

Swim England East Region

Long Course Championships 2019

Results Session Five

Licence 1ER190178

EVENT 221 Mens Open 200m Backstroke

15 Yrs Age Group - Full Results

Place	Name	YoB	Club	Time	FINA Pt	100
1.	Thomas Ogden	(04)	Bishop Stort	2:13.07	594	1:04.94
2.	William Parsons	(04)	Deben	2:16.90	546	1:05.23
3.	Mehdi El Mansar	(04)	Bishop Stort	2:18.85	523	1:07.73
4.	Jack Skerry	(04)	Chelmsford	2:18.96	522	1:07.09
5.	Matt Harvey	(04)	Basildon Ph	2:20.06	510	1:07.79
6.	Fabian Brudnicki	(04)	Co Peterboro	2:21.05	499	1:08.21
7.	Ketan Rach	(04)	Watford SC	2:21.37	496	1:08.04
8.	Connor Walker	(04)	Co Peterboro	2:24.63	463	1:09.79
9.	Syd Roberts	(04)	Colchester	2:26.24	448	1:10.70
10.	Tyler Jackson	(04)	Harlow Pen	2:26.72	443	1:11.02
11.	Robert Addis	(04)	West Norfolk	2:29.56	419	-
12.	Samuel Smith	(04)	March	2:29.58	418	1:12.41
13.	Luke Barton	(04)	Co Norwich	2:30.56	410	1:13.52
14.	Oscar Brice	(04)	Co St Albans	2:31.09	406	1:11.45
15.	Daniel Monk	(04)	Harlow Pen	2:35.81	370	1:14.50

16 Yrs Age Group - Full Results

Place	Name	YoB	Club	Time	FINA Pt	100
1.	Walter Hackett	(03)	Dunstable	2:12.43	603	1:04.17
2.	Daniel Murtagh	(03)	Hatfield	2:15.04	569	1:05.27
3.	Nathan Woodrow	(03)	Co Norwich	2:16.74	548	1:06.79
4.	Alexander Catton	(03)	Bishop Stort	2:18.72	525	1:05.69
5.	Samuel Costin	(03)	Basildon Ph	2:18.74	524	1:07.31
6.	Thomas Belcher	(03)	Modernian	2:18.82	524	1:06.51
7.	Ben Woodhouse	(03)	Norwich Swan	2:18.89	523	1:07.30
8.	Joseph Grice	(03)	Leighton Buz	2:21.64	493	1:07.97
9.	Owen Vaughan	(03)	Chelmsford	2:21.76	492	1:09.95
10.	William Pestell	(03)	teamipswich	2:22.59	483	1:08.54
11.	Alexander Horne	(03)	Co St Albans	2:22.63	483	1:08.50
12.	Zane Batt	(03)	Hoddesdon	2:23.82	471	1:08.27
13.	Teal'K Smith	(03)	Beccles Town	2:25.11	458	1:10.39
14.	Luke Pestaille	(03)	Hatfield	2:25.32	456	1:09.76

17 Yrs/Over Age Group - Full Results

Place	Name	YoB	Club	Time	FINA Pt	100
1.	Herbie Kinder	(02)	Co Peterboro	2:09.18	650	1:02.56
2.	Thomas Clare	(01)	teamipswich	2:09.69	642	1:02.51
3.	Nathan Wells	(98)	West Norfolk	2:11.37	618	1:02.89
4.	Harry Whiteman	(00)	Co Peterboro	2:11.83	611	1:05.63
5.	Myles Turner	(00)	Co Cambridge	2:11.84	611	1:05.37
6.	Manfred Battle	(02)	Co Cambridge	2:12.56	601	1:03.81
7.	Liam Brennan	(02)	Basildon Ph	2:12.60	601	1:03.92
8.	Joshua Smith	(01)	DunmowAtlant	2:12.61	601	1:03.59
9.	James Cooper	(02)	Basildon Ph	2:13.08	594	1:04.31
10.	Jack Sangster	(01)	Modernian	2:13.34	591	1:04.94
11.	Matthew Gray	(00)	Co Peterboro	2:14.30	578	1:05.14
12.	Michael Judd	(98)	Dunstable	2:15.73	560	1:05.40
13.	Jude Liddiard	(01)	Co St Albans	2:15.87	558	1:06.67
14.	Thomas Boyt	(99)	Felixstowe	2:19.18	519	1:07.61
15.	Matthew Rothwell	(02)	Co Peterboro	2:19.85	512	1:07.73
16.	Lewis Bayley	(01)	Southend	2:20.75	502	1:08.59
17.	Matthew Anderson	(02)	Deben	2:23.49	474	1:06.50
18.	Thomas Stanbury	(01)	Potters Bar	2:24.56	464	1:09.69
19.	Aidan Howard	(02)	Deben	2:25.41	455	1:07.99

