

EVENT 1 Mens 65 Yrs/Over 50m Backstroke

Place	Name	AaD	Club	Time
1.	Phillip Harper	74	Essex	40.90
2.	Peter Iles	66	Bedfordshire	42.77
3.	Terry Thorne	69	Norfolk	43.42
4.	Dietrich Coekin	68	Suffolk	49.07

EVENT 2 Womens 65 Yrs/Over 50m Backstroke

Place	Name	AaD	Club	Time
1.	Pat Jackson	72	Norfolk	46.51
2.	Vivien Willis	66	Essex	46.70
3.	Janet Masters	79	Bedfordshire Suffolk	52.55 DNC

EVENT 3 Mens 55 Yrs/Over 50m Breaststroke

Place	Name	AaD	Club	Time
1.	Keith Oddy	56	Essex	35.41
2.	Graham King	56	Suffolk	36.18
3.	Adam Lelean	57	Norfolk	39.25
4.	Graham Powell	63	Bedfordshire	39.46

EVENT 4 Womens 55 Yrs/Over 50m Breaststroke

Place	Name	AaD	Club	Time
1.	Alyson Fordham	63	Essex	42.15
2.	Christine Ayers	66	Bedfordshire	47.89
3.	Janet Williams	57	Suffolk	48.20
4.	Andrea Schede	59	Norfolk	56.70

EVENT 5 Mens 45 Yrs/Over 50m Butterfly

Place	Name	AaD	Club	Time
1.	Stuart Dyble	48	Norfolk	29.74
2.	Lee North	45	Essex	30.08
3.	Martin Gale	49	Suffolk	30.41
4.	Howard Gell	48	Bedfordshire	32.29

EVENT 6 Womens 45 Yrs/Over 50m Butterfly

Place	Name	AaD	Club	Time
1.	Liz Woolner	52	Bedfordshire	31.31
2.	Katrina Farrell	49	Essex	35.25
3.	Melanie Holland	45	Norfolk	36.44
4.	Suzanne Adams	48	Suffolk	50.04

EVENT 7 Mens 35 Yrs/Over 50m Freestyle

Place	Name	AaD	Club	Time
1.	Will Appleby	37	Norfolk	24.83
2.	Shaun Harrison	40	Suffolk	25.63
3.	Mike Outtram	37	Bedfordshire	25.97
4.	Nick Alabaster	53	Essex	28.61

EVENT 8 Womens 35 Yrs/Over 50m Freestyle

Place	Name	AaD	Club	Time
1.	Carla King	36	Bedfordshire	27.82
2.	Tara Stroud	40	Essex	29.32
3.	Sarah Osman	35	Norfolk	30.48
4.	Kimberley Harrison	38	Suffolk	31.14

EVENT 9 Mens 25 Yrs/Over 50m Backstroke

Place	Name	AaD	Club	Time
1.	Elliot Cook	25	Suffolk	28.33
2.	Matt Masters	25	Bedfordshire	28.67
3.	Danny Baker	25	Essex	30.29
4.	Harry Crisp	25	Norfolk	30.64

EVENT 10 Womens 25 Yrs/Over 50m Backstroke

Place	Name	AaD	Club	Time
1.	Frances Merridan	25	Bedfordshire	31.96
2.	Michelle Curry	32	Essex	33.86
3.	Sophie Liddament	27	Norfolk	36.49
4.	Gemma Cannon	27	Suffolk	36.93

EVENT 11 Mens 18 Yrs/Over 50m Breaststroke

Place	Name	AaD	Club	Time
1.	Daniel Hill	20	Bedfordshire	31.09
2.	Ryan Clay	24	Suffolk	31.58
3.	Alex Florance	19	Norfolk	32.37
4.	Liam Nicholson	20	Essex	32.38

EVENT 12 Womens 18 Yrs/Over 50m Breaststroke

Place	Name	AaD	Club	Time
1.	Louise Bush	28	Norfolk	35.29
2.	Millie Small	18	Suffolk	38.41
3.	Emma Irvine	18	Bedfordshire	38.77
4.	Chloe Drake	27	Essex	41.56

