

Start List

<u>Event 301 Womens Open 400m IM</u>				
H 1	L 3	Georgia PRITCHARD	13 Hatfield	5:28.20
	L 4	Jessica HEESOM	15 Potters Bar	5:27.91
	L 5	Olivia SEAL	16 Hatfield	5:28.09
H 2	L 1	Hannah TAPLIN	17 Deben	5:27.23
	L 2	Gemma BOOTH	16 Newmarket	5:26.73
	L 3	Anna FALLON	15 Team Luton	5:26.40
	L 4	Cerys WILLIAMS	14 West Suffolk	5:24.88
	L 5	Brooke JENKINS	14 Southend	5:25.65
	L 6	Ella MURPHY	16 Harpenden	5:26.50
	L 7	Leah WIGHTMAN	13 West Norfolk	5:26.99
H 3	L 1	Nellie EASTLAND	16 Bishop Stort	5:23.62
	L 2	Isabelle SOULSBY	15 Berkhamsted	5:21.70
	L 3	Charlotte NORMAN	13 Colchester	5:20.90
	L 4	Ciara WOOKEY	14 Colchester	5:20.23
	L 5	Charlotte WHITE	13 West Suffolk	5:20.90
	L 6	Rebecca MERRILL	17 Norwich Swan	5:21.52
	L 7	Matilda RANSOME	12 Co Cambridge	5:22.34
	L 8	Tilly ANEMA	17 Co Norwich	5:23.70
H 4	L 1	Lily BEMMER	15 Deben	5:19.15
	L 2	Ella HALE	15 West Suffolk	5:14.82
	L 3	Harriet SALISBURY	14 Co Peterboro	5:13.10
	L 4	May BRADBURN	14 Chelmsford	5:10.80
	L 5	Orla KEAVENEY	15 Modernian	5:12.50
	L 6	Olivia LEE	14 Co Peterboro	5:14.12
	L 7	Holly LAMB	13 Southend	5:17.70
	L 8	Ellie MATTHEWS	15 Putteridge	5:19.33
H 5	L 1	Grace KING	15 teamipswich	5:10.20
	L 2	Zara KEEGAN	16 Co Cambridge	5:05.20
	L 3	Lucie PECK	15 West Norfolk	5:00.80
	L 4	Amelia MONAGHAN	16 Co Peterboro	4:45.10
	L 5	Celyn WALMSLEY	17 Team Luton	5:00.10
	L 6	Sophie TAYLOR	17 St Felix Sch	5:05.20
	L 7	Erin O'MEARA	15 Watford SC	5:08.40
	L 8	Ella MCGHIE	14 Co Peterboro	5:10.21
<u>Event 302 Mens Open 100m Backstroke</u>				
H 1	L 3	Louis HINES	21 S14 Watford SC	1:13.80
	L 4	Mehdi EL MANSAR	14 Bishop Stort	1:05.62
	L 5	Alexander TINNION	17 Colchester	1:05.70
	L 6	Samuel WHEARTY	16 S9 Colchester	1:26.24
H 2	L 1	D THURSTON-WOOLNO	17 Beccles Town	1:05.47
	L 2	Jack SKERRY	14 Chelmsford	1:05.20
	L 3	Owen VAUGHAN	15 Chelmsford	1:05.12
	L 4	Thomas BELCHER	15 Modernian	1:04.80
	L 5	Ethan SUTTON	16 Watford SC	1:05.00
	L 6	Nathaniel OLAYOMI	15 Watford SC	1:05.16
	L 7	Teal'K SMITH	15 Beccles Town	1:05.40
	L 8	Sonny LING	17 Lstoft & OB	1:05.57
H 3	L 1	Kai ADAMS	22 Halstead	1:04.70
	L 2	A HOLNESS-WRIGHT	22 Watford SC	1:04.69
	L 3	Charlie KING	15 Co St Albans	1:04.59
	L 4	Zane BATT	15 Bor of Brox	1:04.31
	L 5	Connor RODGERS	16 Putteridge	1:04.47
	L 6	Devsh KAPOOR	15 Watford SC	1:04.67
	L 7	Luke PESTAILLE	15 Hatfield	1:04.70
	L 8	Connor GILLINGHAM	15 West Suffolk	1:04.75
H 4	L 1	Thomas CADENHEAD	16 Co St Albans	1:03.90
	L 2	Samuel HUTCHINGS	18 Hemel Hemp	1:03.81
	L 3	Thomas STANBURY	17 Potters Bar	1:03.71
	L 4	Marcus KEMP	17 Watford SC	1:03.64
	L 5	Ketan RACH	14 Watford SC	1:03.70
	L 6	M ROBINSON-YOUNG	16 Co Peterboro	1:03.80
	L 7	Matthew ROTHWELL	16 Co Peterboro	1:03.85