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EVENT 222 Womens Open 100m Freestyle

15 Yrs Age Group - Full Results

Place	Name	YoB	Club	Cat	Time	FINA Pt
1.	Millie Fields	(04)	Bishop Stort		1:00.08	637
2.	May Bradburn	(04)	Chelmsford		1:00.26	631
3.	Emma Parker	(04)	St Felix Sch		1:01.17	604
4.	Carys Brealey	(04)	Harlow Pen		1:01.24	602
5.	Grace Waller	(04)	Basildon Ph		1:01.42	596
6.	Ellie Holliss	(04)	Co St Albans		1:01.43	596
7.	Emily Haslam	(04)	Norfolk Vikg		1:01.81	585
8.	Kiara Kovacs	(04)	Co Peterboro		1:01.88	583
9.	Charlotte Abramson	(04)	Co Norwich		1:02.33	570
10.	Lucy Hudson	(04)	West Suffolk		1:02.42	568
11.	Harriet Salisbury	(04)	Co Peterboro		1:02.66	562
12.	Erin Crouch	(04)	teamipswich		1:03.03	552
13.	Tess Wesley	(04)	Newmarket		1:03.10	550
14.	Rosie Brooks	(04)	Brentwood		1:03.18	548
15.	Olivia Lee	(04)	Co Peterboro		1:03.25	546
16.	Caitlin O'Toole	(04)	Co Cambridge		1:03.35	543
17.	Lucy Morgan	(04)	Colchester		1:03.70	534
18.	Jessica Keogh	(04)	Hatfield		1:03.81	532
19.	Georgina Munday	(04)	Modernian		1:03.84	531
20.	Georgina Knatchbull	(04)	C Beds SS		1:03.95	528
21.	Georgie Park	(04)	Epping For't		1:04.17	523
22.	Jessica Kefford	(04)	Dunstable		1:04.49	515
23.	Emma Staines	(04)	Chelmsford		1:04.50	515
24.	Cerys Williams	(04)	West Suffolk		1:04.52	514
25.	Maddie Lees	(04)	DunmowAtlant		1:04.56	513
26.	Bethan Fuge	(04)	Hatfield		1:04.60	512
27.	Freya Harwood	(04)	Hitchin		1:04.65	511
28.	Ashleigh Cooper	(04)	Hitchin		1:04.70	510
29.	Holly Graves	(04)	Co Peterboro		1:05.90	483

16 Yrs Age Group - Full Results

Place	Name	YoB	Club	Cat	Time	FINA Pt
1.	Sacha Thomas	(03)	Co Norwich		58.72	682
2.	Jessica Woodward	(03)	Hatfield		59.48	657
3.	Bianka Misikova	(03)	Hatfield		1:00.94	610
4.	Eve Wright	(03)	Co Peterboro		1:01.28	600
5.	Sophie Taylor	(03)	DunmowAtlant		1:01.50	594
6.	Ella Hale	(03)	West Suffolk		1:01.56	592
7.	Isabel Wainwright	(03)	Modernian		1:01.59	591
8.	Annika Brown	(03)	teamipswich		1:01.80	585
9.	Zoe Macdonald	(03)	Hitchin		1:01.82	585
10.	Katie Hammond	(03)	Co Cambridge		1:01.84	584
11.	Emma Cruickshanks	(03)	teamipswich		1:01.95	581
12.	Gracie Kay	(03)	Co Cambridge		1:02.29	572
13.	Ellie Matthews	(03)	Putteridge		1:02.62	563
14.	Gemma Hanson	(03)	Hatfield		1:02.93	554
15.	Matilda Turner	(03)	Hitchin		1:03.52	539
16.	Abbie Barnwell	(03)	Team Luton		1:03.63	536
17.	Francesca Peccei	(03)	Watford SC		1:04.23	521
18.	Rebecca Smith	(03)	Norwich Swan		1:04.41	517
19.	Rebecca Girolami	(03)	Colchester		1:04.90	505
20.	Iona Trainer	(03)	Co Ely		1:05.81	485

