

#### Event 701 Womens Open 200m IM

|       |                  |                 |         |
|-------|------------------|-----------------|---------|
| Final |                  |                 |         |
| L 1   | Ella HALE        | 15 West Suffolk | 2:24.75 |
| L 2   | Sara KALAWSKA    | 15 Hatfield     | 2:24.34 |
| L 3   | Ellie WHEELER    | 16 Basildon Ph  | 2:19.90 |
| L 4   | Amelia MONAGHAN  | 16 Co Peterboro | 2:19.75 |
| L 5   | Rebecca BURTON   | 20 Co Peterboro | 2:19.89 |
| L 6   | Poppy RICHARDSON | 17 Co Peterboro | 2:23.50 |
| L 7   | Natalie SANFORD  | 14 St Felix Sch | 2:24.50 |
| L 8   | Lucie PECK       | 15 West Norfolk | 2:25.00 |
| R1    | Celyn WALMSLEY   | 17 Team Luton   |         |

#### Event 702 Mens Open 50m Backstroke

|       |                  |                 |       |
|-------|------------------|-----------------|-------|
| Final |                  |                 |       |
| L 1   | Walter HACKETT   | 15 Dunstable    | 27.20 |
| L 2   | Herbie KINDER    | 16 Co Peterboro | 26.97 |
| L 3   | Nathan WELLS     | 20 West Norfolk | 26.77 |
| L 4   | Thomas CLARE     | 17 teamipswich  | 26.19 |
| L 5   | Matthew GRAY     | 18 Co Peterboro | 26.53 |
| L 6   | Thomas PICKERING | 18 Linslade     | 26.85 |
| L 7   | Manfred BATTLE   | 16 Co Cambridge | 27.08 |
| L 8   | Daniel CHADA     | 17 Bishop Stort | 27.44 |
| R1    | Jude LIDDIARD    | 17 Co St Albans |       |
| R2    | Ignacio LARGHERO | 19 Newmarket    |       |

#### Event 703 Womens Open 50m Freestyle

|       |                   |                 |       |
|-------|-------------------|-----------------|-------|
| Final |                   |                 |       |
| L 1   | Rianna SMITH      | 20 Basildon Ph  | 26.94 |
| L 2   | Georgina TALLON   | 18 Potters Bar  | 26.87 |
| L 3   | Martha DULEY      | 19 Colchester   | 26.79 |
| L 4   | Elinah PHILLIP    | 18 Bishop Stort | 25.72 |
| L 5   | Elinor DULEY      | 18 Colchester   | 26.45 |
| L 6   | Jessica WOODWARD  | 15 Hatfield     | 26.84 |
| L 7   | Emma CRUICKSHANKS | 15 teamipswich  | 26.91 |

#### Event 704 Mens Open 200m Breaststroke

|       |                 |                 |         |
|-------|-----------------|-----------------|---------|
| Final |                 |                 |         |
| L 1   | Sam PERKINS     | 16 teamipswich  | 2:26.72 |
| L 2   | Lewis SHAYLER   | 15 Watford SC   | 2:25.74 |
| L 3   | Lawrence PALMER | 26 Putteridge   | 2:21.46 |
| L 4   | Nathan HUGHES   | 18 Hatfield     | 2:20.08 |
| L 5   | Luke BRYAN      | 18 West Norfolk | 2:21.33 |
| L 6   | Ralph MUNCER    | 17 Co St Albans | 2:22.87 |
| L 7   | Myles TURNER    | 18 Co Cambridge | 2:26.09 |
| L 8   | Nicholas BOTHA  | 16 Bishop Stort | 2:27.05 |
| R1    | Bryn COUSER     | 16 Bishop Stort |         |
| R2    | Freddie LAWS    | 15 West Norfolk |         |