	L 8	Ben WOODHOUSE	15 Norwich Swan	1:04.15
H 5	L 1	Aidan HOWARD	16 Deben	1:03.51
	L 2	Samrahn SANDHU	16 Co St Albans	1:03.41
	L 3	Lewis BAYLEY	17 Southend	1:03.13
	L 4	Elliott DAY	16 teamipswich	1:02.88
	L 5	Joel GREEN	18 Hemel Hemp	1:03.06
	L 6	Taylor BOWEN	17 West Suffolk	1:03.27
	L 7	Joseph WELLS	19 West Norfolk	1:03.46
	L 8	Edward CAMPFIELD	16 Harpenden	1:03.62
H 6	L 1	Samuel ROSE	15 West Norfolk	1:02.58
	L 2	Oliver KENNY	21 West Norfolk	1:01.90
	L 3	Alessandro RIODA	14 Harlow Pen	1:01.78
	L 4	Liam BRENNAN	16 Basildon Ph	1:01.60
	L 5	Thomas OWEN	18 Co Norwich	1:01.75
	L 6	Thomas OGDEN	14 Bishop Stort	1:01.80
	L 7	Jamie BRACKSTON	17 Hitchin	1:01.99
	L 8	C THURSTON-WOOLNO	18 Beccles Town	1:02.88
H 7	L 1	Michael JUDD	20 Dunstable	1:00.88
	L 2	Thomas BOYT	19 Felixstowe	1:00.18
	L 3	Jordan CATCHPOLE	19 S14 Co Norwich	59.72
	L 4	Thomas CLARE	17 teamipswich	57.50
	L 5	Manfred BATTLE	16 Co Cambridge	58.60
	L 6	James COOPER	16 Basildon Ph	1:00.00
	L 7	Alexander CATTON	15 Bishop Stort	1:00.69
	L 8	Ryan WEBB	17 Gt Yarmouth	1:01.43
H 8	L 1	Jack SANGSTER	17 Modernian	1:00.86
	L 2	Charles WHYTE	17 West Suffolk	1:00.10
	L 3	Jude LIDDIARD	17 Co St Albans	59.37
	L 4	Jamie SCHOLES	18 Co Peterboro	56.40
	L 5	Matthew GRAY	18 Co Peterboro	57.71
	L 6	Daniel CHADA	17 Bishop Stort	59.92
	L 7	Daniel MURTAGH	15 Hatfield	1:00.40
	L 8	Matthew ANDERSON	16 Deben	1:01.31
H 9	L 1	Jake WILLIAMS	19 Co Norwich	1:00.79
	L 2	Ryan KELLY	19 Chelmsford	1:00.00
	L 3	Thomas PICKERING	18 Linslade	58.80
	L 4	Nathan WELLS	20 West Norfolk	56.20
	L 5	Herbie KINDER	16 Co Peterboro	57.70
	L 6	Myles TURNER	18 Co Cambridge	59.89
	L 7	Walter HACKETT	15 Dunstable	1:00.29
	L 8	Sam PERKINS	16 teamipswich	1:01.27
<u>Event 303 Womens Open 100m Freestyle</u>				
H 1	L 2	Cerys WILLIAMS	14 West Suffolk	1:02.80
	L 3	Ashleigh COOPER	14 Hitchin	1:02.73
	L 4	Ella DOOTSON	16 Stowmarket	1:02.60
	L 5	Georgina MUNDAY	14 Modernian	1:02.70
	L 6	Tess WESLEY	14 Newmarket	1:02.75
	L 7	Mwaba MKWASA	13 S8 Norwich Swan	1:40.10
H 2	L 1	Ciara TAYLOR	13 St Ives	1:02.50
	L 2	Annika BROWN	15 teamipswich	1:02.41
	L 3	Eleanor KING	18 Team Luton	1:02.38
	L 4	Holly GRAVES	14 Co Peterboro	1:02.31
	L 5	Almudena VISSER VELEZ	16 Co Cambridge	1:02.33
	L 6	Rachel ANDREWS	14 C Beds SS	1:02.40
	L 7	Francesca PECCEI	15 Watford SC	1:02.45
	L 8	Smriti GOKARN	16 St Felix Sch	1:02.51
H 3	L 1	Iona TRAINER	15 Co Ely	1:02.22
	L 2	Lily MACDONALD	13 Co Norwich	1:02.20
	L 3	Larissa DEAN	16 Harpenden	1:02.10
	L 4	Niamh ADCKOCK	17 Co Norwich	1:02.10
	L 5	Emily WHYTE	15 teamipswich	1:02.10
	L 6	Charlotte HUDSON	15 West Suffolk	1:02.14
	L 7	Gemma HANSON	15 Hatfield	1:02.20
	L 8	Millie SMALL	17 West Suffolk	1:02.25