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EVENT 222 Womens Open 100m Freestyle

17 Yrs/Over Age Group - Full Results

Place	Name	YoB	Club	Cat	Time	FINA Pt
1.	Abbie Low	(02)	Chelmsford		58.54	689
2.	Jana Spinner	(99)	Co Norwich		59.36	661
3.	Charlotte Walker	(02)	St Felix Sch		59.47	657
4.	Mackenzie Whyatt	(02)	Co Peterboro		59.55	654
5.	Jessica-Jane Applegate	(96)	Co Norwich	14	59.81	646
6.	Katrin Heider	(92)	Co Cambridge		59.97	641
7.	Mia Leech	(02)	Co Peterboro		1:00.19	634
8.	Mia Maspers	(02)	teamipswich		1:00.25	632
9.	Sarah Carroll	(02)	Bishop Stort		1:00.36	628
10.	Rikke Nagell-Kleven	(95)	Co Norwich		1:00.70	618
11.	Megan Pye	(02)	Co Norwich		1:00.76	616
12.	Rianna Smith	(98)	Basildon Ph		1:00.84	613
13.	Molly Ollington	(98)	Co Cambridge		1:00.97	610
14.	Tia Gardiner	(02)	Chelmsford		1:00.99	609
15.	Rebecca Watt	(02)	DunmowAtlant		1:01.21	602
16.	Georgina Tallon	(00)	Potters Bar		1:01.25	601
16.	Martha Duley	(99)	Colchester		1:01.25	601
18.	Elinor Duley	(00)	Colchester		1:01.68	589
19.	Agatha Malikova	(95)	Co Cambridge		1:01.91	582
20.	Emma Shoobert	(02)	C Beds SS		1:02.14	576
21.	Niamh James	(01)	Bishop Stort		1:02.36	570
22.	Emily Lush	(02)	Potters Bar		1:02.52	565
23.	Sophie Quach	(98)	Hatfield		1:02.70	560
24.	India Weston	(02)	Norfolk Vikg		1:04.35	518
25.	Danielle Hartin	(02)	Basildon Ph	14	1:08.15	436

Combined Result - Multi-Disability by British Disability Points

Place	Name	YoB	Club	Cat	Time	BDPoints
1.	Jessica-Jane Applegate	(96)	Co Norwich	14	59.81	846
2.	Danielle Hartin	(02)	Basildon Ph	14	1:08.15	572

EVENT 223 Mens Open 50m Breaststroke

15 Yrs Age Group - Full Results

Place	Name	YoB	Club	Cat	Time	FINA Pt
1.	James Quinn	(04)	St Ives		29.93	651
2.	J J Wilde	(04)	Team Luton		32.06	530
3.	Benjamin Green	(04)	Watford SC		32.09	528
4.	Thomas Page	(04)	West Suffolk		32.31	518
5.	Rhys Davidson	(04)	Team Luton		32.48	509
6.	Harrison Jarvis	(04)	Thurrock		32.54	507
7.	Alessandro Rioda	(04)	Harlow Pen		32.77	496
8.	Yuto Watanabe	(04)	Hatfield		33.40	468
9.	Samuel Rennie	(04)	Braintree		33.47	466
10.	Matthew Debenham	(04)	teamipswich		33.95	446
11.	Naythan Aung	(04)	Colchester		34.13	439
12.	Thomas Hanley	(04)	March		34.16	438
12.	Luke Taylor	(04)	Co Cambridge		34.16	438
14.	Ashton Neo	(04)	Linslade		34.90	411
15.	George Williams	(04)	Co St Albans		34.97	408
16.	Damon Elliott	(04)	DunmowAtlant		34.98	408
17.	Matthew Vaughan	(04)	Beccles Town		35.20	400
18.	Max Robertson	(04)	Hatfield		35.45	392
19.	James Rothwell	(04)	Co Peterboro		35.67	385
20.	Nicholas Woodford	(04)	Co Cambridge		35.68	384
21.	Timo De Wildt	(04)	Co Cambridge		35.78	381
22.	Sam Randall	(04)	West Norfolk		35.95	376
23.	Arvin Joaquin Rodrigue	(04)	Watford SC		36.01	374
23.	Robert Addis	(04)	West Norfolk		36.01	374
25.	Jake Hallworth	(04)	Basildon Ph		36.08	372
26.	Elliot Skingley	(04)	Saffron Wald		36.17	369
27.	Alexander Abbott	(04)	Leighton Buz		36.48	359
28.	Euan Higgs	(04)	Chelmsford		36.51	359
29.	Kalaum Corani	(04)	Colchester		36.80	350
30.	Ryan Davis	(04)	Basildon Ph		36.95	346
31.	JONATHAN Cheung	(04)	Rochford		37.49	331