EVENT 13 Mens 75 Yrs/Over 50m Freestyle

Place	Name	AaD	Club	Time
1.	Micheal Read	78	Suffolk	39.06
2.	Derek Gore	79	Essex	40.17
3.	Paul Clarke	77	Bedfordshire	44.78
4.	Jack Kelly	80	Norfolk	46.88

EVENT 14 Womens 75 Yrs/Over 50m Freestyle

Place	Name	AaD	Club	Time
1.	Janet Masters	79	Bedfordshire	46.49
			Suffolk	DNC
			Norfolk	DNC
			Essex	DNC

EVENT 15 Mens/Womens 220+ Yrs 200m Medley Te

Place	Name	Club	Time
1.	Essex County ASA	Essex	2:15.65
2.	Bedfordshire ASA	Bedfordshire	2:20.98
3.	Suffolk ASA	Suffolk	2:46.52
4.	Norfolk County ASA	Norfolk	2:46.78

EVENT 16 Womens 140+ Yrs 200m Medley Team

Place	Name	Club	Time
1.	Essex County ASA	Essex	2:10.03
2.	Bedfordshire ASA	Bedfordshire	2:16.52
3.	Norfolk County ASA	Norfolk	2:22.21
4.	Suffolk ASA	Suffolk	2:34.66

EVENT 17 Mens 140+ Yrs 200m Medley Team

Place	Name	Club	Time
1.	Essex County ASA	Essex	1:55.85
2.	Norfolk County ASA	Norfolk	1:57.15
3.	Suffolk ASA	Suffolk	2:04.80
4.	Bedfordshire ASA	Bedfordshire	2:08.75

EVENT 18 Womens 072+ Yrs 200m Medley Team

Place	Name	Club	Time
1.	Bedfordshire ASA	Bedfordshire	2:12.54
2.	Essex County ASA	Essex	2:17.38
3.	Suffolk ASA	Suffolk	2:23.25
	Norfolk County ASA	Norfolk	DQ 2

EVENT 19 Mens 072+ Yrs 200m Medley Team

Place	Name	Club	Time
1.	Suffolk ASA	Suffolk	1:50.03
2.	Bedfordshire ASA	Bedfordshire	1:51.01
3.	Essex County ASA	Essex	1:56.48
4.	Norfolk County ASA	Norfolk	1:57.64

EVENT 20 Womens 65 Yrs/Over 50m Breaststroke

Place	Name	AaD	Club	Time
1.	Christine Ayers	66	Bedfordshire	47.91
2.	Pat Jackson	72	Norfolk	53.68
			Suffolk	DNC
			Essex	DNC

EVENT 21 Mens 65 Yrs/Over 50m Breaststroke

Place	Name	AaD	Club	Time
1.	Terry Thorne	69	Norfolk	44.35
2.	Joe Lounds-Keast	68	Bedfordshire	45.37
3.	Michael Read	78	Suffolk	1:03.65
			Essex	DNC

EVENT 22 Womens 55 Yrs/Over 50m Butterfly

Place	Name	AaD	Club	Time
1.	Eileen Luther	61	Essex	37.54
2.	Janet Williams	57	Suffolk	38.61
3.	Jane Blackwell	60	Norfolk	48.98
4.	Alison Sheehan	61	Bedfordshire	54.44

EVENT 23 Mens 55 Yrs/Over 50m Butterfly

Place	Name	AaD	Club	Time
1.	Geoff Baker	60	Essex	30.64
2.	Graham Powell	63	Bedfordshire	32.95
3.	Philip Cotton	63	Norfolk	34.02
4.	Jon Wills	55	Suffolk	34.97

EVENT 24 Womens 45 Yrs/Over 50m Freestyle

Place	Name	AaD	Club	Time
1.	Sharon Perry	47	Suffolk	30.58
2.	Karen MacKenzie	46	Bedfordshire	31.41
3.	Melanie Holland	45	Norfolk	32.23
4.	Heidi Nevin	51	Essex	32.78