#### Event 705 Womens Open 200m Breaststroke

|       |                 |                 |         |
|-------|-----------------|-----------------|---------|
| Final |                 |                 |         |
| L 1   | Molly MONK      | 14 Dereham      | 2:39.32 |
| L 2   | India WESTON    | 16 Norfolk Vikg | 2:38.73 |
| L 3   | Sophie PAYNE    | 16 Hatfield     | 2:36.03 |
| L 4   | Amelia MONAGHAN | 16 Co Peterboro | 2:35.36 |
| L 5   | Kathryn GILL    | 31 Co Cambridge | 2:35.75 |
| L 6   | Grace KING      | 15 teamipswich  | 2:37.24 |
| L 7   | Erin O'MEARA    | 15 Watford SC   | 2:38.95 |
| L 8   | Caitlin DAY     | 17 Basildon Ph  | 2:39.86 |
| R1    | Ela NORTON      | 14 Hatfield     |         |
| R2    | Charlotte WHITE | 13 West Suffolk |         |

#### Event 706 Mens Open 100m Butterfly

|       |                  |                 |       |
|-------|------------------|-----------------|-------|
| Final |                  |                 |       |
| L 1   | Harry JONES      | 18 Co Norwich   | 58.30 |
| L 2   | Lucas DYSON-DIAZ | 18 Hatfield     | 57.34 |
| L 3   | Matthew COURTIS  | 23 Co Cambridge | 57.17 |
| L 4   | Matthew TITMAN   | 17 Co Cambridge | 56.17 |
| L 5   | James WOODWARD   | 18 Hatfield     | 56.27 |
| L 6   | Manfred BATTLE   | 16 Co Cambridge | 57.28 |
| L 7   | Harry WHITEMAN   | 18 Co Peterboro | 57.69 |

#### Event 707 Womens Open 100m Butterfly

|       |                  |                 |         |
|-------|------------------|-----------------|---------|
| Final |                  |                 |         |
| L 1   | Georgina TALLON  | 18 Potters Bar  | 1:04.10 |
| L 2   | Poppy RICHARDSON | 17 Co Peterboro | 1:03.81 |
| L 3   | Natalie SANFORD  | 14 St Felix Sch | 1:03.41 |
| L 4   | Mia LEECH        | 16 Co Peterboro | 1:02.74 |
| L 5   | Sara KALAWSKA    | 15 Hatfield     | 1:03.16 |
| L 6   | Elinor DULEY     | 18 Colchester   | 1:03.57 |
| L 7   | Rebecca BURTON   | 20 Co Peterboro | 1:03.94 |
| L 8   | May BRADBURN     | 14 Chelmsford   | 1:04.73 |
| R1    | Valeria GIRON    | 13 Hatfield     |         |

#### Event 708 Mens Open 100m IM

|       |                 |                 |         |
|-------|-----------------|-----------------|---------|
| Final |                 |                 |         |
| L 1   | Thomas WIGGINS  | 19 Co Peterboro | 1:00.18 |
| L 2   | Matthew COURTIS | 23 Co Cambridge | 59.34   |
| L 3   | Charles WHYTE   | 17 West Suffolk | 59.08   |
| L 4   | Brandon NABARRO | 21 Putteridge   | 57.28   |
| L 5   | Spencer PRIOR   | 19 teamipswich  | 59.06   |
| L 6   | Nathan WELLS    | 20 West Norfolk | 59.22   |
| L 7   | Finlay RYAN     | 19 West Norfolk | 59.44   |
| L 8   | Thomas GRIEVE   | 18 Colchester   | 1:00.40 |
| R1    | Oliver KENNY    | 21 West Norfolk |         |
| R2    | Luke BRYAN      | 18 West Norfolk |         |