16 Yrs Age Group - Full Results

Place	Name	YoB	Club	Cat	Time	FINA Pt
1.	James Dillon	(03)	Basildon Ph		31.14	578
2.	Lewis Binning	(03)	Basildon Ph		31.18	576
3.	Lewis Shaylor	(03)	Watford SC		31.53	557
4.	Henry King	(03)	West Suffolk		32.05	530
5.	Harvey Hall	(03)	Deben		32.58	505
6.	Finn Jeffery	(03)	St Felix Sch		32.81	494
7.	Mattias Morse	(03)	Hemel Hemp		32.93	489
8.	Owen Vaughan	(03)	Chelmsford		32.95	488
9.	Joshua Holland	(03)	Hertford		32.98	487
10.	Austin Lillywhite	(03)	Biggleswade		33.07	483
11.	Alfie Francis	(03)	Potters Bar		33.12	480
12.	Callum Stedman	(03)	West Norfolk		33.17	478
13.	Samuel Bullingham	(03)	West Suffolk		33.38	469
14.	Morgan Foster	(03)	Braintree		33.52	463
15.	Brayden Ditchfield-Wat	(03)	Leighton Buz		33.63	459
16.	James Martinez	(03)	West Suffolk		33.71	456
17.	Cole Shepard	(03)	Basildon Ph		33.72	455
18.	Owen Webster	(03)	St Felix Sch		33.82	451
19.	Toby Offord	(03)	St Ives		33.91	448
20.	Walter Hackett	(03)	Dunstable		33.93	447
21.	William Pestell	(03)	teamipswich		34.03	443
22.	Luke Ruggles	(03)	March		34.07	441
23.	William Robins	(03)	C Beds SS		34.29	433
24.	Jeremy Aitken	(03)	Beccles Town		34.44	427
25.	Alexander Horne	(03)	Co St Albans		34.66	419
26.	Alex Gallagher	(03)	Wisbech		34.83	413
27.	Louis Byrne	(03)	Co Cambridge		35.32	396
28.	Ewan Hathaway	(03)	Epping For't		35.33	396
28.	Harvey Last	(03)	Southend		35.33	396
30.	Oliver Hunt	(03)	Team Luton		35.53	389
31.	Samuel Oakley	(03)	Potters Bar		35.83	379
32.	Jack Richardson	(03)	DunmowAtlant		35.89	377

