	2:48.31
	L 7	Chiara Rogers	03 Team Luton	2:50.64
	L 8	Lily Bemmer	03 Deben	2:56.34
R1		Grace Stedman	03 Co St Albans	
R2		Lily Chapman	03 Norwich Swan	

Event 145 Womens 17 /Over 200m Breaststroke

Final	L 1	India Weston	02 Norfolk Vikg	2:46.85
	L 2	Aoife Marley	02 Witham Dolph	2:44.36
	L 3	Sophie Payne	02 Hatfield	2:40.37
	L 4	Amelia Monaghan	02 Co Peterboro	2:37.75
	L 5	Kathryn Gill	87 Co Cambridge	2:39.54
	L 6	Molly Lee	01 West Norfolk	2:41.80
	L 7	Caitlin Day	01 Basildon Ph	2:46.17
	L 8	Lucy Park	96 Watford SC	2:47.31
R1		Louise Bush	91 Co Norwich	

Event 146 Mens 15 Yrs 100m Butterfly

Final	L 1	Naythan Aung	04 Colchester	1:03.59
	L 2	Damon Elliott	04 DunmowAtlant	1:02.20
	L 3	Connor Walker	04 Co Peterboro	1:01.80
	L 4	Michael Klimaszewski	04 Hatfield	57.09
	L 5	Thomas Ogden	04 Bishop Stort	1:00.55
	L 6	Alessandro Rioda	04 Harlow Pen	1:02.10
	L 7	Sam Townsend	04 C Beds SS	1:03.22
	L 8	Jack Skerry	04 Chelmsford	1:03.93
R1		Robert Addis	04 West Norfolk	
R2		Thomas Page	04 West Suffolk	

Event 147 Mens 16 Yrs 100m Butterfly

Final	L 1	Joshua Holland	03 Hertford	1:01.13
	L 2	Daniel Murtagh	03 Hatfield	1:00.74
	L 3	Joshua Bridgeland	03 Hatfield	59.82
	L 4	Lewis Binning	03 Basildon Ph	59.01
	L 5	Nathan Woodrow	03 Co Norwich	59.23
	L 6	Devesh Kapoor	03 Watford SC	1:00.25
	L 7	Samuel Rose	03 West Norfolk	1:01.08
	L 8	Jack Turrell	03 Basildon Ph	1:01.20
R1		Max Ashken	03 Deben	
R2		Morgan Foster	03 Braintree	

Event 148 Mens 17 Yrs/Over 100m Butterfly

Final	L 1	Harry Jones	00 Co Norwich	58.10
	L 2	Jack Bowyer	02 West Suffolk	57.97
	L 3	Hugo Bellamy	98 Co Cambridge	57.36
	L 4	James Woodward	00 Hatfield	56.45
	L 5	Theo Cannon	99 Co Cambridge	56.75
	L 6	Michael Ripper	01 Co St Albans	57.92
	L 7	Manfred Battle	02 Co Cambridge	57.97
	L 8	Harry Whiteman	00 Co Peterboro	58.43
R1		Matthew Titman	01 Co Cambridge	
R2		Jake Thomas-Mansfield	00 West Suffolk	

Event 149 Womens 15 Yrs 200m Backstroke

Final	L 1	Amy Green	04 Chelmsford	2:33.37
	L 2	Harriet Salisbury	04 Co Peterboro	2:32.43
	L 3	Katie Andrews	04 Norwich Swan	2:29.59
	L 4	Carys Brealey	04 Harlow Pen	2:29.04
	L 5	Jessica Keogh	04 Hatfield	2:29.21
	L 6	Molly Redgrave	04 Colchester	2:32.19
	L 7	Georgina Munday	04 Modernian	2:33.15
	L 8	Olivia Lee	04 Co Peterboro	2:33.43
R1		Jessica Kefford	04 Dunstable	

Event 150 Womens 16 Yrs 200m Backstroke

Final	L 1	Tasneen Aiteouakrim	03 Potters Bar	2:31.69
	L 2	Erin Yeomanson	03 teamipswich	2:29.24
	L 3	Emma Cruickshanks	03 teamipswich	2:26.99
	L 4	Gracie Kay	03 Co Cambridge	2:23.17
	L 5	Eve Wright	03 Co Peterboro	2:24.73
	L 6	Charlotte Harris	03 Maldon Shark	2:27.23
	L 7	Lucie Peck	03 West Norfolk	2:30.08
	L 8	Ellie Matthews	03 Putteridge	2:33.24
R1		Morgan Allan	03 Modernian	
R2		Radost Milkova	03 Thurrock	