#### Event 709 Womens Open 100m Backstroke

|       |                  |                 |         |
|-------|------------------|-----------------|---------|
| Final |                  |                 |         |
| L 1   | Asma PARKER      | 15 Colchester   | 1:05.41 |
| L 2   | Eve WRIGHT       | 15 Co Peterboro | 1:04.45 |
| L 3   | Lija RADZIUNAITE | 16 teamipswich  | 1:04.29 |
| L 4   | Megan PYE        | 16 Co Norwich   | 1:02.93 |
| L 5   | Martha DULEY     | 19 Colchester   | 1:03.29 |
| L 6   | Emily LANE       | 22 Basildon Ph  | 1:04.33 |
| L 7   | Danielle RAYNER  | 22 March        | 1:05.10 |
| L 8   | Lauren STOTT     | 16 Hatfield     | 1:05.58 |
| R1    | Abbie LOW        | 16 Chelmsford   |         |
| R2    | Carys BREALEY    | 14 Harlow Pen   |         |

#### Event 710 Mens Open 100m Freestyle

|       |                   |                 |       |
|-------|-------------------|-----------------|-------|
| Final |                   |                 |       |
| L 1   | Jake MOXHAM       | 16 Co Cambridge | 52.25 |
| L 2   | James WOODWARD    | 18 Hatfield     | 51.76 |
| L 3   | Reese HOUSDEN     | 16 Hatfield     | 51.32 |
| L 4   | Harry CONSTANTINE | 18 Hatfield     | 49.26 |
| L 5   | Regan LLOYD       | 21 teamipswich  | 50.95 |
| L 6   | Ignacio LARGHERO  | 19 Newmarket    | 51.47 |
| L 7   | Brandon NABARRO   | 21 Putteridge   | 51.81 |
| L 8   | Nathan WELLS      | 20 West Norfolk | 52.57 |
| R1    | Matthew TITMAN    | 17 Co Cambridge |       |

#### Event 711 Womens Open 200m Freestyle

|       |                   |                 |         |
|-------|-------------------|-----------------|---------|
| Final |                   |                 |         |
| L 1   | Jessica WOODWARD  | 15 Hatfield     | 2:06.42 |
| L 2   | Millie FIELDS     | 14 Bishop Stort | 2:05.91 |
| L 3   | Annabelle BURGESS | 15 teamipswich  | 2:05.30 |
| L 4   | Mia LEECH         | 16 Co Peterboro | 2:04.74 |
| L 5   | Charlotte WALKER  | 16 St Felix Sch | 2:04.98 |
| L 6   | Abbie LOW         | 16 Chelmsford   | 2:05.81 |
| L 7   | Mackenzie WHYATT  | 16 Co Peterboro | 2:06.31 |
| L 8   | Billie GRANT      | 16 Hatfield     | 2:07.06 |
| R1    | Ellie WHEELER     | 16 Basildon Ph  |         |

#### Event 712 Mens Open 50m Breaststroke

|       |                 |                 |       |
|-------|-----------------|-----------------|-------|
| Final |                 |                 |       |
| L 1   | Luke WESTWOOD   | 28 Co Cambridge | 30.42 |
| L 2   | Matthew COURTIS | 23 Co Cambridge | 30.18 |
| L 3   | James QUINN     | 14 St Ives      | 30.07 |
| L 4   | Lawrence PALMER | 26 Putteridge   | 27.35 |
| L 5   | Brandon NABARRO | 21 Putteridge   | 29.63 |
| L 6   | Thomas WIGGINS  | 19 Co Peterboro | 30.07 |
| L 7   | Lee PETERSON    | 44 Braintree    | 30.26 |
| L 8   | Finlay RYAN     | 19 West Norfolk | 30.42 |
| R1    | Thomas GRIEVE   | 18 Colchester   |       |

#### Event 713 Womens Open 50m Breaststroke

|       |                   |                 |       |
|-------|-------------------|-----------------|-------|
| Final |                   |                 |       |
| L 1   | Erin O'MEARA      | 15 Watford SC   | 33.38 |
| L 2   | Annabelle BURGESS | 15 teamipswich  | 33.31 |
| L 3   | Molly LEE         | 17 West Norfolk | 33.16 |
| L 4   | Rebecca BURTON    | 20 Co Peterboro | 32.48 |
| L 5   | Grace KING        | 15 teamipswich  | 32.87 |
| L 6   | Kathryn GILL      | 31 Co Cambridge | 33.22 |
| L 7   | Vejune PETRAITYTE | 16 Basildon Ph  | 33.35 |
| L 8   | Jana SPINNER      | 19 Co Norwich   | 33.48 |
| R1    | Sarah O'BRIEN     | 22 West Norfolk |       |
| R2    | Louise BUSH       | 27 Co Norwich   |       |