EVENT 223 Mens Open 50m Breaststroke

17 Yrs/Over Age Group - Full Results

Place	Name	YoB	Club	Cat	Time	FINA Pt
1.	Lawrence Palmer	(92)	Putteridge		28.39	763
2.	Lewis Waters	(99)	Co Cambridge		29.58	675
3.	Thomas Wiggins	(99)	Co Peterboro		29.69	667
4.	Dominic Holloway	(96)	Co Cambridge		30.23	632
5.	Hayden Thomas	(95)	Epping For't		30.39	622
6.	Benjamin Arkle	(99)	Co Cambridge		30.63	608
7.	Ignacio Larghero	(99)	Newmarket		30.72	602
8.	Daniel Hill	(99)	Linslade		30.73	602
9.	Leyton Berrey	(99)	Co Norwich		31.06	583
10.	William Loveman	(00)	Co St Albans		31.12	579
11.	Ryan Clay	(95)	West Suffolk		31.16	577
12.	Joseph Coldwell	(02)	Watford SC		31.29	570
13.	Mal Staff	(02)	Co Norwich		31.38	565
14.	Jack Riches	(01)	Co Norwich		31.40	564
15.	Bryn Couser	(02)	Bishop Stort		31.41	563
16.	Luke Westwood	(90)	Co Cambridge		31.46	561
17.	Samuel Skuse	(01)	Beccles Town		31.50	559
17.	Reese Housden	(02)	Hatfield		31.50	559
19.	Matthew McLaughlin	(93)	DunmowAtlant		31.64	551
20.	Charles Rennie	(01)	Braintree		31.72	547
21.	Thomas Grieve	(00)	Colchester		31.78	544
22.	Joshua Bristow	(02)	Modernian		31.82	542
23.	Maxim De Wildt	(01)	Co Cambridge		31.84	541
24.	Lee Peterson	(74)	Braintree		31.89	538
25.	Matthew Gray	(00)	Co Peterboro		31.95	535
26.	Oliver Cashin	(02)	Co Cambridge		31.97	534
27.	Thomas Boyt	(99)	Felixstowe		32.00	533
27.	Thomas Hamilton	(01)	Royston		32.00	533
29.	Lewis Chapman	(01)	Stowmarket		32.01	532
30.	Dominic McCarthy	(02)	Hoddesdon		32.12	527
31.	Callum Harold	(02)	Bishop Stort		32.14	526
32.	Michael Judd	(98)	Dunstable		32.27	520
33.	James Noble	(02)	Norwich Swan		32.30	518
34.	Samuel Peck	(00)	West Norfolk		32.44	511
35.	Luke Bryan	(00)	West Norfolk		32.46	510
36.	Alex Florance	(00)	West Norfolk		32.52	508
37.	Oliver Pyle	(00)	West Suffolk		32.58	505
38.	Tommy Chandler	(02)	Gt Yarmouth		32.60	504
39.	Oliver Kenny	(97)	West Norfolk	10	32.62	503
40.	Matthew Honeyman	(00)	Potters Bar		32.68	500
40.	Finley Pawle	(02)	Leiston		32.68	500
40.	Daryl Rands	(97)	Harwich DP		32.68	500
40.	Marcus Kemp	(01)	Watford SC		32.68	500
44.	Joseph Richardson	(01)	Co St Albans		32.89	491
45.	Sam Mead	(02)	Linslade		32.93	489
46.	Yannik Wilson	(02)	Co St Albans		32.99	486
46.	Matthew Rothwell	(02)	Co Peterboro		32.99	486
48.	Nathan Swift	(01)	Putteridge		33.00	486
49.	Daniel Thurston-Woolno	(01)	Beccles Town		33.07	483
50.	Freddie Symonds	(02)	Team Luton		33.20	477
51.	Thomas Toland	(01)	Co St Albans		33.49	465
52.	Conor Ferguson	(01)	C Beds SS		33.66	458
53.	Jack Mansfield	(02)	Harlow Pen		33.75	454
54.	Harry Saunders	(02)	Newmarket		33.77	453
55.	Lewis Bayley	(01)	Southend		33.82	451
56.	Oliver Harris	(01)	West Norfolk		33.85	450
57.	Raffaele Graci	(01)	Putteridge		33.88	449
58.	Tolu Elesin	(02)	Potters Bar		33.90	448
59.	William Handley	(02)	Stowmarket		33.96	446
60.	Neo Metz	(00)	Hertford		34.15	438
61.	Samuel Johnson	(98)	Halstead		34.22	436