Start List

H 4	L 1	Ella TOLLIDAY	16	St Felix Sch	1:02.00	H 12	L 1	Poppy RICHARDSON	17	Co Peterboro	59.00	
	L 2	Brianna MAZEY	17	Tring	1:01.96		L 2	Erin LITTLE	13	Chelmsford	58.10	
	L 3	Ruby GREENHALF	13	Co Norwich	1:01.90		L 3	Emma CRUICKSHANKS	15	teamipswich	57.70	
	L 4	Nellie EASTLAND	16	Bishop Stort	1:01.90		L 4	Martha DULEY	19	Colchester	56.70	
	L 5	Ruby WHEELER	12	Basildon Ph	1:01.90		L 5	Abbie LOW	16	Chelmsford	57.60	
	L 6	Kiara KOVACS	14	Co Peterboro	1:01.92		L 6	Jessica WOODWARD	15	Hatfield	58.00	
	L 7	Lauren GRICE	19	Leighton Buz	1:02.00		L 7	Lauren WATT	17	Newmarket	58.27	
	L 8	Jessica HEESOM	15	Potters Bar	1:02.08		L 8	Georgina TALLON	18	Potters Bar	59.20	
H 5	L 1	Lucy PARK	22	Watford SC	1:01.87	H 13	L 1	Tia GARDINER	16	Chelmsford	59.00	
	L 2	Phoebe WHITE	13	Harlow Pen	1:01.80		L 2	Amie PHILPOT	16	teamipswich	58.07	
	L 3	Chloe BERKO-BOATENG	15	Hatfield	1:01.67		L 3	Jessica-Jane APPLGATE22	S14	Co Norwich	57.70	
	L 4	Chiara ROGERS	15	Team Luton	1:01.61		L 4	Elinah PHILLIP	18	Bishop Stort	56.63	
	L 5	Abbie BARNWELL	15	Team Luton	1:01.62		L 5	Mia MASPERS	16	teamipswich	57.21	
	L 6	Megan COOK	18	Harlow Pen	1:01.70		L 6	Mackenzie WHYATT	16	Co Peterboro	58.00	
	L 7	Lucie PECK	15	West Norfolk	1:01.80		L 7	Jana SPINNER	19	Co Norwich	58.20	
	L 8	Mia YATES	15	Felixstowe	1:01.89		L 8	Emily LUSH	16	Potters Bar	59.20	
H 6	L 1	Olivia LEE	14	Co Peterboro	1:01.60	Event 304 Mens Open 200m Freestyle						
	L 2	Imogen BLOCK	14	St Felix Sch	1:01.50	H 1	L 3	Louis HINES	21	S14	Watford SC	2:07.88
	L 3	Bianka MISIKOVA	15	Hatfield	1:01.30		L 4	Ethan SUTTON	16		Watford SC	2:05.63
	L 4	Celeste ANDREW	17	Harlow Pen	1:01.20		L 5	Sam TOWNSEND	14		C Beds SS	2:05.91
	L 5	Mia FURSEDONNE	16	Basildon Ph	1:01.27		L 6	Mark EVENS	22	S14	Hitchin	2:33.09
	L 6	Emma SHOOBERT	16	C Beds SS	1:01.40	H 2	L 1	Thomas BELCHER	15		Modernian	2:05.50
	L 7	Lauren THOMAS	16	C Beds SS	1:01.58		L 2	Ryan EAGLES	17		Felixstowe	2:05.07
	L 8	Daisy MOXHAM	13	Co Cambridge	1:01.60		L 3	Nicholas BOTHA	16		Bishop Stort	2:04.99
H 7	L 1	Eve WRIGHT	15	Co Peterboro	1:01.19		L 4	Christopher GREENHALGH22			West Suffolk	2:04.91
	L 2	Billie GRANT	16	Hatfield	1:01.09		L 5	Louis STEPHEN	15		Brentwood	2:04.96
	L 3	Natalie SANFORD	14	St Felix Sch	1:01.03		L 6	Callum STEDMAN	15		Dereham	2:05.02
	L 4	Michaela TAIWO	13	St Felix Sch	1:01.00		L 7	Samuel BULLINGHAM	15		West Suffolk	2:05.40
	L 5	Lara-Grace MOUNT	16	West Norfolk	1:01.00		L 8	Fabian BRUDNICKI	14		Co Peterboro	2:05.60
	L 6	Rebecca STROUD	16	Brentwood	1:01.06	H 3	L 1	Matthew ANDERSON	16		Deben	2:04.19
	L 7	Rebecca GIROLAMI	15	Colchester	1:01.13		L 2	Ben WILKINSON	19		West Suffolk	2:04.08