#### Event 714 Mens Open 200m Backstroke

|       |                |                 |         |
|-------|----------------|-----------------|---------|
| Final |                |                 |         |
| L 1   | Manfred BATTLE | 16 Co Cambridge | 2:07.42 |
| L 2   | Max JELFS      | 17 Hatfield     | 2:07.28 |
| L 3   | Nathan WELLS   | 20 West Norfolk | 2:07.10 |
| L 4   | Herbie KINDER  | 16 Co Peterboro | 2:04.49 |
| L 5   | Ryan KELLY     | 19 Chelmsford   | 2:06.97 |
| L 6   | Thomas CLARE   | 17 teamipswich  | 2:07.17 |
| L 7   | Myles TURNER   | 18 Co Cambridge | 2:07.35 |
| L 8   | Matthew GRAY   | 18 Co Peterboro | 2:07.93 |
| R1    | Jack SANGSTER  | 17 Modernian    |         |
| R2    | Jude LIDDIARD  | 17 Co St Albans |         |

#### Event 715 Womens Open 400m Freestyle Team

|     |                            |              |         |
|-----|----------------------------|--------------|---------|
| H 1 | L 3 City of St Albans SC   | Co St Albans | 4:09.02 |
|     | L 4 Hemel Hempstead SC     | Hemel Hemp   | 4:08.00 |
|     | L 5 Hitchin SC             | Hitchin      | 4:09.00 |
|     | L 6 Harpenden Swimming Clu | Harpندن      | 4:10.97 |
| H 2 | L 1 Hatfield SC B          | Hatfield     | 4:05.30 |
|     | L 2 Potters Bar SC         | Potters Bar  | 4:02.04 |
|     | L 3 City Of Peterborough A | Co Peterboro | 4:00.00 |
|     | L 4 Chelmsford City SC     | Chelmsford   | 3:55.70 |
|     | L 5 Hatfield SC A          | Hatfield     | 3:59.70 |
|     | L 6 Basildon and Phoenix S | Basildon Ph  | 4:01.00 |
|     | L 7 City Of Peterborough B | Co Peterboro | 4:05.00 |
|     | L 8 Central Bedfordshire S | C Beds SS    | 4:08.00 |

#### Event 716 Mens Open 400m Medley Team

|     |                            |              |         |
|-----|----------------------------|--------------|---------|
| H 1 | L 1 Central Bedfordshire S | C Beds SS    | 4:24.00 |
|     | L 2 City of St Albans B    | Co St Albans | 4:13.69 |
|     | L 3 Hemel Hempstead SC     | Hemel Hemp   | 4:12.00 |
|     | L 4 Potters Bar SC         | Potters Bar  | 4:09.24 |
|     | L 5 Deben SC               | Deben        | 4:11.00 |
|     | L 6 Berkhamsted SC         | Berkhamsted  | 4:12.94 |
|     | L 7 Harpenden Swimming Clu | Harpندن      | 4:18.81 |
| H 2 | L 1 City of St Albans A    | Co St Albans | 4:01.62 |
|     | L 2 Basildon and Phoenix S | Basildon Ph  | 4:00.00 |
|     | L 3 City of Norwich SC     | Co Norwich   | 3:57.00 |
|     | L 4 Hatfield SC A          | Hatfield     | 3:48.20 |
|     | L 5 City of Cambridge A    | Co Cambridge | 3:55.50 |
|     | L 6 City Of Peterborough A | Co Peterboro | 3:58.00 |
|     | L 7 City of Cambridge B    | Co Cambridge | 4:00.50 |
|     | L 8 Hatfield SC B          | Hatfield     | 4:04.10 |