Swim England East Region

Long Course Championships 2019

Results Session Five

Licence 1ER190178

EVENT 224 Womens Open 400m IM

15 Yrs Age Group - Full Results

Place	Name	YoB	Club	Time	FINA Pt	100	200	300
1.	May Bradburn	(04)	Chelmsford	5:12.77	617	1:07.95	2:29.51	4:04.67
2.	Natalie Sanford	(04)	St Felix Sch	5:13.57	612	1:10.23	2:29.99	4:01.02
3.	Harriet Salisbury	(04)	Co Peterboro	5:19.58	578	1:11.51	2:34.43	4:09.25
4.	Ciara Wooley	(04)	Colchester	5:20.59	573	1:10.86	2:36.23	4:07.87
5.	Molly Monk	(04)	Dereham	5:22.76	562	1:17.76	2:43.10	5:22.76
6.	Olivia Lee	(04)	Co Peterboro	5:23.46	558	1:13.76	2:36.72	4:12.38
7.	Brooke Jenkins	(04)	Southend	5:36.71	495	1:12.73	2:36.75	4:20.21
8.	Isabella Chapman	(04)	Harpenden	5:37.31	492	1:16.94	2:44.97	4:21.31
9.	Charlotte Tree	(04)	Colchester	5:37.49	491	1:18.53	2:44.02	4:21.52
10.	Molly Redgrave	(04)	Colchester	5:37.81	490	1:24.79	2:45.57	4:24.57
11.	Georgina Munday	(04)	Modernian	5:38.40	487	1:21.47	2:46.13	4:25.45
12.	Ella Houston	(04)	Deben	5:38.55	487	1:18.04	2:41.62	4:24.02
13.	Alice Fasey	(04)	Theford	5:40.09	480	1:20.27	2:51.14	4:23.25
14.	Laura Snelham	(04)	St Felix Sch	5:40.82	477	1:17.65	2:44.41	4:23.43
15.	Madelyn Latimer-Hicks	(04)	St Felix Sch	5:40.97	476	1:20.34	2:43.55	4:26.21
16.	Lucy Morgan	(04)	Colchester	5:41.71	473	1:23.65	2:48.59	4:27.56
17.	Rachel Ha	(04)	Epping For't	5:41.82	473	1:13.62	2:41.29	4:27.59
18.	Lily Mae Ransome	(04)	Co Cambridge	5:41.97	472	1:18.07	2:44.86	4:26.99
19.	Marni Sillitoe	(04)	West Suffolk	5:42.33	471	1:16.53	2:45.53	4:25.73
20.	Menna Walmsley	(04)	Team Luton	5:47.60	449	1:14.77	2:48.63	4:31.75
21.	Cerys Williams	(04)	West Suffolk	5:48.29	447	1:14.74	2:44.38	4:30.52
22.	Kiera Beaver	(04)	Watford SC	5:48.59	446	1:23.37	2:55.35	4:28.79

16 Yrs Age Group - Full Results

Place	Name	YoB	Club	Time	FINA Pt	100	200	300
1.	Grace King	(03)	teampswich	5:11.93	622	1:09.90	2:30.26	4:00.33
2.	Lucie Peck	(03)	West Norfolk	5:15.08	604	1:10.33	2:30.57	4:03.79
3.	Orla Keaveney	(03)	Modernian	5:15.39	602	1:11.12	2:32.51	4:05.93
4.	Lily Merrett	(03)	Co St Albans	5:17.73	589	1:11.08	2:31.85	4:05.60
5.	Lily Bemmer	(03)	Deben	5:24.94	550	1:13.92	2:38.74	4:12.55
6.	Anna Fallon	(03)	Team Luton	5:29.34	529	1:16.26	2:39.38	4:16.88
7.	Imogen Bloomfield	(03)	Co Cambridge	5:34.73	503	1:17.66	2:45.57	4:16.68
8.	Rhearna Mason	(03)	C Beds SS	5:38.01	489	1:14.81	2:39.95	4:24.86
9.	Millie Turner	(03)	Basildon Ph	5:38.35	487	1:15.70	2:38.52	4:21.64
10.	Alice Richardson	(03)	Co St Albans	5:41.15	475	1:17.75	2:46.12	4:26.45
11.	Daisy Sandon	(03)	Stevenage	5:41.35	475	1:14.60	2:42.36	4:24.65
	Jessica Heesom	(03)	Potters Bar	DNC				
	Gracie Trotter	(03)	C Beds SS	DQ				

17 Yrs/Over Age Group - Full Results

Place	Name	YoB	Club	Time	FINA Pt	100	200	300
1.	Amelia Monaghan	(02)	Co Peterboro	4:57.79	715	1:08.53	2:26.00	3:48.93
2.	Ellie Wheeler	(02)	Basildon Ph	5:05.32	663	1:08.53	2:27.51	3:55.19
3.	Abbie Low	(02)	Chelmsford	5:07.62	649	1:07.70	2:25.62	3:59.61
4.	Celyn Walmsley	(01)	Team Luton	5:10.11	633	1:11.55	2:29.65	3:58.79
5.	Tia Gardiner	(02)	Chelmsford	5:15.30	602	1:08.55	2:27.76	4:03.87
6.	Zara Keegan	(02)	Co Cambridge	5:17.30	591	1:09.31	2:36.23	4:06.30
7.	Olivia Norman	(02)	teampswich	5:18.36	585	1:11.14	2:31.58	4:06.40
8.	Ellie O'Keeffe	(00)	Co Cambridge	5:19.72	578	1:10.00	2:32.38	4:04.59
9.	Tilly Anema	(01)	Co Norwich	5:26.59	542	1:15.98	2:36.97	4:15.05
10.	Almudena Visser Velez	(02)	Co Cambridge	5:28.63	532	1:12.73	2:35.84	4:11.92
11.	Aoife Marley	(02)	Witham Dolph	5:29.91	526	1:14.20	2:43.55	4:10.31
12.	Eloise Bailey	(02)	Modernian	5:31.43	519	1:18.15	2:44.65	4:16.83
13.	Lauren Nelson	(01)	Harlow Pen	5:32.96	511	1:13.41	2:39.91	4:16.21
14.	Nellie Eastland	(02)	Bishop Stort	5:35.03	502	1:13.84	2:39.64	4:16.57
15.	Amber Head	(02)	Rochford	5:38.38	487	1:14.29	2:43.01	4:18.34
16.	Gemma Booth	(02)	Newmarket	5:38.58	486	1:15.87	2:38.23	4:17.10
17.	Rebecca Merrill	(01)	Norwich Swan	5:44.32	462	1:19.63	2:48.06	4:24.49
18.	Ella Murphy	(02)	Harpenden	5:44.92	460	1:20.23	2:49.41	4:28.67
	Katherine Daynes	(02)	Halstead	DNF				
	Daisy Hill	(99)	Co Norwich	DQ				