	L 8	Harriet SALISBURY	14	Co Peterboro	1:01.20		L 3	Edward MCFARLAND	15		C Beds SS	2:03.44
H 8	L 1	Lois MOORE	23	Hemel Hemp	1:00.84		L 4	Daniel ENGLISH	16		Hitchin	2:03.00
	L 2	India WESTON	16	Norfolk Vikg	1:00.73		L 5	Owen WEBSTER	15		St Felix Sch	2:03.29
	L 3	Tilly MAYES	15	Thurrock	1:00.70		L 6	Daniel MURTAGH	15		Hatfield	2:03.50
	L 4	Isabel WAINWRIGHT	15	Modernian	1:00.57		L 7	Nathan SWIFT	17		Putteridge	2:04.14
	L 5	Zoe MACDONALD	15	Hitchin	1:00.58		L 8	Rhys DAVIDSON	14		Team Luton	2:04.32
	L 6	Matilda BOGLE	12	teamipswich	1:00.70	H 4	L 1	Yasir NAIMI	18		Co Peterboro	2:02.69
	L 7	Libby DUNFORD	15	Bor of Brox	1:00.80		L 2	Jake LAMMAS	17		West Norfolk	2:02.30
	L 8	May BRADBURN	14	Chelmsford	1:01.00		L 3	Harrison LEES	17		Watford SC	2:01.83
H 9	L 1	Cathryn THOMSON	28	St Ives	1:00.32		L 4	Collins SALIBOKO	16		St Felix Sch	2:01.70
	L 2	Grace WALLER	14	Basildon Ph	1:00.21		L 5	Thomas ALLISON	17		Newmarket	2:01.77
	L 3	Molly OLLINGTON	20	Co Cambridge	1:00.00		L 6	Jacob ISLE	17		West Norfolk	2:02.13
	L 4	Sonia TUMIOTTO	17	St Felix Sch	59.90		L 7	Joshua BRIDGELAND	15		Hatfield	2:02.65
	L 5	Shona MCKENNA	16	Hemel Hemp	59.95		L 8	James MCFARLAND	17		C Beds SS	2:02.96
	L 6	Sophie QUACH	20	Hatfield	1:00.20	H 5	L 1	Jack SANGSTER	17		Modernian	2:00.71
	L 7	Asma PARKER	15	Colchester	1:00.30		L 2	Bradley VEITCH	19		Bishop Stort	2:00.10
	L 8	Katie HAMMOND	15	Co Cambridge	1:00.51		L 3	Harvey SKELLERN	16		Co Cambridge	1:59.38
H 10	L 1	Georgia CRAWFORD	22	Co Cambridge	59.81		L 4	Joseph WELLS	19		West Norfolk	1:58.72
	L 2	Alice FENDER	17	Hemel Hemp	59.54		L 5	Matthew ROTHWELL	16		Co Peterboro	1:59.05
	L 3	Ellie HOLLISS	14	Co St Albans	59.50		L 6	Henry CHOONG	21		Co Cambridge	1:59.50
	L 4	Mia CARTER	16	Bishop Stort	59.30		L 7	Finn JEFFERY	15		St Felix Sch	2:00.20
	L 5	Carys BREALEY	14	Harlow Pen	59.40		L 8	Joe COOPER	14		teamipswich	2:01.70
	L 6	Emma PARKER	14	St Felix Sch	59.50	H 6	L 1	Samuel ROSE	15		West Norfolk	1:58.59
	L 7	Ella HALE	15	West Suffolk	59.60		L 2	Lewis MOORE	16		teamipswich	1:58.55
	L 8	Lucy HUDSON	14	West Suffolk	59.90		L 3	James SPEERS	15		Basildon Ph	1:58.30
H 11	L 1	Mia LEECH	16	Co Peterboro	59.10		L 4	Jamie MCCAFFRAY	17		Modernian	1:58.20
	L 2	Rianna SMITH	20	Basildon Ph	58.10		L 5	James COOPER	16		Basildon Ph	1:58.30
	L 3	Sacha THOMAS	15	Co Norwich	57.90		L 6	Callum WOLLASTON	17		Bor of Brox	1:58.50
	L 4	Elinor DULEY	18	Colchester	56.90		L 7	Charles WHYTE	17		West Suffolk	1:58.57
	L 5	Millie FIELDS	14	Bishop Stort	57.60		L 8	Nathan WOODROW	15		Co Norwich	1:58.70
	L 6	Charlotte WALKER	16	St Felix Sch	58.00							
	L 7	Annabelle BURGESS	15	teamipswich	58.40							
	L 8	Safia BUTTON	14	teamipswich	59.30							