EVENT 25 Mens 45 Yrs/Over 50m Freestyle

Place	Name	AaD	Club	Time
1.	Martin Lane	48	Essex	25.26
2.	Simon Buchan	51	Norfolk	26.95
3.	John Mckenny	45	Suffolk	28.42
4.	Howard Gell	48	Bedfordshire	28.57

EVENT 26 Womens 35 Yrs/Over 50m Backstroke

Place	Name	AaD	Club	Time
1.	Tara Stroud	40	Essex	35.97
2.	Samantha Hammond	39	Bedfordshire	36.83
3.	Sarah Osman	35	Norfolk	37.68
4.	Jodie Taylor	41	Suffolk	42.85

EVENT 27 Mens 35 Yrs/Over 50m Backstroke

Place	Name	AaD	Club	Time
1.	Mike Outtram	37	Bedfordshire	29.64
2.	Will Appleby	37	Norfolk	33.53
3.	Peter Edmonds	44	Suffolk	34.72
4.	Nick Alabaster	53	Essex	35.04

EVENT 28 Womens 25 Yrs/Over 50m Breaststroke

Place	Name	AaD	Club	Time
1.	Louise Bush	28	Norfolk	36.11
2.	Katie Holmes	35	Essex	36.22
3.	Joanne Holder	34	Bedfordshire	37.95
4.	Riasa Douglass-Callow	28	Suffolk	38.29

EVENT 29 Mens 25 Yrs/Over 50m Breaststroke

Place	Name	AaD	Club	Time
1.	Joshua Gray	25	Norfolk	30.76
2.	Danny Baker	25	Essex	32.99
3.	Jack McGarry	25	Bedfordshire	33.72
4.	Andrew Kimpton	27	Suffolk	34.60

EVENT 30 Womens 18 Yrs/Over 50m Butterfly

Place	Name	AaD	Club	Time
1.	Lauren Grice	20	Bedfordshire	30.91
2.	Millie Small	18	Suffolk	32.49
3.	Hannah Binning	20	Essex	32.61
4.	Bethany Palmer	21	Norfolk	32.83

EVENT 31 Mens 18 Yrs/Over 50m Butterfly

Place	Name	AaD	Club	Time
1.	Charles Whyte	18	Suffolk	26.54
2.	Michael Judd	21	Bedfordshire	27.86
3.	Luke Goodall	20	Essex	28.28
4.	James Bradley	18	Norfolk	29.07

EVENT 32 Mens/Womens 260+ Yrs 200m Free.Team

Place	Name	Club	Time
1.	Essex County ASA	Essex	2:20.97
2.	Norfolk County ASA	Norfolk	2:25.32
3.	Suffolk ASA	Suffolk	2:28.58
	Bedfordshire ASA	Bedfordshire	DQ 3

EVENT 33 Mens 180+ Yrs 200m Freestyle Team

Place	Name	Club	Time
1.	Essex County ASA	Essex	1:50.55
2.	Norfolk County ASA	Norfolk	1:54.57
3.	Suffolk ASA	Suffolk	1:55.57
4.	Bedfordshire ASA	Bedfordshire	1:57.72

EVENT 34 Womens 180+ Yrs 200m Freestyle Team

Place	Name	Club	Time
1.	Bedfordshire ASA	Bedfordshire	2:04.81
2.	Essex County ASA	Essex	2:05.97
3.	Suffolk ASA	Suffolk	2:09.24
4.	Norfolk County ASA	Norfolk	2:26.00

EVENT 35 Mens 100+ Yrs 200m Freestyle Team

Place	Name	Club	Time
1.	Bedfordshire ASA	Bedfordshire	1:43.86
2.	Essex County ASA	Essex	1:44.01
3.	Suffolk ASA	Suffolk	1:44.63
4.	Norfolk County ASA	Norfolk	1:44.85