Swim England East Region

Long Course Championships 2019

Results Session Five

Licence 1ER190178

EVENT 225 Mens 14/16 Yrs 800m Freestyle Team

Place	Name	Club	Time	FINA Pt
1.	Basildon A	AG/ Basildon Ph	8:07.67	632
	100m 59.75	200m 2:01.44	300m 3:00.28	400m 4:04.80
				500m 5:04.52
				600m 6:07.55
				700m 7:03.90
				800m 8:07.67
2.	Hatfield	AG/ Hatfield	8:17.07	597
	100m 59.69	200m 2:02.85	300m 3:03.89	400m 4:12.53
				500m 5:12.56
				600m 6:17.98
				700m 7:14.04
				800m 8:17.07
3.	Peterborough A	AG/ Co Peterboro	8:33.51	541
	100m 58.86	200m 2:04.53	300m 3:05.73	400m 4:15.29
				500m 5:16.79
				600m 6:26.25
				700m 7:26.07
				800m 8:33.51
4.	Basildon B	AG/ Basildon Ph	8:38.07	527
	100m 1:00.83	200m 2:05.11	300m 3:05.30	400m 4:12.71
				500m 5:18.68
				600m 6:30.02
				700m 7:31.90
				800m 8:38.07
5.	Cambridge A	AG/ Co Cambridge	8:40.67	519
	100m 1:00.43	200m 2:05.89	300m 3:06.57	400m 4:12.79
				500m 5:17.59
				600m 6:24.25
				700m 7:28.69
				800m 8:40.67
6.	Hemel Hemp	AG/ Hemel Hemp	9:30.10	395
	100m 1:06.15	200m 2:23.56	300m 3:31.76	400m 4:50.79
				500m 6:00.94
				600m 7:17.68
				700m 8:20.46
				800m 9:30.10

EVENT 226 Mens 17 Yrs/Over 800m Free.Team

Place	Name	Club	Time	FINA Pt
1.	Hatfield	AG/ Hatfield	7:50.87	702
	100m 57.52	200m 1:57.37	300m 2:53.84	400m 3:53.89
				500m 4:51.25
				600m 5:53.19
				700m 6:50.56
				800m 7:50.87
2.	St Albans	AG/ Co St Albans	7:52.02	697
	100m 56.78	200m 1:57.06	300m 2:55.54	400m 3:57.58
				500m 4:55.57
				600m 5:57.00
				700m 6:52.64
				800m 7:52.02
3.	Cambridge A	AG/ Co Cambridge	7:53.63	690
	100m 56.76	200m 1:57.10	300m 2:55.13	400m 3:56.26
				500m 4:54.26
				600m 5:56.06
				700m 6:52.59
				800m 7:53.63
4.	Peterborough A	AG/ Co Peterboro	7:54.70	685
	100m 56.38	200m 1:56.54	300m 2:55.28	400m 3:57.90
				500m 4:55.23
				600m 5:55.58
				700m 6:53.71
				800m 7:54.70
5.	Modernian	AG/ Modernian	8:08.31	629
	100m 59.24	200m 2:01.84	300m 3:00.16	400m 4:05.74
				500m 5:04.21
				600m 6:08.68
				700m 7:06.84
				800m 8:08.31