Start List

H 7	L 1	Sebastian VANDERMEER	15	Co Cambridge	1:57.35	H 6	L 1	Gracie TROTTER	15	C Beds SS	31.10
	L 2	Thomas CLARE	17	teamipswich	1:56.00		L 2	Isabel MOORE	15	Norwich Swan	31.10
	L 3	Luke SUGDEN	19	Hatfield	1:54.09		L 3	Lucie PECK	13	West Norfolk	31.10
	L 4	M ROBINSON-YOUNG	16	Co Peterboro	1:50.70		L 4	Fleur HINES	15	Watford SC	31.10
	L 5	Reese HOUSDEN	16	Hatfield	1:53.40		L 5	Anya FLETCHER	16	Bishop Stort	31.10
	L 6	Jake MOXHAM	16	Co Cambridge	1:55.50		L 6	Rebecca STROUD	16	Brentwood	31.10
	L 7	Joshua FOWLES	19	Witham Dolph	1:56.80		L 7	Morgan ALLAN	15	Modernian	31.10
	L 8	Sam PERKINS	16	teamipswich	1:57.87		L 8	Kaia PHILLIPS	12	Bishop Stort	31.10
H 8	L 1	Michael KLIMASZEWSKI	14	Hatfield	1:57.20	H 7	L 1	Sophie QUACH	20	Hatfield	31.05
	L 2	Myles TURNER	18	Co Cambridge	1:55.80		L 2	Helena HALL	13	Deben	31.00
	L 3	James WOODWARD	18	Hatfield	1:53.80		L 3	Daisy MOXHAM	13	Co Cambridge	30.95
	L 4	Regan LLOYD	21	teamipswich	1:49.10		L 4	Gracie KAY	15	Co Cambridge	30.90
	L 5	Max JELFS	17	Hatfield	1:52.50		L 5	Cathryn THOMSON	28	St Ives	30.92
	L 6	Ralph MUNCER	17	Co St Albans	1:54.70		L 6	Nonhlanhla THOLE	13	St Felix Sch	31.00
	L 7	Ayotobi LAGUDA	16	Hatfield	1:56.80		L 7	Isabel WAINWRIGHT	15	Modernian	31.00
	L 8	Ben BLOWERS	16	Co Norwich	1:57.80		L 8	Erin CROUCH	14	teamipswich	31.05
H 9	L 1	Henry PEARCE	16	Co Peterboro	1:57.00	H 8	L 1	Isabella CHAPMAN	14	Harpenden	30.90
	L 2	Lewis BINNING	15	Basildon Ph	1:55.70		L 2	Imogen BLOCK	14	St Felix Sch	30.80
	L 3	Jacques BONSELL	19	Co Cambridge	1:53.50		L 3	Olivia SEAL	16	Hatfield	30.80
	L 4	Harry CONSTANTINE	18	Hatfield	1:46.80		L 4	Katie HAMMOND	15	Co Cambridge	30.80
	L 5	Nathan WELLS	20	West Norfolk	1:50.80		L 5	Brooke JENKINS	14	Southend	30.80
	L 6	Herbie KINDER	16	Co Peterboro	1:54.10		L 6	Freya HARWOOD	14	Hitchin	30.80
	L 7	Jordan CATCHPOLE	19	S14 Co Norwich	1:56.70		L 7	Sophie TAYLOR	16	Co St Albans	30.86
	L 8	Matthew TITMAN	17	Co Cambridge	1:57.70		L 8	Millie DUDLEY	14	Dunstable	30.90
Event 305 Womens Open 50m Butterfly						H 9	L 1	Charlotte HUDSON	15	West Suffolk	30.70
H 1	L 2	Aoife MARLEY	16	Witham Dolph	31.71		L 2	Anna DUFFIELD	16	Gt Yarmouth	30.70
	L 3	Francesca BABER	12	C Beds SS	31.70		L 3	Hannah SHARP	16	Modernian	30.60
	L 4	Charlotte FLYNN	14	St Ives	31.70		L 4	Menna WALMSLEY	14	Team Luton	30.60
	L 5	Rosie BROOKS	14	Brentwood	31.70		L 5	Eleanor KING	18	Team Luton	30.60
	L 6	Ella DOOTSON	16	Stowmarket	31.70		L 6	Ella MURPHY	16	Harpenden	30.63
	L 7	Georgina KNATCHBULL	14	C Beds SS	31.75		L 7	Jessica SHAW	13	Co Peterboro	30.70