EVENT 36 Womens 100+ Yrs 200m Freestyle Team

Place	Name	Club	Time
1.	Bedfordshire ASA	Bedfordshire	1:55.06
2.	Essex County ASA	Essex	1:59.94
3.	Norfolk County ASA	Norfolk	2:03.58
4.	Suffolk ASA	Suffolk	2:06.12

EVENT 37 Mens 65 Yrs/Over 50m Butterfly

Place	Name	AaD	Club	Time
1.	Pete Iles	66	Bedfordshire	37.03
2.	Terry Thorne	69	Norfolk	37.63
3.	Dietrich Coekin	68	Suffolk	40.91
4.	Walter Gerrard	67	Essex	40.99

EVENT 38 Womens 65 Yrs/Over 50m Butterfly

Place	Name	AaD	Club	Time
1.	Vivien Willis	66	Essex	44.51
2.	Pat Jackson	72	Norfolk	46.66
3.	Janet Masters	79	Bedfordshire Suffolk	55.55 DNC

EVENT 39 Mens 55 Yrs/Over 50m Freestyle

Place	Name	AaD	Club	Time
1.	Martin Fenner	57	Essex	29.15
2.	Philip Cotton	63	Norfolk	31.11
3.	Peter Lynch	57	Suffolk	31.33
4.	Graham Powell	63	Bedfordshire	31.64

EVENT 40 Womens 55 Yrs/Over 50m Freestyle

Place	Name	AaD	Club	Time
1.	Alyson Fordham	63	Essex	32.77
2.	Kim Lynch	60	Suffolk	36.04
3.	Jane Blackwell	60	Norfolk	38.16
4.	Heather Patrick	57	Bedfordshire	39.73

EVENT 41 Mens 45 Yrs/Over 50m Backstroke

Place	Name	AaD	Club	Time
1.	Simon Buchan	51	Norfolk	33.78
2.	Howard Gell	48	Bedfordshire	33.80
3.	Mark Osterritter	47	Suffolk	33.81
4.	Stephen Beal	50	Essex	33.89

EVENT 42 Womens 45 Yrs/Over 50m Backstroke

Place	Name	AaD	Club	Time
1.	Liz Woolner	52	Bedfordshire	35.07
2.	Melanie Holland	45	Norfolk	35.92
3.	Katrina Farrell	49	Essex	36.86
4.	Hannah Jones	47	Suffolk	39.52

EVENT 43 Mens 35 Yrs/Over 50m Breaststroke

Place	Name	AaD	Club	Time
1.	David Ebanks	37	Essex	30.28
2.	Alistair Shaw	39	Bedfordshire	34.95
3.	Robert Hammond	46	Norfolk	36.26
4.	Steve Denham	43	Suffolk	36.71

EVENT 44 Womens 35 Yrs/Over 50m Breaststroke

Place	Name	AaD	Club	Time
1.	Dawn Palmer	43	Essex	36.56
2.	Sarah Pearse	37	Bedfordshire	36.83
3.	Sarah Osman	35	Norfolk	41.35
4.	Jodie Taylor	41	Suffolk	43.94

EVENT 45 Mens 25 Yrs/Over 50m Butterfly

Place	Name	AaD	Club	Time
1.	Elliott Cook	25	Suffolk	26.70
2.	Danny Baker	25	Essex	28.39
3.	Chris Searle	27	Norfolk	30.00
4.	Sam Parry	29	Bedfordshire	30.55

EVENT 46 Womens 25 Yrs/Over 50m Butterfly

Place	Name	AaD	Club	Time
1.	Claire Evelyn	32	Bedfordshire	32.21
2.	Michelle Curry	32	Essex	33.01
3.	Sophie Liddament	27	Norfolk	34.86
4.	Gemma Cannon	27	Suffolk	37.56

EVENT 47 Mens 18 Yrs/Over 50m Freestyle

Place	Name	AaD	Club	Time
1.	Tom Pickering	19	Bedfordshire	24.34
2.	Thomas Boyt	20	Suffolk	25.22
3.	James Bradley	18	Norfolk	25.68
4.	Luke Goodall	20	Essex	27.24