Swim England East Region

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Session Three

Start List

Event 151 Womens 17 Yrs/Over 200m Backstroke

Final			
L 1	Olivia Norman	02 teamipswich	2:24.27
L 2	Danielle Rayner	96 Wisbech	2:23.90
L 3	Amelia Monaghan	02 Co Peterboro	2:23.57
L 4	Abbie Low	02 Chelmsford	2:21.15
L 5	Megan Pye	02 Co Norwich	2:22.91
L 6	Emily Lane	96 Basildon Ph	2:23.72
L 7	Niamh James	01 Bishop Stort	2:23.94
L 8	Lauren Stott	02 Hatfield	2:24.74
R1	Mackenzie Whyatt	02 Co Peterboro	
R2	Celyn Walmsley	01 Team Luton	

Event 152 Mens 15 Yrs 100m Freestyle

Final			
L 1	Damon Elliott	04 DunmowAtlant	56.50
L 2	Rhys Davidson	04 Team Luton	56.25
L 3	Fabian Brudnicki	04 Co Peterboro	56.22
L 4	Sam Townsend	04 C Beds SS	55.07
L 5	Alessandro Rioda	04 Harlow Pen	56.21
L 6	Jack Skerry	04 Chelmsford	56.23
L 7	J J Wilde	04 Team Luton	56.44
L 8	Joe Cooper	04 teamipswich	57.17
R1	Robert Addis	04 West Norfolk	

Event 153 Mens 16 Yrs 100m Freestyle

Final			
L 1	Samuel Miller	03 Basildon Ph	56.64
L 2	Samuel Rose	03 West Norfolk	55.99
L 3	Sebastian Vandermeer	03 Co Cambridge	55.52
L 4	Lewis Binning	03 Basildon Ph	54.72
L 5	Nathan Woodrow	03 Co Norwich	55.45
L 6	James Speers	03 Basildon Ph	55.74
L 7	Daniel Murtagh	03 Hatfield	56.21
L 8	Joseph Grice	03 Leighton Buz	57.02
R1	Brayden Ditchfield-Wat	03 Leighton Buz	
R2	Morgan Foster	03 Braintree	

Event 154 Mens 17 Yrs/Over 100m Freestyle

Final			
L 1	Theo Cannon	99 Co Cambridge	53.38
L 2	Finn Harman	98 Co Cambridge	53.27
L 3	Michael Ripper	01 Co St Albans	53.12
L 4	Reese Housden	02 Hatfield	52.71
L 5	Regan Lloyd	97 teamipswich	53.05
L 6	Henry Choong	97 Co Cambridge	53.21
L 7	Brandon Nabarro	97 Putteridge	53.36
L 8	James Woodward	00 Hatfield	53.63
R1	Lewis Moore	02 teamipswich	
R2	Myles Robinson-Young	02 Co Peterboro	

Event 155 Womens 15 Yrs 50m Breaststroke

Final			
L 1	Caitlin Hartley	04 Hatfield	35.88
L 2	Jessica Munford	04 Norwich Swan	35.78
L 3	Natalie Sanford	04 St Felix Sch	35.55
L 4	Isabella Chapman	04 Harpenden	35.37
L 5	Ela Norton	04 Hatfield	35.42
L 6	Polly Fish	04 Co Cambridge	35.75
L 7	Molly Monk	04 Dereham	35.80
L 8	Charlotte Abramson	04 Co Norwich	36.46
R1	Grace Gunton	04 Co Norwich	
R2	Ciara Wookey	04 Colchester	

Event 156 Womens 16 Yrs 50m Breaststroke

Final			
L 1	Grace Stedman	03 Co St Albans	35.94
L 2	Beth Dennis	03 Co Peterboro	35.40
L 3	Erin O'Meara	03 Watford SC	34.77
L 4	Grace King	03 teamipswich	33.88
L 5	Iona Trainer	03 Co Ely	34.67
L 6	Rebecca Girolami	03 Colchester	35.32
L 7	Ellie-Mei Shepperson	03 West Norfolk	35.62
L 8	Lauren Sharp	03 Chelmsford	36.26
R1	Ellie Matthews	03 Putteridge	
R2	Sophie Taylor	03 DunmowAtlant	