H 2	L 1	Matilda RANSOME	12	Co Cambridge	31.70	H 10	L 1	Ellie MATTHEWS	15	Putteridge	30.56
	L 2	Amy COLEMAN	17	St Ives	31.70		L 2	Rebecca GIROLAMI	15	Colchester	30.50
	L 3	Kiera BLUNDEN	13	Chelmsford	31.70		L 3	Peyton EWBANK	18	Norwich Swan	30.40
	L 4	Megan COOK	18	Harlow Pen	31.60		L 4	Emily LUSH	16	Potters Bar	30.30
	L 5	Leah HARRIS	15	Norfolk Vikg	31.62		L 5	Sarah O'BRIEN	22	West Norfolk	30.30
	L 6	Rachel HA	14	Epping For't	31.70		L 6	Eve WRIGHT	15	Co Peterboro	30.40
	L 7	Louise DONAGHY	13	Modernian	31.70		L 7	Ciara WOOKEY	14	Colchester	30.50
	L 8	Millie BATEMAN	15	Co Norwich	31.70		L 8	Polly FISH	14	Co Cambridge	30.60
H 3	L 1	Lily MACDONALD	13	Co Norwich	31.60	H 11	L 1	Jessica HEESOM	15	Potters Bar	30.30
	L 2	Bianka MISIKOVA	15	Hatfield	31.50		L 2	Lauren THOMAS	16	C Beds SS	30.10
	L 3	Ellen NORTHWOOD	17	Berkhamsted	31.50		L 3	Georgia HARROD	18	DunmowAtlant	30.10
	L 4	Holly LAMB	13	Southend	31.50		L 4	Lara-Grace MOUNT	16	West Norfolk	30.00
	L 5	Francesca CROCKER	18	St Ives	31.50		L 5	Lija RADZIUNAITE	16	teamipswich	30.03
	L 6	Cerys WILLIAMS	14	West Suffolk	31.50		L 6	Rebecca SMITH	15	Norwich Swan	30.10
	L 7	Caitlin DAY	17	Basildon Ph	31.50		L 7	Lauren GRICE	19	Leighton Buz	30.20
	L 8	Kiera WHARTON	14	Tring	31.60		L 8	Hannah COLLETT	13	Basildon Ph	30.30
H 4	L 1	Niamh ADCOCK	17	Co Norwich	31.40	H 12	L 1	Grace KING	15	teamipswich	29.99
	L 2	Charlotte ABRAMSON	14	Co Norwich	31.40		L 2	Tia GARDINER	16	Chelmsford	29.90
	L 3	Amber HILL	16	Linslade	31.40		L 3	Tara COLEMAN	22	Deben	29.80
	L 4	Larissa DEAN	16	Harpenden	31.40		L 4	Millie FIELDS	14	Bishop Stort	29.80
	L 5	Jessica PAYNE	20	Co Cambridge	31.40		L 5	Rachel ANDREWS	14	C Beds SS	29.80
	L 6	Freya WRIGHT	16	West Suffolk	31.40		L 6	Ciara TAYLOR	13	St Ives	29.80
	L 7	Smriti GOKARN	16	St Felix Sch	31.40		L 7	Celeste ANDREW	17	Harlow Pen	29.90
	L 8	Astrid HUBBARD	14	West Norfolk	31.50		L 8	Valeria GIRON	13	Hatfield	30.00
H 5	L 1	Lily BEMMER	15	Deben	31.38	H 13	L 1	Jana SPINNER	19	Co Norwich	29.70
	L 2	Jessica PENKUL	16	Bishop Stort	31.29		L 2	Rebecca BURTON	20	Co Peterboro	29.60
	L 3	Millie SMALL	17	West Suffolk	31.20		L 3	Nellie EASTLAND	16	Bishop Stort	29.50
	L 4	Harriet CLEMENTS	14	Watford SC	31.20		L 4	Lily MERRETT	15	Co St Albans	29.40
	L 5	Erin LITTLE	13	Chelmsford	31.20		L 5	Matilda BOGLE	12	teamipswich	29.50
	L 6	Iona TRAINER	15	Co Ely	31.25		L 6	Ciara GILL-RYAN	16	Newmarket	29.60
	L 7	Bronte O'DEA	15	Runnymede	31.30		L 7	India WESTON	16	Norfolk Vikg	29.60
	L 8	Phoebe WHITE	13	Harlow Pen	31.40		L 8	Charlotte WALKER	16	St Felix Sch	29.70