EVENT 48 Womens 18 Yrs/Over 50m Freestyle

Place	Name	AaD	Club	Time
1.	Hannah Binning	20	Essex	29.04
2.	Millie Small	18	Suffolk	29.13
3.	Lauren Grice	20	Bedfordshire	29.44
4.	Emily Rose	20	Norfolk	29.71

EVENT 49 Mens/Womens 220+ Yrs 200m Free.Team

Place	Name	Club	Time
1.	Essex County ASA	Essex	2:04.65
2.	Bedfordshire ASA	Bedfordshire	2:11.85
3.	Norfolk County ASA	Norfolk	2:23.12
4.	Suffolk ASA	Suffolk	2:24.79

EVENT 50 Womens 140+ Yrs 200m Freestyle Team

Place	Name	Club	Time
1.	Bedfordshire ASA	Bedfordshire	2:01.84
2.	Essex County ASA	Essex	2:08.06
3.	Norfolk County ASA	Norfolk	2:12.35
4.	Suffolk ASA	Suffolk	2:19.05

EVENT 51 Mens 140+ Yrs 200m Freestyle Team

Place	Name	Club	Time
1.	Norfolk County ASA	Norfolk	1:44.61
2.	Essex County ASA	Essex	1:47.18
3.	Suffolk ASA	Suffolk	1:51.96
4.	Bedfordshire ASA	Bedfordshire	2:13.78

EVENT 52 Womens 072+ Yrs 200m Freestyle Team

Place	Name	Club	Time
1.	Bedfordshire ASA	Bedfordshire	1:59.44
2.	Essex County ASA	Essex	2:02.65
3.	Norfolk County ASA	Norfolk	2:03.13
4.	Suffolk ASA	Suffolk	2:04.07

EVENT 53 Mens 072+ Yrs 200m Freestyle Team

Place	Name	Club	Time
1.	Bedfordshire ASA	Bedfordshire	1:39.45
2.	Suffolk ASA	Suffolk	1:41.35
3.	Norfolk County ASA	Norfolk	1:43.09
4.	Essex County ASA	Essex	1:43.46

EVENT 54 Womens 65 Yrs/Over 50m Freestyle

Place	Name	AaD	Club	Time
1.	Christine Ayers	66	Bedfordshire	38.77
2.	Vivien Willis	66	Essex	39.61
3.	Pat Jackson	72	Norfolk	44.63
			Suffolk	DNC

EVENT 55 Mens 65 Yrs/Over 50m Freestyle

Place	Name	AaD	Club	Time
1.	Phillip Harper	74	Essex	32.34
2.	Terry Thorne	69	Norfolk	33.37
3.	Joe Lounds-Keast	68	Bedfordshire	34.93
4.	Dietrich Coekin	68	Suffolk	35.18

EVENT 56 Womens 55 Yrs/Over 50m Backstroke

Place	Name	AaD	Club	Time
1.	Eileen Luther	61	Essex	38.65
2.	Janet Williams	57	Suffolk	39.30
3.	Alison Sheehan	61	Bedfordshire	46.09
4.	Jane Blackwell	60	Norfolk	50.64

EVENT 57 Mens 55 Yrs/Over 50m Backstroke

Place	Name	AaD	Club	Time
1.	Martin Fenner	57	Essex	32.75
2.	Graham Powell	63	Bedfordshire	35.55
3.	Philip Cotton	63	Norfolk	39.08
4.	Peter Lynch	57	Suffolk	40.19

EVENT 58 Womens 45 Yrs/Over 50m Breaststroke

Place	Name	AaD	Club	Time
1.	Sharon Perry	47	Suffolk	39.07
2.	Amanda Goodman	49	Essex	39.55
3.	Alison Pickering	49	Norfolk	42.80
4.	Emma Roch	46	Bedfordshire	44.45

EVENT 59 Mens 45 Yrs/Over 50m Breaststroke

Place	Name	AaD	Club	Time
1.	Martin Lane	48	Essex	33.48
2.	Robert Hammond	46	Norfolk	36.51
3.	Graham King	56	Suffolk	36.70
4.	Howard Gell	48	Bedfordshire	37.49