Event 157 Womens 17 Yrs/Over 50m Breaststroke

Final			
L 1	Roxanne Uys	99 West Norfolk	34.23
L 2	Jana Spinner	99 Co Norwich	34.17
L 3	Rebecca Burton	98 Co Peterboro	33.90
L 4	Agatha Malikova	95 Co Cambridge	33.62
L 5	Vejune Petraityte	02 Basildon Ph	33.86
L 6	Molly Lee	01 West Norfolk	33.92
L 7	Lauren Watt	01 Newmarket	34.22
L 8	Kathryn Gill	87 Co Cambridge	34.34
R1	Louise Fiddes	01 Hatfield	
R2	Sarah O'Brien	96 West Norfolk	

Event 158 Mens 14/16 Yrs 400m Medley Team

H 1	L 2	Watford SC B	Watford SC	
	L 3	Potters Bar SC	Potters Bar	
	L 4	City of Cambridge SC B	Co Cambridge	4:30.00
	L 5	Hemel Hempstead SC	Hemel Hemp	4:45.00
	L 6	Watford SC A	Watford SC	
H 2	L 1	City of St Albans	Co St Albans	4:18.09
	L 2	City Of Peterborough A	Co Peterboro	4:14.00
	L 3	Basildon and Phoenix B	Basildon Ph	4:12.00
	L 4	Basildon and Phoenix A	Basildon Ph	4:00.00
	L 5	Hatfield SC	Hatfield	4:10.80
	L 6	Chelmsford City SC	Chelmsford	4:13.97
	L 7	Harlow Penguin SC	Harlow Pen	4:15.29
	L 8	City of Cambridge SC A	Co Cambridge	4:22.50

Event 159 Mens 17 Yrs/Over 400m Medley Team

H 1	L 3	Watford SC A	Watford SC	
	L 4	City of St Albans B	Co St Albans	4:07.12
	L 5	City of Cambridge SC C	Co Cambridge	4:08.00
	L 6	Potters Bar SC	Potters Bar	
H 2	L 1	Basildon and Phoenix A	Basildon Ph	4:05.00
	L 2	City of St Albans A	Co St Albans	3:56.37
	L 3	City Of Peterborough A	Co Peterboro	3:56.00
	L 4	Hatfield SC	Hatfield	3:50.80
	L 5	City of Cambridge SC A	Co Cambridge	3:56.00
	L 6	City of Norwich SC	Co Norwich	3:56.00
	L 7	City of Cambridge SC B	Co Cambridge	4:02.00
	L 8	City Of Peterborough B	Co Peterboro	4:06.00

Event 160 Womens 14/16 Yrs 400m Free.Team

H 1	L 1	Potters Bar SC	Potters Bar	
	L 2	Central Bedfordshire	C Beds SS	4:20.00
	L 3	Hitchin SC	Hitchin	4:17.00
	L 4	City of Cambridge SC A	Co Cambridge	4:10.50
	L 5	Hemel Hempstead SC	Hemel Hemp	4:16.00
	L 6	City Of Peterborough C	Co Peterboro	4:20.00
	L 7	Harpenden	Harpenden	4:33.50
	L 8	Watford SC A	Watford SC	
H 2	L 1	City of St Albans SC	Co St Albans	4:09.03
	L 2	Hatfield SC	Hatfield	4:06.50
	L 3	City Of Peterborough A	Co Peterboro	4:04.00
	L 4	Chelmsford City SC	Chelmsford	4:00.37
	L 5	City of Norwich SC	Co Norwich	4:02.00
	L 6	Basildon and Phoenix	Basildon Ph	4:05.00
	L 7	Modernian SC	Modernian	4:09.00
	L 8	City Of Peterborough B	Co Peterboro	4:10.00

Event 161 Womens 17 Yrs/Over 400m Free.Team

H 1	L 2	Hatfield SC	Hatfield	4:10.50
	L 3	City of Norwich SC	Co Norwich	4:00.00
	L 4	City Of Peterborough A	Co Peterboro	3:58.00
	L 5	Basildon and Phoenix	Basildon Ph	3:58.00
	L 6	City of Cambridge SC	Co Cambridge	4:03.00
	L 7	Harpenden	Harpenden	4:11.90