Start List

H 14	L 1	Martine TRAN	17	Thurrock	29.00	H 6	L 1	Joseph WELLS	19	West Norfolk	26.90
	L 2	Sacha THOMAS	15	Co Norwich	28.70		L 2	James COOPER	16	Basildon Ph	26.80
	L 3	Mia LEECH	16	Co Peterboro	28.30		L 3	Kai ADAMS	22	Halstead	26.80
	L 4	Sara KALAWSKA	15	Hatfield	27.60		L 4	Charles WHYTE	17	West Suffolk	26.73
	L 5	Rikke NAGELL-KLEVEN	23	Co Norwich	28.07		L 5	E THOMAS-MANSFIELD	17	Co Cambridge	26.80
	L 6	May BRADBURN	14	Chelmsford	28.50		L 6	Adam MARTIN	18	Potters Bar	26.80
	L 7	Asma PARKER	15	Colchester	28.90		L 7	Oliver KENNY	21	West Norfolk	26.90
	L 8	Lauren STOTT	16	Hatfield	29.30		L 8	Jake WILLIAMS	19	Co Norwich	26.94
H 15	L 1	Chloe BERKO-BOATENG	15	Hatfield	29.00	H 7	L 1	Lee BAKER	23	Harlow Pen	26.70
	L 2	Mia CARTER	16	Bishop Stort	28.70		L 2	Daniel MURTAGH	15	Hatfield	26.60
	L 3	Martha DULEY	19	Colchester	28.30		L 3	Alessandro RIODA	14	Harlow Pen	26.60
	L 4	Elinah PHILLIP	18	Bishop Stort	27.00		L 4	M ROBINSON-YOUNG	16	Co Peterboro	26.50
	L 5	Amie PHILPOT	16	teamipswich	28.00		L 5	Taylor BOWEN	17	West Suffolk	26.50
	L 6	Poppy RICHARDSON	17	Co Peterboro	28.40		L 6	A HOLNESS-WRIGHT	22	Watford SC	26.60
	L 7	Ella HALE	15	West Suffolk	28.80		L 7	Thomas BOYT	19	Felixstowe	26.70
	L 8	Molly OLLINGTON	20	Co Cambridge	29.20		L 8	Michael RIPPER	17	Co St Albans	26.70
H 16	L 1	Tilly MAYES	15	Thurrock	29.00	H 8	L 1	Lewis BINNING	15	Basildon Ph	26.30
	L 2	Libby DUNFORD	15	Bor of Brox	28.60		L 2	Ignacio LARGHERO	19	Newmarket	26.10
	L 3	Jessica WOODWARD	15	Hatfield	28.20		L 3	Lucas DYSON-DIAZ	18	Hatfield	25.77
	L 4	Elinor DULEY	18	Colchester	26.90		L 4	Sam TOWNSEND	14	C Beds SS	25.50
	L 5	Georgina TALLON	18	Potters Bar	27.70		L 5	Manfred BATTLE	16	Co Cambridge	25.60
	L 6	Natalie SANFORD	14	St Felix Sch	28.40		L 6	Michael KLIMASZEWSKI	14	Hatfield	26.00
	L 7	Jessica-Jane APPLGATE	22	Co Norwich	28.70		L 7	Alec BURCHELL	20	Co Cambridge	26.20
	L 8	Georgia PEASE	16	Basildon Ph	29.20		L 8	Thomas OWEN	18	Co Norwich	26.50
Event 306 Mens Open 50m Butterfly											
H 1	L 2	Alfie WARNOCK	15	Putteridge	28.20	H 9	L 1	Ismail RAHIM	16	Berkhamsted	26.30
	L 3	Bradley VEITCH	19	Bishop Stort	28.20		L 2	Nathan WOODROW	15	Co Norwich	26.10
	L 4	Jacob ISLE	17	West Norfolk	28.20		L 3	Collins SALIBOKO	16	St Felix Sch	25.70
	L 5	Lewis SHAYLER	15	Watford SC	28.20		L 4	Brandon NABARRO	21	Putteridge	25.50
	L 6	Mattias MORSE	15	Hemel Hemp	28.20		L 5	James WOODWARD	18	Hatfield	25.60
							L 6	Elliott DAY	16	teamipswich	25.90
							L 7	Spencer PRIOR	19	teamipswich	26.20
							L 8	Luke BRYAN	18	West Norfolk	26.40
H 2	L 1	Robbie BRINDLEY	14	West Suffolk	28.10	H 10	L 1	Shimon LOPEZ	17	Co Cambridge	26.30
	L 2	Connor GILLINGHAM	15	West Suffolk	28.10		L 2	Samuel ROSE	15	West Norfolk	26.10
	L 3	Edward MCFARLAND	15	C Beds SS	27.90		L 3	Liam CURRAN	20	Putteridge	25.70
	L 4	Samuel PYEFINCH	13	Tring	27.90		L 4	Matthew TITMAN	17	Co Cambridge	25.00
	L 5	Joshua BRIDGELAND	15	Hatfield	27.90		L 5	Thomas CLARE	17	teamipswich	25.60
	L 6	Andrei GARE	17	Southend	28.00		L 6	Callum DAVIS	18	Bishop Stort	25.80
	L 7	John TELENSKY	17	Harpden	28.10		L 7	Yasir NAIMI	18	Co Peterboro	26.20
	L 8	Ben WILKINSON	19	West Suffolk	28.10		L 8	Jake MOXHAM	16	Co Cambridge	26.40
H 3	L 1	Samuel MILLER	15	Basildon Ph	27.80	Event 307 Womens Open 200m Backstroke					
	L 2	Angus HARROW	16	Harpden	27.80	H 1	L 3	Morgan ALLAN	15	Modernian	2:32.50
	L 3	Nathan SWIFT	17	Putteridge	27.60		L 4	Astrid HUBBARD	14	West Norfolk	2:31.80
	L 4	George ROGERS	18	Saffron Wald	27.60		L 5	Lucy HUDSON	14	West Suffolk	2:32.23
	L 5	Joshua TRAPP	17	Hertford	27.60		L 6	Erin YEOMANSON	15	teamipswich	2:32.50
	L 6	Devesh KAPOOR	15	Watford SC	27.60	H 2	L 1	Molly PEACOCK	16	West Suffolk	2:31.73
	L 7	Joseph COLDWELL	16	Hemel Hemp	27.80		L 2	Rhearna MASON	15	C Beds SS	2:31.73
	L 8	Jacob CLARKE	17	West Suffolk	27.80		L 3	Jessica HEESOM	15	Potters Bar	2:31.47
H 4	L 1	Alex EVENS	19	Hitchin	27.55		L 4	Sophie LANDER	13	Deben	2:31.44
	L 2	Thomas OGDEN	14	Bishop Stort	27.50		L 5	Georgina MUNDAY	14	Modernian	2:31.47
	L 3	Oliver HARRIS	17	West Norfolk	27.40		L 6	Lauren THOMAS	16	C Beds SS	2:31.72
	L 4	Jack TURRELL	15	Basildon Ph	27.40		L 7	Hannah O'CONNOR	15	West Suffolk	2:31.73
	L 5	Harrison LEES	17	Watford SC	27.40		L 8	Amelie BROWN	16	Watford SC	2:31.77
	L 6	Ashley COOMBS	17	Hemel Hemp	27.46	H 3	L 1	Rebecca SMITH	15	Norwich Swan	2:31.37
	L 7	William PESTELL	15	teamipswich	27.50		L 2	Hannah TAPLIN	17	Deben	2:31.13
	L 8	Lewis CHAPMAN	17	Stowmarket	27.59		L 3	Rachael JOHNSON	16	West Norfolk	2:30.91
H 5	L 1	William PICTON	17	Bishop Stort	27.30		L 4	Emily GREEN	17	Brentwood	2:30.80
	L 2	Joel GREEN	18	Hemel Hemp	27.20		L 5	Molly REDGRAVE	14	Colchester	2:30.80
	L 3	Dalton YALLOP	21	Lstof & OB	27.10		L 6	Erin LITTLE	13	Chelmsford	2:31.00
	L 4	Thomas DAVIS	23	St Ives	27.10		L 7	Kiara KOVACS	14	Co Peterboro	2:31.31
	L 5	Jordan CATCHPOLE	19	Co Norwich	27.10		L 8	Tilly ANEMA	17	Co Norwich	2:31.40
	L 6	Ayotobi LAGUDA	16	Hatfield	27.20						
	L 7	Callum WOLLASTON	17	Bor of Brox	27.20						
	L 8	James MCFARLAND	17	C Beds SS	27.30						