EVENT 60 Womens 35 Yrs/Over 50m Butterfly

Place	Name	AaD	Club	Time
1.	Dawn Palmer	43	Essex	31.33
2.	Sarah Osman	35	Norfolk	34.47
3.	Christie Dixon	43	Bedfordshire	35.38
4.	Kimberley Harrison	38	Suffolk	35.77

EVENT 61 Mens 35 Yrs/Over 50m Butterfly

Place	Name	AaD	Club	Time
1.	Will Appleby	37	Norfolk	28.40
2.	Shaun Harrison	40	Suffolk	28.72
2.	David Ebanks	37	Essex	28.72
4.	Alistair Shaw	39	Bedfordshire	30.62

EVENT 62 Womens 25 Yrs/Over 50m Freestyle

Place	Name	AaD	Club	Time
1.	Claire Evelyn	32	Bedfordshire	29.24
2.	Michelle Curry	32	Essex	29.86
3.	Riasa Douglas-Callow	28	Suffolk	30.11
4.	Louise Bush	28	Norfolk	30.46

EVENT 63 Mens 25 Yrs/Over 50m Freestyle

Place	Name	AaD	Club	Time
1.	Adam Young	34	Suffolk	26.43
2.	Mike Outtram	37	Bedfordshire	26.47
3.	Chris Searle	27	Norfolk	26.60
4.	Lee North	45	Essex	28.02

EVENT 64 Womens 18 Yrs/Over 50m Backstroke

Place	Name	AaD	Club	Time
1.	Lauren Grice	20	Bedfordshire	32.87
2.	Millie Small	18	Suffolk	34.32
3.	Bethany Palmer	21	Norfolk	35.30
4.	Hannah Binning	20	Essex	35.80

EVENT 65 Mens 18 Yrs/Over 50m Backstroke

Place	Name	AaD	Club	Time
1.	Tom Pickering	19	Bedfordshire	27.37
2.	Charles Whyte	18	Suffolk	27.78
3.	Ryan Kelly	20	Essex	28.14
4.	Harry Crisp	25	Norfolk	33.03

EVENT 66 Mens/Womens 260+ Yrs 200m Medley Te

Place	Name	Club	Time
1.	Essex County ASA	Essex	2:37.48
2.	Bedfordshire ASA	Bedfordshire	2:47.07
3.	Suffolk ASA	Suffolk	2:57.06
4.	Norfolk County ASA	Norfolk	2:57.90

EVENT 67 Mens 180+ Yrs 200m Medley Team

Place	Name	Club	Time
1.	Essex County ASA	Essex	2:06.16
2.	Bedfordshire ASA	Bedfordshire	2:06.87
3.	Suffolk ASA	Suffolk	2:09.24
4.	Norfolk County ASA	Norfolk	2:10.08

EVENT 68 Womens 180+ Yrs 200m Medley Team

Place	Name	Club	Time
1.	Bedfordshire ASA	Bedfordshire	2:20.10
2.	Essex County ASA	Essex	2:22.56
3.	Norfolk County ASA	Norfolk	2:42.08
4.	Suffolk ASA	Suffolk	2:48.29

EVENT 69 Mens 100+ Yrs 200m Medley Team

Place	Name	Club	Time
1.	Suffolk ASA	Suffolk	1:53.28
2.	Essex County ASA	Essex	1:54.44
3.	Bedfordshire ASA	Bedfordshire	1:55.11
4.	Norfolk County ASA	Norfolk	1:56.68

EVENT 70 Womens 100+ Yrs 200m Medley Team

Place	Name	Club	Time
1.	Essex County ASA	Essex	2:09.88
2.	Bedfordshire ASA	Bedfordshire	2:12.54
3.	Norfolk County ASA	Norfolk	2:16.61
4.	Suffolk ASA	Suffolk	2:24.08

Top Club (Evt. 70)

1	Essex	199.5
2	Bedfordshire	193
3	Norfolk	153
4	Suffolk	139.5