Swim England East Region

Short Course Championships 2018

Session Three

Start List

H 4	L 1	Maeve POOLEY	13 Newmarket	2:30.70
	L 2	Libby MAGILL	15 Hatfield	2:30.28
	L 3	Kiera BLUNDEN	13 Chelmsford	2:30.18
	L 4	Millie TURNER	15 Basildon Ph	2:30.00
	L 5	Francesca LOW	13 Chelmsford	2:30.00
	L 6	Grace WALLER	14 Basildon Ph	2:30.20
	L 7	Emily FALKUS	13 Runnymede	2:30.70
	L 8	Amber HILL	16 Linslade	2:30.74
H 5	L 1	Larissa DEAN	16 Harpenden	2:29.82
	L 2	Leah WIGHTMAN	13 West Norfolk	2:29.80
	L 3	Peyton EWBank	18 Norwich Swan	2:29.51
	L 4	Jessica KEFFORD	14 Dunstable	2:29.26
	L 5	Isabelle SOULSBY	15 Berkhamsted	2:29.30
	L 6	Harriet CLEMENTS	14 Watford SC	2:29.54
	L 7	Tori WESTON	16 Co St Albans	2:29.82
	L 8	Ella TOLLIDAY	16 St Felix Sch	2:29.84
H 6	L 1	Matilda BOGLE	12 teamipswich	2:28.97
	L 2	Imogen BLOCK	14 St Felix Sch	2:28.20
	L 3	Emily LUSH	16 Potters Bar	2:27.67
	L 4	Radost MILKOVA	15 Thurrock	2:26.68
	L 5	Lauren YOUNG	15 Flitwick	2:27.56
	L 6	Holly GRAVES	14 Co Peterboro	2:28.00
	L 7	Brooke JENKINS	14 Southend	2:28.39
	L 8	Francesca CROCKER	18 St Ives	2:29.18
H 7	L 1	Agnes BURNS	17 Harpenden	2:25.93
	L 2	Tia GARDINER	16 Chelmsford	2:25.73
	L 3	Emma HOWITT	16 Modernian	2:25.60
	L 4	Mackenzie WHYATT	16 Co Peterboro	2:24.50
	L 5	Sonia TUMIOTTO	17 St Felix Sch	2:25.27
	L 6	Lily MERRETT	15 Co St Albans	2:25.61
	L 7	Anya FLETCHER	16 Bishop Stort	2:25.85
	L 8	Almudena VISSER VELEZ	16 Co Cambridge	2:26.15
H 8	L 1	Gemma BOOTH	16 Newmarket	2:24.17
	L 2	Eve WRIGHT	15 Co Peterboro	2:21.45
	L 3	Lauren STOTT	16 Hatfield	2:19.68
	L 4	Megan PYE	16 Co Norwich	2:17.70
	L 5	Emily LANE	22 Basildon Ph	2:18.47
	L 6	Claire BURRELL	17 Co St Albans	2:20.46
	L 7	Lara-Grace MOUNT	16 West Norfolk	2:22.43
	L 8	Asma PARKER	15 Colchester	2:24.50
H 9	L 1	Emma SHOOBERT	16 C Beds SS	2:23.86
	L 2	Jessica KEOGH	14 Hatfield	2:21.40
	L 3	Ellie WHEELER	16 Basildon Ph	2:19.30
	L 4	Martha DULEY	19 Colchester	2:16.28
	L 5	Emma CRUICKSHANKS	15 teamipswich	2:18.30
	L 6	Olivia NORMAN	16 Colchester	2:20.30
	L 7	Celyn WALMSLEY	17 Team Luton	2:21.65
	L 8	Carys BREALEY	14 Harlow Pen	2:24.41
H 10	L 1	Rebecca WEST	16 Thurrock	2:23.65
	L 2	Gracie KAY	15 Co Cambridge	2:20.95
	L 3	Niamh JAMES	17 Bishop Stort	2:18.99
	L 4	Danielle RAYNER	22 March	2:15.94
	L 5	Abbie LOW	16 Chelmsford	2:18.10
	L 6	Ella MCGHIE	14 Co Peterboro	2:20.00
	L 7	Charlotte NORMAN	13 Colchester	2:21.60
	L 8	Ella TURNER	13 Basildon Ph	2:24.20

Event 308 Mens Open 800m Freestyle Team

H 1	L 2	Basildon and Phoenix S	Basildon Ph	7:53.00
	L 3	City of Cambridge A	Co Cambridge	7:48.00
	L 4	Hatfield SC A	Hatfield	7:28.60
	L 5	City Of Peterborough A	Co Peterboro	7:45.00
	L 6	City of St Albans A	Co St Albans	7:49.18
	L 7	Berkhamsted SC	Berkhamsted	8:22.93